

**Cardinal Relays**  
**Breitenbach Stadium - Middleton High School**  
**Middleton, WI - 4/29/2016**  
**Results**

**Boys 3200 Meter Run Relay**

Name	Year	School	Finals
Finals			
1 Perrin Hagge	12	Middleton	9:12.86
2 Gus Newcomb	11	Middleton	9:15.39
3 Jack Rader	10	Middleton	9:33.96
4 Caleb Easton	09	Middleton	10:02.87
5 Stephen Dinkler	10	Appleton North	10:04.93
6 Michael Madoch	09	Middleton JV	10:07.53
7 Ethan Cruz	09	Appleton North	10:15.02
8 Julian Rohn-Capellaro	11	Madison East	10:17.51
9 Hayden Freeman	10	Appleton North	10:47.25
10 Tyler Poster	12	Madison East	10:53.05
11 Triston Vogt	09	Waunakee	11:05.16
12 Zach Swenson	12	Madison East	11:05.90
13 Jackson Merk	11	Waunakee	11:37.45
14 Nick Maxfield	10	Waunakee	11:37.55
15 Sam Jaegger	10	Middleton JV	11:53.51

**Boys 110 Meter Hurdles Relay**

Name	Year	School	Finals	H#	Points
1 Riley Enge	11	Waunakee	15.63	2	2.66
2 Zach Parker	11	Appleton North	15.94	2	3.33
3 Jack Toennies	11	Middleton	16.45	2	2
4 Jordan Ranum	10	Waunakee	17.01	2	2.66
5 Jacob Burkert	12	Appleton North	17.07	2	3.33
6 Christian Matheus	10	Appleton North	17.12	2	3.33
7 Matthew Wakai	12	Middleton	17.73	2	2
8 Max Westhoff	12	Middleton	17.81	2	2
9 Nathan Mais	09	Waunakee	18.77	2	2.66
10 Sammy Zopf	11	Middleton JV	19.64	1	1.66
11 Sam Gessler	09	Middleton JV	21.59	1	1.66
12 Griffin Rose	10	Middleton JV	21.70	1	1.66

**Boys 300 Meter Hurdles Relay**

Name	Year	School	Finals	H#	Points
1 Jordan Ranum	10	Waunakee	41.76	2	3.33
2 Jacob Burkert	12	Appleton North	41.77	2	2.66
3 Riley Enge	11	Waunakee	43.50	2	3.33
4 Max Westhoff	12	Middleton	43.57	2	2
5 Jake Lamers	10	Middleton	44.57	2	2
6 Eric Born	11	Appleton North	44.82	2	2.66
7 Jack Toennies	11	Middleton	44.94	2	2
8 Zach Parker	11	Appleton North	45.54	2	2.66
9 Nathan Mais	09	Waunakee	46.62	2	3.33

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10 Sammy Zopf	11 Middleton JV	50.40	1	1.66
11 Griffin Rose	10 Middleton JV	50.47	1	1.66
12 Sam Gessler	09 Middleton JV	51.68	1	1.66

**Boys 4x100 Meter Relay Field Event**

School	Finals	Points
1 Middleton	46.44	10
1) Austin Delaney 11	2) Jack Jesse 12	
3) Jack Zocher 12	4) Pace Balster 12	
2 Appleton North	46.80	8
1) Anthony Crane 11	2) Parker VanLith 11	
3) Seth Cate 11	4) Christian Matheus 10	
3 Waunakee	48.40	6
1) Brady Helwig 11	2) Josh Sheahan 11	
3) Nathan Ulrich 11	4) Scott Brausen 11	
4 Middleton JV	48.88	5
5 Holmen	49.60	4
1) Connor Fredrick 12	2) Dexter Larson 09	
3) Tatum Grass 09	4) Caleb Butler 09	

**Boys 4x100 Meter Relay Weightperson**

School	Finals	Points
1 Middleton	47.89	10
1) Cole Parrell 10	2) Max Elliot 11	
3) Harrison Bielski 11	4) Ethan Lengfeld 12	
2 Waunakee	49.50	8
1) Scott Brausen 11	2) J.V. Dayne 10	
3) Carter Hellenbrand 12	4) Nathan Ulrich 11	
3 Holmen	49.78	6
1) Connor Fredrick 12	2) Nikolas Framke 09	
3) Seth Heerts 12	4) Caleb Butler 09	
4 Appleton North	55.41	5
1) AJ Mayer 12	2) Matthew Froze 11	
3) Hayden Kreul 11	4) Brandon Haag 10	

**Boys 4x100 Meter Relay Fresh/Soph**

School	Finals	Points
1 Appleton North	45.86	10
1) Zach Tesch 10	2) Terrell Williams 09	
3) Sheldon Achs 10	4) Carter Robinson 09	
2 Middleton JV	48.62	8
3 Waunakee	48.87	6
1) Evan Zwettler 09	2) Jonathon Meinholz 10	



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**....Boys 4x100 Meter Relay Fresh/Soph**

3) Cole Fetters 09	4) Zach Favre 09		
4 Holmen		48.93	5
1) Colton Heath 10	2) Evan Espelien 10		
3) Coleton Strupp 09	4) Roy Balder 10		
5 Madison East		49.43	4
1) Tate Sayre 09	2) Dakari Clay 09		
3) James Pope 09	4) Jordan Shields 09		

**Boys 4x100 Meter Relay**

School	Finals	Points
1 Appleton North	43.71	10
1) Jack Fischer 12	2) Andre Gruber 11	
3) Joel Burkert 10	4) Bo Babich 12	
2 Middleton	43.93	8
1) Anthony Gatlin 11	2) Jack Jesse 12	
3) Griffin Gussel 12	4) Trevaun Turner 11	
3 Madison East	46.58	6
1) Tyler Hull 09	2) John Morris 11	
3) Modou Lamin Janneh 12	4) Jordan Shields 09	
4 Holmen	47.50	5
1) Noah Leeser 09	2) Jonah Johnson 09	
3) Tatum Grass 09	4) Abe Molling 10	
5 Waunakee	51.90	4
1) Schoepp Hunter 12	2) Lucas Statz 10	
3) Riley Zuhde 10	4) L.O. Johnson 10	

**Boys 4x200 Meter Relay**

School	Finals	Points
1 Appleton North	1:31.73	10
1) Jack Fischer 12	2) Andre Gruber 11	
3) Joel Burkert 10	4) Bo Babich 12	
2 Middleton	1:33.46	8
1) James Pabst 10	2) Randy Hernandez 12	
3) Will Funk 12	4) Aaron Richardson 10	
3 Waunakee	1:34.72	6
1) Schoepp Hunter 12	2) Riley Enge 11	
3) Lucas Statz 10	4) L.O. Johnson 10	
4 Madison East	1:37.18	5
1) Tyler Hull 09	2) Jordan Shields 09	
3) Modou Lamin Janneh 12	4) John Morris 11	
5 Holmen	1:41.02	4
1) Noah Leeser 09	2) Jonah Johnson 09	
3) Tatum Grass 09	4) Abe Molling 10	



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**Boys 4x400 Meter Relay Grade Level**

School	Finals	Points
1 Appleton North	3:37.15	10
1) Joe Serra 10	2) Terrell Williams 09	
3) Nathan Maslanka 11	4) Nick Smidt 11	
2 Middleton	3:46.28	8
1) Gage O'Mara-Jones 09	2) Thorne Powers 10	
3) Noah Roberson 11	4) Ethan Lengfeld 12	
3 Waunakee	3:49.11	6
1) Andrew Ashmore 11	2) Jonathon Meinholz 10	
3) Sullivan Schwitters 09	4) Tyler Adler 11	

**Boys 4x400 Meter Relay**

School	Finals	Points
1 Middleton	3:34.84	10
1) Will Funk 12	2) Griffin Gussel 12	
3) Randy Hernandez 12	4) Noah Roberson 11	
2 Appleton North	3:37.95	8
1) Nick Smidt 11	2) Terrell Williams 09	
3) Joe Serra 10	4) Carter Robinson 09	
3 Waunakee	3:44.90	6
1) Brian Carl 11	2) Tyler Templin 11	
3) Andrew Ashmore 11	4) Robert Legatske 10	
4 Madison East	3:50.53	5
1) Sawyer Jones 10	2) Tyler Poster 12	
3) Julian Rohn-Capellaro 11	4) Henry Hansen 09	
5 Holmen	4:03.63	4
1) Derek Lenz 09	2) London Adams 09	
3) Jeremiah Sesvold 09	4) Josh Sesvold 09	

**Boys 4x800 Meter Relay**

School	Finals	Points
1 Waunakee	8:29.96	10
1) Nathan Dorn 12	2) Brian Carl 11	
3) Cole Hinton 09	4) Tyler Adler 11	
2 Middleton	8:32.77	8
1) Kyle Puchalski 12	2) Bryce Hellenbrand 12	
3) Eddie Larson 12	4) Cole Conklin-Little 12	
3 Appleton North	8:35.45	6
1) Jack Shockey 10	2) James Behrens 10	
3) Ethan Cruz 09	4) Clint Woerishofer 12	
4 Middleton JV	9:44.76	5
5 Holmen	10:21.46	4
1) Mason Heisler 10	2) Chris Oppermann 11	
3) Forest Thoreson 09	4) Allen Amundsen 10	

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**Boys 800 Sprint Medley**

School	Finals	Points
1 Appleton North	1:37.38	10
1) Jack Fischer 12	2) Joel Burkert 10	
3) Bo Babich 12	4) Carter Robinson 09	
2 Waunakee	1:38.62	8
1) L.O. Johnson 10	2) Schoepp Hunter 12	
3) Lucas Statz 10	4) Jordan Ranum 10	
3 Middleton	1:44.98	6
1) Austin Delaney 11	2) Joe Ludwig 11	
3) Anthony Gatlin 11	4) Daniel Ledin 11	
4 Holmen	1:49.65	5
1) Alex Cassem 11	2) Ben Jones 11	
3) Nick Shupe 11	4) Coleton Strupp 09	

**Boys 1600 Sprint Medley Fresh/Soph**

School	Finals	Points
1 Appleton North	3:50.11	10
1) Terrell Williams 09	2) Zach Tesch 10	
3) Joe Serra 10	4) David Kerschner 09	
2 Middleton	3:54.01	8
1) James Pabst 10	2) Aaron Richardson 10	
3) Stuart Woodzro 09	4) Jack Rader 10	
3 Madison East	4:01.33	6
1) James Pope 09	2) Tate Sayre 09	
3) Sawyer Jones 10	4) Henry Hansen 09	
4 Waunakee	4:01.43	5
1) Cole Fetters 09	2) Jonathon Meinholz 10	
3) Robert Legatske 10	4) Sullivan Schwitters 09	
5 Middleton JV	4:15.94	4
6 Holmen	4:39.16	3
1) Mitchell Beinborn 09	2) Evan Espelien 10	
3) Tyler Gerold 09	4) Dexter Larson 09	

**Boys Distance Medley**

School	Finals	Points
1 Middleton	10:34.44	10
1) Gus Newcomb 11	2) Cole Conklin-Little 12	
3) Ryan Madoch 11	4) Perrin Hagge 12	
2 Waunakee	11:13.31	8
1) Cole Hinton 09	2) Tyler Adler 11	
3) Brian Carl 11	4) Nathan Dorn 12	
3 Appleton North	11:34.11	6
1) Stephen Dinkler 10	2) Nathan Maslanka 11	
3) Clint Woerishofer 12	4) Colin Johnson 11	

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**....Boys Distance Medley**

4 Holmen		12:30.70	5
1) Josh Butzman 12	2) Ben Halfmann 10		
3) Daniel Siedel 11	4) London Adams 09		
5 Middleton JV		12:53.00	4

**Boys High Jump Relay**

Name	Year	School	Finals	Points
1 Parker VanLith	11	Appleton North	6-00.00	3.33
2 Seth Cate	11	Appleton North	5-10.00	3.33
3 Josh Sheahan	11	Waunakee	5-06.00	2
4 Pace Balster	12	Middleton	J5-06.00	2.66
5 Jacob Aegerter	12	Middleton	5-04.00	2.66
6 Brett Richardson	10	Madison East	J5-04.00	
6 Noah Leeser	09	Holmen	J5-04.00	
8 Tatum Grass	09	Holmen	J5-04.00	
9 Anthony Crane	11	Appleton North	J5-04.00	3.33
10 Riley Enge	11	Waunakee	5-02.00	2
10 Nathan Ulrich	11	Waunakee	5-02.00	2
10 Brendon Martin	11	Middleton	5-02.00	2.66
13 Alex Schmidt	10	Middleton JV	4-10.00	
-- Nick Shupe	11	Holmen	NH	

**Boys Pole Vault Relay**

Name	Year	School	Finals	Points
1 Parker VanLith	11	Appleton North	13-00.00	
2 Louis Hinshaw	11	Middleton	12-00.00	3.33
3 Jack Zocher	12	Middleton	11-06.00	3.33
4 Carson Tuttrup	11	Waunakee	11-00.00	2
5 Devan Marz	10	Madison East	10-00.00	
6 John Stenklyft	10	Middleton JV	J10-00.00	2.66
7 Them Gjikhima	11	Middleton JV	9-00.00	2.66
7 Aaron Pham	09	Appleton North	9-00.00	
9 Alec Hanson	10	Middleton JV	J9-00.00	2.66
10 Andrew Ashmore	11	Waunakee	8-00.00	2
10 Tyler Adler	11	Waunakee	8-00.00	2
10 Garrett Smyth	10	Madison East	8-00.00	
10 Matthew Wakai	12	Middleton	8-00.00	3.33
14 Shane Roth	09	Holmen	7-00.00	
-- Coleton Strupp	09	Holmen	NH	
-- Ross Wiedenbeck	09	Madison East	NH	
-- Dexter Larson	09	Holmen	NH	

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**Boys Long Jump Relay**

Name	Year	School	Finals	Points
1 Jack Jesse	12	Middleton	21-11.50	3.33
2 Jack Fischer	12	Appleton North	20-10.75	2.66
3 Trevaun Turner	11	Middleton	20-05.25	3.33
4 Parker VanLith	11	Appleton North	19-11.50	2.66
5 Andre Gruber	11	Appleton North	19-03.50	2.66
6 Nathan Mais	09	Waunakee	18-11.00	2
7 Jackson Grimm	11	Middleton JV	18-10.00	1.66
8 John Morris	11	Madison East	18-09.00	
9 Austin Delaney	11	Middleton	18-04.00	3.33
10 Eagan Peters-Michaud	09	Middleton JV	18-03.00	1.66
11 Riley Enge	11	Waunakee	18-01.50	2
12 Noah Leeser	09	Holmen	17-06.00	1.33
13 Brady Helwig	11	Waunakee	17-05.00	2
14 Abe Molling	10	Holmen	17-04.75	1.33
15 Jayden Ashe	09	Middleton JV	15-08.00	1.66
16 Josh Sesvold	09	Holmen	14-00.00	1.33

**Boys Triple Jump Relay**

Name	Year	School	Finals	Points
1 Andre Gruber	11	Appleton North	42-05.50	3.33
2 Christian Matheus	10	Appleton North	40-00.50	3.33
3 Nathan Ulrich	11	Waunakee	39-08.50	2.66
4 Jackson Grimm	11	Middleton JV	J39-08.50	1.66
5 Pace Balster	12	Middleton	39-08.25	2
6 Seth Cate	11	Appleton North	39-03.50	3.33
7 Jordan Ranum	10	Waunakee	38-02.00	2.66
8 Nathan Mais	09	Waunakee	38-01.00	2.66
9 Ethan Lengfeld	12	Middleton	37-01.00	2
10 Brett Richardson	10	Madison East	36-07.50	
11 Jacob Aegerter	12	Middleton	36-04.00	2
12 Eagan Peters-Michaud	09	Middleton JV	35-01.50	1.66
13 Sawyer Phillips	09	Holmen	34-07.00	
14 Alex Schmidt	10	Middleton JV	32-06.50	1.66

**Boys Shot Put Relay**

Name	Year	School	Finals	Points
1 Max Elliot	11	Middleton	48-05.00	2.66
2 Matthew Froze	11	Appleton North	45-07.50	3.33
3 AJ Mayer	12	Appleton North	45-00.75	3.33
4 Hayden Kreul	11	Appleton North	44-01.00	3.33
5 Carter Hellenbrand	12	Waunakee	39-06.75	2
6 Brett Davis	11	Holmen	38-10.50	1.66
7 Harrison Bielski	11	Middleton	38-09.25	2.66

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**....Boys Shot Put Relay**

8 Scott Brausen	11 Waunakee	38-04.50	2
9 Seth Heerts	12 Holmen	37-09.75	1.66
10 Jordan Schulenberg	12 Middleton	37-08.00	2.66
11 J.V. Dayne	10 Waunakee	37-02.75	2
12 Connor Fredrick	12 Holmen	30-08.75	1.66

**Boys Discus Throw Relay**

Name	Year School	Finals	Points
1 Connor Woodke	10 Appleton North	129-00	3.33
2 Seth Heerts	12 Holmen	123-06	2.66
3 Darien Penniston	10 Appleton North	123-00	3.33
4 Jordan Schulenberg	12 Middleton	122-06	2
5 Brandon Haag	10 Appleton North	117-06	3.33
6 Scott Brausen	11 Waunakee	116-06	1.66
7 Ethan Lengfeld	12 Middleton	104-04	2
8 Caleb Butler	09 Holmen	104-03	2.66
9 Nikolas Framke	09 Holmen	101-10	2.66
10 Carter Hellenbrand	12 Waunakee	101-09	1.66
11 J.V. Dayne	10 Waunakee	100-00	1.66
12 Cole Parrell	10 Middleton	96-04	2

Women - Team Rankings - 20 Events Scored

1) Middleton	183	2) Appleton North	149
3) Waunakee	99	4) Madison West	66
5) Madison East	37	6) Holmen	28

Men - Team Rankings - 20 Events Scored

1) Appleton North	167	2) Middleton	156
3) Waunakee	133	4) Holmen	62
5) Middleton JV	54	6) Madison East	32