

Knights of Columbus Relays
La Crosse Aquinas High School
Veterans Memorial Stadium - La Crosse, WI - 4/29/2017
Results

Girls 100 Meter Dash
Top 10 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Sarrah Linder	7	Rochester Century	12.61q	2
2 Kinga Mozes	10	Rochester Century	12.77q	6
3 Nadia Vo	09	Franklin	12.93q	4
4 Kiana Pugh	10	Mosinee	12.95q	2
5 Ashlie Lockington	10	Bangor	13.00q	3 12.993
6 Tiyana Harter	11	La Crosse Central	13.00q	1 12.997
7 Samantha Clark	11	Viroqua	13.04q	2 13.036
8 Cendsi Bundy	11	Eau Claire Memorial	13.04q	5 13.037
9 Marquettea Berlin-Burns	09	Winona	13.13q	4
10 Kimmee Schmitz	11	Aquinas	13.30q	5
11 Emily Ceirzan	09	Winona	13.37	1
12 Jayde Sitko	09	Mosinee	13.41	6
13 Ally Stilwell	12	Viroqua	13.48	1
14 Kate Dabrowski	11	Onalaska	13.55	2
15 Bailey Valasak	11	Mauston	13.58	2
16 Sarah Villare	10	Onalaska	13.60	1
17 Delilah Vance	11	Viroqua	13.61	4
18 Makayla Radtke	10	Holmen	13.62	6
19 Mae Leslie	11	Aquinas	13.64	3
20 Natalie VanBrocklin	11	Mosinee	13.90	5
21 Alyssa Kuss	12	Adams-Friendship	13.91	1
22 Ruth E. Hallstead	12	Onalaska	13.92	4
23 Emerson Rhoades	09	Holmen	13.95	3
24 Kaylee Streeton	09	La Crosse Central	14.02	6
25 Wendy Pronschinske	09	Arcadia	14.04	6
26 Jerzy Petit	09	Hayward	14.18	3
27 Megan Zittlow	09	Holmen	14.19	4 14.181
28 Claire Reynolds	11	Bangor	14.19	2 14.184
29 Ireland Andre	12	Arcadia	14.20	3
30 Alyssa Volkomer	09	Franklin	14.23	6
31 Carly Gruett	11	Winona	14.35	5
32 Haley Barnes	12	Cashton	14.49	3
33 Abi Robbins	10	Hayward	14.51	5 14.507
33 Megan Watt	10	Aquinas B Team	14.51	4 14.507
35 Serenity Biren	09	Altoona	14.52	4
36 Cali Dishman	09	Adams-Friendship	14.53	5
37 Tessa Gundersen	09	Aquinas B Team	14.54	1
38 Cherie Lun	12	West Salem	14.59	1
39 Elizabeth DeMunck	12	Adams-Friendship	14.77	4
40 Noemi Nicolas	09	Brookwood	15.08	2
41 Jelli Barr	11	Mauston	15.32	1
42 Olivia Meyers	09	Cashton	15.49	5
43 Ella Anderson	09	Aquinas B Team	15.78	5
44 Isabella Lown	10	Aquinas	15.86	6
45 Mattie Denton	10	Mauston	16.20	3

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....Girls 100 Meter Dash

46 Zoe Grandall	10 Cashton	16.66	4
47 Maya Klinker	10 Brookwood	16.86	3

Girls 100 Meter Dash

Name	Year	School	Finals	Points
Finals				
1 Kinga Mozes	10	Rochester Century	12.48	10
2 Sarrah Linder	7	Rochester Century	12.52	8
3 Marquette Berlin-Burns	09	Winona	12.83	6
4 Nadia Vo	09	Franklin	12.90	5
5 Tiyana Harter	11	La Crosse Central	12.97	4
6 Samantha Clark	11	Viroqua	13.00	3
7 Kiana Pugh	10	Mosinee	13.04	2
8 Ashlie Lockington	10	Bangor	13.14	1
9 Cendsi Bundy	11	Eau Claire Memorial	13.18	
10 Kimmee Schmitz	11	Aquinas	13.20	

Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Abbey Zastrow	12	Arcadia	25.53	5	10
2 Katherine Eidem	12	Rochester Century	26.28	5	8
3 Taylor Snider	12	Hayward	26.78	5	6
4 Samantha Clark	11	Viroqua	27.49	5	5
5 Tyanna Washa	12	La Crosse Logan	27.52	5	4
6 Emily Schaldach	12	Cashton	27.95	5	3
7 Ariana Hundt	11	Bangor	28.05	5	2
8 Jayde Sitko	09	Mosinee	28.11	5	1
9 Makayla Radtke	10	Holmen	28.34	4	
10 Ahnikah Wichelt	10	La Crosse Central	28.43	5	
11 Kate Dabrowski	11	Onalaska	28.53	4	
12 Casey Stender	10	Eau Claire Memorial	28.58	3	
13 Rachel Ellis	12	Aquinas	28.75	4	
14 Julie Walker	11	Winona	28.78	3	
15 Greta Glaser	10	Eau Claire Memorial	28.81	2	
16 Mady Stackhouse	11	Viroqua	28.85	3	
17 Grace Gehrke	10	Onalaska	28.86	5	
18 Kaehla Simmons	09	Winona	28.94	4	
19 Emerson Rhoades	09	Holmen	29.00	3	
20 Anna Koblitz	09	La Crosse Logan	29.11	4	
21 Dimpf van Middelaar	11	Mauston	29.29	4	
22 Dona Bowler	12	Winona	29.32	2	
23 Ally Stilwell	12	Viroqua	29.34	4	
24 Ruth E. Hallstead	12	Onalaska	29.35	3	
25 Karlee Kirking	12	Cashton	29.36	3	
26 Natalie VanBrocklin	11	Mosinee	29.39	4	29.387

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27	Lauren Nee	11	Rochester Century	29.39	1	29.390
28	Gracie Johnson	11	Hayward	29.44	3	
29	Bria Smith	10	Franklin	29.60	2	
30	Kaylee Streeton	09	La Crosse Central	29.77	4	
31	Mattie Denton	10	Mauston	30.07	1	
32	Cali Dishman	09	Adams-Friendship	30.59	1	
33	Sophie Baggett	10	La Crosse Logan	30.65	1	
34	Brittany Kundinger	09	Bangor	31.40	3	
35	Shelly Powell	09	Brookwood	31.75	1	
36	Georgia Barrientos	12	Brookwood	32.33	2	
37	Jelli Barr	11	Mauston	32.66	2	
38	Sam Zurfluh	09	Mosinee	33.79	1	
39	Maya Klinker	10	Brookwood	35.47	3	
40	Cammi King	09	Adams-Friendship	35.58	2	

Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Abbey Zastrow	12	Arcadia	58.44	3	10
2	Clare Pitcher	09	Franklin	59.37	3	8
3	Whitney Thomas	09	Franklin	1:01.51	3	6
4	Allyson Nelson	11	Brookwood	1:02.28	3	5
5	Tiyana Harter	11	La Crosse Central	1:04.57	3	4
6	Alyssa Kuss	12	Adams-Friendship	1:05.13	3	3
7	Makayla Radtke	10	Holmen	1:05.74	3	2
8	Jill Serleth	09	Winona	1:06.38	2	1
9	Kate Hyatt	10	Brookwood	1:06.56	2	
10	Josie Dobbs	09	Viroqua	1:06.73	2	
11	Anya Hirsh	10	La Crosse Logan	1:07.15	3	
12	Molly Glassbrenner	10	Eau Claire Memorial	1:07.17	2	
13	McKenzie Fitzpatrick	12	West Salem	1:08.10	2	
14	Sophie Baggett	10	La Crosse Logan	1:08.57	2	
15	Bella Killey	09	Eau Claire Memorial	1:08.96	1	
16	Emma Bucknam	09	Winona	1:09.22	2	
17	Anni Skillicorn	09	Winona	1:09.31	2	
18	Blake Groth	09	Bangor	1:09.39	3	
19	Helen Hale	12	Aquinas	1:09.57	1	
20	Ellie Floodstrom		Rochester Century	1:09.70	1	
21	Anna Stark	11	Hayward	1:09.79	1	
22	Katie Joslyn	10	Aquinas	1:11.20	1	
23	Kennedy Radke	10	Viroqua	1:11.65	1	
24	Mia Maisenbacher	11	West Salem	1:12.09	1	
25	Lexi Marcon	12	Onalaska	1:14.53	2	
26	Libby Warren	10	Adams-Friendship	1:19.92	1	

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Girls 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Ellie Luinenberg	10	Rochester Century	2:23.45	3	10
2 Jillian Weston	10	Viroqua	2:23.94	3	8
3 Hannah Roeske	12	Eau Claire Memorial	2:25.47	3	6
4 Jane Pinkowski	10	La Crosse Central	2:27.34	3	5
5 Allyson Nelson	11	Brookwood	2:29.51	3	4
6 Megan Degenhardt	10	La Crosse Central	2:35.31	3	3
7 Grace Cole	11	Eau Claire Memorial	2:36.10	3	2
8 Mackenzie Bollis	09	Franklin	2:36.71	3	1
9 Jenny Harding	09	Onalaska	2:37.13	3	
10 Emma Kolden	11	Viroqua	2:37.40	3	
11 Leslie Davis	09	Franklin	2:37.78	3	
12 Saddle Matthews	09	Altoona	2:39.17	3	
13 Laura Duffield	12	Rochester Century	2:40.36	2	
14 Brooklynn Golden	10	Arcadia	2:40.45	3	
15 Caitlin Fox	09	Viroqua	2:41.52	3	
16 Emily Boettger	12	Winona	2:42.30	2	
17 Kaylah Haas	09	Holmen	2:42.64	2	
18 Mackenzie Fellenz	10	La Crosse Central	2:43.20	2	
19 Lauren Johnson	09	Winona	2:43.50	2	
20 Sydney Presler	10	Altoona	2:44.44	2	
21 Libby Miller	10	La Crosse Logan	2:44.69	2	
22 Angela Arnholt	12	Eau Claire Memorial	2:45.27	1	
23 Summer Fisher	11	La Crosse Logan	2:46.42	2	
24 Karsen Kershner	09	Bangor	2:47.82	2	
25 Gracey Mlsna	09	Cashton	2:49.64	2	
26 Makenna Olund	11	Mosinee	2:51.36	2	
27 Kaia Hamilton	09	Winona	2:51.51	1	
28 Emily Brueggeman	10	West Salem	2:51.91	2	
29 Signe Johnson	12	La Crosse Logan	2:52.35	2	
30 Lydia Korn	09	Cashton	2:55.70	2	
31 Jennifer Laux	12	Onalaska	2:56.78	1	
32 Holly Kiss	09	Hayward	3:00.24	1	
33 Amanda Sharping	11	Bangor	3:01.29	1	
34 Alyssa Sanford	12	Altoona	3:10.79	1	
35 Jessica Aldama	10	West Salem	3:24.42	1	
36 Anna Beaver	10	Adams-Friendship	3:27.28	1	
37 Allison Zebell	10	Onalaska	3:40.98	1	

Girls 1600 Meter Run

Name	Year	School	Finals	H#	Points
1 Hannah Roeske	12	Eau Claire Memorial	5:11.03	2	10
2 Jillian Weston	10	Viroqua	5:11.19	2	8
3 Alyson Welch	11	Rochester Century	5:22.70	2	6
4 Mason Kalander	11	Holmen	5:29.83	2	5
5 Sophie Leinfelder	11	La Crosse Central	5:39.03	2	4

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....Girls 1600 Meter Run

6 Brooke Jorstad	12 La Crosse Logan	5:41.11	2	3
7 Greta Trapp	09 La Crosse Logan	5:42.17	2	2
8 Marilyn Ihinger	11 Eau Claire Memorial	5:45.99	2	1
9 Marlie Voigt	09 La Crosse Logan	5:48.76	2	
10 Sarah Novak	12 West Salem	5:48.83	2	
11 Emily Beguin	09 Winona	5:49.91	2	
12 Brooklynn Golden	10 Arcadia	5:52.80	2	
13 Jenny Harding	09 Onalaska	5:53.96	2	
14 Alayna Patten	11 Rochester Century	5:59.84	2	
15 Journey Malacina	09 Mauston	6:02.37	2	
16 Grace Leonardson	09 Eau Claire Memorial	6:07.03	2	
17 Makenna Olund	11 Mosinee	6:20.25	1	
18 Jenna Kliner	12 Mosinee	6:21.11	1	
19 Ella Nicolai	10 Onalaska	6:30.08	1	
20 Alli Swid	11 Mosinee	6:33.26	1	
21 Morgan Parks	09 Altoona	6:38.90	1	
22 Lexi Giblin	09 West Salem	6:39.92	1	
23 Kaci Theurer	09 Bangor	6:41.88	1	
24 Marya Wydra	10 Hayward	6:42.00	1	
25 Macey Heath	09 La Crosse Central	6:42.26	1	
26 Holly Kiss	09 Hayward	6:44.34	1	
27 Georgia Barrientos	12 Brookwood	6:45.58	1	
28 Emily Midthun	12 Altoona	6:47.20	1	
29 Haylee Leonard	11 Bangor	6:49.58	1	
30 Anna Beaver	10 Adams-Friendship	7:06.35	1	

Girls 3200 Meter Run

Name	Year School	Finals	Points
1 Sara Brekke	12 La Crosse Central	11:42.64	10
2 Zoe Smith	12 Eau Claire Memorial	11:45.01	8
3 Kaitlin Miller	10 Rochester Century	11:52.33	6
4 Mason Kalander	11 Holmen	11:55.98	5
5 Sophia Smith	12 Eau Claire Memorial	11:58.31	4
6 Kate Schroeder	11 West Salem	12:00.12	3
7 Sabrina Hagstrom	09 Eau Claire Memorial	12:30.74	2
8 Heather Wilaby	09 Rochester Century	12:32.65	1
9 Ally Klingelhofer	12 La Crosse Central	12:43.34	
10 Destiny Kronebusch	12 Winona	12:48.82	
11 Violet Nelson	12 La Crosse Central	12:57.16	
12 Journey Malacina	09 Mauston	13:02.52	
13 Leah Hawksford	11 Hayward	13:05.11	
14 Lieba Schwalbe	09 La Crosse Logan	14:12.53	
15 Ingrid Ruiz	11 Brookwood	14:12.75	
16 Kelsey Peterson	10 Brookwood	15:09.93	
-- Hannah Horman	12 Holmen	DNF	

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Girls 100 Meter Hurdles
Top 10 Advance by Time

Name	Year	School	Prelims	H#
Preliminaries				
1 Lydia Noble	11	Viroqua	16.47q	2
2 Brooke Livingston	10	Adams-Friendship	16.57q	3
3 Emily Schaldach	12	Cashton	16.71q	4
4 Kali Goodwin	12	La Crosse Central	16.83q	1
5 Mariah Hoepner	11	Altoona	16.90q	1
6 Lexi Marcon	12	Onalaska	17.65q	2
7 Megan Bakalars	11	La Crosse Logan	17.80q	2
8 Leah Surprenant	10	La Crosse Logan	17.89q	4
9 Hannah Smith	11	Holmen	18.07q	1
10 Xana Leum	10	Viroqua	18.19q	3
11 Logan Wees	10	Rochester Century	18.22	3
12 Iris Vang	10	Holmen	18.24	4
13 Summer Wernimont	11	La Crosse Logan	18.57	1
14 Baylea Wilk	10	Holmen	18.60	2
15 Lauryn Luke	11	Mauston	18.76	3
16 Rachel Ellis	12	Aquinas	18.86	4
17 Emily Johnson	10	Winona	19.06	2
18 Lily Martin	12	Bangor	19.20	3
19 Ceara Kilfoyle	09	Brookwood	19.32	2
20 Olivia Stine	12	Mosinee	19.37	3
21 Kristina Bellacero	11	Onalaska	19.76	3
22 Sydney Zweig	11	Hayward	19.86	1
23 Rebecca Stohr	10	Viroqua	20.07	1
24 Abbigale Lange	09	Rochester Century	20.40	4
25 Chelsey Letcher	09	Brookwood	20.81	1
26 Ashley Endrizzi	10	Onalaska	21.07	4
27 Katie Wanders	10	Aquinas	21.49	2
28 Cassandra Francis	12	West Salem	21.64	1
29 Ceci Miskowski	10	Aquinas	21.87	3
30 Claudia Alcantar	12	Brookwood	22.52	4

Girls 100 Meter Hurdles

Name	Year	School	Finals	Points
Finals				
1 Emily Schaldach	12	Cashton	16.22	10
2 Brooke Livingston	10	Adams-Friendship	16.54	8
3 Lydia Noble	11	Viroqua	16.69	6
4 Kali Goodwin	12	La Crosse Central	17.20	5
5 Mariah Hoepner	11	Altoona	17.25	4
6 Megan Bakalars	11	La Crosse Logan	17.49	3
7 Xana Leum	10	Viroqua	17.65	2
8 Lexi Marcon	12	Onalaska	17.82	1
9 Hannah Smith	11	Holmen	17.89	

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....Girls 100 Meter Hurdles

10 Leah Surprenant 10 La Crosse Logan 18.00

Girls 300 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Brooke Livingston	10	Adams-Friendship	48.16	4	10
2 Emily Schaldach	12	Cashton	50.02	4	8
3 Melissa Wiebke	12	Onalaska	51.21	4	6
4 Leah Surprenant	10	La Crosse Logan	51.82	4	5
5 Shelby Thicke	10	Aquinas	52.39	4	4
6 Lydia Noble	11	Viroqua	52.48	4	3
7 Jolene Mantoan	10	Franklin	52.50	3	2
8 Kylee Jostad	11	Holmen	53.19	2	1
9 Lauryn Luke	11	Mauston	53.27	3	
10 Sydney Zweig	11	Hayward	53.43	4	
11 Logan Wees	10	Rochester Century	53.63	4	
12 Erin Markworth	12	Onalaska	53.80	4	
13 Xana Leum	10	Viroqua	54.10	3	
14 Charlie Halvorsen	10	Arcadia	54.24	3	
15 Summer Wernimont	11	La Crosse Logan	54.40	2	
16 Emily Johnson	10	Winona	54.42	3	
17 Abbigale Lange	09	Rochester Century	54.52	3	
18 Kristi Springer	12	Altoona	54.60	3	
19 Lily Martin	12	Bangor	56.33	2	
20 Chelsey Letcher	09	Brookwood	56.54	2	
21 Brynn Lee	10	Winona	57.65	2	
22 Baylea Wilk	10	Holmen	59.15	2	
23 Britley Redmond	11	Aquinas B Team	59.64	2	
24 Cassandra Francis	12	West Salem	1:04.19	2	

Girls 4x100 Meter Relay

School	Finals	H#	Points
1 Hayward	52.11	2	10
1) Jerzy Petit 09			
2) Taylor Snider 12			
3) Amber Heidenreich 12			
4) Gabriell Snider 12			
2 Aquinas	52.49	2	8
1) Rachel Ellis 12			
2) Kimmee Schmitz 11			
3) Mae Leslie 11			
4) Shannon Paramesh 12			
3 Bangor	53.25	2	6
1) Claire Reynolds 11			
2) Ariana Hundt 11			
3) Allison Everson 10			
4) Cydney Lyga 12			
4 Mosinee	53.51	2	5
1) Jayde Sitko 09			
2) Kiana Pugh 10			
3) Natalie VanBrocklin 11			
4) Jaden Wendt 10			
5 Winona	53.75	2	4
1) Emily Ceirzan 09			
2) Marquette Berlin-Burns 09			

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....Girls 4x100 Meter Relay

3) Carly Gruett 11	4) Thea May 10			
6 Viroqua		54.50	2	3
1) Coriander Dehlin 12	2) Alice Blake 11			
3) Lydia Noble 11	4) Ashlee Gander 10			
7 Eau Claire Memorial		54.72	2	2
1) Cendsi Bundy 11	2) Alison Fletcher 10			
3) Greta Glaser 10	4) Casey Stender 10			
8 La Crosse Central		54.92	2	1
1) Kaylee Streeton 09	2) Kiley Blank 12			
3) Valerie Hilby 11	4) Kali Goodwin 12			
9 Rochester Century		55.23	2	
1) Sarrah Linder 7	2) Lauren Nee 11			
3) EmMarie Norton 12	4) Kinga Mozes 10			
10 La Crosse Logan		55.44	2	
1) Megan Bakalars 11	2) Shelby Klobucar 10			
3) Makya Kendrick 10	4) Anna Koblitz 09			
11 Onalaska		56.09	1	
1) Ruth E. Hallstead 12	2) Kayla Krueger 10			
3) Kelsey Conway 12	4) Emily Hoeft 12			
12 Holmen		56.63	1	
1) Kelsey Wall 11	2) Megan Zittlow 09			
3) Camryn Lemke 09	4) Elizabeth Mael 10			
13 Franklin		57.08	1	
1) Bria Smith 10	2) Gabby Calkins 09			
3) Sydney Ertl 09	4) Brianna Oelke 12			
14 West Salem		57.91	1	
1) Cherie Lun 12	2) Carla Maas 12			
3) Desjah Howe 11	4) Gannon Bennett 11			
15 Cashton		59.05	1	
1) Haley Barnes 12	2) Helen Flock 12			
3) Lily Adams 09	4) Holly Adams 09			
16 Brookwood		1:00.04	1	
1) Claudia Alcantar 12	2) Ashley Atteln 10			
3) Noemi Nicolas 09	4) Ceara Kilfoyle 09			
17 Mauston		1:01.50	1	
1) Jelli Barr 11	2) Kristen Stapka 11			
3) Mattie Denton 10	4) Lauren Franek 10			
18 Aquinas B Team		1:07.73	1	
1) Megan Watt 10	2) Isabella Lown 10			
3) Tessa Gundersen 09	4) Ella Anderson 09			

Girls 4x200 Meter Relay

School		Finals	H#	Points
1 Winona		1:52.08	1	10
1) Emily Ceirzan 09	2) Marquette Berlin-Burns 09			
3) Kaehla Simmons 09	4) Thea May 10			
2 Viroqua		1:53.24	2	8

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1) Ally Stilwell 12	2) Madelyn Anderson 11		
3) Samantha Clark 11	4) Delilah Vance 11		
3 Rochester Century		1:54.48	2 6
1) Sarah DeLacey 11	2) Christina Leske 12		
3) Lauren Nee 11	4) Ellie Luinenberg 10		
4 Onalaska		1:55.15	2 5
1) Sarah Villare 10	2) Grace Gehrke 10		
3) Kate Dabrowski 11	4) Elisa Dabrowski 11		
5 Bangor		1:55.70	2 4
1) Claire Reynolds 11	2) Ariana Hundt 11		
3) Allison Everson 10	4) Ashlie Lockington 10		
6 Franklin		1:55.97	2 3
1) Sydney Ertl 09	2) Danielle Heup 09		
3) Kaitlin Gawelski 09	4) Gabby Calkins 09		
7 La Crosse Logan		1:56.06	2 2
1) Megan Bakalars 11	2) Shelby Klobucar 10		
3) Makya Kendrick 10	4) Anna Koblitz 09		
8 Mauston		1:56.40	2 1
1) Kelsey Georgeson 11	2) Bailey Valasak 11		
3) Dimpf van Middelaar 11	4) Brooke Walling 11		
9 Eau Claire Memorial		1:56.68	2
1) Maya Burrell 09	2) Alison Fletcher 10		
3) Greta Glaser 10	4) Casey Stender 10		
10 Arcadia		2:01.05	1
1) Wendy Pronschinske 09	2) Ellie Hoesley 09		
3) Charlie Halvorsen 10	4) Ireland Andre 12		
11 Aquinas		2:01.78	1
1) Ceci Miskowski 10	2) Katie Wanders 10		
3) Shelby Thicke 10	4) Emma O'Flaherty 11		
12 Mosinee		2:03.39	1
1) Hanna Nest 10	2) Maddie Brooks 09		
3) Jaden Wendt 10	4) Sam Zurfluh 09		
13 Holmen		2:03.48	1
1) Kelsey Wall 11	2) Iris Vang 10		
3) Hannah Smith 11	4) Camryn Lemke 09		
14 Cashton		2:04.36	1
1) Noelle Flint 09	2) Helen Flock 12		
3) Lily Adams 09	4) Holly Adams 09		
15 Brookwood		2:07.37	1
1) Ceara Kilfoyle 09	2) Ashley Atteln 10		
3) Claudia Alcantar 12	4) Chelsey Letcher 09		
-- Hayward		DQ	2
1) Jerzy Petit 09	2) Anna Stark 11		
3) Gracie Johnson 11	4) Abi Robbins 10		
-- La Crosse Central		DQ	2
1) Tiyana Harter 11	2) Emma Ehlers 09		
3) Kaylee Streeton 09	4) Ahnikah Wichelt 10		

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Girls 4x400 Meter Relay

School	Finals	H#	Points
1 Eau Claire Memorial 1) Grace Cole 11 3) Claire Mettler 12	4:25.28	2	10
2) Molly Glassbrenner 10 4) Hannah Roeske 12			
2 Rochester Century 1) Meredith Targonski 12 3) Sydney Hollman 12	4:28.06	2	8
2) Ellie Luinenberg 10 4) Katherine Eidem 12			
3 La Crosse Central 1) Ahnikah Wichelt 10 3) Megan Degenhardt 10	4:28.72	2	6
2) Kaia Adams 11 4) Jane Pinkowski 10			
4 Brookwood 1) Allyson Nelson 11 3) Noemi Nicolas 09	4:31.18	2	5
2) Kate Hyatt 10 4) Zoey Rynes 12			
5 Aquinas 1) Gabrielle Koehne 12 3) Helen Hale 12	4:31.63	2	4
2) Angela Ellis 10 4) Katie Joslyn 10			
6 La Crosse Logan 1) Anya Hirsh 10 3) Greta Trapp 09	4:32.75	2	3
2) Makya Kendrick 10 4) Leah Surprenant 10			
7 Hayward 1) Emily Morgan 09 3) Sydney Zweig 11	4:33.18	1	2
2) Anna Stark 11 4) Amber Heidenreich 12			
8 Onalaska 1) Caitlin Caretta 09 3) Emily Hoeft 12	4:33.31	2	1
2) Grace Gehrke 10 4) Jenny Harding 09			
9 Mauston 1) Lauryn Luke 11 3) Dimpf van Middelaar 11	4:34.93	1	
2) Brooke Walling 11 4) Kelsey Georgeson 11			
10 Winona 1) Jill Serleth 09 3) Julie Walker 11	4:37.55	2	
2) Kaehla Simmons 09 4) Emily Boettger 12			
11 Adams-Friendship 1) Brooke Livingston 10 3) Cali Dishman 09	4:46.84	1	
2) Alyssa Kuss 12 4) Ayziah Bula-Freeman 10			
12 Holmen 1) Kaylah Haas 09 3) Anna Goyette 10	4:55.86	1	
2) Claire Eade 10 4) Emerson Rhoades 09			
13 West Salem 1) Emily Brueggeman 10 3) Mia Maisenbacher 11	4:56.15	1	
2) Zoe Johnson 09 4) Sydney Fitzpatrick 10			

Girls Distance Medley 12-4-8-16

School	Finals	Points
1 Eau Claire Memorial 1) Grace Cole 11 3) Sophia Smith 12	13:18.56	10
2) Claire Mettler 12 4) Zoe Smith 12		



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....Girls Distance Medley 12-4-8-16

2 Rochester Century	13:39.50	8
1) Sydney Hollman 12	2) Meredith Targonski 12	
3) Heather Wilaby 09	4) Kaitlin Miller 10	
3 Winona	13:50.43	6
1) Emma Bucknam 09	2) Jill Serleth 09	
3) Lauren Johnson 09	4) Anni Skillicorn 09	
4 West Salem	14:10.04	5
1) Kate Schroeder 11	2) Mia Maisenbacher 11	
3) Sydney Fitzpatrick 10	4) Kylie Wright 10	
5 Viroqua	14:10.21	4
1) Emma Kolden 11	2) Lauren Brendel 10	
3) Josie Dobbs 09	4) Caitlin Fox 09	
6 La Crosse Central	14:19.47	3
1) Kaia Adams 11	2) Lily Nelson 12	
3) Mackenzie Fellenz 10	4) Violet Nelson 12	
7 Aquinas	14:33.32	2
1) Angela Ellis 10	2) Lexi Harwick 10	
3) Helen Hale 12	4) Gabrielle Koehne 12	
8 Brookwood	14:50.91	1
1) Ingrid Ruiz 11	2) Kate Hyatt 10	
3) Ashley Atteln 10	4) Shelly Powell 09	
9 Altoona	14:56.24	
1) Saddle Matthews 09	2) Morgan Parks 09	
3) Emily Midthun 12	4) Sydney Presler 10	
10 Holmen	15:02.56	
1) Kaylah Haas 09	2) Anna Goyette 10	
3) Ryleigh Pesik 09	4) Hannah Horman 12	
11 Cashton	15:11.99	
1) Karlee Kirking 12	2) Hailey Huntzicker 09	
3) Lydia Korn 09	4) Gracey Mlsna 09	
12 Onalaska	15:24.10	
1) Gabby Victor 11	2) Caitlin Caretta 09	
3) Melissa Wiebke 12	4) Alexa Hosch 12	
13 Hayward	15:27.50	
1) Marya Wydra 10	2) Allyson Vobornik 09	
3) Holly Kiss 09	4) Leah Hawksford 11	

Girls High Jump

Name	Year School	Finals	Points
1 Katherine Eidem	12 Rochester Century	5-04.00	10
2 Mariah Hoepner	11 Altoona	5-02.00	8
3 Nadia Vo	09 Franklin	J5-02.00	6
4 Kylee Jostad	11 Holmen	J5-02.00	5
5 Brooke Walling	11 Mauston	5-00.00	4
6 Kali Goodwin	12 La Crosse Central	4-10.00	3
7 Thea May	10 Winona	J4-10.00	2
8 Rachel Nigh	12 Viroqua	J4-10.00	1

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....Girls High Jump

9 Charlie Halvorsen	10 Arcadia	4-08.00
9 Elisa Dabrowski	11 Onalaska	4-08.00
9 Alyssa White	11 Rochester Century	4-08.00
9 Maya Burrell	09 Eau Claire Memorial	4-08.00
13 Wendy Pronschinske	09 Arcadia	J4-08.00
14 Olivia Stine	12 Mosinee	4-06.00
14 Jillian Weston	10 Viroqua	4-06.00
14 Ariana Hundt	11 Bangor	4-06.00
14 Nikki Goodwin	12 La Crosse Central	4-06.00
18 Kaitlin Gawelski	09 Franklin	J4-06.00
19 Sydnie Adams	10 La Crosse Logan	J4-06.00
20 Karsen Kershner	09 Bangor	4-04.00
20 Katie Wanders	10 Aquinas	4-04.00
22 Kelsey Conway	12 Onalaska	J4-04.00
23 Hanna Nest	10 Mosinee	J4-04.00
24 Zoey Rynes	12 Brookwood	J4-04.00
24 Karlee Kirking	12 Cashton	J4-04.00
26 Jordyn Sutton	7 Rochester Century	4-02.00
27 Ceci Miskowski	10 Aquinas	J4-02.00
-- Noemi Nicolas	09 Brookwood	NH
-- Kristina Bellacero	11 Onalaska	NH

Girls Pole Vault

Name	Year	School	Finals	Points
1 Janel Sweet	10	Franklin	9-00.00	10
2 Amber Heidenreich	12	Hayward	8-06.00	7
2 Rachel Nigh	12	Viroqua	8-06.00	7
4 Emily Morgan	09	Hayward	8-00.00	5
5 Madeline Rashid	11	Rochester Century	7-06.00	4
6 Karen Legler	10	Rochester Century	J7-06.00	2.50
6 Nathalie Hryniewicki	12	Mauston	J7-06.00	2.50
8 Mae Leslie	11	Aquinas	J7-06.00	0.50
8 Isabel Myers	10	Arcadia	J7-06.00	0.50
10 Cherie Lun	12	West Salem	J7-06.00	
11 Emma O'Flaherty	11	Aquinas	6-06.00	
11 Hanna Nest	10	Mosinee	6-06.00	
11 Megan Zittlow	09	Holmen	6-06.00	
14 Claire Eade	10	Holmen	J6-06.00	
14 Sydney Ertl	09	Franklin	J6-06.00	
14 Sarah Novak	12	West Salem	J6-06.00	
17 Jaden Wendt	10	Mosinee	J6-06.00	
-- Elizabeth DeMunck	12	Adams-Friendship	NH	
-- Sydney Fitzpatrick	10	West Salem	NH	
-- Hannah Smith	11	Holmen	NH	
-- Kayla Krueger	10	Onalaska	NH	
-- Danielle Heup	09	Franklin	NH	
-- Liv Mickschl	09	Onalaska	NH	

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....Girls Pole Vault

-- Caitlin Caretta 09 Onalaska NH

Girls Long Jump

Name	Year	School	Finals	Points
1 Kinga Mozes	10	Rochester Century	17-00.00	10
2 Kiana Pugh	10	Mosinee	16-11.00	8
3 Nadia Vo	09	Franklin	16-10.50	6
4 Gabriell Snider	12	Hayward	16-09.50	5
5 Kristi Springer	12	Altoona	16-09.00	4
6 Kelsey Georgeson	11	Mauston	16-04.00	3
7 Elisa Dabrowski	11	Onalaska	16-03.00	2
8 Kali Goodwin	12	La Crosse Central	16-02.00	1
9 Taylor Snider	12	Hayward	16-00.00	
10 Emily Hoeft	12	Onalaska	15-11.00	
11 Skyler Dannhoff	12	La Crosse Central	15-10.00	
12 EmMarie Norton	12	Rochester Century	15-04.50	
13 Casey Stender	10	Eau Claire Memorial	15-04.00	
14 Iris Vang	10	Holmen	15-03.50	
15 Anna Koblitz	09	La Crosse Logan	15-03.00	
16 Tiyana Harter	11	La Crosse Central	15-01.50	
17 Samantha Clark	11	Viroqua	15-01.00	
18 Jolene Mantoan	10	Franklin	14-11.50	
18 Carla Maas	12	West Salem	14-11.50	
20 Ruth E. Hallstead	12	Onalaska	14-07.50	
21 Megan Bakalars	11	La Crosse Logan	14-05.50	
22 Natalie VanBrocklin	11	Mosinee	14-05.00	
23 Cydney Lyga	12	Bangor	14-03.00	
24 Baylea Wilk	10	Holmen	14-02.50	
25 Nathalie Hryniewicki	12	Mauston	13-10.00	
26 Hailey Huntzicker	09	Cashton	13-08.00	
27 Serenity Biren	09	Altoona	13-05.00	
28 Bria Smith	10	Franklin	13-04.50	
29 Shelby Klobucar	10	La Crosse Logan	13-02.00	
30 Isabella Lown	10	Aquinas	13-00.00	
31 Rachel Ellis	12	Aquinas	12-09.50	
32 Allison Everson	10	Bangor	12-09.00	
33 Cali Dishman	09	Adams-Friendship	12-08.00	
34 Ayziah Bula-Freeman	10	Adams-Friendship	12-07.00	
35 Desjah Howe	11	West Salem	12-05.00	

Girls Triple Jump

Name	Year	School	Finals	Points
1 Kristi Springer	12	Altoona	36-10.00	10
2 Taylor Snider	12	Hayward	36-02.00	8
3 Ashlie Lockington	10	Bangor	35-05.00	6

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....Girls Triple Jump

4 Gabriell Snider	12 Hayward	35-01.00	5
5 Abbey Zastrow	12 Arcadia	33-09.00	4
6 Kelsey Georgeson	11 Mauston	33-06.00	3
7 Melissa Wiebke	12 Onalaska	32-09.00	2
8 Tyanna Washa	12 La Crosse Logan	32-07.00	1
9 EmMarie Norton	12 Rochester Century	32-06.00	
10 Cendsi Bundy	11 Eau Claire Memorial	32-00.00	
11 Kaitlin Gawelski	09 Franklin	31-08.00	
12 Rachel Nigh	12 Viroqua	31-06.00	
12 Alyssa Kuss	12 Adams-Friendship	31-06.00	
14 Skyler Dannhoff	12 La Crosse Central	31-03.00	
15 Abbey Bettis	11 Aquinas	31-02.00	
16 Julia Gasper	09 La Crosse Central	30-10.00	
17 Leah Surprenant	10 La Crosse Logan	30-05.00	
18 Sydney Ertl	09 Franklin	30-00.00	
19 Danielle Heup	09 Franklin	29-11.00	
20 Kaehla Simmons	09 Winona	29-10.00	
21 Nikki Goodwin	12 La Crosse Central	29-08.00	
22 Baylea Wilk	10 Holmen	29-00.00	
23 Hailey Huntzicker	09 Cashton	28-09.00	
24 Ayziah Bula-Freeman	10 Adams-Friendship	28-06.00	
25 Taylor Lotz	09 Onalaska	28-05.00	
25 Emily Powell	10 Brookwood	28-05.00	
27 Nathalie Hryniewicki	12 Mauston	26-01.00	
28 Kristen Stapka	11 Mauston	25-05.00	
-- Hallie Horstman	12 Bangor	FOUL	
-- Jamie Zheng	09 Rochester Century	FOUL	
-- Erin Markworth	12 Onalaska	FOUL	

Girls Shot Put

Name	Year	School	Finals	Points
1 Abbi Stafslie-Dumale	11	La Crosse Central	36-08.00	10
2 Tyanna Washa	12	La Crosse Logan	36-02.00	8
3 Kiana Pugh	10	Mosinee	J36-02.00	6
4 Sela Kosidowski	11	Winona	35-01.00	5
5 Regan Appleby	11	Eau Claire Memorial	34-09.00	4
6 Emily Schaldach	12	Cashton	34-01.50	3
7 Shalyn Warren	09	La Crosse Central	32-02.50	2
8 Maren Gullingsrud	11	Hayward	31-11.50	1
9 Kylee Jostad	11	Holmen	30-11.50	
10 Emily Gajewski	09	Hayward	30-06.00	
11 Mya Jacobson	09	West Salem	29-10.50	
12 Jada Schaller	11	Rochester Century	29-09.50	
13 Breanna Masloroff	09	Franklin	29-08.00	
13 Tayla Stuttley	12	Onalaska	29-08.00	
15 Bryn Langrehr	11	Bangor	29-03.00	
16 Ellie Olsen	11	Onalaska	28-10.50	

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....Girls Shot Put

17 Dorisa Duellman	11 Arcadia	28-03.00
18 Molly Graff	10 Holmen	27-08.50
19 Allie Olson	12 La Crosse Central	27-07.00
20 Aurora Waite	10 La Crosse Logan	27-06.00
21 Libby Hlavacka	10 Aquinas	27-00.50
22 Katlyn Giesler	11 Cashton	26-11.50
23 Jenna Harless	10 Viroqua	26-07.00
23 Emily Napiwocki	10 Mosinee	26-07.00
25 Lexy Schroeder	12 Cashton	26-06.00
26 Emily Breit	12 Mosinee	26-03.00
27 Kasaya Krause	09 West Salem	26-00.00
28 Mackenzie Gnewikow	10 Brookwood	25-10.50
29 Alonda Schwedrsky	11 Mauston	25-07.50
30 Emma Zeller	09 Winona	25-06.00
31 Kristi Springer	12 Altoona	25-05.00
32 Brynn Weinstock	09 Franklin	25-01.00
33 Hannah Brenengen	09 West Salem	24-08.50
34 Caroline Dahlke	09 Winona	24-06.00
35 Libby Warren	10 Adams-Friendship	23-10.50
36 Raven Dawson	12 Adams-Friendship	23-07.50
37 Maddy Glynn	10 Onalaska	23-07.00
38 Dianne Murray	12 Holmen	23-03.50
39 Anna Hansen	09 Eau Claire Memorial	23-00.50
40 Sidney Paulson	09 Aquinas	21-09.50
41 Hannah Wooten	11 Brookwood	20-00.00
42 Takaya Sell	09 Altoona	16-10.50

Girls Discus Throw

Name	Year School	Finals	Points
1 Allyson Nelson	11 Brookwood	106-10	10
2 Gabriell Snider	12 Hayward	103-09	8
3 Tayla Stuttley	12 Onalaska	102-09	6
4 Lexy Schroeder	12 Cashton	96-05	5
5 Tyanna Washa	12 La Crosse Logan	95-03	4
6 Abbi Stafslien-Dumale	11 La Crosse Central	94-06	3
7 Bryn Langrehr	11 Bangor	92-10	2
8 Sela Kosidowski	11 Winona	92-07	1
9 Kassie Weller	12 Hayward	91-11	
10 Molly Graff	10 Holmen	90-07	
11 Mickaela Pasch	11 Rochester Century	90-04	
12 Kayce Gielski	11 Rochester Century	88-06	
13 Dorisa Duellman	11 Arcadia	86-00	
14 Kylee Jostad	11 Holmen	82-09	
15 Libby Hlavacka	10 Aquinas	82-06	
16 Alyssa Austin	09 Adams-Friendship	82-03	
17 Emily Breit	12 Mosinee	80-09	
18 Storme Nierman	11 Rochester Century	80-06	

**Knights of Columbus Relays
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....Girls Discus Throw

18 Shalyn Warren	09 La Crosse Central	80-06
20 Katlyn Giesler	11 Cashton	79-06
21 Allie Olson	12 La Crosse Central	78-07
22 Ellie Olsen	11 Onalaska	77-01
23 Jenna Harless	10 Viroqua	75-02
24 Mya Jacobson	09 West Salem	75-00
25 Anna Hansen	09 Eau Claire Memorial	73-10
26 Julianna Meyer	09 Holmen	73-03
27 Sabrina Stencil	12 Mosinee	69-01
28 Christine Bolstad	09 Eau Claire Memorial	68-01
29 Emily Napiwocki	10 Mosinee	66-10
30 Caroline Dahlke	09 Winona	66-08
31 Maddy Glynn	10 Onalaska	64-09
32 Zoe Grandall	10 Cashton	63-08
33 Mackenzie Gnewikow	10 Brookwood	62-08
34 Brynn Weinstock	09 Franklin	61-05
35 Emma Deal	09 West Salem	59-08
36 MiKayla Fechner	10 West Salem	57-11
37 Alonda Schwedrsky	11 Mauston	56-01
38 Jordynn Bahr	09 Viroqua	55-01
39 Breanna Masloroff	09 Franklin	49-03
40 Hannah Wooten	11 Brookwood	46-05
41 Sidney Paulson	09 Aquinas	41-03
-- Aurora Waite	10 La Crosse Logan	FOUL

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Women - Team Rankings - 18 Events Scored

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1) Rochester Century	97.50	2) La Crosse Central	64
3) Eau Claire Memorial	59	4) Viroqua	58
5) Hayward	57	6) Franklin	47
7) La Crosse Logan	35	7) Winona	35
9) Cashton	29	10) Altoona	26
11) Brookwood	25	12) Arcadia	24.50
13) Onalaska	23	14) Mosinee	22
15) Adams-Friendship	21	15) Bangor	21
17) Aquinas	18.50	18) Holmen	18
19) Mauston	13.50	20) West Salem	8

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Men - Team Rankings - 18 Events Scored

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1) La Crosse Central	134.50	2) La Crosse Logan	104
3) Onalaska	91	4) Rochester Century	82
5) Holmen	63.50	6) West Salem	39
7) Viroqua	38.50	8) Winona	36
9) Hayward	32	10) Aquinas	30
11) Arcadia	13	12) Mosinee	9
13) Brookwood	8.50	14) Bangor	8
15) Adams-Friendship	6	16) Mauston	4
17) Franklin	3		