

Heart of America Athletic Conference Cross Country Championships
 William Penn University
 Oskaloosa, IA
 November 7, 2015

Results provided by AccuRace Timing Services
 www accuracetimeing.com

**** Womens' 5000 Meter Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace	
1	1	3486	Katherine Dillard	Jr	Benedictine (Kan.)	18:36.0	6:00	T
2	2	3493	Regina Smart	Sr	Benedictine (Kan.)	18:55.2	6:06	T
3	3	3483	Lauren Benzing	So	Benedictine (Kan.)	19:01.9	6:08	T
4	4	3616	Kaylee Shanley	Fr	MidAmerica Nazarene	19:04.0	6:09	I
5	5	3491	Hannah Pinkerton	Sr	Benedictine (Kan.)	19:18.3	6:13	T
6	6	3514	Emily Nealley	So	Central Methodist	19:25.0	6:15	I
7	7	3612	Halley Dean	Fr	MidAmerica Nazarene	19:31.8	6:18	I
8	8	3563	Emily Perona	Sr	Evangel	19:32.8	6:18	I
9	9	3468	Sarah Hollis	So	Baker	19:35.9	6:19	I
10	10	3527	Lauren Block	Fr	Clarke	19:36.0	6:19	I
11	11	3599	Jasmine Nielsen	Sr	Grand View	19:38.4	6:20	
12	12	3643	Lindsay Brunson	Sr	Mount Mercy	19:40.1	6:20	T
13	13	3651	Molly Pruett	So	Mount Mercy	19:47.0	6:23	T
14	14	3497	Hannah Wondra	Sr	Benedictine (Kan.)	19:47.9	6:23	T
15	15	3650	Liz Mosbach	Sr	Mount Mercy	19:51.9	6:24	T
16	16	3647	Katie Hoffert	Jr	Mount Mercy	19:58.4	6:26	T
17	17	3510	Megan Greener	Jr	Central Methodist	20:00.1	6:27	
18	18	3484	Elise Buchman	Jr	Benedictine (Kan.)	20:01.7	6:27	T
19	19	3489	Lucy Leighton	Jr	Benedictine (Kan.)	20:06.9	6:29	T
20	20	3646	Dana Ewan	Sr	Mount Mercy	20:08.4	6:29	T
21	21	3617	Jocelyn Stillwell	Jr	MidAmerica Nazarene	20:09.9	6:30	
22	22	3546	Skyler Barger	Sr	Culver-Stockton	20:18.2	6:33	
23	23	3512	Veronica Hancock	So	Central Methodist	20:21.6	6:34	
24	24	3530	Hayley Einsweiler	Fr	Clarke	20:24.4	6:35	
25	25	3509	Shannon Feurt	So	Central Methodist	20:24.9	6:35	
26	26	3597	Hayley Leonard	Jr	Grand View	20:27.1	6:35	
27	27	3455	Jenna Rangel	Sr	Avila	20:28.5	6:36	
28	28	3614	Anna Heer	So	MidAmerica Nazarene	20:32.6	6:37	
29	29	3655	Alexa Zamora	Fr	Mount Mercy	20:35.1	6:38	T
30	30	3615	Sarah Heer	So	MidAmerica Nazarene	20:35.2	6:38	
31	31	3603	Kim Teno	Jr	Grand View	20:40.0	6:40	
32	32	3560	Bethany Davis	Jr	Evangel	20:52.4	6:44	
33	33	3515	Allyson Ng	Jr	Central Methodist	20:53.7	6:44	
34	34	3466	Madison Dispensa	Fr	Baker	20:54.7	6:44	
35	35	3469	Brenda McCollum	So	Baker	20:59.1	6:46	
36	36	3683	Deja Lewis	Jr	William Penn	21:00.0	6:46	
37		3487	Maria Doyle	Jr	Benedictine (Kan.)	21:02.8	6:47	
38	37	3529	Kyra Deschepper	Sr	Clarke	21:04.1	6:47	
39	38	3613	Kayla Dohm	So	MidAmerica Nazarene	21:06.7	6:48	
40	39	3464	Jenna Black	Fr	Baker	21:08.3	6:49	
41	40	3648	Rachel Jellings	Fr	Mount Mercy	21:13.3	6:50	T
42		3652	Jazmine Reynolds	Fr	Mount Mercy	21:17.2	6:52	
43	41	3564	Hannah Perona	So	Evangel	21:20.6	6:53	
44	42	3531	Sydnee Hendricks	So	Clarke	21:24.9	6:54	
45	43	3595	Anna Halstead	So	Grand View	21:25.8	6:54	
46	44	3565	Yoseline Robles	So	Evangel	21:25.8	6:54	
47		3649	Sarah Meyers	Fr	Mount Mercy	21:27.1	6:55	
48	45	3602	Hannah Sobaski	Jr	Grand View	21:37.1	6:58	
49	46	3528	Anna Cole	So	Clarke	21:41.5	6:59	
50	47	3534	Stephanie Kasiurak	Sr	Clarke	21:42.6	7:00	
51	48	3472	Shelby Stephens	Jr	Baker	21:43.6	7:00	
52	49	3457	Tiffany Zinn	Sr	Avila	21:45.4	7:01	
53	50	3507	Abby Cross	Fr	Central Methodist	21:50.3	7:02	
54	51	3601	Natalie Potts	Jr	Grand View	21:51.0	7:02	
55	52	3680	Guadalupe Gonzalez	So	William Penn	21:55.1	7:04	
56	53	3508	Kayla Dawkins	Fr	Central Methodist	21:57.7	7:05	
57		3654	Kathryn Vander Poel	Fr	Mount Mercy	21:58.1	7:05	
58	54	3463	Caitlin Apollo	So	Baker	21:58.8	7:05	
59	55	3532	Anna Herber	Jr	Clarke	22:00.8	7:06	
60	56	3600	Christa Nordgren	So	Grand View	22:04.4	7:07	

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Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
61	57	3561	Caitlin Iwanowski	So	Evangel	22:07.5	7:08
62		3535	Taylor Luczak	Sr	Clarke	22:12.0	7:09
63		3644	Kennidee Devilbiss	So	Mount Mercy	22:16.9	7:11
64		3538	Cassandra Stuflick	Jr	Clarke	22:23.0	7:13
65	58	3674	Rachel Loecker	So	Peru State	22:26.3	7:14
66	59	3566	Kara Speights	So	Evangel	22:29.5	7:15
67	60	3454	Arieahana Gatton	Fr	Avila	22:35.6	7:17
68	61	3582	Elizabeth Reynolds	Sr	Graceland	22:43.1	7:19
69	62	3583	Sara Ruckman	Sr	Graceland	22:43.2	7:19
70		3653	Marinna Schroud	So	Mount Mercy	22:44.9	7:20
71		3598	Briana Mutch	So	Grand View	22:49.0	7:21
72	63	3467	Emma Grossner	Fr	Baker	22:58.1	7:24
73		3533	Katherine Herrig	Jr	Clarke	23:12.4	7:29
74		3465	Rachel Campbell	So	Baker	23:17.4	7:30
75	64	3681	Destiny Hobbs-Galvin	Fr	William Penn	23:18.9	7:31
76		3517	Nikki Warren	So	Central Methodist	23:21.8	7:32
77	65	3548	Ceara Flowers	Sr	Culver-Stockton	23:32.7	7:35
78	66	3551	Miatta Sicarr	Fr	Culver-Stockton	23:34.5	7:36
79		3645	Madison Esker	Fr	Mount Mercy	23:36.0	7:36
80	67	3567	Emily Vance	Jr	Evangel	23:38.6	7:37
81		3511	Bayley Greiner	Jr	Central Methodist	23:40.7	7:38
82	68	3679	Alexys Devlin	Jr	William Penn	23:47.4	7:40
83		3516	Cheyenne Randle	Jr	Central Methodist	23:54.4	7:42
84		3568	Jamelyn Wieder	Jr	Evangel	24:03.2	7:45
85		3513	Rachel Howieson	Jr	Central Methodist	24:08.9	7:47
86	69	3628	Allison Kuchan	Jr	Missouri Valley	24:10.4	7:47
87	70	3632	Cheyanna Weaver	Fr	Missouri Valley	24:15.1	7:49
88	71	3581	Chelsey Phoebus	Jr	Graceland	24:18.3	7:50
89	72	3456	Mia Rosinski	So	Avila	24:25.8	7:52
90	73	3676	Christa Scott	Sr	Peru State	24:28.0	7:53
91	74	3678	Arianna Davis	Jr	William Penn	24:31.0	7:54
92		3562	Alyssa Maine	Jr	Evangel	24:34.7	7:55
93	75	3671	Payton Baier	Fr	Peru State	24:50.8	8:00
94		3471	Amanda Moody	Jr	Baker	24:52.6	8:01
95	76	3677	Hannah Wynn	Sr	Peru State	24:55.5	8:02
96	77	3552	Jenny Ware	Jr	Culver-Stockton	25:05.4	8:05
97		3536	Katie Marter	So	Clarke	25:26.7	8:12
98	78	3675	Sarah Newell	Sr	Peru State	25:44.5	8:18
99	79	3550	Lauren Porter	So	Culver-Stockton	25:48.5	8:19
100	80	3453	Alison Braun	Fr	Avila	26:36.4	8:34
101	81	3577	Taylor Farnsworth	Fr	Graceland	26:39.4	8:35
102	82	3672	Kiana Borengasser	Jr	Peru State	26:59.9	8:42
103	83	3631	Mackenzie Tuck	Fr	Missouri Valley	27:31.3	8:52
104		3594	Blake Bauer	Fr	Grand View	27:36.4	8:54
105	84	3545	Hannah Anderson	Jr	Culver-Stockton	27:37.7	8:54
106	85	3673	Samantha Daake	Fr	Peru State	27:45.8	8:57
107		3670	Skylar Albers	Sr	Peru State	28:22.4	9:08
108	86	3579	Madison Hagey	So	Graceland	29:37.0	9:32
109	87	3630	Maleya Schmidt	Fr	Missouri Valley	31:30.3	10:09
110	88	3629	Kelsea Miller	Fr	Missouri Valley	43:06.6	13:53

11/07/2015 1:27PM

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**** Womens' Team Score ****

1. 25 Benedictine (Kan.) (19:07.9 95:39.3 1:11.9)

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1	1	Katherine Dillard	Jr 18:36.0
2	2	Regina Smart	Sr 18:55.2
3	3	Lauren Benzing	So 19:01.9
4	5	Hannah Pinkerton	Sr 19:18.3
5	14	Hannah Wondra	Sr 19:47.9
6	(18)	Elise Buchman	Jr 20:01.7
7	(19)	Lucy Leighton	Jr 20:06.9

2. 76 Mount Mercy (19:53.2 99:25.8 0:28.3)

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1	12	Lindsay Brunson	Sr 19:40.1
2	13	Molly Pruett	So 19:47.0
3	15	Liz Mosbach	Sr 19:51.9
4	16	Katie Hoffert	Jr 19:58.4
5	20	Dana Ewan	Sr 20:08.4
6	(29)	Alexa Zamora	Fr 20:35.1
7	(40)	Rachel Jellings	Fr 21:13.3

3. 90 MidAmerica Nazarene (19:58.7 99:53.5 1:31.2)

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1	4	Kaylee Shanley	Fr 19:04.0
2	7	Halley Dean	Fr 19:31.8
3	21	Jocelyn Stillwell	Jr 20:09.9
4	28	Anna Heer	So 20:32.6
5	30	Sarah Heer	So 20:35.2
6	(38)	Kayla Dohm	So 21:06.7

4. 104 Central Methodist (20:13.1 101:05.3 1:28.7)

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1	6	Emily Nealley	So 19:25.0
2	17	Megan Greener	Jr 20:00.1
3	23	Veronica Hancock	So 20:21.6
4	25	Shannon Feurt	So 20:24.9
5	33	Allyson Ng	Jr 20:53.7
6	(50)	Abby Cross	Fr 21:50.3
7	(53)	Kayla Dawkins	Fr 21:57.7

5. 156 Grand View (20:45.7 103:48.4 1:58.7)

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1	11	Jasmine Nielsen	Sr 19:38.4
2	26	Hayley Leonard	Jr 20:27.1
3	31	Kim Teno	Jr 20:40.0
4	43	Anna Halstead	So 21:25.8
5	45	Hannah Sobaski	Jr 21:37.1
6	(51)	Natalie Potts	Jr 21:51.0
7	(56)	Christa Nordgren	So 22:04.4

6. 159 Clarke (20:50.2 104:10.9 2:05.5)

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1	10	Lauren Block	Fr 19:36.0
2	24	Hayley Einsweiler	Fr 20:24.4
3	37	Kyra Deschepper	Sr 21:04.1
4	42	Sydnee Hendricks	So 21:24.9
5	46	Anna Cole	So 21:41.5
6	(47)	Stephanie Kasiurak	Sr 21:42.6
7	(55)	Anna Herber	Jr 22:00.8

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7.	165	Baker	(20:52.4 104:21.6 2:07.7)
=====			
1	9	Sarah Hollis	So 19:35.9
2	34	Madison Dispensa	Fr 20:54.7
3	35	Brenda McCollum	So 20:59.1
4	39	Jenna Black	Fr 21:08.3
5	48	Shelby Stephens	Jr 21:43.6
6	(54)	Caitlin Apollo	So 21:58.8
7	(63)	Emma Grossner	Fr 22:58.1
8.	182	Evangel	(21:03.9 105:19.1 2:34.7)
=====			
1	8	Emily Perona	Sr 19:32.8
2	32	Bethany Davis	Jr 20:52.4
3	41	Hannah Perona	So 21:20.6
4	44	Yoseline Robles	So 21:25.8
5	57	Caitlin Iwanowski	So 22:07.5
6	(59)	Kara Speights	So 22:29.5
7	(67)	Emily Vance	Jr 23:38.6
9.	288	Avila	(23:10.4 115:51.7 6:07.9)
=====			
1	27	Jenna Rangel	Sr 20:28.5
2	49	Tiffany Zinn	Sr 21:45.4
3	60	Arieahana Gatton	Fr 22:35.6
4	72	Mia Rosinski	So 24:25.8
5	80	Alison Braun	Fr 26:36.4
10.	294	William Penn	(22:54.5 114:32.4 3:31.0)
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1	36	Deja Lewis	Jr 21:00.0
2	52	Guadalupe Gonzalez	So 21:55.1
3	64	Destiny Hobbs-Galvin	Fr 23:18.9
4	68	Alexys Devlin	Jr 23:47.4
5	74	Arianna Davis	Jr 24:31.0
11.	309	Culver-Stockton	(23:39.9 118:19.3 5:30.3)
=====			
1	22	Skyler Barger	Sr 20:18.2
2	65	Ceara Flowers	Sr 23:32.7
3	66	Miatta Sicarr	Fr 23:34.5
4	77	Jenny Ware	Jr 25:05.4
5	79	Lauren Porter	So 25:48.5
6	(84)	Hannah Anderson	Jr 27:37.7
12.	360	Peru State	(24:29.1 122:25.1 3:18.2)
=====			
1	58	Rachel Loecker	So 22:26.3
2	73	Christa Scott	Sr 24:28.0
3	75	Payton Baier	Fr 24:50.8
4	76	Hannah Wynn	Sr 24:55.5
5	78	Sarah Newell	Sr 25:44.5
6	(82)	Kiana Borengasser	Jr 26:59.9
7	(85)	Samantha Daake	Fr 27:45.8

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13. 361 Graceland (25:12.2 126:01.0 6:53.9)

=====

1	61	Elizabeth Reynolds	Sr	22:43.1
2	62	Sara Ruckman	Sr	22:43.2
3	71	Chelsey Phoebus	Jr	24:18.3
4	81	Taylor Farnsworth	Fr	26:39.4
5	86	Madison Hagey	So	29:37.0

14. 397 Missouri Valley (30:06.8 150:33.718:56.2)

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1	69	Allison Kuchan	Jr	24:10.4
2	70	Cheyanna Weaver	Fr	24:15.1
3	83	Mackenzie Tuck	Fr	27:31.3
4	87	Maleya Schmidt	Fr	31:30.3
5	88	Kelsea Miller	Fr	43:06.6