

Warhawk Invitational
University of Wisconsin - Whitewater
Whitewater, WI
September 13, 2014

Results provided by AccuRace Timing Services
www accuracetimeing.com

**** Womens' 6 Kilometer Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1		192	Julie Favorite	Sr	Wisconsin Lutheran	23:10.7	6:14
2	1	158	Amy Kahl	Jr	Wis.-Whitewater	23:16.4	6:15
3	2	72	Kyra Kimber	Sr	Monmouth (Ill.)	23:19.2	6:16
4	3	27	Natasha Zanoja	So	Edgewood	23:58.8	6:26
5	4	105	Carli Shulz		WI Track Club	24:04.9	6:28
6	5	123	Andrea Knutson	Jr	Wis.-Platteville	24:23.7	6:33
7	6	104	Rissa Lane		WI Track Club	24:23.7	6:33
8	7	118	Kiera Depies	Jr	Wis.-Platteville	24:31.8	6:35
9	8	74	Joanna Podosek	Fr	Monmouth (Ill.)	24:51.6	6:41
10	9	70	Brittany Daniel	So	Monmouth (Ill.)	24:53.9	6:41
11	10	159	Emily Kahl	Jr	Wis.-Whitewater	24:55.4	6:42
12	11	152	Amanda Brom	Sr	Wis.-Whitewater	25:17.1	6:47
13	12	166	Jaclyn Rowe	Jr	Wis.-Whitewater	25:24.5	6:49
14	13	14	AJ Conant	So	Edgewood	25:29.8	6:51
15	14	120	Chelsey Heiden	So	Wis.-Platteville	25:44.4	6:55
16	15	128	Ashlynn Wampfler	Jr	Wis.-Platteville	25:49.5	6:56
17	16	69	Thea Bloom	Jr	Monmouth (Ill.)	25:54.3	6:57
18	17	22	Jenny Larson	So	Edgewood	25:58.2	6:58
19	18	129	Allison Wells	Jr	Wis.-Platteville	26:00.1	6:59
20	19	151	Mary Kate Bernier	Jr	Wis.-Whitewater	26:01.1	6:59
21	20	26	Serena Tatge	Fr	Edgewood	26:06.6	7:01
22	21	168	Monica Sweet	Fr	Wis.-Whitewater	26:09.6	7:01
23	22	127	Teagan Seneczko	Jr	Wis.-Platteville	26:14.7	7:03
24	23	160	Sarah Kasiurak	Jr	Wis.-Whitewater	26:16.7	7:03
25	24	17	Ashley Harnack	Fr	Edgewood	26:16.9	7:03
26	25	119	Kimberly Gutierrez	Fr	Wis.-Platteville	26:22.3	7:05
27	26	23	Elizabeth Mackler	Jr	Edgewood	26:26.0	7:06
28		156	Amy Hensel	Fr	Wis.-Whitewater	26:34.0	7:08
29	27	101	Amber Ducheny		WI Track Club	26:34.8	7:08
30		169	Mara Wiebke	Fr	Wis.-Whitewater	26:39.2	7:09
31		167	Tori Ruf	So	Wis.-Whitewater	26:43.4	7:11
32	28	102	Maggie Heinemann		WI Track Club	26:47.1	7:12
33	29	15	Shelby Davis	So	Edgewood	26:47.9	7:12
34		153	Megan Buse	Jr	Wis.-Whitewater	26:48.6	7:12
35		4	Carly Prais	So	College of Lake County	26:51.2	7:13
36		164	Ashley Paulick	Fr	Wis.-Whitewater	26:51.8	7:13
37		191	Cassie Balts	Fr	Wisconsin Lutheran	26:56.8	7:14
38		165	Katelyn Pena	So	Wis.-Whitewater	27:03.7	7:16
39		19	Annemarie Hitch	Fr	Edgewood	27:08.7	7:17
40		125	Kara Linzmeier	Fr	Wis.-Platteville	27:13.1	7:19
41	30	49	Becky Sondelski	So	Milwaukee Sch. of Eng.	27:14.2	7:19
42		24	Alyse Peters	Fr	Edgewood	27:22.3	7:21
43	31	98	Bianca Castellano		WI Track Club	27:47.7	7:28
44		161	Emma Knudtson	Fr	Wis.-Whitewater	27:53.4	7:29
45		121	Brooke Higbee	Fr	Wis.-Platteville	27:58.7	7:31
46	32	86	Aubree Johnson	So	Sauk Valley CC	28:04.4	7:32
47		154	Sara Fuller	Fr	Wis.-Whitewater	28:09.7	7:34
48		195	Jessica Stumpner	So	Wisconsin Lutheran	28:16.0	7:35
49	33	73	Isabella Kosier	Fr	Monmouth (Ill.)	28:16.9	7:36
50		20	Allie Kastein	So	Edgewood	28:19.0	7:36
51	34	76	Amy Wollenburg	Fr	Monmouth (Ill.)	28:25.9	7:38
52		3	Mayra Deluna	So	College of Lake County	28:34.1	7:40
53	35	83	Katie Anderson	Fr	Sauk Valley CC	28:41.0	7:42
54		38	Lindsey Sullivan	So	Gogebic CC	28:48.9	7:44
55		16	Rebecca Ducharme	Sr	Edgewood	28:53.8	7:46
56	36	71	Kelci Foss	Fr	Monmouth (Ill.)	28:54.9	7:46
57	37	87	Arnolts Rebecca	Fr	Sauk Valley CC	29:06.5	7:49
58	38	48	Alexandia Muench	Fr	Milwaukee Sch. of Eng.	29:07.7	7:49
59		157	Mayzee Hurst	Jr	Wis.-Whitewater	29:11.2	7:50
60		163	Lauren Lutz	Jr	Wis.-Whitewater	29:53.6	8:02
61	39	103	Amanda Koshak		WI Track Club	30:15.3	8:07
62		170	Olivia Woyak	Fr	Wis.-Whitewater	30:18.6	8:08
63		193	Lauren Howard	So	Wisconsin Lutheran	30:19.7	8:09
64	40	82	Haylee Altenburg	Fr	Sauk Valley CC	30:48.6	8:16
65	41	50	Cass Summerfelt	So	Milwaukee Sch. of Eng.	31:02.3	8:20
66		34	Julie Ahnen	Fr	Gogebic CC	31:19.1	8:25
67		75	Katelynn Propes	So	Monmouth (Ill.)	31:40.6	8:30
68		162	Leeana Liska	So	Wis.-Whitewater	32:08.4	8:38
69	42	85	Marisela Herrera	Fr	Sauk Valley CC	32:09.5	8:38
70	43	44	Emorie Harty	Fr	Milwaukee Sch. of Eng.	33:44.8	9:04

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**** Womens' 6 Kilometer Run ****

Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
71		126	Anna O'Hern	Fr	Wis.-Platteville	34:09.5	9:10
72		122	Danielle Johnson	So	Wis.-Platteville	34:15.7	9:12
73	44	45	Kristine Irish	Jr	Milwaukee Sch. of Eng.	34:28.1	9:15
74		35	Sarah Coper	So	Gogebic CC	35:20.1	9:29
75		155	Erica Gryttenholm	Fr	Wis.-Whitewater	35:36.3	9:33
76		1	Madelyn Conrady	Fr	College of Lake County	37:14.2	10:00
77	45	46	Stephanie Lynn	Jr	Milwaukee Sch. of Eng.	41:35.0	11:10
78	46	84	Nataly Flores	Fr	Sauk Valley CC	42:36.9	11:26
79		36	Lindsey Josephson	So	Gogebic CC	42:53.8	11:31
80		2	Linda Delafuente	Fr	College of Lake County	46:05.1	12:22

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**** Women's Team Score****

1.	53	Wis.-Whitewater	(24:58.9	124:54.5	2:44.7)
=====					
1	1	Amy Kahl	Jr	23:16.4	
2	10	Emily Kahl	Jr	24:55.4	
3	11	Amanda Brom	Sr	25:17.1	
4	12	Jaclyn Rowe	Jr	25:24.5	
5	19	Mary Kate Bernier	Jr	26:01.1	
6	(21)	Monica Sweet	Fr	26:09.6	
7	(23)	Sarah Kasiurak	Jr	26:16.7	
2.	59	Wis.-Platteville	(25:17.9	126:29.5	1:36.4)
=====					
1	5	Andrea Knutson	Jr	24:23.7	
2	7	Kiera Depies	Jr	24:31.8	
3	14	Chelsey Heiden	So	25:44.4	
4	15	Ashlynn Wampfler	Jr	25:49.5	
5	18	Allison Wells	Jr	26:00.1	
6	(22)	Teagan Seneczko	Jr	26:14.7	
7	(25)	Kimberly Gutierrez	Fr	26:22.3	
3.	68	Monmouth (Ill.)	(25:27.2	127:15.9	4:57.7)
=====					
1	2	Kyra Kimber	Sr	23:19.2	
2	8	Joanna Podosek	Fr	24:51.6	
3	9	Brittany Daniel	So	24:53.9	
4	16	Thea Bloom	Jr	25:54.3	
5	33	Isabella Kosier	Fr	28:16.9	
6	(34)	Amy Wollenburg	Fr	28:25.9	
7	(36)	Kelci Foss	Fr	28:54.9	
4.	77	Edgewood	(25:34.1	127:50.3	2:18.1)
=====					
1	3	Natasha Zanoia	So	23:58.8	
2	13	Aj Conant	So	25:29.8	
3	17	Jenny Larson	So	25:58.2	
4	20	Serena Tatge	Fr	26:06.6	
5	24	Ashley Harnack	Fr	26:16.9	
6	(26)	Elizabeth Mackler	Jr	26:26.0	
7	(29)	Shelby Davis	So	26:47.9	
5.	96	WI Track Club	(25:55.7	129:38.2	3:42.8)
=====					
1	4	Carli Shulz		24:04.9	
2	6	Rissa Lane		24:23.7	
3	27	Amber Ducheny		26:34.8	
4	28	Maggie Heinemann		26:47.1	
5	31	Bianca Castellano		27:47.7	
6	(39)	Amanda Koshak		30:15.3	

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**** Women's Team Score****

6. 186 Sauk Valley CC (29:46.0 148:50.0 4:05.1)

=====

1	32	Aubree Johnson	So	28:04.4
2	35	Katie Anderson	Fr	28:41.0
3	37	Arnolts Rebecca	Fr	29:06.5
4	40	Haylee Altenburg	Fr	30:48.6
5	42	Marisela Herrera	Fr	32:09.5
6	(46)	Nataly Flores	Fr	42:36.9

7. 196 Milwaukee Sch. of Eng. (31:07.5 155:37.1 7:13.9)

=====

1	30	Becky Sondelski	So	27:14.2
2	38	Alexandia Muench	Fr	29:07.7
3	41	Cass Summerfelt	So	31:02.3
4	43	Emorie Harty	Fr	33:44.8
5	44	Kristine Irish	Jr	34:28.1
6	(45)	Stephanie Lynn	Jr	41:35.0

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Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
1	1	133	Ian Lamere	So	Wis.-Platteville	25:39.1	5:10
2	2	182	Dawson Miller	Sr	Wis.-Whitewater	25:49.9	5:12
3		96	Dan Machmeuller		UNAttached	26:05.4	5:15
4	3	136	Sam Poser	Sr	Wis.-Platteville	26:09.9	5:16
5	4	148	Joel Walden	Sr	Wis.-Platteville	26:12.2	5:17
6	5	144	Matt Smaga	Sr	Wis.-Platteville	26:18.5	5:18
7	6	202	Chase Robles	Jr	Wisconsin Lutheran	26:19.5	5:18
8	7	142	Ethan Shanks	Sr	Wis.-Platteville	26:21.7	5:19
9	8	173	Quinn Farley	Jr	Wis.-Whitewater	26:22.4	5:19
10	9	12	Aaron Spivey	So	College of Lake County	26:23.3	5:19
11	10	174	Brett Harms	Fr	Wis.-Whitewater	26:43.4	5:23
12		206	Grant Mickesh		Wisconsin Runner Racing Team	26:46.2	5:24
13	11	184	Matt Rudquist	Jr	Wis.-Whitewater	26:46.9	5:24
14	12	117	Joe Vergeront		WI Track Club	26:52.0	5:25
15	13	179	Connor Markgraf	Sr	Wis.-Whitewater	26:55.3	5:25
16	14	67	Matt Thomas	Fr	Milwaukee Sch. of Eng.	26:58.9	5:26
17	15	68	Austin Wright	So	Milwaukee Sch. of Eng.	27:11.3	5:29
18	16	109	Blake Helton		WI Track Club	27:12.4	5:29
19	17	200	Jacob Jodat	So	Wisconsin Lutheran	27:12.5	5:29
20	18	57	Trey Horbinski	Fr	Milwaukee Sch. of Eng.	27:13.2	5:29
21	19	131	Kyle Herbrand	Fr	Wis.-Platteville	27:17.3	5:30
22	20	8	Will Llanos	Fr	College of Lake County	27:26.4	5:32
23	21	62	Ben Miller	Jr	Milwaukee Sch. of Eng.	27:30.3	5:32
24	22	10	Ruben Riano	So	College of Lake County	27:32.7	5:33
25	23	186	Noah Stamsta	Fr	Wis.-Whitewater	27:41.8	5:35
26	24	139	Walker Rynes	Fr	Wis.-Platteville	27:44.3	5:35
27		147	Nick Wagner	Jr	Wis.-Platteville	27:50.3	5:37
28		149	Garret Wernecke	Sr	Wis.-Platteville	27:51.7	5:37
29	25	94	Cody Sondgeroth	Fr	Sauk Valley CC	27:56.1	5:38
30		137	Brandon Puser	Fr	Wis.-Platteville	27:57.3	5:38
31	26	64	Jeff Sparks	Sr	Milwaukee Sch. of Eng.	27:59.7	5:38
32	27	181	Kent Miehe	Jr	Wis.-Whitewater	27:59.9	5:38
33	28	58	Tripp Horbinski	Fr	Milwaukee Sch. of Eng.	28:04.5	5:39
34		189	Scott Wolter	Jr	Wis.-Whitewater	28:07.4	5:40
35		79	Cooper Pauley	Fr	Monmouth (Ill.)	28:10.3	5:41
36		185	Austin Seeger	Jr	Wis.-Whitewater	28:14.8	5:41
37		132	Dan Lacroix	Jr	Wis.-Platteville	28:16.3	5:42
38		178	Ryan Maes	Jr	Wis.-Whitewater	28:17.7	5:42
39		143	Cole Shurbert-Hetzel	So	Wis.-Platteville	28:23.3	5:43
40		177	Ben Maas	Fr	Wis.-Whitewater	28:24.7	5:43
41	29	199	Danny Hafenstein	Sr	Wisconsin Lutheran	28:26.0	5:44
42		175	James Koene	Jr	Wis.-Whitewater	28:28.4	5:44
43		138	Benjamin Rhode	So	Wis.-Platteville	28:34.0	5:45
44		130	Jason Henkins	Jr	Wis.-Platteville	28:39.3	5:46
45	30	53	Jon Ashley	Fr	Milwaukee Sch. of Eng.	28:47.3	5:48
46		187	Tony Urbanski	Jr	Wis.-Whitewater	28:53.5	5:49
47		66	Nik Stasinopohlas	Sr	Milwaukee Sch. of Eng.	28:53.7	5:49
48		141	Isaac Schuetz	Fr	Wis.-Platteville	28:53.9	5:49
49	31	114	Jake Reiners		WI Track Club	29:05.1	5:52
50		63	Collin Rink	Fr	Milwaukee Sch. of Eng.	29:08.9	5:52
51	32	111	Kevin Myers		WI Track Club	29:11.4	5:53
52		180	Alec Meixelsperger	Fr	Wis.-Whitewater	29:13.3	5:53
53		135	Benjamin Nemece	Fr	Wis.-Platteville	29:13.4	5:53
54	33	112	Nathan Orf		WI Track Club	29:14.5	5:53
55		146	Logan Steinhoff	Fr	Wis.-Platteville	29:15.7	5:54
56	34	205	Sam Wallace	Sr	Wisconsin Lutheran	29:20.0	5:55
57		134	Mitchell Muffler	Fr	Wis.-Platteville	29:30.6	5:57
58		145	Matthew Smith	So	Wis.-Platteville	29:32.7	5:57
59		54	Nick Avila	So	Milwaukee Sch. of Eng.	29:34.1	5:57
60		172	Aaron Carmichael	Fr	Wis.-Whitewater	29:42.6	5:59
61		81	Dustin Watts	So	Monmouth (Ill.)	29:43.7	5:59
62		61	Jared Maraccini	Fr	Milwaukee Sch. of Eng.	29:47.8	6:00
63		188	Mitchell Wackett	Fr	Wis.-Whitewater	29:49.4	6:00
64		59	Brian Janus	Sr	Milwaukee Sch. of Eng.	29:54.1	6:01
65		176	Evan Lalor	Fr	Wis.-Whitewater	29:54.9	6:02
66	35	30	Joe Hanson	Jr	Edgewood	29:56.1	6:02
67	36	31	Dan Hyde	Jr	Edgewood	30:00.3	6:03
68		41	Seth Mares	So	Gogebic CC	30:03.8	6:03
69		190	Ryan Worden	Fr	Wis.-Whitewater	30:05.6	6:04
70		60	Haily Kazik	Fr	Milwaukee Sch. of Eng.	30:10.9	6:05

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Place	TmPl	Bib#	Name	Yr	Team	Time	Pace
71		80	Matt Thompson	Fr	Monmouth (Ill.)	30:21.7	6:07
72	37	9	Martin Mena	Fr	College of Lake County	30:27.3	6:08
73	38	198	Jordan Donart	Fr	Wisconsin Lutheran	30:50.4	6:13
74	39	91	Josh Green	So	Sauk Valley CC	31:00.7	6:15
75	40	32	Hunter Salmon	Fr	Edgewood	31:01.3	6:15
76	41	33	Chris Williams	Fr	Edgewood	31:05.4	6:16
77	42	107	Erik Crook		WI Track Club	31:09.9	6:17
78	43	116	Kyle Staunton		WI Track Club	31:17.2	6:18
79		110	Brett Jones		WI Track Club	31:19.5	6:19
80		115	Ryan Sandler		WI Track Club	31:22.6	6:19
81	44	13	Edgar Talayko	Fr	College of Lake County	31:29.6	6:21
82	45	5	Jonathan Argot	Fr	College of Lake County	31:31.7	6:21
83		140	Mark Schmitz	Fr	Wis.-Platteville	31:49.2	6:25
84	46	29	Sam Haberland	So	Edgewood	31:52.2	6:25
85		65	Ian Stanosek-Rockwell	Fr	Milwaukee Sch. of Eng.	31:54.3	6:26
86	47	95	Dakota Trancoso	Fr	Sauk Valley CC	31:54.3	6:26
87		42	Stephen Reynolds	So	Gogebic CC	31:56.4	6:26
88	48	203	Quintin Talbott	Fr	Wisconsin Lutheran	32:01.9	6:27
89	49	204	Steve Van Alstine	Sr	Wisconsin Lutheran	32:05.1	6:28
90	50	28	Tim Abendroth	Jr	Edgewood	32:23.5	6:31
91	51	92	Scott Heath	Fr	Sauk Valley CC	32:33.0	6:33
92	52	93	Tanner Mortonson	Fr	Sauk Valley CC	33:06.4	6:40
93	53	89	Kasey Anger	Fr	Sauk Valley CC	33:11.8	6:41
94	54	6	Edgar Calixco	Fr	College of Lake County	33:13.6	6:42
95		197	Jack Albert	Sr	Wisconsin Lutheran	33:16.4	6:42
96		7	Ryan Lacroix	Fr	College of Lake County	33:16.5	6:42
97		113	Mark Pan		WI Track Club	33:16.6	6:42
98	55	90	Michael Farringer	So	Sauk Valley CC	34:47.9	7:01
99		40	Broden Foytik	So	Gogebic CC	35:22.5	7:07
100		55	David Ciszewski	So	Milwaukee Sch. of Eng.	36:41.2	7:23
101		78	Jacob Marx	So	Monmouth (Ill.)	36:50.1	7:25
102		11	Omar Salgado	Fr	College of Lake County	37:10.3	7:29

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1.	20	Wis.-Platteville	(26:08.3	130:41.4	0:42.6)
=====					
1	1	Ian Lamere	So	25:39.1	
2	3	Sam Poser	Sr	26:09.9	
3	4	Joel Walden	Sr	26:12.2	
4	5	Matt Smaga	Sr	26:18.5	
5	7	Ethan Shanks	Sr	26:21.7	
6	(19)	Kyle Herbrand	Fr	27:17.3	
7	(24)	Walker Rynes	Fr	27:44.3	
2.	44	Wis.-Whitewater	(26:31.6	132:37.9	1:05.4)
=====					
1	2	Dawson Miller	Sr	25:49.9	
2	8	Quinn Farley	Jr	26:22.4	
3	10	Brett Harms	Fr	26:43.4	
4	11	Matt Rudquist	Jr	26:46.9	
5	13	Connor Markgraf	Sr	26:55.3	
6	(23)	Noah Stamsta	Fr	27:41.8	
7	(27)	Kent Miede	Jr	27:59.9	
3.	94	Milwaukee Sch. of Eng.	(27:22.7	136:53.4	1:00.8)
=====					
1	14	Matt Thomas	Fr	26:58.9	
2	15	Austin Wright	So	27:11.3	
3	18	Trey Horbinski	Fr	27:13.2	
4	21	Ben Miller	Jr	27:30.3	
5	26	Jeff Sparks	Sr	27:59.7	
6	(28)	Tripp Horbinski	Fr	28:04.5	
7	(30)	Jon Ashley	Fr	28:47.3	
4.	124	WI Track Club	(28:19.1	141:35.4	2:22.5)
=====					
1	12	Joe Vergeront		26:52.0	
2	16	Blake Helton		27:12.4	
3	31	Jake Reiners		29:05.1	
4	32	Kevin Myers		29:11.4	
5	33	Nathan Orf		29:14.5	
6	(42)	Erik Crook		31:09.9	
7	(43)	Kyle Staunton		31:17.2	
5.	124	Wisconsin Lutheran	(28:25.7	142:08.4	4:30.9)
=====					
1	6	Chase Robles	Jr	26:19.5	
2	17	Jacob Jodat	So	27:12.5	
3	29	Danny Hafenstein	Sr	28:26.0	
4	34	Sam Wallace	Sr	29:20.0	
5	38	Jordan Donart	Fr	30:50.4	
6	(48)	Quintin Talbott	Fr	32:01.9	
7	(49)	Steve Van Alstine	Sr	32:05.1	

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6. 132 College of Lake County (28:39.9 143:19.3 5:06.3)

=====

1	9	Aaron Spivey	So	26:23.3
2	20	Will Llanos	Fr	27:26.4
3	22	Ruben Riano	So	27:32.7
4	37	Martin Mena	Fr	30:27.3
5	44	Edgar Talayko	Fr	31:29.6
6	(45)	Jonathan Argot	Fr	31:31.7
7	(54)	Edgar Calixco	Fr	33:13.6

7. 198 Edgewood (30:47.1 153:55.3 1:56.1)

=====

1	35	Joe Hanson	Jr	29:56.1
2	36	Dan Hyde	Jr	30:00.3
3	40	Hunter Salmon	Fr	31:01.3
4	41	Chris Williams	Fr	31:05.4
5	46	Sam Haberland	So	31:52.2
6	(50)	Tim Abendroth	Jr	32:23.5

8. 214 Sauk Valley CC (31:18.1 156:30.5 5:10.3)

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1	25	Cody Sondgeroth	Fr	27:56.1
2	39	Josh Green	So	31:00.7
3	47	Dakota Trancoso	Fr	31:54.3
4	51	Scott Heath	Fr	32:33.0
5	52	Tanner Mortonson	Fr	33:06.4
6	(53)	Kasey Anger	Fr	33:11.8
7	(55)	Michael Farringer	So	34:47.9