

**Dutch Athletics Classic**  
**Central College - H.S. Kuyper Fieldhouse**  
**Pella, IA - 1/29/2016 to 1/30/2016**

**Results**

**Women 60 Meter Dash**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Abigail Davis	SR Central Coll	7.78q
2	Ashlee Downs	SR Central Coll	7.97q
3	Monica Ruiz	SR Central Coll	8.11q
4	Hope Heitman	FR Central Coll	8.15q
5	Sisilia Seavula	FR Southwestern	8.16q
6	Kate Patton	SO Central Coll	8.16q
7	Kiana Turner	JR Baker	8.18q
8	Younis Bese	FR Southwestern	8.24q
9	Sarah Mullins	JR Baker	8.41
10	Kellie Lahart	Iowa Track a	X8.41
11	Asia Laudermilch	Unattached	X8.44
12	Alexis Duwa	FR Mount Mercy	8.45
13	Shanetra Minor	SO Baker	8.46
14	Elizabeth Burgus	SO Simpson	8.50
15	Lauren Allen-Brown	SR Baker	8.52
16	Kiona Hughes-Sinks	FR Central Meth	8.53
17	Mattie Bradley	FR Central Meth	8.53
18	Sydney Lafrentz	FR Grandview	8.54
19	Trenetta Blocker	SO Central Coll	8.54
20	Theresa Zehnle	SO Central Meth	8.59
21	Audrey Lovan	SO Simpson	8.60
22	Whitney Burgardt	FR Central Coll	8.61
23	Jessica VanZuuk	FR Grandview	8.61
24	Stesha Crosby	FR Avila	8.62
24	MacKenzie James	FR Simpson	8.62
26	Sierra Kolan	FR Central Meth	8.62
27	Saige Weaver	FR Ottawa	8.69
28	Abby Saladino	SR Central Coll	8.77
29	Lynzie Miller	FR Central Coll	8.77
30	Hannah Smith	FR Central Meth	8.79
31	Saundra Perkins	FR Central Meth	8.83
32	Vanessa Schmeizer	FR Indian Hills	8.88
33	Keeghan Corcoran	SO Simpson	8.92
34	Bethany Knox	FR Indian Hills	8.96
35	Diamond Wiley	SO Central Meth	9.02
36	Rachel Flickenger	SO Southwestern	9.12
37	Sarah Sandage	FR Simpson	9.17
38	Caitlyn Landuyt	FR Central Coll	9.25
39	Kylie Bidrowski	SO Southwestern	9.36

**Women 60 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1	Abigail Davis	SR Central Coll	7.77 10
2	Kiana Turner	JR Baker	8.01 8
3	Ashlee Downs	SR Central Coll	8.02 6

4	Sisilia Seavula	FR Southwestern	8.05 5
5	Monica Ruiz	SR Central Coll	8.12 4
6	Kate Patton	SO Central Coll	8.19 3
7	Younis Bese	FR Southwestern	8.28 2

**Women 200 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1	Sisilia Seavula	FR Southwestern	27.19 10
2	Bri'anna Branch	FR Mount Mercy	27.20 8
3	Jenna Rangel	SR Avila	27.50 6
4	Jade Gridiron	SO Mount Mercy	28.07 5
5	Sarah Mullins	JR Baker	28.24 4
6	Kellie Lahart	Iowa Track a	X28.33
7	Raeshonda Chandler	FR Mount Mercy	28.36 3
8	Aminah Baloch	JR Mount Mercy	28.44 2
9	Receva Duos	SO Mount Mercy	28.46 1
10	Sydney Lafrentz	FR Grandview	28.50
11	Sha'Rhonda Clark	JR Mount Mercy	28.66
12	Trenetta Blocker	SO Central Coll	28.66
13	Alexis Duwa	FR Mount Mercy	28.71
14	Asia Laudermilch	Unattached	X29.06
15	Shanetra Minor	SO Baker	29.19
16	Jaidin Ross	JR Grandview	29.25
17	Lauren Allen-Brown	SR Baker	29.25
18	Taylor Richardson	FR William Penn	29.25
19	Kiona Hughes-Sinks	FR Central Meth	29.39
20	Saige Weaver	FR Ottawa	29.45
21	Jessica VanZuuk	FR Grandview	29.74
22	Jazmine Kenney	FR Avila	29.87
23	Sara Montgomery	SO Avila	29.89
24	Kylie Wood	FR Ottawa	29.98
25	Karley Jaynes	FR Mount Mercy	30.20
26	Nicole Sanborn	JR Mount Mercy	30.23
27	Tanner Werthmann	JR Grandview	30.23
28	Rachel Flickenger	SO Southwestern	30.60
29	Julie Wise	FR Mount Mercy	30.65
30	Makayla Zweigart	FR Mount Mercy	30.76
31	Taylor Zumbach	SR Mount Mercy	31.01
32	Caitlyn Landuyt	FR Central Coll	31.01
33	Sarah Sandage	FR Simpson	31.15
34	Vanessa Schmeizer	FR Indian Hills	31.15
35	McKenna Reighard	FR Mount Mercy	31.45
36	Faith Jolly	FR Baker	31.94
37	Kayla Herndon	JR Central Meth	32.43

**Women 300 Meter Dash**

Name	Yr	School	Finals
<b>Finals</b>			
1	Elizabeth Burgus	SO Simpson	44.45 10
2	Kate Bengé	Unattached	X44.98

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**Results**

**Finals ... (Women 300 Meter Dash)**

Name	Yr	School	Finals
3 Lynzie Miller	FR	Central Coll	45.42 8
4 MacKenzie James	FR	Simpson	46.24 6
5 Tara Collings	SR	Central Meth	47.44 5
6 Keeghan Corcoran	SO	Simpson	47.51 4
7 Danielle Roethler	SO	Simpson	48.03 3
8 Jennifer Zoutte	SO	Central Coll	48.86 2
9 Micala Johnson	FR	Grandview	49.98 1
10 Bailee Seger	FR	Mount Mercy	50.34

**Women 400 Meter Dash**

Name	Yr	School	Finals
1 Ronnoja Ayers	SO	Grandview	1:00.90 10
2 Kennedy King	SO	Grandview	1:02.09 8
3 Gloria Mares	FR	Baker	1:03.26 6
4 Kathryn Vander Poel	FR	Mount Mercy	1:03.42 5
5 Theresa Zehnle	SO	Central Meth	1:04.62 4
6 Lindsay Albert	JR	Grandview	1:05.19 3
7 Jamie Barry	SO	Grandview	1:07.68 2
8 Taylor Richardson	FR	William Penn	1:07.76 1
9 Sandra Perkins	FR	Central Meth	1:08.61
10 Kaleigha MacDougall	SO	Grandview	1:09.58
11 Imani Welch	FR	William Penn	1:09.69
12 Madison Esker	FR	Mount Mercy	1:10.38
13 Megan Baysinger	FR	Grandview	1:11.04

**Women 600 Meter Run**

Name	Yr	School	Finals
1 Katie Roberts	SO	Grandview	1:42.47 10
2 Kate Bengé		Unattached	X1:43.34
3 Kaitlyn Emig	SR	Central Meth	1:45.48 8
4 Bakita Kak	SO	Grandview	1:46.40 6
5 Sarah Dains	SR	Ottawa	1:50.39 5
6 Anissa Guzman	SO	Central Meth	1:52.21 4
7 Tressa Walker	FR	Ottawa	1:52.75 3
8 Ziara McDowell	SO	Baker	1:53.36 2
9 Sara Montgomery	SO	Avila	1:53.96 1
10 Rachel Campbell	SO	Baker	1:57.47
11 Alyssa Thomas	FR	Central Meth	1:58.67
12 Kalin Ritchey	FR	Ottawa	2:02.83
13 Charley Buddenhagen	SO	Southwestern	2:03.72
14 Luran Beckman	SO	Simpson	2:04.53

**Women 1000 Meter Run**

Name	Yr	School	Finals
1 Tarah Alexander	SR	William Penn	3:08.34 10
2 Holly McKinney	SO	Central Coll	3:11.84 8

3 Allison Scott	SO	Mount Mercy	3:12.33 6
4 Kayla Dawkins	FR	Central Meth	3:14.59 5
5 Ayrica parsons	FR	Indian Hills	3:15.09 4
6 Jenna Rangel	SR	Avila	3:15.36 3
7 Chisholm Branscum	SO	Ottawa	3:15.80 2
8 Rosie Hollis	SO	Baker	3:16.35 1
9 Courtney Neuendorf	SO	Simpson	3:17.97
10 Jazmine Reynolds	FR	Mount Mercy	3:18.74
11 Lindsay Brunson	SR	Mount Mercy	3:20.57
12 Jessica Gronke	JR	Simpson	3:32.05
13 Rachel Ullrich		Iowa Track a	X3:32.89
14 Jenna Black	FR	Baker	3:33.71
15 Shelby Stephens	JR	Baker	3:36.13
16 Crystin Wilson	SO	Central Meth	3:37.50
17 Alexys Devlin	JR	William Penn	3:41.74
18 Emily flaig	FR	Indian Hills	3:46.78
19 Caitlin Apollo	SO	Baker	3:49.49
20 Kelsey Roquet	SO	Simpson	3:59.36
--- Elin Phipps	SR	Central Coll	DNF

**Women 1 Mile Run**

Name	Yr	School	Finals
1 Jordan Calderwood	JR	Ottawa	5:32.68 10
2 Cassidy Gornick	JR	Central Coll	5:43.78 8
3 Addison Kepner	SR	William Penn	5:44.34 6
4 Abby Cross	FR	Central Meth	5:53.03 5
5 Hannah Sobaski	JR	Grandview	5:54.50 4
6 Christa Nordgren	SO	Grandview	5:55.56 3
7 Rachel Ullrich		Iowa Track a	X5:58.03
8 Kimberly Teno	SO	Grandview	6:03.08 2
9 Shannon Feurt	SO	Central Meth	6:05.37 1
10 Natalie Potts	JR	Grandview	6:12.46
11 Lesley Roquet	SO	Simpson	6:16.26
12 Jenna Murray	FR	Central Coll	6:33.39
13 Marinna Schroud	SO	Mount Mercy	6:35.86
14 Samantha Syfert	FR	Indian Hills	6:37.64
15 Phoebe Grubbs	SO	Ottawa	6:45.17
16 Lizzy Fowler	FR	Mount Mercy	6:46.20
17 Arianna Davis	JR	William Penn	6:51.55
18 Taylor Slavens	SR	Ottawa	7:14.15
19 Callie Lawson	FR	Indian Hills	8:02.47

**Women 3000 Meter Run**

Name	Yr	School	Finals
1 Dana Ewan	SR	Mount Mercy	11:09.13 10
2 Jordan Calderwood	JR	Ottawa	11:09.84 8
3 Molly Pruett	SO	Mount Mercy	11:27.93 6
4 Alexa Zamora	FR	Mount Mercy	11:42.30 5
5 Veronica Hancock	SO	Central Meth	11:50.45 4

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**Finals ... (Women 3000 Meter Run)**

Name	Yr	School	Finals
6	Guadalupe Gonzalez	SO William Penn	12:01.28 3
7	Jenna Black	FR Baker	12:01.83 2
8	Hayley Leonard	JR Grandview	12:04.77 1
9	Shelby Stephens	JR Baker	12:21.56
10	Kimberly Teno	SO Grandview	12:40.84
11	Briana Mutch	SO Grandview	13:02.32
12	Caitlin Apollo	SO Baker	13:10.02
13	Shiomi Kuwabara	FR Southwestern	13:14.87
14	Lizzy Fowler	FR Mount Mercy	13:49.70
15	Amanda Moody	JR Baker	13:50.90
---	Samantha Syfert	FR Indian Hills	DNF

**Women 60 Meter Hurdles**

Name	Yr	School	Prelims
<b>Preliminaries</b>			
1	Sydney Lafrentz	FR Grandview	9.53q
2	Lydia Van Ee	FR Grandview	9.77q
3	Alex Garbarino-Herman	JR Baker	9.80q
4	Abby Saladino	SR Central Coll	9.82q
5	Whitney Burgardt	FR Central Coll	9.83q
6	Kaitlyn Emig	SR Central Meth	9.84q
7	Sisilia Seavula	FR Southwestern	9.89q
8	Maddie Smith	SO Central Coll	9.93q
9	Alyssa Cunninigham	JR Grandview	9.98
10	Tanner Werthmann	JR Grandview	10.04
11	Jessica VanZuuk	FR Grandview	10.19
12	Micala Johnson	FR Grandview	10.43
13	Sarah Sandage	FR Simpson	10.51
14	Julie Wise	FR Mount Mercy	10.72
15	Taylor Zumbach	SR Mount Mercy	10.75
16	Jaidin Ross	JR Grandview	10.76
17	Tara Collings	SR Central Meth	10.87
18	Kayla Herndon	JR Central Meth	11.06
19	Kelsey Guyette	FR William Penn	11.34
20	Kylie Wood	FR Ottawa	11.42
21	Jazmine Kenney	FR Avila	11.60

**Women 60 Meter Hurdles**

Name	Yr	School	Finals
<b>Finals</b>			
1	Sydney Lafrentz	FR Grandview	9.45 10
2	Alex Garbarino-Herman	JR Baker	9.54 8
3	Lydia Van Ee	FR Grandview	9.77 6
4	Maddie Smith	SO Central Coll	9.83 5
5	Kaitlyn Emig	SR Central Meth	9.84 4
6	Whitney Burgardt	FR Central Coll	9.93 3
---	Abby Saladino	SR Central Coll	DQ

**Women 4x400 Meter Relay**

Team	Relay	Finals
<b>Finals</b>		
1	Central College	4:00.31 10
	1) Hope Heitman FR	2) Kate Patton SO
	3) Ashlee Downs SR	4) Abigail Davis SR
2	Grandview	4:08.84 8
	1) Ronnoja Ayers SO	2) Kennedy King SO
	3) Lydia Van Ee FR	4) Katie Roberts SO
3	Mount Mercy	4:21.58 6
	1) Kathryn Vander Poel FR	2) Sha'Rhonda Clark JR
	3) Allison Scott SO	4) Jazmine Reynolds FR
4	Baker	4:23.25 5
	1) Gloria Mares FR	2) Alex Garbarino-Herman JR
	3) Ziara McDowell SO	4) Khadijah Lane SR
5	Central Methodist	4:25.18 4
	1) Lachai Allen FR	2) Kaitlyn Emig SR
	3) Anissa Guzman SO	4) Theresa Zehnle SO
6	Central College	B x4:25.44
	1) Lynzie Miller FR	2) Monica Ruiz SR
	3) Elin Phipps SR	4) Jennifer Zoutte SO
7	Mount Mercy	B x4:28.34
	1) Bri'anna Branch FR	2) Lindsay Brunson SR
	3) Receva Duos SO	4) Jade Gridiron SO
8	Grandview	C x4:29.54
	1) Alyssa Cunninigham JR	2) Hannah Sobaski JR
	3) Natalie Potts JR	4) Christa Nordgren SO
9	Ottawa	4:31.40 3
	1) Sarah Dains SR	2) Tressa Walker FR
	3) Chisholm Branscum SO	4) Kylie Wood FR
10	Simpson (Iowa)	4:38.81 2
	1) Elizabeth Burgus SO	2) MacKenzie James FR
	3) Keeghan Corcoran SO	4) Lesley Roquet SO
11	Indian Hills CC	4:40.92 1
	1) Stephanie Gutierrez FR	2) Samantha Syfert FR
	3) Emily flaig FR	4) Ayrca parsons FR
12	Mount Mercy	C x4:51.43
	1) Caroline Stirling FR	2) Madison Esker FR
	3) McKenna Reighard FR	4) Marinna Schroud SO

**Women High Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1	Marissa Johnson	FR Central Coll	1.57m 10
2	Raeshonda Chandler	FR Mount Mercy	1.48m 8
3	Alora Simmons	SR William Penn	1.38m 6
4	Zoey Glasgow	SO Central Meth	J1.38m 5
5	Makayla Zweigart	FR Mount Mercy	J1.38m 4
6	Jazmine Kenney	FR Avila	1.33m 3
7	Caroline Stirling	FR Mount Mercy	J1.33m 2

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**Women Pole Vault**

Name	Yr	School	Finals
<b>Finals</b>			
1 Kendal Holloman	JR	Baker	3.48m 10
2 Christina Schatz	SO	Central Meth	3.25m 8
3 Audrey Lovan	SO	Simpson	2.65m 6
4 Mary Doherty	SR	Simpson	2.50m 5
5 Alicia Johnston-Merriman	SO	Ottawa	2.35m 4
--- Janet Kuskie	SR	William Penn	NH

**Women Long Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Ashlee Downs	SR	Central Coll	5.07m 10
2 Aminah Baloch	JR	Mount Mercy	4.85m 8
3 Nicole Sanborn	JR	Mount Mercy	4.84m 6
4 Taylor Richardson	FR	William Penn	4.81m 5
5 Mattie Bradley	FR	Central Meth	4.74m 4
6 Kate Patton	SO	Central Coll	4.72m 3
7 Karley Jaynes	FR	Mount Mercy	4.66m 2
8 Faith Jolly	FR	Baker	4.52m 1
9 Kellie Lahart		Iowa Track a	X4.41m
10 Sierra Kolan	FR	Central Meth	4.39m
11 Stesha Crosby	FR	Avila	4.38m
12 Maddie Smith	SO	Central Coll	4.35m
13 Sarah Mullins	JR	Baker	4.32m
14 Megan Baysinger	FR	Grandview	4.30m
15 Hannah Smith	FR	Central Meth	4.07m
16 Kylie Bidrowski	SO	Southwestern	4.06m
17 Tara Collings	SR	Central Meth	3.92m

**Women Triple Jump**

Name	Yr	School	Finals
<b>Finals</b>			
1 Nicole Sanborn	JR	Mount Mercy	9.89m 10
2 Sierra Kolan	FR	Central Meth	9.81m 8
3 Alyssa Cunningham	JR	Grandview	9.76m 6
4 Aminah Baloch	JR	Mount Mercy	9.57m 5
5 Faith Jolly	FR	Baker	9.21m 4
6 Hannah Smith	FR	Central Meth	9.10m 3
7 Trenetta Blocker	SO	Central Coll	9.09m 2
8 Stesha Crosby	FR	Avila	9.00m 1
--- Kylie Bidrowski	SO	Southwestern	FOUL

**Women Shot Put**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bryanna Music	SO	Ottawa	13.16m 10
2 Jennifer Davis	SO	Grandview	13.08m 8
3 Meaghan Foster	SR	William Penn	12.91m 6

4 Kristin Lastovka	SR	William Penn	12.02m 5
5 Tyffaney Toms	FR	Grandview	11.97m 4
6 Suzanne Flexsenhar	SR	Mount Mercy	11.61m 3
7 Taylor Wells	JR	Grandview	11.40m 2
8 Cherise Cox	JR	Grandview	11.12m 1
9 Alayna Geronzin	FR	Simpson	10.80m
10 Mallory Haley	JR	Central Meth	10.59m
11 Amber Jones	SR	Grandview	10.52m
12 April McCarthy	JR	Central Coll	10.47m
13 Alex Niemier	FR	Simpson	10.32m
14 Becky Cleppe		Unattached	X10.21m
15 Megan Miller	SO	Mount Mercy	10.15m
16 Jackie Cullinan	SO	Simpson	10.11m
17 Kristi Feldman	SO	Mount Mercy	9.99m
18 Maria Montanes-Arbo	JR	Central Meth	9.90m
19 Bethany Knox	FR	Indian Hills	9.76m
20 Rebecca Sumler	FR	Baker	9.67m
21 Macin Harvey	FR	Central Coll	9.35m
22 Tara Collings	SR	Central Meth	8.94m
23 Kayla Herndon	JR	Central Meth	7.94m
24 Madison Pieper	FR	Mount Mercy	7.83m
25 Danielle Roethler	SO	Simpson	7.46m
26 Mary-Katherine Ekins	FR	Baker	6.56m
27 Callie Lawson	FR	Indian Hills	5.97m

**Women Weight Throw**

Name	Yr	School	Finals
<b>Finals</b>			
1 Bryanna Music	SO	Ottawa	16.52m 10
2 Amber Jones	SR	Grandview	16.11m 8
3 Lorell Stuh	JR	Central Coll	16.04m 6
4 Jennifer Davis	SO	Grandview	15.54m 5
5 Taylor Wells	JR	Grandview	14.70m 4
6 Meaghan Foster	SR	William Penn	14.39m 3
7 Kelsey Cook	SO	Central Meth	14.11m 2
8 Cherise Cox	JR	Grandview	13.48m 1
9 Becky Cleppe		Unattached	X13.17m
10 Mallory Haley	JR	Central Meth	13.00m
11 April McCarthy	JR	Central Coll	12.27m
12 Alayna Geronzin	FR	Simpson	11.84m
13 Maria Montanes-Arbo	JR	Central Meth	11.48m
14 Lia McLoughlin	FR	Avila	11.28m
15 Ashley Riniker	SR	Baker	10.75m
16 Tyffaney Toms	FR	Grandview	10.69m
17 Alisa Becker	SO	Baker	10.61m
18 Mary-Katherine Ekins	FR	Baker	10.53m
19 Macin Harvey	FR	Central Coll	10.24m
20 Kristi Feldman	SO	Mount Mercy	9.57m
21 Rebecca Sumler	FR	Baker	9.52m
22 Amber Jones	SO	Avila	9.43m
--- Kristin Lastovka	SR	William Penn	FOUL

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**Finals ... (Women Weight Throw)**

Name	Yr	School	Finals
--- Madison Pieper	FR	Mount Mercy	FOUL

**Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon**

Name	Yr	School	Finals
1 Abby Hammer	SO	St. Ambrose	2:24.00 770
2 Sarah Galbraith	SR	Simpson	2:36.97 608
3 Kailani Killebrew	SO	Baker	2:44.90 518
4 Emma Drees	JR	Central Coll	2:51.22 451
5 Merissa Larson	SO	Central Coll	2:53.99 423
6 Suzanne Flexsenhar	SR	Mount Mercy	2:56.73 396
7 Sara Strauel	JR	St. Ambrose	3:01.91 348
8 Alyssa Cunningham	JR	Grandview	3:03.46 334
9 Morgan Koenigs	JR	Central Coll	3:05.68 314

**Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon**

Name	Yr	School	Finals
1 Sara Strauel	JR	St. Ambrose	9.99 714
2 Sarah Galbraith	SR	Simpson	10.15 684
3 Alyssa Cunningham	JR	Grandview	10.16 682
4 Kailani Killebrew	SO	Baker	10.31 655
5 Emma Drees	JR	Central Coll	10.33 652
6 Abby Hammer	SO	St. Ambrose	10.51 620
7 Suzanne Flexsenhar	SR	Mount Mercy	10.60 604
8 Merissa Larson	SO	Central Coll	10.61 602
9 Morgan Koenigs	JR	Central Coll	10.65 595

**Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon**

Name	Yr	School	Finals
1 Sarah Galbraith	SR	Simpson	1.54m 666
1 Sara Strauel	JR	St. Ambrose	1.54m 666
3 Morgan Koenigs	JR	Central Coll	1.51m 632
4 Kailani Killebrew	SO	Baker	1.42m 534
5 Merissa Larson	SO	Central Coll	1.39m 502
6 Suzanne Flexsenhar	SR	Mount Mercy	1.36m 470
--- Abby Hammer	SO	St. Ambrose	NH
--- Alyssa Cunningham	JR	Grandview	NH
--- Emma Drees	JR	Central Coll	NH

**Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon**

Name	Yr	School	Finals
1 Sarah Galbraith	SR	Simpson	4.85m 519
2 Morgan Koenigs	JR	Central Coll	4.76m 495
3 Emma Drees	JR	Central Coll	4.69m 477
4 Kailani Killebrew	SO	Baker	4.56m 443
5 Alyssa Cunningham	JR	Grandview	4.55m 441

6 Abby Hammer	SO	St. Ambrose	4.27m 371
7 Merissa Larson	SO	Central Coll	4.24m 364
8 Sara Strauel	JR	St. Ambrose	4.09m 329
9 Suzanne Flexsenhar	SR	Mount Mercy	4.06m 322

**Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon**

Name	Yr	School	Finals
1 Suzanne Flexsenhar	SR	Mount Mercy	11.35m 618
2 Emma Drees	JR	Central Coll	9.81m 517
3 Morgan Koenigs	JR	Central Coll	9.52m 498
4 Sarah Galbraith	SR	Simpson	9.38m 489
5 Alyssa Cunningham	JR	Grandview	9.29m 483
6 Sara Strauel	JR	St. Ambrose	9.07m 469
7 Kailani Killebrew	SO	Baker	8.50m 432
8 Abby Hammer	SO	St. Ambrose	7.36m 358
9 Merissa Larson	SO	Central Coll	7.15m 345

**Women Indoor Pentathlon**

Name	Yr	School	Finals
1 Sarah Galbraith	SR	Simpson	2966 10
2 Kailani Killebrew	SO	Baker	2582 8
3 Morgan Koenigs	JR	Central Coll	2534 6
4 Sara Strauel	JR	St. Ambrose	2526 5
5 Suzanne Flexsenhar	SR	Mount Mercy	2410 4
6 Merissa Larson	SO	Central Coll	2236 3
7 Abby Hammer	SO	St. Ambrose	2119 2
8 Emma Drees	JR	Central Coll	2097 1
9 Alyssa Cunningham	JR	Grandview	1940

**Women - Team Rankings - 17 Events Scored**

1) Grandview	113
2) Mount Mercy	109
3) Central College	108
4) Central Methodist	74
5) Baker	59
6) Ottawa	55
7) Simpson (Iowa)	46
8) William Penn	45
9) Southwestern CC	17
10) Avila	14
11) St. Ambrose	7
12) Indian Hills CC	5

**Men - Team Rankings - 17 Events Scored**

1) Central College	131
2) William Penn	96
3) Baker	85
4) Grandview	71
5) Simpson (Iowa)	61
6) Mount Mercy	60

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7) Central Methodist	54
8) Avila	30
9) Southwestern CC	24
10) Indian Hills CC	20
11) Ottawa	19