

MIAC Outdoor Track & Field Championships

Macalester College

St. Paul, MN - 5/8/2015 to 5/9/2015

Results

Women 100 Meter Dash

MIAC: 11.89 M 2012 Ashley Carney
Stadium: 11.71 S 2002 Muffy Isreal

| Name | Yr | School | Prelims |
|----------------------|-------------------------|-----------------|-------------|
| Preliminaries | | | |
| 1 | Wells-Johnson, Shakeela | SO St. Catherin | 12.60Q-1.8 |
| 2 | Jones, Callie | SO Augsburg | 12.78Q-1.7 |
| 3 | Krier, Jillian | SO Bethel | 12.99Q-2.4 |
| 4 | Hickerson, Rochelle | SR Concordia-Mo | 12.66q -1.8 |
| 5 | Maki, Megan | SO St. Thomas | 12.94q -1.7 |
| 6 | Tipp, Erika | SR St. Thomas | 12.97q -1.7 |
| 7 | VanWylen, Madison | JR St. Olaf | 13.04q -1.8 |
| 8 | Schommer, Laura | SR Saint Mary's | 13.13q -2.4 |
| 9 | Sonsalla, Hannah | FR Macalester | 13.16q -1.8 |
| 10 | Shafer, Izzy | FR Hamline | 13.23 -1.7 |
| 11 | Ortiz, Erin | SR Macalester | 13.25 -2.4 |
| 12 | Pierce, Khadijah | FR Hamline | 13.28 -2.4 |
| 13 | Clintzman, Valerie | JR St. Benedict | 13.31 -1.7 |
| 14 | Fricke, Audrey | SR St. Benedict | 13.35 -1.8 |
| 15 | Hensch, Mikayla | SO Hamline | 13.41 -1.8 |
| 16 | Fischer, Hana | SR Gustavus Ado | 13.43 -2.4 |
| 17 | Petrich, Chelsey | FR Concordia-Mo | 13.43 -1.8 |
| 18 | Adams, Suzi | JR St. Benedict | 13.48 -1.7 |
| 19 | Hickey, Elizabeth | FR Augsburg | 13.52 -1.7 |
| 20 | Regan, Anik | SO Macalester | 13.54 -2.4 |
| 21 | Elford, Ashley | FR Gustavus Ado | 13.55 -1.8 |
| 22 | Nordquist, Miriam | FR Bethel | 13.58 -2.4 |
| 23 | Bassier, Emma | FR St. Thomas | 13.62 -1.7 |
| 24 | Schuchard, Hayley | JR St. Thomas | 13.83 -2.4 |
| 25 | Stavedahl, Jordan | FR St. Benedict | 13.84 -1.8 |
| 26 | Vezina, Jane | FR St. Olaf | 13.91 -1.7 |
| 27 | Henkemeyer, Ellie | SO St. Thomas | 14.05 -2.4 |

Women 100 Meter Dash

MIAC: 11.89 M 2012 Ashley Carney
Stadium: 11.71 S 2002 Muffy Isreal

| Name | Yr | School | Finals |
|---------------|-------------------------|-----------------|-----------|
| Finals | | | |
| 1 | Wells-Johnson, Shakeela | SO St. Catherin | 12.12 10 |
| 2 | Jones, Callie | SO Augsburg | 12.15 8 |
| 3 | Hickerson, Rochelle | SR Concordia-Mo | 12.29 6 |
| 4 | Tipp, Erika | SR St. Thomas | 12.49 5 |
| 5 | Krier, Jillian | SO Bethel | 12.57 4 |
| 6 | Maki, Megan | SO St. Thomas | 12.65 3 |
| 7 | Schommer, Laura | SR Saint Mary's | 12.74 2 |
| 8 | VanWylen, Madison | JR St. Olaf | 12.77 1 |
| 9 | Sonsalla, Hannah | FR Macalester | 12.95 1.3 |

Women 200 Meter Dash

MIAC: 24.73 M 1999 Erica Stone
Stadium: 24.05 S 2002 Amber James

| Name | Yr | School | Prelims |
|----------------------|---------------------|-----------------|-------------|
| Preliminaries | | | |
| 1 | Lundstrom, Hannah | FR Concordia-Mo | 25.37Q-0.6 |
| 2 | Stets, Abby | FR St. Olaf | 25.84Q-2.3 |
| 3 | Sonsalla, Hannah | FR Macalester | 25.89Q-1.7 |
| 4 | Hickerson, Rochelle | SR Concordia-Mo | 26.01q -2.3 |
| 5 | Tipp, Erika | SR St. Thomas | 26.02q -2.3 |
| 6 | Tipp, Angela | SR St. Thomas | 26.10q -1.7 |
| 6 | Ortiz, Erin | SR Macalester | 26.10q -2.3 |
| 8 | Jones, Callie | SO Augsburg | 26.34q -1.7 |
| 9 | Schommer, Laura | SR Saint Mary's | 26.37q -0.6 |
| 10 | Maki, Megan | SO St. Thomas | 26.41 -1.7 |
| 11 | Shafer, Izzy | FR Hamline | 26.43 -1.7 |
| 12 | Krier, Jillian | SO Bethel | 26.57 -0.6 |
| 13 | Elford, Ashley | FR Gustavus Ado | 26.64 -0.6 |
| 14 | Murray, Katie | FR St. Thomas | 26.64 -2.3 |
| 15 | Diener, Emily | SR Macalester | 26.65 -1.7 |
| 16 | Bembenek, Kaitlin | JR Gustavus Ado | 26.77 -0.6 |
| 17 | Fischer, Hana | SR Gustavus Ado | 26.90 -1.7 |
| 18 | Regan, Anik | SO Macalester | 26.96 -2.3 |
| 19 | Fricke, Audrey | SR St. Benedict | 27.21 -0.6 |
| 20 | Adams, Suzi | JR St. Benedict | 27.24 -1.7 |
| 21 | Clintzman, Valerie | JR St. Benedict | 27.31 -0.6 |
| 22 | Hensch, Mikayla | SO Hamline | 27.35 -2.3 |
| 23 | Hickey, Elizabeth | FR Augsburg | 27.45 -2.3 |
| 24 | Pierce, Khadijah | FR Hamline | 27.69 -1.7 |
| 25 | Bassier, Emma | FR St. Thomas | 27.75 -0.6 |
| 26 | Henkemeyer, Ellie | SO St. Thomas | 28.16 -2.3 |

Women 200 Meter Dash

MIAC: 24.73 M 1999 Erica Stone
Stadium: 24.05 S 2002 Amber James

| Name | Yr | School | Finals |
|---------------|---------------------|-----------------|-----------|
| Finals | | | |
| 1 | Lundstrom, Hannah | FR Concordia-Mo | 25.68 10 |
| 2 | Stets, Abby | FR St. Olaf | 26.06 8 |
| 3 | Tipp, Erika | SR St. Thomas | 26.21 6 |
| 4 | Sonsalla, Hannah | FR Macalester | 26.25 5 |
| 5 | Tipp, Angela | SR St. Thomas | 26.36 4 |
| 6 | Hickerson, Rochelle | SR Concordia-Mo | 26.54 3 |
| 7 | Jones, Callie | SO Augsburg | 26.64 2 |
| 8 | Ortiz, Erin | SR Macalester | 26.75 1 |
| 9 | Schommer, Laura | SR Saint Mary's | 26.82 NWI |



MIAC Outdoor Track & Field Championships

Macalester College

St. Paul, MN - 5/8/2015 to 5/9/2015

Results

Women 400 Meter Dash

MIAC: 55.98 M 2010 Nikki Arola
Stadium: 53.81 S 2002 Amber James

| Name | Yr | School | Prelims |
|----------------------|-------------------|-----------------|---------|
| Preliminaries | | | |
| 1 | Tipp, Angela | SR St. Thomas | 57.10Q |
| 2 | Stets, Abby | FR St. Olaf | 57.45Q |
| 3 | Lundstrom, Hannah | FR Concordia-Mo | 57.62Q |
| 4 | Simon, Reilly | JR Carleton | 58.03q |
| 5 | Grisanzio, Emma | SO Carleton | 58.25q |
| 6 | Wilson, Ellie | SR Carleton | 58.70q |
| 7 | Diener, Emily | SR Macalester | 58.75q |
| 8 | Bembenek, Kaitlin | JR Gustavus Ado | 59.37q |
| 9 | McKinsey, Kayla | JR Carleton | 59.57q |
| 10 | Dellwo, Kristy | FR Hamline | 1:00.30 |
| 11 | Thoemke, Megan | FR St. Catherin | 1:00.61 |
| 12 | Mertens, Kristen | SO Gustavus Ado | 1:01.73 |
| 13 | Baker, Brianna | JR Hamline | 1:02.11 |
| 14 | Kintop, Natalie | SO St. Thomas | 1:03.03 |
| 15 | Porter, Erin | JR Macalester | 1:03.72 |
| 16 | Garriga, Mercy | FR St. Olaf | 1:03.91 |
| 17 | Forcica, Grace | JR St. Thomas | 1:05.45 |
| 18 | Hohenshell, Emily | FR St. Catherin | 1:07.20 |
| 19 | Thompson, Jenna | SO St. Catherin | 1:07.92 |
| 20 | Degelau, Brooke | SO Hamline | 1:10.67 |

Women 400 Meter Dash

MIAC: 55.98 M 2010 Nikki Arola
Stadium: 53.81 S 2002 Amber James

| Name | Yr | School | Finals |
|---------------|-------------------|-----------------|-----------|
| Finals | | | |
| 1 | Tipp, Angela | SR St. Thomas | 56.39 10 |
| 2 | Stets, Abby | FR St. Olaf | 56.94 8 |
| 3 | Lundstrom, Hannah | FR Concordia-Mo | 57.43 6 |
| 4 | Simon, Reilly | JR Carleton | 57.90 5 |
| 5 | Grisanzio, Emma | SO Carleton | 58.49 4 |
| 6 | Diener, Emily | SR Macalester | 58.70 3 |
| 7 | Wilson, Ellie | SR Carleton | 58.95 2 |
| 8 | McKinsey, Kayla | JR Carleton | 1:00.09 1 |
| 9 | Bembenek, Kaitlin | JR Gustavus Ado | 1:01.87 |

Women 800 Meter Run

MIAC: 2:07.84 M 2010 Marie Borner
Stadium: 2:09.06 S 2002 Liz Woodworth

| Name | Yr | School | Prelims |
|----------------------|---------------|---------------|----------|
| Preliminaries | | | |
| 1 | Alpers, Erin | FR Bethel | 2:15.12Q |
| 2 | Gibson, Irene | SR Macalester | 2:16.24Q |

| | | | |
|-----|-------------------------|-----------------|----------|
| 3 | Goeman, Kayla | SR St. Thomas | 2:16.49Q |
| 4 | Dengel, Olivia | FR St. Benedict | 2:15.26Q |
| 5 | Gapinski, Emily | JR St. Thomas | 2:16.72Q |
| 6 | Barton, Carly | SO St. Thomas | 2:16.81Q |
| 7 | Kosobud, Allison | SO St. Benedict | 2:15.37q |
| 8 | Schnaith, Abbey | JR St. Olaf | 2:17.12q |
| 9 | Roberge, Kayla | SR Augsburg | 2:17.15q |
| 10 | Wesley, Rebecca | SR Bethel | 2:17.30 |
| 11 | Campbell, Caroline | JR Carleton | 2:18.40 |
| 12 | Janto, Kayla | SO St. Thomas | 2:19.53 |
| 13 | Greene, Ingrid | SR Macalester | 2:20.84 |
| 14 | Garson-Shumway, Carmen | FR Macalester | 2:21.13 |
| 15 | Whealy, Blythe | JR Bethel | 2:21.29 |
| 16 | Balzer, Nicole | SO Bethel | 2:23.23 |
| 17 | Pillar, Allison | SO Macalester | 2:23.34 |
| 18 | Bransford, Sarah | SR St. Olaf | 2:24.26 |
| 19 | Algren, Mikaela | SO Gustavus Ado | 2:24.73 |
| 20 | Brady, Ellen | SR Macalester | 2:24.91 |
| 21 | Prescott, Natalie | SO Macalester | 2:25.14 |
| 22 | Rogers-Grant, Lily | SO Macalester | 2:25.73 |
| 23 | Simones, Victoria | SO St. Thomas | 2:26.44 |
| 24 | Toner, Caitlin | SR Macalester | 2:27.08 |
| 25 | Berkenes, Alicia | FR Saint Mary's | 2:30.81 |
| 26 | Phillips Longley, Emily | JR Carleton | 2:31.70 |
| --- | Forness, Mikayla | SO Concordia-Mo | DQ |

Women 800 Meter Run

MIAC: 2:07.84 M 2010 Marie Borner
Stadium: 2:09.06 S 2002 Liz Woodworth

| Name | Yr | School | Finals |
|---------------|------------------|-----------------|------------|
| Finals | | | |
| 1 | Goeman, Kayla | SR St. Thomas | 2:12.37 10 |
| 2 | Barton, Carly | SO St. Thomas | 2:13.52 8 |
| 3 | Dengel, Olivia | FR St. Benedict | 2:13.88 6 |
| 4 | Gibson, Irene | SR Macalester | 2:14.24 5 |
| 5 | Gapinski, Emily | JR St. Thomas | 2:15.16 4 |
| 6 | Kosobud, Allison | SO St. Benedict | 2:15.36 3 |
| 7 | Alpers, Erin | FR Bethel | 2:15.38 2 |
| 8 | Roberge, Kayla | SR Augsburg | 2:16.84 1 |
| 9 | Schnaith, Abbey | JR St. Olaf | 2:20.68 |

Women 1500 Meter Run

MIAC: 4:29.20 M 2009 Marie Borner
Stadium: 4:12.50 S 2003 Carrie Tollefson

| Name | Yr | School | Prelims |
|----------------------|----------------------|-------------|----------|
| Preliminaries | | | |
| 1 | Celichowski, Colette | SR Carleton | 4:46.65Q |
| 2 | Halverson, Annika | FR Bethel | 4:49.34Q |
| 3 | Holmes, Megan | SR St. Olaf | 4:46.86Q |
| 4 | Nipper, Nicole | SO Carleton | 4:49.81Q |



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Results

Preliminaries ... (Women 1500 Meter Run)

| Name | Yr | School | Prelims |
|------------------------------|----|--------------|----------|
| 5 Walz, Jenny | FR | St. Thomas | 4:46.97Q |
| 6 Gapinski, Emily | JR | St. Thomas | 4:51.02Q |
| 7 Engstrom, Melissa | SR | St. Thomas | 4:47.00Q |
| 8 Gammon-Deering, Manon | SR | St. Benedict | 4:51.31Q |
| 9 Terukina, Megan | JR | St. Thomas | 4:47.66Q |
| 10 Rachel, Winona | SO | Carleton | 4:51.68Q |
| 11 Kaegi, Emily | FR | Carleton | 4:49.04q |
| 12 Jaffe, Dorrian | FR | Carleton | 4:51.89q |
| 13 Brekke, Josephine | SO | St. Olaf | 4:52.14 |
| 14 Russell, Karlyn | SO | Macalester | 4:54.06 |
| 15 Eide, Mary | SO | St. Olaf | 4:54.77 |
| 16 Cornelius, Mary | JR | Augsburg | 4:56.17 |
| 17 Wilson, Grace | SO | St. Olaf | 4:59.76 |
| 18 Branch, Courtney | JR | Gustavus Ado | 5:01.16 |
| 19 Mermel, Kazia | SO | Carleton | 5:01.53 |
| 20 Kirkeide, Courtney | SO | St. Catherin | 5:02.29 |
| 21 Strickland, Shannon | SO | St. Catherin | 5:02.86 |
| 22 Ramsey, Eliza | SO | Macalester | 5:02.88 |
| 23 Weber, Emma | SO | St. Benedict | 5:02.94 |
| 24 Rosenow, Olivia | FR | Gustavus Ado | 5:04.88 |
| 25 Sherwood-Caballero, Lorna | FR | Macalester | 5:04.94 |
| 26 Lynch, Haley | SR | St. Benedict | 5:10.25 |
| 27 Comee, Laura | JR | St. Benedict | 5:10.41 |

Women 1500 Meter Run

MIAC: 4:29.20 M 2009 Marie Borner
 Stadium: 4:12.50 S 2003 Carrie Tolleffson

| Name | Yr | School | Finals |
|-------------------------|----|--------------|------------|
| Finals | | | |
| 1 Gapinski, Emily | JR | St. Thomas | 4:34.18 10 |
| 2 Celichowski, Colette | SR | Carleton | 4:37.22 8 |
| 3 Halverson, Annika | FR | Bethel | 4:37.59 6 |
| 4 Engstrom, Melissa | SR | St. Thomas | 4:39.41 5 |
| 5 Holmes, Megan | SR | St. Olaf | 4:39.51 4 |
| 6 Nipper, Nicole | SO | Carleton | 4:41.72 3 |
| 7 Walz, Jenny | FR | St. Thomas | 4:46.36 2 |
| 8 Terukina, Megan | JR | St. Thomas | 4:47.19 1 |
| 9 Gammon-Deering, Manon | SR | St. Benedict | 4:51.57 |
| 10 Kaegi, Emily | FR | Carleton | 4:53.17 |
| 11 Jaffe, Dorrian | FR | Carleton | 4:54.73 |
| 12 Rachel, Winona | SO | Carleton | 5:00.94 |

Women 5000 Meter Run

MIAC: 16:59.19 M 2014 Kimber Meyer
 Stadium: 15:45.67 S 2005 Carrie Tolleffson

| Name | Yr | School | Finals |
|---------------------|----|------------|-------------|
| Finals | | | |
| 1 Engstrom, Melissa | SR | St. Thomas | 18:01.38 10 |
| 2 Philippi, Morghen | JR | St. Olaf | 18:02.26 8 |

| | | | |
|------------------------------|----|--------------|------------|
| 3 Waananen, Amy | SR | St. Olaf | 18:05.53 6 |
| 4 Green, Kiley | JR | St. Benedict | 18:09.42 5 |
| 5 Sonnesyn, Marit | JR | Gustavus Ado | 18:20.74 4 |
| 6 Banz, Michaela | SR | St. Olaf | 18:24.09 3 |
| 7 Rasmussen, Brooke | FR | St. Benedict | 18:28.82 2 |
| 8 Nipper, Nicole | SO | Carleton | 18:35.70 1 |
| 9 Walton, Melody | SR | Bethel | 18:47.21 |
| 10 Richmond, Morgan | JR | Carleton | 18:49.61 |
| 11 Shurson, Lauren | JR | Gustavus Ado | 18:53.36 |
| 12 Coulter, Kelsey | SR | St. Olaf | 18:54.58 |
| 13 McGivern, Bridget | SO | St. Thomas | 19:03.03 |
| 14 Marsh, Melissa | FR | St. Thomas | 19:14.88 |
| 15 Russell, Karlyn | SO | Macalester | 19:17.86 |
| 16 Hendrickson, Mattia | SO | St. Benedict | 19:19.56 |
| 17 Trujillo, Claire | SO | Carleton | 19:19.84 |
| 18 Keller-Miller, Kathryn | SR | St. Benedict | 19:21.24 |
| 19 Sherwood-Caballero, Lorna | FR | Macalester | 19:24.03 |
| 20 Honnold, Becky | SO | Macalester | 19:30.78 |
| 21 Schoenbauer, Lauren | JR | St. Benedict | 19:39.18 |
| 22 Agre, Mata | JR | Gustavus Ado | 19:40.06 |
| 23 Comee, Laura | JR | St. Benedict | 19:40.27 |
| 24 Davidson, Lea | FR | Macalester | 19:52.15 |
| 25 McElroy, Jenna | SR | St. Catherin | 20:05.43 |
| 26 Stout, Mariah | FR | St. Catherin | 20:08.15 |
| 27 Falk, Sarissa | SO | Hamline | 20:14.72 |
| 28 Gallagher, Mariah | FR | Hamline | 20:19.11 |
| 29 Davidson, Katie | SO | Augsburg | 20:22.10 |
| 30 Johnson, Dayna | SR | St. Benedict | 20:31.99 |
| 31 Scherneck, Paige | SO | Saint Mary's | 20:57.80 |

Women 10000 Meter Run

MIAC: 34:22.58 M 1983 Debbie Thometz
 Stadium: 34:20.63 S 2005 Samia Akbar

| Name | Yr | School | Finals |
|--------------------------|----|--------------|-------------|
| Finals | | | |
| 1 Gillberg, Mollie | JR | Bethel | 37:16.08 10 |
| 2 Fermoyle, Caitlin | SR | Gustavus Ado | 37:22.51 8 |
| 3 Rasmussen, Brooke | FR | St. Benedict | 37:34.85 6 |
| 4 Green, Kiley | JR | St. Benedict | 37:40.51 5 |
| 5 Philippi, Morghen | JR | St. Olaf | 37:44.55 4 |
| 6 Sonnesyn, Marit | JR | Gustavus Ado | 38:19.12 3 |
| 7 Banz, Michaela | SR | St. Olaf | 38:33.12 2 |
| 8 Walton, Melody | SR | Bethel | 38:36.35 1 |
| 9 Keller-Miller, Kathryn | SR | St. Benedict | 38:41.20 |
| 10 Shurson, Lauren | JR | Gustavus Ado | 38:54.34 |
| 11 Irving, Taybri | SO | Augsburg | 39:01.97 |
| 12 Janes, Aurora | SR | Carleton | 39:42.41 |
| 13 McGivern, Bridget | SO | St. Thomas | 39:43.63 |
| 14 Davidson, Katie | SO | Augsburg | 42:07.90 |
| 15 Banaian, Esther | JR | St. Benedict | 43:54.99 |
| 16 Drache, Susan | JR | Concordia-Mo | 44:09.38 |



MIAC Outdoor Track & Field Championships
Macalester College
St. Paul, MN - 5/8/2015 to 5/9/2015

Results

Women 100 Meter Hurdles

MIAC: 14.13 M 2014 Mallory Burnham
 Stadium: 13.60 S 1998 Bridget Cochran

| Name | Yr | School | Prelims |
|----------------------|-------------------------|-----------------|------------|
| Preliminaries | | | |
| 1 | Saulsberry, Carolyn | JR Hamline | 14.98Q1.5 |
| 2 | Campbell, Amelia | JR Carleton | 15.31Q-2.4 |
| 3 | Wells-Johnson, Shakeela | SO St. Catherin | 15.51Q0.2 |
| 4 | Larson, Dani | SR St. Olaf | 15.42q 1.5 |
| 5 | Hoefl, Kari | FR St. Benedict | 15.57q 1.5 |
| 6 | Moore, Brittany | JR St. Catherin | 15.95q 1.5 |
| 7 | Bierman, Brielle | FR St. Thomas | 16.00q 0.2 |
| 8 | Westendorf, Micayla | JR St. Benedict | 16.10q 1.5 |
| 9 | Eischens, Laura | FR St. Thomas | 16.11q 1.5 |
| 10 | Hunter, Brooke | SO Macalester | 16.23 -2.4 |
| 11 | Eckberg, Megan | FR Gustavus Ado | 16.24 0.2 |
| 12 | Frier, Natalie | FR St. Benedict | 16.32 0.2 |
| 13 | Johnson, Vanessa | FR Concordia-Mo | 16.76 -2.4 |
| 14 | Sundstrom, Megan | FR St. Benedict | 16.90 0.2 |
| 15 | Gribble, Hanna | JR St. Thomas | 16.96 0.2 |
| 16 | Silbert, Sarah | SO Macalester | 17.11 0.2 |
| 17 | Koel, Gabby | SO Hamline | 17.17 1.5 |
| 18 | Salmanpour, Sophia | SR Hamline | 17.18 1.5 |
| 19 | Ackley, Ashleigh | JR St. Catherin | 17.50 1.5 |
| 20 | Cook, Bailey | JR St. Thomas | 17.65 -2.4 |
| 21 | Otto, Renae | FR St. Benedict | 17.67 -2.4 |
| 22 | Andersen, Marissa | FR Concordia-Mo | 17.69 -2.4 |
| 23 | Howe, Michelle | SR St. Benedict | 17.87 0.2 |
| 24 | Gunderson, Rachel | SR Gustavus Ado | 17.88 -2.4 |
| 25 | Carpenter, Simone | SR Macalester | 18.04 0.2 |
| 26 | Pettersen, Samantha | SO Bethel | 24.31 -2.4 |

Women 100 Meter Hurdles

MIAC: 14.13 M 2014 Mallory Burnham
 Stadium: 13.60 S 1998 Bridget Cochran

| Name | Yr | School | Finals |
|---------------|-------------------------|-----------------|-----------|
| Finals | | | |
| 1 | Saulsberry, Carolyn | JR Hamline | 14.59 10 |
| 2 | Wells-Johnson, Shakeela | SO St. Catherin | 14.66 8 |
| 3 | Campbell, Amelia | JR Carleton | 14.80 6 |
| 4 | Moore, Brittany | JR St. Catherin | 15.33 5 |
| 5 | Hoefl, Kari | FR St. Benedict | 15.36 4 |
| 6 | Larson, Dani | SR St. Olaf | 15.37 3 |
| 7 | Bierman, Brielle | FR St. Thomas | 15.40 2 |
| 8 | Westendorf, Micayla | JR St. Benedict | 15.54 1 |
| 9 | Eischens, Laura | FR St. Thomas | 15.94 2.3 |

Women 400 Meter Hurdles

MIAC: 1:00.36 M 1989 Carolyn Ross
 Stadium: 1:00.11 S 2002 Jessica Jensen

| Name | Yr | School | Prelims |
|----------------------|--------------------|-----------------|----------|
| Preliminaries | | | |
| 1 | Larson, Dani | SR St. Olaf | 1:04.16Q |
| 2 | Russ, Emma | JR Carleton | 1:04.47Q |
| 3 | Ellefson, Summer | JR St. Thomas | 1:06.76Q |
| 4 | Peterson, Emma | SO Concordia-Mo | 1:05.15q |
| 5 | Sundstrom, Megan | FR St. Benedict | 1:05.79q |
| 6 | Kiminski, Maria | SO St. Benedict | 1:06.96q |
| 7 | Thielen, Paige | JR Bethel | 1:07.11q |
| 8 | VanWylen, Madison | JR St. Olaf | 1:07.21q |
| 9 | Bierman, Brielle | FR St. Thomas | 1:07.78q |
| 10 | Smith, Keely | FR St. Thomas | 1:07.89 |
| 11 | Kemper, Haley | SR Gustavus Ado | 1:08.78 |
| 12 | Gribble, Hanna | JR St. Thomas | 1:09.53 |
| 13 | Woody, Nikaylah | FR Augsburg | 1:09.54 |
| 14 | Helstad, Hannah | FR St. Thomas | 1:09.77 |
| 15 | Betterman, Karly | FR St. Benedict | 1:10.02 |
| 16 | Johnson, Renee | JR Bethel | 1:11.65 |
| 17 | Morrier, Marie | FR St. Catherin | 1:11.71 |
| 18 | Howe, Michelle | SR St. Benedict | 1:11.76 |
| 19 | Hunter, Brooke | SO Macalester | 1:12.24 |
| 20 | Salmanpour, Sophia | SR Hamline | 1:12.53 |
| 21 | Steele, Hannah | SO Bethel | 1:13.15 |
| 22 | Hesse, Naomi | JR St. Olaf | 1:13.36 |
| 23 | Kalthoff, Heather | SR Gustavus Ado | 1:13.73 |
| 24 | Bratcher, Cayman | FR Bethel | 1:14.69 |
| 25 | Wyrick, Johannah | FR St. Catherin | 1:15.08 |
| 26 | Otto, Renae | FR St. Benedict | 1:18.07 |

Women 400 Meter Hurdles

MIAC: 1:00.36 M 1989 Carolyn Ross
 Stadium: 1:00.11 S 2002 Jessica Jensen

| Name | Yr | School | Finals |
|---------------|-------------------|-----------------|------------|
| Finals | | | |
| 1 | Larson, Dani | SR St. Olaf | 1:03.09 10 |
| 2 | Russ, Emma | JR Carleton | 1:03.79 8 |
| 3 | Peterson, Emma | SO Concordia-Mo | 1:04.33 6 |
| 4 | Sundstrom, Megan | FR St. Benedict | 1:04.51 5 |
| 5 | Ellefson, Summer | JR St. Thomas | 1:05.16 4 |
| 6 | Kiminski, Maria | SO St. Benedict | 1:05.39 3 |
| 7 | Bierman, Brielle | FR St. Thomas | 1:05.93 2 |
| 8 | Thielen, Paige | JR Bethel | 1:06.28 1 |
| 9 | VanWylen, Madison | JR St. Olaf | 1:06.36 |



MIAC Outdoor Track & Field Championships
Macalester College
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Results

Women 3000 Meter Steeplechase

MIAC: 10:46.23 M 2010 **Greta Sieve**
Stadium: 9:49.68 S 2003 **Brianne Shook**

| Name | Yr | School | Finals |
|------------------------|----|--------------|--------------|
| Finals | | | |
| 1 Steinke, Ruth | JR | Carleton | 10:37.58M 10 |
| 2 Bain, Piper | JR | St. Olaf | 11:08.53 8 |
| 3 O'Donnell, Jenna | SR | St. Benedict | 11:22.01 6 |
| 4 Gillberg, Mollie | JR | Bethel | 11:28.59 5 |
| 5 Fermoyle, Caitlin | SR | Gustavus Ado | 11:29.81 4 |
| 6 DeVore, Sarah Jo | SO | Macalester | 11:35.14 3 |
| 7 McElroy, Jenna | SR | St. Catherin | 11:38.36 2 |
| 8 Haus, Andrea | SR | Hamline | 11:49.82 1 |
| 9 Agre, Mata | JR | Gustavus Ado | 11:53.28 |
| 10 Torry-Schrag, Elena | SO | Macalester | 11:54.75 |
| 11 Reid, Elise | SO | St. Benedict | 12:08.31 |
| 12 Johnson, Lindsay | FR | Bethel | 12:08.33 |
| 13 Gossfeld, Megan | FR | St. Thomas | 12:08.69 |
| 14 Sneltsjes, Anna | SR | Concordia-Mo | 12:20.05 |
| 15 Womeldorf, Sam | JR | St. Benedict | 12:22.67 |
| 16 Henckel, Marit | SR | Gustavus Ado | 12:25.17 |
| 17 Betzler, Nikki | JR | Bethel | 12:55.34 |
| 18 Stewig, Blair | FR | Augsburg | 12:57.48 |

Women 4x100 Meter Relay

MIAC: 47.05 M 2012 **St. Thomas**
Burnham, Van Heel, Rozeske, Tipp

Stadium: 46.20 S 1998 **Christopher Newport**

| Team | Relay | Prelims |
|-------------------------|---------------------------|---------|
| Preliminaries | | |
| 1 Macalester | | 48.68Q |
| 1) Diener, Emily SR | 2) Ortiz, Erin SR | |
| 3) Regan, Anik SO | 4) Sonsalla, Hannah FR | |
| 2 St. Thomas | | 48.90Q |
| 1) Tipp, Erika SR | 2) Maki, Megan SO | |
| 3) Murray, Katie FR | 4) Tipp, Angela SR | |
| 3 Concordia-Moorhead | | 49.23q |
| 1) Walsh, Greta SO | 2) Petrich, Chelsey FR | |
| 3) Lundstrom, Hannah FR | 4) Hickerson, Rochelle SR | |
| 4 St. Olaf | | 49.24q |
| 1) Meakim, Lillie FR | 2) Stets, Abby FR | |
| 3) VanWynen, Madison JR | 4) Larson, Dani SR | |
| 5 Carleton | | 49.66q |
| 1) McKinsey, Kayla JR | 2) Grisanzio, Emma SO | |
| 3) Simon, Reilly JR | 4) Russ, Emma JR | |
| 6 St. Benedict | | 49.89q |
| 1) VanErp, Samantha JR | 2) Fricke, Audrey SR | |
| 3) Frier, Natalie FR | 4) Adams, Suzi JR | |

| | |
|-------------------------|-------------------------------|
| 7 Hamline | 50.00q |
| 1) Pierce, Khadijah FR | 2) Zwiefelhofer, Danielle FR |
| 3) Hensch, Mikayla SO | 4) Shafer, Izzy FR |
| 8 Bethel | 50.01q |
| 1) Krier, Jillian SO | 2) Thielen, Paige JR |
| 3) Cermin, Hayley FR | 4) Steele, Hannah SO |
| 9 St. Catherine | 50.43q |
| 1) Moore, Brittany JR | 2) Palmer, Abby SO |
| 3) Ackley, Ashleigh JR | 4) Wells-Johnson, Shakeela SO |
| 10 Gustavus Adolphus | 50.48 |
| 1) Fischer, Hana SR | 2) Elford, Ashley FR |
| 3) Eckberg, Megan FR | 4) Bembenek, Kaitlin JR |
| 11 Augsburg | 52.41 |
| 1) Hickey, Elizabeth FR | 2) Woody, Nikayah FR |
| 3) Angok, Tina SR | 4) Inthasone, Mam FR |

Women 4x100 Meter Relay

MIAC: 47.05 M 2012 **St. Thomas**
Burnham, Van Heel, Rozeske, Tipp

Stadium: 46.20 S 1998 **Christopher Newport**

| Team | Relay | Finals |
|-------------------------|-------------------------------|----------|
| Finals | | |
| 1 St. Thomas | | 48.68 10 |
| 1) Tipp, Erika SR | 2) Maki, Megan SO | |
| 3) Murray, Katie FR | 4) Tipp, Angela SR | |
| 2 St. Olaf | | 49.18 8 |
| 1) Meakim, Lillie FR | 2) Stets, Abby FR | |
| 3) VanWynen, Madison JR | 4) Larson, Dani SR | |
| 3 Macalester | | 49.23 6 |
| 1) Diener, Emily SR | 2) Ortiz, Erin SR | |
| 3) Regan, Anik SO | 4) Sonsalla, Hannah FR | |
| 4 Concordia-Moorhead | | 49.59 5 |
| 1) Walsh, Greta SO | 2) Petrich, Chelsey FR | |
| 3) Lundstrom, Hannah FR | 4) Hickerson, Rochelle SR | |
| 5 St. Catherine | | 50.34 4 |
| 1) Moore, Brittany JR | 2) Palmer, Abby SO | |
| 3) Ackley, Ashleigh JR | 4) Wells-Johnson, Shakeela SO | |
| 6 Hamline | | 50.35 3 |
| 1) Pierce, Khadijah FR | 2) Zwiefelhofer, Danielle FR | |
| 3) Hensch, Mikayla SO | 4) Shafer, Izzy FR | |
| 7 Carleton | | 50.37 2 |
| 1) McKinsey, Kayla JR | 2) Grisanzio, Emma SO | |
| 3) Simon, Reilly JR | 4) Russ, Emma JR | |
| 8 St. Benedict | | 50.51 1 |
| 1) VanErp, Samantha JR | 2) Fricke, Audrey SR | |
| 3) Frier, Natalie FR | 4) Clintsman, Valerie JR | |
| --- Bethel | | DNF |
| 1) Krier, Jillian SO | 2) Thielen, Paige JR | |
| 3) Cermin, Hayley FR | 4) Steele, Hannah SO | |



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Macalester College

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Results

Women 4x400 Meter Relay

MIAC: 3:51.56 M 2009

St. Thomas

Demmer, Evans, Theisen, Arola

Stadium: 3:44.27 S 2002

Wheaton (Mass)

| Team | Relay | Finals |
|---------------------------|-------------------------------|------------|
| Finals | | |
| 1 St. Olaf | | 3:53.29 10 |
| 1) Stets, Abby FR | 2) Hoops, Suzie SO | |
| 3) VanWylen, Madison JR | 4) Larson, Dani SR | |
| 2 St. Thomas | | 3:53.33 8 |
| 1) Tipp, Angela SR | 2) Tipp, Erika SR | |
| 3) Barton, Carly SO | 4) Goeman, Kayla SR | |
| 3 Carleton | | 3:54.08 6 |
| 1) Simon, Reilly JR | 2) Russ, Emma JR | |
| 3) Wilson, Ellie SR | 4) Grisanzio, Emma SO | |
| 4 Macalester | | 3:54.66 5 |
| 1) Diener, Emily SR | 2) Greene, Ingrid SR | |
| 3) Sonsalla, Hannah FR | 4) Gibson, Irene SR | |
| 5 Concordia-Moorhead | | 4:00.53 4 |
| 1) Lundstrom, Hannah FR | 2) Rosenfeldt, Katie JR | |
| 3) Skow-Anderson, Anna JR | 4) Forness, Mikayla SO | |
| 6 St. Benedict | | 4:01.19 3 |
| 1) Kiminski, Maria SO | 2) Dengel, Olivia FR | |
| 3) Sundstrom, Megan FR | 4) Kosobud, Allison SO | |
| 7 Bethel | | 4:01.79 2 |
| 1) Alpers, Erin FR | 2) Thielen, Paige JR | |
| 3) Balzer, Nicole SO | 4) Wesley, Rebecca SR | |
| 8 Hamline | | 4:04.84 1 |
| 1) Baker, Brianna JR | 2) Dellwo, Kristy FR | |
| 3) Saulsberry, Carolyn JR | 4) Shafer, Izzy FR | |
| 9 Augsburg | | 4:07.89 |
| 1) Woody, Nikaylah FR | 2) Jones, Callie SO | |
| 3) Cornelius, Mary JR | 4) Roberge, Kayla SR | |
| 10 Gustavus Adolphus | | 4:09.58 |
| 1) Kemper, Haley SR | 2) Bembenek, Kaitlin JR | |
| 3) Hayes, Lydia FR | 4) Mertens, Kristen SO | |
| 11 St. Catherine | | 4:14.34 |
| 1) Morrier, Marie FR | 2) Wells-Johnson, Shakeela SO | |
| 3) Hall, Rachel SO | 4) Thoenke, Megan FR | |

Women 4x800 Meter Relay

MIAC: 9:08.67 M 2008

St. Thomas

Hupp, Russ, Sprangers, Theisen

Stadium: 9:19.62 S 2005

Macalseter

| Team | Relay | Finals |
|------------------------|-----------------------------|-------------|
| Finals | | |
| 1 St. Benedict | | 9:18.91S 10 |
| 1) Dengel, Olivia FR | 2) Gammon-Deering, Manon SR | |
| 3) O'Donnell, Jenna SR | 4) Kosobud, Allison SO | |

| | |
|---------------------------|------------------------------|
| 2 Carleton | 9:21.41 8 |
| 1) Chavez, Lindsey FR | 2) Campbell, Caroline JR |
| 3) Jaffe, Dorrian FR | 4) Steinke, Ruth JR |
| 3 Bethel | 9:21.47 6 |
| 1) Wesley, Rebecca SR | 2) Balzer, Nicole SO |
| 3) Whealy, Blythe JR | 4) Halverson, Annika FR |
| 4 St. Olaf | 9:22.30 5 |
| 1) Moody, Jena FR | 2) Hoops, Suzie SO |
| 3) Schnaith, Abbey JR | 4) Holmes, Megan SR |
| 5 St. Thomas | 9:29.65 4 |
| 1) Janto, Kayla SO | 2) Glassbrenner, Ali FR |
| 3) Giefer, Julia FR | 4) Junget, Aimee JR |
| 6 Macalester | 9:36.66 3 |
| 1) Greene, Ingrid SR | 2) Toner, Caitlin SR |
| 3) Brady, Ellen SR | 4) Garson-Shumway, Carmen FR |
| 7 St. Catherine | 9:46.95 2 |
| 1) Strickland, Shannon SO | 2) Kirkeide, Courtney SO |
| 3) Hall, Rachel SO | 4) Morrier, Marie FR |
| 8 Gustavus Adolphus | 9:48.80 1 |
| 1) Algren, Mikaela SO | 2) Branch, Courtney JR |
| 3) Mertens, Kristen SO | 4) Agre, Mata JR |
| 9 Concordia-Moorhead | 9:56.09 |
| 1) Rosenfeldt, Katie JR | 2) Uhrich, Melissa JR |
| 3) Hamilton, Olivia FR | 4) Forness, Mikayla SO |
| 10 Hamline | 10:18.43 |
| 1) Nash, Alyssa FR | 2) Kennedy, Brenna JR |
| 3) Hankins, Holly FR | 4) Haus, Andrea SR |

Women High Jump

MIAC: 1.72m M 2004

Kristal Grigsby

MIAC: 1.72m M 1987

Holly Broadmarkle

Stadium: 1.72m S 1987

Robin Hackbarth

Stadium: 1.72m S 1989

Jode Swenson

| Name | Yr | School | Finals |
|-----------------------|----|--------------|------------|
| Finals | | | |
| 1 Larson, Dani | SR | St. Olaf | 1.64m 10 |
| 2 Peterson, Emma | SO | Concordia-Mo | 1.61m 7 |
| 2 Cook, Bailey | JR | St. Thomas | 1.61m 7 |
| 4 Evenson, Alicia | JR | St. Benedict | 1.56m 5 |
| 5 Skow-Anderson, Anna | JR | Concordia-Mo | J1.56m 4 |
| 6 Manning, Sarah | SR | St. Catherin | J1.56m 3 |
| 7 Johnson, Vanessa | FR | Concordia-Mo | J1.56m 1.5 |
| 7 Good, Alexis | JR | St. Benedict | J1.56m 1.5 |
| 9 VanWylen, Madison | JR | St. Olaf | J1.56m |
| 9 Dillie, Katie | SO | Bethel | J1.56m |
| 11 Campbell, Amelia | JR | Carleton | 1.51m |
| 11 Balzer, Dani | SO | Bethel | 1.51m |
| 11 Ordner, Maddie | SO | St. Thomas | 1.51m |
| 14 Wagener, Kirsten | FR | St. Thomas | J1.51m |
| 15 Murray, Katie | FR | St. Thomas | J1.51m |
| 16 Wagner, Anna | JR | St. Benedict | J1.51m |



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Finals ... (Women High Jump)

| Name | Yr | School | Finals |
|----------------------|----|--------------|--------|
| 16 Fokken, Niki | FR | St. Benedict | J1.51m |
| 18 Klapper, Meghan | SO | Macalester | 1.46m |
| 18 Andersen, Marissa | FR | Concordia-Mo | 1.46m |
| 18 Molitor, Tiana | FR | St. Thomas | 1.46m |
| 21 Bednar, Bridget | FR | Augsburg | J1.46m |

Women Pole Vault

| Name | Yr | School | Finals |
|-----------------------|----|--------------|--------|
| MIAC: 3.79m M 2013 | | Allyson Voos | |
| Stadium: 3.82m S 2002 | | Kelly Brown | |

| Name | Yr | School | Finals |
|----------------------|----|--------------|-----------|
| 1 Stelten, London | SO | St. Benedict | 3.53m 10 |
| 2 Missurelli, Maria | FR | Saint Mary's | 3.30m 8 |
| 3 Substad, Angela | SR | Bethel | 3.20m 6 |
| 4 Khauv, Olivia | SR | St. Thomas | J3.20m 5 |
| 5 Harms, Kelsey | JR | Gustavus Ado | J3.20m 4 |
| 6 O'Leary, KelliAnne | JR | Bethel | J3.20m 3 |
| 7 Schommer, Laura | SR | Saint Mary's | 3.05m 1.5 |
| 7 Fulton, Emma | JR | St. Olaf | 3.05m 1.5 |
| 9 Davis, Anna | FR | St. Benedict | J3.05m |
| 10 Forker, Sarah | FR | Bethel | 2.90m |
| 11 Richards, Katie | SR | Carleton | J2.90m |
| 11 Kersten, Samantha | SO | St. Olaf | J2.90m |
| 13 Lenz, Merina | SO | Hamline | J2.90m |
| 14 LaFontaine, Emily | SR | Gustavus Ado | 2.75m |
| 15 Geiser, Christina | FR | St. Benedict | J2.75m |
| 16 Regan, Anik | SO | Macalester | J2.75m |
| 17 Johnson, Anna | JR | St. Olaf | 2.60m |
| 17 Wendt, Katya | JR | St. Olaf | 2.60m |

Women Long Jump

| Name | Yr | School | Finals |
|-----------------------|----|-----------------|--------|
| MIAC: 5.92m M 2005 | | Kristal Grigsby | |
| Stadium: 5.92m S 2005 | | Kristal Grigsby | |

| Name | Yr | School | Finals |
|------------------------|----|--------------|------------|
| 1 Hickerson, Rochelle | SR | Concordia-Mo | 5.45m 10 |
| 2 Campbell, Amelia | JR | Carleton | 5.27m 8 |
| 3 Cook, Bailey | JR | St. Thomas | 5.23m 6 |
| 4 Britton, Damali | FR | Carleton | 5.15m 5 |
| 5 Peterson, Zoe | SO | Carleton | 5.13m 4 |
| 6 Fahnlander, Taylor | SO | St. Thomas | 5.10m 3 |
| 7 Eckberg, Megan | FR | Gustavus Ado | 5.05m 2 |
| 8 Dillie, Katie | SO | Bethel | 4.98m 1 |
| 9 Fricke, Audrey | SR | St. Benedict | J4.98m 2.5 |
| 10 VanErp, Samantha | JR | St. Benedict | 4.94m 1.3 |
| 11 Nester, Sara | SR | Hamline | 4.91m 2.2 |
| 12 Saulsberry, Carolyn | JR | Hamline | 4.87m 0.1 |
| 13 Peterson, Emma | SO | Concordia-Mo | 4.83m 0.9 |
| 14 Korsah, Georgia | SR | Hamline | 4.74m 1.7 |

| | | | |
|---------------------------|----|--------------|-----------|
| 15 Jones, Callie | SO | Augsburg | 4.69m 2.4 |
| 16 Zwiefelhofer, Danielle | FR | Hamline | 4.66m 2.2 |
| 17 Wagener, Kirsten | FR | St. Thomas | 4.62m 2.2 |
| 18 Schuchard, Hayley | JR | St. Thomas | 4.59m 1.4 |
| 19 Andersen, Marissa | FR | Concordia-Mo | 4.41m 1.3 |
| 20 Cermin, Hayley | FR | Bethel | 4.34m 1.5 |

Women Triple Jump

| Name | Yr | School | Finals |
|------------------------|----|----------------|--------|
| MIAC: 11.96m M 2007 | | Selina Dehn | |
| Stadium: 12.66m S 1998 | | Monique Hacker | |

| Name | Yr | School | Finals |
|---------------------------|----|--------------|------------|
| 1 Saulsberry, Carolyn | JR | Hamline | 11.82m 10 |
| 2 Britton, Damali | FR | Carleton | 11.36m 8 |
| 3 Wagner, Anna | JR | St. Benedict | 11.13m 6 |
| 4 VanErp, Samantha | JR | St. Benedict | 10.93m 5 |
| 5 Kemper, Haley | SR | Gustavus Ado | 10.92m 4 |
| 6 Sundstrom, Megan | FR | St. Benedict | 10.83m 3 |
| 7 Nester, Sara | SR | Hamline | 10.82m 2 |
| 8 Peterson, Zoe | SO | Carleton | 10.81m 1 |
| 9 Wagener, Kirsten | FR | St. Thomas | 10.55m 1.2 |
| 10 Walsh, Greta | SO | Concordia-Mo | 10.39m 2.7 |
| 11 Hensch, Mikayla | SO | Hamline | 10.26m 2.6 |
| 12 Murray, Katie | FR | St. Thomas | 10.22m 2.1 |
| 13 Korsah, Georgia | SR | Hamline | 10.19m 1.9 |
| 14 Hoeft, Kari | FR | St. Benedict | 10.12m 1.4 |
| 15 Johnson, Vanessa | FR | Concordia-Mo | 10.10m 2.7 |
| 16 Khauv, Olivia | SR | St. Thomas | 10.03m 2.0 |
| 17 Russell, Elizabeth | SO | St. Thomas | 10.02m 3.1 |
| 17 Zwiefelhofer, Danielle | FR | Hamline | 10.02m 2.8 |
| 19 Lenz, Merina | SO | Hamline | 9.91m 2.3 |
| --- Palmer, Abby | SO | St. Catherin | FOUL |

Women Shot Put

| Name | Yr | School | Finals |
|------------------------|----|--------------|--------|
| MIAC: 14.57m M 2013 | | Becky Culp | |
| Stadium: 15.52m S 2012 | | Tina DeLokis | |

| Name | Yr | School | Finals |
|--------------------|----|--------------|-----------|
| 1 Reeves, Cherae | SR | Concordia-Mo | 14.18m 10 |
| 2 Putland, Jessica | SR | Hamline | 13.64m 8 |
| 3 Johnson, Olivia | JR | Concordia-Mo | 13.21m 6 |
| 4 Urbanowicz, Erin | SR | Hamline | 13.05m 5 |
| 5 Swanson, Sarah | SR | Gustavus Ado | 12.87m 4 |
| 6 Birchem, Hillary | SR | Concordia-Mo | 12.65m 3 |
| 7 Mercil, Mandy | SO | Concordia-Mo | 12.56m 2 |
| 8 Koltveit, Jerri | SR | Hamline | 12.42m 1 |
| 9 Solheim, Hayley | SO | Gustavus Ado | 12.32m |
| 10 Helgeson, Kara | SO | Gustavus Ado | 11.86m |
| 11 Colter, Rachel | SR | Gustavus Ado | 11.52m |
| 12 Lange, Libby | SO | St. Thomas | 11.19m |
| 13 Eischens, Laura | FR | St. Thomas | 11.15m |



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Results

Finals ... (Women Shot Put)

| Name | Yr | School | Finals |
|------------------------|----|--------------|--------|
| 14 Robertson, Ivannie | FR | Hamline | 11.01m |
| 15 Koel, Gabby | SO | Hamline | 10.83m |
| 16 Skow-Anderson, Anna | JR | Concordia-Mo | 10.52m |
| 17 Thompson, Ashley | JR | Concordia-Mo | 10.49m |
| 18 Charley, Angela | FR | St. Benedict | 10.30m |
| 19 Nai, Zexin | JR | Macalester | 10.08m |
| 20 Verdugo, Kiana | FR | Hamline | 9.28m |

Women Discus Throw

MIAC: 54.17m M 1992 Kris Kuehl
 Stadium: 57.46m S 2004 Kris Kuehl
 Stadium: 57.46m S Melissa Norton

| Name | Yr | School | Finals |
|------------------------|----|--------------|-----------|
| 1 Birchem, Hillary | SR | Concordia-Mo | 47.91m 10 |
| 2 Gates, Genevieve | SO | St. Thomas | 40.81m 8 |
| 3 Koltveit, Jerri | SR | Hamline | 39.97m 6 |
| 4 Swanson, Sarah | SR | Gustavus Ado | 39.08m 5 |
| 5 Mercil, Mandy | SO | Concordia-Mo | 38.62m 4 |
| 6 Hovland, Bailey | FR | Concordia-Mo | 37.56m 3 |
| 7 Solberg, Alyssa | SR | Bethel | 37.11m 2 |
| 8 Thompson, Ashley | JR | Concordia-Mo | 36.95m 1 |
| 9 Johnson, Annika | FR | St. Olaf | 36.43m |
| 10 Helgeson, Kara | SO | Gustavus Ado | 35.95m |
| 11 Roberson, Taylor | SO | Hamline | 35.84m |
| 12 Johnson, Olivia | JR | Concordia-Mo | 35.17m |
| 13 Passaglia, Amanda | FR | Bethel | 35.15m |
| 14 Szyszka, Nicole | SO | St. Catherin | 33.65m |
| 15 Skow-Anderson, Anna | JR | Concordia-Mo | 33.50m |
| 16 Luther, Risa | JR | Macalester | 33.23m |
| 17 Robertson, Ivannie | FR | Hamline | 32.80m |
| 18 Charley, Angela | FR | St. Benedict | 31.95m |
| 19 Graham, Olivia | SO | St. Thomas | 31.62m |
| 20 Verdugo, Kiana | FR | Hamline | 29.91m |

Women Hammer Throw

MIAC: 52.70m M 2012 Shawny Kramer
 Stadium: 54.52m S 2004 Melissa Norton

| Name | Yr | School | Finals |
|---------------------|----|--------------|-----------|
| 1 Weiers, Elizabeth | SR | Gustavus Ado | 51.45m 10 |
| 2 Urbanowicz, Erin | SR | Hamline | 50.99m 8 |
| 3 Putland, Jessica | SR | Hamline | 47.75m 6 |
| 4 Swanson, Sarah | SR | Gustavus Ado | 47.14m 5 |
| 5 Passaglia, Amanda | FR | Bethel | 46.71m 4 |
| 6 Maxon, Kaylee | SR | Gustavus Ado | 45.78m 3 |
| 7 Mellin, Allison | SO | St. Thomas | 44.70m 2 |
| 8 Solberg, Alyssa | SR | Bethel | 44.39m 1 |
| 9 Booker, Maya | SR | Saint Mary's | 44.09m |

| | | | |
|---------------------|----|--------------|--------|
| 10 Johnson, Olivia | JR | Concordia-Mo | 43.90m |
| 11 Graham, Olivia | SO | St. Thomas | 42.62m |
| 12 Bolden, Michaela | JR | St. Olaf | 41.44m |
| 13 Vasilis, Claire | FR | St. Catherin | 40.64m |
| 14 Hedrick, Katie | SO | Augsburg | 38.98m |
| 15 Szyszka, Nicole | SO | St. Catherin | 38.85m |
| 16 Opps, Allyson | SO | Hamline | 38.79m |
| 17 Montray, Kirsten | SR | St. Benedict | 38.53m |
| 18 Pohlmann, Megan | SO | St. Catherin | 38.42m |
| 19 Johnson, Avery | SR | Carleton | 36.98m |
| 20 Luther, Risa | JR | Macalester | 35.98m |

Women Javelin Throw

MIAC: 48.28m M 2008 Lisa Brown
 Stadium: 51.70m S 2002 Christina Scherwin

| Name | Yr | School | Finals |
|----------------------|----|--------------|-----------|
| 1 Besch, Alyssa | JR | St. Catherin | 41.17m 10 |
| 2 Forness, Mikayla | SO | Concordia-Mo | 39.56m 8 |
| 3 Reeves, Cherae | SR | Concordia-Mo | 38.92m 6 |
| 4 Johnson, Olivia | JR | Concordia-Mo | 37.53m 5 |
| 5 Campbell, Amelia | JR | Carleton | 36.58m 4 |
| 6 Fahnländer, Taylor | SO | St. Thomas | 33.99m 3 |
| 7 Pohlmann, Megan | SO | St. Catherin | 33.95m 2 |
| 8 Carpenter, Simone | SR | Macalester | 33.79m 1 |
| 9 Gustafson, Ande | SO | Gustavus Ado | 32.83m |
| 10 Breault, Danielle | JR | St. Catherin | 31.14m |
| 11 Kiminski, Maria | SO | St. Benedict | 30.95m |
| 12 Betterman, Karly | FR | St. Benedict | 30.92m |
| 13 Colter, Rachel | SR | Gustavus Ado | 30.41m |
| 14 Johnson, Avery | SR | Carleton | 30.21m |
| 15 Palmer, Abby | SO | St. Catherin | 29.02m |
| 16 Ordner, Maddie | SO | St. Thomas | 27.97m |
| 17 Morgan, Marisa | FR | Gustavus Ado | 26.34m |
| 18 Johnson, Vanessa | FR | Concordia-Mo | 25.96m |
| --- Graham, Olivia | SO | St. Thomas | FOUL |
| --- Eischens, Laura | FR | St. Thomas | FOUL |

Heptathlon: #4 Women 200 Meter Dash Heptathlon

| Name | Yr | School | Finals |
|-----------------------|----|--------------|-----------|
| 1 Larson, Dani | SR | St. Olaf | 25.75 819 |
| 2 Campbell, Amelia | JR | Carleton | 25.91 805 |
| 3 Sundstrom, Megan | FR | St. Benedict | 25.98 799 |
| 4 Cook, Bailey | JR | St. Thomas | 27.04 708 |
| 5 Kiminski, Maria | SO | St. Benedict | 27.06 707 |
| 6 Forness, Mikayla | SO | Concordia-Mo | 27.26 690 |
| 7 Skow-Anderson, Anna | JR | Concordia-Mo | 27.27 690 |
| 8 Gribble, Hanna | JR | St. Thomas | 27.37 681 |
| 9 Eischens, Laura | FR | St. Thomas | 27.44 676 |
| 10 Koel, Gabby | SO | Hamline | 27.46 674 |



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Finals ... (Heptathlon: #4 Women 200 Meter Dash Heptathlon)

| Name | Yr | School | Finals |
|------------------------|----|--------------|-----------|
| 11 Westendorf, Micayla | JR | St. Benedict | 27.52 669 |
| 12 Betterman, Karly | FR | St. Benedict | 28.01 630 |
| 13 Silbert, Sarah | SO | Macalester | 28.21 614 |
| 14 Andersen, Marissa | FR | Concordia-Mo | 28.38 601 |
| 15 Peterson, Emma | SO | Concordia-Mo | 28.40 600 |
| 16 Hunter, Brooke | SO | Macalester | 28.46 595 |
| 17 Lange, Libby | SO | St. Thomas | 28.79 570 |

Heptathlon: #7 Women 800 Meter Run Heptathlon

| Name | Yr | School | Finals |
|------------------------|----|--------------|-------------|
| 1 Larson, Dani | SR | St. Olaf | 2:20.03 823 |
| 2 Campbell, Amelia | JR | Carleton | 2:20.58 816 |
| 3 Forness, Mikayla | SO | Concordia-Mo | 2:20.88 812 |
| 4 Sundstrom, Megan | FR | St. Benedict | 2:21.35 805 |
| 5 Kiminski, Maria | SO | St. Benedict | 2:27.09 730 |
| 6 Skow-Anderson, Anna | JR | Concordia-Mo | 2:29.45 700 |
| 7 Hunter, Brooke | SO | Macalester | 2:34.18 641 |
| 8 Gribble, Hanna | JR | St. Thomas | 2:35.65 624 |
| 9 Koel, Gabby | SO | Hamline | 2:37.47 602 |
| 10 Betterman, Karly | FR | St. Benedict | 2:38.67 588 |
| 11 Andersen, Marissa | FR | Concordia-Mo | 2:40.43 568 |
| 12 Westendorf, Micayla | JR | St. Benedict | 2:47.35 491 |
| 13 Cook, Bailey | JR | St. Thomas | 2:47.97 485 |
| 14 Lange, Libby | SO | St. Thomas | 2:52.13 442 |
| 15 Silbert, Sarah | SO | Macalester | 2:52.93 434 |
| 16 Eischens, Laura | FR | St. Thomas | 3:02.79 340 |

Heptathlon: #1 Women 100 Meter Hurdles Heptathlon

| Name | Yr | School | Finals |
|------------------------|----|--------------|-----------|
| 1 Campbell, Amelia | JR | Carleton | 14.81 867 |
| 2 Larson, Dani | SR | St. Olaf | 15.49 778 |
| 2 Cook, Bailey | JR | St. Thomas | 15.49 778 |
| 4 Hunter, Brooke | SO | Macalester | 15.96 719 |
| 5 Sundstrom, Megan | FR | St. Benedict | 16.01 713 |
| 6 Westendorf, Micayla | JR | St. Benedict | 16.05 708 |
| 7 Eischens, Laura | FR | St. Thomas | 16.17 694 |
| 8 Silbert, Sarah | SO | Macalester | 16.63 639 |
| 9 Gribble, Hanna | JR | St. Thomas | 16.83 616 |
| 10 Forness, Mikayla | SO | Concordia-Mo | 17.00 596 |
| 11 Betterman, Karly | FR | St. Benedict | 17.03 593 |
| 12 Koel, Gabby | SO | Hamline | 17.14 581 |
| 13 Andersen, Marissa | FR | Concordia-Mo | 17.22 572 |
| 14 Peterson, Emma | SO | Concordia-Mo | 17.28 565 |
| 15 Kiminski, Maria | SO | St. Benedict | 17.91 498 |
| 16 Skow-Anderson, Anna | JR | Concordia-Mo | 18.18 470 |
| 17 Lange, Libby | SO | St. Thomas | 18.60 428 |

Heptathlon: #2 Women High Jump Heptathlon

| Name | Yr | School | Finals |
|-----------------------|----|--------------|-----------|
| 1 Larson, Dani | SR | St. Olaf | 1.65m 795 |
| 2 Cook, Bailey | JR | St. Thomas | 1.62m 759 |
| 3 Campbell, Amelia | JR | Carleton | 1.59m 724 |
| 3 Peterson, Emma | SO | Concordia-Mo | 1.59m 724 |
| 5 Skow-Anderson, Anna | JR | Concordia-Mo | 1.56m 689 |
| 6 Andersen, Marissa | FR | Concordia-Mo | 1.50m 621 |
| 7 Eischens, Laura | FR | St. Thomas | 1.47m 588 |
| 7 Westendorf, Micayla | JR | St. Benedict | 1.47m 588 |
| 9 Lange, Libby | SO | St. Thomas | 1.44m 555 |
| 9 Sundstrom, Megan | FR | St. Benedict | 1.44m 555 |
| 11 Forness, Mikayla | SO | Concordia-Mo | 1.41m 523 |
| 11 Kiminski, Maria | SO | St. Benedict | 1.41m 523 |
| 13 Hunter, Brooke | SO | Macalester | 1.38m 491 |
| 13 Koel, Gabby | SO | Hamline | 1.38m 491 |
| 15 Silbert, Sarah | SO | Macalester | 1.35m 460 |
| 16 Betterman, Karly | FR | St. Benedict | 1.29m 399 |
| 17 Gribble, Hanna | JR | St. Thomas | 1.23m 340 |

Heptathlon: #5 Women Long Jump Heptathlon

| Name | Yr | School | Finals |
|------------------------|----|--------------|-----------|
| 1 Campbell, Amelia | JR | Carleton | 5.08m 581 |
| 2 Cook, Bailey | JR | St. Thomas | 4.96m 548 |
| 3 Gribble, Hanna | JR | St. Thomas | 4.84m 516 |
| 4 Peterson, Emma | SO | Concordia-Mo | 4.77m 498 |
| 5 Forness, Mikayla | SO | Concordia-Mo | 4.73m 487 |
| 6 Silbert, Sarah | SO | Macalester | 4.70m 479 |
| 7 Andersen, Marissa | FR | Concordia-Mo | 4.69m 477 |
| 7 Sundstrom, Megan | FR | St. Benedict | 4.69m 477 |
| 9 Skow-Anderson, Anna | JR | Concordia-Mo | 4.61m 456 |
| 10 Larson, Dani | SR | St. Olaf | 4.57m 446 |
| 11 Hunter, Brooke | SO | Macalester | 4.53m 436 |
| 11 Koel, Gabby | SO | Hamline | 4.53m 436 |
| 13 Eischens, Laura | FR | St. Thomas | 4.45m 416 |
| 14 Betterman, Karly | FR | St. Benedict | 4.43m 411 |
| 15 Kiminski, Maria | SO | St. Benedict | 4.30m 379 |
| 16 Westendorf, Micayla | JR | St. Benedict | 4.27m 371 |
| 17 Lange, Libby | SO | St. Thomas | 4.16m 345 |

Heptathlon: #3 Women Shot Put Heptathlon

| Name | Yr | School | Finals |
|-----------------------|----|--------------|------------|
| 1 Lange, Libby | SO | St. Thomas | 11.56m 632 |
| 2 Campbell, Amelia | JR | Carleton | 11.20m 608 |
| 2 Eischens, Laura | FR | St. Thomas | 11.20m 608 |
| 4 Skow-Anderson, Anna | JR | Concordia-Mo | 10.51m 563 |
| 5 Koel, Gabby | SO | Hamline | 10.03m 531 |

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Finals ... (Heptathlon: #3 Women Shot Put Heptathlon)

| Name | Yr | School | Finals |
|------------------------|----|--------------|-----------|
| 6 Forness, Mikayla | SO | Concordia-Mo | 9.91m 524 |
| 7 Larson, Dani | SR | St. Olaf | 9.21m 478 |
| 8 Peterson, Emma | SO | Concordia-Mo | 8.83m 453 |
| 8 Betterman, Karly | FR | St. Benedict | 8.83m 453 |
| 10 Westendorf, Micayla | JR | St. Benedict | 8.70m 445 |
| 11 Cook, Bailey | JR | St. Thomas | 8.69m 444 |
| 12 Silbert, Sarah | SO | Macalester | 8.62m 440 |
| 13 Sundstrom, Megan | FR | St. Benedict | 8.38m 424 |
| 14 Gribble, Hanna | JR | St. Thomas | 8.29m 418 |
| 15 Hunter, Brooke | SO | Macalester | 8.25m 416 |
| 16 Kiminski, Maria | SO | St. Benedict | 7.99m 399 |
| 17 Andersen, Marissa | FR | Concordia-Mo | 7.46m 365 |

Heptathlon: #6 Women Javelin Throw Heptathlon

| Name | Yr | School | Finals |
|------------------------|----|--------------|------------|
| 1 Forness, Mikayla | SO | Concordia-Mo | 38.73m 643 |
| 2 Campbell, Amelia | JR | Carleton | 34.87m 569 |
| 3 Kiminski, Maria | SO | St. Benedict | 31.63m 508 |
| 4 Eischens, Laura | FR | St. Thomas | 30.90m 494 |
| 5 Lange, Libby | SO | St. Thomas | 27.20m 424 |
| 6 Skow-Anderson, Anna | JR | Concordia-Mo | 25.68m 395 |
| 7 Hunter, Brooke | SO | Macalester | 25.50m 392 |
| 8 Cook, Bailey | JR | St. Thomas | 24.59m 375 |
| 9 Larson, Dani | SR | St. Olaf | 24.40m 371 |
| 10 Koel, Gabby | SO | Hamline | 23.86m 361 |
| 11 Sundstrom, Megan | FR | St. Benedict | 22.92m 343 |
| 12 Betterman, Karly | FR | St. Benedict | 22.08m 328 |
| 13 Andersen, Marissa | FR | Concordia-Mo | 21.15m 310 |
| 14 Gribble, Hanna | JR | St. Thomas | 20.55m 299 |
| 15 Silbert, Sarah | SO | Macalester | 19.34m 277 |
| 16 Westendorf, Micayla | JR | St. Benedict | 13.60m 171 |
| --- Peterson, Emma | SO | Concordia-Mo | DNF |

Women Heptathlon

MIAC: 5132 M 2014 Amelia Campbell

| Name | Yr | School | Finals |
|-----------------------|----|--------------|---------|
| 1 Campbell, Amelia | JR | Carleton | 4970 10 |
| 2 Larson, Dani | SR | St. Olaf | 4510 8 |
| 3 Forness, Mikayla | SO | Concordia-Mo | 4275 6 |
| 4 Sundstrom, Megan | FR | St. Benedict | 4116 5 |
| 5 Cook, Bailey | JR | St. Thomas | 4097 4 |
| 6 Skow-Anderson, Anna | JR | Concordia-Mo | 3963 3 |
| 7 Eischens, Laura | FR | St. Thomas | 3816 2 |
| 8 Kiminski, Maria | SO | St. Benedict | 3744 1 |
| 9 Hunter, Brooke | SO | Macalester | 3690 |
| 10 Koel, Gabby | SO | Hamline | 3676 |
| 11 Andersen, Marissa | FR | Concordia-Mo | 3514 |

| | | | |
|------------------------|----|--------------|------|
| 12 Gribble, Hanna | JR | St. Thomas | 3494 |
| 13 Westendorf, Micayla | JR | St. Benedict | 3443 |
| 14 Betterman, Karly | FR | St. Benedict | 3402 |
| 15 Lange, Libby | SO | St. Thomas | 3396 |
| 16 Silbert, Sarah | SO | Macalester | 3343 |

Men 100 Meter Dash

MIAC: 10.53 M 2000 Roman Cress
 MIAC: 10.53 M 1993 Leonard Jones
 Stadium: 10.19 S 2002 Chaz Clemons

| Name | Yr | School | Prelims |
|------------------------|----|--------------|-------------|
| 1 Larson, Tom | JR | Hamline | 11.12Q-2.2 |
| 2 Sauro, Daniel | SO | St. Thomas | 11.16Q-0.3 |
| 3 Howard, Evan | SO | Carleton | 11.22Q-2.8 |
| 4 Smith-Brewer, Undre | SO | Augsburg | 11.26q -2.2 |
| 5 O'Connell, Sean | SO | Gustavus Ado | 11.28q -2.8 |
| 6 Vickstrom, Ben | JR | Concordia-Mo | 11.31q -2.8 |
| 7 Hinton, Elisha | SO | Bethel | 11.35q -2.8 |
| 8 Williams, Yasin | JR | St. John's | 11.37q -0.3 |
| 9 Johnson, Charles | FR | Bethel | 11.37q -2.2 |
| 10 Kuester, Ryan | SO | St. John's | 11.39 -0.3 |
| 11 Murphy, Sean | JR | St. Thomas | 11.43 -2.8 |
| 12 Reed, Joseph | SO | St. Thomas | 11.44 -2.2 |
| 13 Riveness, Luke | FR | Bethel | 11.50 -2.8 |
| 14 Schultenover, Jack | FR | Macalester | 11.51 -2.2 |
| 15 Wilson, Johnny | SO | St. Thomas | 11.51 -0.3 |
| 16 Blake, Preston | FR | Augsburg | 11.59 -0.3 |
| 17 Trentacoste, Daniel | FR | Gustavus Ado | 11.73 -2.8 |
| 18 Sims, Isiah | FR | Augsburg | 11.75 -2.2 |
| 19 Boughner, Cole | JR | St. Thomas | 11.80 -0.3 |
| 20 Vollendorf, Keith | FR | Bethel | 11.81 -2.2 |
| 21 Lamin, Festus | SO | Augsburg | 11.85 -0.3 |
| 22 Reeves, Ian | SR | Carleton | 11.86 -0.3 |
| 23 Edu, Oluwadurotimi | SO | Gustavus Ado | 11.90 -2.2 |
| 24 Anderson, Parker | SO | St. John's | 11.92 -0.3 |
| 25 Nuah, Stephen | JR | St. John's | 12.00 -2.8 |
| 26 Anderson, Max | SO | Bethel | 12.01 -2.8 |

Men 100 Meter Dash

MIAC: 10.53 M 2000 Roman Cress
 MIAC: 10.53 M 1993 Leonard Jones
 Stadium: 10.19 S 2002 Chaz Clemons

| Name | Yr | School | Finals |
|--------------------|----|--------------|----------|
| 1 Larson, Tom | JR | Hamline | 10.73 10 |
| 2 Sauro, Daniel | SO | St. Thomas | 10.83 8 |
| 3 Hinton, Elisha | SO | Bethel | 10.92 6 |
| 4 Johnson, Charles | FR | Bethel | 10.92 5 |
| 5 Vickstrom, Ben | JR | Concordia-Mo | 11.04 4 |



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Finals ... (Men 100 Meter Dash)

| Name | Yr | School | Finals |
|-----------------------|----|--------------|-----------|
| 6 Smith-Brewer, Undre | SO | Augsburg | 11.06 3 |
| 7 Williams, Yasin | JR | St. John's | 11.09 2 |
| 8 Howard, Evan | SO | Carleton | 11.15 1 |
| 9 O'Connell, Sean | SO | Gustavus Ado | 11.32 2.0 |

Men 200 Meter Dash

MIAC: 21.28 M 2002 Jerry Washington
Stadium: 21.05 S 2002 Robert Hargrove

| Name | Yr | School | Prelims |
|------------------------|----|--------------|-------------|
| 1 Hinton, Elisha | SO | Bethel | 22.41Q-0.8 |
| 2 Larson, Tom | JR | Hamline | 22.45Q-1.4 |
| 3 Sauro, Daniel | SO | St. Thomas | 22.46Q-2.4 |
| 4 O'Connell, Sean | SO | Gustavus Ado | 22.46q -2.4 |
| 5 Williams, Yasin | JR | St. John's | 22.51q -2.4 |
| 6 Jarvey, Brian | JR | St. Thomas | 22.69q -0.8 |
| 7 Klamm, Patrick | SO | Bethel | 22.73q -0.8 |
| 8 Vickstrom, Ben | JR | Concordia-Mo | 22.77q -1.4 |
| 9 Montonye, Jason | FR | Concordia-Mo | 22.80q -1.4 |
| 10 Galloway, Freddie | SR | Hamline | 22.85 -1.4 |
| 11 Witschen, Michael | SO | St. Thomas | 22.90 -1.4 |
| 12 Nowaczynski, Tre | SO | Macalester | 22.94 -2.4 |
| 13 Huss, Nathan | SO | Hamline | 22.99 -1.4 |
| 14 Smith-Brewer, Undre | SO | Augsburg | 23.06 -0.8 |
| 15 Blake, Preston | FR | Augsburg | 23.07 -0.8 |
| 16 Picukonis, Aaron | FR | St. John's | 23.11 -2.4 |
| 17 Wilson, Johnny | SO | St. Thomas | 23.18 -0.8 |
| 18 Harle, Jacob | FR | Bethel | 23.19 -0.8 |
| 19 Mora, Derrick | SR | Hamline | 23.23 -0.8 |
| 20 Riveness, Luke | FR | Bethel | 23.25 -2.4 |
| 21 Queenan, Ryan | SO | St. Thomas | 23.30 -1.4 |
| 22 Larsen, Aidan | SO | Carleton | 23.38 -2.4 |
| 23 Anderson, David | SO | Gustavus Ado | 23.67 -2.4 |
| 24 Sims, Isiah | FR | Augsburg | 23.72 -1.4 |
| 25 Anderson, Max | SO | Bethel | 24.13 -1.4 |

Men 200 Meter Dash

MIAC: 21.28 M 2002 Jerry Washington
Stadium: 21.05 S 2002 Robert Hargrove

| Name | Yr | School | Finals |
|-------------------|----|--------------|----------|
| 1 Larson, Tom | JR | Hamline | 22.12 10 |
| 2 Hinton, Elisha | SO | Bethel | 22.43 8 |
| 3 Sauro, Daniel | SO | St. Thomas | 22.48 6 |
| 4 Vickstrom, Ben | JR | Concordia-Mo | 22.53 5 |
| 5 Williams, Yasin | JR | St. John's | 22.55 4 |
| 6 O'Connell, Sean | SO | Gustavus Ado | 22.88 3 |
| 7 Montonye, Jason | FR | Concordia-Mo | 22.94 2 |

| | | | | |
|------------------|----|------------|-------|-----|
| 8 Jarvey, Brian | JR | St. Thomas | 23.01 | 1 |
| 9 Klamm, Patrick | SO | Bethel | 23.07 | NWI |

Men 400 Meter Dash

MIAC: 47.15 M 2004 Carson Glad
Stadium: 46.06 S 2002 Ben Dryer

| Name | Yr | School | Prelims |
|----------------------|----|--------------|---------|
| 1 Jarvey, Brian | JR | St. Thomas | 48.30Q |
| 2 Dennis, Morris | FR | Saint Mary's | 49.40Q |
| 3 Mueller, Chris | FR | St. Thomas | 49.80Q |
| 4 Skrip, Kevin | JR | St. Olaf | 49.03q |
| 5 Warmka, Will | SR | Hamline | 49.97q |
| 6 Klamm, Patrick | SO | Bethel | 49.99q |
| 7 Lammi, Jake | JR | St. John's | 50.11q |
| 8 Grieves, Zach | SO | St. John's | 50.23q |
| 9 Queenan, Ryan | SO | St. Thomas | 50.25q |
| 10 Pederson, Jacob | FR | Hamline | 50.32 |
| 11 Tradewell, Jordan | SR | St. John's | 50.34 |
| 12 Marmol, Rodrigo | SO | St. Thomas | 50.62 |
| 13 Miller, Jole | SR | Macalester | 50.68 |
| 14 Montonye, Jason | FR | Concordia-Mo | 50.70 |
| 15 Nowaczynski, Tre | SO | Macalester | 51.04 |
| 16 Anderson, David | SO | Gustavus Ado | 51.09 |
| 17 ReMine, Sam | SO | Gustavus Ado | 51.13 |
| 18 Hicks, Maurice | FR | Carleton | 51.18 |
| 19 Coughlin, Forest | JR | Hamline | 51.19 |
| 20 Pugh, Joey | FR | St. Olaf | 51.21 |
| 21 Zurn, Nick | SO | St. John's | 51.62 |
| 22 Feeney, Alexa | FR | Carleton | 51.63 |
| 23 Johnson, Bolu | FR | Carleton | 52.19 |
| 24 Dubbe, Fabien | SR | Augsburg | 52.19 |
| 25 Larsen, Aidan | SO | Carleton | 52.24 |
| 26 Kordah, Barinedum | SO | Augsburg | 53.51 |

Men 400 Meter Dash

MIAC: 47.15 M 2004 Carson Glad
Stadium: 46.06 S 2002 Ben Dryer

| Name | Yr | School | Finals |
|------------------|----|--------------|----------|
| 1 Dennis, Morris | FR | Saint Mary's | 48.42 10 |
| 2 Jarvey, Brian | JR | St. Thomas | 48.78 8 |
| 3 Skrip, Kevin | JR | St. Olaf | 48.99 6 |
| 4 Mueller, Chris | FR | St. Thomas | 49.83 5 |
| 5 Warmka, Will | SR | Hamline | 49.99 4 |
| 6 Klamm, Patrick | SO | Bethel | 50.00 3 |
| 7 Lammi, Jake | JR | St. John's | 50.01 2 |
| 8 Grieves, Zach | SO | St. John's | 50.47 1 |
| 9 Queenan, Ryan | SO | St. Thomas | 50.83 |



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Men 800 Meter Run

MIAC: 1:51.18 M 1987 Mark DeFor
 Stadium: 1:50.05 S 2002 Matt Groose

| Name | Yr | School | Prelims |
|----------------------|-----------------------|-----------------|----------|
| Preliminaries | | | |
| 1 | Krause, Isaac | SO Hamline | 1:54.45Q |
| 2 | Feichtinger, Thomas | JR St. John's | 1:56.17Q |
| 3 | Cook-Gallardo, Donson | FR Carleton | 1:56.42Q |
| 4 | Thoreson, Doug | SR St. Thomas | 1:55.32Q |
| 5 | Bjork, Sean | SO St. Olaf | 1:56.47Q |
| 6 | Bach, Samual | SR St. Thomas | 1:56.68Q |
| 7 | Rossow, Kyle | SR St. John's | 1:55.75q |
| 8 | Laack-Veeder, Noah | SR Carleton | 1:56.03q |
| 9 | Eggers, Jacob | SO St. Olaf | 1:56.74q |
| 10 | Alt, Fritz | SR St. Thomas | 1:56.80 |
| 11 | Percival, Jack | JR Carleton | 1:57.95 |
| 12 | Sikes, Camden | FR Carleton | 1:58.10 |
| 13 | Sandberg, Ryley | FR Gustavus Ado | 1:59.28 |
| 14 | Micholic, Jack | SR Hamline | 1:59.49 |
| 15 | Iverson, Luke | SR Augsburg | 2:00.04 |
| 16 | Johnson, Stephen | JR Carleton | 2:00.10 |
| 17 | Suttie, Grant | SO St. Thomas | 2:00.33 |
| 18 | Charbonneau, Alex | SO St. John's | 2:00.80 |
| 19 | Wahlstedt, Dan | FR Bethel | 2:00.97 |
| 20 | Flack, Caleb | JR Carleton | 2:00.98 |
| 21 | Lerbakken, Tyler | SO Hamline | 2:01.12 |
| 22 | Longenbach, Sam | SO St. Olaf | 2:01.21 |
| 23 | Jackson, Nicholas | JR St. Thomas | 2:01.48 |
| 24 | Krogman, Brandon | FR Saint Mary's | 2:01.88 |
| 25 | Fons, Joshua | JR St. Thomas | 2:01.89 |
| 26 | Fredrickson, Kyle | SO Gustavus Ado | 2:02.20 |
| 27 | Knickerbocker, Cal | JR St. Olaf | 2:02.47 |

Men 800 Meter Run

MIAC: 1:51.18 M 1987 Mark DeFor
 Stadium: 1:50.05 S 2002 Matt Groose

| Name | Yr | School | Finals |
|---------------|-----------------------|---------------|------------|
| Finals | | | |
| 1 | Feichtinger, Thomas | JR St. John's | 1:54.12 10 |
| 2 | Cook-Gallardo, Donson | FR Carleton | 1:54.18 8 |
| 3 | Bjork, Sean | SO St. Olaf | 1:54.78 6 |
| 4 | Bach, Samual | SR St. Thomas | 1:54.84 5 |
| 5 | Krause, Isaac | SO Hamline | 1:55.04 4 |
| 6 | Eggers, Jacob | SO St. Olaf | 1:55.54 3 |
| 7 | Thoreson, Doug | SR St. Thomas | 1:56.29 2 |
| 8 | Rossow, Kyle | SR St. John's | 1:56.30 1 |
| 9 | Laack-Veeder, Noah | SR Carleton | 1:57.33 |

Men 1500 Meter Run

MIAC: 3:50.06 M 1986 Jim Larranaga
 Stadium: 3:43.52 S 2005 Scott McGowen

| Name | Yr | School | Prelims |
|----------------------|---------------------------|-----------------|----------|
| Preliminaries | | | |
| 1 | Campbell, Jake | JR St. Olaf | 4:01.96Q |
| 2 | Escher, Paul | JR St. Olaf | 4:04.19Q |
| 3 | Barry, Jonah | JR Carleton | 4:02.04Q |
| 4 | Edstrom, Walter | SO Carleton | 4:04.26Q |
| 5 | Krpan, Tyler | JR St. Thomas | 4:02.38Q |
| 6 | Mohamed, Mohamed | JR Augsburg | 4:04.31Q |
| 7 | Sokolowski, Nick | FR St. Olaf | 4:02.55Q |
| 8 | Coffey, Joe | SO St. Olaf | 4:04.49Q |
| 9 | Aarness, Tayler | FR St. Olaf | 4:02.79Q |
| 10 | Haugen, Connor | SO Bethel | 4:05.40Q |
| 11 | Carlson, Matt | SR Gustavus Ado | 4:05.17q |
| 12 | Logan, James | SO Hamline | 4:06.02q |
| 13 | Laack-Veeder, Thor | SR Carleton | 4:06.39 |
| 14 | Erickson, Luke | JR Augsburg | 4:08.48 |
| 15 | Specia, Marcus | SO Gustavus Ado | 4:08.50 |
| 16 | Lagergren, Chris | JR Hamline | 4:09.48 |
| 17 | Hiskes, Ben | JR Carleton | 4:10.64 |
| 18 | Halbmaier, Casey | SO St. Thomas | 4:11.65 |
| 19 | Hinz, Zach | FR St. Olaf | 4:12.01 |
| 20 | Wegter, Michael | FR St. Olaf | 4:12.53 |
| 21 | Renier, Sam | JR Gustavus Ado | 4:14.35 |
| 22 | Svennes, Christian | SO Bethel | 4:14.61 |
| 23 | Bakken, Eric | FR St. Olaf | 4:15.67 |
| 24 | Secor, Isaac | JR St. John's | 4:17.10 |
| 25 | Polania-Gonzalez, Ernesto | SO Carleton | 4:18.96 |
| 26 | Bramstedt, Ian | FR St. Thomas | 4:19.65 |
| 27 | Garrett, Ryan | FR St. Thomas | 4:21.11 |
| 28 | Jackson, Connor | SR Carleton | 4:25.68 |

Men 1500 Meter Run

MIAC: 3:50.06 M 1986 Jim Larranaga
 Stadium: 3:43.52 S 2005 Scott McGowen

| Name | Yr | School | Finals |
|---------------|------------------|-----------------|------------|
| Finals | | | |
| 1 | Escher, Paul | JR St. Olaf | 3:51.80 10 |
| 2 | Campbell, Jake | JR St. Olaf | 3:55.10 8 |
| 3 | Coffey, Joe | SO St. Olaf | 3:55.34 6 |
| 4 | Edstrom, Walter | SO Carleton | 3:56.97 5 |
| 5 | Krpan, Tyler | JR St. Thomas | 3:57.25 4 |
| 6 | Barry, Jonah | JR Carleton | 3:57.53 3 |
| 7 | Mohamed, Mohamed | JR Augsburg | 4:01.15 2 |
| 8 | Haugen, Connor | SO Bethel | 4:01.74 1 |
| 9 | Aarness, Tayler | FR St. Olaf | 4:05.09 |
| 10 | Carlson, Matt | SR Gustavus Ado | 4:08.09 |



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Finals ... (Men 1500 Meter Run)

| Name | Yr | School | Finals |
|---------------------|----|----------|---------|
| 11 Logan, James | SO | Hamline | 4:10.01 |
| 12 Sokolowski, Nick | FR | St. Olaf | 4:15.08 |

Men 5000 Meter Run

MIAC: 14:24.75 M 1980 Mike Palmquist
Stadium: 13:59.19 S 2005 Matt Gabrielson

| Name | Yr | School | Finals |
|------------------------------|----|--------------|-------------|
| Finals | | | |
| 1 Brown, Jake | SR | St. Olaf | 14:52.65 10 |
| 2 Hornor, Hart | JR | Carleton | 14:57.64 8 |
| 3 Campbell, Jake | JR | St. Olaf | 15:06.20 6 |
| 4 Barry, Jonah | JR | Carleton | 15:06.80 5 |
| 5 Ketola, Keith | FR | St. Olaf | 15:10.13 4 |
| 6 Edstrom, Walter | SO | Carleton | 15:19.94 3 |
| 7 Salan, Abdullahi | FR | Augsburg | 15:21.40 2 |
| 8 Wagener, Kyle | SR | St. Olaf | 15:22.28 1 |
| 9 Gerhartz, Jacob | JR | St. Thomas | 15:25.21 |
| 10 Newsum, Jovan | SO | Saint Mary's | 15:34.54 |
| 11 Coffey, Joe | SO | St. Olaf | 15:41.57 |
| 12 Williams, Robby | SR | St. Thomas | 15:42.79 |
| 13 Peterson, Ryan | SR | Hamline | 15:47.28 |
| 14 Gill, Chris | SR | Hamline | 15:47.65 |
| 15 Baumann, Dylan | SO | St. Thomas | 15:55.68 |
| 16 Ritter, Tom | SO | Bethel | 16:00.02 |
| 17 Rock, Nathan | JR | Hamline | 16:01.46 |
| 18 McKinley, David | FR | Carleton | 16:01.90 |
| 19 Saul, Dylan | SR | Macalester | 16:04.91 |
| 20 Burr, Jake | JR | St. John's | 16:08.55 |
| 21 Wood, Adam | JR | St. Olaf | 16:11.04 |
| 22 Friesen, Sam | SO | St. John's | 16:13.25 |
| 23 Knowlton, Austin | SO | St. Thomas | 16:21.72 |
| 24 Secor, Isaac | JR | St. John's | 16:25.09 |
| 25 Polania-Gonzalez, Ernesto | SO | Carleton | 16:31.12 |
| 26 Ryan, Mike | SO | St. Thomas | 16:41.32 |
| 27 Armstrong, Patrick | SR | St. John's | 16:48.63 |
| 28 Huss, Chris | SO | Augsburg | 16:58.07 |
| --- Barqadle, Ibrahim | FR | Augsburg | DNF |

Men 10000 Meter Run

MIAC: 30:30.84 M 1982 Joe Broze
Stadium: 30:25.20 S 1998 Dave Cooper

| Name | Yr | School | Finals |
|--------------------|----|--------------|-------------|
| Finals | | | |
| 1 Meyer, Phillip | SR | St. Olaf | 30:34.15 10 |
| 2 Hornor, Hart | JR | Carleton | 30:40.80 8 |
| 3 Knobbe, Thomas | SO | Gustavus Ado | 32:02.62 6 |
| 4 Salan, Abdullahi | FR | Augsburg | 32:11.90 5 |
| 5 Rock, Nathan | JR | Hamline | 32:12.93 4 |
| 6 Newsum, Jovan | SO | Saint Mary's | 32:16.92 3 |

| | | | |
|-----------------------|----|--------------|------------|
| 7 Gerhartz, Jacob | JR | St. Thomas | 32:17.84 2 |
| 8 Ellenberger, David | FR | St. Olaf | 32:17.86 1 |
| 9 Lehn, Calvin | JR | St. Olaf | 32:33.26 |
| 10 Baumann, Dylan | SO | St. Thomas | 32:44.04 |
| 11 Gill, Chris | SR | Hamline | 32:45.95 |
| 12 Rod, Colton | SR | St. Olaf | 32:48.29 |
| 13 Ritter, Tom | SO | Bethel | 32:53.59 |
| 14 McKinley, David | FR | Carleton | 33:33.18 |
| 15 Jones, Evan | SO | Gustavus Ado | 33:45.45 |
| 16 Brandt, Adam | SO | St. Thomas | 33:50.49 |
| 17 Benson, John | SO | Gustavus Ado | 34:12.18 |
| 18 Edinburgh, Zach | SO | Carleton | 34:37.50 |
| 19 Armstrong, Patrick | SR | St. John's | 35:44.69 |
| --- Wintheiser, Grant | SR | St. Olaf | DNF |

Men 110 Meter Hurdles

MIAC: 14.36 M 2000 Eric Klinker
Stadium: 14.16 S 2002 Enrique Llamas

| Name | Yr | School | Prelims |
|------------------------|----|--------------|-------------|
| Preliminaries | | | |
| 1 Gross, Connor | FR | St. Thomas | 15.65Q-1.7 |
| 2 Dunphy, Aaron | SR | St. Olaf | 15.66Q-0.2 |
| 3 Hanson, Eric | SR | Hamline | 15.99Q+0.0 |
| 4 Gould, Rex | SO | Hamline | 16.10q -0.2 |
| 5 Williams, Scott | SR | Gustavus Ado | 16.13q +0.0 |
| 6 Wright, Gabe | SO | Concordia-Mo | 16.22q -1.7 |
| 7 Gredvig, Jacob | SO | St. Thomas | 16.49q -0.2 |
| 8 Anderson, Phillip | FR | Bethel | 16.54q +0.0 |
| 9 ReMine, Ed | SO | Gustavus Ado | 16.59q -0.2 |
| 10 Hilliard, Matthew | FR | St. Thomas | 16.61 -0.2 |
| 11 Peterson, Jacob | JR | St. John's | 16.73 -1.7 |
| 12 Peterson, Tamas | SR | St. Olaf | 16.86 -0.2 |
| 13 Erskin, Antonio | SO | St. Thomas | 16.86 -1.7 |
| 14 Peterson, Tim | SR | Concordia-Mo | 16.93 +0.0 |
| 15 Hendrickson, Joe | SO | Concordia-Mo | 17.02 +0.0 |
| 16 Tollefson, Andrew | FR | St. Thomas | 17.08 -0.2 |
| 17 Thayer, Jeremiah | SO | St. Thomas | 17.41 +0.0 |
| 18 Emmerich, Phil | JR | Saint Mary's | 17.88 -1.7 |
| 19 Pankow, Maxx | FR | Bethel | 18.43 -0.2 |
| 20 Huddleston, Preston | FR | St. Thomas | 19.88 -1.7 |
| 21 VanBemmelen, Alex | FR | Concordia-Mo | 19.97 -1.7 |
| --- Voss, Anders | JR | Macalester | DNF +0.0 |
| --- Syler, Colton | FR | Bethel | DQ -1.7 |

Men 110 Meter Hurdles

MIAC: 14.36 M 2000 Eric Klinker
Stadium: 14.16 S 2002 Enrique Llamas

| Name | Yr | School | Finals |
|-----------------|----|------------|----------|
| Finals | | | |
| 1 Gross, Connor | FR | St. Thomas | 15.07 10 |



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Finals ... (Men 110 Meter Hurdles)

| Name | Yr | School | Finals |
|---------------------|----|--------------|-----------|
| 2 Dunphy, Aaron | SR | St. Olaf | 15.30 8 |
| 3 Hanson, Eric | SR | Hamline | 15.62 6 |
| 4 Wright, Gabe | SO | Concordia-Mo | 15.97 5 |
| 5 Gredvig, Jacob | SO | St. Thomas | 16.15 4 |
| 6 Anderson, Phillip | FR | Bethel | 16.25 3 |
| 7 Gould, Rex | SO | Hamline | 16.40 2 |
| 8 Williams, Scott | SR | Gustavus Ado | 17.47 1 |
| 9 ReMine, Ed | SO | Gustavus Ado | 17.77 2.2 |

Men 400 Meter Hurdles

MIAC: 52.17 M 2010 **Taylor Fedra**
Stadium: 51.26 S 2002 **Derek Toshner**

| Name | Yr | School | Prelims |
|------------------------|----|--------------|---------|
| 1 Kremer, Dan | SR | St. Thomas | 56.13Q |
| 2 ReMine, Ed | SO | Gustavus Ado | 56.30Q |
| 3 Gross, Connor | FR | St. Thomas | 56.38Q |
| 4 Peck, Mitch | FR | St. John's | 56.64q |
| 5 Williams, Scott | SR | Gustavus Ado | 56.93q |
| 6 O'Reilly, Jordan | FR | St. Thomas | 57.09q |
| 7 Schwen, Nick | FR | Bethel | 57.84q |
| 8 Holmes, Robbie | FR | St. Olaf | 57.88q |
| 9 Syler, Colton | FR | Bethel | 57.91q |
| 10 Fiebelkorn, Jeff | JR | Concordia-Mo | 57.97 |
| 11 Tollefson, Andrew | FR | St. Thomas | 58.00 |
| 12 Hanson, Eric | SR | Hamline | 58.15 |
| 13 Zaidi, Tayeb | SO | Macalester | 58.41 |
| 14 Erskin, Antonio | SO | St. Thomas | 58.66 |
| 15 Anderson, Phillip | FR | Bethel | 58.94 |
| 16 Huddleston, Preston | FR | St. Thomas | 59.91 |
| 17 Peterson, Tim | SR | Concordia-Mo | 1:00.02 |
| 18 Eisner, Brian | FR | Macalester | 1:00.04 |
| 19 Gredvig, Jacob | SO | St. Thomas | 1:01.20 |
| 20 Thayer, Jeremiah | SO | St. Thomas | 1:01.78 |
| 21 Gatton, Sam | SO | Hamline | 1:01.86 |
| 22 Bakken-Heck, Lucas | FR | Hamline | 1:02.18 |
| 23 Hendrickson, Joe | SO | Concordia-Mo | 1:02.22 |
| 24 Voss, Anders | JR | Macalester | 1:06.38 |

Men 400 Meter Hurdles

MIAC: 52.17 M 2010 **Taylor Fedra**
Stadium: 51.26 S 2002 **Derek Toshner**

| Name | Yr | School | Finals |
|--------------------|----|--------------|----------|
| 1 Gross, Connor | FR | St. Thomas | 54.65 10 |
| 2 ReMine, Ed | SO | Gustavus Ado | 54.92 8 |
| 3 Kremer, Dan | SR | St. Thomas | 55.08 6 |
| 4 O'Reilly, Jordan | FR | St. Thomas | 55.56 5 |

| | | | |
|-------------------|----|--------------|---------|
| 5 Williams, Scott | SR | Gustavus Ado | 56.27 4 |
| 6 Peck, Mitch | FR | St. John's | 56.40 3 |
| 7 Syler, Colton | FR | Bethel | 57.14 2 |
| 8 Holmes, Robbie | FR | St. Olaf | 57.73 1 |

Men 3000 Meter Steeplechase

MIAC: 8:51.95 M 1986 **Jeff Hyman**
Stadium: 8:37.10 S 2003 **Anthony Famiglietti**

| Name | Yr | School | Finals |
|-----------------------|----|--------------|------------|
| 1 Brown, Jake | SR | St. Olaf | 9:21.43 10 |
| 2 Peterson, Ryan | SR | Hamline | 9:27.09 8 |
| 3 Bugler, Ryan | SO | St. John's | 9:34.48 6 |
| 4 Knobbe, Thomas | SO | Gustavus Ado | 9:38.95 5 |
| 5 Giamberdino, Joe | SR | Macalester | 9:45.99 4 |
| 6 Long, Ben | JR | St. Thomas | 9:50.49 3 |
| 7 Berkowitz, Adam | FR | St. Thomas | 9:52.48 2 |
| 8 Phearman, Alex | SR | St. Olaf | 9:54.42 1 |
| 9 Franta, Brandon | SO | St. John's | 9:55.26 |
| 10 Smith, Trevor | SO | St. Thomas | 9:58.41 |
| 11 Dammann, Carston | SO | Gustavus Ado | 10:01.49 |
| 12 Timm, Paul | FR | St. Olaf | 10:01.81 |
| 13 Van Laarhoven, Tim | FR | St. Thomas | 10:07.86 |
| 14 Hinwood, Lachlan | SO | Macalester | 10:10.28 |
| 15 Mueller, Eric | SR | St. Olaf | 10:11.51 |
| 16 Hanselman, Ryan | FR | Carleton | 10:11.90 |
| 17 Becher, Leighton | SR | Gustavus Ado | 10:16.40 |
| 18 Stimson, Ronnie | JR | Hamline | 10:18.25 |

Men 4x100 Meter Relay

MIAC: 41.23 M 2002 **St. Thomas**

Hilliard, Cress, Hart, Glad

Stadium: 40.28 S 2002 **Lincoln**

| Team | Relay | Prelims |
|---------------------------|-----------------------|---------|
| 1 Bethel | | 42.74Q |
| 1) Johnson, Charles FR | 2) Klamm, Patrick SO | |
| 3) Harle, Jacob FR | 4) Hinton, Elisha SO | |
| 2 St. John's | | 42.88Q |
| 1) Tradewell, Jordan SR | 2) Williams, Yasin JR | |
| 3) Piecukonis, Aaron FR | 4) Kuester, Ryan SO | |
| 3 St. Thomas | | 42.81q |
| 1) Reed, Joseph SO | 2) Sauro, Daniel SO | |
| 3) Murphy, Sean JR | 4) Boughner, Cole JR | |
| 4 Gustavus Adolphus | | 43.41q |
| 1) Trentacoste, Daniel FR | 2) ReMine, Ed SO | |
| 3) Anderson, David SO | 4) O'Connell, Sean SO | |
| 5 St. Olaf | | 43.51q |
| 1) Elstad, Justin FR | 2) Pugh, Joey FR | |
| 3) Redfield, Austin JR | 4) Skrip, Kevin JR | |



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Preliminaries ... (Men 4x100 Meter Relay)

| Team | Relay | Prelims |
|-------------------------|---------------------------|---------|
| 6 Hamline | | 43.54q |
| 1) Mora, Derrick SR | 2) Huss, Nathan SO | |
| 3) Wimmer, Clay SO | 4) Widmer, Thane FR | |
| 7 Concordia-Moorhead | | 43.59q |
| 1) McGuire, Dan SO | 2) Vickstrom, Ben JR | |
| 3) Neameyer, Dominic FR | 4) Montonye, Jason FR | |
| 8 Augsburg | | 43.60q |
| 1) Blake, Preston FR | 2) Dubbe, Fabien SR | |
| 3) Sims, Isiah FR | 4) Smith-Brewer, Undre SO | |
| 9 Carleton | | 43.65q |
| 1) Reeves, Ian SR | 2) Larsen, Aidan SO | |
| 3) Hicks, Maurice FR | 4) Feeney, Alexa FR | |
| 10 Macalester | | 44.21 |
| 1) Nowaczynski, Tre SO | 2) Miller, Jole SR | |
| 3) Howes, Bolton SR | 4) Schultenover, Jack FR | |

Men 4x100 Meter Relay

MIAC: 41.23 M 2002 St. Thomas

Hilliard, Cress, Hart, Glad

Stadium: 40.28 S 2002 Lincoln

| Team | Relay | Finals |
|---------------------------|-----------------------|----------|
| Finals | | |
| 1 Bethel | | 42.26 10 |
| 1) Johnson, Charles FR | 2) Klamm, Patrick SO | |
| 3) Harle, Jacob FR | 4) Hinton, Elisha SO | |
| 2 St. Thomas | | 42.29 8 |
| 1) Reed, Joseph SO | 2) Sauro, Daniel SO | |
| 3) Murphy, Sean JR | 4) Jarvey, Brian JR | |
| 3 Hamline | | 42.35 6 |
| 1) Mora, Derrick SR | 2) Huss, Nathan SO | |
| 3) Galloway, Freddie SR | 4) Larson, Tom JR | |
| 4 St. John's | | 42.59 5 |
| 1) Tradewell, Jordan SR | 2) Williams, Yasin JR | |
| 3) Piecukonis, Aaron FR | 4) Kuester, Ryan SO | |
| 5 Gustavus Adolphus | | 43.14 4 |
| 1) Trentacoste, Daniel FR | 2) ReMine, Ed SO | |
| 3) Anderson, David SO | 4) O'Connell, Sean SO | |
| 6 Concordia-Moorhead | | 43.16 3 |
| 1) McGuire, Dan SO | 2) Vickstrom, Ben JR | |
| 3) Neameyer, Dominic FR | 4) Montonye, Jason FR | |
| 7 St. Olaf | | 43.21 2 |
| 1) Elstad, Justin FR | 2) Pugh, Joey FR | |
| 3) Redfield, Austin JR | 4) Skrip, Kevin JR | |
| 8 Augsburg | | 43.70 1 |
| 1) Blake, Preston FR | 2) Dubbe, Fabien SR | |
| 3) Sims, Isiah FR | 4) Adams, Sean SO | |
| 9 Carleton | | 44.42 |
| 1) Reeves, Ian SR | 2) Larsen, Aidan SO | |
| 3) Hicks, Maurice FR | 4) Feeney, Alexa FR | |

Men 4x400 Meter Relay

MIAC: 3:13.02 M 2009 St. Thomas

Bastron, Ewer, DeFrance, Jager

Stadium: 3:10.05 S 2002 Central College

| Team | Relay | Finals |
|-------------------------|-----------------------------|------------|
| Finals | | |
| 1 Hamline | | 3:17.95 10 |
| 1) Pederson, Jacob FR | 2) Larson, Tom JR | |
| 3) Krause, Isaac SO | 4) Warmka, Will SR | |
| 2 St. John's | | 3:18.55 8 |
| 1) Tradewell, Jordan SR | 2) Lammi, Jake JR | |
| 3) Grieves, Zach SO | 4) Feichtinger, Thomas JR | |
| 3 Gustavus Adolphus | | 3:19.05 6 |
| 1) Anderson, David SO | 2) O'Connell, Sean SO | |
| 3) ReMine, Sam SO | 4) ReMine, Ed SO | |
| 4 St. Thomas | | 3:19.37 5 |
| 1) Mueller, Chris FR | 2) Mueller, Doug JR | |
| 3) Alt, Fritz SR | 4) Thoreson, Doug SR | |
| 5 Bethel | | 3:19.98 4 |
| 1) Syler, Colton FR | 2) Hinton, Elisha SO | |
| 3) Klamm, Patrick SO | 4) Wahlstedt, Dan FR | |
| 6 St. Olaf | | 3:20.81 3 |
| 1) Elstad, Justin FR | 2) Pugh, Joey FR | |
| 3) Redfield, Austin JR | 4) Skrip, Kevin JR | |
| 7 Macalester | | 3:21.47 2 |
| 1) Miller, Jole SR | 2) Zaidi, Tayeb SO | |
| 3) Hovie, Logan JR | 4) Nowaczynski, Tre SO | |
| 8 Carleton | | 3:22.36 1 |
| 1) Feeney, Alexa FR | 2) Hicks, Maurice FR | |
| 3) Percival, Jack JR | 4) Cook-Gallardo, Donson FR | |
| 9 Concordia-Moorhead | | 3:23.03 |
| 1) Vickstrom, Ben JR | 2) Betting, Theo JR | |
| 3) Neameyer, Dominic FR | 4) Montonye, Jason FR | |
| 10 Augsburg | | 3:29.59 |
| 1) Dubbe, Fabien SR | 2) Iverson, Luke SR | |
| 3) Adams, Sean SO | 4) Mohamed, Mohamed JR | |

Men 4x800 Meter Relay

MIAC: 7:36.41 M 2008 St. Thomas

Atzinger, Dowe, Boumeester, Sames

Stadium: 7:47.17 S 2005 Concordia-Moorhead

| Team | Relay | Finals |
|--------------------------|-----------------------------|-------------|
| Finals | | |
| 1 Carleton | | 7:45.04S 10 |
| 1) Withbroe, Ben SO | 2) Haase, Joe JR | |
| 3) Laack-Veeder, Noah SR | 4) Cook-Gallardo, Donson FR | |
| 2 St. Thomas | | 7:47.37 8 |
| 1) Trapp, Ryan SO | 2) Jones, Charles SO | |
| 3) Alt, Fritz SR | 4) Mueller, Doug JR | |



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Finals ... (Men 4x800 Meter Relay)

| Team | Relay | Finals |
|----------------------------|-------------------------|-----------|
| 3 Hamline | | 7:50.92 6 |
| 1) Peterson, Ryan SR | 2) Krause, Isaac SO | |
| 3) Jewson, Sam FR | 4) Konczal, Cole JR | |
| 4 St. Olaf | | 7:53.62 5 |
| 1) Webster, Nate SO | 2) Greenway, Jake SR | |
| 3) Rudberg, Andy FR | 4) Gartland, Erik SR | |
| 5 St. John's | | 7:54.42 4 |
| 1) Mergens, Chris SR | 2) Zimmerman, Will SO | |
| 3) Burgstahler, Matthew FR | 4) Bugler, Ryan SO | |
| 6 Augsburg | | 7:59.90 3 |
| 1) Mohamed, Mohamed JR | 2) Erickson, Luke JR | |
| 3) Iverson, Luke SR | 4) Nur, Ahmed SR | |
| 7 Bethel | | 8:03.95 2 |
| 1) Wahlstedt, Dan FR | 2) Huffman, David FR | |
| 3) Svennes, Christian SO | 4) Haugen, Connor SO | |
| 8 Gustavus Adolphus | | 8:06.16 1 |
| 1) Fredrickson, Kyle SO | 2) Surber, John SO | |
| 3) Carlson, Matt SR | 4) Sandberg, Ryley FR | |
| 9 Concordia-Moorhead | | 8:06.51 |
| 1) Simon, Peter SO | 2) Solheim, Nick FR | |
| 3) Quibell, Brandon SO | 4) Aardahl, Kristian SO | |
| 10 Macalester | | 8:21.02 |
| 1) Maggart, Trevor JR | 2) Heen, Kai FR | |
| 3) Nelson, Spencer SO | 4) Zaidi, Tayeb SO | |

Men High Jump

| Name | Yr | School | Finals |
|--|----|--------------|-----------|
| MIAC: 2.19m M 1993 Leonard Jones Stadium: 2.16m S 2002 Dan Olson Stadium: 2.16m S 2002 Craig Neeley | | | |
| 1 Hovie, Logan | JR | Macalester | 2.10m 10 |
| 2 Zylstra, Brandon | SO | Concordia-Mo | J2.10m 8 |
| 3 Wright, Gabe | SO | Concordia-Mo | 1.95m 5.5 |
| 3 Steward, Jordan | SR | Hamline | 1.95m 5.5 |
| 5 Anderson, Nick | SO | Concordia-Mo | J1.95m 4 |
| 6 Schepp, Jackson | SO | Concordia-Mo | J1.95m 3 |
| 7 Tapp, Isaac | SO | Gustavus Ado | 1.90m 2 |
| 8 Cross, Evan | SO | St. Thomas | 1.85m 0.5 |
| 8 Betting, Theo | JR | Concordia-Mo | 1.85m 0.5 |
| 10 Smith, Mark | SR | St. Olaf | 1.80m |
| 11 Gatton, Sam | SO | Hamline | J1.80m |
| 11 Buckner, Jack | FR | Carleton | J1.80m |
| 13 Peterson, Tamas | SR | St. Olaf | J1.80m |
| 13 Schwartz, Peter | SO | Gustavus Ado | J1.80m |
| 15 Anderson, Matthew | JR | St. Thomas | 1.75m |
| 16 Neuger, Adam | JR | St. Olaf | J1.75m |
| 17 Moyer, James | FR | Bethel | J1.75m |
| --- Huddleston, Preston | FR | St. Thomas | NH |

Men Pole Vault

| Name | Yr | School | Finals |
|--|----|--------------|----------|
| MIAC: 4.88m M 1979 Steve Jungbauer Stadium: 5.03m S 1998 Matt Lemieux | | | |
| 1 Volker, Mark | SR | Hamline | 4.58m 10 |
| 2 Britt, Cody | SR | Bethel | 4.48m 8 |
| 3 Devery, Matt | JR | St. John's | J4.48m 6 |
| 4 Murrey, Josh | SO | Concordia-Mo | 4.33m 5 |
| 5 Olson, Maxwell | SO | St. John's | J4.33m 3 |
| 5 Matheson, Joe | JR | Hamline | J4.33m 3 |
| 5 Hoien, David | SO | Gustavus Ado | J4.33m 3 |
| 8 Moyer, James | FR | Bethel | J4.33m 1 |
| 9 Keil, Evan | SO | St. Thomas | 4.18m |
| 10 McNeil, Evan | SR | Carleton | J4.18m |
| 11 Kremer, Dan | SR | St. Thomas | 4.03m |
| 12 Schultz-Sanchez, Kristian | FR | Hamline | 3.88m |
| 13 Shinn, Aaron | SR | St. Olaf | J3.88m |
| --- Schroer, Ryan | SR | Bethel | NH |
| --- Heuer, Deontae | FR | Augsburg | NH |
| --- Zingsheim, Steve | JR | Hamline | NH |
| --- VanBemmelen, Alex | FR | Concordia-Mo | NH |

Men Long Jump

| Name | Yr | School | Finals |
|---|----|--------------|------------|
| MIAC: 7.65m M 1991 Leonard Jones Stadium: 7.82m S 1970 Joe Silva | | | |
| 1 Zylstra, Brandon | SO | Concordia-Mo | 6.84m 10 |
| 2 Witschen, Michael | SO | St. Thomas | 6.75m 8 |
| 3 Alexander, Dwight | FR | Carleton | 6.62m 6 |
| 4 Smith, Mark | SR | St. Olaf | J6.62m 5 |
| 5 Kordah, Barinedum | SO | Augsburg | 6.55m 4 |
| 6 Cross, Evan | SO | St. Thomas | 6.44m 3 |
| 7 Mora, Derrick | SR | Hamline | 6.41m 2 |
| 8 Pederson, Jacob | FR | Hamline | 6.36m 1 |
| 9 Schepp, Jackson | SO | Concordia-Mo | 6.32m 2.5 |
| 10 Huddleston, Preston | FR | St. Thomas | 6.28m 1.2 |
| 11 Kinderman, Ross | FR | Saint Mary's | 6.27m 0.5 |
| 12 Twumasi, Raymond | SO | St. John's | 6.21m 1.1 |
| 13 Hagen Erickson, Jacob | SO | Saint Mary's | 6.19m +0.0 |
| 14 Ortman, Bryan | JR | Saint Mary's | 6.15m 2.3 |
| 15 Koll, Joe | SO | St. John's | 6.10m +0.0 |
| 16 Nowaczynski, Tre | SO | Macalester | 6.09m 2.8 |
| 17 Neameyer, Dominic | FR | Concordia-Mo | 6.07m 0.2 |
| 18 Harle, Jacob | FR | Bethel | 6.06m 0.9 |
| 19 Kraft, Adam | FR | St. Thomas | 5.86m 2.2 |
| --- Sauro, Daniel | SO | St. Thomas | FOUL |



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Men Triple Jump

MIAC: 15.69m M 1984 Todd Nash
Stadium: 15.65m S 1970 Mihinder Gill

| Name | Yr | School | Finals |
|-----------------------|----|--------------|-------------|
| Finals | | | |
| 1 Twumasi, Raymond | SO | St. John's | 13.55m 10 |
| 2 Steward, Jordan | SR | Hamline | 13.51m 8 |
| 3 Cross, Evan | SO | St. Thomas | 13.39m 6 |
| 4 Anderson, Nick | SO | Concordia-Mo | 13.38m 5 |
| 5 Koll, Joe | SO | St. John's | 13.33m 4 |
| 6 Adams, Sean | SO | Augsburg | 13.25m 3 |
| 7 Alexander, Dwight | FR | Carleton | 13.19m 2 |
| 8 Sauro, Daniel | SO | St. Thomas | 13.13m 1 |
| 9 Wright, Gabe | SO | Concordia-Mo | 13.10m 1.1 |
| 10 Hicks, Maurice | FR | Carleton | 13.03m +0.0 |
| 11 Witschen, Michael | SO | St. Thomas | 12.96m 0.3 |
| 12 Pederson, Jacob | FR | Hamline | 12.85m 0.3 |
| 13 Schepp, Jackson | SO | Concordia-Mo | 12.81m +0.0 |
| 14 Kormah, Emmanuel | FR | Hamline | 12.56m 2.6 |
| 15 Ortman, Bryan | JR | Saint Mary's | 12.08m 1.1 |
| 16 VanZuilen, Luke | FR | St. Thomas | 12.04m +0.0 |
| 17 Smith, Mark | SR | St. Olaf | 12.01m +0.0 |
| 18 Forney, Ethan | FR | Gustavus Ado | 11.98m +0.0 |
| 19 Kohl, Jacob | SR | Gustavus Ado | 11.67m 1.7 |
| --- Keys McKay, Miles | FR | Macalester | FOUL |

Men Shot Put

MIAC: 19.05m M 1983 Mike Manders
Stadium: 17.20m S 2002 Justin Rapp

| Name | Yr | School | Finals |
|-----------------------|----|--------------|-----------|
| Finals | | | |
| 1 Schauer, Matt | SO | St. Thomas | 16.77m 10 |
| 2 Hausman, Micah | SO | St. Thomas | 15.21m 8 |
| 3 Duwenhoegger, Chase | FR | Hamline | 15.12m 6 |
| 4 Grussing, Joey | SR | Hamline | 14.66m 5 |
| 5 Heston, Pierce | JR | Hamline | 14.40m 4 |
| 6 Woods, Nick | SO | St. Olaf | 14.35m 3 |
| 7 Lunning, Ethan | JR | St. Olaf | 13.87m 2 |
| 8 Stewart, Christian | JR | Macalester | 13.77m 1 |
| 9 Jacobson, Travis | FR | Hamline | 13.62m |
| 10 DeBoer, Bryce | SO | Bethel | 13.27m |
| 11 Murtha, Craig | SO | St. Thomas | 13.26m |
| 12 Kantor, Michael | JR | Augsburg | 13.00m |
| 13 Peterson, David | FR | St. John's | 12.64m |
| 14 Walters, Grant | SO | Bethel | 12.59m |
| 15 Thiry, Peyton | SO | St. John's | 12.46m |
| 16 Hortop, Logan | SO | Augsburg | 12.45m |
| 17 Schlichting, Peter | FR | St. Thomas | 12.43m |
| 18 Neuenfeldt, Will | SO | Gustavus Ado | 12.25m |
| 19 Kuusisto, Jesse | SO | Augsburg | 12.01m |

20 Frazier, Adam FR Concordia-Mo 11.91m

Men Discus Throw

MIAC: 60.29m M 1983 Mike Manders
Stadium: 55.82m S 2002 Mike Turgeon

| Name | Yr | School | Finals |
|------------------------|----|--------------|-----------|
| Finals | | | |
| 1 Tyler, Anthony | SO | Hamline | 50.90m 10 |
| 2 Grussing, Joey | SR | Hamline | 45.68m 8 |
| 3 Heston, Pierce | JR | Hamline | 45.03m 6 |
| 4 Murtha, Craig | SO | St. Thomas | 44.42m 5 |
| 5 Logan, Alex | JR | Gustavus Ado | 44.37m 4 |
| 6 Hausman, Micah | SO | St. Thomas | 44.08m 3 |
| 7 Thiry, Peyton | SO | St. John's | 43.88m 2 |
| 8 Lunning, Ethan | JR | St. Olaf | 43.27m 1 |
| 9 Duwenhoegger, Chase | FR | Hamline | 41.57m |
| 10 Peterson, David | FR | St. John's | 41.41m |
| 11 Scheiterlein, Jesse | SR | Gustavus Ado | 41.38m |
| 12 Schlichting, Peter | FR | St. Thomas | 40.25m |
| 13 Kuusisto, Jesse | SO | Augsburg | 39.89m |
| 14 Rossini, Ben | SR | St. John's | 39.09m |
| 15 Christensen, Jacob | SO | St. John's | 37.36m |
| 16 Klaers, Logan | SO | St. Thomas | 36.72m |
| 17 Diaz de Leone, Sam | FR | Carleton | 36.24m |
| 18 Burbach, Alexander | SO | St. Thomas | 36.19m |
| 19 Kantor, Michael | JR | Augsburg | 35.92m |
| --- Jacobson, Travis | FR | Hamline | FOUL |

Men Hammer Throw

MIAC: 60.62m M 2011 Andrew Brueggen
Stadium: 65.76m S 2004 Lyden Reder

| Name | Yr | School | Finals |
|-----------------------|----|--------------|-----------|
| Finals | | | |
| 1 Kircher, Tyler | SR | Saint Mary's | 50.83m 10 |
| 2 Scheiterlein, Jesse | SR | Gustavus Ado | 50.05m 8 |
| 3 Klaers, Logan | SO | St. Thomas | 48.99m 6 |
| 4 Lunning, Ethan | JR | St. Olaf | 47.86m 5 |
| 5 Thiry, Peyton | SO | St. John's | 47.37m 4 |
| 6 Cheng, Jiatao | SR | Carleton | 46.84m 3 |
| 7 DeBoer, Bryce | SO | Bethel | 46.72m 2 |
| 8 Olson, Josh | JR | Bethel | 45.85m 1 |
| 9 Murtha, Craig | SO | St. Thomas | 45.27m |
| 10 Kuusisto, Jesse | SO | Augsburg | 44.86m |
| 11 Schauer, Matt | SO | St. Thomas | 44.45m |
| 12 Zemlin, Jared | JR | Hamline | 44.06m |
| 13 Jochum, Austin | FR | St. Thomas | 44.05m |
| 14 Kantor, Michael | JR | Augsburg | 43.89m |
| 15 Fischer, Sam | SO | Gustavus Ado | 43.01m |
| 16 Hausman, Micah | SO | St. Thomas | 41.70m |
| 17 Tyler, Anthony | SO | Hamline | 41.63m |
| 18 Irons, Ben | SO | Bethel | 38.77m |



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Finals ... (Men Hammer Throw)

| Name | Yr | School | Finals |
|----------------------|----|------------|--------|
| --- Brown, Zach | JR | St. John's | FOUL |
| --- Jacobson, Travis | FR | Hamline | FOUL |

Men Javelin Throw

MIAC: 63.24m M 2000 Greg Kaiser

Stadium: 67.47m S 2002 Bryan Black

| Name | Yr | School | Finals |
|--------------------------|----|--------------|-----------|
| Finals | | | |
| 1 Polk, Alex | SR | Carleton | 56.59m 10 |
| 2 Fleming, Konnor | SR | Macalester | 53.84m 8 |
| 3 Howes, Bolton | SR | Macalester | 53.06m 6 |
| 4 Young, Cole | SO | Concordia-Mo | 52.04m 5 |
| 5 Thayer, Jeremiah | SO | St. Thomas | 50.64m 4 |
| 6 Boughner, Cole | JR | St. Thomas | 50.11m 3 |
| 7 Buckner, Jack | FR | Carleton | 49.99m 2 |
| 8 Carlson, Nick | SR | Gustavus Ado | 49.37m 1 |
| 9 Murrey, Josh | SO | Concordia-Mo | 49.17m |
| 10 Hayes, Sean | FR | Macalester | 48.69m |
| 11 Botten, Joshua | FR | St. Thomas | 47.82m |
| 12 Kantor, Michael | JR | Augsburg | 47.81m |
| 13 VanZuilen, Luke | FR | St. Thomas | 47.65m |
| 14 Hendrickson, Joe | SO | Concordia-Mo | 46.16m |
| 15 Witschen, Michael | SO | St. Thomas | 45.56m |
| 16 Anderson, Nick | SO | Concordia-Mo | 45.43m |
| 17 Irons, Ben | SO | Bethel | 43.67m |
| 18 Peterson, Christopher | SO | St. Thomas | 42.87m |
| 19 Emmerich, Phil | JR | Saint Mary's | 41.29m |

Decathlon: #1 Men 100 Meter Dash Decathlon

| Name | Yr | School | Finals |
|-------------------------|----|--------------|-----------|
| Finals | | | |
| 1 Seyferth, Colby | SR | Carleton | 11.23 810 |
| 2 Kinderman, Ross | FR | Saint Mary's | 11.54 744 |
| 3 McNeil, Evan | SR | Carleton | 11.67 717 |
| 4 Huddleston, Preston | FR | St. Thomas | 11.73 705 |
| 5 Schepp, Jackson | SO | Concordia-Mo | 11.82 687 |
| 6 Adams, Sean | SO | Augsburg | 11.84 683 |
| 7 Buckner, Jack | FR | Carleton | 11.90 671 |
| 8 Emmerich, Phil | JR | Saint Mary's | 11.91 669 |
| 9 Hendrickson, Joe | SO | Concordia-Mo | 12.10 631 |
| 10 Thayer, Jeremiah | SO | St. Thomas | 12.13 626 |
| 11 Gardner, Joseph | FR | Saint Mary's | 12.24 605 |
| 12 Wright, Gabe | SO | Concordia-Mo | 12.28 597 |
| 13 Tollefson, Andrew | FR | St. Thomas | 12.32 589 |
| 14 Peterson, Jacob | JR | St. John's | 12.36 582 |
| 15 Peterson, Tamas | SR | St. Olaf | 12.42 571 |
| 16 Freese, Zach | FR | Concordia-Mo | 12.60 538 |
| 17 VanBemmelen, Alex | FR | Concordia-Mo | 12.82 499 |
| 18 Nelson, Hans-Kristof | SO | Concordia-Mo | 12.83 497 |

Decathlon: #5 Men 400 Meter Dash Decathlon

| Name | Yr | School | Finals |
|-------------------------|----|--------------|-------------|
| Finals | | | |
| 1 Kinderman, Ross | FR | Saint Mary's | 51.55 745 |
| 2 Huddleston, Preston | FR | St. Thomas | 51.67 739 |
| 3 Tollefson, Andrew | FR | St. Thomas | 52.15 718 |
| 4 Adams, Sean | SO | Augsburg | 52.52 702 |
| 5 Hendrickson, Joe | SO | Concordia-Mo | 52.71 694 |
| 6 Buckner, Jack | FR | Carleton | 53.01 681 |
| 7 McNeil, Evan | SR | Carleton | 53.10 677 |
| 8 Schepp, Jackson | SO | Concordia-Mo | 53.30 669 |
| 9 Wright, Gabe | SO | Concordia-Mo | 53.95 642 |
| 10 Emmerich, Phil | JR | Saint Mary's | 54.00 640 |
| 11 Peterson, Jacob | JR | St. John's | 54.26 629 |
| 12 Peterson, Tamas | SR | St. Olaf | 54.33 626 |
| 13 Thayer, Jeremiah | SO | St. Thomas | 54.91 602 |
| 14 VanBemmelen, Alex | FR | Concordia-Mo | 56.38 545 |
| 15 Gardner, Joseph | FR | Saint Mary's | 59.10 444 |
| 16 Nelson, Hans-Kristof | SO | Concordia-Mo | 59.29 438 |
| 17 Freese, Zach | FR | Concordia-Mo | 1:00.29 403 |

Decathlon: #10 Men 1500 Meter Run Decathlon

| Name | Yr | School | Finals |
|-------------------------|----|--------------|-------------|
| Finals | | | |
| 1 Tollefson, Andrew | FR | St. Thomas | 4:28.82 752 |
| 2 Hendrickson, Joe | SO | Concordia-Mo | 4:29.98 745 |
| 3 Wright, Gabe | SO | Concordia-Mo | 4:36.85 700 |
| 4 VanBemmelen, Alex | FR | Concordia-Mo | 4:46.14 642 |
| 5 Buckner, Jack | FR | Carleton | 4:49.51 622 |
| 6 Peterson, Tamas | SR | St. Olaf | 4:52.48 604 |
| 7 Schepp, Jackson | SO | Concordia-Mo | 5:00.47 557 |
| 8 Huddleston, Preston | FR | St. Thomas | 5:00.72 556 |
| 9 Adams, Sean | SO | Augsburg | 5:07.66 516 |
| 10 Emmerich, Phil | JR | Saint Mary's | 5:08.79 510 |
| 11 Nelson, Hans-Kristof | SO | Concordia-Mo | 5:10.11 503 |
| 12 Thayer, Jeremiah | SO | St. Thomas | 5:12.96 487 |
| 13 Gardner, Joseph | FR | Saint Mary's | 5:36.05 370 |
| 14 Freese, Zach | FR | Concordia-Mo | 5:52.54 295 |
| 15 McNeil, Evan | SR | Carleton | 7:54.00 1 |

Decathlon: #6 Men 110 Meter Hurdles Decathlon

| Name | Yr | School | Finals |
|--------------------|----|--------------|-----------|
| Finals | | | |
| 1 Wright, Gabe | SO | Concordia-Mo | 15.93 741 |
| 2 Schepp, Jackson | SO | Concordia-Mo | 16.12 719 |
| 3 Hendrickson, Joe | SO | Concordia-Mo | 16.30 699 |
| 4 Peterson, Tamas | SR | St. Olaf | 16.36 693 |
| 5 Kinderman, Ross | FR | Saint Mary's | 16.42 686 |
| 6 Peterson, Jacob | JR | St. John's | 16.46 682 |
| 7 McNeil, Evan | SR | Carleton | 16.81 644 |

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Finals ... (Decathlon: #6 Men 110 Meter Hurdles Decathlon)

| Name | Yr | School | Finals |
|-------------------------|----|--------------|-----------|
| 8 Adams, Sean | SO | Augsburg | 16.89 636 |
| 9 Huddleston, Preston | FR | St. Thomas | 17.13 611 |
| 10 Thayer, Jeremiah | SO | St. Thomas | 17.31 592 |
| 11 Buckner, Jack | FR | Carleton | 17.44 579 |
| 12 Tollefson, Andrew | FR | St. Thomas | 17.52 571 |
| 13 Emmerich, Phil | JR | Saint Mary's | 17.78 545 |
| 14 Gardner, Joseph | FR | Saint Mary's | 17.89 535 |
| 15 Freese, Zach | FR | Concordia-Mo | 18.63 465 |
| 16 Nelson, Hans-Kristof | SO | Concordia-Mo | 19.18 417 |
| 17 VanBemmelen, Alex | FR | Concordia-Mo | 19.86 360 |

Decathlon: #4 Men High Jump Decathlon

| Name | Yr | School | Finals |
|-------------------------|----|--------------|-----------|
| 1 Schepp, Jackson | SO | Concordia-Mo | 1.92m 731 |
| 2 Wright, Gabe | SO | Concordia-Mo | 1.86m 679 |
| 3 Buckner, Jack | FR | Carleton | 1.83m 653 |
| 4 Peterson, Tamas | SR | St. Olaf | 1.80m 627 |
| 5 Huddleston, Preston | FR | St. Thomas | 1.77m 602 |
| 6 Hendrickson, Joe | SO | Concordia-Mo | 1.74m 577 |
| 6 Peterson, Jacob | JR | St. John's | 1.74m 577 |
| 8 McNeil, Evan | SR | Carleton | 1.71m 552 |
| 9 Kinderman, Ross | FR | Saint Mary's | 1.68m 528 |
| 10 Nelson, Hans-Kristof | SO | Concordia-Mo | 1.65m 504 |
| 11 Freese, Zach | FR | Concordia-Mo | 1.59m 457 |
| 11 Tollefson, Andrew | FR | St. Thomas | 1.59m 457 |
| 11 Adams, Sean | SO | Augsburg | 1.59m 457 |
| 14 VanBemmelen, Alex | FR | Concordia-Mo | 1.56m 434 |
| 15 Emmerich, Phil | JR | Saint Mary's | 1.50m 389 |
| 16 Gardner, Joseph | FR | Saint Mary's | 1.47m 367 |
| 16 Thayer, Jeremiah | SO | St. Thomas | 1.47m 367 |

Decathlon: #8 Men Pole Vault Decathlon

| Name | Yr | School | Finals |
|-------------------------|----|--------------|-----------|
| 1 McNeil, Evan | SR | Carleton | 4.32m 708 |
| 2 VanBemmelen, Alex | FR | Concordia-Mo | 3.92m 595 |
| 3 Wright, Gabe | SO | Concordia-Mo | 3.82m 568 |
| 4 Buckner, Jack | FR | Carleton | 3.72m 541 |
| 5 Thayer, Jeremiah | SO | St. Thomas | 3.62m 514 |
| 6 Huddleston, Preston | FR | St. Thomas | 3.52m 488 |
| 6 Adams, Sean | SO | Augsburg | 3.52m 488 |
| 8 Schepp, Jackson | SO | Concordia-Mo | 3.42m 462 |
| 8 Tollefson, Andrew | FR | St. Thomas | 3.42m 462 |
| 10 Freese, Zach | FR | Concordia-Mo | 3.22m 411 |
| 10 Hendrickson, Joe | SO | Concordia-Mo | 3.22m 411 |
| 10 Nelson, Hans-Kristof | SO | Concordia-Mo | 3.22m 411 |
| 10 Emmerich, Phil | JR | Saint Mary's | 3.22m 411 |
| 14 Peterson, Tamas | SR | St. Olaf | 3.12m 386 |

| | | | | |
|-----|-----------------|----|--------------|----|
| --- | Gardner, Joseph | FR | Saint Mary's | NH |
| --- | Peterson, Jacob | JR | St. John's | NH |

Decathlon: #2 Men Long Jump Decathlon

| Name | Yr | School | Finals |
|-------------------------|----|--------------|-----------|
| 1 Kinderman, Ross | FR | Saint Mary's | 6.52m 702 |
| 2 Huddleston, Preston | FR | St. Thomas | 6.32m 657 |
| 3 McNeil, Evan | SR | Carleton | 6.29m 650 |
| 4 Schepp, Jackson | SO | Concordia-Mo | 6.27m 646 |
| 5 Buckner, Jack | FR | Carleton | 6.20m 630 |
| 6 Seyferth, Colby | SR | Carleton | 6.09m 606 |
| 7 Hendrickson, Joe | SO | Concordia-Mo | 5.85m 554 |
| 8 Wright, Gabe | SO | Concordia-Mo | 5.84m 552 |
| 9 Adams, Sean | SO | Augsburg | 5.83m 550 |
| 10 Emmerich, Phil | JR | Saint Mary's | 5.64m 510 |
| 11 Tollefson, Andrew | FR | St. Thomas | 5.54m 490 |
| 12 Freese, Zach | FR | Concordia-Mo | 5.44m 469 |
| 13 Peterson, Jacob | JR | St. John's | 5.42m 465 |
| 13 Peterson, Tamas | SR | St. Olaf | 5.42m 465 |
| 15 VanBemmelen, Alex | FR | Concordia-Mo | 5.26m 433 |
| 16 Thayer, Jeremiah | SO | St. Thomas | 5.25m 431 |
| 16 Gardner, Joseph | FR | Saint Mary's | 5.25m 431 |
| 18 Nelson, Hans-Kristof | SO | Concordia-Mo | 5.02m 386 |

Decathlon: #3 Men Shot Put Decathlon

| Name | Yr | School | Finals |
|-------------------------|----|--------------|------------|
| 1 McNeil, Evan | SR | Carleton | 12.15m 616 |
| 2 Peterson, Jacob | JR | St. John's | 11.67m 586 |
| 3 Thayer, Jeremiah | SO | St. Thomas | 11.09m 551 |
| 4 Hendrickson, Joe | SO | Concordia-Mo | 11.02m 547 |
| 5 Peterson, Tamas | SR | St. Olaf | 10.94m 542 |
| 6 Adams, Sean | SO | Augsburg | 10.74m 530 |
| 7 Huddleston, Preston | FR | St. Thomas | 10.63m 524 |
| 8 Kinderman, Ross | FR | Saint Mary's | 10.05m 489 |
| 9 Emmerich, Phil | JR | Saint Mary's | 10.04m 488 |
| 10 Freese, Zach | FR | Concordia-Mo | 9.99m 485 |
| 11 Buckner, Jack | FR | Carleton | 9.57m 460 |
| 12 Wright, Gabe | SO | Concordia-Mo | 9.56m 459 |
| 13 Nelson, Hans-Kristof | SO | Concordia-Mo | 9.26m 441 |
| 14 Schepp, Jackson | SO | Concordia-Mo | 8.94m 422 |
| 15 Gardner, Joseph | FR | Saint Mary's | 8.71m 408 |
| 16 VanBemmelen, Alex | FR | Concordia-Mo | 8.22m 379 |
| 17 Tollefson, Andrew | FR | St. Thomas | 7.62m 344 |

Decathlon: #7 Men Discus Throw Decathlon

| Name | Yr | School | Finals |
|--------------------|----|--------------|------------|
| 1 Hendrickson, Joe | SO | Concordia-Mo | 32.31m 510 |
| 2 Buckner, Jack | FR | Carleton | 31.74m 499 |

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Finals ... (Decathlon: #7 Men Discus Throw Decathlon)

| Name | Yr | School | Finals |
|------------------------|----|--------------|------------|
| 3 Thayer, Jeremiah | SO | St. Thomas | 31.73m 499 |
| 4 Nelson, Hans-Kristof | SO | Concordia-Mo | 29.59m 456 |
| 5 Peterson, Jacob | JR | St. John's | 29.43m 453 |
| 6 Huddleston, Preston | FR | St. Thomas | 28.79m 441 |
| 7 Emmerich, Phil | JR | Saint Mary's | 28.78m 440 |
| 8 Adams, Sean | SO | Augsburg | 28.36m 432 |
| 9 Wright, Gabe | SO | Concordia-Mo | 28.09m 427 |
| 10 McNeil, Evan | SR | Carleton | 27.62m 418 |
| 11 Peterson, Tamas | SR | St. Olaf | 25.88m 384 |
| 12 Freese, Zach | FR | Concordia-Mo | 24.79m 363 |
| 13 Tollefson, Andrew | FR | St. Thomas | 24.10m 350 |
| 14 Schepp, Jackson | SO | Concordia-Mo | 23.32m 335 |
| 15 VanBemmelen, Alex | FR | Concordia-Mo | 22.17m 313 |
| 16 Gardner, Joseph | FR | Saint Mary's | 20.29m 277 |

Decathlon: #9 Men Javelin Throw Decathlon

| Name | Yr | School | Finals |
|-------------------------|----|--------------|------------|
| 1 Buckner, Jack | FR | Carleton | 52.26m 622 |
| 2 Thayer, Jeremiah | SO | St. Thomas | 47.22m 548 |
| 3 Hendrickson, Joe | SO | Concordia-Mo | 44.89m 513 |
| 4 Emmerich, Phil | JR | Saint Mary's | 40.30m 446 |
| 5 McNeil, Evan | SR | Carleton | 39.10m 429 |
| 6 Huddleston, Preston | FR | St. Thomas | 37.91m 412 |
| 7 Wright, Gabe | SO | Concordia-Mo | 37.41m 405 |
| 8 Freese, Zach | FR | Concordia-Mo | 37.30m 403 |
| 9 Schepp, Jackson | SO | Concordia-Mo | 37.18m 401 |
| 10 Adams, Sean | SO | Augsburg | 36.92m 398 |
| 11 Peterson, Tamas | SR | St. Olaf | 36.78m 396 |
| 12 Nelson, Hans-Kristof | SO | Concordia-Mo | 36.30m 389 |
| 13 Peterson, Jacob | JR | St. John's | 36.28m 388 |
| 14 VanBemmelen, Alex | FR | Concordia-Mo | 30.36m 304 |
| 15 Tollefson, Andrew | FR | St. Thomas | 30.24m 303 |
| 16 Gardner, Joseph | FR | Saint Mary's | 29.80m 296 |

Men Decathlon

| Name | Yr | School | Finals |
|-----------------------|----|--------------|---------|
| 1 Buckner, Jack | FR | Carleton | 5958 10 |
| 2 Hendrickson, Joe | SO | Concordia-Mo | 5881 8 |
| 3 Wright, Gabe | SO | Concordia-Mo | 5770 6 |
| 4 Huddleston, Preston | FR | St. Thomas | 5735 5 |
| 5 Schepp, Jackson | SO | Concordia-Mo | 5629 4 |
| 6 McNeil, Evan | SR | Carleton | 5412 3 |
| 7 Adams, Sean | SO | Augsburg | 5392 2 |
| 8 Peterson, Tamas | SR | St. Olaf | 5294 1 |
| 9 Thayer, Jeremiah | SO | St. Thomas | 5217 |
| 10 Emmerich, Phil | JR | Saint Mary's | 5048 |
| 11 Tollefson, Andrew | FR | St. Thomas | 5036 |

| | | | |
|-------------------------|----|--------------|------|
| 12 VanBemmelen, Alex | FR | Concordia-Mo | 4504 |
| 13 Nelson, Hans-Kristof | SO | Concordia-Mo | 4442 |
| 14 Freese, Zach | FR | Concordia-Mo | 4289 |
| 15 Gardner, Joseph | FR | Saint Mary's | 3733 |

Women - Team Rankings - 22 Events Scored

| | |
|-----------------------|-------|
| 1) St. Thomas | 148 |
| 2) Concordia-Moorhead | 129.5 |
| 3) St. Olaf | 107.5 |
| 4) Carleton | 104 |
| 5) St. Benedict | 96.5 |
| 6) Hamline | 61 |
| 7) Gustavus Adolphus | 57 |
| 8) Bethel | 54 |
| 9) St. Catherine | 46 |
| 10) Macalester | 32 |
| 11) Saint Mary's | 11.5 |
| 12) Augsburg | 11 |

Men - Team Rankings - 22 Events Scored

| | |
|-----------------------|-------|
| 1) St. Thomas | 164.5 |
| 2) Hamline | 138.5 |
| 3) St. Olaf | 118 |
| 4) Carleton | 88 |
| 5) Concordia-Moorhead | 83 |
| 6) St. John's | 75 |
| 7) Gustavus Adolphus | 56 |
| 7) Bethel | 56 |
| 9) Macalester | 31 |
| 10) Augsburg | 25 |
| 11) Saint Mary's | 23 |

