

**Ashford University Spring Classic**  
**South Campus Athletic Complex**  
**Clinton, IA - 4/2/2016**  
**Results**

**Women 100 Meter Dash**

Name	Year	School	Finals	Wind	H#	Points
<b>Finals</b>						
1 Molly Jo Smith	JR	St. Ambrose	12.97	4.8	2	
2 Mariah Anderson	FR	St. Ambrose	13.02	4.7	1	
3 Anne Nolting	FR	St. Ambrose	13.16	4.7	1	
4 Sha'Rhonda Clark	JR	Mount Mercy	13.37	4.8	2	
5 Jade Gridiron	SR	Mount Mercy	13.38	4.8	2	
6 Raeshonda Chandler	FR	Mount Mercy	13.40	4.8	2	
7 Alexis Duwa	FR	Mount Mercy	13.63	4.8	2	
8 Hannah LaBrecque	SO	St. Ambrose	13.72	4.8	2	
9 Sam Roth	SO	St. Ambrose	13.77	4.7	1	
10 Mary Perez	SO	St. Ambrose	13.90	4.8	2	
11 Capria Davis	SO	Mount Mercy	14.31	4.8	2	
12 De'Janaie Matthews	SR	Monmouth (Ill.)	14.36	4.8	2	
13 Jessica Wulffen	FR	St. Ambrose	14.64	4.7	1	
14 Bailee Seger	FR	Mount Mercy	14.82	4.7	1	

**Women 200 Meter Dash**

Name	Year	School	Finals	Wind	H#	Points
1 Molly Jo Smith	JR	St. Ambrose	25.67	5.0	1	
2 Receva Duos	SO	Mount Mercy	27.19	5.0	1	
3 Mariah Anderson	FR	St. Ambrose	27.44	4.9	3	
4 Sarah Lampe	JR	St. Ambrose	27.55	4.9	3	
5 Anne Nolting	FR	St. Ambrose	27.61	4.9	3	
6 Aminah Baloch	JR	Mount Mercy	27.72	4.9	3	
7 Abby Hammer	SO	St. Ambrose	27.86	5.0	1	
8 Aubrie Carlisle	FR	St. Ambrose	27.94	5.0	1	
9 Courtney Babut	FR	Ashford	28.05	5.0	1	
10 Charlette Flanders	SO	St. Ambrose	28.17	5.0	1	
11 Hannah LaBrecque	SO	St. Ambrose	28.55	4.9	3	
12 Capria Davis	SO	Mount Mercy	28.76	4.9	2	
13 Mary Perez	SO	St. Ambrose	28.80	4.9	3	
14 Sara Strauel	JR	St. Ambrose	29.06	5.0	1	
15 Sam Roth	SO	St. Ambrose	29.27	4.9	3	
16 Julie Wise	FR	Mount Mercy	29.93	4.9	2	
17 Taelor Cooper	SO	St. Ambrose	30.73	4.9	2	
18 Samantha Cameron	NA	Unat-Ashford	31.07	5.0	1	
19 Jessica Wulffen	FR	St. Ambrose	31.08	4.9	2	
20 Taylor Zumbach	SR	Mount Mercy	31.30	4.9	2	
21 Kallihan Riley	SR	St. Ambrose	31.38	4.9	2	

**Women 400 Meter Dash**

Name	Year	School	Finals	H#	Points
1 Samantha Cameron	NA	Unat-Ashford	59.79	1	

**Ashford University Spring Classic**  
**South Campus Athletic Complex**  
**Clinton, IA - 4/2/2016**  
**Results**

**....Women 400 Meter Dash**

2	Sarah Lampe	JR St. Ambrose	1:03.79	2
3	Ashli O'Shea	SO Mount Mercy	1:06.92	2
4	Charlette Flanders	SO St. Ambrose	1:07.70	2
5	Danielle Boyd	FR Ashford	1:09.59	1
6	Sienna Fraser	FR Ashford	1:12.02	1
7	Taylor Cooper	SO St. Ambrose	1:15.67	2
8	Kallihan Riley	SR St. Ambrose	1:17.14	2
9	McKenna Reighard	FR Mount Mercy	1:18.63	2
10	Dede Barrigah	SO Quincy	1:20.52	2

**Women 800 Meter Run**

Name	Year School	Finals	H#	Points
1	Kathryn Vander Poel	FR Mount Mercy	2:31.50	2
2	Jazmine Reynolds	FR Mount Mercy	2:33.87	2
3	Allison Scott	SR Mount Mercy	2:34.54	2
4	Ashley Plumb	FR St. Ambrose	2:39.28	2
5	Lindsay Brunson	SR Mount Mercy	2:43.14	2
6	Ashlyn Rulis	SO St. Ambrose	2:45.03	2
7	Mallory Rettenmeier	FR St. Ambrose	2:51.46	1
8	Chloe Gunn	FR St. Ambrose	2:56.36	2
9	Ann Froeschle	SO St. Ambrose	3:01.22	1
10	Madison Esker	FR Mount Mercy	3:07.52	1

**Women 1500 Meter Run**

Name	Year School	Finals	H#	Points
1	Nicole Woodall	JR St. Ambrose	5:17.20	2
2	Keeley Knobloch	FR St. Ambrose	5:21.89	2
3	Chloe Gunn	FR St. Ambrose	5:29.47	2
4	Ashlyn Rulis	SO St. Ambrose	5:37.39	2
5	Mallory Rettenmeier	FR St. Ambrose	5:42.83	2
6	Ann Froeschle	SO St. Ambrose	5:54.68	2
7	Kellyn Lamore	FR Quincy	5:57.34	1
8	Taylor Hills	SO St. Ambrose	5:57.60	1
9	Taylor Parus	SR St. Ambrose	5:57.97	2
10	Elizabeth Leden	JR Quincy	6:01.65	2
11	Lizzy Fowler	FR Mount Mercy	6:11.80	1
12	Cassandra Delgado	FR St. Ambrose	6:14.66	1
13	Shleby Carlson	FR St. Ambrose	6:19.87	1
14	Sara Erskine	SO St. Ambrose	6:27.23	2
15	Maira Stephens	SO St. Ambrose	6:30.40	1
16	Ashley Doellman	FR Quincy	6:33.77	1
17	Amber Trick	SR St. Ambrose	6:50.10	1

**Ashford University Spring Classic**  
**South Campus Athletic Complex**  
**Clinton, IA - 4/2/2016**  
**Results**

**Women 5000 Meter Run**

Name	Year School	Finals	Points
1 Whitney Derga	SR St. Ambrose	20:02.07	
2 Megan McClure	SO Quincy	20:58.44	
3 Abby Martin	NA Unat-Ashford	21:34.26	
4 Sarah Meyers	FR Mount Mercy	22:12.13	
5 Katrina Robinder	FR Scott CC	24:07.75	

**Women 100 Meter Hurdles**

Name	Year School	Finals	Wind	Points
1 Renee Flanders	SO St. Ambrose	16.93	4.9	
2 Sara Strauel	JR St. Ambrose	17.00	4.9	
3 Aubrie Carlisle	FR St. Ambrose	17.18	4.9	
4 Receva Duos	SO Mount Mercy	17.24	4.9	
5 Karlie Wade	FR St. Ambrose	17.76	4.9	
6 Julie Wise	FR Mount Mercy	17.82	4.9	
7 Nicole Sanborn	JR Mount Mercy	18.71	4.9	

**Women 4x100 Meter Relay**

School	Finals	Points
1 St. Ambrose 1) Anne Nolting FR 3) Sarah Lampe JR	51.00 2) Molly Jo Smith JR 4) Mariah Anderson FR	
2 Mount Mercy 1) Alexis Duwa FR 3) Aminah Baloch JR	51.15 2) Bri'anna Branch FR 4) Raeshonda Chandler FR	
3 St. Ambrose 'B' 1) Mary Perez SO 3) Jessica Wulffen FR	x55.13 2) Hannah LaBrecque SO 4) Abby Hammer SO	

**Women 4x400 Meter Relay**

School	Finals	Points
1 Mount Mercy 1) Sha'Rhonda Clark JR 3) Kathryn Vander Poel FR	4:25.20 2) Allison Scott SR 4) Ashli O'Shea SO	
2 Mount Mercy 'B' 1) Jade Gridiron SR 3) Jazmine Reynolds FR	x4:38.95 2) Lindsay Brunson SR 4) Madison Esker FR	
3 Ashford 1) Courtney Babut FR 3) Pakalana Helekahi FR	4:50.86 2) Danielle Boyd FR 4) Sienna Fraser FR	
4 Mount Mercy 'C' 1) Makayla Zweigart FR	x5:01.78 2) McKenna Reighard FR	

**Ashford University Spring Classic**  
**South Campus Athletic Complex**  
**Clinton, IA - 4/2/2016**  
**Results**

**....Women 4x400 Meter Relay**

3) Bailee Seger FR	4) Lizzy Fowler FR
5 Quincy	5:05.57
1) Elizabeth Leden JR	2) Kellyn Lamore FR
3) Brittney Klosak SR	4) Ashley Doellman FR

**Women High Jump**

Name	Year School	Finals	Points
1 Sara Strauel	JR St. Ambrose	1.62m	
1.37 1.42 1.47 1.52 1.57 1.62 1.65			
P P P XO XXO XXO XXX			
2 Hailey Cook	FR St. Ambrose	1.47m	
1.37 1.42 1.47 1.52			
O XXO O XXX			
-- Abby Hammer	SO St. Ambrose	NH	
1.37			
XXX			

**Women Long Jump**

Name	Year School	Finals	Wind	Points
1 Nicole Sanborn	JR Mount Mercy	5.40m	4.8	
4.62m(NWI) FOUL 5.13m(NWI) 5.25m(NWI) 5.40m(4.8) FOUL				
2 Hailey Cook	FR St. Ambrose	5.20m	4.9	
FOUL 5.20m(4.9) 5.13m(NWI) 5.02m(NWI) PASS PASS				
3 Trineisha Gray	SR St. Ambrose	5.12m	4.0	
4.41m(NWI) 5.12m(4.0) 4.61m(NWI) 4.90m(NWI) 4.60m(NWI) FOUL				
4 Sydney Jones	FR Monmouth (Ill.)	4.95m	4.8	
FOUL 4.95m(4.8) 4.62m(NWI) FOUL 4.64m(NWI) 4.61m(NWI)				
5 Karlie Wade	FR St. Ambrose	4.88m	4.9	
FOUL 4.79m(NWI) 4.85m(NWI) 4.88m(4.9) FOUL 4.78m(NWI)				
6 Darice Brooks	SO Monmouth (Ill.)	4.82m	4.8	
4.31m(NWI) 4.47m(NWI) 4.82m(4.8) 4.57m(NWI) FOUL 4.71m(NWI)				
7 Brandi Hosford	SO St. Ambrose	4.76m	4.9	
FOUL FOUL 4.68m(NWI) 4.61m(NWI) 4.76m(4.9) FOUL				
8 Sarah Lampe	JR St. Ambrose	4.69m	4.9	
4.32m(NWI) 4.57m(NWI) 4.69m(4.9) PASS PASS PASS				
9 Sam Roth	SO St. Ambrose	4.56m	5.0	
FOUL 4.56m(5.0) FOUL 4.34m(NWI) 4.35m(NWI) PASS				
10 Mary Perez	SO St. Ambrose	4.45m	5.0	
FOUL 4.45m(5.0) 4.39m(NWI)				
11 Karley Jaynes	FR Mount Mercy	4.43m	5.1	
4.43m(5.1) FOUL 3.65m(NWI)				
12 Isabel Watts	FR St. Ambrose	4.30m	4.9	
FOUL 4.30m(4.9) 4.13m(NWI)				
13 Charlette Flanders	SO St. Ambrose	4.05m	4.8	
FOUL FOUL 4.05m(4.8)				

**Ashford University Spring Classic**  
**South Campus Athletic Complex**  
**Clinton, IA - 4/2/2016**  
**Results**

**Women Triple Jump**

Name	Year	School	Finals	Wind	Points
1 Brandi Hosford	SO	St. Ambrose	10.92m	5.9	
10.41m(NWI) 10.38m(NWI) 10.47m(NWI) 10.92m(5.9) 10.58m(NWI) 10.65m(NWI)					
2 Sydney Jones	FR	Monmouth (Ill.)	10.32m	5.8	
FOUL FOUL FOUL 10.32m(5.8) FOUL 10.07m(NWI)					
3 Isabel Watts	FR	St. Ambrose	10.28m	4.9	
9.88m(NWI) FOUL 10.28m(4.9) FOUL 10.17m(NWI) 10.13m(NWI)					
4 Madi Schulenberg	SO	Monmouth (Ill.)	10.16m	5.3	
FOUL 9.93m(NWI) 10.16m(5.3) FOUL PASS PASS					
5 Ashley Castellanos	JR	Monmouth (Ill.)	9.92m	5.6	
9.61m(NWI) 9.85m(NWI) 9.92m(5.6) PASS PASS PASS					
-- Sam Roth	SO	St. Ambrose	FOUL		
FOUL FOUL PASS					
-- Aubrie Carlisle	FR	St. Ambrose	FOUL		
FOUL FOUL PASS					
-- Karley Jaynes	FR	Mount Mercy	FOUL		
FOUL FOUL PASS					
-- Aminah Baloch	JR	Mount Mercy	FOUL		
FOUL FOUL FOUL					
-- Trineisha Gray	SR	St. Ambrose	FOUL		
FOUL FOUL PASS					
-- Karlie Wade	FR	St. Ambrose	FOUL		
FOUL FOUL FOUL					

**Women Shot Put**

Name	Year	School	Finals	Points
1 Brooke Willson	SO	Ashford	11.83m	
11.83m FOUL 10.54m 10.72m FOUL 10.34m				
2 Lilly Mendez	SO	Monmouth (Ill.)	11.39m	
10.19m 11.25m 11.10m 11.23m 11.33m 11.39m				
3 Suzanne Flexsenhar	SR	Mount Mercy	10.76m	
9.86m 10.76m 10.33m 10.68m 10.66m 9.90m				
4 Megan Miller	JR	Mount Mercy	10.21m	
9.08m 8.98m 10.06m 10.21m FOUL 9.11m				
5 Olivia Ferguson	NA	Unat-Ashford	J10.21m	
FOUL 9.41m FOUL 10.21m FOUL 9.80m				
6 Emily Weedman	SO	Monmouth (Ill.)	10.14m	
9.68m FOUL 10.14m 9.48m 10.13m 9.75m				
7 Mara Guse	FR	St. Ambrose	10.00m	
FOUL 9.72m 9.71m 9.34m 10.00m 9.50m				
8 Erica Davis	SO	Monmouth (Ill.)	9.85m	
8.28m 8.86m 8.27m 9.85m 8.68m 8.49m				
9 Marie Rush	SO	Quincy	6.97m	
FOUL 6.83m 5.29m 6.80m 6.66m 6.97m				
10 Mattie Hoiness	FR	Quincy	6.80m	
6.51m 6.39m 6.80m 6.58m 6.74m 6.64m				

**Ashford University Spring Classic**  
**South Campus Athletic Complex**  
**Clinton, IA - 4/2/2016**  
**Results**

**Women Discus Throw**

Name	Year	School	Finals	Points
1 Kristi Feldman	JR	Mount Mercy	30.83m	
			30.83m 30.73m 29.84m 28.82m FOUL 30.83m	
2 Hailey Cook	FR	St. Ambrose	30.64m	
			29.52m FOUL FOUL 30.26m FOUL 30.64m	
3 Lilly Mendez	SO	Monmouth (Ill.)	30.55m	
			30.55m 29.60m FOUL 30.04m FOUL 28.15m	
4 Mara Guse	FR	St. Ambrose	29.10m	
			28.04m 28.88m 22.52m 29.10m 28.13m 29.01m	
5 Erica Davis	SO	Monmouth (Ill.)	27.35m	
			27.35m 24.63m FOUL	
6 Emily Weedman	SO	Monmouth (Ill.)	25.88m	
			24.90m 25.88m 23.52m 24.99m 25.66m 23.53m	
7 Marie Rush	SO	Quincy	21.70m	
			16.15m FOUL 21.70m FOUL FOUL FOUL	
8 Mattie Hoiness	FR	Quincy	17.01m	
			13.86m 17.01m FOUL FOUL 13.73m 13.89m	

**Women Hammer Throw**

Name	Year	School	Finals	Points
1 Brooke Willson	SO	Ashford	40.78m	
			39.17m 40.78m 39.81m 37.87m FOUL FOUL	
2 Olivia Ferguson	NA	Unat-Ashford	32.98m	
			FOUL 31.97m 30.95m FOUL 32.98m 32.16m	
3 De'Janaie Matthews	SR	Monmouth (Ill.)	32.94m	
			31.60m FOUL 32.94m FOUL 26.64m FOUL	
4 Erica Davis	SO	Monmouth (Ill.)	32.11m	
			30.57m FOUL FOUL FOUL 32.11m FOUL	
5 Lilly Mendez	SO	Monmouth (Ill.)	32.10m	
			FOUL 29.04m 29.13m 29.34m 32.10m 31.82m	
6 Kristi Feldman	JR	Mount Mercy	31.34m	
			31.34m FOUL FOUL FOUL FOUL FOUL	
7 Emily Weedman	SO	Monmouth (Ill.)	26.53m	
			23.88m 26.52m 26.53m 20.98m 22.94m 24.00m	
8 Madison Pieper	FR	Mount Mercy	26.08m	
			20.77m 25.45m 24.26m 24.78m 26.08m 25.81m	
9 Megan Miller	JR	Mount Mercy	22.90m	
			21.08m 21.26m 22.76m 21.22m 22.90m 22.58m	

**Women Javelin Throw**

Name	Year	School	Finals	Points
1 Madi Schulenberg	SO	Monmouth (Ill.)	33.77m	
			33.77m 27.65m 29.76m FOUL 33.68m 33.27m	

**Ashford University Spring Classic**  
**South Campus Athletic Complex**  
**Clinton, IA - 4/2/2016**  
**Results**

**....Women Javelin Throw**

2	Kristi Feldman	JR Mount Mercy	30.88m
	26.58m 26.44m 27.76m 27.05m 30.88m 26.96m		
3	Ashley Castellanos	JR Monmouth (Ill.)	30.87m
	24.67m FOUL FOUL 30.87m FOUL FOUL		
4	Taylor Zumbach	SR Mount Mercy	30.70m
	FOUL 29.41m 28.58m 30.70m 29.64m 30.11m		
5	Suzanne Flexsenhar	SR Mount Mercy	29.52m
	FOUL 29.52m 27.88m 27.49m 26.65m 27.54m		
6	Karley Jaynes	FR Mount Mercy	25.29m
	22.56m 20.65m 25.29m 21.87m 25.00m 21.53m		
7	Hailey Cook	FR St. Ambrose	24.86m
	22.14m 21.23m 24.86m 24.70m FOUL FOUL		
8	Erica Davis	SO Monmouth (Ill.)	23.52m
	22.11m 23.43m 23.52m FOUL FOUL FOUL		
9	Aubrie Carlisle	FR St. Ambrose	21.97m
	9.44m 14.32m 21.97m 17.63m 20.24m FOUL		
10	Caroline Stirling	FR Mount Mercy	19.90m
	19.48m FOUL 19.90m		
11	Alexis Duwa	FR Mount Mercy	19.38m
	18.99m 17.73m 19.38m		
12	Abby Hammer	SO St. Ambrose	18.81m
	FOUL 18.81m 17.45m		
13	Marie Rush	SO Quincy	18.53m
	FOUL 18.53m 15.77m		
14	Madison Pieper	FR Mount Mercy	17.33m
	FOUL FOUL 17.33m		
15	Mattie Hoiness	FR Quincy	15.78m
	FOUL 15.78m FOUL		