

Central College Invitational
Ron and Joyce Schipper Stadium
Pella, IA - 4/2/2015

Results**Women 100 Meter Dash**

Name	Yr	School	Prelims
Preliminaries			
1 Lauren Martin	SR	Simpson (Iow)	12.81q 3.0
2 Jade Gridiron	JR	Mount Mercy	12.84q 5.0
3 Aminah Baloch	SO	Mount Mercy	12.95q 3.0
4 Krista Bushkofsky	SO	Clarke	12.96q 5.0
5 Molly Brietbach	FR	Mount Mercy	13.04q 3.5
6 Alyssa Simon	FR	Loras	13.20q 3.5
7 Sarah Ney	SR	Simpson (Iow)	13.25q 3.0
8 Blakely Martin	SO	Mount Mercy	13.33q 5.0
9 Danielle Holt	FR	Waldorf	13.44 5.0
10 Audrey Lovan	FR	Simpson (Iow)	13.48 3.5
11 Rachel Kilburg	FR	Loras	13.64 3.0
12 Hannah Rehder	FR	Clarke	13.80 5.0
13 Julie Long	FR	Mount Mercy	13.85 3.5
14 Rebecca Reinertson	FR	Faith Baptis	14.05 3.0
15 Emily Wolfe	FR	Faith Baptis	14.24 3.0

Women 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Lauren Martin	SR	Simpson (Iow)	12.66 10
2 Jade Gridiron	JR	Mount Mercy	12.75 8
3 Aminah Baloch	SO	Mount Mercy	12.94 6
4 Krista Bushkofsky	SO	Clarke	13.20 5
5 Alyssa Simon	FR	Loras	13.28 4
6 Molly Brietbach	FR	Mount Mercy	13.31 3
7 Blakely Martin	SO	Mount Mercy	13.48 2
8 Sarah Ney	SR	Simpson (Iow)	13.52 1

Women 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Abigail Davis	JR	Central Coll	25.47 10
2 Allie McBroom	SR	Central Coll	25.68 8
3 Brittnee Powers	JR	Loras	26.35 6
4 Sha'Rhonda Clark	SO	Mount Mercy	26.72 5
5 Alexis Hanson	SO	Loras	26.75 4
6 Kellie Lahart		University o	X26.85 3.3
7 Monica Ruiz	SR	Central Coll	27.50 3
8 Sarah Ney	SR	Simpson (Iow)	27.66 2
9 Allison Smith	JR	Clarke	27.95 1
10 Lauren Martin	SR	Simpson (Iow)	27.97 2.1
11 Katie Swoboda	SO	Loras	28.19 2.9
12 Hannah Rehder	FR	Clarke	28.31 2.9
13 Ashli O'Shea	FR	Mount Mercy	28.34 3.3
14 Receva Duos	FR	Mount Mercy	28.36 2.9

15 Elizabeth Burgus	FR	Simpson (Iow)	28.94 2.9
16 Audrey Lovan	FR	Simpson (Iow)	29.00 1.1
17 Julie Long	FR	Mount Mercy	29.05 2.9
18 Molly Brietbach	FR	Mount Mercy	29.21 3.3
19 Rebecca Reinertson	FR	Faith Baptis	30.08 2.4
20 Hannah Mason	FR	Simpson (Iow)	30.28 2.4
21 Elisa Wildy	FR	Simpson (Iow)	30.48 1.1
22 Nicole Bahl	SO	Simpson (Iow)	30.86 2.4
23 Rebecca Jensen	SO	Simpson (Iow)	31.60 1.1
24 Danni Roethler	FR	Simpson (Iow)	31.69 2.4

Women 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Morgan Koenigs	SO	Central Coll	1:01.15 10
2 Austyn Their	JR	Clarke	1:02.51 8
3 Emily Ney	FR	Loras	1:02.72 6
4 Anna Cole	FR	Clarke	1:03.44 5
5 Keeghan Corcoran	FR	Simpson (Iow)	1:07.52 4
6 Elizabeth Burgus	FR	Simpson (Iow)	1:08.13 3
7 Rebecca Reinertson	FR	Faith Baptis	1:08.37 2
8 Corey Bormann	SR	Clarke	1:10.88 1
9 Danni Roethler	FR	Simpson (Iow)	1:11.98

Women 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Kasey Wiedmaier	SO	Central Coll	2:26.35 10
2 Cassandra Stuflick	SO	Clarke	2:26.54 8
3 Andie Arthofer	SO	Central Coll	2:26.70 6
4 Sarah Mueller	SR	Central Coll	2:27.16 5
5 Kenzie Foldes	FR	Central Coll	2:28.25 4
6 Stephanie Kasiurak	JR	Clarke	2:28.31 3
7 Allison Scott	JR	Mount Mercy	2:28.53 2
8 Melissa Armendariz	JR	Mount Mercy	2:28.82 1
9 Sydney Brokaw	FR	Loras	2:30.51
10 Sydnee Hendricks	FR	Clarke	2:31.24
11 Sarah Kersten	FR	Central Coll	2:33.89
12 Jessica Gronke	SO	Simpson (Iow)	2:36.83
13 Amanda Elsen	SR	Loras	2:36.88
14 Ashley Wenthold	JR	Loras	2:37.38
15 Jessica Lamb	SO	Simpson (Iow)	2:37.84
16 Stephanie Harpeneu	FR	Loras	2:38.12
17 Katie Marter	FR	Clarke	2:38.98
18 Carrie Piper	FR	Loras	2:40.05
19 Kendra Conforti	NA	Unat-Central	X2:40.37
20 Kelsey Roquet	FR	Simpson (Iow)	2:40.64
21 Lauran Beckman	FR	Simpson (Iow)	2:41.00



**Central College Invitational
Ron and Joyce Schipper Stadium
Pella, IA - 4/2/2015**

Results

Women 1500 Meter Run

Name	Yr	School	Finals
Finals			
1 Tarah Alexander	JR	William Penn	4:53.48 10
2 Holly McKinney	FR	Central Coll	4:56.05 8
3 Molly Bramble	JR	Central Coll	5:00.13 6
4 Lindsay Brunson	JR	Mount Mercy	5:01.41 5
5 Liz Mosbach	JR	Mount Mercy	5:05.44 4
6 Courtney Neuendorf	FR	Simpson (Iow	5:12.83 3
7 Addison Kepner	JR	William Penn	5:19.38 2
8 Lesley Roquet	FR	Simpson (Iow	5:22.16 1
9 Deja Lewis	JR	William Penn	5:23.84
10 Guadalupe Gonzalez	FR	William Penn	5:28.01
11 Marinna Schroud	FR	Mount Mercy	5:35.63
12 Callie Aunan	SR	Central Coll	5:40.24
13 Jennifer Zoutte	FR	Central Coll	5:40.40
14 Morgan Moline	SO	Simpson (Iow	5:40.61
15 Caitlin Novak	FR	Central Coll	5:41.53
16 Taylor Luczak	JR	Clarke	5:44.54
17 Lilly Walters	JR	William Penn	5:47.55
18 Katie Marter	FR	Clarke	5:58.93

Women 5000 Meter Run

Name	Yr	School	Finals
Finals			
1 Brianne Cook	JR	Loras	19:09.79 10
2 Evie Kammayer	FR	Central Coll	19:30.13 8
3 Dana Ewan	JR	Mount Mercy	19:35.35 6
4 Abby Martin	SO	Mount Mercy	20:49.38 5
5 Abby Fyfe	FR	Central Coll	21:17.14 4
6 Katherine Herrig	SO	Clarke	21:26.12 3
7 Marinna Schroud	FR	Mount Mercy	22:05.94 2
8 Katerina Althoff	SR	Mount Mercy	22:24.24 1
--- Elin Phipps	JR	Central Coll	DNF

Women 100 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 Meredith Zimmerman	JR	Central Coll	14.69q 2.9
2 Krista Bushkofsky	SO	Clarke	14.97q 3.1
3 Myra Nichols	SR	Clarke	15.14q 3.1
4 Elizabeth Brandenburg	SO	Loras	15.16q 2.9
5 Bayley Fleshner	SR	Simpson (Iow	15.21q 3.0
6 Allison Smith	JR	Clarke	16.04q 3.1
7 Emma Drees	SO	Central Coll	16.27q 3.0
8 Kenzie Gunter	FR	William Penn	16.34q 3.1
9 Rachel Jellings	SO	Mount Mercy	16.55 3.0
10 Devin Hasson	FR	Loras	16.80 3.0

11 Kaitlyn Gillett	SR	Central Coll	16.85 2.9
12 Hannah Mason	FR	Simpson (Iow	17.47 3.1
13 Taylor Zumbach	JR	Mount Mercy	17.49 2.9
14 Rebecca Jensen	SO	Simpson (Iow	17.52 3.1
15 Morgan Koenigs	SO	Central Coll	17.54 2.9
16 Suzanne Flexsenhar	JR	Mount Mercy	17.66 2.9
17 Maddie Smith	FR	Central Coll	18.30 3.1
18 Nicole Bahl	SO	Simpson (Iow	18.31 3.0
19 Emily Wolfe	FR	Faith Baptis	18.61 2.9

Women 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Meredith Zimmerman	JR	Central Coll	14.72 10
2 Krista Bushkofsky	SO	Clarke	14.99 8
3 Bayley Fleshner	SR	Simpson (Iow	15.19 6
4 Myra Nichols	SR	Clarke	15.21 5
5 Elizabeth Brandenburg	SO	Loras	15.45 4
6 Allison Smith	JR	Clarke	15.92 3
7 Kenzie Gunter	FR	William Penn	16.02 2
8 Emma Drees	SO	Central Coll	16.60 1

Women 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Myra Nichols	SR	Clarke	1:05.20 10
2 Courtney Dalton	FR	William Penn	1:09.58 8
3 Emma Drees	SO	Central Coll	1:09.59 6
4 Emily Sotelo	SR	Loras	1:10.71 5
5 Merissa Larson	FR	Central Coll	1:11.07 4
6 Devin Hasson	FR	Loras	1:11.64 3
7 Sarah Galbraith	JR	Simpson (Iow	1:12.43 2
8 Elizabeth Pagan		University o	X1:12.83
9 Kennidee Devilbiss	FR	Mount Mercy	1:13.22 1
10 Mercedes Kennedy	SR	Loras	1:14.62
11 Rachel Jellings	SO	Mount Mercy	1:15.94
12 Corey Bormann	SR	Clarke	1:17.72
13 Danielle Holt	FR	Waldorf	1:17.80

Women 3000 Meter Steeplechase

Name	Yr	School	Finals
Finals			
1 Emily Day	SO	Loras	12:15.49 10

Women 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Loras		49.85 10
1) Brittnee Powers JR	2) Alexis Hanson SO	
3) Elizabeth Brandenburg SO	4) Alyssa Simon FR	



**Central College Invitational
Ron and Joyce Schipper Stadium
Pella, IA - 4/2/2015**

Results

Finals ... (Women 4x100 Meter Relay)

Team	Relay	Finals
2 Mount Mercy		50.12 8
1) Blakely Martin SO	2) Jade Gridiron JR	
3) Aminah Baloch SO	4) Sha'Rhonda Clark SO	
3 Simpson (Iowa)		50.29 6
1) Bayley Fleshner SR	2) Lauren Martin SR	
3) Sarah Ney SR	4) Sarah Galbraith JR	
4 William Penn		51.45 5
1) Cassandra Kingery SO	2) Tarah Alexander JR	
3) Kenzie Gunter FR	4) Courtney Dalton FR	
5 Loras	B	x51.46
1) Rachel Kilburg FR	2) Mercedes Kennedy SR	
3) Devin Hasson FR	4) Amelia Acompanado SO	
6 Simpson (Iowa)	B	x54.82
1) Audrey Lovan FR	2) Elizabeth Burgus FR	
3) Rebecca Jensen SO	4) Hannah Moulds SR	

Women 4x400 Meter Relay

Team	Relay	Finals
1 Loras		4:03.64 10
1) Brittnee Powers JR	2) Mercedes Kennedy SR	
3) Emily Ney FR	4) Alexis Hanson SO	
2 Mount Mercy		4:09.12 8
1) Sha'Rhonda Clark SO	2) Liz Mosbach JR	
3) Blakely Martin SO	4) Allison Scott JR	
3 Simpson (Iowa)		4:15.91 6
1) Lauren Martin SR	2) Jessica Gronke SO	
3) Courtney Neuendorf FR	4) Sarah Galbraith JR	
4 Mount Mercy	B	x4:20.46
1) Ashli O'Shea FR	2) Jade Gridiron JR	
3) Lindsay Brunson JR	4) Rachel Jellings SO	
5 Clarke		4:22.40 5
1) Hannah Rehder FR	2) Stephanie Kasiurak JR	
3) Anna Cole FR	4) Cassandra Stuflick SO	
6 William Penn		4:23.06 4
1) Tarah Alexander JR	2) Whitley Schertz SR	
3) Addison Kepner JR	4) Courtney Dalton FR	
7 Central College		4:24.65 3
1) Sarah Mueller SR	2) Kendra Conforti NA	
3) Kasey Wiedmaier SO	4) Jennifer Zoutte FR	
8 Loras	B	x4:29.25
1) Katie Swoboda SO	2) Emily Sotelo SR	
3) Rachel Kilburg FR	4) Stephanie Harpeneu FR	
9 Mount Mercy	C	x4:29.77
1) Julie Long FR	2) Receva Duos FR	
3) Melissa Armendariz JR	4) Aminah Baloch SO	

10 William Penn	B	x4:34.42
1) Guadalupe Gonzalez FR	2) Deja Lewis JR	
3) Lilly Walters JR	4) Alyssa Phillips SO	
11 Simpson (Iowa)	B	x4:38.83
1) Keeghan Corcoran FR	2) Elizabeth Burgus FR	
3) Lesley Roquet FR	4) Lauran Beckman FR	

Women High Jump

Starting height = 1.37m

Name	Yr	School	Finals
Finals			
1 Hillary Hotz	SR	Central Coll	1.58m 10
2 Allison Smith	JR	Clarke	1.53m 8
3 Alyssa Phillips	SO	William Penn	J1.53m 6
4 Myra Nichols	SR	Clarke	1.48m 5
5 Sarah Galbraith	JR	Simpson (Iow	1.43m 3
5 Danielle Schroeder	SO	Mount Mercy	1.43m 3
5 Alora Simmons	JR	William Penn	1.43m 3
--- Hannah Moulds	SR	Simpson (Iow	NH
--- Devin Hasson	FR	Loras	NH

Women Pole Vault

Starting height = 2.45

Name	Yr	School	Finals
Finals			
1 Amy Gladis	SO	Loras	3.35m 10
2 Whitley Schertz	SR	William Penn	2.30m 8
3 Audrey Lovan	FR	Simpson (Iow	2.15m 6
4 Tarah Alexander	JR	William Penn	J2.15m 5
--- Janet Kuskie	SR	William Penn	NH

Women Long Jump

4 jumps, no finals

Name	Yr	School	Finals
Finals			
1 Nicole Sanborn	SO	Mount Mercy	5.24m 10
2 Taylor Beckman	JR	Central Coll	J5.24m 8
3 Liz Mosbach	JR	Mount Mercy	5.16m 6
4 Abigail Buehler	FR	Waldorf	5.12m 5
5 Krista Bushkofsky	SO	Clarke	5.07m 4
6 Amelia Acompanado	SO	Loras	4.93m 3
7 Bayley Fleshner	SR	Simpson (Iow	4.78m 2
8 Raveen Rhone	SR	William Penn	4.73m 1
9 Hannah Moulds	SR	Simpson (Iow	4.69m 3.9
10 Elisa Wildy	FR	Simpson (Iow	4.56m 2.1
11 Myra Nichols	SR	Clarke	J4.56m 3.0
12 Aminah Baloch	SO	Mount Mercy	4.41m 3.6



Central College Invitational
Ron and Joyce Schipper Stadium
Pella, IA - 4/2/2015

Results**Women Triple Jump****4 jumps, no finals**

Name	Yr	School	Finals
Finals			
1 Abigail Buehler	FR	Waldorf	10.64m 10
2 Raveen Rhone	SR	William Penn	10.60m 8
3 Liz Mosbach	JR	Mount Mercy	10.58m 6
4 Nicole Sanborn	SO	Mount Mercy	10.49m 5
5 Elizabeth Pagan		University o	X10.37m 2.7
6 Elisa Wildy	FR	Simpson (Iow	10.31m 4
7 Allison Smith	JR	Clarke	10.09m 3

Women Shot Put**Minimum Mark - 10m**

Name	Yr	School	Finals
Finals			
1 Meaghan Foster	JR	William Penn	13.33m 10
2 Morgan Steere	SR	Loras	13.04m 8
3 Kaitlyn Long	FR	Winona State	12.63m 6
4 Ashley Thooft	SO	Winona State	12.47m 5
5 Lindsay Rutz	FR	Winona State	11.84m 4
6 Kristin Lastovka	JR	William Penn	11.60m 3
7 Kelsey Ratcheford	FR	Central Coll	11.29m 2
8 Preston Kopp	SO	Clarke	10.80m 1
9 Courtney Hickson	JR	Clarke	10.66m
10 April McCarthy	JR	Central Coll	10.33m
11 Ali Settanni	JR	Loras	10.06m
12 Katie Broghammer	JR	Clarke	10.00m
13 Suzanne Flexsenhar	JR	Mount Mercy	9.97m
14 Trista Tharp	FR	Central Coll	9.85m
15 Chloe Reicks	FR	Mount Mercy	9.46m
16 Nicole Sanborn	SO	Mount Mercy	9.45m
17 Sofia Lyskanowski	SO	Loras	9.19m
18 Jackie Cullinan		Simpson (Iow	8.81m

Women Discus Throw**Minimum Mark - 32m**

Name	Yr	School	Finals
Finals			
1 Alissa Rausch	SR	Winona State	51.51m 10
2 Ashley Thooft	SO	Winona State	45.09m 8
3 Abbey Ristow	JR	Winona State	43.96m 6
4 Delaney Miller	SO	Winona State	43.04m 5
5 Erin Bramble	FR	Winona State	42.89m 4
6 Emma Hoerr	JR	William Penn	39.56m 3
7 Preston Kopp	SO	Clarke	36.39m 1.5
7 Kelsey Ratcheford	FR	Central Coll	36.39m 1.5
9 Meaghan Foster	JR	William Penn	36.13m
10 April McCarthy	JR	Central Coll	35.50m

11 Courtney Hickson	JR	Clarke	34.90m
12 Morgan Steere	SR	Loras	34.55m
13 Kristi Feldman	SO	Mount Mercy	32.84m
14 Ali Settanni	JR	Loras	31.22m
15 Katie Broghammer	JR	Clarke	30.49m
16 Chloe Reicks	FR	Mount Mercy	29.95m
17 Rachel Bork	FR	Clarke	28.63m
18 Tiffany Latshaw	FR	Central Coll	27.56m
19 Trisha Beckley	SR	Clarke	27.55m
20 Sofia Lyskanowski	SO	Loras	27.27m
21 Jennifer Medina	SO	Loras	23.22m
--- Caitlyn Zepczyk	SR	Winona State	FOUL

Women Hammer Throw**Minimum Mark - 35m**

Name	Yr	School	Finals
Finals			
1 Alissa Rausch	SR	Winona State	54.77m 10
2 Kaitlyn Long	FR	Winona State	53.80m 8
3 Delaney Miller	SO	Winona State	50.80m 6
4 Abbey Ristow	JR	Winona State	50.02m 5
5 Lorell Stuht	SO	Central Coll	48.46m 4
6 Erin Bramble	FR	Winona State	48.04m 3
7 Preston Kopp	SO	Clarke	45.97m 2
8 Morgan Steere	SR	Loras	42.96m 1
9 Lindsay Rutz	FR	Winona State	41.83m
10 Kristin Lastovka	JR	William Penn	40.33m
11 Meaghan Foster	JR	William Penn	38.82m
12 Courtney Hickson	JR	Clarke	36.23m
13 Katie Broghammer	JR	Clarke	34.74m
14 Ali Settanni	JR	Loras	34.37m
15 Tiffany Latshaw	FR	Central Coll	32.65m
16 Kelsey Ratcheford	FR	Central Coll	31.66m
17 Trisha Beckley	SR	Clarke	31.45m
18 Sofia Lyskanowski	SO	Loras	30.19m
19 Jennifer Medina	SO	Loras	28.95m
20 Brooke Napolitano	FR	Central Coll	25.68m
21 Rachel Bork	FR	Clarke	24.68m
22 Chloe Reicks	FR	Mount Mercy	24.30m
--- Kristi Feldman	SO	Mount Mercy	FOUL
--- Trista Tharp	FR	Central Coll	FOUL

Women Javelin Throw**Minimum Mark - 25m**

Name	Yr	School	Finals
Finals			
1 Suzanne Flexsenhar	JR	Mount Mercy	33.96m 10
2 Morgan Koenigs	SO	Central Coll	33.79m 8
3 Kristi Feldman	SO	Mount Mercy	32.60m 6
4 Lindsay Rutz	FR	Winona State	31.65m 5



**Central College Invitational
Ron and Joyce Schipper Stadium
Pella, IA - 4/2/2015**

Results

Finals ... (Women Javelin Throw)

Name	Yr	School	Finals
5 Kaitlyn Gillett	SR	Central Coll	31.13m 4
6 Nicole Sanborn	SO	Mount Mercy	30.48m 3
7 Taylor Zumbach	JR	Mount Mercy	30.21m 2
8 Ali Settanni	JR	Loras	27.73m 1
9 Hannah Moulds	SR	Simpson (Iow)	27.53m
10 Bayley Fleshner	SR	Simpson (Iow)	25.00m
11 Maddie Smith	FR	Central Coll	24.33m
12 Danielle Schroeder	SO	Mount Mercy	22.86m
13 Janet Kuskie	SR	William Penn	18.77m
14 Sarah Galbraith	JR	Simpson (Iow)	18.75m

Men 100 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Romel Marzette	JR	William Penn	10.86q 2.3
2 Kyle Ward	SR	Loras	10.99q 2.3
3 Malik Brown	FR	Unattached	X11.07q 4.0
4 Nate Sickerson	SR	Southwest Sp	X11.08q 4.0
5 Davey Jergens	FR	Simpson (Iow)	11.24q 4.0
6 Samuel Bindi	SO	William Penn	11.29q 4.0
7 Tim DeJong	JR	William Penn	11.30q 2.3
8 Yinka Ajibola	FR	Mount Mercy	11.69q 4.0
9 Markenson Charles	SO	William Penn	11.70 4.0
10 Jared Grove	JR	Simpson (Iow)	12.17 2.3

Men 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Romel Marzette	JR	William Penn	10.83 10
2 Nate Sickerson	SR	Southwest Sp	X11.17 2.3
3 Tim DeJong	JR	William Penn	11.24 8
4 Malik Brown	FR	Unattached	X11.28 2.3
5 Davey Jergens	FR	Simpson (Iow)	11.34 6
6 Samuel Bindi	SO	William Penn	11.39 5
7 Yinka Ajibola	FR	Mount Mercy	11.80 4

Men 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Neiman Thompson	JR	William Penn	21.94 10
2 CJ Watts	JR	William Penn	22.43 8
3 Romel Marzette	JR	William Penn	22.46 6
4 Zac Gassman	SR	Loras	22.52 5
5 Demetriyone Singleton	SR	Clarke	22.56 4
6 Dylan Kalinay	FR	Simpson (Iow)	22.74 3
7 Josh Goerd	SR	Loras	22.76 2
8 Mason Zimmerman	JR	Central Coll	22.84 1

9 Samuel Bindi	SO	William Penn	22.89 2.9
10 Nate Sickerson	SR	Southwest Sp	X22.98 2.2
11 Caleb Gilbertson	FR	Waldorf	23.03 3.1
12 McKay Carstens	FR	Central Coll	23.20 3.1
13 Paul Cave	SR	Clarke	23.38 4.4
14 Kane Carstens	FR	Central Coll	23.38 3.1
15 Brandon Gradoville	SO	Loras	23.48 2.0
16 Malik Brown	FR	Unattached	X23.48 4.1
17 Davey Jergens	FR	Simpson (Iow)	23.60 2.0
18 Kevon Farquharson	FR	Mount Mercy	23.67 4.4
19 Keontae Neely	JR	Loras	23.71 2.9
20 Brandt Seward	FR	Simpson (Iow)	23.84 4.4
21 Trevor Ruiz	FR	Central Coll	24.22 2.2
22 Austin Anderson	FR	Waldorf	24.26 3.1
23 Chris Ball	FR	Loras	24.50 3.1
24 Jared Grove	JR	Simpson (Iow)	24.67 4.4
25 Jordan Stiefel	FR	Loras	24.83 2.9
26 Joe Corzine	FR	Simpson (Iow)	24.94 2.9
27 Matthew Jernigan	FR	William Penn	26.29 3.4
28 Alex Boots	FR	Mount Mercy	27.17 3.4

Men 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Neiman Thompson	JR	William Penn	48.51 10
2 Stedman Foster	JR	Loras	48.91 8
3 CJ Watts	JR	William Penn	49.00 6
4 Paul Cave	SR	Clarke	50.34 5
5 Brice Sheeder	SR	Simpson (Iow)	50.64 4
6 Jack Fritzjunker	FR	Simpson (Iow)	52.88 3
7 Monueir Moodie	JR	Mount Mercy	53.06 2
8 C.J. Moody	SR	Simpson (Iow)	53.50 1
9 Austin Anderson	FR	Waldorf	53.83
10 Tate Tufte	FR	Simpson (Iow)	54.34
11 Joe Corzine	FR	Simpson (Iow)	57.06

Men 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Zach Frey	JR	Loras	1:56.51 10
2 Tim Wittman	SO	Loras	1:58.54 8
3 Sam Whan	JR	Loras	2:00.00 6
4 Amani Richardson	FR	Unattached	X2:01.18
5 Mark Fairley	FR	Central Coll	2:01.32 5
6 Kylian Lally	FR	Loras	2:02.61 4
7 Cody Alexander	SO	Simpson (Iow)	2:02.74 3
8 Nicholas Thomas	SR	William Penn	2:05.16 2
9 Josh Bird	SO	Loras	2:06.42 1
10 Korey Beaman	SO	Waldorf	2:08.29
11 Chris Brace	FR	Faith Baptis	2:09.10



Central College Invitational
Ron and Joyce Schipper Stadium
Pella, IA - 4/2/2015

Results**Finals ... (Men 800 Meter Run)**

Name	Yr	School	Finals
12 Patrick Reinschmidt	SO	Unattached	X2:09.99
13 John Roudabush	SR	William Penn	2:11.38
14 Nick Kibby	FR	Simpson (Iow)	2:12.05
15 David Meyers	SR	Clarke	2:12.92
16 Anthony Kinley	FR	Mount Mercy	2:15.00
17 Jake Landreth		Unattached	X2:17.54
18 Devin Stone	SO	Mount Mercy	2:18.79
19 Eric Hansen	SO	Mount Mercy	2:27.95

Men 1500 Meter Run

Name	Yr	School	Finals
1 elisha kpruto	FR	Unattached	X3:58.08
2 Isaac Steffensmeier	SO	Central Coll	4:09.34 10
3 Timothy Shepherd	SR	Central Coll	4:11.55 8
4 Eric Klein	SO	Unattached	X4:12.93
5 Eric Stevenson	FR	Mount Mercy	4:13.52 6
6 Nathan Kimbrell	SO	Loras	4:14.30 5
7 Miles Kirts	JR	Simpson (Iow)	4:15.35 4
8 Michael Holdsworth	JR	Unattached	X4:15.65
9 Ian Mckenzie	FR	Simpson (Iow)	4:17.93 3
10 Blake Willadsen	SO	Simpson (Iow)	4:20.47 2
11 Payton Busch	SO	William Penn	4:20.67 1
12 Nicholas Anderson	FR	Clarke	4:22.73
13 Taylor Donner	FR	Central Coll	4:22.95
14 Henry Oberman	FR	Simpson (Iow)	4:27.07
15 Matt Gagen	FR	Loras	4:28.33
16 Garrett Heckman	FR	William Penn	4:30.47
17 Jeremy Carraci	FR	Central Coll	4:31.84
17 Zack Johnson	FR	William Penn	4:31.84
19 Nick Anderson	SR	Clarke	4:32.24
20 Salem Hildebrandt	FR	Simpson (Iow)	4:37.16
21 Michael Uhl	JR	Loras	4:39.47
22 Brandon Young	JR	Central Coll	4:40.50
23 Rhett Thys	FR	Mount Mercy	4:42.16
24 Quintin Marshall	SR	William Penn	4:45.92
25 Devin Stone	SO	Mount Mercy	4:47.69
26 Zachary Lindeberg	JR	Simpson (Iow)	4:49.75
27 Karl Weaver	SO	Central Coll	4:51.00
28 Erik Ryan	JR	Mount Mercy	4:52.09
29 Kyle Collins	JR	Clarke	4:52.61
30 Luke North	SO	Clarke	4:52.87
31 Kyle Schelling	SO	Central Coll	4:56.46
32 John Herber	JR	Clarke	4:57.10
33 Eric Hansen	SO	Mount Mercy	4:58.55

Men 5000 Meter Run

Name	Yr	School	Finals
1 Mason Tope	FR	Loras	15:15.13 10
2 Steve Loran	SR	Loras	15:16.33 8
3 Justin Adams	FR	Loras	15:35.84 6
4 Evan Bowman	SO	Mount Mercy	16:04.63 5
5 Yonas Desta	SO	William Penn	16:15.26 4
6 Rob Howe	SR	Loras	16:27.32 3
7 Colin Ensminger	SO	Loras	16:30.81 2
8 John Stoppelman	FR	Loras	17:03.88 1
9 Malik McCrary	FR	Clarke	17:37.15
10 Cody Clark	FR	Waldorf	17:37.40
11 Nigel Christianson	SO	Mount Mercy	18:19.31
12 Bryce Gullingsrud	FR	Waldorf	19:26.31
13 Adam Brinkman	FR	Waldorf	19:53.41

Men 110 Meter Hurdles

Name	Yr	School	Prelims
1 Demetriyone Singleton	SR	Clarke	14.85q 3.0
2 Dan Roemeran	SO	Central Coll	15.03q 2.1
3 Dylan Kalinay	FR	Simpson (Iow)	15.19q 3.0
4 Conner Freeman	JR	Central Coll	15.46q 2.1
5 Markenson Charles	SO	William Penn	15.77q 3.0
6 Christian Gash	FR	Unattached	X15.79q 2.1
7 Andrew O'Neill	FR	Loras	15.98q 2.1
8 Gerrand Moody	FR	Loras	16.01q 2.1
9 Isaac Frazier	SO	Simpson (Iow)	16.04 3.0
10 Jake Brock	JR	Loras	17.02 3.0

Men 110 Meter Hurdles

Name	Yr	School	Finals
1 Demetriyone Singleton	SR	Clarke	14.71 10
2 Dan Roemeran	SO	Central Coll	14.80 8
3 Dylan Kalinay	FR	Simpson (Iow)	14.98 6
4 Andrew O'Neill	FR	Loras	15.68 5
5 Christian Gash	FR	Unattached	X15.69 2.2
6 Gerrand Moody	FR	Loras	15.77 4
7 Markenson Charles	SO	William Penn	16.24 3

Men 400 Meter Hurdles

Name	Yr	School	Finals
1 Tate Jensen		Central Coll	56.74 10
2 Trevor McKee	SO	Simpson (Iow)	57.81 8
3 Spencer Medlin	SO	William Penn	59.43 6



**Central College Invitational
Ron and Joyce Schipper Stadium
Pella, IA - 4/2/2015**

Results

Finals ... (Men 400 Meter Hurdles)

Name	Yr	School	Finals
4 Jake Brock	JR	Loras	1:00.28 5
5 Andrew O'Neill	FR	Loras	1:00.34 4
6 Tris Reed	FR	Simpson (Iow)	1:01.01 3
7 Gerrand Moody	FR	Loras	1:06.00 2

Men 3000 Meter Steeplechase

Name	Yr	School	Finals
1 Nick Yaeger	JR	Simpson (Iow)	9:51.46 10
2 Anthony Kinley	FR	Mount Mercy	10:18.21 8
3 Adam Varnas	SR	Loras	10:26.84 6
4 Ryan Sheeran	SR	Loras	10:28.29 5
5 Matt Kane	SR	Loras	10:38.39 4
6 Ben Hedges	SO	Loras	10:41.09 3
7 Chris Brace	FR	Faith Baptis	10:57.99 2
8 Tyler Connelly	FR	William Penn	11:01.47 1

Men 4x100 Meter Relay

Team	Relay	Finals
1 Loras		42.52 10
1) Kyle Ward SR	2) Brandon Gradoville SO	
3) Zac Gassman SR	4) Stedman Foster JR	
2 William Penn		42.98 8
1) CJ Watts JR	2) Neiman Thompson JR	
3) Jaylin Thomas SO	4) Romel Marzette JR	
3 Simpson (Iowa)		43.71 6
1) Dylan Kalinay FR	2) Davey Jergens FR	
3) Tate Tufte FR	4) Triston Twedt SO	
4 Simpson (Iowa)	B	x44.97
1) Brandt Seward FR	2) Jared Grove JR	
3) Tris Reed FR	4) Trevor McKee SO	

Men 4x400 Meter Relay

Team	Relay	Finals
1 Loras		3:16.22 10
1) Stedman Foster JR	2) Zac Gassman SR	
3) Brandon Gradoville SO	4) Josh Goerd SR	
2 William Penn		3:18.02 8
1) CJ Watts JR	2) Neiman Thompson JR	
3) Cornelius McCastle JR	4) Spencer Medlin SO	
3 Simpson (Iowa)		3:31.52 6
1) Brice Sheeder SR	2) Tate Tufte FR	
3) Triston Twedt SO	4) Trevor McKee SO	
4 Loras	B	x3:32.90
1) Sam Whan JR	2) Kyle Ward SR	
3) Tim Wittman SO	4) Kylian Lally FR	

5 William Penn	B	x3:33.00
1) Payton Busch SO	2) Zack Johnson FR	
3) John Roudabush SR	4) Nicholas Thomas SR	
6 Simpson (Iowa)	B	x3:33.17
1) C.J. Moody SR	2) Brandt Seward FR	
3) Cody Alexander SO	4) Jack Fritzkjunker FR	
7 Clarke		3:44.02 5
1) Paul Cave SR	2) Nick Anderson SR	
3) Malik McCrary FR	4) Nicholas Anderson FR	
8 Mount Mercy	B	3:47.58 4
1) Kevon Farquharson FR	2) Rhett Thys FR	
3) Riley Neil FR	4) Alex Boots FR	
9 Central College		3:50.43 3
1) Cole Decker JR	2) Timothy Shepherd SR	
3) Jeremy Carraci FR	4) Tanner Rathje FR	
10 William Penn	C	x3:51.30
1) Garrett Heckman FR	2) Ochaung Akway SR	
3) Tyler Connelly FR	4) Saromo Mugisha JR	
11 Central College	D	x3:54.64
1) Kyle Schelling SO	2) Karl Weaver SO	
3) Grady Carson SR	4) Trevor Ruiz FR	

Men High Jump

Starting height = 1.73

Name	Yr	School	Finals
1 Cornelius McCastle	JR	William Penn	2.02m 10
2 Isaac Frazier	SO	Simpson (Iow)	1.97m 8
3 Logan Mulford	SO	Central Coll	1.92m 6
4 Kohl Gregory	JR	Clarke	1.87m 5
5 Greg Cox	JR	Loras	1.82m 4
6 Dan Vatch	JR	Loras	1.77m 3
7 Jack Fritzkjunker	FR	Simpson (Iow)	J1.77m 2
8 Keontae Neely	JR	Loras	J1.77m 1
9 D'Montre Milstead	FR	William Penn	1.72m
10 Matthew Jernigan	FR	William Penn	J1.72m
11 Andrew O'Neill	FR	Loras	1.62m
--- Jordan Stiefel	FR	Loras	NH

Men Pole Vault

Starting height = 3m

Name	Yr	School	Finals
1 Michael Wilson		University o	X4.10m
2 Tyler Schaefer	JR	Loras	J4.10m 10
3 Mark Schmidt	SO	Clarke	J4.10m 8
4 Mitch Stoltzman	SO	Simpson (Iow)	3.95m 6
5 Hunter Dunlap	FR	Loras	J3.95m 5
6 Jonathan Shephard	JR	Clarke	3.65m 4
7 David Rodgers IV	SO	Loras	J3.65m 3



Central College Invitational
Ron and Joyce Schipper Stadium
Pella, IA - 4/2/2015

Results

Finals ... (Men Pole Vault)

Name	Yr	School	Finals
8 Chris Ball	FR	Loras	3.50m 2
9 Conner Freeman	JR	Central Coll	3.35m 1
--- Robert Woodle	JR	William Penn	NH

Men Long Jump

4 jumps, no finals

Name	Yr	School	Finals
Finals			
1 Cornelius McCastle	JR	William Penn	6.61m 10
2 Romel Marzette	JR	William Penn	6.53m 8
3 Keontae Neely	JR	Loras	6.41m 6
4 Caleb Gilbertson	FR	Waldorf	6.28m 5
5 Brandt Seward	FR	Simpson (Iow	6.07m 4
6 Kohl Gregory	JR	Clarke	5.94m 3
7 Joshua Rankin	JR	William Penn	5.85m 2
8 Riley Neil	FR	Mount Mercy	5.26m 1
9 Van Love-Scott	SR	William Penn	5.24m 2.8

Men Triple Jump

4 jumps, no finals

Name	Yr	School	Finals
Finals			
1 Cornelius McCastle	JR	William Penn	14.13m 10
2 Caleb Gilbertson	FR	Waldorf	11.44m 8

Men Shot Put

Minimum Mark - 10m

Name	Yr	School	Finals
Finals			
1 Gunnar Johnson	SR	Central Coll	14.77m 10
2 Kalob Gist	JR	William Penn	14.12m 8
3 Derek Seddon	SO	William Penn	14.05m 6
4 Trenton Smothers	SO	Central Coll	13.04m 5
5 Kody Dailey	SO	Central Coll	13.02m 4
6 Ryan Kruse	FR	Central Coll	12.68m 3
7 Jonathan Shephard	JR	Clarke	12.24m 2
8 Koltin Pfaffle	FR	Simpson (Iow	12.16m 1
9 Aaron Seddon	FR	William Penn	11.97m
10 Joe Pagura	FR	Loras	11.42m
11 Jon Dahlin		Unattached	X11.22m
12 Zach Berryman	FR	Mount Mercy	10.89m
13 Stephen Burgess	FR	Mount Mercy	8.05m
14 Bradley Nachtman	SO	Mount Mercy	7.54m

Men Discus Throw

Minimum Mark - 32m

Name	Yr	School	Finals
Finals			
1 Grant Luer		Unattached	X53.11m
2 Derek Seddon	SO	William Penn	48.85m 10
3 Jordan Burkholder	SR	Loras	44.55m 8
4 Ben Miller	SO	Central Coll	44.16m 6
5 Nathan Maiers	SR	Loras	39.84m 5
6 Ryan Kruse	FR	Central Coll	39.82m 4
7 Jordan Sanders	SO	Central Coll	38.71m 3
8 Jake Webb	SO	Central Coll	37.72m 2
9 Zach Berryman	FR	Mount Mercy	36.70m 1
10 Jonathan Shephard	JR	Clarke	36.16m
11 Jeff Ruhlow	FR	Clarke	35.35m
12 Aaron Seddon	FR	William Penn	35.09m
13 Joe Pagura	FR	Loras	34.05m
14 Jon Dahlin		Unattached	X32.00m
15 Stephen Burgess	FR	Mount Mercy	22.37m
16 Bradley Nachtman	SO	Mount Mercy	16.92m

Men Hammer Throw

Minimum Mark - 35m

Name	Yr	School	Finals
Finals			
1 Derek Seddon	SO	William Penn	49.11m 10
2 Jon Dahlin		Unattached	X47.62m
3 Nathan Maiers	SR	Loras	45.49m 8
4 Jordan Burkholder	SR	Loras	45.01m 6
5 Chris Davis	SO	Central Coll	44.12m 5
6 Jake Webb	SO	Central Coll	37.94m 4
7 Kalob Gist	JR	William Penn	36.32m 3
8 Jordan Sanders	SO	Central Coll	34.57m 2
9 Aaron Seddon	FR	William Penn	34.12m 1
10 Jeff Ruhlow	FR	Clarke	32.87m
11 Zach Berryman	FR	Mount Mercy	29.26m
12 John Sturtz	JR	Clarke	29.24m
13 Joe Pagura	FR	Loras	29.22m

Men Javelin Throw

Minimum Mark - 30m

Name	Yr	School	Finals
Finals			
1 Kody Dailey	SO	Central Coll	57.27m 10
2 Evan Rossing	JR	Loras	49.26m 8
3 Anthony Crawley	SO	Mount Mercy	47.88m 6
4 Jake Brock	JR	Loras	46.55m 5
5 Canaan Powell	FR	Central Coll	45.07m 4
6 Gunnar Johnson	SR	Central Coll	44.66m 3



**Central College Invitational
Ron and Joyce Schipper Stadium
Pella, IA - 4/2/2015**

Results

Finals ... (Men Javelin Throw)

	Name	Yr	School	Finals	
7	Chris Davis	SO	Central Coll	44.02m	2
8	Greg Cox	JR	Loras	42.42m	1
9	Chris Ball	FR	Loras	40.95m	
10	Andy Reed	FR	Loras	38.99m	
11	Van Love-Scott	SR	William Penn	37.83m	
12	Conner Freeman	JR	Central Coll	35.05m	
13	Isaac Frazier	SO	Simpson (Iow	34.56m	
14	Riley Neil	FR	Mount Mercy	29.62m	
15	Mark Schmidt	SO	Clarke	28.21m	

Women - Team Rankings - 19 Events Scored

1)	Central College	143.5
2)	Mount Mercy	118
3)	Loras	95
4)	Clarke	89.5
5)	Winona State	85
6)	William Penn	78
7)	Simpson (Iowa)	59
8)	Waldorf	15
9)	Faith Baptist Bible	2

Men - Team Rankings - 19 Events Scored

1)	Loras	212
2)	William Penn	174
3)	Central College	119
4)	Simpson (Iowa)	89
5)	Clarke	46
6)	Mount Mercy	37
7)	Waldorf	13
8)	Faith Baptist Bible	2

