

**Cascade Co-Ed Invitational**  
**Cascade High School**  
**Cascade, IA - 4/28/2016**  
**Results**

**Boys 100 Meter Dash Varsity**

Name	Year	School	Finals	H#	Points
Finals					
1 Carter Holmes	11	Cascade	11.48	3	10
2 Zak Harbach	11	Maquoketa Valley	11.77	3	8
3 Greg Hansen	10	North Cedar	11.83	3	6
4 Seth Hoeger	12	Edgewood-Colesburg	12.04	3	5
5 Mac Meyer	12	East Buchanan	12.12	3	4
6 Gunner Martin	10	Alburnett	12.17	3	3
7 Austin Lieurance	10	Cascade	12.27	3	2
8 Dawson Paulsen	11	Midland	12.30	2	1
9 Kyle Dell	11	Northeast	12.48	2	
10 Blake Willenborg	12	Central City	12.80	2	
11 Nolan Meyer	09	East Buchanan	12.82	3	
12 Jacob Stika	11	West Branch	12.83	2	
13 Payton Rochford	10	Edgewood-Colesburg	12.84	2	
14 Chris Grebner	12	Beckman	13.01	1	
15 Austin Smith	10	Midland	13.17	2	
16 VonMuenster Lane	10	Calamus-Wheatland	13.34	2	
17 Alec Olson	09	Calamus-Wheatland	14.26	1	
18 Alex Hoffner	09	Central City	15.23	1	
19 Jace Gongora	11	West Branch	15.26	1	

**Boys 200 Meter Dash Varsity**

Name	Year	School	Finals	H#	Points
1 Bryce Bemer	11	North Cedar	22.72	3	10
2 Carter Holmes	11	Cascade	22.85	3	8
3 Zak Harbach	11	Maquoketa Valley	23.63	3	6
4 Mac Meyer	12	East Buchanan	24.25	3	5
5 Torrey Wilhau	12	North Cedar	24.50	3	4
6 Austin Lieurance	10	Cascade	24.61	3	3
7 Gunner Martin	10	Alburnett	24.70	2	2
8 Carter Downer	11	East Buchanan	25.37	3	1
9 Trey Holub	09	Central City	25.71	2	
10 Luca Passeri	10	West Branch	25.72	2	
11 Isaac Campbell	12	Central City	26.35	2	
12 Josh Berryann	10	Midland	26.60	1	
13 VonMuenster Lane	10	Calamus-Wheatland	26.65	2	
14 Nathan Bailey	10	Northeast	26.66	2	
15 Dawson Paulsen	11	Midland	26.84	3	
16 Logan Heims	09	Edgewood-Colesburg	27.58	1	
17 Andrew Hoeger-Pint	09	Edgewood-Colesburg	28.44	2	
18 Alec Olson	09	Calamus-Wheatland	28.87	2	
19 Sean Hucker	10	Maquoketa Valley	29.75	1	
20 Jace Gongora	11	West Branch	32.88	1	

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**Boys 400 Meter Dash Varsity**

Name	Year	School	Finals	H#	Points
1 Kyle Wilson	11	Maquoketa Valley	54.15	3	10
2 Hunter Rushford	10	Midland	56.01	3	8
3 Bryce Bemer	11	North Cedar	56.28	3	6
4 Morgan Martin	09	Alburnett	57.15	3	5 57.141
5 Brendon Hogan	10	Maquoketa Valley	57.15	3	4 57.147
6 Seamus Raney	10	North Cedar	57.50	3	3
7 Cain Hoffman	11	Cascade	58.00	1	2
8 Greg Novey	11	Central City	58.05	2	1
9 Zach Kurt	11	Cascade	58.58	1	
10 Dylan Palmersheim	12	Edgewood-Colesburg	58.98	3	
11 Josh Berryann	10	Midland	1:00.53	1	
12 Nathaniel Wade	10	Central City	1:00.60	2	
13 Billy Friis	10	West Branch	1:01.67	2	
14 John Hatfield	09	West Branch	1:01.80	2	
15 Wyatt Pewe	09	Calamus-Wheatland	1:03.73	2	
16 Jared Graubard	09	Alburnett	1:04.22	2	
17 Jake Ohl	10	East Buchanan	1:04.42	2	
18 jacob madsen	11	Northeast	1:05.87	1	
19 chance giddings	10	Northeast	1:11.98	1	

**Boys 800 Meter Run Varsity**

Name	Year	School	Finals	H#	Points
1 Kyle Wilson	11	Maquoketa Valley	2:07.42	2	10
2 Marty Knepper	11	Cascade	2:08.15	2	8
3 Seamus Raney	10	North Cedar	2:09.22	2	6
4 Jordan Baldwin	11	West Branch	2:09.28	2	5
5 Jacob Wessel	10	Edgewood-Colesburg	2:13.39	2	4
6 Derek Koppes	10	Cascade	2:18.89	2	3
7 Tim Bell	12	North Cedar	2:19.25	2	2
8 nathan lange	09	Northeast	2:21.50	1	1
9 Max Hansen	09	Calamus-Wheatland	2:21.91	2	
10 jaden butler	12	Northeast	2:23.27	2	
11 Dunham Darick	11	Calamus-Wheatland	2:25.37	2	
12 Tate Trenkamp	09	Maquoketa Valley	2:26.50	1	
13 Kurt Koopmann	10	Beckman	2:28.51	1	
14 Keenan Rose	09	Alburnett	2:29.78	1	
15 Hunter Rushford	10	Midland	2:30.41	1	
16 Braxton VanAlst	10	Central City	2:33.84	1	
17 Dylan Crawford	10	East Buchanan	2:34.02	1	
18 Kenny Van Zuiden	10	Midland	2:37.14	1	
19 Will Martin	10	West Branch	2:39.90	1	
20 Garrett Wolf	12	Central City	2:45.64	1	
21 John Stanford	10	East Buchanan	2:57.53	1	

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**Boys 1600 Meter Run Varsity**

Name	Year	School	Finals	Points
1 Nick Fallon	12	Beckman	4:48.02	10
2 Russell Martin	12	West Branch	4:50.34	8
3 Marty Knepper	11	Cascade	4:51.13	6
4 Jacob Wessel	10	Edgewood-Colesburg	4:54.50	5
5 Trace Jensen	11	Midland	4:56.01	4
6 jaden butler	12	Northeast	4:56.19	3
7 Tim Bell	12	North Cedar	5:04.21	2
8 Gannon Cook	11	East Buchanan	5:10.50	1
9 Nick Putz	12	Edgewood-Colesburg	5:19.71	
10 Matt Schmitt	11	Beckman	5:30.76	
11 Dunham Darick	11	Calamus-Wheatland	5:33.34	
12 Christian French	10	East Buchanan	5:34.47	
13 Braxton VanAlst	10	Central City	5:34.82	
14 Grant Neighbor	11	Alburnett	5:35.85	
15 Canyon Richardson	09	Maquoketa Valley	5:38.93	
16 jaren rathje	09	Northeast	5:41.26	
17 Zach Thompson	10	West Branch	5:43.92	
18 Nolan Ossman	09	Alburnett	5:52.51	
19 Lane Coyle	09	Maquoketa Valley	5:53.82	
20 Kenny Van Zuiden	10	Midland	5:56.99	
21 Traver Nathan	10	Calamus-Wheatland	5:57.73	
22 Tyler Maschman	09	North Cedar	6:22.73	

**Boys 3200 Meter Run Varsity**

Name	Year	School	Finals	Points
1 Nick Putz	12	Edgewood-Colesburg	10:44.94	10
2 Gannon Cook	11	East Buchanan	11:17.15	8
3 Atlas Kolpin	09	West Branch	11:28.34	6
4 Tate Trenkamp	09	Maquoketa Valley	11:29.02	5
5 Christian French	10	East Buchanan	11:37.51	4
6 jaren rathje	09	Northeast	11:48.29	3
7 Hunter Kastantin	09	Calamus-Wheatland	11:51.44	2
8 Bryant Meyer-Kemp	11	Maquoketa Valley	12:12.58	1
9 Garrett Wolf	12	Central City	12:18.52	
10 Traver Nathan	10	Calamus-Wheatland	12:36.22	
11 aaron schoon	09	Northeast	12:39.37	
12 Kenny Van Zuiden	10	Midland	12:49.87	
13 Tyler Maschman	09	North Cedar	13:51.80	

**Boys 110 Meter Hurdles Varsity**

Name	Year	School	Finals	H#	Points
1 Will McAllister	11	Cascade	15.38	2	10
2 Michael Lueken	12	Edgewood-Colesburg	16.33	2	8

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**....Boys 110 Meter Hurdles Varsity**

3 Elliott Meyer	11 Edgewood-Colesburg	16.48	2	6
4 Gavin Sahr	12 North Cedar	16.49	2	5
5 Liam Curoe	10 Cascade	17.19	2	4
6 Matthew Barnett	09 Alburnett	17.50	1	3
7 Alec McDowell	11 Maquoketa Valley	17.63	2	2
8 caleb schneider	10 Northeast	18.35	2	1
9 Jenub Wan	10 Central City	19.17	1	
10 Tyler Britcher	09 Maquoketa Valley	19.39	1	
11 tristian wilslef	10 Northeast	21.22	1	

**Boys 400 Meter Hurdles Varsity**

Name	Year School	Finals	H#	Points
1 Gavin Sahr	12 North Cedar	1:00.22	3	10
2 caleb schneider	10 Northeast	1:01.16	3	8
3 Michael Lueken	12 Edgewood-Colesburg	1:01.86	3	6
4 Brendon Hogan	10 Maquoketa Valley	1:02.08	3	5
5 Logan Otting	09 Cascade	1:02.68	3	4
6 Greg Novey	11 Central City	1:05.67	3	3
7 Preston Geerts	11 Cascade	1:07.29	2	2
8 Keenan Rose	09 Alburnett	1:07.74	2	1
9 James Mossman	09 East Buchanan	1:07.95	2	
10 Zac Lansing	09 Maquoketa Valley	1:09.38	1	
11 Brandon Rollinger	11 Central City	1:09.74	1	
12 Luepker Avery	10 Calamus-Wheatland	1:09.79	2	
13 corbin kelter	10 Northeast	1:10.19	2	
14 Nolan Ossman	09 Alburnett	1:13.05	1	

**Boys 4x100 Meter Relay Varsity**

School	Finals	H#	Points
1 Beckman 1) Noah Smith 12                      2) Joel Vaske 10 3) Sam Stelken 11                      4) Mark Brown 10	44.71	2	10
2 North Cedar 1) Greg Hansen 10                      2) Torrey Wilhau 12 3) Bryce Bemer 11                      4) Gavin Sahr 12	45.94	2	8
3 Cascade 1) Mitchell Gibbs 10                      2) Bryce Simon 11 3) Logan Otting 09                      4) Austin Lieurance 10	47.06	2	6
4 Edgewood-Colesburg 1) Seth Hoeger 12                      2) Payton Rochford 10 3) Dylan Palmersheim 12                      4) Elliott Meyer 11	47.09	2	5
5 Maquoketa Valley 1) Mitch Neuzil 10                      2) Clint Krapfl 11 3) Alec McDowell 11                      4) Zak Harbach 11	47.11	2	4
6 East Buchanan	48.56	1	3

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**....Boys 4x100 Meter Relay Varsity**

1) Mac Meyer 12	2) Carter Downer 11		
3) Nolan Meyer 09	4) Brock Naber 09		
7 Central City		49.35	1 2
1) Trey Holub 09	2) Austin VanAlst 11		
3) Isaac Campbell 12	4) Wade McKinney 10		
8 Northeast		49.43	2 1
1) caleb schneider 10	2) dawson stoll 09		
3) kyle dell 11	4) aaron mcculley 11		
9 Midland		51.63	1
1) Griffin Gravel 09	2) Josh Berryann 10		
3) Connor Harms 11	4) Austin Smith 10		

**Boys 4x200 Meter Relay Varsity**

School	Finals	Points
1 Cascade	1:34.42	10
1) Bryce Simon 11	2) Carter Holmes 11	
3) Conor Otting 11	4) John Larkin 11	
2 Northeast	1:40.91	8
1) kyle dell 11	2) dawson stoll 09	
3) aaron mcculley 11	4) colton galusha 12	
3 Maquoketa Valley	1:40.97	6
1) Mitch Neuzil 10	2) Clint Krapfl 11	
3) Evan Hoefer 09	4) Brock Hillers 10	
4 Central City	1:42.44	5
1) Trey Holub 09	2) Aj Lucas 12	
3) Wade McKinney 10	4) Sam Hall 11	
5 North Cedar	1:43.59	4
1) Brenden Sander 12	2) Colin Sander 11	
3) Jacob Jensen 11	4) Carter Johnson 11	
6 East Buchanan	1:46.15	3
1) Nolan Meyer 09	2) Anthony Witherow 12	
3) Brock Naber 09	4) Tyler Ball 10	
7 Edgewood-Colesburg	1:48.14	2
1) Brady Helle 11	2) Dakota Funke 11	
3) Andrew Hoeger-Pint 09	4) Greg Sadoris 11	

**Boys 4x400 Meter Relay Varsity**

School	Finals	Points
1 Cascade	3:32.13	10
1) Carter Holmes 11	2) Will McAllister 11	
3) Conor Otting 11	4) John Larkin 11	
2 Maquoketa Valley	3:45.73	8
1) Zak Harbach 11	2) Kyle Wilson 11	
3) Brock Hillers 10	4) Alex McCusker 10	
3 North Cedar	3:48.64	6

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**....Boys 4x400 Meter Relay Varsity**

1) Greg Hansen 10	2) Torrey Wilhau 12		
3) Seamus Raney 10	4) Jacob Jensen 11		
4 Edgewood-Colesburg		3:53.14	5
1) Andrew Askeland 12	2) Dylan Palmersheim 12		
3) Brady Helle 11	4) Jacob Wessel 10		
5 Beckman		3:55.12	4
1) Colin Squiers 12	2) Luke Hageman 10		
3) Chris Grebner 12	4) Nathan Funke 10		
6 Northeast		3:56.39	3
1) caleb schneider 10	2) brent buech 12		
3) aaron mcculley 11	4) colton galusha 12		
7 West Branch		3:58.87	2
1) Ben Thompson 10	2) Ben Martin 12		
3) Luca Passeri 10	4) Billy Friis 10		
8 Calamus-Wheatland		4:03.61	1
1) Raymond Venditti 09	2) Max Hansen 09		
3) Abram Dierickx 09	4) VonMuenster Lane 10		

**Boys 4x800 Meter Relay Varsity**

=====		Finals	Points
School			
=====		=====	=====
1 West Branch		8:29.03	10
1) Jordan Baldwin 11	2) Ben Thompson 10		
3) Ben Martin 12	4) Russell Martin 12		
2 Cascade		8:41.21	8
1) Conor Otting 11	2) Jarrett Knepper 12		
3) Derek Koppes 10	4) Marty Knepper 11		
3 Beckman		8:53.03	6
1) Luke Hageman 10	2) Colin Squiers 12		
3) Matt Schmitt 11	4) Noah Senn 10		
4 Northeast		9:04.35	5
1) colton galusha 12	2) jaden butler 12		
3) brent buech 12	4) nate lueders 11		
5 North Cedar		9:18.25	4
1) Seamus Raney 10	2) Tim Bell 12		
3) Jacob Jensen 11	4) Carter Johnson 11		
6 Maquoketa Valley		9:40.33	3
1) Mitch Smith 10	2) Zac Lansing 09		
3) Lane Coyle 09	4) Canyon Richardson 09		
7 Edgewood-Colesburg		9:43.63	2
1) Andrew Askeland 12	2) Logan Heims 09		
3) Mike Jones 12	4) Kal Hoeger 09		
8 Calamus-Wheatland		9:50.68	1
1) Max Hansen 09	2) Dunham Darick 11		
3) Kastantin Jon 10	4) Abram Dierickx 09		
9 Alburnett		10:00.53	
1) Grant Neighbor 11	2) Keenan Rose 09		
3) Nolan Ossman 09	4) Jared Graubard 09		

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**....Boys 4x800 Meter Relay Varsity**

10 East Buchanan	10:05.60
1) Dylan Crawford 10	2) Justin Kress 12
3) Mason Higgins 09	4) Ryan Kremer 12

**Boys Distance Medley Varsity**

School	Finals	H#	Points
1 Cascade	3:56.14	2	10
1) Bryce Simon 11	2) Will McAllister 11		
3) John Larkin 11	4) Conor Otting 11		
2 East Buchanan	4:01.99	2	8
1) Mac Meyer 12	2) Carter Downer 11		
3) Tyler Williams 11	4) Jacob Schmitt 12		
3 North Cedar	4:02.09	2	6
1) Brenden Sander 12	2) Colin Sander 11		
3) Jacob Jensen 11	4) Carter Johnson 11		
4 Northeast	4:02.73	2	5
1) kyle dell 11	2) aaron mcculley 11		
3) brent buech 12	4) colton galusha 12		
5 Central City	4:06.09	1	4
1) Blake Willenborg 12	2) Sam Hall 11		
3) Aj Lucas 12	4) Kyle Marsh 09		
6 Maquoketa Valley	4:12.25	1	3
1) Norm Wilson 09	2) Alex McCusker 10		
3) Angel Rumbo 10	4) Mitch Smith 10		
7 Calamus-Wheatland	4:18.69	2	2
1) VonMuenster Lane 10	2) Chandler Dunn 11		
3) Raymond Venditti 09	4) Abram Dierickx 09		
8 West Branch	4:25.69	2	1
1) Ben Martin 12	2) Ben Thompson 10		
3) John Hatfield 09	4) Jacob Graves 10		
-- Edgewood-Colesburg	DQ	1	
1) Brady Helle 11	2) Dakota Funke 11		
3) Andrew Askeland 12	4) Mike Jones 12		

**Boys 4x110 Meter Shuttle Hurdle Varsity**

School	Finals	H#	Points
1 Cascade	1:02.56	2	10
1) Kurt Trumm 12	2) Mitchell Gibbs 10		
3) Logan Otting 09	4) Will McAllister 11		
2 Beckman	1:04.58	2	8
1) Noah Smith 12	2) Mark Brown 10		
3) Dillon Keegan 12	4) Sam Stelken 11		
3 Maquoketa Valley	1:06.75	1	6
1) Kyle Wilson 11	2) Alec McDowell 11		
3) Tyler Britcher 09	4) Brock Hillers 10		

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4 Edgewood-Colesburg	1:08.83	2	5
1) Seth Hoeger 12	2) Elliott Meyer 11		
3) Michael Lueken 12	4) Greg Saddoris 11		
5 Central City	1:09.09	1	4
1) Sam Hall 11	2) Jenub Wan 10		
3) Storm Matthias 12	4) Austin VanAlst 11		
6 North Cedar	1:10.41	2	3
1) Gavin Sahr 12	2) Torrey Wilhau 12		
3) Zac Kauffman 09	4) Brenden Sander 12		
7 East Buchanan	1:13.96	1	2
1) James Mossman 09	2) Spencer Cook 10		
3) Jake Ohl 10	4) Taylor Fox 09		
8 Northeast	1:16.70	1	1
1) nathan bailey 10	2) tristian wilslef 10		
3) corbin kelter 10	4) logan butler 09		

**Boys High Jump Varsity**

Name	Year School	Finals	Points
1 Alex Martens	11 Midland	6-02.00	10
2 Dylan Palmersheim	12 Edgewood-Colesburg	5-10.00	7
2 Trace Hoffman	12 Cascade	5-10.00	7
4 Raymond Venditti	09 Calamus-Wheatland	5-06.00	4.50
4 Greg Hansen	10 North Cedar	5-06.00	4.50
6 dawson stoll	09 Northeast	5-04.00	3
7 Nolan Meyer	09 East Buchanan	5-02.00	2
8 Jacob Stika	11 West Branch	J5-02.00	0.50
8 Elliott Meyer	11 Edgewood-Colesburg	J5-02.00	0.50
9 Brendon Hogan	10 Maquoketa Valley	J5-02.00	

**Boys Long Jump Varsity**

Name	Year School	Finals	Points
1 John Larkin	11 Cascade	20-00.50	10
2 Michael Lueken	12 Edgewood-Colesburg	19-01.75	8
3 Dawson Paulsen	11 Midland	19-01.50	6
4 dawson stoll	09 Northeast	18-11.50	5
5 Bryce Bemer	11 North Cedar	18-04.25	4
6 Anthony Witherow	12 East Buchanan	17-06.25	3
7 Brenden Sander	12 North Cedar	17-05.75	2
8 Spencer Cook	10 East Buchanan	16-08.50	1
9 Kastantin Jon	10 Calamus-Wheatland	15-11.00	
10 Bryce Silver	10 Central City	14-10.25	



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**Boys Shot Put Varsity**

Name	Year	School	Finals	Points
1 Cody Feilds	12	North Cedar	42-00.00	10
2 Tommy Lehmann	12	Beckman	41-08.00	8
3 Brody Sevart	10	Maquoketa Valley	40-06.25	6
4 Derek Prier	10	Beckman	38-08.00	5
5 Derek Kuntz	10	Cascade	J38-08.00	4
6 caleb howe	10	Northeast	38-07.00	3
7 Koester Devin	10	Calamus-Wheatland	37-07.75	2
8 Ashtin VanGordon	11	Cascade	37-05.00	1
9 mike dodge	11	Northeast	37-04.50	
10 Kaleb Handel	12	Maquoketa Valley	36-11.25	
11 TJ Ayers	09	Central City	36-06.00	
12 Colton Dietz	11	West Branch	35-09.50	
13 Brett Schoenherr	09	Midland	34-09.75	
14 Wyatt Starry	09	Central City	34-04.50	
15 Jordan Hettinger	11	East Buchanan	34-04.00	
16 Jake Langhoff	12	Alburnett	34-01.50	
17 Kaden Jones	12	Edgewood-Colesburg	34-00.00	
18 Jacob Barnhart	10	West Branch	33-09.00	
19 Jordan Searcy	09	Calamus-Wheatland	32-05.50	
20 Taylor Fox	09	East Buchanan	32-04.25	
21 Etan Hill	11	North Cedar	31-11.00	
22 Cody Fry	09	Edgewood-Colesburg	30-07.50	
23 Cody Tracy	11	Midland	30-02.25	

**Boys Discus Throw Varsity**

Name	Year	School	Finals	Points
1 Tommy Lehmann	12	Beckman	133-03	10
2 Clint Krapfl	11	Maquoketa Valley	132-06	8
3 Koester Devin	10	Calamus-Wheatland	115-04	6
4 Brenden Noonan	11	Cascade	115-00	5
5 Blake Becker	09	Maquoketa Valley	114-10	4
6 Troy Pasker	12	Beckman	113-05	3
7 Devin Green	12	Cascade	110-00	2
8 Trace Jensen	11	Midland	105-00	1
9 lucas empen	10	Northeast	104-00	
10 Taylor Fox	09	East Buchanan	97-00	
11 Kelting Brett	11	Calamus-Wheatland	96-07	
12 Dakota Funke	11	Edgewood-Colesburg	96-00	
13 Etan Hill	11	North Cedar	93-08	
14 Cody Feilds	12	North Cedar	92-05	
15 korbin hoffmann	10	Northeast	92-00	
16 Jake Langhoff	12	Alburnett	89-10	
17 Ethan Wherry	12	Midland	89-00	
18 Colton Dietz	11	West Branch	88-10	
19 Blake Willenborg	12	Central City	88-04	

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**....Boys Discus Throw Varsity**

20 Kaden Jones	12 Edgewood-Colesburg	86-09
21 John Krall	11 West Branch	84-03
22 Nile Coghlan	09 Central City	81-08
23 Nathaniel Dosland	10 East Buchanan	49-09

**Boys 4x100 Meter Relay Junior Varsity**

School	Finals
-- Cascade	X48.79
1) Zach Kurt 11	2) Derek Kuntz 10
3) Jackson Knepper 09	4) Logan Smith 11
-- Beckman	X49.98
1) Carson Schlottfelt 11	2) Austin Koopmann 10
3) Nathan Funke 10	4) Luke Hageman 10
-- Maquoketa Valley	X52.31
1) Norm Wilson 09	2) Daniel Hunter 09
3) Tyler Britcher 09	4) Alex Digmann 09
-- Northeast	X52.44
1) nathan bailey 10	2) brent buech 12
3) nathan lange 09	4) aaron schoon 09
-- Edgewood-Colesburg	X58.13
1) Brady Helle 11	2) Kal Hoeger 09
3) Dayne Bergan 09	4) Chandler Saddoris 09

**Boys 4x200 Meter Relay Junior Varsity**

School	Finals
-- Cascade	X1:40.15
1) Mitchell Gibbs 10	2) Austin Lieurance 10
3) Jackson Knepper 09	4) Logan Smith 11
-- Beckman	X1:40.27
1) Carson Schlottfelt 11	2) Austin Koopmann 10
3) Nathan Funke 10	4) Luke Hageman 10
-- Maquoketa Valley	X1:46.92
1) Alex McCusker 10	2) Norm Wilson 09
3) Daniel Hunter 09	4) Alex Digmann 09
-- Central City	X1:48.20
1) Bryce Silver 10	2) John Ciha 11
3) Austin VanAlst 11	4) Isaac Campbell 12
-- East Buchanan	X1:51.48
1) Malen Mulford 10	2) Nathan Schmitt 09
3) James Mossman 09	4) Carter Palmer 10
-- Northeast	X1:53.46
1) nathan bailey 10	2) nathan lange 09
3) aaron schoon 09	4) corbin kelter 10
-- North Cedar	X1:55.35
1) Zac Kauffman 09	2) Robert Kelly-Anderson 09

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 Results**

**....Boys 4x200 Meter Relay Junior Varsity**

3) Moritz Schneider 12	4) Leon Greding 12	
-- Edgewood-Colesburg		X2:02.46
1) Dayne Bergan 09	2) Kal Hoeger 09	
3) Cody Fry 09	4) Chandler Saddoris 09	

**Boys 4x400 Meter Relay Junior Varsity**

School	Finals
-- Cascade	X3:49.25
1) Jarrett Knepper 12	2) Jackson Knepper 09
3) Logan Smith 11	4) Zach Kurt 11
-- Central City	X3:54.10
1) Sam Hall 11	2) Nathaniel Wade 10
3) Aj Lucas 12	4) Kyle Marsh 09
-- Northeast	X4:10.65
1) corbin kelter 10	2) nathan lange 09
3) nate lueders 11	4) jaren rathje 09
-- Maquoketa Valley	X4:17.81
1) Brendon Hogan 10	2) Angel Rumbo 10
3) Bryant Meyer-Kemp 11	4) Sean Hucker 10
-- Calamus-Wheatland	X4:26.46
1) Luepker Avery 10	2) Kastantin Jon 10
3) Wyatt Pewe 09	4) Alec Olson 09
-- Edgewood-Colesburg	X4:29.21
1) Greg Saddoris 11	2) Kal Hoeger 09
3) Dayne Bergan 09	4) Andrew Hoeger-Pint 09
-- North Cedar	X4:36.78
1) Colin Sander 11	2) Tyler Maschman 09
3) Zac Kauffman 09	4) Robert Kelly-Anderson 09

**Boys 4x100 Meter Relay Weightpersons**

School	Finals
-- Northeast	X51.42
1) caleb howe 10	2) lucas empen 10
3) korbin hoffmann 10	4) mike dodge 11
-- Central City	X53.68
1) Cody Gray 10	2) Wyatt Starry 09
3) Blake Willenborg 12	4) Bryce Silver 10
-- Edgewood-Colesburg	X54.66
1) Andrew Hoeger-Pint 09	2) Cody Fry 09
3) Dakota Funke 11	4) Kaden Jones 12
-- East Buchanan	X54.88
1) Taylor Fox 09	2) Riley Reck 09
3) Jaun Castillo 09	4) Jordan Hettinger 11
-- Midland	X56.24
1) Ethan Wherry 12	2) Cody Tracy 11

**Cascade Co-Ed Invitational  
 Cascade High School  
 Cascade, IA - 4/28/2016  
 Results**

**....Boys 4x100 Meter Relay Weightpersons**

3) Brett Schoenherr 09	4) Hunter Rushford 10
-- North Cedar	X58.87
1) Cody Feilds 12	2) Etan Hill 11
3) Brady Lehrman 10	4) Moritz Schneider 12
-- Calamus-Wheatland	X59.65
1) Koester Devin 10	2) Aaron Dierickz 12
3) Jordan Searcy 09	4) Kelting Brett 11

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Women - Varsity - Team Rankings - 19 Events Scored

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1) Cascade	223	2) Midland	66
3) Alburnett	58	4) Maquoketa Valley	53
4) Calamus-Wheatland	53	4) Northeast	53
7) Beckman	51	8) Jesup	50
9) Easton Valley	31	9) Central City	31
11) Bellevue	25		

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Men - Varsity - Team Rankings - 18 Events Scored

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1) Cascade	145	2) North Cedar	105.50
3) Maquoketa Valley	99	4) Edgewood-Colesburg	78.50
5) Beckman	64	6) Northeast	50
7) East Buchanan	45	8) West Branch	32.50
9) Midland	30	10) Central City	19
11) Calamus-Wheatland	18.50	12) Alburnett	14