

MVC / Coulee Invitational
Holmen High School
Holmen, WI - 4/12/2016
Results

Boys 100 Meter Dash

Name	Year	School	Finals	H#	Points
Finals					
1 Seth Holden	11	Holmen	11.33	7	10
2 Brent Heilman	11	West Salem	11.72	7	8
3 Adam Johnson	12	Holmen	11.82	7	6
4 Seth Wilson	11	Holmen	11.86	7	5
5 Austin Steele	11	La Crosse Central	11.95	6	4
6 Lane Montgomery	12	Westby	12.04	5	3
7 Eddie Wagner	11	Tomah	12.09	7	2
8 Zach Pierce	12	West Salem	12.16	7	1
9 Wally Barros	10	Sparta	12.20	6	
10 Kyle Eversum	10	Black River Falls	12.23	5	
11 Tim Schauf	12	West Salem	12.28	6	
12 Queto Weber	11	La Crosse Central	12.38	6	
13 Daniel Walsh	11	Luther	12.44	6	
14 Ryan Engebretson	10	Black River Falls	12.58	6	
15 Jacob Babcock	11	Tomah	12.62	7	
15 Nhia Thao	11	La Crosse Logan	12.62	6	
17 Travis Schmitt	12	Westby	12.65	5	
18 Collin Goodbear	09	Black River Falls	12.66	6	
19 Christian Ellefson	11	Viroqua	12.68	4	
20 Griffin Sullivan	09	La Crosse Logan	12.71	3	
20 Quin DuCharm	09	Holmen	12.71	4	
22 Abe Molling	10	Holmen	12.74	3	
23 Greg Whalen	10	Arcadia	12.84	5	
24 Bryant Meyer	09	Aquinas	12.85	5	
25 Levi Leach	09	Sparta	12.90	4	
26 Aaron Benson	12	Arcadia	12.96	4	
26 Marcus Zimmerman	11	Gale-Ettrick	12.96	6	
26 Nick Cambio	10	Aquinas	12.96	5	
29 Nate Figgins	09	Tomah	12.98	7	
29 Tommy Kratt	10	Aquinas	12.98	5	
31 Ian Hanson	11	La Crosse Central	13.01	5	
32 Brendan Ellefson	10	Viroqua	13.05	3	
33 Matt Escher	10	La Crosse Logan	13.11	4	
34 Sam Jansen	10	Gale-Ettrick	13.14	3	
35 Jaydon Butzman	10	Holmen	13.15	3	
36 Connor Fredrick	12	Holmen	13.17	1	
37 Henry Hilmanowski	12	Arcadia	13.19	4	
38 Tyler Hobson	12	Onalaska	13.23	4	
39 Ben Riley	09	Luther	13.37	3	
40 Andrew Zittlow	10	Holmen	13.39	2	
41 Ben Halfmann	10	Holmen	13.43	3	
42 Coleton Strupp	09	Holmen	13.44	1	
43 Jacob Johnson	09	Sparta	13.49	4	
44 Jared Wilson	11	Westby	13.65	4	
45 Brandon Batzel	10	Holmen	13.72	2	
46 Logan Hanson	12	Viroqua	13.81	2	

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47	Dexter Larson	09	Holmen	13.96	1
48	Victor Ross	10	Luther	14.22	3
49	Roy Balder	10	Holmen	14.34	2
50	Josh Achenreiner	12	Onalaska	14.44	2
51	Josh Sesvold	09	Holmen	14.57	2
52	Mitchell Beinborn	09	Holmen	14.75	1
53	Elliot Rickert	11	Onalaska	14.89	2
54	Tyler Gerold	09	Holmen	15.03	1

Boys 200 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Aaron Zmolek	12	Holmen	23.06	6	10
2	Corbin Sigler	10	Black River Falls	23.08	6	8
3	Brent Heilman	11	West Salem	23.49	6	6
4	Jacob Slaby	12	Arcadia	23.50	6	5
5	Seth Wilson	11	Holmen	23.79	6	4
6	Mark Harris	12	West Salem	23.86	6	3
7	Sam Bahr	10	La Crosse Central	24.29	6	2
8	Joah Strauss	11	Holmen	24.46	4	1
9	Tyler Hughes	10	Onalaska	24.89	5	
10	Collin Goodbear	09	Black River Falls	24.95	6	
11	Tyler Hinytzke	12	Onalaska	24.97	5	
12	Nick Cambio	10	Aquinas	25.38	5	
13	Nhia Thao	11	La Crosse Logan	25.41	5	
14	Austin George	12	Holmen	25.49	4	
15	Brian Gabrielson	12	Westby	25.70	5	
16	Tommy Kratt	10	Aquinas	25.78	5	
17	Griffin Sullivan	09	La Crosse Logan	25.83	3	
18	Shane Roth	09	Holmen	25.89	1	
19	Connor Fredrick	12	Holmen	26.00	1	
20	Rrig Falmngar	09	Sparta	26.10	4	
21	Alex Kish	10	Luther	26.16	4	
22	Levi Leach	09	Sparta	26.28	4	
23	Jeffrey Maynard	11	Gale-Ettrick	26.34	2	
24	Tyler Weltzien	12	Arcadia	26.38	2	
25	Damien Hernandez	09	Tomah	26.48	4	
26	Nick Shupe	11	Holmen	26.50	3	
27	Coleton Strupp	09	Holmen	26.55	1	
28	Brian Shepeck	11	Luther	26.58	3	
29	Jacob Johnson	09	Sparta	26.64	4	
30	Colton Heath	10	Holmen	26.72	1	
31	London Adams	09	Holmen	26.85	1	
32	William Allen	11	La Crosse Central	26.91	5	
33	Johniel Buenrostro	12	Tomah	26.92	3	
34	Jared Wilson	11	Westby	26.96	3	
35	Ben Halfmann	10	Holmen	27.01	3	
36	Josiah LeFebre	11	Onalaska	27.05	3	

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37	Corvin Ziegler	12	Gale-Ettrick	27.06	2
38	Ethan Osley	09	Black River Falls	27.20	2
39	Jake Robinson	10	Arcadia	27.92	2
40	Aaron Springman	09	Tomah	28.24	2
41	Victor Ross	10	Luther	28.36	2
42	Austin Nichols	11	Gale-Ettrick	28.93	3
43	Sawyer Felton	09	Viroqua	29.17	3
44	Nathan Normann	11	Viroqua	29.43	2
45	Jeremiah Sesvold	09	Holmen	29.61	1
46	Luke Gross	09	Viroqua	29.69	2

Boys 400 Meter Dash

Name	Year	School	Finals	H#	Points	
1	Corbin Sigler	10	Black River Falls	51.20	5	10
2	Rob Hoesley	12	Arcadia	53.24	5	8
3	Dylan Wolfe	12	Arcadia	53.27	5	6
4	Dylan Johnston	11	La Crosse Logan	55.24	5	5
5	Lucas Scherr	12	Gale-Ettrick	56.28	4	4
6	Braxton Haines	11	La Crosse Logan	56.39	5	3
7	Jacob Babcock	11	Tomah	56.60	4	2
8	Adam Novak	12	Holmen	57.37	4	1
9	Christian Ellefson	11	Viroqua	57.54	4	
10	Kade Steinbrecher	10	Holmen	57.91	2	
11	Austin George	12	Holmen	57.95	2	
12	Xavier Elena	12	Arcadia	58.19	4	
13	Brendan Ellefson	10	Viroqua	58.26	3	
14	Tyler Barth	10	Onalaska	58.54	5	
15	Fabian Geissler	11	Sparta	58.74	3	
16	Alex Franzini	09	Onalaska	58.83	4	
17	Matt Stoll	10	West Salem	58.96	3	
18	Timothy Carlson	12	Luther	59.18	5	
19	Gherig Skelton	11	La Crosse Central	59.38	3	
20	John Hess	10	Onalaska	59.47	3	
21	Jake Jumbeck	09	Gale-Ettrick	1:00.34	3	
22	Brock Hansen	10	Viroqua	1:01.09	2	
23	Nate Figgins	09	Tomah	1:01.27	4	
24	Derek Helgerson	09	Westby	1:01.50	2	
25	Zach Wihlm	10	Luther	1:02.20	3	
26	Erik Jorgenson	09	Westby	1:02.84	2	
27	Gunnar Schmidt	11	Sparta	1:03.09	3	
28	Dillon Bieber	09	Sparta	1:04.00	3	
29	Nikolai Flemming	12	La Crosse Central	1:04.28	2	
30	Derek Lenz	09	Holmen	1:05.07	1	
31	Gohan White Bull	10	Tomah	1:05.45	1	
32	Will Sebranek	11	Holmen	1:06.67	1	
33	Ben Stenberg	09	Gale-Ettrick	1:08.37	2	

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Boys 800 Meter Run

Name	Year	School	Finals	H#	Points
1 Sam Pinkowski	11	La Crosse Central	2:02.20	4	10
2 Spencer Oftedahl	12	Westby	2:03.51	4	8
3 Jett Mickelson	10	La Crosse Central	2:04.08	4	6
4 Riley Scallon	12	West Salem	2:04.84	4	5
5 Evan Schultz	10	La Crosse Logan	2:07.14	4	4
6 Erick Sells	11	West Salem	2:07.57	4	3
7 Bailey Nelson	11	Viroqua	2:07.84	4	2
8 Marcus Jarrett	10	La Crosse Logan	2:10.38	4	1
9 Cyrus Ortiz	12	Black River Falls	2:11.65	3	
10 Ben Pierce	11	La Crosse Logan	2:12.22	4	
11 Jack Richter	10	La Crosse Central	2:12.99	4	
12 John Lucas	10	Westby	2:13.45	3	
13 Alex Wick	12	Holmen	2:14.27	3	
14 David Shimek	12	Gale-Ettrick	2:15.44	3	
15 Briar Golden	12	Arcadia	2:16.34	3	
16 Brad Kirsch	12	Luther	2:16.90	3	
17 Mike Sonsalla	12	Arcadia	2:17.38	3	
18 Jacob Clements	09	Holmen	2:18.27	1	
19 Dan Villare	11	Aquinas	2:18.94	2	
20 Eli Smith	12	Black River Falls	2:19.29	3	
21 Caleb Wallace	09	Onalaska	2:19.48	3	
22 Isaac Burnette	10	Onalaska	2:19.63	4	
23 Bret VonRuden	09	Sparta	2:20.21	2	
24 Trevor Howe	09	Viroqua	2:21.18	2	
25 Mike Prokop	12	Arcadia	2:21.33	2	
26 Trevin Nelson	10	Tomah	2:21.37	2	
27 Jake Jumbeck	09	Gale-Ettrick	2:21.50	2	
28 Josh Jumbeck	09	Gale-Ettrick	2:21.67	2	
29 Matthew Thill	12	Aquinas	2:24.30	2	
30 Chase Weaver	09	Sparta	2:26.55	2	
31 Andrew Murphy	09	West Salem	2:27.04	2	
32 Brendan Buros	09	Westby	2:31.61	1	
33 Jaden Coles	09	Onalaska	2:33.40	3	
34 Ben Mahnke	11	Luther	2:39.43	1	
35 Forest Thoreson	09	Holmen	2:47.80	1	
36 Christopher Jordan	10	Tomah	2:49.60	1	
37 Owen Zeps	10	Tomah	2:56.57	1	

Boys 1600 Meter Run

Name	Year	School	Finals	H#	Points
1 Spencer Oftedahl	12	Westby	4:40.59	3	10
2 Ramon Romero	10	Arcadia	4:42.04	3	8
3 Zachary Phillips	12	Aquinas	4:42.71	3	6
4 Hayden Fredrickson	10	Westby	4:44.61	3	5
5 Riley Scallon	12	West Salem	4:47.81	3	4

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6	Trevin Nelson	10	Tomah	4:56.27	2	3
7	Chad Richter	10	La Crosse Central	4:56.66	3	2
8	Spencer Runde	12	Onalaska	4:57.69	3	1
9	Nik Pardoe	12	Black River Falls	4:58.72	3	
10	David Vannucchi	09	Luther	4:58.90	3	
11	Connor Stenslien	10	La Crosse Central	5:01.61	2	
12	Michael Felix	11	La Crosse Logan	5:02.11	3	
13	Eric Jenkerson	12	La Crosse Logan	5:03.73	3	
14	Kole Nelson	11	Sparta	5:06.31	2	
15	Briar Golden	12	Arcadia	5:07.42	2	
16	David Shimek	12	Gale-Ettrick	5:09.54	2	
17	Nick Stritchko	09	Sparta	5:10.14	2	
18	Zylan Mageria-Kmiecek	11	Onalaska	5:10.60	3	
19	Max Engh	11	Sparta	5:11.39	2	
20	Josh Jumbeck	09	Gale-Ettrick	5:16.45	2	
21	Ray Firebaugh	11	Viroqua	5:18.57	1	
22	Evan Veres	11	Viroqua	5:19.10	2	
23	Josh Butzman	12	Holmen	5:22.32	1	
24	Bennet Bucek	10	Black River Falls	5:24.09	2	
25	Andrew Murphy	09	West Salem	5:24.73	2	
26	Colton Lysaker	12	Gale-Ettrick	5:24.95	1	
27	Cameron Mastin	11	Viroqua	5:31.88	2	
28	Ben Wurster	09	Onalaska	5:40.02	1	
29	Peter Glodosky	09	Aquinas	5:42.04	1	
30	Caleb Maracek	10	Black River Falls	5:45.85	1	
31	Allen Amundsen	10	Holmen	5:46.41	1	
32	Evan Phillips	10	Westby	5:51.63	1	
33	Jacob Schilling	11	Luther	5:57.73	1	

Boys 3200 Meter Run

Name	Year	School	Finals	Points	
1	Hayden Fredrickson	10	Westby	10:02.07	10
2	David Vannucchi	09	Luther	10:03.17	8
3	Ramon Romero	10	Arcadia	10:05.51	6
4	Jackson Clements	11	Onalaska	10:07.66	5
5	Connor Koepnick	11	West Salem	10:07.99	4
6	Daniel Forman	12	Black River Falls	10:08.31	3
7	Connor Birdsong	11	Onalaska	10:50.97	2
8	Andrew Martinson	09	Holmen	10:56.89	1
9	Alan Ella	11	Tomah	11:01.81	
10	Ben Patschull	12	La Crosse Central	11:06.49	
11	Doug Feyen	09	Gale-Ettrick	11:07.06	
12	Drew Peterson	10	West Salem	11:07.73	
13	Stephen Redbird	10	Black River Falls	11:15.76	
--	Jesse Hackbarth	11	Luther	NT	
--	Sam Saner	09	Viroqua	NT	
--	Kade Sherry	09	Westby	NT	



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-- Jonathan Kruger	09	Onalaska	NT
-- Riley Krultz	09	Tomah	NT
-- David Edwards	12	La Crosse Central	NT
-- Adam Wiesender	09	Black River Falls	NT
-- TJ Johnson	12	Gale-Ettrick	NT
-- Kyle Motszko	10	Arcadia	NT
-- Roberto Torres	09	Arcadia	NT
-- Andrew Hansen	12	La Crosse Central	NT
-- Nick Hass	10	Holmen	NT
-- Jacob Wintrone	11	Luther	NT
-- Noah Mayer	12	Gale-Ettrick	NT
-- Mason Heisler	10	Holmen	NT

Boys 110 Meter Hurdles

Name	Year	School	Finals	H#	Points
1 Jim Hoesley	12	Arcadia	15.61	3	10
2 Isiah Brown	12	Aquinas	16.41	3	8
3 Cameron Schroeder	10	Luther	16.73	3	6
4 Sirrus Bier	11	Sparta	17.58	3	5
5 Austin Collins-Martin	11	La Crosse Central	17.68	3	4
6 Greg Kohler	10	La Crosse Central	18.03	2	3
7 Zachary Zillmer	12	Black River Falls	18.04	2	2
8 Joe Call	12	Westby	18.16	2	1
9 Tyler Hinytzke	12	Onalaska	18.44	3	
10 Tyler Turriff	11	Onalaska	18.69	3	
11 Alec Fieck	12	Westby	18.92	3	
12 Ben Behan	10	Gale-Ettrick	19.95	2	
13 Brayden Friant	12	Tomah	20.00	3	
14 Nathan Schomberg	12	West Salem	20.16	2	
15 Johniel Buenrostro	12	Tomah	21.31	2	
16 Thomas Walsh	09	Luther	21.43	1	
17 Cole Ziegler	09	Gale-Ettrick	22.21	2	
18 Brice Benusa	10	Arcadia	22.80	2	
19 Aaron Springman	09	Tomah	22.87	1	
20 Hunter Gerdes	09	Luther	23.11	1	

Boys 300 Meter Hurdles Intermediate

Name	Year	School	Finals	H#	Points
1 Alec Fieck	12	Westby	44.09	3	10
2 Greg Kohler	10	La Crosse Central	44.28	2	8
3 Zylan Mageria-Kmiecek	11	Onalaska	44.36	1	6
4 Zachary Zillmer	12	Black River Falls	44.82	2	5
5 Cameron Schroeder	10	Luther	44.90	2	4
6 Austin Collins-Martin	11	La Crosse Central	45.02	3	3
7 Joe Georgeson	11	Tomah	45.06	3	2

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....Boys 300 Meter Hurdles Intermediate

8 Tyler Turriff	11 Onalaska	45.29	3	1
9 Joe Call	12 Westby	45.64	3	
10 Connor Williams	11 La Crosse Central	46.07	2	
11 Brice Benusa	10 Arcadia	48.31	2	
12 Brayden Friant	12 Tomah	48.43	3	
13 Ben Thompson	09 Gale-Ettrick	49.71	2	
14 Cole Ziegler	09 Gale-Ettrick	51.48	2	
15 Hunter Gerdes	09 Luther	52.30	1	
16 Ryan Mohr	09 Sparta	52.73	1	
17 Wyatt Spohn	09 Tomah	53.52	1	
18 Jeremy Byars	09 Black River Falls	55.64	2	
19 Sam Mattison	09 Gale-Ettrick	1:00.89	1	
-- Jim Hoesley	12 Arcadia	DQ	3	

Boys 4x100 Meter Relay

School		Finals	H#	Points
1	Holmen	43.13	2	10
	1) Seth Holden 11			
	2) Ryan Bennet 12			
	3) Adam Johnson 12			
	4) Aaron Zmolek 12			
2	La Crosse Central	45.43	2	8
	1) Queto Weber 11			
	2) Sam Bahr 10			
	3) Ben Richmond 11			
	4) Austin Steele 11			
3	Sparta	46.13	2	6
	1) Wally Barros 10			
	2) Sirrus Bier 11			
	3) Jasiah Scott 11			
	4) Luke Wendorf 09			
4	Westby	46.56	2	5
	1) Lane Montgomery 12			
	2) Owen Gluch 11			
	3) Travis Schmitt 12			
	4) Brian Gabrielson 12			
5	West Salem	47.59	2	4
	1) Tyler LeDoux 11			
	2) Conner Dunn 11			
	3) Noah Reedy 12			
	4) Nathan Belling 11			
6	Onalaska	47.67	2	3
	1) Tyler Hobson 12			
	2) Zach Rinartz 11			
	3) Justin Parker 10			
	4) James Parker 12			
7	Arcadia	47.94	2	2
	1) Greg Whalen 10			
	2) Henry Hilmanowski 12			
	3) Aaron Benson 12			
	4) Jacob Slaby 12			
8	Gale-Ettrick-Trempealeau	48.02	1	1
	1) Ben Behan 10			
	2) Chris Thompson 10			
	3) Nathan Truax 10			
	4) Marcus Zimmerman 11			
9	Luther	48.09	2	
	1) John Wehrs 11			
	2) Ian Timm 11			
	3) Davis Breidel 11			
	4) Daniel Walsh 11			
10	Black River Falls	48.15	2	
	1) Ryan Engebretson 10			
	2) Kyle Eversum 10			
	3) Ethan Bible 09			
	4) Collin Goodbear 09			
11	Holmen 'B'	48.39	1	



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1) Quin DuCharm 09	2) Noah Leeser 09		
3) Abe Molling 10	4) Tatum Grass 09		
12 Tomah		50.52	1
1) Damien Hernandez 09	2) Dawson Klump 10		
3) Jarod Whaley 11	4) Johniel Buenrostro 12		
13 Viroqua		50.70	1
1) Jake Baumgartner 11	2) Christian Ellefson 11		
3) Jordan Pedretti 11	4) Steve Diehl 10		

Boys 4x200 Meter Relay

School	Finals	H#	Points
1 Aquinas	1:36.15	2	10
1) Connor Haag 12	2) Spencer Lund 10		
3) Isiah Brown 12	4) Conley Malone 10		
2 Sparta	1:36.25	2	8
1) Sirrus Bier 11	2) Paul Hughes 12		
3) Jasiah Scott 11	4) Luke Wendorf 09		
3 Westby	1:39.56	2	6
1) Lane Montgomery 12	2) Alex Adam 12		
3) Travis Schmitt 12	4) Brian Gabrielson 12		
4 Holmen	1:40.35	2	5
1) Austin George 12	2) Colton LeClaire 11		
3) Jonah Johnson 09	4) Quin DuCharm 09		
5 Luther	1:41.49	2	4
1) John Wehrs 11	2) Ian Timm 11		
3) Alex Kish 10	4) Daniel Walsh 11		
6 Gale-Ettrick-Trempealeau	1:43.27	2	3
1) Ben Behan 10	2) Chris Thompson 10		
3) Nathan Truax 10	4) Ben Thompson 09		
7 La Crosse Central	1:43.80	1	2
1) Connor Williams 11	2) William Allen 11		
3) Damen Pradovic 10	4) Mahail Yankov 11		
8 Arcadia	1:45.55	1	1
1) Aaron Benson 12	2) Greg Whalen 10		
3) Jake Robinson 10	4) Noah Olson 12		
9 Black River Falls	1:46.30	2	
1) Kyle Eversum 10	2) Ethan Bible 09		
3) Nicholas Ulness 09	4) Ethan Osley 09		
10 Viroqua	1:48.17	1	
1) Chance Ewing-McGrath 12	2) Logan Hanson 12		
3) Demari Alston 11	4) Jordan Pedretti 11		
11 Onalaska	1:51.66	2	
1) Rayman Parker 11	2) Nick Quillin 11		
3) Evan Lock 09	4) Willy Moses 09		
12 Tomah	1:54.66	1	
1) Tyler Appleby 09	2) Sabin Koss 09		
3) Hunter Storkel 09	4) Aidan Redmann 09		



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-- West Salem DQ 2
 1) Nathan Schomberg 12 2) Nathan Belling 11
 3) Zach Pierce 12 4) Mark Harris 12

Boys 4x400 Meter Relay

School	Finals	H#	Points
1 Arcadia	3:31.94	2	10
1) Jacob Slaby 12	2) Dylan Wolfe 12		
3) Rob Hoesley 12	4) Jim Hoesley 12		
2 Aquinas	3:33.61	2	8
1) Connor Haag 12	2) Evan Weber 09		
3) Rory Campbell 10	4) Conley Malone 10		
3 Black River Falls	3:38.19	2	6
1) Cyrus Ortiz 12	2) Brandon Hill 10		
3) Zachary Zillmer 12	4) Corbin Sigler 10		
4 Holmen	3:39.87	2	5
1) Seth Holden 11	2) Joah Strauss 11		
3) Kade Steinbrecher 10	4) Adam Johnson 12		
5 La Crosse Central	3:43.69	2	4
1) Queto Weber 11	2) Austin Steele 11		
3) Sam Bahr 10	4) Jackson Overby 10		
6 La Crosse Logan	3:46.29	2	3
1) Matt Escher 10	2) Braxton Haines 11		
3) Eric Jenkerson 12	4) Michael Felix 11		
7 Sparta	3:47.78	2	2
1) Paul Hughes 12	2) Jasiah Scott 11		
3) Max Engh 11	4) Caleb Pokorny 11		
8 Tomah	3:48.41	2	1
1) Eddie Wagner 11	2) Joe Georgeson 11		
3) Brian Huneck 11	4) Brandon Jackson 10		
9 Westby	3:51.13	1	
1) Alec Fieck 12	2) Spencer Oftedahl 12		
3) Joe Call 12	4) Noah Shea 12		
10 Luther	3:54.17	1	
1) Ian Timm 11	2) Beau Clemmensen 11		
3) Brad Kirsch 12	4) Timothy Carlson 12		
11 West Salem	3:56.50	2	
1) Brent Heilman 11	2) Nathan Belling 11		
3) Matt Stoll 10	4) Zach Pierce 12		
12 Gale-Ettrick-Trempealeau	3:58.54	1	
1) Lucas Scherr 12	2) Marcus Zimmerman 11		
3) Cole Ziegler 09	4) Nathan Riehle 10		
13 Viroqua	4:13.26	1	
1) Chance Ewing-McGrath 12	2) Ray Firebaugh 11		
3) Cameron Mastin 11	4) Trevor Howe 09		
14 Onalaska	4:15.20	1	
1) Zach Devine 10	2) Jonathan Kruger 09		



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....Boys 4x400 Meter Relay

- 3) Parker Paradise 09
- 4) Paul Lathrop 10

Boys 4x800 Meter Relay

School	Finals	Points
1 La Crosse Central	8:21.91	10
1) Sam Pinkowski 11	2) Jack Richter 10	
3) Jett Mickelson 10	4) Jackson Overby 10	
2 Aquinas	8:33.98	8
1) Rory Campbell 10	2) Jeremiah DeGroot 10	
3) Evan Weber 09	4) Andy Goldsmith 10	
3 West Salem	8:38.09	6
1) Noah Stockheimer 11	2) Drew Peterson 10	
3) Connor Koepnick 11	4) Erick Sells 11	
4 Black River Falls	8:38.51	5
1) Eli Smith 12	2) Daniel Forman 12	
3) Cyrus Ortiz 12	4) Nik Pardoe 12	
5 La Crosse Logan	8:43.88	4
1) Michael Felix 11	2) Ben Pierce 11	
3) Evan Schultz 10	4) Jack Blomberg 10	
6 Holmen	8:46.90	3
1) Kade Steinbrecher 10	2) Adam Novak 12	
3) Jacob Clements 09	4) Alex Wick 12	
7 Onalaska	8:51.10	2
1) Isaiah Sample 12	2) AJ Ervin 09	
3) Nick Victor 11	4) Andrew Runde 10	
8 Sparta	8:55.73	1
1) Max Engh 11	2) Kole Nelson 11	
3) Nick Stritchko 09	4) Caleb Pokorny 11	
9 Luther	9:07.82	
1) Beau Clemmensen 11	2) Brad Kirsch 12	
3) Jacob Wintrone 11	4) Timothy Carlson 12	
10 Arcadia	9:19.67	
1) Xavier Elena 12	2) Mike Sonsalla 12	
3) Tyler Weltzien 12	4) Mike Prokop 12	
11 Gale-Ettrick-Trempealeau	9:41.13	
1) Doug Feyen 09	2) Colton Lysaker 12	
3) Nathan Riehle 10	4) TJ Johnson 12	
12 Tomah	10:49.14	
1) Brandon Jackson 10	2) Michael Prindiville 11	
3) Owen Zeps 10	4) Christopher Jordan 10	

Boys High Jump

Name	Year School	Finals	Points
1 Chris Thompson	10 Gale-Ettrick	6-00.00	10
2 Sirrus Bier	11 Sparta	5-08.00	8



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....Boys High Jump

3	Alex Adam	12	Westby	5-06.00	6
4	Cameron Schroeder	10	Luther	J5-06.00	5
5	Tim Schwantes	10	Onalaska	J5-06.00	3.50
5	Dan Fischer	11	Holmen	J5-06.00	3.50
7	Tatum Grass	09	Holmen	5-04.00	2
8	Caleb Schauf	11	Sparta	J5-04.00	1
9	Tim Schauf	12	West Salem	J5-04.00	
9	Dalton Blihovde	09	Tomah	J5-04.00	
9	Zach Pierce	12	West Salem	J5-04.00	
9	Dylan Wolfe	12	Arcadia	J5-04.00	
9	Noah Leeser	09	Holmen	J5-04.00	
14	Spencer Curren	11	Onalaska	5-02.00	
14	Zach Holcomb	12	Sparta	5-02.00	
14	Brock Hansen	10	Viroqua	5-02.00	
14	Collin Goodbear	09	Black River Falls	5-02.00	
14	Nick Shupe	11	Holmen	5-02.00	
14	Damian Boberg	10	Arcadia	5-02.00	
14	Ian Hanson	11	La Crosse Central	5-02.00	
14	Matthew Dunnum	09	La Crosse Central	5-02.00	
22	Derek Helgerson	09	Westby	5-00.00	
22	Tyler LeDoux	11	West Salem	5-00.00	
22	Cameron Nelson	09	Westby	5-00.00	
22	Zachary Zillmer	12	Black River Falls	5-00.00	
22	Austin Steele	11	La Crosse Central	5-00.00	
22	Nicholas Ulness	09	Black River Falls	5-00.00	
22	Collin Sparks	12	Tomah	5-00.00	
22	Demari Alston	11	Viroqua	5-00.00	
22	Asa Luken	09	Onalaska	5-00.00	

Boys Pole Vault

Name	Year	School	Finals	Points	
1	Owen Gluch	11	Westby	12-06.00	10
2	Noah Reedy	12	West Salem	12-00.00	8
3	Jesse Schmidt	11	Tomah	10-06.00	6
4	Ben Krueger	11	La Crosse Central	J10-06.00	5
5	Cameron Mastin	11	Viroqua	J10-06.00	4
6	Jack Marley	10	Gale-Ettrick	10-00.00	3
7	Cameron Nelson	09	Westby	J10-00.00	2
8	James Baumler	12	La Crosse Central	J10-00.00	1
9	Zach Harter	12	Luther	J10-00.00	
10	Simon Buchanan	11	West Salem	9-06.00	
11	Jeffrey Maynard	11	Gale-Ettrick	8-06.00	
12	Michael Prindiville	11	Tomah	8-00.00	
12	Dexter Larson	09	Holmen	8-00.00	
--	Jeremy Byars	09	Black River Falls	NH	
--	Cesar Moreno	12	Black River Falls	NH	
--	Evan Veres	11	Viroqua	NH	

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....Boys Pole Vault

-- Alec Pham	10 Aquinas	NH
-- Mike Bartley	12 Aquinas	NH
-- Michah LeFebre	10 Onalaska	NH
-- Andrew Brown	09 Onalaska	NH
-- Beau Clemmensen	11 Luther	NH
-- Shane Roth	09 Holmen	NH

Boys Long Jump

Name	Year School	Finals	Points
1 Ben Richmond	11 La Crosse Central	20-06.00	10
2 Isiah Brown	12 Aquinas	20-03.50	8
3 Aaron Zmolek	12 Holmen	19-09.50	6
4 Adam Johnson	12 Holmen	19-01.25	5
5 Noah Skifton	10 Onalaska	18-08.25	4
6 Lane Montgomery	12 Westby	18-06.25	3
7 Wally Barros	10 Sparta	18-02.50	2
8 Jacob Slaby	12 Arcadia	18-02.25	1
9 Jaydon Butzman	10 Holmen	17-09.75	
10 Eddie Wagner	11 Tomah	17-05.00	
11 Cole Ziegler	09 Gale-Ettrick	17-03.25	
12 Jared Wilson	11 Westby	17-01.00	
13 Jalan Sample	11 Onalaska	16-11.75	
14 John Wehrs	11 Luther	16-10.25	
15 Tatum Grass	09 Holmen	16-10.00	
16 Abe Molling	10 Holmen	16-07.75	
17 Alex Kish	10 Luther	16-07.50	
18 Ian Hanson	11 La Crosse Central	16-05.50	
19 Marcus Zimmerman	11 Gale-Ettrick	16-04.75	
20 Rrig Falmngar	09 Sparta	16-04.50	
21 Andrew Zittlow	10 Holmen	16-00.75	
22 Ben Halfmann	10 Holmen	15-06.50	
23 Tyler Hughes	10 Onalaska	15-06.25	
24 Colton Heath	10 Holmen	15-02.75	
25 Will Sebranek	11 Holmen	15-01.00	
26 Ryan Engebretson	10 Black River Falls	14-10.50	
27 Roy Balder	10 Holmen	14-06.00	
28 Steve Diehl	10 Viroqua	14-03.00	
29 Dawson Klump	10 Tomah	14-00.75	
30 Brandon Batzel	10 Holmen	13-06.00	
31 Josh Sesvold	09 Holmen	13-03.50	
32 Dexter Larson	09 Holmen	13-01.00	
33 Cameron Hanson	10 Gale-Ettrick	13-00.75	
34 Jake Baumgartner	11 Viroqua	13-00.50	
35 Mitchell Beinborn	09 Holmen	12-02.75	
36 Ben Riley	09 Luther	11-06.00	
37 Jeremiah Sesvold	09 Holmen	11-01.00	
-- Jake Robinson	10 Arcadia	ND	

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....Boys Long Jump

-- Dylan Wolfe	12 Arcadia	ND
-- Greg Kohler	10 La Crosse Central	ND
-- Tyler Gerold	09 Holmen	ND

Boys Triple Jump

Name	Year School	Finals	Points
1 Noah Shea	12 Westby	41-09.00	10
2 Ben Richmond	11 La Crosse Central	39-03.75	8
3 Rob Hoesley	12 Arcadia	39-00.25	6
4 Tim Schauf	12 West Salem	38-10.00	5
5 Jim Hoesley	12 Arcadia	38-08.75	4
6 Mark Harris	12 West Salem	38-02.00	3
7 Ryan Engebretson	10 Black River Falls	38-00.75	2
8 Lucas Skaaland	11 Westby	37-11.50	1
9 Nathan Truax	10 Gale-Ettrick	36-04.50	
10 Alex Wick	12 Holmen	35-10.75	
11 Tarek Schraith	09 La Crosse Central	35-10.00	
12 Jeff Young	12 Holmen	35-01.50	
13 Brian Shepeck	11 Luther	34-08.75	
14 Ethan Bible	09 Black River Falls	34-04.25	
15 Sawyer Phillips	09 Holmen	33-11.50	
16 Beau Clemmensen	11 Luther	33-10.00	
17 Jaydon Butzman	10 Holmen	33-08.00	
18 Cameron Hanson	10 Gale-Ettrick	32-07.75	
19 Evan Veres	11 Viroqua	32-05.75	
20 Mahail Yankov	11 La Crosse Central	32-01.25	
20 Colton Heath	10 Holmen	32-01.25	
22 Ben Riley	09 Luther	31-04.50	
23 Jared Wilson	11 Westby	30-11.00	
24 Zach Holcomb	12 Sparta	29-11.00	
25 Michah LeFebre	10 Onalaska	27-11.25	
-- Brice Benusa	10 Arcadia	ND	
-- Marcus Mahlum	12 Holmen	ND	
-- Alex Cassem	11 Holmen	ND	

Boys Shot Put

Name	Year School	Finals	Points
1 Konrad Ernst	12 Onalaska	50-05.25	10
2 Eli Henscheid	12 Gale-Ettrick	48-11.25	8
3 Jared Banks	12 Holmen	46-11.00	6
4 Michael Lampman	11 Viroqua	43-03.00	5
5 Jacob Lallemond	11 Arcadia	41-08.00	4
6 Layne Anderson	11 West Salem	41-06.00	3
7 Nate Dickens	12 Tomah	40-11.00	2
8 Houston Dorn	11 Onalaska	40-01.00	1

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....Boys Shot Put

9 Brett Hoff	11 Gale-Ettrick	40-00.50
10 Allan Bonner	12 Onalaska	40-00.00
10 Jake Woods	12 La Crosse Central	40-00.00
12 Jacob Trussoni	12 La Crosse Logan	39-11.00
13 Gary Garvin	12 Black River Falls	39-08.50
14 Colton Meyer	11 West Salem	38-10.50
15 Andrew Murray	12 Holmen	38-01.00
15 Derek Millard	10 Tomah	38-01.00
17 Izaac Ortiz	12 Black River Falls	37-10.00
18 Logan Graff	11 Holmen	37-04.75
19 Brett Davis	11 Holmen	37-04.00
20 Ben Miller	11 La Crosse Central	36-11.00
21 Jordan White	11 Westby	36-10.00
22 Henry Hilmanowski	12 Arcadia	36-09.00
23 Anthony Vang	11 La Crosse Logan	36-07.50
24 Butch Haines	11 Gale-Ettrick	36-03.75
25 Kody Smith	12 Sparta	35-07.50
26 Seth Heerts	12 Holmen	35-05.50
27 Alex Bolstad	10 Luther	35-03.00
28 Derek Stafslie-Dumali	12 La Crosse Central	34-11.50
29 Nikolas Framke	09 Holmen	34-04.75
30 Dylan Burkwal	09 Tomah	33-09.00
31 Jacob Hornberg	11 Luther	33-03.50
32 Damian Boberg	10 Arcadia	32-01.25
33 Thomas Sarazin	10 Holmen	31-07.00
34 Jack Horihan	10 Aquinas	31-06.75
35 Connor Fredrick	12 Holmen	31-01.75
36 Blake Eggert	11 Luther	30-07.00
37 Xavier Baird	12 Sparta	30-05.00
38 Sawyer Brown	11 Sparta	29-10.00
39 Caleb Butler	09 Holmen	29-06.50
40 Ethan Reid	12 Aquinas	29-02.50
41 Sawyer Felton	09 Viroqua	27-06.50
42 Ronnie Inglett	09 Westby	26-09.50
43 Carter Sime	10 Holmen	23-02.25

Boys Discus Throw

Name	Year School	Finals	Points
1 Konrad Ernst	12 Onalaska	129-04	10
2 Grant Sanger	11 La Crosse Central	128-05	8
3 Travis Schmitt	12 Westby	124-08	6
4 Gary Garvin	12 Black River Falls	123-09	5
5 Colton Meyer	11 West Salem	119-07	4
6 Derek Stafslie-Dumali	12 La Crosse Central	119-00	3
7 Kody Smith	12 Sparta	116-05	2
8 Michael Lampman	11 Viroqua	116-04	1
9 Jared Banks	12 Holmen	115-00	

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....Boys Discus Throw

10 Layne Anderson	11 West Salem	114-11
11 Logan Graff	11 Holmen	112-04
12 Steve Diehl	10 Viroqua	110-02
13 Derek Millard	10 Tomah	109-06
14 Jordan White	11 Westby	107-07
15 Michael Cummings	11 Tomah	107-01
16 Allan Bonner	12 Onalaska	106-06
17 Jacob Lallemond	11 Arcadia	106-05
18 Sawyer Brown	11 Sparta	104-11
19 Anthony Vang	11 La Crosse Logan	103-02
20 Jordan Lisk	12 Luther	102-02
21 Ben Miller	11 La Crosse Central	101-07
22 Andrew Murray	12 Holmen	100-07
23 Cody Sorenson	12 Westby	100-06
24 Jacob McGuire	10 Luther	99-06
25 Damian Boberg	10 Arcadia	98-04
26 Brett Davis	11 Holmen	97-04
27 Dakota Daffinson	11 Gale-Ettrick	97-02
28 Jayden Sheard	09 Holmen	97-00
29 Cole Johnson	10 Gale-Ettrick	95-05
30 Seth Heerts	12 Holmen	95-02
31 Caleb Butler	09 Holmen	91-05
32 Nathan Normann	11 Viroqua	89-01
33 Nathan Riehle	10 Gale-Ettrick	88-10
34 Thomas Sarazin	10 Holmen	86-09
35 Henry Hilmanowski	12 Arcadia	81-06
36 Nikolas Framke	09 Holmen	80-11
37 Alex Kish	10 Luther	80-03
38 Jack Horihan	10 Aquinas	79-06
39 Cahil Arity	09 Tomah	73-10
40 Xavier Baird	12 Sparta	73-08
41 Ethan Reid	12 Aquinas	72-04
42 Carter Sime	10 Holmen	72-03

=====
 Women - Team Rankings - 18 Events Scored
 =====

1) La Crosse Central	119.50	2) Viroqua	94
3) Westby	93	4) Black River Falls	60
5) West Salem	59.50	6) La Crosse Logan	44
7) Gale-Ettrick-Trempealeau	37.50	8) Arcadia	36.50
9) Onalaska	33	9) Sparta	33
11) Holmen	32	12) Luther	29
13) Tomah	15	13) Aquinas	15

=====
 Men - Team Rankings - 18 Events Scored
 =====

1) La Crosse Central	101	2) Westby	96
3) Holmen	83.50	4) Arcadia	71
5) West Salem	67	6) Onalaska	48.50



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....Boys Discus Throw

7) Aquinas	48	8) Black River Falls	46
9) Sparta	35	10) Gale-Ettrick-Trempealeau	29
11) Luther	27	12) La Crosse Logan	20
13) Tomah	18	14) Viroqua	12