

Cascade Co-Ed Invitational

Cascade High School

Cascade, IA - 4/30/2015

Results

Girls 100 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1	Tierra Hildebrandt	12 Northeast	12.89 10
2	Anne Nolting	12 Bellevue	13.08 8
3	Celine Rickels	10 Cascade	13.44 6
4	Shelby Pettyjohn	10 Maquoketa	13.68 5
5	Alison Lawrence	11 Bellevue	14.03 4
6	Rylee Dickey	11 Northeast	14.09 3
7	Tessa Engen	12 Central City	14.36 2
8	Ashley Holtz	12 Maquoketa Va	14.39 1
9	Lexie Jungen	10 Preston	14.46
10	Lexie Rausch	11 Cascade	14.59
11	Rachel Longfellow	12 Alburnett	14.75
12	Kara Gnade	11 Midland	14.77
13	Rany High	09 North Cedar	14.80
14	McKenna Benischek	09 Calamus-Whea	14.95
15	Brittany Tebbe	09 Maquoketa	14.96
16	Makenna Blackford	09 Alburnett	15.26
17	Megan Ertl	09 Beckman	15.48
18	Sydney Stender	10 Midland	15.48
19	Brodi Boussetot	11 Calamus-Whea	15.50
20	Sarah High	10 North Cedar	15.97
21	Victoria Lane	09 Maquoketa Va	16.31
22	Ashley Hermsen	09 Beckman	16.49
23	Brilee Deardorff	12 Preston	17.72

Girls 200 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1	Tierra Hildebrandt	12 Northeast	26.90 10
2	Anne Nolting	12 Bellevue	27.61 8
3	Megan Mensen	11 Maquoketa Va	28.12 6
4	Brianna Mensen	10 Maquoketa Va	28.78 5
5	Shelby Pettyjohn	10 Maquoketa	28.92 4
6	Rylee Dickey	11 Northeast	28.94 3
7	Zoe Ryan	09 Cascade	28.98 2
8	Tonya Menke	09 Cascade	29.77 1
9	Jaelyn Diericks	11 Calamus-Whea	30.13
10	Katrina Scheer	11 Calamus-Whea	30.61
11	Lauren Lee	10 Alburnett	31.13
12	Breanna Finn	10 Midland	31.17
13	Jill Freeland	12 Alburnett	31.55
14	Larissa Moore	10 North Cedar	31.62
15	McKenzie McCutcheon	09 Maquoketa	31.87
16	Brook Smithson	12 Preston	31.99
17	Mallory Kilburg	12 Preston	32.08
18	Aubrey Soper	12 Midland	32.36
19	Megan Ertl	09 Beckman	32.74
20	Laura Hansen	12 North Cedar	33.73

21 Ashley Hermsen 09 Beckman 34.08

Girls 400 Meter Dash Varsity

Name	Yr	School	Finals
Finals			
1	Morgan Funke	09 Beckman	1:01.07 10
2	Rachel McDermott	11 Cascade	1:02.47 8
3	Rylee Andresen	11 Midland	1:04.94 6
4	Carly Marshall	12 North Cedar	1:04.96 5
5	Lisa Tucker	10 Cascade	1:05.35 4
6	Haleigh Hughes	12 Northeast	1:05.68 3
7	Aspen Britt	10 Maquoketa Va	1:05.82 2
8	Maddy Marshall	12 North Cedar	1:06.11 1
9	Sydney Kucera	10 Northeast	1:06.38
10	Kailey Harmon	09 Maquoketa	1:07.15
11	Kailey Potter	12 Calamus-Whea	1:10.16
12	Breanna Finn	10 Midland	1:10.18
13	Melissa Strait	10 Preston	1:11.62
14	McKenzie McCutcheon	09 Maquoketa	1:12.29
15	Sierra Rodriguez	12 Calamus-Whea	1:13.58
16	Annie Detweiler	11 Central City	1:16.11
17	Makenna Blackford	09 Alburnett	1:16.53
18	Rylee Owens	12 Central City	1:16.91

Girls 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1	Macie Weber	11 Cascade	2:27.15 10
2	Tessa Fields	09 North Cedar	2:28.57 8
3	Hannah Kilburg	12 Northeast	2:36.72 6
4	Jayna Farrell	10 Northeast	2:39.16 5
5	Maddie Weber	09 Cascade	2:48.10 4
6	Morgan VanderHeiden	10 Calamus-Whea	2:51.52 3
7	Kristina Koos	11 Bellevue	2:54.14 2
8	Susie Coats	09 Alburnett	2:55.61 1
9	Hailey Scholtes	11 Bellevue	2:55.86
10	Marta Grant	10 Preston	2:55.90
11	Natasha Otto	09 Beckman	2:56.35
12	Mikayla Callan	10 Maquoketa Va	2:56.94
13	Emily Kramer	10 Central City	2:57.78
14	Allison Furne	09 Maquoketa	2:57.97
15	Morgan Petersen	12 Midland	2:59.25
16	Sarah Tegeler	11 Beckman	3:00.50
17	Blair Owens	09 Central City	3:10.62
18	Bridgett Massman	09 Maquoketa Va	3:35.58

Girls 1500 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1	Rebecca McDermott	10 Cascade	5:04.29 10
2	Kylie Kelchen	11 Cascade	5:15.98 8

Cascade Co-Ed Invitational
Cascade High School
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Results

Finals ... (Girls 1500 Meter Run Varsity)

Name	Yr	School	Finals
3 Megan Slattery	12	Calamus-Whea	5:24.80 6
4 Maddie Kaczinski	10	Northeast	5:26.26 5
5 Nicole Uhlenkamp	12	Central City	5:27.11 4
6 Jaelynn Folkers	10	Midland	5:29.02 3
7 Makenna Franks	09	Northeast	5:51.42 2
8 Monica Cruise	10	Central City	5:57.05 1
9 Casey Fry	09	Maquoketa Va	5:58.13
10 Becca Kennedy	11	Beckman	5:58.33
11 Sierra Rodriguez	12	Calamus-Whea	6:00.81
12 Anna Petersen	09	North Cedar	6:03.89
13 Alyssa Poll	09	Bellevue	6:16.20
14 McKenzie Lansing	09	Maquoketa Va	6:43.23

Girls 3000 Meter Run Varsity

Name	Yr	School	Finals
1 Kylie Kelchen	11	Cascade	11:10.05 10
2 Camryn Reeg	09	Bellevue	11:11.58 8
3 Megan Slattery	12	Calamus-Whea	11:48.39 6
4 Nicole Uhlenkamp	12	Central City	11:51.15 5
5 Jaelynn Folkers	10	Midland	11:51.59 4
6 Makenna Franks	09	Northeast	12:20.61 3

Girls 100 Meter Hurdles Varsity

Name	Yr	School	Finals
1 Hailey Schwenker	10	Maquoketa	15.93 10
2 Isabel Brehm	11	Beckman	16.47 8
3 Anna Ambrosy	11	Bellevue	16.89 6
4 Janey Saunders	10	Maquoketa	17.12 5
5 Brooke Lucas	09	Beckman	17.46 4
6 Rebecca Schroeder	09	Bellevue	17.52 3
7 Noelle Green	10	Cascade	17.53 2
8 Courtney Sadler	11	Cascade	17.59 1
9 Darby Hawtrey	09	North Cedar	17.69
10 McKenna Dierks	09	Northeast	18.08
11 Macy Hoeger	09	Maquoketa Va	18.26
12 Angela Wendt	10	Maquoketa Va	18.91
13 Makenna Blackford	09	Alburnett	19.13
14 Alysha Boettger	11	Calamus-Whea	20.36
--- Aleenah Marcucci	11	Northeast	DQ

Girls 400 Meter Hurdles Varsity

Name	Yr	School	Finals
1 Aleenah Marcucci	11	Northeast	1:05.63 10
2 Hailey Schwenker	10	Maquoketa	1:08.24 8
3 Rachel McDermott	11	Cascade	1:08.45 6
4 Abby Smithson	12	Preston	1:10.81 5

5 Rylee Andresen	11	Midland	1:12.55 4
6 Cassidy Wilson	10	Maquoketa Va	1:13.94 3
7 Janey Saunders	10	Maquoketa	1:14.76 2
8 Kara Orcutt	09	Maquoketa Va	1:18.78 1

Girls 4x100 Meter Relay Varsity

Team	Relay	Finals
1 Beckman		52.20 10
1) Isabel Brehm 11	2) Morgan Funke 09	
3) Grace Nebel 11	4) Shalyn Wessels 11	
2 Northeast		52.26 8
1) Haleigh Hughes 12	2) Rylee Dickey 11	
3) Aleenah Marcucci 11	4) Tierra Hildebrandt 12	
3 Bellevue		52.67 6
1) Anna Ambrosy 11	2) Rebecca Schroeder 09	
3) Alison Lawrence 11	4) Anne Nolting 12	
4 Cascade		52.71 5
1) Brittany Koppes 09	2) Annie Meyer 10	
3) Anne Ryan 09	4) Celine Rickels 10	
5 North Cedar		55.72 4
1) Darian Grey 09	2) Jordan Bendixen 12	
3) Morgan Sander 10	4) Hailey Rohloff 10	
6 Maquoketa Valley		55.99 3
1) Ashley Holtz 12	2) Macy Hoeger 09	
3) Heather Sabers 12	4) Aspen Britt 10	
7 Central City		57.64 2
1) Courtney McGovern 09	2) Tessa Engen 12	
3) Gabby Appelkans 12	4) Shelby Malone 12	
8 Alburnett		58.56 1
1) Rachel Longfellow 12	2) Jill Freeland 12	
3) Susie Coats 09	4) Anna Possehl 12	
9 Cascade	C	58.99
10 Calamus-Wheatland		59.18
1) Alysha Boettger 11	2) Brodi Boussetlot 11	
3) Lexi Schwiene 09	4) McKenna Benischek 09	

Girls 4x200 Meter Relay Varsity

Team	Relay	Finals
1 Cascade		1:49.90 10
1) Celine Rickels 10	2) Annie Meyer 10	
3) Lynsey Dolphin 11	4) Anne Ryan 09	
2 Maquoketa Valley		1:53.28 8
1) Megan Mensen 11	2) Heather Sabers 12	
3) Brianna Mensen 10	4) Morgan Manternach 12	
3 Bellevue		1:55.61 6
1) Ashley Koos 09	2) Nicole Haxmeier 10	
3) Alison Lawrence 11	4) Alyssa Kremer 10	

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Finals ... (Girls 4x200 Meter Relay Varsity)

Team	Relay	Finals
4 Beckman		1:57.31 5
1) Grace Nebel 11	2) Katie Fitzgerald 09	
3) Anna Olberding 10	4) Anika Brehm 09	
5 North Cedar		2:00.57 4
1) Jordan Bendixen 12	2) Hailey Rohloff 10	
3) Brittyn Wilhau 09	4) Becca Ahrendsen 12	
6 Northeast		2:00.95 3
1) Alecca Gray 09	2) Natalie Spooner 09	
3) Kayla Kennicker 09	4) Casidy Dondiego 09	
7 Alburnett		2:01.20 2
1) Rachel Longfellow 12	2) Lauren Lee 10	
3) Jill Freeland 12	4) Anna Possehl 12	
8 Preston		2:01.50 1
1) Brooke Wagner 12	2) Andrea Junge 12	
3) Brook Smithson 12	4) Mallory Kilburg 12	
9 Calamus-Wheatland		2:01.81
1) Jaelyn Diericks 11	2) Katrina Scheer 11	
3) McKalyn Steward 10	4) Amanda Gorzney 10	
10 Central City		2:03.34
1) Courtney McGovern 09	2) Tessa Engen 12	
3) Gabby Appelhans 12	4) Shelby Malone 12	

Girls 4x400 Meter Relay Varsity

Team	Relay	Finals
1 Cascade		4:12.36 10
1) Lynsey Dolphin 11	2) Macie Weber 11	
3) Rachel McDermott 11	4) Rebecca McDermott 10	
2 North Cedar		4:18.78 8
1) Emelie Ahrendsen 12	2) Kylie Marshall 12	
3) Martha Jesuit 10	4) Grace Proesch 09	
3 Maquoketa Valley		4:24.08 6
1) Megan Mensen 11	2) Brianna Mensen 10	
3) Rejji Smith 09	4) Aspen Britt 10	
4 Beckman		4:24.97 5
1) Anna Olberding 10	2) Morgan Funke 09	
3) Grace Nebel 11	4) Anika Brehm 09	
5 Preston		4:28.45 4
1) Abby Smithson 12	2) Andrea Junge 12	
3) Kimberly Huerta 11	4) Meghan McLaughlin 12	
6 Bellevue		4:30.42 3
1) Nicole Haxmeier 10	2) Alyssa Kremer 10	
3) Camryn Reeg 09	4) Annika Frank 09	
7 Northeast		4:31.47 2
1) Alecca Gray 09	2) Sydney Kucera 10	
3) Haleigh Hughes 12	4) Hannah Kilburg 12	
8 Midland		4:44.23 1
1) Ashley Franzen 11	2) Jaelynn Folkers 10	
3) Calli Markmann 09	4) Rylee Andresen 11	

9 Central City		5:11.26
1) Annie Detweiler 11	2) Emily Kramer 10	
3) Blair Owens 09	4) Rylee Owens 12	

Girls 4x800 Meter Relay Varsity

Team	Relay	Finals
1 Cascade		10:08.26 10
1) Macie Weber 11	2) Rachel McDermott 11	
3) Kylie Kelchen 11	4) Rebecca McDermott 10	
2 Northeast		10:29.29 8
1) Carly Hasken 09	2) Jayna Farrell 10	
3) Maddie Kaczinski 10	4) Hannah Kilburg 12	
3 Calamus-Wheatland		10:40.66 6
1) Nina Cray 11	2) Dana Koester 11	
3) Kailey Potter 12	4) Morgan VanderHeiden 10	
4 Bellevue		11:35.92 5
1) Kristina Koos 11	2) Hailey Scholtes 11	
3) Grace Witt 11	4) Alyssa Poll 09	
5 Central City		12:05.46 4
1) Annie Detweiler 11	2) Emily Kramer 10	
3) Blair Owens 09	4) Rylee Owens 12	
6 Maquoketa Valley		12:13.55 3
1) Jordan Ross 09	2) Mikayla Callan 10	
3) Casey Fry 09	4) Hunter Glass 09	

Girls 800 Sprint Medley Varsity

Team	Relay	Finals
1 North Cedar		1:56.19 10
1) Darian Grey 09	2) Carly Marshall 12	
3) Emelie Ahrendsen 12	4) Grace Proesch 09	
2 Cascade		1:57.40 8
1) Brittany Koppes 09	2) Annie Meyer 10	
3) Celine Rickels 10	4) Lynsey Dolphin 11	
3 Bellevue		1:58.48 6
1) Anna Ambrosy 11	2) Alison Lawrence 11	
3) Anne Nolting 12	4) Annika Frank 09	
4 Maquoketa Valley		1:59.09 5
1) Ashley Holtz 12	2) Heather Sabers 12	
3) Morgan Manternach 12	4) Megan Mensen 11	
5 Northeast		1:59.13 4
1) Haleigh Hughes 12	2) Rylee Dickey 11	
3) Tierra Hildebrandt 12	4) Carly Hasken 09	
6 Beckman		2:00.51 3
1) Isabel Brehm 11	2) Grace Nebel 11	
3) Shalyn Wessels 11	4) Anika Brehm 09	
7 Preston		2:02.02 2
1) Kimberly Huerta 11	2) Brooke Wagner 12	
3) Hailey Messerich 09	4) Meghan McLaughlin 12	

**Cascade Co-Ed Invitational
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Finals ... (Girls 800 Sprint Medley Varsity)

Team	Relay	Finals
8 Alburnett		2:08.83 1
1) Rachel Longfellow 12	2) Susie Coats 09	
3) Lauren Lee 10	4) Anna Possehl 12	
9 Central City		2:10.99
1) Courtney McGovern 09	2) Gabby Appelhans 12	
3) Tessa Engen 12	4) Shelby Malone 12	
10 Calamus-Wheatland		2:12.93
1) Lexi Schwien 09	2) McKalyn Steward 10	
3) Jaelyn Diericks 11	4) Amanda Gorzney 10	
11 Midland		2:14.65
1) Kara Gnade 11	2) Morgan Petersen 12	
3) Ashley Franzen 11	4) Calli Markmann 09	
12 Maquoketa		2:24.13
1) McKenzie McCutcheon 09	2) Brittany Tebbe 09	
3) Ali Hosch 11	4) Allison Furne 09	

Girls Distance Medley Varsity

Team	Relay	Finals
Finals		
1 Cascade		4:21.37 10
1) Lynsey Dolphin 11	2) Anne Ryan 09	
3) Rebecca McDermott 10	4) Macie Weber 11	
2 North Cedar		4:25.09 8
1) Emelie Ahrendsen 12	2) Kylie Marshall 12	
3) Grace Proesch 09	4) Tessa Fields 09	
3 Preston		4:35.90 6
1) Hailey Messerich 09	2) Kimberly Huerta 11	
3) Abby Smithson 12	4) Meghan McLaughlin 12	
4 Bellevue		4:36.89 5
1) Alyssa Kremer 10	2) Nicole Haxmeier 10	
3) Annika Frank 09	4) Camryn Reeg 09	
5 Maquoketa Valley		4:39.51 4
1) Caitlin Schuman 10	2) Tiffany Hoeger 12	
3) Brianna Mensen 10	4) Rejji Smith 09	
6 Calamus-Wheatland		4:45.66 3
1) Jaelyn Diericks 11	2) Amanda Gorzney 10	
3) Dana Koester 11	4) Nina Cray 11	
7 Central City		4:59.90 2
1) Courtney McGovern 09	2) Shelby Malone 12	
3) Nicole Uhlenkamp 12	4) Monica Cruise 10	
8 Beckman		5:14.90 1
1) Kara Kranz 11	2) Faye Meyer 09	
3) Natasha Otto 09	4) Becca Kennedy 11	
9 Maquoketa		5:46.55
1) McKenzie McCutcheon 09	2) Brittany Tebbe 09	
3) Allison Furne 09	4) Brooke Lapke 11	

Girls 4x100 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
Finals		
1 Maquoketa		1:10.90 10
1) Janey Saunders 10	2) Kailey Harmon 09	
3) Shelby Pettyjohn 10	4) Hailey Schwenker 10	
2 North Cedar		1:12.25 8
1) Carly Marshall 12	2) Martha Jesuit 10	
3) Jordan Bendixen 12	4) Rachel Gutwiler 12	
3 Beckman		1:12.62 6
1) Isabel Brehm 11	2) Anika Brehm 09	
3) Brooke Lucas 09	4) Lexie Lammers 11	
4 Maquoketa Valley		1:14.10 4
1) Macy Hoeger 09	2) Cassidy Wilson 10	
3) Angela Wendt 10	4) Kara Orcutt 09	
5 Northeast		1:15.35 3
1) Jayna Farrell 10	2) Alecca Gray 09	
3) Shauna McAleer 10	4) McKenna Dierks 09	
--- Cascade		DQ 5
1) Brittany Koppes 09	2) Noelle Green 10	
3) Rachel Recker 10	4) Courtney Sadler 11	

Girls High Jump Varsity

Name	Yr	School	Finals
Finals			
1 Darby Hawtrey	09	North Cedar	4-10.00 10
2 Lexi Crist	09	North Cedar	J4-10.00 8
3 Rebecca Schroeder	09	Bellevue	J4-10.00 6
4 Hailey Schwenker	10	Maquoketa	4-08.00 5
5 Morgan VanderHeiden	10	Calamus-Whea	J4-08.00 4
6 Kylie Knepper	10	Cascade	4-06.00 3
7 Kailey Harmon	09	Maquoketa	J4-06.00 2
8 Shauna McAleer	10	Northeast	J4-06.00 1
9 Chloe Rea	12	Cascade	4-04.00

Girls Long Jump Varsity

Name	Yr	School	Finals
Finals			
1 Aleenah Marcucci	11	Northeast	17-07.00 10
2 Shalyn Wessels	11	Beckman	16-02.00 8
3 Brittany Koppes	09	Cascade	J16-02.00 6
4 Nicole Haxmeier	10	Bellevue	16-00.00 5
5 Lisa Tucker	10	Cascade	15-01.00 4
6 Brooke Wagner	12	Preston	15-00.00 3
7 Susie Coats	09	Alburnett	J15-00.00 2
8 Hailey Messerich	09	Preston	14-08.00 1
9 Madison Imler	09	Maquoketa Va	J14-08.00
10 Holly Herring	10	Bellevue	13-09.00
11 Kara Gnade	11	Midland	J13-09.00
12 Amanda Gorzney	10	Calamus-Whea	12-11.00

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Finals ... (Girls Long Jump Varsity)

Name	Yr	School	Finals
13 McKenna Dierks	09	Northeast	12-10.00
14 Aubrey Soper	12	Midland	12-01.00
15 Alysha Boettger	11	Calamus-Whea	11-11.00

Girls Shot Put Varsity

Name	Yr	School	Finals
Finals			
1 Bremma Seeser	10	Northeast	35-04.00 10
2 Liberty Uppena	10	Midland	34-06.00 8
3 Kate Francois	12	Alburnett	32-05.00 6
4 Ashley Kruse	12	Northeast	32-04.00 5
5 Kayla Hospodarsky	09	Alburnett	31-07.00 4
6 Abbie Ruggeberg	09	Cascade	31-05.00 3
7 Bailey Clemens	10	Cascade	31-04.00 2
8 Gabby Tath	12	Bellevue	31-03.00 1
9 Carli Strathman	11	Maquoketa	31-02.00
10 Hannah Bachmann	10	North Cedar	31-00.00
11 Morgan Sander	10	North Cedar	30-06.00
12 Whitney Wilson	11	Maquoketa Va	30-04.00
13 Adrienne Tebbe	11	Preston	29-04.00
14 Kennedy Thines	09	Preston	28-02.00
15 Hannah Lueck	09	Beckman	27-06.00
16 Lindsay Althoff	12	Beckman	27-05.00
17 Gabby Appelhans	12	Central City	26-03.00
18 Rebecca VanderHeiden	12	Calamus-Whea	23-05.00
19 Emma Olsen	10	Calamus-Whea	23-00.00
20 Brooke Lapke	11	Maquoketa	22-08.00

Girls Discus Throw Varsity

Name	Yr	School	Finals
Finals			
1 Morgan Rahe	12	Beckman	110-01 10
2 Ashley Kruse	12	Northeast	97-06 8
3 Sam Ross	12	Alburnett	95-07 6
4 Alison Sheehy	10	Maquoketa Va	93-09 5
5 Hannah Lueck	09	Beckman	88-01 4
6 Gabby Tath	12	Bellevue	85-00 3
7 Bailey Clemens	10	Cascade	83-11 2
8 Kate Francois	12	Alburnett	83-03 1
9 Morgan Sander	10	North Cedar	82-05
10 Carli Strathman	11	Maquoketa	79-06
11 Shyanne Hayes	10	Bellevue	79-04
12 Liberty Uppena	10	Midland	78-02
13 Hannah Bachmann	10	North Cedar	76-11
14 Adrienne Tebbe	11	Preston	75-05
15 Marcella Kieritopf	09	Northeast	74-04
16 Amanda Engelken	09	Maquoketa Va	73-09
17 Rebecca VanderHeiden	12	Calamus-Whea	68-06
18 Kennedy Thines	09	Preston	68-00

19 Abbie Ruggeberg	09	Cascade	63-10
20 Brooke Lapke	11	Maquoketa	63-07
21 Emma Olsen	10	Calamus-Whea	63-02

Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Cascade		55.81
1) Kelly Bergfeld 09	2) Kylie Knepper 10	
3) Tonya Menke 09	4) Lexie Rausch 11	
2 Northeast		57.09
1) Jayna Farrell 10	2) Alecca Gray 09	
3) McKenna Dierks 09	4) Natalie Spooner 09	
3 Beckman		57.36
1) Brooke Lucas 09	2) Katie Fitzgerald 09	
3) Anna Olberding 10	4) Kara Kranz 11	
4 North Cedar		57.64
1) Darby Hawtrey 09	2) Rachel Gutwiler 12	
3) Brittyn Wilhau 09	4) Becca Ahrendsen 12	
5 Maquoketa Valley		58.41
1) Madison Imler 09	2) Ashley Stogdill 10	
3) Danielle Schuman 09	4) Macy Anderegg 11	
6 Midland		1:00.86
1) Sydney Stender 10	2) Ella Osterkamp 11	
3) Aubrey Soper 12	4) Morgan Petersen 12	
7 Bellevue		1:01.69
1) Lydia Mootz 09	2) Hannah Putman 10	
3) Kayla Griebel 11	4) Holly Herrig 10	
8 Calamus-Wheatland		1:02.93
1) McKalyn Steward 10	2) Marissa Scheer 09	
3) Caitlin Hart 10	4) Emma Olsen 10	

Girls 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Cascade		1:55.73
1) Tori Freiburger 09	2) Kelly Bergfeld 09	
3) Zoe Ryan 09	4) Kylie Knepper 10	
2 Maquoketa Valley		2:00.88
1) Taylor White 10	2) Ashley Stogdill 10	
3) Brittany Sabers 09	4) Danica Fjelstul 10	
3 North Cedar		2:01.75
1) Caitlyn Lange 10	2) Erin Ruchotzke 11	
3) Taylor Kress 10	4) Aubrey Cady 10	
4 Midland		2:05.81
1) Kara Gnade 11	2) Ashley Franzen 11	
3) Morgan Petersen 12	4) Calli Markmann 09	
5 Beckman		2:07.56
1) Faye Meyer 09	2) Lexie Lammers 11	
3) Ashley Hermsen 09	4) Megan Ertl 09	

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Finals ... (Girls 4x200 Meter Relay Junior Varsity)

Team	Relay	Finals
6 Calamus-Wheatland		2:12.20
1) McKenna Benischek 09	2) Marissa Scheer 09	
3) Caitlin Hart 10	4) Emma Olsen 10	
7 Preston		2:12.88
1) Lexie Jungen 10	2) Marta Grant 10	
3) Brilee Deardorff 12	4) Melissa Strait 10	

Girls 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
1 North Cedar		4:26.84
1) Tessa Fields 09	2) Carly Marshall 12	
3) Maddy Marshall 12	4) Daphne Hoeffler 10	
2 Cascade		4:38.12
1) Zoe Ryan 09	2) Lisa Tucker 10	
3) Tori Freiburger 09	4) Maddie Weber 09	
3 Maquoketa Valley		4:40.87
1) Cassidy Wilson 10	2) Payton Ries 09	
3) Caitlin Schuman 10	4) Kara Orcutt 09	
4 Beckman		4:51.53
1) Katie Fitzgerald 09	2) Faye Meyer 09	
3) Lexie Lammers 11	4) Sarah Tegeler 11	

Boys 100 Meter Dash Varsity

Name	Yr	School	Finals
1 Bryce Bemer	10	North Cedar	11.41 10
2 Nate Bergfeld	12	Cascade	11.60 8
3 Mac Meyer	11	East Buchana	11.73 6
4 Ryan Parmely	12	Maquoketa Va	11.77 5
5 Trevor Kanakares	12	North Cedar	11.79 4
6 Dan McElmeel	12	Cascade	11.79 3
7 Dillon Caves	11	Alburnett	11.87 2
8 Tyler Hirsch	11	Beckman	12.06 1
9 Garrett Rickels	10	Calamus-Whea	12.23
10 Carter Downer	10	East Buchana	12.28
11 Brady Pestka	09	Midland	12.40
12 aaron mcculley	10	Northeast	12.51
13 Jacob McNelly	11	Central City	12.71
14 Gavin Pospisil	11	Central City	12.93
15 brent buech	11	Northeast	12.99
16 Drew Gravel	09	Midland	13.07
17 Brady Helle	10	Edgewood-Col	13.22
18 Camden Leonard	09	Beckman	13.92
19 Jaxon Flitch	11	Alburnett	13.96
20 Kody Deutmeyer	09	Edgewood-Col	15.21
--- Eric Deutmeyer	09	Maquoketa Va	FS

Boys 200 Meter Dash Varsity

Name	Yr	School	Finals
1 Bryce Bemer	10	North Cedar	23.23 10
2 Ian Malaby	11	North Cedar	23.49 8
3 Dan McElmeel	12	Cascade	24.23 6
4 Levi Flitch	10	Central City	24.61 5
5 Mac Meyer	11	East Buchana	24.81 4
6 Carter Downer	10	East Buchana	24.82 3
7 Dillon Caves	11	Alburnett	24.97 2
8 John Larkin	10	Cascade	25.15 1
9 Chad Griggs	12	Central City	25.41
10 Garrett Rickels	10	Calamus-Whea	25.69
11 alex sellnau	12	Northeast	26.16
12 Gunner Martin	09	Alburnett	26.49
13 Brock Hillers	09	Maquoketa Va	27.02
14 Logan Fettkether	09	Beckman	27.05
15 Skyler Tracy	10	Midland	27.21
16 Logan DeWulf	09	Calamus-Whea	27.41
17 Chris Grebner	11	Beckman	27.49
18 Alex McCusker	09	Maquoketa Va	27.66
19 Greg Saddoris	10	Edgewood-Col	28.02
20 marty mcclimon	12	Northeast	28.21
21 Austin Tibbott	11	Edgewood-Col	28.33

Boys 400 Meter Dash Varsity

Name	Yr	School	Finals
1 Ian Malaby	11	North Cedar	52.03 10
2 Levi Flitch	10	Central City	54.23 8
3 Levi Ruchotzke	12	North Cedar	55.42 6
4 Jacob Schmitt	11	East Buchana	55.70 5
5 Tyler Williams	10	East Buchana	56.10 4
6 colton galusha	11	Northeast	56.10 3
7 sam smith	12	Northeast	56.58 2
8 Landon Hunter	10	Midland	56.78 1
9 Cole Moeller	10	Calamus-Whea	56.94
10 Jonathan Clausen	12	Edgewood-Col	57.35
11 Brad Ertl	12	Beckman	57.51
12 Brendon Hogan	09	Maquoketa Va	58.82
13 Ryan Bergfeld	12	Cascade	59.29
14 Ballenger Liam	10	Calamus-Whea	59.71
15 Cody Martin	09	Alburnett	1:00.28
16 Skylar Mullins	10	Midland	1:00.94
17 Cain Hoffman	10	Cascade	1:01.31
18 Caine Worm	11	Central City	1:02.07
19 Chris Grebner	11	Beckman	1:02.32
20 Heath Gibbs	09	Maquoketa Va	1:04.02

Cascade Co-Ed Invitational
Cascade High School
Cascade, IA - 4/30/2015

Results

Boys 800 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1	william hasken	11 Northeast	2:02.02 10
2	Derek Salow	12 Maquoketa Va	2:02.30 8
3	Trever Greene	12 North Cedar	2:08.06 6
4	Preston Kauder	12 Cascade	2:08.22 5
5	Aj Lucas	11 Central City	2:12.82 4
6	colton galusha	11 Northeast	2:13.96 3
7	Riley Holst	12 North Cedar	2:14.36 2
8	Cole Moeller	10 Calamus-Whea	2:14.70 1
9	Dunham Darick	10 Calamus-Whea	2:18.70
10	Elliott Meyer	10 Edgewood-Col	2:20.09
11	Derek Koppes	09 Cascade	2:21.21
12	Brandon Rollinger	10 Central City	2:22.51
13	Trace Jensen	10 Midland	2:25.02
14	Kyle Paulsen	09 Midland	2:26.96
15	Kyle Wessels	11 East Buchana	2:29.58
16	Heath Gibbs	09 Maquoketa Va	2:35.83
17	Carl Schneider	11 Beckman	2:37.14
18	Dylan Crawford	09 East Buchana	2:40.19
19	Kipp Miller	09 Alburnett	2:53.80

Boys 1600 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1	Preston Kauder	12 Cascade	4:36.56 10
2	Riley Holst	12 North Cedar	4:51.91 8
3	Marty Knepper	10 Cascade	4:56.78 6
4	christian knutsen	12 Northeast	4:56.87 5
5	Trace Jensen	10 Midland	4:58.04 4
6	hunter bielenberg	12 Northeast	5:01.72 3
7	Nick Putz	11 Edgewood-Col	5:03.66 2
8	Tim Bell	11 North Cedar	5:09.93 1
9	Jacob Wessel	09 Edgewood-Col	5:12.09
10	Gannon Cook	10 East Buchana	5:14.57
11	Landon Hunter	10 Midland	5:20.62
12	Mitch Smith	09 Maquoketa Va	5:21.96
13	Christian French	09 East Buchana	5:22.45
14	Logan Heath	10 Central City	5:22.48
15	Wyatt Anians	12 Calamus-Whea	5:47.00
16	Garrett Wolf	11 Central City	5:48.19
17	Kipp Miller	09 Alburnett	6:30.43
18	Sean Hucker	09 Maquoketa Va	6:41.30

Boys 3200 Meter Run Varsity

Name	Yr	School	Finals
Finals			
1	Nick Putz	11 Edgewood-Col	10:34.41 10
2	Tim Bell	11 North Cedar	10:54.63 8

3	Jacob Wessel	09 Edgewood-Col	11:00.46 6
4	hunter bielenberg	12 Northeast	11:03.55 5
5	Christian French	09 East Buchana	11:19.45 4
6	Gannon Cook	10 East Buchana	11:21.00 3
7	jaden butler	11 Northeast	11:32.14 2
8	Seamus Raney	09 North Cedar	11:49.22 1
9	Kyle Paulsen	09 Midland	11:51.70
10	Bryant Meyer-Kemp	10 Maquoketa Va	11:52.50
11	Braxton VanAlst	09 Central City	11:54.25
12	Garrett Wolf	11 Central City	11:54.27
13	Kenny Van Zuiden	09 Midland	12:47.06

Boys 110 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1	Will McAllister	10 Cascade	16.20 10
2	Jayden Johnson	12 North Cedar	16.93 8
3	Michael Lueken	11 Edgewood-Col	16.95 6
4	Gavin Sahr	11 North Cedar	17.05 5
5	Luke Recker	12 Cascade	17.61 4
6	Madison Gravel	12 Midland	18.04 3
7	Austin VanAlst	10 Central City	18.21 2
8	Kasper Heiken	09 Midland	19.60 1
9	Jenub Wan	09 Central City	19.85
10	marty mcclimon	12 Northeast	20.94
11	Elliott Meyer	10 Edgewood-Col	21.10
12	Andrew Barnett	12 Alburnett	21.43
13	corbin kelter	09 Northeast	23.25

Boys 400 Meter Hurdles Varsity

Name	Yr	School	Finals
Finals			
1	nick kennicker	11 Northeast	55.78 10
2	Sam Stelken	10 Beckman	57.70 8
3	Trever Greene	12 North Cedar	57.85 6
4	Trace Hoffman	11 Cascade	59.63 5
5	Michael Lueken	11 Edgewood-Col	1:00.95 4
6	Gavin Sahr	11 North Cedar	1:01.67 3
7	Connor McDermott	09 Beckman	1:03.66 2
8	Justin Kress	11 East Buchana	1:04.24 1
9	Trevor Usher	12 Midland	1:04.49
10	sam smith	12 Northeast	1:04.50
11	Greg Novey	10 Central City	1:05.27
12	Brendon Hogan	09 Maquoketa Va	1:05.35
13	Austin VanAlst	10 Central City	1:06.00
14	Luepker Avery	09 Calamus-Whea	1:08.60
15	Jacob Shoaff	09 Midland	1:09.17
16	Andrew Barnett	12 Alburnett	1:13.27
---	Lee Beringer	10 Cascade	FS

Cascade Co-Ed Invitational
Cascade High School
Cascade, IA - 4/30/2015

Results

Boys 4x100 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Cascade		45.65 10
1) Nate Bergfeld 12	2) Carter Holmes 10	
3) Evan Simon 12	4) Dan McElmeel 12	
2 Beckman		46.50 8
1) Noah Smith 11	2) Carter Gassmann 11	
3) Tyler Hirsch 11	4) Eric Boeckenstedt 12	
3 North Cedar		47.97 6
1) Kaleb Galloway 11	2) Trevor Kanakares 12	
3) Chandler Moore 12	4) Greg Hansen 09	
4 East Buchanan		49.27 5
1) Mac Meyer 11	2) Anthony Witherow 11	
3) Justin Kress 11	4) Carter Downer 10	
5 Alburnett		49.63 4
1) Dillon Caves 11	2) Cody Martin 09	
3) Gunner Martin 09	4) Cory Martin 11	
6 Midland		49.84 3
1) Madison Gravel 12	2) Trevor Usher 12	
3) Cale Roelofsen 12	4) Brady Pestka 09	
7 Northeast		49.95 2
1) aaron mcculley 10	2) cory buech 09	
3) sam smith 12	4) nick sellnau 12	
8 Maquoketa Valley		50.32 1
1) Mitch Neuzil 09	2) Jeremy Fischer 11	
3) Alec McDowell 10	4) Angel Rumbo 09	
9 Central City		50.56
1) Isaac Campbell 11	2) Sam Hall 10	
3) Storm Matthias 11	4) Gavin Pospisil 11	
10 Edgewood-Colesburg		51.46
1) Josh Heims 12	2) Jonathan Clausen 12	
3) Andrew Askeland 11	4) Kiko Camera 12	

Boys 4x200 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Beckman		1:33.80 10
1) Noah Smith 11	2) Dillon Keegan 11	
3) Sam Stelken 10	4) Ben Hageman 11	
2 Cascade		1:33.83 8
1) Nate Bergfeld 12	2) Carter Holmes 10	
3) Evan Simon 12	4) Kurt Trumm 11	
3 Northeast		1:34.50 6
1) william hasken 11	2) ben lange 10	
3) nick kennicker 11	4) nick sellnau 12	
4 North Cedar		1:38.70 5
1) Kaleb Galloway 11	2) Trevor Kanakares 12	
3) Torrey Wilhau 11	4) Greg Hansen 09	

5 Maquoketa Valley		1:39.56 4
1) Ryan Parmely 12	2) Jeremy Fischer 11	
3) Derek Salow 12	4) Kyle Wilson 10	
6 Midland		1:42.61 3
1) Grant Miller 12	2) Trevor Usher 12	
3) Cale Roelofsen 12	4) Brady Pestka 09	
7 East Buchanan		1:46.71 2
1) Justin Kress 11	2) Anthony Witherow 11	
3) Kyle Wessels 11	4) Tyler Ball 09	
--- Alburnett		DQ
1) Dillon Caves 11	2) Cody Martin 09	
3) Gunner Martin 09	4) Kyle Kristiansen 11	
--- Central City		DQ
1) Aj Lucas 11	2) Wade McKinney 09	
3) Storm Matthias 11	4) Chad Griggs 12	

Boys 4x400 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Beckman		3:33.09 10
1) Noah Smith 11	2) Sam Stelken 10	
3) Mark Brown 09	4) Ben Hageman 11	
2 Cascade		3:33.11 8
1) Carter Holmes 10	2) Kurt Trumm 11	
3) John Larkin 10	4) Evan Simon 12	
3 North Cedar		3:34.43 6
1) Ian Malaby 11	2) Bryce Bemer 10	
3) Levi Ruchotzke 12	4) Trever Greene 12	
4 Northeast		3:38.83 5
1) nick kennicker 11	2) ben lange 10	
3) alex sellnau 12	4) william hasken 11	
5 East Buchanan		3:56.51 4
1) Justin Kress 11	2) Anthony Witherow 11	
3) Tyler Williams 10	4) Jacob Schmitt 11	
6 Midland		3:58.47 3
1) Grant Miller 12	2) Skyler Tracy 10	
3) Austin Smith 09	4) Landon Hunter 10	
7 Edgewood-Colesburg		4:01.04 2
1) Kiko Camera 12	2) Josh Heims 12	
3) Andrew Askeland 11	4) Brady Helle 10	

Boys 4x800 Meter Relay Varsity

Team	Relay	Finals
Finals		
1 Northeast		8:30.58 10
1) christian knutsen 12	2) alex sellnau 12	
3) nick kennicker 11	4) wyatt schmidt 09	
2 Maquoketa Valley		8:33.52 8
1) Derek Salow 12	2) Kyle Wilson 10	
3) Austin Stogdill 11	4) Colin Wendt 10	

Cascade Co-Ed Invitational

Cascade High School
 Cascade, IA - 4/30/2015

Results

Finals ... (Boys 4x800 Meter Relay Varsity)

Team	Relay	Finals
3 Beckman		8:33.68 6
1) Ben Hageman 11	2) Nick Fallon 11	
3) Luke Hageman 09	4) Nick Wilgenbusch 12	
4 Cascade		8:36.25 5
1) Connor Otting 10	2) Marty Knepper 10	
3) Kurt Trumm 11	4) John Larkin 10	
5 North Cedar		8:45.10 4
1) Chandler Moore 12	2) Levi Ruchotzke 12	
3) Riley Holst 12	4) Trever Greene 12	
6 Midland		9:13.15 3
1) Austin Smith 09	2) Trace Jensen 10	
3) Grant Miller 12	4) Landon Hunter 10	
7 Calamus-Wheatland		10:09.82 2
1) Dunham Darick 10	2) Traver Nathan 09	
3) Kastantin Jon 09	4) Wyatt Anians 12	
8 East Buchanan		10:51.34 1
1) Randy Synder 10	2) John Stanford 09	
3) Dylan Crawford 09	4) Carter Palmer 09	

Boys Distance Medley Varsity

Team	Relay	Finals
1 Northeast		3:44.05 10
1) ben lange 10	2) nick sellnau 12	
3) william hasken 11	4) wyatt schmidt 09	
2 Cascade		3:44.38 8
1) Nate Bergfeld 12	2) Carter Holmes 10	
3) Evan Simon 12	4) Connor Otting 10	
3 North Cedar		3:54.16 6
1) Greg Hansen 09	2) Chandler Moore 12	
3) Torrey Wilhau 11	4) Levi Ruchotzke 12	
4 East Buchanan		3:55.50 5
1) Mac Meyer 11	2) Carter Downer 10	
3) Tyler Williams 10	4) Jacob Schmitt 11	
5 Beckman		3:58.85 4
1) Tyler Hirsch 11	2) Eric Boeckenstedt 12	
3) Nick Wilgenbusch 12	4) Nick Fallon 11	
6 Midland		4:08.99 3
1) Madison Gravel 12	2) Brady Pestka 09	
3) Cale Roelofsen 12	4) Alex Martens 10	
7 Central City		4:12.55 2
1) Isaac Campbell 11	2) Jacob McNelly 11	
3) Levi Flitch 10	4) Logan Heath 10	
8 Maquoketa Valley		4:18.71 1
1) Mitch Neuzil 09	2) Alec McDowell 10	
3) Jeremy Fischer 11	4) Trevor Elgin 09	
9 Edgewood-Colesburg		4:21.30
1) Josh Heims 12	2) Kiko Camera 12	
3) Andrew Askeland 11	4) Mike Jones 11	

Boys 4x110 Meter Shuttle Hurdle Varsity

Team	Relay	Finals
1 Beckman		1:01.39 10
1) Noah Smith 11	2) Mark Brown 09	
3) Connor McDermott 09	4) Sam Stelken 10	
2 Cascade		1:03.62 8
1) Will McAllister 10	2) Luke Recker 12	
3) Liam Curoe 09	4) Mitchell Gibbs 09	
3 Edgewood-Colesburg		1:05.56 6
1) Josh Heims 12	2) Jonathan Clausen 12	
3) Michael Lueken 11	4) Elliott Meyer 10	
4 Central City		1:08.83 5
1) Sam Hall 10	2) Greg Novey 10	
3) Storm Matthias 11	4) Austin VanAlst 10	
5 Midland		1:08.97 4
1) Skyler Tracy 10	2) Eli Slouha 11	
3) Trevor Usher 12	4) Madison Gravel 12	
--- North Cedar		FS
1) Jayden Johnson 12	2) Gavin Sahr 11	
3) Torrey Wilhau 11	4) Treat Spahr 09	

Boys High Jump Varsity

Name	Yr	School	Finals
1 Cole Moeller	10	Calamus-Whea	6-07.00 10
2 axel dondiego	10	Northeast	6-04.00 8
3 Ian Malaby	11	North Cedar	6-00.00 6
4 Trace Hoffman	11	Cascade	J6-00.00 5
5 Wade McKinney	09	Central City	5-08.00 4
6 Eric Deutmeyer	09	Maquoketa Va	J5-08.00 3
7 Alex Martens	10	Midland	5-06.00 2
8 Skyler Tracy	10	Midland	J5-06.00 1
9 Greg Hansen	09	North Cedar	5-04.00
10 Brock Hillers	09	Maquoketa Va	J5-04.00

Boys Long Jump Varsity

Name	Yr	School	Finals
1 Michael Lueken	11	Edgewood-Col	19-03.00 10
2 Bryce Bemer	10	North Cedar	18-05.00 8
3 Dawson Paulsen	10	Midland	17-11.00 6
4 Logan Fettkether	09	Beckman	J17-11.00 5
5 Trevor Kanakares	12	North Cedar	J17-11.00 4
6 Cale Roelofsen	12	Midland	17-09.00 3
7 Blake Simon	09	Cascade	17-03.00 2
8 Collin Fischer	10	Edgewood-Col	17-01.00 1
9 Mitch Neuzil	09	Maquoketa Va	16-01.00
10 Logan Heath	10	Central City	15-09.00
11 Spencer Cook	09	East Buchana	15-06.00

Cascade Co-Ed Invitational

Cascade High School

Cascade, IA - 4/30/2015

Results

Finals ... (Boys Long Jump Varsity)

Name	Yr	School	Finals
12 Anthony Witherow	11	East Buchana	15-01.00
13 Michael Walker	09	Central City	15-00.00
14 Andrew Barnett	12	Alburnett	14-10.00
15 Hunter Garrett	09	Cascade	14-05.00

Boys Shot Put Varsity

Name	Yr	School	Finals
1 Noah Sander	12	North Cedar	49-05.00 10
2 Ryan Parmely	12	Maquoketa Va	46-04.00 8
3 Nick Frommelt	12	North Cedar	44-02.00 6
4 Lucas Looney	12	Calamus-Whea	41-11.00 5
5 Tommy Lehmann	11	Beckman	41-06.00 4
6 Kaleb Handel	11	Maquoketa Va	38-04.00 3
7 Jake Langhoff	11	Alburnett	38-02.00 2
8 lucas empen	09	Northeast	37-11.00 1
9 Ashtin VanGordon	10	Cascade	36-08.00
10 Troy Pasker	11	Beckman	36-01.00
11 Chad Moser	12	Edgewood-Col	35-09.00
12 Colton Wood	12	Alburnett	34-08.00
13 Koester Devin	09	Calamus-Whea	34-05.00
14 Brady Helle	10	Edgewood-Col	33-09.00
15 Hunter Rushford	09	Midland	33-06.00
16 Jordan Hettinger	10	East Buchana	32-09.00
17 Derek Kuntz	09	Cascade	32-07.00
18 mike dodge	10	Northeast	32-02.00
19 Cody Gray	09	Central City	32-00.00
20 Wade McKinney	09	Central City	31-02.00
21 Cody Tracy	10	Midland	30-04.00
22 Nathaniel Dosland	09	East Buchana	21-03.00

Boys Discus Throw Varsity

Name	Yr	School	Finals
1 Noah Sander	12	North Cedar	146-08 10
2 Nick Frommelt	12	North Cedar	136-09 8
3 Colton Lueck	12	Beckman	126-01 6
4 Nolan Weber	12	Cascade	118-00 5
5 lucas empen	09	Northeast	115-03 4
6 Ryan Parmely	12	Maquoketa Va	114-04 3
7 Trace Jensen	10	Midland	108-10 2
8 Koester Devin	09	Calamus-Whea	108-05 1
9 Tommy Lehmann	11	Beckman	102-03
10 Colton Wood	12	Alburnett	98-06
11 corbin hoffmann	09	Northeast	98-00
12 Jake Langhoff	11	Alburnett	97-04
13 Clint Krapfl	10	Maquoketa Va	96-09
14 Dakota Funke	10	Edgewood-Col	94-10
15 Mitchell Huff	10	Cascade	94-09

16 Kelting Brett	10	Calamus-Whea	94-00
17 Chad Moser	12	Edgewood-Col	88-00
18 Ethan Wherry	11	Midland	83-00
19 Jake Ohl	09	East Buchana	76-04
20 Bryce Silver	09	Central City	73-03
21 Nathaniel Dosland	09	East Buchana	42-00

Boys 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
1 Cascade		48.83
1) Will McAllister 10	2) Ben Butler 12	
3) Luke Recker 12	4) Mitchell Gibbs 09	
2 Beckman		49.93
1) Joel Vaske 09	2) Luke Hageman 09	
3) Logan Fettkether 09	4) Brad Ertl 12	
3 North Cedar		52.84
1) Brenden Sander 11	2) Treat Spahr 09	
3) Gage Kelly 09	4) James King 09	
4 Edgewood-Colesburg		53.39
1) Greg Saddoris 10	2) Nick Bockenstedt 09	
3) Collin Fischer 10	4) Jacob Wessel 09	
5 East Buchanan		53.54
1) Tyler Ball 09	2) John Stanford 09	
3) Malen Mulford 09	4) Carter Palmer 09	
6 Midland		54.05
1) Eli Slouha 11	2) Drew Gravel 09	
3) Jacob Shoaff 09	4) Malik Gathright 10	

Boys 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
1 Beckman		1:39.49
1) Joel Vaske 09	2) Luke Hageman 09	
3) Carter Gassmann 11	4) Eric Boeckenstedt 12	
2 Cascade		1:41.32
1) Austin Lieurance 09	2) Ben Butler 12	
3) Jarrett Knepper 11	4) Mitchell Gibbs 09	
3 Northeast		1:42.30
1) dylan moss 11	2) cory buech 09	
3) brent buech 11	4) aaron mcculley 10	
4 Maquoketa Valley		1:46.32
1) Angel Rumbo 09	2) Tyson Tucker 09	
3) Brock Hillers 09	4) Clint Krapfl 10	
5 Midland		1:47.81
1) Eli Slouha 11	2) Jadon Dodge 11	
3) Jacob Shoaff 09	4) Hunter Rushford 09	
6 North Cedar		1:48.34
1) Brenden Sander 11	2) Treat Spahr 09	
3) Gage Kelly 09	4) James King 09	

**Cascade Co-Ed Invitational
 Cascade High School
 Cascade, IA - 4/30/2015
 Results**

Finals ... (Boys 4x200 Meter Relay Junior Varsity)

Team	Relay	Finals
7 Calamus-Wheatland		1:50.09
1) Logan DeWulf 09	2) Liam Ballenger 10	
3) VonMuenster Lane 09	4) Luepker Avery 09	
8 Central City		1:51.44
1) Caine Worm 11	2) Jenub Wan 09	
3) Brandon Rollinger 10	4) Michael Walker 09	
9 Edgewood-Colesburg		1:53.38
1) Collin Fischer 10	2) Nick Bockenstedt 09	
3) Mike Jones 11	4) Austin Tibbott 11	

Boys 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Cascade		3:49.56
1) Austin Lieurance 09	2) Jarrett Knepper 11	
3) Preston Kauder 12	4) Blake Simon 09	
2 Beckman		3:50.47
1) Tyler Hirsch 11	2) Nick Wilgenbusch 12	
3) Luke Hageman 09	4) Brad Ertl 12	
3 North Cedar		3:51.23
1) Jayden Johnson 12	2) Gavin Sahr 11	
3) Torrey Wilhau 11	4) Riley Holst 12	
4 Northeast		3:51.48
1) wyatt schmidt 09	2) cory buech 09	
3) brent buech 11	4) colton galusha 11	
5 Midland		4:06.18
1) Skylar Mullins 10	2) Fisher Bisinger 09	
3) Hunter Rushford 09	4) Josh Berryann 09	
6 Central City		4:08.97
1) Jacob McNelly 11	2) Braxton VanAlst 09	
3) Logan Heath 10	4) Michael Walker 09	
7 Maquoketa Valley		4:16.51
1) Mitch Smith 09	2) Bryant Meyer-Kemp 10	
3) Tyson Tucker 09	4) Trevor Elgin 09	
8 Calamus-Wheatland		4:21.21
1) Liam Ballenger 10	2) VonMuenster Lane 09	
3) Kastantin Jon 09	4) Wyatt Anians 12	
9 Edgewood-Colesburg		4:23.67
1) Mike Jones 11	2) Greg Saddoris 10	
3) Nick Bockenstedt 09	4) Austin Tibbott 11	
10 East Buchanan		4:26.81
1) Tyler Ball 09	2) John Stanford 09	
3) Malen Mulford 09	4) Carter Palmer 09	

Boys 4x100 Meter Relay Weightpersons

Team	Relay	Finals
Finals		
1 Northeast		50.55
1) caleb howe 09	2) lucas empen 09	
3) corbin hoffmann 09	4) mike dodge 10	
2 Cascade		51.14
1) Derek Kuntz 09	2) Nolan Weber 12	
3) Quentin Recker 09	4) Ashtin VanGordon 10	
3 Central City		52.01
1) Cody Gray 09	2) Gavin Pospisil 11	
3) Bryce Silver 09	4) John Ciha 10	
4 Beckman		54.01
1) Ty Pottebaum 09	2) Troy Pasker 11	
3) Tommy Lehmann 11	4) Colton Lueck 12	
5 Calamus-Wheatland		56.70
1) Koester Devin 09	2) Dierieckx Aaron 11	
3) Kelting Brett 10	4) Lucas Looney 12	
6 Edgewood-Colesburg		57.30
1) Brady Helle 10	2) Chad Moser 12	
3) Dakota Funke 10	4) Kody Deutmeyer 09	

Women - Varsity - Team Rankings - 19 Events Scored

1) Cascade	150
2) Northeast	122
3) Bellevue	85
4) Beckman	74
4) North Cedar	74
6) Maquoketa Valley	56
7) Maquoketa	51
8) Calamus-Wheatland	28
9) Midland	26
10) Alburnett	24
11) Preston	22
12) Central City	20

Men - Varsity - Team Rankings - 18 Events Scored

1) North Cedar	175
2) Cascade	117
3) Northeast	89
4) Beckman	74
5) East Buchanan	47
5) Edgewood-Colesburg	47
7) Maquoketa Valley	44
8) Midland	42
9) Central City	30
10) Calamus-Wheatland	19
11) Alburnett	10