

**Knights of Columbus Relays
La Crosse Aquinas High School
Veterans Memorial Stadium - La Crosse, WI - 4/30/2016
Results**

Girls 100 Meter Dash

10 Advance: Top 1 Each Heat plus Next 5 Best Times

Name	Year	School	Prelims	H#
Preliminaries				
1 Kinga Mozes	09	Rochester Century	12.79Q	5
2 Amanda Wiebke	12	Onalaska	13.04Q	4
3 Cortney Christnovich	11	Holmen	13.14Q	3
4 Tiyana Harter	10	La Crosse Central	13.34Q	1
5 Jenna Priest	11	Altoona	13.72Q	2
6 Kiana Pugh	09	Mosinee	13.50q	5
7 Megan Dittmer	12	La Crosse Logan	13.60q	4
8 Victoria Suk	09	Rochester Century	13.63q	1
9 Makayla Radtke	09	Holmen	13.67q	5
10 Kaitlyn Lee	12	La Crosse Central	13.73q	3
11 Morgan Butterfield	09	Holmen	13.82	4
12 Emily James	12	Altoona	13.84	3
13 Rachel Seidel	12	Aquinas	13.86	1
14 Mae Leslie	10	Aquinas	13.88	2
15 Kelsey Conway	11	Onalaska	14.04	2 14.037
16 Evelyn Gimurtu	09	Viroqua	14.04	4 14.038
17 Claire Reynolds	10	Bangor	14.04	1 14.040
18 Carla Maas	11	West Salem	14.10	3
19 Sairey Flattum	10	Winona	14.27	5
20 Cherie Lun	11	West Salem	14.30	1
21 Brittney Niebuhr	10	West Salem	14.36	2
22 Mikala Pronschinske	10	Arcadia	14.37	3
23 Helen Flock	11	Cashton	14.38	5
24 Abi Robbins	09	Hayward	14.44	3
25 Carly Gruett	10	Winona	14.51	2
26 Amber Koch	11	Aquinas B	14.52	4
27 Shannon Dulak	12	Mosinee	14.57	1
28 Megan Watt	09	Aquinas B	14.63	5
29 Haley Barnes	11	Cashton	14.85	2
30 Rosena Bolduan	10	Winona	14.91	4
31 Kiana Moore	09	Bangor	15.22	2
32 Britley Redmond	10	Aquinas	15.24	3
33 Michelle Chavez	09	Arcadia	15.72	5
34 Becca Cartwright	10	Franklin	15.76	2
35 Brooke Pronschinske	09	Arcadia	15.88	4
36 Katyrina Morozovska	11	Aquinas B	18.22	1
-- Delilah Vance	10	Viroqua	FS	5

Girls 100 Meter Dash

Name	Year	School	Finals	Points
Finals				
1 Kinga Mozes	09	Rochester Century	12.76	10
2 Cortney Christnovich	11	Holmen	12.93	8



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3	Amanda Wiebke	12	Onalaska	13.05	6
4	Kiana Pugh	09	Mosinee	13.37	5
5	Tiyana Harter	10	La Crosse Central	13.40	4
6	Megan Dittmer	12	La Crosse Logan	13.43	3
7	Jenna Priest	11	Altoona	13.63	2
8	Makayla Radtke	09	Holmen	13.66	1
9	Victoria Suk	09	Rochester Century	13.72	
10	Kaitlyn Lee	12	La Crosse Central	13.74	

Girls 200 Meter Dash

Name	Year	School	Finals	H#	Points
1 Kemmesha Thomas	12	La Crosse Logan	26.79	5	10
2 Kinga Mozes	09	Rochester Century	27.21	5	8
3 Gabby Harvestine	12	Adams-Friendship	27.44	5	6
4 Ashlie Lockington	09	Bangor	27.57	5	5
5 Kiana Pugh	09	Mosinee	27.93	5	4
6 Elise Weber	12	Rochester Century	28.04	4	3
7 Katherine Eidem	11	Rochester Century	28.08	5	2
8 Ahnikah Wichelt	09	La Crosse Central	28.17	4	1
9 Megan Dittmer	12	La Crosse Logan	28.26	5	
10 Makayla Radtke	09	Holmen	28.28	4	
11 Tyanna Washa	11	La Crosse Logan	28.34	4	
12 Allison Everson	09	Bangor	28.53	5	
13 Morgan Butterfield	09	Holmen	28.55	4	
14 Delilah Vance	10	Viroqua	28.69	4	
15 Kate Dabrowski	10	Onalaska	28.72	4	
16 Kira Millhausen	11	Mosinee	28.91	3	
17 Elisa Dabrowski	10	Onalaska	29.08	4	
18 Sairey Flattum	10	Winona	29.20	3	
19 Grace Gehrke	09	Onalaska	29.26	4	
20 Ireland Andre	11	Arcadia	29.58	3	
21 Natalie VanBrocklin	10	Mosinee	29.72	2	
22 Anna Gorski	09	West Salem	29.97	3	
23 Amber Koch	11	Aquinas B	30.10	3	
24 Carly Gruett	10	Winona	30.14	3	
25 Helen Flock	11	Cashton	30.29	3	
26 Abbey Bettis	10	Aquinas	30.41	3	
27 Jaylin Flores	10	Franklin	30.78	3	
28 Hailey McCoy	10	Franklin	30.87	3	
29 Grace Barnes	09	Adams-Friendship	30.98	1	
30 Morgan Kacures	09	Mondovi	31.82	2	
31 Anna Stark	10	Hayward	32.02	2	
32 Haley Barnes	11	Cashton	32.95	2	
33 Brooke Pronschinske	09	Arcadia	33.63	1	
34 Kaitlen Gross	11	Viroqua	37.35	2	

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Girls 400 Meter Dash

Name	Year	School	Finals	H#	Points
1 Abbey Zastrow	11	Arcadia	59.12	4	10
2 Amanda Wiebke	12	Onalaska	59.64	4	8
3 Katherine Eidem	11	Rochester Century	1:00.42	4	6
4 Ashlie Lockington	09	Bangor	1:01.18	4	5
5 Ellie Luinenberg	09	Rochester Century	1:01.51	4	4
6 Breanna Judkins	12	Franklin	1:02.54	4	3
7 Cortney Christnovich	11	Holmen	1:03.31	4	2
8 Gabby Harvestine	12	Adams-Friendship	1:03.58	3	1
9 Katherine Dougherty	10	Rochester Century	1:04.12	3	
10 Makayla Radtke	09	Holmen	1:04.23	3	
11 Morgan Butterfield	09	Holmen	1:04.36	3	
12 Dani Faas	12	West Salem	1:04.82	3	
13 Grace Hammer	10	Mauston	1:07.52	2	
14 McKenzie Fitzpatrick	11	West Salem	1:07.97	3	
15 Emily Boettger	11	Winona	1:08.02	2	
16 Alexis Mueller	10	La Crosse Logan	1:08.68	3	
17 Reena Rastedt	12	Mosinee	1:08.81	2	
18 Kaia Adams	10	La Crosse Central	1:09.34	4	
19 Marisa Jirousek	09	Mauston	1:09.47	2	
20 Lauren Franek	09	Mauston	1:09.48	2	
21 Summer Fisher	10	La Crosse Logan	1:09.88	3	
22 Anna Stark	10	Hayward	1:11.06	2	
23 Gracie Johnson	10	Hayward	1:11.09	2	
24 Dona Bowler	11	Winona	1:11.71	2	
25 Jacey Risler	12	Mondovi	1:17.71	1	
26 Maddy Hager	09	Altoona	1:23.48	1	
27 Amalah Hjort	09	Mondovi	1:26.36	1	
28 Maya Kimble	09	Viroqua	1:27.91	2	

Girls 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Mason Kalandar	10	Holmen	2:19.28	3	10
2 Joie Ross	12	La Crosse Logan	2:22.50	3	8
3 Sarah Novak	11	West Salem	2:26.42	3	6
4 Abbey Zastrow	11	Arcadia	2:27.09	3	5
5 Jane Pinkowski	09	La Crosse Central	2:28.87	3	4
6 Madelyn Anderson	10	Viroqua	2:31.18	3	3
7 Kelsey Georgeson	10	Mauston	2:34.38	3	2
8 Angela Ellis	09	Aquinas	2:34.41	2	1
9 Sophie Leinfelder	10	La Crosse Central	2:35.01	3	
10 Sydney Hollman	11	Rochester Century	2:35.39	3	
11 Jolene Mantoan	09	Franklin	2:36.24	3	
12 Melissa Wiebke	11	Onalaska	2:37.01	2	
13 Lily Nelson	11	La Crosse Central	2:37.21	3	
14 Katherine Carlisle	12	Onalaska	2:39.41	3	

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15	Mara Anderson	12	Aquinas	2:40.59	3
16	Emma Guinta	12	Onalaska	2:42.24	2
17	Morgan Inman	09	Viroqua	2:42.77	2
18	Libby Miller	09	La Crosse Logan	2:43.15	2
19	Meghan Jacobson	10	Franklin	2:44.90	2
20	Bethany Nott	12	Aquinas B	2:45.08	2
21	Maya Walters	12	Aquinas	2:47.32	2
22	Brook Doenier	09	Arcadia	2:47.84	1
23	Maddie Gilbertson	12	Mondovi	2:48.33	2
24	Isabel Myers	09	Arcadia	2:48.78	1
25	Mallorie Barabas	11	Mosinee	2:48.90	2
26	Kaitlin Miller	09	Rochester Century	2:49.56	3
27	Aleshia Furlano	10	West Salem	2:49.60	2
28	Hannah VonRuden	11	La Crosse Logan	2:50.11	2
29	Alyssa Kuss	11	Adams-Friendship	2:50.44	2
30	Alyssa Sanford	11	Altoona	2:51.36	1
31	Crystal Cafferty	10	Mauston	2:53.72	1
32	Makenna Olund	10	Mosinee	2:54.66	1
33	Kylie Wright	09	West Salem	2:55.48	1
34	Jenna Kliner	11	Mosinee	2:58.93	1
35	Maria Franke		Aquinas B	2:59.97	1
36	Lauren Franek	09	Mauston	2:59.99	2
37	Emily Johnson	09	Altoona	3:12.56	1
38	Madeline Peterson	11	Altoona	3:24.60	1
39	Autumn Perkins	10	Hayward	3:58.60	1
40	Elizabeth Hankins	11	Hayward	4:21.72	1

Girls 1600 Meter Run

Name	Year	School	Finals	H#	Points	
1	Mason Kalandar	10	Holmen	5:21.15	2	10
2	Alyson Welch	10	Rochester Century	5:29.21	2	8
3	Sophie Leinfelder	10	La Crosse Central	5:29.23	2	6
4	Emma Kolden	10	Viroqua	5:39.94	2	5
5	Brooklynn Golden	09	Arcadia	5:40.71	2	4
6	Naomi Schroeder	10	Viroqua	5:50.65	2	3
7	Taylor Garves	11	Onalaska	5:52.70	2	2
8	Ally Klingelhofer	11	La Crosse Central	5:54.11	2	1
9	Kendra Jaenke	12	Fall Creek	6:01.21	2	
10	Janel Sweet	09	Franklin	6:08.26	2	
11	Alyssa Kuss	11	Adams-Friendship	6:11.92	1	
12	Emily Midthun	11	Altoona	6:12.76	2	
13	Kylie Wright	09	West Salem	6:15.16	2	
14	Abby Guinta	09	Onalaska	6:19.85	2	
15	Crystal Cafferty	10	Mauston	6:21.85	2	
16	Amanda Rud	12	Mondovi	6:22.41	1	
17	Aleshia Furlano	10	West Salem	6:23.49	1	
18	Maddy Leis	10	Cashton	6:24.27	2	

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....Girls 1600 Meter Run

19 Marya Wydra	09 Hayward	6:31.38	1
20 Mary Belotendos	11 Altoona	6:35.01	1
21 Kinsey Miller	09 Mosinee	6:40.92	1
22 Paige Preuss	12 Mauston	6:40.93	2
23 Amanda Sharping	10 Bangor	6:42.36	1
24 Kiersten Larson	09 Fall Creek	6:44.42	1
25 Natalie Harron	10 Aquinas	6:52.05	1
26 Christine Rogers	11 Altoona	6:53.45	1
27 Anna Beaver	09 Adams-Friendship	7:43.07	1
28 Ashley Aguilar	10 Arcadia	8:41.58	1
29 Elizabeth Hankins	11 Hayward	9:26.04	1

Girls 3200 Meter Run

Name	Year School	Finals	Points
1 Sara Brekke	11 La Crosse Central	11:29.95	10
2 Alyson Welch	10 Rochester Century	11:59.55	8
3 Brooke Jorstad	11 La Crosse Logan	12:16.98	6
4 Emily Beguin	8 Winona	12:24.55	5
5 Mackenzie Davis	12 Onalaska	12:29.30	4
6 Emma Bucknam	8 Winona	12:31.15	3
7 Emily Wall	09 Holmen	12:32.43	2
8 Gabi Lee	11 Mauston	12:35.92	1
9 Violet Nelson	11 La Crosse Central	12:40.00	
10 Hannah Horman	11 Holmen	12:43.60	
11 Signe Johnson	11 La Crosse Logan	12:46.22	
12 Ellie Hanewall	12 La Crosse Logan	13:12.66	
13 Alli Swid	10 Mosinee	13:47.81	
14 Olivia Walters	12 Mosinee	13:49.53	
15 Sydney Fitzpatrick	09 West Salem	14:22.51	
16 Leah Hawksford	10 Hayward	14:31.32	
17 Elissa Nott	10 Aquinas	14:39.49	
18 Jonica Rider	10 Viroqua	15:46.34	
19 Brenna Whalen	09 Bangor	16:47.33	

Girls 100 Meter Hurdles

10 Advance: Top 1 Each Heat plus Next 6 Best Times

Name	Year School	Prelims	H#
Preliminaries			
1 Jamie Schmitz	12 Cashton	15.99Q	4
2 Andrianna Jacobs	12 Rochester Century	16.45Q	3
3 Xana Leum	09 Viroqua	16.57Q	2
4 Kiley Blank	11 La Crosse Central	17.19Q	1
5 Emily Schaldach	11 Cashton	16.91q	2
6 Lexi Marcon	11 Onalaska	17.04q	3
7 Kali Goodwin	11 La Crosse Central	17.23q	4



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8 Lydia Noble	10 Viroqua	17.27q	1
9 Iris Schira	11 Mosinee	17.28q	4
10 Brooke Livingston	09 Adams-Friendship	17.29q	3
11 Hannah Smith	10 Holmen	17.72	1
12 Annalise Meier	12 Rochester Century	18.11	4
13 Laura Kammer	12 La Crosse Logan	18.14	1
14 Sierra Dewald	12 La Crosse Logan	18.46	2
15 Hailey McCoy	10 Franklin	18.47	4
16 Lily Martin	11 Bangor	18.53	4
17 Donna Curran	10 Mauston	18.78	1
18 Abbie Niemeier	10 West Salem	18.86	1
19 Erin Markworth	11 Onalaska	18.92	2
20 Makenna Olund	10 Mosinee	19.27	2
21 Iris Vang	09 Holmen	19.28	4
22 Megan Bakalars	10 La Crosse Logan	19.35	3
23 Lauryn Luke	10 Mauston	19.36	2
24 Becky Bisek	12 Arcadia	19.53	2
25 Olivia Stine	11 Mosinee	19.77	3
26 Brooke Walling	10 Mauston	19.94	3
27 Charlie Halvorsen	09 Arcadia	20.37	1
28 Allison Witt	11 Winona	20.73	3
29 Elizabeth DeMunck	11 Adams-Friendship	20.79	4
30 Sydney Zweig	10 Hayward	22.91	1
31 Taylor Wiedemann	12 West Salem	24.78	2

Girls 100 Meter Hurdles

Name	Year School	Finals	Points
Finals			
1 Andrianna Jacobs	12 Rochester Century	16.07	10
2 Jamie Schmitz	12 Cashton	16.15	8
3 Emily Schaldach	11 Cashton	16.59	6
4 Kiley Blank	11 La Crosse Central	16.73	5
5 Lexi Marcon	11 Onalaska	16.89	4
6 Xana Leum	09 Viroqua	16.91	3
7 Iris Schira	11 Mosinee	17.28	2
8 Lydia Noble	10 Viroqua	17.41	1
9 Kali Goodwin	11 La Crosse Central	17.52	
10 Brooke Livingston	09 Adams-Friendship	21.52	

Girls 300 Meter Hurdles

Name	Year School	Finals	H#	Points
1 Mariah Hoepner	10 Altoona	47.59	3	10
2 Andrianna Jacobs	12 Rochester Century	48.51	3	8
3 Emily Schaldach	11 Cashton	49.94	3	6
4 Iris Schira	11 Mosinee	50.14	3	5



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5	Jamie Schmitz	12	Cashton	50.60	3	4
6	Kiley Blank	11	La Crosse Central	51.31	3	3
7	Annalise Meier	12	Rochester Century	51.35	2	2
8	Bennett Wilsey	10	La Crosse Logan	51.38	2	1
9	Abbie Niemeier	10	West Salem	52.01	3	
10	Kristi Springer	11	Altoona	52.60	2	
11	Sydney Zweig	10	Hayward	52.98	1	
12	Lydia Noble	10	Viroqua	52.99	3	
13	Lauryn Luke	10	Mauston	53.30	1	
14	Erin Markworth	11	Onalaska	53.62	3	
15	Brooke Walling	10	Mauston	53.66	2	
16	Iris Vang	09	Holmen	53.78	2	
17	Kali Goodwin	11	La Crosse Central	53.89	2	
18	Shelby Thicke	09	Aquinas	55.25	1	
19	Donna Curran	10	Mauston	55.28	2	
20	Olivia Stine	11	Mosinee	55.77	1	
21	Hannah Smith	10	Holmen	56.22	2	
22	Lily Martin	11	Bangor	56.26	1	
23	Katie Wanders	09	Aquinas	57.27	1	
24	Becky Bisek	12	Arcadia	57.33	1	
25	Charlie Halvorsen	09	Arcadia	1:02.71	1	
26	Brooke Livingston	09	Adams-Friendship	1:03.52	3	

Girls 4x100 Meter Relay

School		Finals	H#	Points
1	Rochester Century	52.32	2	10
2	La Crosse Central	52.67	2	8
	1) Kaitlyn Lee 12		2) Kiley Blank 11	
	3) Ahnikah Wichelt 09		4) Tiyana Harter 10	
3	Aquinas	52.72	2	6
	1) Rachel Ellis 11		2) Mae Leslie 10	
	3) Rachel Seidel 12		4) Shannon Paramesh 11	
4	Altoona	52.89	2	5
	1) Emily James 12		2) Jenna Priest 11	
	3) KaSandra Springer 12		4) Kristi Springer 11	
5	Onalaska	53.24	2	4
	1) Kaylin Luck 10		2) Tayla Stuttley 11	
	3) Ruth E. Hallstead 11		4) Kate Dabrowski 10	
6	Bangor	54.44	2	3
	1) Claire Reynolds 10		2) Hallie Horstman 11	
	3) Cydney Lyga 11		4) Allison Everson 09	
7	Mosinee	54.82	2	2
	1) Natalie VanBrocklin 10		2) Kira Millhausen 11	
	3) Katie Fochs 10		4) Shannon Dulak 12	
8	Holmen	54.90	2	1
	1) Kelsey Koelbl 11		2) Heather Lager 12	
	3) Makinsey Schmidt 12		4) Kelsey Wall 10	



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9 Hayward	55.14	1
1) Abi Robbins 09	2) Haylen Robotka 09	
3) Lily Duffy 12	4) Taylor Snider 11	
10 West Salem	55.21	2
1) Anna Tanke 09	2) Carla Maas 11	
3) Anna Gorski 09	4) Brittney Niebuhr 10	
11 La Crosse Logan	56.55	1
1) Sierra Dewald 12	2) Makya Kendrick 09	
3) Aurora Waite 09	4) Laura Kammer 12	
12 Mauston	56.66	2
1) Avery Becker 12	2) Bailey Valasak 10	
3) Emily Blazovich 10	4) Emily Reigard 10	
13 Arcadia	57.72	1
1) Mikala Pronschinske 10	2) Ireland Andre 11	
3) Deanna Kupietz 12	4) Michelle Chavez 09	
14 Viroqua	57.78	1
1) Mady Stackhouse 10	2) Ashlee Gander 09	
3) Jenna Harless 09	4) Annika Kupczak 09	
15 Mondovi	57.86	1
1) Claire Bee 10	2) Liz Berns 12	
3) Morgan Kacures 09	4) Shelby Reyes-Lueptow 09	

Girls 4x200 Meter Relay

School	Finals	H#	Points
1 Aquinas	1:52.78	2	10
1) Rachel Ellis 11	2) Shannon Paramesh 11		
3) Rachel Seidel 12	4) Shelby Thicke 09		
2 Mosinee	1:53.09	2	8
1) Natalie VanBrocklin 10	2) Kira Millhausen 11		
3) Kiana Pugh 09	4) Katie Fochs 10		
3 Rochester Century	1:53.28	2	6
1) Colleen Henckel 12	2) Lauren Nee 10		
3) Victoria Suk 09	4) Elise Weber 12		
4 Viroqua	1:53.38	2	5
1) Ally Stilwell 11	2) Madelyn Anderson 10		
3) Samantha Clark 10	4) Delilah Vance 10		
5 Onalaska	1:54.29	2	4
1) Lexi Marcon 11	2) Grace Gehrke 09		
3) Natalie Mutch 12	4) Emily Hoeft 11		
6 La Crosse Central	1:54.77	2	3
1) Hope Sternberg 12	2) Kaitlyn Lee 12		
3) Nikki Goodwin 11	4) Ahnikah Wichelt 09		
7 Hayward	1:54.92	2	2
1) Gabriell Snider 11	2) Haylen Robotka 09		
3) Amber Heidenreich 11	4) Taylor Snider 11		
8 Adams-Friendship	1:55.69	1	1
1) Gabby Harvestine 12	2) Morgan Peters 11		



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3) Grace Barnes 09	4) Brooke Livingston 09		
9 Bangor	1:56.51	2	
1) Ariana Hundt 10	2) Hallie Horstman 11		
3) Cydney Lyga 11	4) Maria Lyga 10		
10 West Salem	1:57.36	2	
1) Brittney Niebuhr 10	2) Morgan Weber 12		
3) Anna Gorski 09	4) Alexa Marchbanks 12		
11 La Crosse Logan	1:58.32	1	
1) Sierra Dewald 12	2) Megan Bakalars 10		
3) Aurora Waite 09	4) Makya Kendrick 09		
12 Franklin	2:00.00	1	
1) Hailey McCoy 10	2) Madison Graffin 10		
3) Carlee Kostowicz 10	4) Meghan Jacobson 10		
13 Mauston	2:00.98	2	
1) Avery Becker 12	2) Emily Blazovich 10		
3) Bailey Valasak 10	4) Brooke Walling 10		
14 Mondovi	2:03.33	1	
1) Claire Bee 10	2) Liz Berns 12		
3) Morgan Kacures 09	4) Shelby Reyes-Lueptow 09		
-- Arcadia	DQ	1	Out of Zone 2-3
1) Mikala Pronschinske 10	2) Ireland Andre 11		
3) Deanna Kupietz 12	4) Isabel Myers 09		
-- Holmen	DQ	1	Out of Zone 3-4
1) Kelsey Koelbl 11	2) Heather Lager 12		
3) Makinsey Schmidt 12	4) Kylee Jostad 10		

Girls 4x400 Meter Relay

School	Finals	H#	Points
1 La Crosse Logan	4:15.11	2	10
1) Alexis Mueller 10	2) Joie Ross 12		
3) Megan Dittmer 12	4) Kemmesha Thomas 12		
2 Rochester Century	4:18.38	2	8
1) Ellie Luinenberg 09	2) Katherine Dougherty 10		
3) Andrianna Jacobs 12	4) Katherine Eidem 11		
3 West Salem	4:20.16	2	6
1) Dani Faas 12	2) Sarah Novak 11		
3) McKenzie Fitzpatrick 11	4) Abbie Niemeier 10		
4 Bangor	4:23.78	2	5
1) Hallie Horstman 11	2) Cydney Lyga 11		
3) Ashlie Lockington 09	4) Allison Everson 09		
5 La Crosse Central	4:29.50	2	4
1) Lily Nelson 11	2) Tiyana Harter 10		
3) Kaia Adams 10	4) Jane Pinkowski 09		
6 Onalaska	4:31.37	2	3
1) Katherine Carlisle 12	2) Emily Hoeft 11		
3) Kaylin Luck 10	4) Natalie Mutch 12		
7 Mauston	4:32.74	1	2

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1) Avery Becker 12	2) Grace Hammer 10		
3) Kelsey Georgeson 10	4) Bailey Valasak 10		
8 Holmen		4:34.12	2 1
1) Kylee Jostad 10	2) Katlyn Long 12		
3) Kali Olson 11	4) Makinsey Schmidt 12		
9 Mosinee		4:37.62	2
1) Iris Schira 11	2) Katie Fochs 10		
3) Reena Rastedt 12	4) Mallorie Barabas 11		
10 Viroqua		4:42.51	2
1) Ally Stilwell 11	2) Samantha Clark 10		
3) Lydia Noble 10	4) Mady Stackhouse 10		
11 Hayward		4:50.33	1
1) Gracie Johnson 10	2) Marya Wydra 09		
3) Sydney Zweig 10	4) Amber Heidenreich 11		
12 Mondovi		5:07.84	1
1) Maddie Gilbertson 12	2) Haley Glanzman 09		
3) Shelby Reyes-Lueptow 09	4) Jacey Risler 12		

Girls 4x800 Meter Relay

School	Finals	Points
1 La Crosse Central	10:21.00	10
1) Kaia Adams 10	2) Mackenzie Fellenz 09	
3) Lily Nelson 11	4) Violet Nelson 11	
2 Rochester Century	10:28.66	8
1) Sydney Hollman 11	2) Laura Duffield 11	
3) Meredith Targonski 11	4) Kaitlin Miller 09	
3 West Salem	10:36.11	6
1) Dani Faas 12	2) Brittany Kothari 10	
3) Sydney Fitzpatrick 09	4) Sarah Novak 11	
4 La Crosse Logan	10:36.17	5
1) Brooke Jorstad 11	2) Signe Johnson 11	
3) Libby Miller 09	4) Summer Fisher 10	
5 Aquinas	10:49.35	4
1) Mara Anderson 12	2) Angela Ellis 09	
3) Lexi Harwick 09	4) Maya Walters 12	
6 Holmen	11:05.71	3
1) Emily Wall 09	2) Hannah Horman 11	
3) Kike Feilke 12	4) Kali Olson 11	
7 Mauston	11:07.72	2
1) Megan Thomas 12	2) Kelsey Georgeson 10	
3) Lauren Franek 09	4) Grace Hammer 10	
8 Arcadia	11:33.45	1
1) Deanna Kupietz 12	2) Isabel Myers 09	
3) Morgan Bremer 09	4) Brook Doenier 09	
9 Onalaska	11:35.16	
1) Emma Guinta 12	2) Jennifer Laux 11	
3) Ella Nicola 09	4) Lauren Carlisle 09	

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La Crosse Aquinas High School
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....Girls 4x800 Meter Relay

10 Mosinee		11:36.62
1) Mallorie Barabas 11	2) Olivia Walters 12	
3) Alli Swid 10	4) Jenna Kliner 11	
11 Hayward		11:41.29
1) Emily Wilkie 12	2) Leah Hawksford 10	
3) Marya Wydra 09	4) Kate Stark 12	
12 Altoona		11:44.17
1) Mary Belotendos 11	2) Emily Midthun 11	
3) Alyssa Sanford 11	4) Christine Rogers 11	
13 Mondovi		13:24.45
1) Haley Glanzman 09	2) Amalah Hjort 09	
3) Amanda Rud 12	4) Grace Wienzeirl 10	

Girls High Jump

Name	Year School	Finals	Points
1 Katherine Eidem	11 Rochester Century	5-02.00	10
2 Kali Goodwin	11 La Crosse Central	5-00.00	8
3 Rachel Nigh	11 Viroqua	4-10.00	6
4 Mariah Hoepner	10 Altoona	J4-10.00	5
5 Kemmesha Thomas	12 La Crosse Logan	J4-10.00	4
6 Brooke Walling	10 Mauston	4-08.00	2.50
6 Kate Stark	12 Hayward	4-08.00	2.50
8 Donna Curran	10 Mauston	J4-08.00	1
9 Alli Christenson	12 Onalaska	J4-08.00	
10 Ariana Hundt	10 Bangor	J4-08.00	
11 Jaylin Flores	10 Franklin	4-06.00	
11 Sydnie Adams	09 La Crosse Logan	4-06.00	
13 Emily Eilers	10 Bangor	J4-06.00	
14 Olivia Stine	11 Mosinee	J4-06.00	
15 Liz Berns	12 Mondovi	J4-06.00	
16 Hope Enright	12 Winona	4-04.00	
17 Jordan Williams	12 Cashton	J4-04.00	
17 Mathea Brink	12 Rochester Century	J4-04.00	
19 Haley Dutton	12 West Salem	J4-04.00	
20 Gabby Harvestine	12 Adams-Friendship	J4-04.00	
21 Ceci Miskowski	09 Aquinas	4-02.00	
22 Angela Ellis	09 Aquinas	J4-02.00	
23 Kelsey Conway	11 Onalaska	J4-02.00	
-- Nikki Goodwin	11 La Crosse Central	NH	
-- Marisa Jirousek	09 Mauston	NH	

Girls Pole Vault

Name	Year School	Finals	Points
1 Rachel Nigh	11 Viroqua	9-00.00	10
2 Josie Wiltrout	12 Viroqua	J9-00.00	8



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La Crosse Aquinas High School
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....Girls Pole Vault

3 Amber Heidenreich	11 Hayward	8-06.00	6
4 Heather Lager	12 Holmen	8-00.00	5
5 Evelyn Gimurtu	09 Viroqua	J8-00.00	4
6 Sierra Dewald	12 La Crosse Logan	7-06.00	2.50
6 Mae Leslie	10 Aquinas	7-06.00	2.50
8 Becca Cartwright	10 Franklin	J7-06.00	0.33
8 Sarah Olson	12 Mosinee	J7-06.00	0.33
8 Janel Sweet	09 Franklin	J7-06.00	0.33
11 Nathalie Hryniewicki	11 Mauston	7-00.00	
11 Cherie Lun	11 West Salem	7-00.00	
11 Kayla Krueger	09 Onalaska	7-00.00	
11 Makinsey Schmidt	12 Holmen	7-00.00	
11 Erika Mueller	12 La Crosse Central	7-00.00	
11 Elizabeth DeMunck	11 Adams-Friendship	7-00.00	
11 Hope Sternberg	12 La Crosse Central	7-00.00	
18 Jolene Mantoan	09 Franklin	J7-00.00	
18 Maria Lyga	10 Bangor	J7-00.00	
20 Claire Bee	10 Mondovi	J7-00.00	
-- Emily Reigard	10 Mauston	NH	
-- Kaylin Luck	10 Onalaska	NH	

Girls Long Jump

Name	Year School	Finals	Points
1 Jamie Schmitz	12 Cashton	16-09.00	10
2 Tiyana Harter	10 La Crosse Central	16-06.00	8
3 Emily James	12 Altoona	16-04.00	6
4 Breanna Judkins	12 Franklin	16-03.50	5
5 Kristi Springer	11 Altoona	16-02.00	4
6 Gabriell Snider	11 Hayward	15-11.50	3
7 Taylor Snider	11 Hayward	15-09.50	2
8 Amanda Wiebke	12 Onalaska	15-07.00	1
9 Kinga Mozes	09 Rochester Century	15-06.50	
10 Morgan Butterfield	09 Holmen	15-05.00	
11 Rachel Ellis	11 Aquinas	J15-05.00	
12 Carla Maas	11 West Salem	15-04.00	
13 Skyler Dannhoff	11 La Crosse Central	15-02.00	
14 Kali Goodwin	11 La Crosse Central	15-00.50	
15 Kira Millhausen	11 Mosinee	15-00.00	
16 Iris Vang	09 Holmen	14-11.00	
17 Delilah Vance	10 Viroqua	J14-11.00	
18 Elisa Dabrowski	10 Onalaska	14-10.00	
19 Ariana Hundt	10 Bangor	14-08.00	
20 Kelsey Georgeson	10 Mauston	14-07.00	
21 Iris Schira	11 Mosinee	14-03.00	
22 Natalie VanBrocklin	10 Mosinee	14-00.50	
23 Jolene Mantoan	09 Franklin	13-09.00	
24 Kayli Salzwedel	10 Mauston	13-07.00	



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....Girls Long Jump

25	Brittney Niebuhr	10	West Salem	13-05.00
26	Nathalie Hryniewicki	11	Mauston	J13-05.00
27	Victoria Suk	09	Rochester Century	13-04.00
28	Baylea Wilk	09	Holmen	13-03.00
29	Anna Tanke	09	West Salem	13-02.00
30	Lily Duffy	12	Hayward	13-01.00
31	Samantha Clark	10	Viroqua	12-09.00
32	Nina Sugaya	12	Winona	12-06.00
33	Carly Gruett	10	Winona	11-09.50
34	Elissa Hemker	12	Winona	11-05.00
--	Morgan Kacures	09	Mondovi	ND
--	Taylor Lowe	09	Bangor	ND

Girls Triple Jump

Name	Year	School	Finals	Points	
1	Taylor Snider	11	Hayward	37-04.00	10
2	Breanna Judkins	12	Franklin	36-01.00	8
3	Jamie Schmitz	12	Cashton	35-00.00	6
4	Kemmesha Thomas	12	La Crosse Logan	34-05.00	5
5	Ashlie Lockington	09	Bangor	34-02.00	4
6	Abbey Zastrow	11	Arcadia	33-07.00	3
7	Gabriell Snider	11	Hayward	33-03.00	2
8	Kendall Kupfer	12	Rochester Century	32-10.00	1
9	Melissa Wiebke	11	Onalaska	32-09.00	
9	Emily James	12	Altoona	32-09.00	
11	Xana Leum	09	Viroqua	32-05.00	
12	Kiley Blank	11	La Crosse Central	32-00.00	
13	Hallie Horstman	11	Bangor	31-09.00	
14	Abbey Bettis	10	Aquinas	31-07.00	
15	Tyanna Washa	11	La Crosse Logan	31-03.00	
16	Skyler Dannhoff	11	La Crosse Central	31-02.00	
17	Kristi Springer	11	Altoona	31-00.00	
18	EmMarie Norton	11	Rochester Century	30-11.00	
18	Jaylin Flores	10	Franklin	30-11.00	
20	Nikki Goodwin	11	La Crosse Central	30-10.00	
21	Rachel Nigh	11	Viroqua	30-07.00	
22	Alyssa Sanford	11	Altoona	30-06.00	
23	Erin Markworth	11	Onalaska	30-04.00	
24	Kayli Salzwedel	10	Mauston	29-00.00	
25	Laura Kammer	12	La Crosse Logan	28-10.00	
25	Anna Gorski	09	West Salem	28-10.00	
27	Meghan Jacobson	10	Franklin	28-09.00	
28	Claire Bee	10	Mondovi	28-05.00	
29	Baylea Wilk	09	Holmen	28-03.00	
30	Sairey Flattum	10	Winona	27-05.00	
31	Katie Horstman	12	Bangor	26-08.00	
32	Nina Sugaya	12	Winona	26-07.00	

Knights of Columbus Relays
La Crosse Aquinas High School
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....Girls Triple Jump

33	Becky Bisek	12	Arcadia	25-08.00
34	Shelby Reyes-Lueptow	09	Mondovi	25-06.00

Girls Shot Put

Name	Year	School	Finals	Points	
1	Kate Taylor	12	Hayward	44-08.50	10
2	Gemma Lohnes	10	Winona	36-04.50	8
3	Morgan Denton	12	Mauston	35-09.00	6
4	Haley Dutton	12	West Salem	35-06.50	5
5	Tayla Stuttley	11	Onalaska	34-05.00	4
6	Sela Kosidowski	10	Winona	34-04.50	3
7	Ellie Olsen	10	Onalaska	33-09.25	2
8	KaSandra Springer	12	Altoona	33-07.00	1
9	Emily Schaldach	11	Cashton	33-05.50	
10	Stephanie Tirado-Mendoza	11	Cashton	30-09.50	
11	Kaya Hawver	10	La Crosse Logan	30-04.75	
12	Kiana Pugh	09	Mosinee	30-04.50	
13	Tyanna Washa	11	La Crosse Logan	30-02.25	
14	Anna Jacobson	11	West Salem	30-00.00	
15	Miranda Lund	11	Mondovi	29-08.50	
16	Natasha Lewis	12	Winona	29-08.00	
17	Bryn Langrehr	10	Bangor	29-07.75	
18	Amelia Flaskrud	12	Mondovi	29-06.75	
19	Aurora Waite	09	La Crosse Logan	29-05.25	
20	Kathleen Fitzgerald	11	Rochester Century	29-03.75	
21	Kylee Jostad	10	Holmen	29-02.25	
22	Abbi Stafslie-Dumale	10	La Crosse Central	29-00.25	
23	Jessica Schmidt	12	Viroqua	28-06.50	
24	Maren Gullingsrud	10	Hayward	27-11.25	
25	Libby Hlavacka	09	Aquinas	27-07.75	
26	Jade Pfaff	12	Bangor	27-05.75	
27	Alexis Schroeder	11	Cashton	27-03.50	
28	Molly Graff	09	Holmen	27-02.75	
29	Dorisa Duellman	10	Arcadia	27-00.00	
30	Alonda Schwedrsky	10	Mauston	26-08.00	
31	Brittany Pumphy	12	Adams-Friendship	26-04.75	
32	Emilia Radle	09	Mondovi	25-06.50	
33	Ally Stilwell	11	Viroqua	25-03.50	
34	Taylor Schaefer	10	Franklin	25-00.00	
35	Emily Breit	11	Mosinee	24-03.50	
36	Sabrina Stencil	11	Mosinee	22-09.50	
37	Toria Navarre	12	Altoona	22-02.75	
38	Michelle Chavez	09	Arcadia	22-00.25	
39	Libby Warren	09	Adams-Friendship	21-11.75	
40	Megan Slick	09	Adams-Friendship	16-03.00	

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Girls Discus Throw

Name	Year	School	Finals	Points
1 Kate Taylor	12	Hayward	132-08	10
2 Haley Dutton	12	West Salem	123-11	8
3 Kendall Kupfer	12	Rochester Century	102-08	6
4 Gabriell Snider	11	Hayward	101-05	5
5 Jessica Schmidt	12	Viroqua	100-06	4
6 Sela Kosidowski	10	Winona	95-06	3
7 Alexis Schroeder	11	Cashton	93-03	2
8 Kaya Hawver	10	La Crosse Logan	92-02	1
9 Abbi Stafslie-Dumale	10	La Crosse Central	90-07	
9 Mickaela Pasch	10	Rochester Century	90-07	
11 Macie Fredrick	10	Holmen	89-03	
12 Gemma Lohnes	10	Winona	87-05	
13 Natasha Lewis	12	Winona	87-04	
14 Tyanna Washa	11	La Crosse Logan	86-05	
15 Molly Graff	09	Holmen	86-00	
16 Bryn Langrehr	10	Bangor	85-09	
17 KaSandra Springer	12	Altoona	85-06	
18 Stephanie Tirado-Mendoza	11	Cashton	84-09	
19 Miranda Lund	11	Mondovi	84-05	
20 Jade Pfaff	12	Bangor	81-00	
21 Scout Zinniel	10	La Crosse Central	79-06	
22 Aurora Waite	09	La Crosse Logan	77-11	
23 Dorisa Duellman	10	Arcadia	77-07	
24 Brittany Pumphy	12	Adams-Friendship	76-08	
25 Emily Breit	11	Mosinee	75-04	
26 Ellie Olsen	10	Onalaska	72-03	
27 Amelia Flaskrud	12	Mondovi	71-05	
28 Libby Hlavacka	09	Aquinas	70-08	
29 Anna Jacobson	11	West Salem	68-08	
30 Paula Fanta	11	Viroqua	67-04	
31 Sabrina Stencil	11	Mosinee	66-02	
32 Alonda Schwedrsky	10	Mauston	65-04	
33 Jasmine Anderson	09	Adams-Friendship	65-00	
34 Kassie Weller	11	Hayward	63-00	
35 Ali Christopherson	09	Mondovi	62-06	
36 Michelle Chavez	09	Arcadia	61-08	
37 Toria Navarre	12	Altoona	60-06	
38 Jenna Harless	09	Viroqua	60-03	
39 Taylor Schaefer	10	Franklin	52-01	
40 Stephany Borden	11	Adams-Friendship	44-02	
41 Christine Rogers	11	Altoona	43-00	
-- Katlyn Giesler	10	Cashton	ND	
-- Morgan Denton	12	Mauston	FOUL	
-- Tayla Stuttley	11	Onalaska	FOUL	

Knights of Columbus Relays
La Crosse Aquinas High School
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....Girls Discus Throw

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Women - Team Rankings - 18 Events Scored

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1) Rochester Century	118	2) La Crosse Central	75
3) La Crosse Logan	55.50	4) Hayward	52.50
5) Viroqua	52	6) Holmen	43
7) Cashton	42	7) Onalaska	42
9) Altoona	33	10) West Salem	31
11) Mosinee	26.33	12) Aquinas	23.50
13) Arcadia	23	14) Winona	22
14) Bangor	22	16) Franklin	16.66
17) Mauston	16.50	18) Adams-Friendship	8

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Men - Team Rankings - 18 Events Scored

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1) Holmen	99	2) Onalaska	80
3) La Crosse Central	79	4) La Crosse Logan	69
5) West Salem	67	6) Rochester Century	63
7) Arcadia	53	8) Aquinas	49
9) Mauston	35	10) Fall Creek	24
11) Winona	19	11) Bangor	19
13) Hayward	15	14) Viroqua	13
15) Mosinee	9	16) Tomah	5
17) Aquinas B	2	17) Mondovi	2

Knights of Columbus Relays
La Crosse Aquinas High School
Veterans Memorial Stadium - La Crosse, WI - 4/30/2016
Team Rankings - Through Event 36
Female Team Scores - Large Schools

Place	School		Points
1	Rochester Century	RCEN	118
2	La Crosse Central	LACE	75
3	La Crosse Logan	LALO	55.50
4	Holmen	HOLM	43
5	Onalaska	ONAL	42
6	Winona	WINO	22
7	Franklin	FRAN	16.67
Total			372.17

Female Team Scores - Small Schools

Place	School		Points
1	Hayward	HAYW	52.50
2	Viroqua	VIRO	52
3	Cashton	CASH	42
4	Altoona	ALTO	33
5	West Salem	WESA	31
6	Mosinee	MOSI	26.33
7	Aquinas	AQUI	23.50
8	Arcadia	ARCA	23
9	Bangor	BANG	22
10	Mauston	MAUS	16.50
11	Adams-Friendship	ADAM	8
Total			329.83

Male Team Scores - Large Schools

Place	School		Points
1	Holmen	HOLM	99
2	Onalaska	ONAL	80
3	La Crosse Central	LACE	79
4	La Crosse Logan	LALO	69
5	Rochester Century	RCEN	63
6	Winona	WINO	19
7	Tomah	TOMA	5
Total			414.00

Male Team Scores - Small Schools

Place	School		Points
1	West Salem	WESA	67
2	Arcadia	ARCA	53
3	Aquinas	AQUI	49
4	Mauston	MAUS	35



Knights of Columbus Relays
La Crosse Aquinas High School
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Team Rankings - Through Event 36
Male Team Scores - Small Schools

Place	School		Points
5	Fall Creek	FLCK	24
6	Bangor	BANG	19
7	Hayward	HAYW	15
8	Viroqua	VIRO	13
9	Mosinee	MOSI	9
10	Aquinas B	AQU2	2
10	Mondovi	MOND	2
			<hr/>
Total			288.00