

Macalester College Alumni Triangular
Leonard Center - Macalester College
St. Paul, MN - 1/23/2016

Results

Women 60 Meter Dash

Name	Yr	School	Finals
Finals			
1	Shakeela Wells-Johnson	JR St. Catherin	8.08 5
2	Hannah Sonsalla	SO Macalester	8.29 3
3	Brittany Moore	SR St. Catherin	8.30 2
4	Brigette Jira	FR Augsburg	8.69 1
5	Elizabeth Hickey	SO Augsburg	8.78
6	Anik Regan	JR Macalester	8.86
7	Marie Morrier	SO St. Catherin	8.91
8	Sydia Reeves	FR St. Catherin	8.98
9	Ici Kelley	FR St. Catherin	10.01

Women 200 Meter Dash

Name	Yr	School	Finals
Finals			
1	Hannah Sonsalla	SO Macalester	26.98 5
2	Brittany Moore	SR St. Catherin	28.82 3
3	Emily Deiner	Mac Alumni	29.41 2
4	Megan Thoemke	SO St. Catherin	29.58 1
5	Marie Morrier	SO St. Catherin	29.80
6	Brigette Jira	FR Augsburg	29.85
7	Ashleigh Ackley	SR St. Catherin	30.26
8	Stacey Wherley	FR St. Catherin	30.88
9	Sydia Reeves	FR St. Catherin	31.51

Women 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	Phoebe Aguiar	FR Macalester	1:04.13 5
2	Megan Thoemke	SO St. Catherin	1:04.86 3
3	Erin Porter	SR Macalester	1:05.31 2
4	Nikaylah Woody	SO Augsburg	1:05.52 1
5	Amy Pelz	FR Macalester	1:06.53
6	Alia Benedict	FR Macalester	1:06.61
7	Stacey Wherley	FR St. Catherin	1:13.95

Women 800 Meter Run

Name	Yr	School	Finals
Finals			
1	Mary Cornelius	JR Augsburg	2:22.07 5
2	Carmen Garson-Shumway	SO Macalester	2:35.87 3
3	Kathrene Garcia	SO Macalester	2:40.61 2
4	Michelle Perri	SO St. Catherin	2:41.22 1
5	Caitlin Olson	FR Augsburg	2:41.91
6	Erin Daly	Mac Alumni	2:48.87
7	Mattie Daub	FR Macalester	3:00.55
8	Silvia Cha	FR Augsburg	3:02.90

Women 1 Mile Run

Name	Yr	School	Finals
Finals			
1	Koby Hagen	Mac Alumni	5:24.55 5
2	Michelle Perri	SO St. Catherin	5:43.95 3
3	Lorna Sherwood-Caballero	SO Macalester	5:47.82 2
4	Emma Blom	JR Augsburg	5:53.49 1
5	Blair Stewig	SO Augsburg	5:55.04
6	Ellie Cardinal	SO St. Catherin	5:55.60
7	Laura Gould	SO Macalester	6:11.95
8	Hallie Kircher-Henning	FR Macalester	6:24.98
9	Betsy Schein	FR Macalester	6:38.60
10	Jenna Thompson	JR St. Catherin	6:40.26

Women 3000 Meter Run

Name	Yr	School	Finals
Finals			
1	Taybri Irving	JR Augsburg	10:47.44 5
2	Sarah Jonathan	SR Macalester	11:03.40 3
3	Courtney Kirkeide	JR St. Catherin	11:10.31 2
4	Jenna McElroy	St. Kate's Alum	X11:18.26
5	Malena Larsen	FR Augsburg	11:18.46 1
6	Rachel Frantz	FR Augsburg	11:22.48
7	Jackie Brine-Doyle	FR St. Catherin	11:40.71
8	Amy Pelz	FR Macalester	12:00.42
---	Stephanie Forsland	Mac Alumni	DNF

Women 60 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Brittany Moore	SR St. Catherin	9.81 5
2	Brooke Hunter	JR Macalester	10.03 3
3	Gabby Ivy	FR Macalester	10.12 2
4	Halla Dontje Lindell	FR Macalester	10.38 1
5	Ashleigh Ackley	SR St. Catherin	10.60

Women 4x200 Meter Relay

Team	Relay	Finals
Finals		
1	Macalester	1:51.63 5
	1) Erin Porter SR	2) Anik Regan JR
	3) Phoebe Aguiar FR	4) Hannah Sonsalla SO
2	Augsburg	1:51.79 3
	1) Callie Jones JR	2) Elizabeth Hickey SO
	3) Ashley Waalen JR	4) Nikaylah Woody SO

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Results**Women 4x400 Meter Relay**

Team	Relay	Finals
Finals		
1 Macalester		4:26.25 5
1) Erin Porter SR	2) Phoebe Aguiar FR	
3) Carmen Garson-Shumway SO	4) Amy Pelz FR	
2 St. Catherine	B	4:30.47 3
1) Emily Hohenshell SO	2) Ellie Cardinal SO	
3) Jenna Thompson JR		
3 Augsburg		4:35.60 2
1) Mary Cornelius JR	2) Caitlin Olson FR	
3) Rachel Frantz FR	4) Malena Larsen FR	
4 Macalester	B	x4:46.80
1) Alia Benedict FR	2) Hallie Kircher-Henning FR	
3) Lorna Sherwood-Caballero SO	4) Kathrene Garcia SO	
--- St. Catherine		DNF
1) Marie Morrier SO	2) Megan Thoenke SO	
3) Stacey Wherley FR	4) Ashleigh Ackley SR	

Women Pole Vault

Name	Yr	School	Finals
Finals			
1 Audrey Seligman	JR	Macalester	2.60m 5
2 Nikki Bennington	FR	Macalester	2.45m 3
3 Anik Regan	JR	Macalester	2.30m 2

Women Long Jump

Name	Yr	School	Finals
Finals			
1 Callie Jones	JR	Augsburg	4.61m 5

Women Triple Jump

Name	Yr	School	Finals
Finals			
1 Halla Dontje Lindell	FR	Macalester	9.89m 5

Women Shot Put

Name	Yr	School	Finals
Finals			
1 Kaylea Hoenigschmidt	FR	St. Catherin	9.85m 5
2 Brooke Hunter	JR	Macalester	8.33m 3
3 Katie Hedrick	JR	Augsburg	8.24m 2
4 Kali Kuusisto	JR	Augsburg	8.21m 1

Women Weight Throw

Name	Yr	School	Finals
Finals			
1 Kali Kuusisto	JR	Augsburg	14.42m 5
2 Risa Luther	SR	Macalester	12.49m 3
3 Katie Hedrick	JR	Augsburg	11.45m 2
4 Kaylea Hoenigschmidt	FR	St. Catherin	10.63m 1

5 Kelsey Harmatta JR Macalester 10.10m

Women - Team Rankings - 14 Events Scored

1) Macalester	62
2) Augsburg	34
2) St. Catherine	34
4) Macalester Alumni	7

Men - Team Rankings - 15 Events Scored

1) Augsburg	72
2) Macalester	50
3) Macalester Alumni	28