

Mississippi Valley Conference - Valley Divisional Meet  
 Dubuque Soccer Complex - Hosted by Dubuque Senior  
 Dubuque, IA  
 October 13, 2016

Results provided by AccuRace Timing Services  
 www accuracetimeing.com

\*\*\*\* Girls' Varsity 5000 Meter Run \*\*\*\*

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	10875	Hannah Frazee	12	Prairie	18:31.1	5:58
2	2	10311	Cassidy Christopher	12	Cedar Falls	18:39.6	6:01
3	3	10475	Reagan Gorman	10	Cedar Rapids Washington	18:44.0	6:02
4	4	10423	Ella Popenhagen	09	Cedar Rapids Kennedy	18:46.8	6:03
5	5	10324	Mackenzie Michael	09	Cedar Falls	18:47.2	6:03
6	6	10631	MacKenzie Gaherty	11	Dubuque Senior	18:50.1	6:04
7	7	10627	Ashley Donovan	10	Dubuque Senior	18:53.0	6:05
8	8	10703	Mary Arch	12	Iowa City City High	18:55.3	6:06
9	9	10739	Anna Lindower	10	Iowa City City High	18:55.6	6:06
10	10	10529	Hannah Brown	09	Dubuque Hempstead	18:56.5	6:06
11	11	10330	Caroline Ross	11	Cedar Falls	18:59.7	6:07
12	12	10710	Emily Bywater	12	Iowa City City High	19:04.5	6:09
13	13	10530	Kristin Brown	12	Dubuque Hempstead	19:07.8	6:10
14	14	10545	Shaelyn Hostager	09	Dubuque Hempstead	19:08.6	6:10
15	15	10320	Paige Kvale	11	Cedar Falls	19:15.6	6:12
16	16	10340	Allison Zierke	12	Cedar Falls	19:16.9	6:13
17	17	10410	Hannah Fusselman	11	Cedar Rapids Kennedy	19:19.5	6:14
18	18	10550	Kaylee Leicht	09	Dubuque Hempstead	19:22.2	6:15
19	19	10544	Heather Hostager	11	Dubuque Hempstead	19:23.5	6:15
20	20	10708	Bridget Brown	11	Iowa City City High	19:27.7	6:16
21	21	10892	Alissa Neubauer	11	Prairie	19:31.3	6:17
22	22	10317	Anna Hertz	11	Cedar Falls	19:33.6	6:18
23	23	10339	Jessica Vandorn	10	Cedar Falls	19:33.7	6:18
24	24	10757	Annie Rummelhart	10	Iowa City City High	19:36.7	6:19
25	25	10645	Olivia Kruse	10	Dubuque Senior	19:38.2	6:20
26	26	10706	Esti Brady	09	Iowa City City High	19:41.4	6:21
27	27	10707	Kinsee Brands	11	Iowa City City High	19:43.0	6:21
28		10336	Meg Schmitz	11	Cedar Falls	19:46.3	6:22
29		10742	Gabriel McCormick	11	Iowa City City High	19:51.5	6:24
30	28	10653	Mia Rampton	11	Dubuque Senior	19:51.7	6:24
31	29	10407	Brooklyn Button	11	Cedar Rapids Kennedy	19:58.9	6:26
32	30	10558	Casey Nichols	11	Dubuque Hempstead	19:59.1	6:26
33	31	10546	Mckenna Johnson	12	Dubuque Hempstead	20:01.1	6:27
34		10543	Emma Holesinger	09	Dubuque Hempstead	20:02.3	6:27
35	32	10648	Lauren Miller	10	Dubuque Senior	20:08.0	6:29
36	33	10630	Ava Frye	11	Dubuque Senior	20:10.6	6:30
37		10727	Mollie Hansen	12	Iowa City City High	20:12.9	6:31
38	34	10413	Olivia Hamblin	09	Cedar Rapids Kennedy	20:15.5	6:32
39	35	10468	Sarah Altemeier	11	Cedar Rapids Washington	20:19.4	6:33
40		10747	Amelia Morrow	11	Iowa City City High	20:29.5	6:36
41	36	10621	Kai Biehl	12	Dubuque Senior	20:33.4	6:37
42	37	10418	Briana McLaughlin	10	Cedar Rapids Kennedy	20:36.1	6:38
43		10569	Erin Scott	09	Dubuque Hempstead	20:36.4	6:38
44	38	10899	Kirstin Skriver	11	Prairie	20:38.3	6:39
45	39	10883	Avery Henderson	11	Prairie	20:41.4	6:40
46	40	10897	Cayla Renwick	12	Prairie	20:45.2	6:41
47	41	10425	Kristin Sheyko	12	Cedar Rapids Kennedy	20:46.8	6:42
48		10574	Heidi Welu	12	Dubuque Hempstead	20:57.2	6:45
49	42	10862	Meghan Brune	12	Prairie	20:58.6	6:46
50		10325	Alyssa Neese	09	Cedar Falls	21:04.0	6:47
51	43	10411	Olivia Green	12	Cedar Rapids Kennedy	21:06.7	6:48
52		10321	Madison Larsen	11	Cedar Falls	21:08.2	6:49
53	44	10868	Victoria Enyart	12	Prairie	21:11.0	6:50
54	45	10486	Mekela Spence	11	Cedar Rapids Washington	21:32.2	6:56
55		10869	Morgan Erickson	11	Prairie	21:37.9	6:58
56		10879	Megan Grimm	11	Prairie	21:46.9	7:01
57		10877	Ashley Grady	12	Prairie	21:56.3	7:04
58		10419	Ali Meyer	12	Cedar Rapids Kennedy	22:04.5	7:07
59	46	10472	Serena Eck	11	Cedar Rapids Washington	22:10.2	7:09
60		10412	Lily Gust	10	Cedar Rapids Kennedy	22:19.2	7:12

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\*\*\*\* Girls' Varsity 5000 Meter Run \*\*\*\*

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
61	47	10476	Ashley Hageman	11	Cedar Rapids Washington	22:58.2	7:24
62	48	10480	Olivia Kennedy	10	Cedar Rapids Washington	23:19.6	7:31
63	49	10474	Sophie Fox	11	Cedar Rapids Washington	23:25.6	7:33
64		10487	Emily Weis	10	Cedar Rapids Washington	24:01.4	7:44

10/13/2016 6:52PM

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\*\*\*\* Girls' Varsity Team Score \*\*\*\*

1. 49 Cedar Falls (18:59.8 94:59.0 0:37.3)

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1	2	Cassidy Christopher	12	18:39.6
2	5	Mackenzie Michael	09	18:47.2
3	11	Caroline Ross	11	18:59.7
4	15	Paige Kvale	11	19:15.6
5	16	Allison Zierke	12	19:16.9
6	( 22)	Anna Hertz	11	19:33.6
7	( 23)	Jessica Vandorn	10	19:33.7

2. 73 Iowa City City High (19:12.0 95:59.8 0:41.4)

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1	8	Mary Arch	12	18:55.3
2	9	Anna Lindower	10	18:55.6
3	12	Emily Bywater	12	19:04.5
4	20	Bridget Brown	11	19:27.7
5	24	Annie Rummelhart	10	19:36.7
6	( 26)	Esti Brady	09	19:41.4
7	( 27)	Kinsee Brands	11	19:43.0

3. 74 Dubuque Hempstead (19:11.8 95:58.6 0:27.0)

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1	10	Hannah Brown	09	18:56.5
2	13	Kristin Brown	12	19:07.8
3	14	Shaelyn Hostager	09	19:08.6
4	18	Kaylee Leicht	09	19:22.2
5	19	Heather Hostager	11	19:23.5
6	( 30)	Casey Nichols	11	19:59.1
7	( 31)	McKenna Johnson	12	20:01.1

4. 98 Dubuque Senior (19:28.2 97:21.0 1:17.9)

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1	6	MacKenzie Gaherty	11	18:50.1
2	7	Ashley Donovan	10	18:53.0
3	25	Olivia Kruse	10	19:38.2
4	28	Mia Rampton	11	19:51.7
5	32	Lauren Miller	10	20:08.0
6	( 33)	Ava Frye	11	20:10.6
7	( 36)	Kai Biehl	12	20:33.4

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\*\*\*\* Girls' Varsity Team Score \*\*\*\*

5. 121 Cedar Rapids Kennedy (19:47.4 98:56.8 1:49.3)

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1	4	Ella Popenhagen	09	18:46.8
2	17	Hannah Fusselman	11	19:19.5
3	29	Brooklyn Button	11	19:58.9
4	34	Olivia Hamblin	09	20:15.5
5	37	Briana McLaughlin	10	20:36.1
6	( 41)	Kristin Sheyko	12	20:46.8
7	( 43)	Olivia Green	12	21:06.7

6. 139 Prairie (20:01.5 100:07.3 2:14.1)

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1	1	Hannah Frazee	12	18:31.1
2	21	Alissa Neubauer	11	19:31.3
3	38	Kirstin Skriver	11	20:38.3
4	39	Avery Henderson	11	20:41.4
5	40	Cayla Renwick	12	20:45.2
6	( 42)	Meghan Brune	12	20:58.6
7	( 44)	Victoria Enyart	12	21:11.0

7. 176 Cedar Rapids Washington (21:08.8 105:44.0 4:14.2)

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1	3	Reagan Gorman	10	18:44.0
2	35	Sarah Altemeier	11	20:19.4
3	45	Mekela Spence	11	21:32.2
4	46	Serena Eck	11	22:10.2
5	47	Ashley Hageman	11	22:58.2
6	( 48)	Olivia Kennedy	10	23:19.6
7	( 49)	Sophie Fox	11	23:25.6

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Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	10712	Celeste Chadwick	12	Iowa City City High	20:25.8	6:35
2	2	10639	Victoria Healey	12	Dubuque Senior	20:45.6	6:41
3	3	10735	Isabel Jones	10	Iowa City City High	20:52.9	6:44
4	4	10760	Addy Smith	11	Iowa City City High	20:56.9	6:45
5	5	10338	Miranda Simpson	12	Cedar Falls	20:57.7	6:45
6	6	10625	Elle Connolly	11	Dubuque Senior	21:15.5	6:51
7	7	10539	Brenna Fransen	12	Dubuque Hempstead	21:18.7	6:52
8	8	10531	Emily Bucheit	12	Dubuque Hempstead	21:18.9	6:52
9	9	10765	Sophie Trom	09	Iowa City City High	21:24.0	6:54
10	10	10754	Lindsey Parrott	11	Iowa City City High	21:32.9	6:57
11	11	10316	Carina Hansen	12	Cedar Falls	21:52.9	7:03
12	12	10575	Becca Zillig	12	Dubuque Hempstead	21:54.2	7:03
13	13	10534	Erin Connolly	11	Dubuque Hempstead	21:55.9	7:04
14	14	10720	Anna Denniston	11	Iowa City City High	22:04.0	7:07
15	15	10761	Rachel Strang	11	Iowa City City High	22:07.8	7:08
16	16	10570	Sage Smith	11	Dubuque Hempstead	22:09.8	7:09
17	17	10568	Emily Schmitt	11	Dubuque Hempstead	22:17.0	7:11
18	18	10659	Maddie Shearer	12	Dubuque Senior	22:18.2	7:11
19	19	10667	Nadia Waid	11	Dubuque Senior	22:18.6	7:11
20	20	10644	Emily Kruse	12	Dubuque Senior	22:23.1	7:13
21	21	10424	Hannah Ratzler	11	Cedar Rapids Kennedy	22:28.1	7:14
22		10730	Aly Hecker	10	Iowa City City High	22:30.0	7:15
23	22	10626	Natalie Donath	12	Dubuque Senior	22:32.4	7:16
24	23	10335	Alyssa Schmidt	12	Cedar Falls	22:32.7	7:16
25	24	10878	Kara Grady	12	Prairie	22:34.7	7:17
26	25	10415	Anna Klein	11	Cedar Rapids Kennedy	22:36.2	7:17
27	26	10670	Tori Willis	12	Dubuque Senior	22:37.0	7:17
28		10671	Jamie Wilson	12	Dubuque Senior	22:40.8	7:18
29		10642	Autumn Kemp	12	Dubuque Senior	22:42.0	7:19
30		10762	Anna Swanson	12	Iowa City City High	22:47.9	7:21
31		10734	Michelle Jennings	12	Iowa City City High	22:49.9	7:21
32	27	10559	Megan Oberfoell	12	Dubuque Hempstead	22:51.2	7:22
33	28	10421	Claire Pardubsky	12	Cedar Rapids Kennedy	22:54.4	7:23
34	29	10865	Cairo Dinicola	12	Prairie	22:56.7	7:24
35		10665	Cassie Trentz	12	Dubuque Senior	22:57.2	7:24
36		10655	Kori Rickert	11	Dubuque Senior	22:57.7	7:24
37		10622	Grace Bradley	11	Dubuque Senior	22:58.1	7:24
38		10634	Grace Gudenkauf	12	Dubuque Senior	22:58.5	7:24
39	30	10331	Katie Rygh	12	Cedar Falls	23:01.5	7:25
40	31	10863	Jordan Cadena	12	Prairie	23:02.2	7:25
41		10733	Bihotza James	11	Iowa City City High	23:03.2	7:26
42	32	10404	Ashlyn Averhoff	12	Cedar Rapids Kennedy	23:03.8	7:26
43	33	10891	Andrea Myers	11	Prairie	23:04.3	7:26
44	34	10864	Megan Coulter	12	Prairie	23:09.4	7:28
45	35	10414	Camryn Jeffords	11	Cedar Rapids Kennedy	23:11.2	7:28
46		10636	Mary Hartel	12	Dubuque Senior	23:11.7	7:28
47		10632	Kayla Gibson	11	Dubuque Senior	23:16.4	7:30
48		10542	Bailey Hansen	12	Dubuque Hempstead	23:18.5	7:31
49		10549	Ashley Leibfried	12	Dubuque Hempstead	23:32.9	7:35
50		10533	Jenna Coates	09	Dubuque Hempstead	23:40.2	7:38
51		10563	Emersen Rheingans	11	Dubuque Hempstead	23:43.0	7:38
52		10557	Heather Morley	12	Dubuque Hempstead	23:48.0	7:40
53		10566	Lily Ries	12	Dubuque Hempstead	23:48.3	7:40
54		10641	Maddie Keller	11	Dubuque Senior	23:57.6	7:43
55		10538	Kayla Felderman	12	Dubuque Hempstead	24:00.1	7:44
56	36	10902	Peyton Staab	12	Prairie	24:02.9	7:45
57	37	10872	Samantha Ferguson	12	Prairie	24:03.4	7:45
58	38	10408	Kayla Donahue	12	Cedar Rapids Kennedy	24:06.2	7:46
59		10904	Beth Uthoff	11	Prairie	24:17.6	7:50
60		10554	Erin McGrath	11	Dubuque Hempstead	24:24.9	7:52

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\*\*\*\* Girls' Junior Varsity 5000 Meter Run \*\*\*\*

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
61	39	10323	Elizabeth Mason	12	Cedar Falls	24:29.3	7:53
62		10532	Taylor Butler	12	Dubuque Hempstead	24:31.9	7:54
63		10528	Brosius Autumn	11	Dubuque Hempstead	24:32.3	7:54
64		10901	Sophia Smith	12	Prairie	24:33.2	7:55
65	40	10409	Grace Duffy	11	Cedar Rapids Kennedy	24:33.9	7:55
66		10860	Victoria Booth	11	Prairie	24:35.2	7:55
67		10638	Gabby Healey	11	Dubuque Senior	24:36.2	7:56
68		10746	Nova Meurice	12	Iowa City City High	24:37.0	7:56
69	41	10318	Sara Hoy	12	Cedar Falls	24:43.5	7:58
70		10861	Meredith Bourgeois	11	Prairie	24:45.6	7:59
71		10890	Nicole Miller	12	Prairie	24:46.8	7:59
72	42	10319	Jessica Knox	12	Cedar Falls	24:52.9	8:01
73		10663	Emily Tigges	11	Dubuque Senior	25:21.8	8:10
74	43	10484	Natasha Nichols	12	Cedar Rapids Washington	25:23.2	8:11
75		10880	Natalie Halvorson	12	Prairie	25:25.7	8:12
76		10313	Alyssa Dekutoski	11	Cedar Falls	25:39.3	8:16
77		10571	Audra Steil	11	Dubuque Hempstead	25:47.3	8:19
78		10548	Tressa Lauer	12	Dubuque Hempstead	25:50.4	8:20
79		10555	Jessica Mendenhall	11	Dubuque Hempstead	25:51.9	8:20
80		10560	Ellie O'Neill	11	Dubuque Hempstead	25:52.1	8:20
81	44	10485	Lopou Peal	11	Cedar Rapids Washington	26:03.3	8:24
82		10756	Jameson Reineke	11	Iowa City City High	26:06.2	8:25
83		10896	Lisa Reed	11	Prairie	26:14.8	8:27
84		10552	Haley Manders	11	Dubuque Hempstead	26:15.9	8:28
85		10716	Yan Chen	11	Iowa City City High	26:33.2	8:33
86		10633	Taylor Graham	12	Dubuque Senior	26:39.7	8:35
87		10658	Mary Schober	12	Dubuque Senior	26:49.2	8:38
88		10738	Sophie Lie	12	Iowa City City High	26:57.8	8:41
89		10715	Sasha Chapnik-Sorokin	12	Iowa City City High	26:58.3	8:41
90		10751	Dancile Ntihebuwayo	12	Iowa City City High	27:06.8	8:44
91		10540	Lizzie Grace	12	Dubuque Hempstead	27:29.4	8:51
92	45	10483	Katarina Newcamp	12	Cedar Rapids Washington	27:42.8	8:56
93	46	10469	Madalyn Appleby-Sparrow	11	Cedar Rapids Washington	27:57.7	9:00
94		10672	Grace Zucarro	11	Dubuque Senior	28:07.5	9:04
95	47	10478	Isabel Hogg	11	Cedar Rapids Washington	28:39.5	9:14
96		10537	Mallory Dillon	11	Dubuque Hempstead	28:41.2	9:14
97	48	10473	Victoria Eniola	12	Cedar Rapids Washington	29:02.5	9:21
98		10668	Autumn Wernimont	12	Dubuque Senior	29:09.6	9:24
99		10729	Grace Hartwig	12	Iowa City City High	29:27.1	9:29
100		10893	Jenna Novak	11	Prairie	29:28.1	9:30
101		10905	Victoria Weeks	11	Prairie	29:59.3	9:40
102		10858	Marissa Bixby	11	Prairie	29:59.9	9:40
103		10420	Emily Mickelson	12	Cedar Rapids Kennedy	30:52.7	9:57
104		10647	Kacie Mescher	11	Dubuque Senior	30:56.3	9:58
105		10737	Claire Kelly	11	Iowa City City High	31:06.7	10:01
106		10728	Emma Hartwig	11	Iowa City City High	31:49.3	10:15
107		10536	Heather Dean	12	Dubuque Hempstead	31:59.0	10:18
108		10567	Bailey Sandman	12	Dubuque Hempstead	33:47.0	10:53
109		10553	Mallory McDonald	12	Dubuque Hempstead	33:47.5	10:53
110		10629	Katelynn Ewing	11	Dubuque Senior	33:51.3	10:54
111		10750	Binh Nguyen	11	Iowa City City High	42:03.5	13:33

10/13/2016 6:52PM

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\*\*\*\* Girls' Junior Varsity Team Score \*\*\*\*

1. 27 Iowa City City High (21:02.5 105:12.5 1:07.1)

=====

1	1	Celeste Chadwick	12	20:25.8
2	3	Isabel Jones	10	20:52.9
3	4	Addy Smith	11	20:56.9
4	9	Sophie Trom	09	21:24.0
5	10	Lindsey Parrott	11	21:32.9
6	( 14)	Anna Denniston	11	22:04.0
7	( 15)	Rachel Strang	11	22:07.8

2. 56 Dubuque Hempstead (21:43.5 108:37.5 0:51.1)

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1	7	Brenna Fransen	12	21:18.7
2	8	Emily Bucheit	12	21:18.9
3	12	Becca Zillig	12	21:54.2
4	13	Erin Connolly	11	21:55.9
5	16	Sage Smith	11	22:09.8
6	( 17)	Emily Schmitt	11	22:17.0
7	( 27)	Megan Oberfoell	12	22:51.2

3. 65 Dubuque Senior (21:48.2 109:01.0 1:37.5)

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1	2	Victoria Healey	12	20:45.6
2	6	Elle Connolly	11	21:15.5
3	18	Maddie Shearer	12	22:18.2
4	19	Nadia Waid	11	22:18.6
5	20	Emily Kruse	12	22:23.1
6	( 22)	Natalie Donath	12	22:32.4
7	( 26)	Tori Willis	12	22:37.0

4. 108 Cedar Falls (22:34.9 112:54.1 3:31.6)

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1	5	Miranda Simpson	12	20:57.7
2	11	Carina Hansen	12	21:52.9
3	23	Alyssa Schmidt	12	22:32.7
4	30	Katie Rygh	12	23:01.5
5	39	Elizabeth Mason	12	24:29.3
6	( 41)	Sara Hoy	12	24:43.5
7	( 42)	Jessica Knox	12	24:52.9

5. 141 Cedar Rapids Kennedy (22:50.8 114:13.7 0:43.1)

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1	21	Hannah Ratzer	11	22:28.1
2	25	Anna Klein	11	22:36.2
3	28	Claire Pardubsky	12	22:54.4
4	32	Ashlyn Averhoff	12	23:03.8
5	35	Camryn Jeffords	11	23:11.2
6	( 38)	Kayla Donahue	12	24:06.2
7	( 40)	Grace Duffy	11	24:33.9

6. 151 Prairie (22:57.5 114:47.3 0:34.7)

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1	24	Kara Grady	12	22:34.7
2	29	Cairo Dinicola	12	22:56.7
3	31	Jordan Cadena	12	23:02.2
4	33	Andrea Myers	11	23:04.3
5	34	Megan Coulter	12	23:09.4
6	( 36)	Peyton Staab	12	24:02.9
7	( 37)	Samantha Ferguson	12	24:03.4

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7. 225 Cedar Rapids Washington (27:09.3 135:46.5 3:16.3)

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1 43 Natasha Nichols 12 25:23.2  
2 44 Lopou Peal 11 26:03.3  
3 45 Katarina Newcamp 12 27:42.8  
4 46 Madalyn Appleby-Sparrow 11 27:57.7  
5 47 Isabel Hogg 11 28:39.5  
6 ( 48) Victoria Eniola 12 29:02.5



Mississippi Valley Conference - Valley Divisional Meet  
 Dubuque Soccer Complex - Hosted by Dubuque Senior  
 Dubuque, IA  
 October 13, 2016

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\*\*\*\* Girls' Fresh/Soph 5000 Meter Run \*\*\*\*

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	10541	Lauren Gudenkauf	09	Dubuque Hempstead	20:45.5	6:41
2	2	10315	Jayna Freeman	09	Cedar Falls	20:48.0	6:42
3	3	10669	Kes Whalen	09	Dubuque Senior	21:02.4	6:47
4	4	10664	Kate Tonn	10	Dubuque Senior	21:02.8	6:47
5	5	10333	Sophia Schillinger	09	Cedar Falls	21:03.2	6:47
6	6	10766	Julia Veit	09	Iowa City City High	21:05.3	6:48
7	7	10711	Morgan Carey	10	Iowa City City High	21:19.0	6:52
8	8	10656	Grace Ries	09	Dubuque Senior	21:24.8	6:54
9	9	10745	Naomi Meurice	10	Iowa City City High	21:28.7	6:55
10	10	10326	Megan North	10	Cedar Falls	21:29.0	6:55
11	11	10310	Kellen Chenoweth	09	Cedar Falls	21:32.7	6:57
12	12	10657	Ava Romagna	09	Dubuque Senior	21:35.2	6:57
13	13	10660	Sophie Shearer	10	Dubuque Senior	21:38.4	6:58
14	14	10649	Kate Miron	09	Dubuque Senior	21:40.4	6:59
15	15	10643	Stacey Kloft	10	Dubuque Senior	21:41.4	6:59
16	16	10322	Sabine Martin	09	Cedar Falls	21:41.9	7:00
17	17	10724	Lottie Gidhal	10	Iowa City City High	21:42.4	7:00
18	18	10312	Beth Culberson	10	Cedar Falls	21:48.3	7:02
19		10662	Josie Stackis	09	Dubuque Senior	21:51.1	7:02
20	19	10314	Gretchen Fixen	09	Cedar Falls	21:52.7	7:03
21	20	10873	Eady Forrest	10	Prairie	22:03.2	7:06
22		10328	Devin O'Loughlin	09	Cedar Falls	22:15.1	7:10
23		10406	Morgan Butschi	09	Cedar Rapids Kennedy	22:16.8	7:11
24	21	10547	Victoria Larson	09	Dubuque Hempstead	22:17.2	7:11
25	22	10565	Grace Ries	10	Dubuque Hempstead	22:20.4	7:12
26	23	10859	Anna Boller	09	Prairie	22:22.7	7:13
27	24	10753	Grace Parrott	09	Iowa City City High	22:26.4	7:14
28		10329	Ella Rekow	09	Cedar Falls	22:26.9	7:14
29	25	10714	Phoebe Chapnick-Sorokin	10	Iowa City City High	22:32.7	7:16
30	26	10723	Sylvia Gidal	09	Iowa City City High	22:33.5	7:16
31		10705	Mary Bounds	09	Iowa City City High	22:38.5	7:18
32	27	10857	Anna Alldredge	10	Prairie	22:39.0	7:18
33		10332	Claire Sanderman	10	Cedar Falls	22:39.5	7:18
34		10650	Isabel Petersen	10	Dubuque Senior	22:41.4	7:19
35	28	10551	Alexis Lonning	09	Dubuque Hempstead	22:43.4	7:19
36		10337	Anna Shull	10	Cedar Falls	22:45.3	7:20
37		10646	Gracie Mena	09	Dubuque Senior	22:45.7	7:20
38	29	10887	Cassidy Kline	09	Prairie	22:46.1	7:20
39		10477	JoJo Hayes	09	Cedar Rapids Washington	22:48.2	7:21
40		10652	Sibani Ram	10	Dubuque Senior	22:56.4	7:23
41	30	10556	Emily Morley	09	Dubuque Hempstead	22:57.9	7:24
42	31	10573	Riley Uthe	10	Dubuque Hempstead	23:02.8	7:26
43		10755	Madeline Pugh	10	Iowa City City High	23:04.4	7:26
44		10759	Azzurra Sartini-Rideout	09	Iowa City City High	23:05.3	7:26
45		10623	Kathryn Burns	10	Dubuque Senior	23:05.8	7:27
46	32	10874	Samantha Forrest	09	Prairie	23:16.6	7:30
47		10748	Clare Muckler	10	Iowa City City High	23:18.2	7:31
48		10732	Ella Hennager	10	Iowa City City High	23:18.7	7:31
49		10758	Liza Sarsfield	10	Iowa City City High	23:23.6	7:32
50		10709	Muriel Brown	09	Iowa City City High	23:31.9	7:35
51		10713	Maya Chadwick	09	Iowa City City High	23:57.9	7:43
52		10661	Mattie Sheckles	09	Dubuque Senior	23:58.9	7:44
53	33	10562	Skylynn Redding	09	Dubuque Hempstead	24:00.1	7:44
54		10764	Saye Traore	09	Iowa City City High	24:08.9	7:47
55		10741	Alex Marsh	09	Iowa City City High	24:11.6	7:48
56		10666	Mia Waid	09	Dubuque Senior	24:12.0	7:48
57		10637	Emma Hayes	10	Dubuque Senior	24:14.3	7:49
58	34	10900	Avery Smith	10	Prairie	24:16.7	7:49
59	35	10886	Grace Kaufman	09	Prairie	24:20.6	7:51
60		10726	Isabel Hansen	09	Iowa City City High	24:20.8	7:51

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\*\*\*\* Girls' Fresh/Soph 5000 Meter Run \*\*\*\*

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
61		10718	Georgia Corbin	09	Iowa City City High	24:30.1	7:54
62		10635	Bailey Hammerand	10	Dubuque Senior	24:31.6	7:54
63		10426	Elizabeth Stone	09	Cedar Rapids Kennedy	24:37.7	7:56
64		10719	Drew Damhorst	10	Iowa City City High	24:38.3	7:56
65		10866	Haley Duerksen	09	Prairie	24:40.1	7:57
66		10895	Katie Redden	10	Prairie	24:42.6	7:58
67		10867	Samantha Ehler	09	Prairie	24:43.4	7:58
68		10871	Megan Fear	09	Prairie	24:47.0	7:59
69		10903	Amanda Stallman	10	Prairie	24:49.3	8:00
70		10885	Abby Johnson	09	Prairie	24:49.5	8:00
71		10888	McKenzie Kohl	09	Prairie	24:58.6	8:03
72		10564	Erin Rieckens	10	Dubuque Hempstead	25:10.9	8:07
73		10405	Anyssa Ball	10	Cedar Rapids Kennedy	25:13.7	8:08
74		10535	Claire Daack	09	Dubuque Hempstead	25:14.7	8:08
75		10561	Clairie Paulson	09	Dubuque Hempstead	25:31.1	8:13
76		10884	Jackie Hernandez	09	Prairie	26:01.2	8:23
77		10882	Aubrey Heller	09	Prairie	26:03.6	8:24
78		10749	Anastasia Mwenemkamba	10	Iowa City City High	26:04.6	8:24
79		10736	Aubryn Kaine	09	Iowa City City High	26:04.9	8:24
80		10620	Katie Barton	10	Dubuque Senior	26:06.6	8:25
81		10654	Jodi Rickert	09	Dubuque Senior	26:08.6	8:25
82		10744	Delaney McMahon	10	Iowa City City High	26:20.2	8:29
83		10481	Eko Manson	10	Cedar Rapids Washington	26:34.3	8:34
84		10752	Shawna O'Malley	10	Iowa City City High	26:40.2	8:36
85		10704	Lily Bender	10	Iowa City City High	26:44.9	8:37
86		10306	Abigail Balong	09	Cedar Falls	26:57.2	8:41
87		10308	Julia Bowman	10	Cedar Falls	27:17.1	8:47
88		10471	Leah Carson	09	Cedar Rapids Washington	27:23.5	8:49
89		10725	Emma Hansen	09	Iowa City City High	27:32.7	8:52
90		10876	Kaitlyn Gammon	09	Prairie	27:38.6	8:54
91		10906	Ellie Wehr	10	Prairie	27:43.4	8:56
92		10894	Abigail Ray	09	Prairie	27:47.5	8:57
93		10479	Ellen Houtz	09	Cedar Rapids Washington	28:02.7	9:02
94		10889	Allison Laud	10	Prairie	28:18.7	9:07
95		10717	Emma Cooper	10	Iowa City City High	28:33.4	9:12
96		10572	Joyce Sun	10	Dubuque Hempstead	28:37.3	9:13
97		10731	Kayla Hefley	10	Iowa City City High	35:29.1	11:26

10/13/2016 6:52PM

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\*\*\*\* Girls' Fresh/Soph Team Score \*\*\*\*

1. 40 Dubuque Senior (21:20.8 106:43.6 0:36.0)

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1	3	Kes Whalen	09	21:02.4
2	4	Kate Tonn	10	21:02.8
3	8	Grace Ries	09	21:24.8
4	12	Ava Romagna	09	21:35.2
5	13	Sophie Shearer	10	21:38.4
6	( 14)	Kate Miron	09	21:40.4
7	( 15)	Stacey Kloft	10	21:41.4

2. 44 Cedar Falls (21:19.0 106:34.8 0:53.9)

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1	2	Jayna Freeman	09	20:48.0
2	5	Sophia Schillinger	09	21:03.2
3	10	Megan North	10	21:29.0
4	11	Kellen Chenoweth	09	21:32.7
5	16	Sabine Martin	09	21:41.9
6	( 18)	Beth Culberson	10	21:48.3
7	( 19)	Gretchen Fixen	09	21:52.7

3. 63 Iowa City City High (21:36.4 108:01.8 1:21.1)

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1	6	Julia Veit	09	21:05.3
2	7	Morgan Carey	10	21:19.0
3	9	Naomi Meurice	10	21:28.7
4	17	Lottie Gidhal	10	21:42.4
5	24	Grace Parrott	09	22:26.4
6	( 25)	Phoebe Chapnick-Sorokin	10	22:32.7
7	( 26)	Sylvia Gidal	09	22:33.5

4. 102 Dubuque Hempstead (22:12.9 111:04.4 2:12.4)

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1	1	Lauren Gudenkauf	09	20:45.5
2	21	Victoria Larson	09	22:17.2
3	22	Grace Ries	10	22:20.4
4	28	Alexis Lonning	09	22:43.4
5	30	Emily Morley	09	22:57.9
6	( 31)	Riley Uthe	10	23:02.8
7	( 33)	Skylynn Redding	09	24:00.1

5. 131 Prairie (22:37.6 113:07.6 1:13.4)

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1	20	Eady Forrest	10	22:03.2
2	23	Anna Boller	09	22:22.7
3	27	Anna Alldredge	10	22:39.0
4	29	Cassidy Kline	09	22:46.1
5	32	Samantha Forrest	09	23:16.6
6	( 34)	Avery Smith	10	24:16.7
7	( 35)	Grace Kaufman	09	24:20.6