

Coulee Conference Championship Meet

Westby High School

Westby, WI - 5/16/2015

Results

Girls 100 Meter Dash

Coulee: 12.41 * 2010 Maya Vazquez, Arc. (FAT)

Name	Yr	School	Prelims
Preliminaries			
1	Jaali Parish	12	Viroqua 12.98Q
2	Emily Collom	12	Gale-Ettrick 13.17Q
3	Amber Bilitz	12	Luther 13.31q
4	Eve Kramer	12	Arcadia 13.54q
5	Hillary Filla	12	Arcadia 13.57q
6	Ellen Mills	09	Gale-Ettrick 13.71q
7	Miranda Delmedico	09	Westby 13.79q
8	Samantha Clark	09	Viroqua 13.81q
9	Morgan Weber	11	West Salem 13.86
10	Tori Miller	10	Black River 13.92
11	Haylee Olson	09	Viroqua 13.93
12	Cherie Lun	10	West Salem 13.98
13	Demi Miller	10	Black River 14.02
14	Mikala Pronschinske	09	Arcadia 14.21
15	Macy Williams	10	Gale-Ettrick 14.29

Girls 100 Meter Dash

Coulee: 12.41 * 2010 Maya Vazquez, Arc. (FAT)

Name	Yr	School	Finals
Finals			
1	Jaali Parish	12	Viroqua 12.70 10
2	Emily Collom	12	Gale-Ettrick 13.19 8
3	Hillary Filla	12	Arcadia 13.23 6
4	Amber Bilitz	12	Luther 13.28 5
5	Miranda Delmedico	09	Westby 13.71 4
6	Eve Kramer	12	Arcadia 13.74 3
7	Ellen Mills	09	Gale-Ettrick 13.75 2
8	Samantha Clark	09	Viroqua 13.76 1

Girls 200 Meter Dash

Coulee: 25.11 * 5/10/2008 Maya Vazquez, ARC

Name	Yr	School	Finals
Finals			
1	Abbey Zastrow	10	Arcadia 26.32 10
2	Jaali Parish	12	Viroqua 26.75 8
3	Kezia Miller	12	West Salem 27.61 6
4	Hillary Filla	12	Arcadia 27.87 5
5	Morning Potaracke	10	Luther 28.01 4
6	McKenzie Fitzpatrick	10	West Salem 28.25 3
7	McKenzie Feyen	10	Gale-Ettrick 28.70 2
8	Morgan Weber	11	West Salem 28.73 1
9	Ireland Andre	10	Arcadia 28.80
10	Avery Schaller	12	Viroqua 28.87
11	Ally Stilwell	10	Viroqua 29.17
12	Kaylee Kriesel	12	Gale-Ettrick 29.90
13	Ciara Johnson	10	Black River 30.31

14 Kendra Towner 11 Gale-Ettrick 31.86

Girls 400 Meter Dash

Coulee: 56.95 * 5/10/2008 Maya Vazquez, ARC

Name	Yr	School	Finals
Finals			
1	Abbey Zastrow	10	Arcadia 59.11 10
2	Jaali Parish	12	Viroqua 59.50 8
3	Joslyn Dearborn	12	Viroqua 1:03.84 6
4	Sydney Sherry	09	Westby 1:03.94 5
5	McKenzie Fitzpatrick	10	West Salem 1:04.46 4
6	Morgan Weber	11	West Salem 1:04.51 3
7	Deanna Kupietz	11	Arcadia 1:06.11 2
8	Jessica Abt	12	Viroqua 1:06.93 1
9	Kezia Miller	12	West Salem 1:07.99
10	Brianna Ties	10	Gale-Ettrick 1:08.88
11	Kyla Rave	11	Black River 1:09.67
12	Jessie Meadke	09	Luther 1:10.86
13	Lauren Kick	09	Luther 1:11.90
14	Savannah Kubis	11	Luther 1:25.36

Girls 800 Meter Run

Coulee: 2:19.60 * 1993 Lisa Johnson, LaC

Name	Yr	School	Finals
Finals			
1	Elena Schmidt	09	Westby 2:24.49 10
2	Karly Tennant	12	Black River 2:25.89 8
3	Madelyn Anderson	09	Viroqua 2:31.03 6
4	Hannah Thorn	12	West Salem 2:32.84 5
5	Sammy Peterson	11	West Salem 2:33.63 4
6	Ryla Vatland	09	Westby 2:35.10 3
7	Dani Faas	11	West Salem 2:37.84 2
8	Olivia Abt	09	Viroqua 2:41.59 1
9	Noelle Olson	11	Arcadia 2:42.54
10	Naomi Schroeder	09	Viroqua 2:47.45
11	Natalie Gawron	11	Black River 2:58.81
12	Asia Parkhurst	09	Gale-Ettrick 3:14.61
13	Lauren Kick	09	Luther 3:22.02
14	Michaela Harbach	09	Luther 3:42.14

Girls 1600 Meter Run

Coulee: 5:13.70 * 1994 Stacy Johnson, LaC

Name	Yr	School	Finals
Finals			
1	Elena Schmidt	09	Westby 5:32.28 10
2	Rebecca Maxwell	12	Westby 5:35.92 8
3	Hannah Thorn	12	West Salem 5:37.34 6
4	Abbey Wedwick	09	Westby 5:40.77 5
5	Kate Schroeder	09	West Salem 5:42.71 4
6	Naomi Schroeder	09	Viroqua 5:50.39 3
7	Mickealla Stenulson	11	Black River 6:01.23 2
8	Aleshia Furlano	09	West Salem 6:03.93 1

Coulee Conference Championship Meet

Westby High School

Westby, WI - 5/16/2015

Results

Finals ... (Girls 1600 Meter Run)

Name	Yr	School	Finals
9 Rileigh Campbell	09	Gale-Ettrick	6:23.75
10 Madison Markee	10	Black River	6:25.89
11 Samantha Dach	12	Viroqua	6:51.45
12 Michaela Harbach	09	Luther	7:09.58
13 Carley Gerdes	10	Luther	7:44.53

Girls 3200 Meter Run

Coulee: 11:29.20 * 1993 Stacy Johnson, LaC

Name	Yr	School	Finals
Finals			
1 Elena Schmidt	09	Westby	12:32.61 10
2 Rebecca Maxwell	12	Westby	12:46.45 8
3 Abbey Wedwick	09	Westby	12:49.63 6
4 Kate Schroeder	09	West Salem	12:58.00 5
5 Emma Kolden	09	Viroqua	13:16.62 4
6 Micealla Stenulson	11	Black River	13:37.88 3
7 Aleshia Furlano	09	West Salem	13:43.13 2
8 Jennifer Brendel	11	Viroqua	14:19.55 1
9 Emme Rogers	09	Luther	15:48.62
10 Madison Brenengen	09	Gale-Ettrick	16:25.86

Girls 100 Meter Hurdles

Coulee: 15.43 * 5/11/2013 Lyssa Veres

Name	Yr	School	Prelims
Preliminaries			
1 Isabelle Kick	11	Luther	16.04Q
2 Haley Beams	11	Black River	16.39Q
3 Ali Clements	12	West Salem	16.93q
4 Lydia Noble	09	Viroqua	17.24q
5 Elise Geske	12	Gale-Ettrick	17.60q
6 Emily Olson	09	Westby	17.88q
7 Stephanie Brauner	10	Black River	17.89q
8 Sammi Hansen	12	Westby	18.24q
9 Becky Bisek	11	Arcadia	19.13
10 Ellen Mills	09	Gale-Ettrick	19.43

Girls 100 Meter Hurdles

Coulee: 15.43 * 5/11/2013 Lyssa Veres

Name	Yr	School	Finals
Finals			
1 Isabelle Kick	11	Luther	15.81 10
2 Ali Clements	12	West Salem	16.82 8
3 Lydia Noble	09	Viroqua	17.01 6
4 Elise Geske	12	Gale-Ettrick	17.67 5
5 Stephanie Brauner	10	Black River	17.68 4
6 Sammi Hansen	12	Westby	17.76 3
7 Emily Olson	09	Westby	17.78 2
8 Haley Beams	11	Black River	17.80 1

Girls 300 Meter Hurdles

Coulee: 46.36 * 1989 Shari Kowalski, ARC

Name	Yr	School	Finals
Finals			
1 Angela Zenke	12	Luther	48.04 10
2 Ali Clements	12	West Salem	48.46 8
3 Haley Beams	11	Black River	49.63 6
4 Lydia Noble	09	Viroqua	49.81 5
5 Stephanie Brauner	10	Black River	50.73 4
6 Sammi Hansen	12	Westby	50.85 3
7 Emily Olson	09	Westby	51.49 2
8 Mady Stackhouse	09	Viroqua	52.67 1
9 Hanna Hoesley	11	Arcadia	52.77
10 Ellen Mills	09	Gale-Ettrick	56.74
11 Cassie Bell	11	Luther	56.85
12 Becky Bisek	11	Arcadia	57.21
13 Karli Rickert	10	Black River	58.79

Girls 4x100 Meter Relay

Coulee: 51.50 * 1988 Viroqua

L Call, K Solverson, B Swanson, B Stalsberg

Team	Relay	Finals
Finals		
1 Luther		52.03 10
1) Isabelle Kick 11	2) Alexa Kasten 10	
3) Amber Bilitz 12	4) Angela Zenke 12	
2 Gale-Ettrick		52.86 8
1) McKenzie Feyen 10	2) Emily Collom 12	
3) Sidney Severson 12	4) Whitney Nichols 11	
3 Westby		54.02 6
1) Kendra Brazelton 12	2) Kelsey Daines 11	
3) Sadie Korn 11	4) Miranda Delmedico 09	
4 Viroqua		54.05 4
1) Avery Schaller 12	2) Joslyn Dearborn 12	
3) Samantha Clark 09	4) Ally Stilwell 10	
5 West Salem		54.34 2
1) Alexa Marchbanks 11	2) Carla Maas 10	
3) Cherie Lun 10	4) Brittney Niebuhr 09	
6 Black River Falls		54.35 1
1) Lauren Helstad 11	2) Demi Miller 10	
3) Ciara Johnson 10	4) Tori Miller 10	
7 Arcadia		57.59
1) Becky Bisek 11	2) Kathryn Sobotta 09	
3) Rachel Klink 09	4) Mikala Pronschinske 09	

**Coulee Conference Championship Meet
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Girls 4x200 Meter Relay

Coulee: 1:48.30 * 1981 Holmen

J Rochester, J Rochester, K Rochester, K Granum,

Team	Relay	Finals
Finals		
1 Luther		1:50.56 10
1) Isabelle Kick 11	2) Cassie Bell 11	
3) Amber Bilitz 12	4) Morning Potaracke 10	
2 Arcadia		1:52.31 8
1) Eve Kramer 12	2) Ireland Andre 10	
3) Noelle Olson 11	4) Hanna Hoesley 11	
3 Viroqua		1:52.67 6
1) Avery Schaller 12	2) Mady Stackhouse 09	
3) Samantha Clark 09	4) Ally Stilwell 10	
4 Gale-Ettrick		1:53.32 4
1) McKenzie Feyen 10	2) Emily Collom 12	
3) Sidney Severson 12	4) Whitney Nichols 11	
5 Westby		1:53.96 2
1) Lexi Crume 09	2) Miranda Delmedico 09	
3) Sadie Korn 11	4) Kelsey Daines 11	
6 Black River Falls		1:54.28 1
1) Emily Byrns 10	2) Kacey Koenigs 11	
3) Demi Miller 10	4) Tori Miller 10	
7 West Salem		1:54.97
1) Alexa Marchbanks 11	2) Carla Maas 10	
3) Cherie Lun 10	4) Brittney Niebuhr 09	

Girls 4x400 Meter Relay

Coulee: 4:08.23 * 5/10/2008 Arcadia

T McKeeth, E Suchla, K Quinn, C Reglin

Team	Relay	Finals
Finals		
1 Arcadia		4:12.75 10
1) Hillary Filla 12	2) Eve Kramer 12	
3) Hanna Hoesley 11	4) Abbey Zastrow 10	
2 Viroqua		4:21.80 8
1) Jessica Abt 12	2) Joslyn Dearborn 12	
3) Madelyn Anderson 09	4) Delilah Vance 09	
3 West Salem		4:22.08 6
1) Ali Clements 12	2) Sammy Peterson 11	
3) Dani Faas 11	4) McKenzie Fitzpatrick 10	
4 Luther		4:23.46 4
1) Angela Zenke 12	2) Cassie Bell 11	
3) Jessie Meadke 09	4) Morning Potaracke 10	
5 Westby		4:29.11 2
1) Emily Olson 09	2) Lexi Crume 09	
3) Ryla Vatland 09	4) Sydney Sherry 09	
6 Black River Falls		4:40.25 1
1) Kacey Koenigs 11	2) Emily Byrns 10	
3) Kim Leadholm 10	4) Karly Tennant 12	

7 Gale-Ettrick	5:03.50
1) Raleigh Campbell 09	2) Kaylee Kriesel 12
3) Madison Jansen 12	4) Emily Burton 11

Girls 4x800 Meter Relay

Coulee: 9:39.52 * 2007 West Salem

C Oldenburg, R Davis, K Stockheimer, C Rucker

Team	Relay	Finals
Finals		
1 West Salem		10:07.64 10
1) Sammy Peterson 11	2) Kate Schroeder 09	
3) Dani Faas 11	4) Hannah Thorn 12	
2 Viroqua		10:17.89 8
1) Emma Kolden 09	2) Olivia Abt 09	
3) Jessica Abt 12	4) Madelyn Anderson 09	
3 Westby		10:27.31 6
1) Sydney Sherry 09	2) Ryla Vatland 09	
3) Emily Culligan 12	4) Julianne Call 09	
4 Black River Falls		11:31.39 4
1) Jamie Pennekamp 10	2) Mickealla Stenulson 11	
3) Natalie Gawron 11	4) Karly Tennant 12	
5 Luther		11:56.79 2
1) Jessie Meadke 09	2) Carley Gerdes 10	
3) Emme Rogers 09	4) Regina Reedich 10	
6 Gale-Ettrick		11:56.81 1
1) Madison Jansen 12	2) Asia Parkhurst 09	
3) Emily Burton 11	4) Madison Brenengen 09	

Girls High Jump

Coulee: 5-06 * 2011 Jessie Welch

Name	Yr	School	Finals
Finals			
1 Sidney Severson	12	Gale-Ettrick	5-02.00 10
2 Hanna Hoesley	11	Arcadia	J5-02.00 8
3 Rachel Nigh	10	Viroqua	5-00.00 6
4 McKenzie Feyen	10	Gale-Ettrick	4-10.00 5
5 Isabelle Kick	11	Luther	4-08.00 4
6 Jenna Johnson	10	Black River	4-06.00 3
7 Kendra Brazelton	12	Westby	J4-06.00 2
8 Lexi Crume	09	Westby	4-04.00 1
9 Caitlin Smart	10	Black River	4-00.00

Girls Pole Vault

Coulee: 10-09 * 5/11/2013 Lyssa Veres

Name	Yr	School	Finals
Finals			
1 Linse Wilbur	10	Westby	10-00.00 10
2 Rachel Nigh	10	Viroqua	9-00.00 7
2 Kylie Bluske	12	Westby	9-00.00 7
4 Josie Wiltrout	11	Viroqua	8-06.00 5
5 Morning Potaracke	10	Luther	8-00.00 4
6 Kendra Brazelton	12	Westby	J8-00.00 3

Coulee Conference Championship Meet

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Finals ... (Girls Pole Vault)

Name	Yr	School	Finals
7 Tommi Jo Hemp	10	West Salem	J8-00.00 2
8 Chloe Horan	12	Viroqua	7-06.00 1
9 Ellen Mills	09	Gale-Etrick	7-00.00
10 Jessie Meadke	09	Luther	6-06.00
--- Emily Byrns	10	Black River	NH
--- Jamie Pennekamp	10	Black River	NH
--- Cherie Lun	10	West Salem	NH

Girls Long Jump

Coulee: 18-02 * 5/10/2008 Maya Vazquez, ARC

Name	Yr	School	Finals
1 Abbey Zastrow	10	Arcadia	16-04.00 10
2 Jaali Parish	12	Viroqua	15-11.75 8
3 Amber Bilitz	12	Luther	15-10.75 6
4 Hillary Filla	12	Arcadia	15-10.00 5
5 Kelsey Daines	11	Westby	15-04.50 4
6 Macy Williams	10	Gale-Etrick	15-03.50 3
7 Carla Maas	10	West Salem	14-08.00 2
8 Brittney Niebuhr	09	West Salem	14-02.50 0.5
8 Whitney Nichols	11	Gale-Etrick	14-02.50 0.5
10 Stephanie Brauner	10	Black River	14-00.25
11 Kezia Miller	12	West Salem	13-09.00
12 Kendra Towner	11	Gale-Etrick	J13-09.00

Girls Triple Jump

Coulee: 36-05 * 5/16/2009 Erika Suchla, ARC

Name	Yr	School	Finals
1 Kezia Miller	12	West Salem	34-02.00 10
2 Macy Williams	10	Gale-Etrick	33-10.50 8
3 Kelsey Daines	11	Westby	32-11.00 6
4 Rachel Nigh	10	Viroqua	J32-11.00 5
5 Whitney Nichols	11	Gale-Etrick	32-02.00 4
6 Kim Leadholm	10	Black River	31-08.50 3
7 Kacey Koehnigs	11	Black River	31-08.25 2
8 Jessica Abt	12	Viroqua	31-04.25 1
9 Kiarra Keenlance	09	Westby	31-02.50
10 Eve Kramer	12	Arcadia	30-06.00
11 Katie Leadholm	10	Black River	29-10.00
12 Becky Bisek	11	Arcadia	28-07.50
13 Lauren Kick	09	Luther	27-03.50
14 Emily Burton	11	Gale-Etrick	25-11.00

Girls Shot Put

Coulee: 41-10.25 * 5/12/2012 LeAnna Bender, GET

Name	Yr	School	Finals
1 Annalese Lamke	12	Gale-Etrick	40-09.25 10
2 Haley Dutton	11	West Salem	34-11.00 8

3 Katelin Berklund	10	Westby	34-04.50 6
4 Amanda Zauner	12	Gale-Etrick	33-11.75 5
5 Mycanzie Foster	12	Westby	31-00.50 4
6 Danica Duellman	12	Arcadia	30-07.00 3
7 Trevonna Rave	10	Black River	30-03.25 2
8 Sammy Peterson	11	West Salem	29-03.50 1
9 Brianna Hall	11	Westby	27-01.00
10 Katelyn Raddatz	11	Luther	26-11.00
11 Rachel McKay	11	Arcadia	26-09.00
12 Julia Schibbelhut	11	Luther	26-05.50
13 Dorisa Duellman	09	Arcadia	25-07.00
14 Delilah Vance	09	Viroqua	25-05.50
15 Tamiko Havlik	11	Luther	23-02.75

Girls Discus Throw

Coulee: 135-07 * 5/17/2014 Annalese Lamke

Name	Yr	School	Finals
1 Annalese Lamke	12	Gale-Etrick	129-01 10
2 Hailey Collins	11	Black River	116-01 8
3 Krista Hall	10	Westby	114-05 6
4 Brianna Hall	11	Westby	111-06 5
5 Haley Dutton	11	West Salem	108-07 4
6 Trevonna Rave	10	Black River	103-01 3
7 Brianna Stankey	11	Gale-Etrick	102-01 2
8 Katelin Berklund	10	Westby	99-00 1
9 Amanda Zauner	12	Gale-Etrick	96-04
10 Dorisa Duellman	09	Arcadia	90-04
11 Katelyn Raddatz	11	Luther	86-03
12 Alexa Kasten	10	Luther	83-10
13 Danica Duellman	12	Arcadia	82-10
14 Stormie Brown	10	Black River	73-11
15 Kristy Hitchler	10	Luther	73-03
16 Rachel McKay	11	Arcadia	70-07
17 Paula Fanta	10	Viroqua	66-03

Boys 100 Meter Dash

Coulee: 10.89 * 5/11/2013 Jordan Millis

Name	Yr	School	Prelims
1 Brent Heilman	10	West Salem	11.35Q
2 Garrett Gjersest	12	Black River	11.46Q
3 Jim Hoesley	11	Arcadia	11.42q
4 Nicholas Greenlaw	10	Black River	11.48q
5 Adam Schwartz	12	Luther	11.53q
6 Corbin Sigler	09	Black River	11.59q
7 Travis Schmitt	11	Westby	11.83q
8 Mac Anderson	12	West Salem	11.86q
9 Lane Montgomery	11	Westby	11.87
10 Daniel Walsh	10	Luther	11.99
11 Joshua Barbee	09	Westby	12.17

Coulee Conference Championship Meet

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Results

Preliminaries ... (Boys 100 Meter Dash)

Name	Yr	School	Prelims
12 Ben Behan	09	Gale-Ettrick	12.81
13 Will Blake	11	Viroqua	12.99
14 Logan Hanson	11	Viroqua	13.01

Boys 100 Meter Dash

Coulee: 10.89 * 5/11/2013 Jordan Millis

Name	Yr	School	Finals
1 Jim Hoesley	11	Arcadia	10.96 10
2 Brent Heilman	10	West Salem	11.19 8
3 Garrett Gjerseth	12	Black River	11.46 6
4 Nicholas Greenlaw	10	Black River	11.48 5
5 Corbin Sigler	09	Black River	11.59 4
6 Adam Schwartz	12	Luther	11.61 3
7 Travis Schmitt	11	Westby	11.88 2
8 Mac Anderson	12	West Salem	11.94 1

Boys 200 Meter Dash

Coulee: 22.54 * 2010 Sam Glomstad-Foster,GET

Name	Yr	School	Finals
1 Jim Hoesley	11	Arcadia	22.06* 10
2 Brent Heilman	10	West Salem	23.07 8
3 Jacob Slaby	11	Arcadia	23.35 6
4 Ryan Onshus	12	Viroqua	23.50 5
5 Corbin Sigler	09	Black River	23.83 4
6 Tim Schauf	11	West Salem	23.92 3
7 Christian Ellefson	10	Viroqua	24.16 2
8 Nicholas Greenlaw	10	Black River	24.26 1
9 Triston Jarrett	10	Westby	24.46
10 Garrett Gjerseth	12	Black River	24.57
11 Chris Thompson	09	Gale-Ettrick	25.24
12 Cole Tunks	11	Viroqua	28.14
13 Austin Johnson	10	Westby	29.08

Boys 400 Meter Dash

Coulee: 49.71 * 5/17/2014 Bryce Koval

Name	Yr	School	Finals
1 Corbin Sigler	09	Black River	51.49 10
2 Brian Lettner	12	Arcadia	52.95 8
3 Cyrus Ortiz	11	Black River	52.97 6
4 Collin Kennedy	12	Luther	53.86 5
5 Dylan Wolfe	11	Arcadia	54.39 4
6 Billy Tremain	12	West Salem	54.55 3
7 Chris Nelson	11	West Salem	55.41 2
8 Cody King	10	Westby	55.42 1
9 River Potaracke	11	Luther	55.74
10 Timothy Carlson	12	Luther	57.45
11 Chance Ewing-McGrath	11	Viroqua	58.79

12 Brandon Moll	12	Gale-Ettrick	1:03.70
13 Alex Helgeson	09	Westby	1:04.25
14 Cooper Richason	09	Gale-Ettrick	1:05.65

Boys 800 Meter Run

Coulee: 1:57.29 * 1990 Pete Jaeger, WB

Name	Yr	School	Finals
1 Jeremy Lee	12	Viroqua	2:04.69 10
2 Rob Hoesley	11	Arcadia	2:05.78 8
3 Cyrus Ortiz	11	Black River	2:07.51 6
4 Micah Nordgren	12	Viroqua	2:08.66 5
5 Brady Schock	12	Arcadia	2:09.46 4
6 Matt Kamla	11	Gale-Ettrick	2:10.63 3
7 Kyle Lang	12	West Salem	2:10.78 2
8 Connor Koepnick	10	West Salem	2:14.75 1
9 Beau Clemmensen	10	Luther	2:17.77
10 Nathan Riehle	09	Gale-Ettrick	2:17.82
11 TJ Johnson	12	Gale-Ettrick	2:23.98
12 John Lucas	09	Westby	2:30.52
13 Kyle Hansen	10	Westby	2:30.69

Boys 1600 Meter Run

Coulee: 4:24.20 * 1983 Dean Junk, LaC

Name	Yr	School	Finals
1 Spencer Oftedahl	11	Westby	4:41.47 10
2 Connor Koepnick	10	West Salem	4:45.83 8
3 Hayden Fredrickson	09	Westby	4:47.90 6
4 Ramon Romero	09	Arcadia	4:51.29 5
5 Effi Sutherland	11	Viroqua	4:53.33 4
6 Brady Schock	12	Arcadia	4:55.04 3
7 Weston King	12	Luther	4:55.49 2
8 Riley Scallon	11	West Salem	4:58.62 1
9 Mason Neprud	12	Viroqua	5:00.17
10 Brad Kirsch	11	Luther	5:07.42
11 Reggie Evenson	12	Gale-Ettrick	5:27.96
12 Caleb Maracek	09	Black River	5:38.88
13 Riley Rios	12	Black River	5:40.55
14 Jack Marley	09	Gale-Ettrick	5:45.56

Boys 3200 Meter Run

Coulee: 9:42.20 * 1986 Tony Meyers, ARC

Name	Yr	School	Finals
1 Spencer Oftedahl	11	Westby	10:13.42 10
2 Hayden Fredrickson	09	Westby	10:22.91 8
3 Ramon Romero	09	Arcadia	10:45.84 6
4 Cameron Robaczewski	12	West Salem	10:56.77 5
5 Evan Veres	10	Viroqua	11:07.38 4
6 Riley Scallon	11	West Salem	11:15.20 3
7 Austin Kiesling	12	West Salem	11:26.16 2

Coulee Conference Championship Meet

Westby High School

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Finals ... (Boys 3200 Meter Run)

Name	Yr	School	Finals
8 Weston King	12	Luther	11:35.67 1
9 Samuel Solverson	12	Viroqua	11:46.04
10 Stephen Redbird	09	Black River	12:00.71
11 Jacob Wintrone	10	Luther	12:12.40
12 Noah Mayer	11	Gale-Etrick	12:31.02
13 Hunter Gilbertson	09	Gale-Etrick	12:55.36
14 Ben Slattery	12	Gale-Etrick	13:14.29

Boys 110 Meter Hurdles

Coulee: 14.58 * 2003 Steve Teeples, BRF

Name	Yr	School	Prelims
1 Ryan Onshus	12	Viroqua	16.14Q
2 TJ Babinec	12	Luther	17.06Q
3 Alec Fieck	11	Westby	17.24q
4 Matt Pronschinske	12	Arcadia	17.55q
5 Joe Call	11	Westby	17.67q
6 Cameron Schroeder	09	Luther	17.73q
7 Roman Schlimgen	12	West Salem	17.90q
8 Noah Olson	11	Arcadia	18.40q
9 Kyle Eversum	09	Black River	19.26
10 Alix Sheraden	11	Gale-Etrick	21.10

Boys 110 Meter Hurdles

Coulee: 14.58 * 2003 Steve Teeples, BRF

Name	Yr	School	Finals
1 Ryan Onshus	12	Viroqua	15.72 10
2 TJ Babinec	12	Luther	16.47 8
3 Roman Schlimgen	12	West Salem	17.17 6
4 Alec Fieck	11	Westby	17.18 5
5 Cameron Schroeder	09	Luther	17.19 4
6 Matt Pronschinske	12	Arcadia	17.19 3
7 Noah Olson	11	Arcadia	17.52 2
8 Joe Call	11	Westby	18.13 1

Boys 300 Meter Hurdles

Coulee: 39.66 * 1987 Chuck Mahlum, HOL

Name	Yr	School	Finals
1 Jim Hoesley	11	Arcadia	39.24* 10
2 Ryan Onshus	12	Viroqua	42.57 8
3 Matt Pronschinske	12	Arcadia	43.05 6
4 Nathan Schomberg	11	West Salem	43.44 5
5 Alec Fieck	11	Westby	43.69 4
6 Noah Olson	11	Arcadia	43.96 3
7 Roman Schlimgen	12	West Salem	44.59 2
8 TJ Babinec	12	Luther	45.44 1
9 Joe Call	11	Westby	46.15

10 Caleb Rossin	11	Luther	46.50
11 Cameron Schroeder	09	Luther	46.75
12 Kyle Eversum	09	Black River	47.25
13 Alix Sheraden	11	Gale-Etrick	52.40

Boys 4x100 Meter Relay

Coulee: 43.88 * 5/17/2014 Black River Falls

J Gerzisk, N Greenlaw, M McLinn, G Gjersest

Team	Relay	Finals
Finals		
1 Black River Falls		43.94 10
1) Matthew McLinn 11	2) Nicholas Greenlaw 10	
3) Matt LaFauge 12	4) Garrett Gjersest 12	
2 West Salem		44.59 8
1) Jimmy Christiansen 12	2) Jack Schwartz 11	
3) Baily Williams 12	4) Mac Anderson 12	
3 Luther		45.93 6
1) Adam Schwartz 12	2) Max Wetzel 12	
3) Sean Walsh 12	4) Daniel Walsh 10	
4 Westby		46.10 4
1) Lane Montgomery 11	2) Bryce Galstad 12	
3) Triston Jarrett 10	4) Travis Schmitt 11	
5 Arcadia		46.71 2
1) Jacob Slaby 11	2) Jonathan Rodriguez 09	
3) Greg Whalen 09	4) Noah Olson 11	
6 Viroqua		47.46 1
1) Garriett Kanis 12	2) Brady Nigh 12	
3) Dalton Mikkelsen 11	4) Christian Ellefson 10	
7 Gale-Etrick		49.27
1) Ben Behan 09	2) Nathan Riehle 09	
3) Trent Lauria 12	4) Chris Thompson 09	

Boys 4x200 Meter Relay

Coulee: 1:32.12 * 5/12/2012 Gale-Etrick-Trempea

C Buening, M McGinnis, G Yang, E Van Vleet

Team	Relay	Finals
Finals		
1 West Salem		1:33.38 10
1) Nathan Schomberg 11	2) Mark Harris 11	
3) Baily Williams 12	4) Brent Heilman 10	
2 Arcadia		1:33.68 8
1) Jacob Slaby 11	2) Matt Pronschinske 12	
3) Rob Hoesley 11	4) Jonathan Rodriguez 09	
3 Luther		1:33.86 6
1) Adam Schwartz 12	2) Max Wetzel 12	
3) Daniel Walsh 10	4) Collin Kennedy 12	
4 Westby		1:36.83 4
1) Lane Montgomery 11	2) Triston Jarrett 10	
3) Travis Schmitt 11	4) Alex Adam 11	
5 Black River Falls		1:38.79 2
1) Ryan Engebretson 09	2) Gunner Knight 10	
3) Kyle Eversum 09	4) Matthew McLinn 11	

Coulee Conference Championship Meet

Westby High School

Westby, WI - 5/16/2015

Results

Finals ... (Boys 4x200 Meter Relay)

Team	Relay	Finals
6 Viroqua		1:38.85 1
1) Garriett Kanis 12	2) Steve Diehl 09	
3) Dalton Mikkelson 11	4) Christian Ellefson 10	
7 Gale-Etrick		1:42.46
1) Ben Behan 09	2) Nathan Riehle 09	
3) Trent Lauria 12	4) Chris Thompson 09	

Boys 4x400 Meter Relay

Coulee: 3:26.20 * 5/17/2014 Arcadia

J Hoesley, B Lettner, D White, B Koval

Team	Relay	Finals
1 West Salem		3:35.11 10
1) Tim Schauf 11	2) Nathan Schomberg 11	
3) Baily Williams 12	4) Billy Tremain 12	
2 Arcadia		3:37.11 8
1) Rob Hoesley 11	2) Brady Schock 12	
3) Dylan Wolfe 11	4) Brian Lettner 12	
3 Luther		3:39.47 6
1) Max Wetzel 12	2) Matthew Ross 12	
3) River Potaracke 11	4) Collin Kennedy 12	
4 Viroqua		3:45.89 4
1) Effi Sutherland 11	2) Dalton Mikkelson 11	
3) Mason Neprud 12	4) Micah Nordgren 12	
5 Westby		3:50.82 2
1) Cody King 10	2) Alex Adam 11	
3) Joe Call 11	4) Alec Fieck 11	
6 Black River Falls		3:51.41 1
1) Ryan Engebretson 09	2) Cyrus Ortiz 11	
3) Matthew McLinn 11	4) Lionel Sanchez 12	
7 Gale-Etrick		4:17.17
1) Brandon Moll 12	2) TJ Johnson 12	
3) Cooper Richason 09	4) Reggie Evenson 12	

Boys 4x800 Meter Relay

Coulee: 8:13.70 * 2005 La Crescent

J Bjerke, W Ekstrom, A Schaitel, D Summerfield

Team	Relay	Finals
1 Viroqua		8:31.14 10
1) Mason Neprud 12	2) Micah Nordgren 12	
3) Samuel Solverson 12	4) Effi Sutherland 11	
2 West Salem		8:31.25 8
1) Riley Scallon 11	2) Erick Sells 10	
3) Drew Peterson 09	4) Kyle Lang 12	
3 Luther		8:33.34 6
1) Weston King 12	2) Matthew Ross 12	
3) Beau Clemmensen 10	4) River Potaracke 11	

4 Arcadia		9:03.61 4
1) Ramon Romero 09	2) Briar Golden 11	
3) Travis Tamke 10	4) Xavier Elena 11	
5 Gale-Etrick		9:08.99 2
1) Reggie Evenson 12	2) Noah Mayer 11	
3) TJ Johnson 12	4) Matt Kamla 11	
6 Westby		9:23.53 1
1) Cody King 10	2) Alex Adam 11	
3) John Lucas 09	4) Kyle Hansen 10	
7 Black River Falls		9:42.24
1) Lionel Sanchez 12	2) Eli Smith 11	
3) Bennet Bucek 09	4) Roberto Bernabei-Grassi 10	

Boys High Jump

Coulee: 6-05.50 * 5/17/2014 Brett Thompson

Name	Yr	School	Finals
1 Brett Thompson	12	West Salem	6-04.00 10
2 Chris Thompson	09	Gale-Etrick	6-00.00 8
3 Brian Lettner	12	Arcadia	J6-00.00 6
4 Billy Tremain	12	West Salem	5-10.00 5
5 Matt LaFaunge	12	Black River	J5-10.00 4
6 Micah Nordgren	12	Viroqua	5-06.00 3
7 Dylan Wolfe	11	Arcadia	5-04.00 1.5
7 Alex Adam	11	Westby	5-04.00 1.5
--- Cameron Schroeder	09	Luther	NH
--- Mason Neprud	12	Viroqua	NH

Boys Pole Vault

Coulee: 13-06 * 1996 Derek Wenzlaff, ARC

Name	Yr	School	Finals
1 Jeremy Lee	12	Viroqua	13-09.00* 10
2 Mac Anderson	12	West Salem	13-06.00* 8
3 Noah Reedy	11	West Salem	12-00.00 6
4 Owen Gluch	10	Westby	J12-00.00 5
5 Max Wetzel	12	Luther	11-00.00 3.5
5 Cesar Moreno	11	Black River	11-00.00 3.5
7 Jonathan Rodriguez	09	Arcadia	10-06.00 2
8 Zach Harter	11	Luther	J10-06.00 1
9 Evan Veres	10	Viroqua	9-06.00
10 John Lucas	09	Westby	J9-06.00
11 Trent Lauria	12	Gale-Etrick	J9-06.00
--- Beau Clemmensen	10	Luther	NH
--- Jack Marley	09	Gale-Etrick	NH
--- Cameron Mastin	10	Viroqua	NH
--- Bryce Galstad	12	Westby	NH

**Coulee Conference Championship Meet
Westby High School
Westby, WI - 5/16/2015**

Results

Boys Long Jump

Coulee: 22-06 * 1993 Bob Wetsteon, ONA

Name	Yr	School	Finals
Finals			
1 Matt LaFaunge	12	Black River	21-09.00 10
2 Jeremy Lee	12	Viroqua	20-11.75 8
3 Jacob Slaby	11	Arcadia	20-07.75 6
4 Tim Schauf	11	West Salem	20-00.50 5
5 Corbin Sigler	09	Black River	19-10.00 4
6 Jimmy Christiansen	12	West Salem	19-07.00 3
7 TJ Babinec	12	Luther	19-05.00 2
8 Ryan Engebretson	09	Black River	19-00.25 1
9 Lane Montgomery	11	Westby	18-07.50
10 Matt Pronschinske	12	Arcadia	18-06.00
11 Ben Mahnke	10	Luther	16-09.75
12 Camillo Navarro	11	Gale-Ettrick	16-06.75
13 Ryan Onshus	12	Viroqua	16-03.25
14 Timothy Carlson	12	Luther	15-07.00
--- Joshua Barbee	09	Westby	ND
--- Lucas Scherr	11	Gale-Ettrick	ND

Boys Triple Jump

Coulee: 44-09.50 * 5/10/2008 Jacob Welch, WS

Name	Yr	School	Finals
Finals			
1 Tim Schauf	11	West Salem	42-00.50 10
2 Jeremy Lee	12	Viroqua	42-00.25 8
3 Matt LaFaunge	12	Black River	41-09.25 6
4 Nicholas Greenlaw	10	Black River	41-04.75 5
5 Ryan Engebretson	09	Black River	40-05.00 4
6 Joshua Barbee	09	Westby	39-10.50 3
7 Owen Gluch	10	Westby	39-02.50 2
8 Rob Hoesley	11	Arcadia	38-11.00 1
9 Jim Hoesley	11	Arcadia	38-09.00
10 Matt Kamla	11	Gale-Ettrick	37-03.50
11 Mark Harris	11	West Salem	37-00.50
12 Beau Clemmensen	10	Luther	36-07.00
13 Brian Shepeck	10	Luther	35-03.50
14 Samuel Solverson	12	Viroqua	33-09.00

Boys Shot Put

Coulee: 58-00 * 5/11/2013 Brad Walski

Name	Yr	School	Finals
Finals			
1 Brady Nigh	12	Viroqua	47-06.25 10
2 Eli Henscheid	11	Gale-Ettrick	45-09.00 8
3 Chris Matthews	11	West Salem	43-01.50 6
4 Michael Lampman	10	Viroqua	42-05.50 5
5 Logan Pronschinke	11	Arcadia	41-01.50 4
6 Brian Lettner	12	Arcadia	40-01.00 3
7 Zachary Severson	11	Black River	39-03.50 2

8 Sam Jansen	09	Gale-Ettrick	39-00.50 1
9 Jacob Lallemtont	10	Arcadia	37-10.50
10 Nathan Riehle	09	Gale-Ettrick	34-07.75
11 Alex Bolstad	09	Luther	32-06.00

Boys Discus Throw

Coulee: 174-05 * 1997 Andy Kiedrowski, GET

Name	Yr	School	Finals
Finals			
1 Jack Schwartz	11	West Salem	140-03 10
2 Chris Matthews	11	West Salem	139-11 8
3 Brady Nigh	12	Viroqua	128-07 6
4 Michael Lampman	10	Viroqua	127-07 5
5 Jordan Lisk	11	Luther	127-01 4
6 Layne Anderson	10	West Salem	125-06 3
7 Logan Pronschinke	11	Arcadia	123-11 2
8 Eli Henscheid	11	Gale-Ettrick	113-09 1
9 Steve Diehl	09	Viroqua	111-04
10 Gary Garvin	11	Black River	104-08
11 Zachary Severson	11	Black River	103-05
12 Travis Schmitt	11	Westby	103-03
13 Cody Sorenson	11	Westby	100-01
14 Jacob Lallemtont	10	Arcadia	93-07
15 Brandon Drangsteviet	12	Black River	89-04
16 Alex Kish	09	Luther	87-03
17 Cole Johnson	09	Gale-Ettrick	83-08
18 Sam Jansen	09	Gale-Ettrick	79-04

Women - Team Rankings - 18 Events Scored

1) Westby	150
2) Viroqua	120
3) West Salem	107.5
4) Gale-Ettrick-Trempealeau	87.5
5) Arcadia	80
6) Luther	69
7) Black River Falls	56

Men - Team Rankings - 18 Events Scored

1) West Salem	170
2) Arcadia	135.5
3) Viroqua	119
4) Black River Falls	94.5
5) Westby	69.5
6) Luther	58.5
7) Gale-Ettrick-Trempealeau	23