

**Macalester College Alumni Triangular
Leonard Center - Macalester College
St. Paul, MN - 1/24/2015**

Results**Women 60 Meter Dash**

Name	Yr	School	Finals
Finals			
1	Hannah	Sonsalla	FR Macalester 8.33
2	Ashley	Waalén	SO Augsburg 8.35
3	Anik	Regan	SO Macalester 8.48
4	Elizabeth	Hickey	FR Augsburg 8.61
5	Abby	Palmer	SO St. Catherin 8.91
6	Ashleigh	Ackley	SO St. Catherin 9.25

Women 200 Meter Dash

Name	Yr	School	Finals
Finals			
1	Erin	Ortiz	JR Macalester 27.46
2	Anik	Regan	SO Macalester 28.13
3	Ashley	Waalén	SO Augsburg 28.15
4	Brooke	Hunter	SO Macalester 28.68
5	Nikaylah	Woody	FR Augsburg 28.76
6	Megan	Thoemke	FR St. Catherin 28.94
7	Elizabeth	Hickey	FR Augsburg 29.38
8	Tina	Angok	SR Augsburg 30.11
9	Simone	Carpenter	SR Macalester 31.16

Women 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	Emily	Diener	SR Macalester 1:03.05
2	Nikaylah	Woody	FR Augsburg 1:05.40
3	Marie	Morrier	FR St. Catherin 1:06.40
4	Erin	Porter	SO Macalester 1:07.86
5	Ellie	Cardinal	FR St. Catherin 1:11.39

Women 800 Meter Run

Name	Yr	School	Finals
Finals			
1	Kayla	Roberge	SR Augsburg 2:22.20
2	Mary	Cornelius	SO Augsburg 2:23.88
3	Caitlin	Toner	SR Macalester 2:27.98
4	Ingrid	Greene	SR Macalester 2:29.23
5	Natalie	Prescott	SO Macalester 2:30.79
6	Carmen	Garson-Shumway	FR Macalester 2:30.92
7	Allison	Pillar	SO Macalester 2:33.18
8	Ellen	Brady	SR Macalester 2:38.33
9	Kathrene	Garcia	FR Macalester 2:42.78
10	Emily	Hohenshell	FR St. Catherin 2:45.22

Women 1 Mile Run

Name	Yr	School	Finals
Finals			
1	Karlyn	Russell	SO Macalester 5:36.29
2	Allie	Woerpel	Mac Alumni 5:36.48

3	Lorna	Sherwood-Caballero	FR Macalester 5:41.66
4	Shannon	Strickland	SO St. Catherin 5:45.97
5	Rosie	Cobb	FR Macalester 6:01.68
6	Blair	Stewig	FR Augsburg 6:01.68
7	Laura	Gould	FR Macalester 6:05.19
8	Madeline	Abbott	FR Macalester 6:05.20
9	Ali	Marks	SO Macalester 6:07.71
10	Michelle	Perri	FR St. Catherin 6:20.90
---	Koby	Jeschkeit-Hagen	Mac Alumni DNS
---	Devon	Kristiansen	Mac Alumni DNS

Women 3000 Meter Run

Name	Yr	School	Finals
Finals			
1	Jenna	McElroy	SR St. Catherin 11:26.28
2	Eliza	Ramsey	SO Macalester 11:34.55
3	Lea	Davidson	FR Macalester 11:39.54
4	Becky	Honnold	SO Macalester 11:40.36
5	Natalie	Barclay	FR St. Catherin 12:38.71

Women 60 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Brittany	Moore	JR St. Catherin 9.63
2	Brooke	Hunter	SO Macalester 9.70
3	Simone	Carpenter	SR Macalester 10.33
4	Sarah	Silbert	SO Macalester 10.36
5	Marie	Morrier	FR St. Catherin 11.36
6	Tina	Angok	SR Augsburg 11.41

Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1	Macalester	4:18.45
	1) Emily Diener SR	2) Erin Ortiz JR
	3) Hannah Sonsalla FR	4) Carmen Garson-Shumway FR
2	St. Catherine	4:23.73
	1) Megan Thoemke FR	2) Marie Morrier FR
	3) Shannon Strickland SO	4) Brittany Moore JR
3	Macalester	B x4:24.19
	1) Erin Porter SO	2) Ellen Brady SR
	3) Allison Pillar SO	4) Ingrid Greene SR
4	Macalester	C x4:35.88
	1) Karlyn Russell SO	2) Lorna Sherwood-Caballero FR
	3) Caitlin Toner SR	4) Natalie Prescott SO
5	Macalester	D x4:37.92
	1) Rosie Cobb FR	2) Madeline Abbott FR
	3) Laura Gould FR	4) Kathrene Garcia FR
6	St. Catherine	B x4:45.41
	1) Makayla Skluzacek SR	2) Ellie Cardinal FR
	3) Emily Hohenshell FR	4) Morgan Vlakancic JR

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Results**Women High Jump**

Name	Yr	School	Finals
Finals			
1 Makayla Skluzacek	SR	St. Catherin	1.47m
2 Meghan Klapper	SO	Macalester	1.42m

Women Pole Vault

Name	Yr	School	Finals
Finals			
1 Mam Inthasone	FR	Augsburg	2.28m
2 Kelsey Harmatta	SO	Macalester	2.13m

Women Long Jump

Name	Yr	School	Finals
Finals			
1 Callie Jones	SO	Augsburg	5.18m
2 Brittany Moore	JR	St. Catherin	4.95m
3 Makayla Skluzacek	SR	St. Catherin	4.56m
4 Abby Palmer	SO	St. Catherin	4.55m
5 Brooke Hunter	SO	Macalester	4.48m
6 Megan Thoemke	FR	St. Catherin	4.41m
7 Marie Morrier	FR	St. Catherin	4.28m
8 Sarah Silbert	SO	Macalester	4.23m
9 Clara Baumann	FR	Macalester	3.94m

Women Triple Jump

Name	Yr	School	Finals
Finals			
1 Sarah Silbert	SO	Macalester	9.23m
2 Simone Carpenter	SR	Macalester	7.88m

Women Shot Put

Name	Yr	School	Finals
Finals			
1 Zexin Nai	JR	Macalester	9.44m
2 Katie Hedrick	SO	Augsburg	8.66m
3 Kali Kuusisto	SO	Augsburg	7.00m

Women Weight Throw

Name	Yr	School	Finals
Finals			
1 Katie Hedrick	SO	Augsburg	12.74m
2 Kali Kuusisto	SO	Augsburg	11.73m
3 Megan Pohlmann	SO	St. Catherin	11.02m
4 Risa Luther	JR	Macalester	10.57m
5 Claire Vasilis	FR	St. Catherin	10.41m
6 Lynn Zemaitis	SO	Macalester	6.72m
7 Kelsey Harmatta	SO	Macalester	5.96m

Men 60 Meter Dash

Name	Yr	School	Finals
Finals			
1 Undre Smith-Brewer	SO	Augsburg	7.12
2 Preston Blake	FR	Augsburg	7.35
3 Barinedum Kordah	SO	Augsburg	7.37
4 Festus Lamin	SO	Augsburg	7.47
5 Kevin Williams		Mac Alumni	7.48
6 Isiah Sims	FR	Augsburg	7.48
7 Marcus Buls	SO	Augsburg	7.58
8 Sean Adams	JR	Augsburg	7.62
9 Brian Eisner	FR	Macalester	7.66
10 Pong Lee	SO	Augsburg	7.84
11 Walter Foster-Bolton	SO	Augsburg	8.12
12 Josh Kuetner	FR	Augsburg	8.36

Men 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Undre Smith-Brewer	SO	Augsburg	23.45
2 Preston Blake	FR	Augsburg	24.24
3 Fabien Dubbe	SR	Augsburg	24.26
4 Kevin Williams		Mac Alumni	24.56
5 Festus Lamin	SO	Augsburg	24.65
6 Isiah Sims	FR	Augsburg	24.80
7 Marcus Buls	SO	Augsburg	25.01
8 Marlen-Brent Campbell		Mac Alumni	25.17
9 Logan Hovie	JR	Macalester	25.20
10 Brian Eisner	FR	Macalester	25.48
11 Wilson Musabyimana	FR	Augsburg	25.76
12 Pong Lee	SO	Augsburg	26.19
13 Walter Foster-Bolton	SO	Augsburg	26.85
14 Anders Voss	JR	Macalester	27.60

Men 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Luke Iverson	SR	Augsburg	54.91
2 James Hargens	SO	Macalester	55.22
3 Wilson Musabyimana	FR	Augsburg	57.32
4 Daniel Ochoa	FR	Macalester	1:04.94

Men 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Nolan Ebner	FR	Macalester	2:01.76
2 Luke Erickson	JR	Augsburg	2:04.34
3 Hunter Melius	SR	Virginia Wes	2:07.13
4 Kai Heen	FR	Macalester	2:08.88

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Results

Men 1 Mile Run

Name	Yr	School	Finals
Finals			
1	joe Giamberdino	SR Macalester	4:29.06
2	Lachlan Hinwood	SO Macalester	4:41.13
3	Ben Knudsen	Mac Alumni	5:01.73
4	Nick Carpenter	Mac Alumni	5:37.21
5	Franz Meyer	Mac Alumni	5:42.54

Men 3000 Meter Run

Name	Yr	School	Finals
Finals			
1	Auburn Jimenez	Mac Alumni	8:58.34
2	Dylan Saul	SR Macalester	9:26.90
3	Mike Waltman	SR Macalester	9:33.09
4	Nate Merrill	FR Macalester	9:57.75
5	Erik Biggers	Mac Alumni	10:08.81
6	Spencer Nelson	SO Macalester	10:12.54
7	Alex Gordon	FR Macalester	10:19.78
8	Kemal Kirchmeier	SO Macalester	10:38.20

Men 60 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Alex Rosselli	Mac Alumni	9.04
2	Sean Adams	JR Augsburg	9.43
3	Anders Voss	JR Macalester	9.91
4	Franz Meyer	Mac Alumni	11.08

Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1	Augsburg	3:35.30
	1) Fabien Dubbe SR 3) Luke Erickson JR	2) Luke Iverson SR 4) Barinedum Kordah SO
2	Macalester	3:41.36
	1) James Hargens SO 3) Brian Eisner FR	2) Nolan Ebner FR 4) joe Giamberdino SR
3	Macalester Alumni	4:09.90

Men High Jump

Name	Yr	School	Finals
Finals			
1	Logan Hovie	JR Macalester	1.99m

Men Pole Vault

Name	Yr	School	Finals
Finals			
1	Deontae Heuer	FR Augsburg	3.86m

Men Long Jump

Name	Yr	School	Finals
Finals			
1	Barinedum Kordah	SO Augsburg	6.16m
2	Kevin Williams	Mac Alumni	6.11m
3	Walter Foster-Bolton	SO Augsburg	5.47m
---	Emanuel Marcellino	Mac Alumni	DNS

Men Triple Jump

Name	Yr	School	Finals
Finals			
---	Emanuel Marcellino	Mac Alumni	DNS

Men Shot Put

Name	Yr	School	Finals
Finals			
1	Jesse Kuusisto	SO Augsburg	12.82m
2	Michael Kantor	SO Augsburg	12.01m
---	Danny Buege	SO Augsburg	DNS

Men Weight Throw

Name	Yr	School	Finals
Finals			
1	Michael Kantor	SO Augsburg	13.59m
2	Danny Buege	SO Augsburg	12.51m
3	Jesse Kuusisto	SO Augsburg	10.24m

Women - Team Rankings - 14 Events Scored

1)	Macalester	69
2)	Augsburg	40
3)	St. Catherine	29
4)	Macalester Alumni	3

Men - Team Rankings - 13 Events Scored

1)	Augsburg	69
2)	Macalester	34
3)	Macalester Alumni	18
4)	Virginia Wesleyan	2