

Upper Iowa Conference Relays
MFL MarMac High School
Monona, IA - 5/8/2014

Results

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Johanna Blazek	11	Turkey Valle	13.31 10
2 Haley Schroeder	10	Central	13.42 8
3 Jenny Adams	11	Starmont	13.69 6
4 Allison Shori	11	North Fayett	13.70 5
5 Jamie Barry	12	West Central	14.20 4
6 Hope Heitman	11	Clayton Ridg	14.30 3
7 Jasmine Stocker	10	Mfl/Marmac	14.31 2
8 Madison Boehm	10	North Fayett	14.71 1
9 Sarah Schiffman	12	Edgewood-Col	15.02
10 Kylie Hoth	09	Sumner-Frede	15.04
11 Abby Hageman	09	South Winnes	15.09
12 Chaun'te Drahn	10	Mfl/Marmac	15.16
13 Anna Cialfi	11	Edgewood-Col	15.41
14 Hanna Hansel	11	Starmont	15.43
15 Briana Morey	10	West Central	15.47
16 Ashley Leiran	09	Postville	15.52
17 Megan Nemechek	09	Central	15.80
18 Kristen Fury	11	Clayton Ridg	15.91
19 Linzie Sebastian	11	Postville	16.20
20 Mahogani Boe	11	South Winnes	16.76
21 Amanda Gruber	09	Sumner-Frede	17.10
--- Marissa Dodd	10	Kee	FS
--- Kristina Mooney	11	Kee	FS

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Jasmine Staebler	11	Clayton Ridg	26.50 10
2 Madelyn Vogt	12	Mfl/Marmac	27.42 8
3 Sara Baumgartner	11	Starmont	27.43 6
4 Johanna Blazek	11	Turkey Valle	27.54 5
5 Becca Pagel	09	Sumner-Frede	27.81 4
6 Hope Heitman	11	Clayton Ridg	28.09 3
7 Abby Gifford	10	Central	28.12 2
8 Madison Creery	12	North Fayett	28.23 1
9 Kalleigh Fettkether	12	North Fayett	30.31
10 Ainslee Converse	11	Edgewood-Col	31.40
11 Faith Stickfort	11	West Central	31.81
12 Whitney Boots	09	Mfl/Marmac	32.21
12 Katja Graner	11	Central	32.21
14 Linzie Sebastian	11	Postville	32.99
15 Mallory Zieser	09	Edgewood-Col	33.08
16 Ashley Leiran	09	Postville	33.41
17 Tess Knickerbocker	09	Starmont	33.52
18 Rachel Richards	09	Kee	33.72
19 Kelsey Craun	09	Sumner-Frede	36.00
20 Kristina Mooney	11	Kee	38.21

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Haley Schroeder	10	Central	59.01 10
2 Jasmine Staebler	11	Clayton Ridg	1:00.87 8
3 Kiana Stender	11	Central	1:02.70 6
4 Becca Pagel	09	Sumner-Frede	1:03.12 5
5 Kirsten Huinker	10	Turkey Valle	1:05.99 4
6 Katelyn Baumgartner	10	Starmont	1:06.22 3
7 Stephanie Martin	10	Turkey Valle	1:06.26 2
8 Katelyn Wedo	12	Postville	1:07.17 1
9 Kyann Braden	09	Edgewood-Col	1:08.32
10 Karissa Meitner	12	North Fayett	1:08.37
11 Kalleigh Fettkether	12	North Fayett	1:09.90
12 Erin Rud	10	Kee	1:10.30
13 Ainslee Converse	11	Edgewood-Col	1:10.56
14 Sierra Schobert	09	Kee	1:12.49
15 Morgan Martin	09	South Winnes	1:14.14
16 Jenna Elsbernd	10	South Winnes	1:14.92
17 Michaela Conklin	11	Starmont	1:15.64
18 Nicole Wahls	09	Clayton Ridg	1:22.60

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Haley Schroeder	10	Central	2:20.52 10
2 Jasmine Staebler	11	Clayton Ridg	2:24.81 8
3 Shelby Reicks	09	Turkey Valle	2:29.46 6
4 Regan Wolverton	12	North Fayett	2:32.64 5
5 Cynthia Hamlett	09	Starmont	2:34.11 4
6 Sadie Nymeyer	09	Turkey Valle	2:37.15 3
7 Haley Bergan	12	Edgewood-Col	2:37.97 2
8 Nicole Breitbach	11	Clayton Ridg	2:39.50 1
9 Tiana Bullerman	09	South Winnes	2:40.38
10 Megan Zieser	09	Edgewood-Col	2:46.20
11 Megan Rochleau	11	Central	2:48.12
12 Sadie Kuennen	09	West Central	2:51.22
13 Riley Ott	10	South Winnes	2:51.51
14 Ellie Heiderschiet	12	Kee	2:56.89
15 CreeAnn Pleggenkule	09	Sumner-Frede	2:59.39
16 Madysen Wahls	09	Postville	3:00.99
17 Karissa Meitner	12	North Fayett	3:01.72
18 Amanda Bunce	12	Sumner-Frede	3:03.53
19 Alivia Berger	09	Postville	3:04.22
20 Mary Scott	11	West Central	3:06.16
21 Stephanie Epp	10	Kee	3:21.10
22 Meg Swanson	10	Starmont	3:26.00

Upper Iowa Conference Relays
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Results**Girls 1500 Meter Run**

Name	Yr	School	Finals
Finals			
1 Kari Fitzpatrick	11	Edgewood-Col	5:20.52 10
2 Josie Kriener	09	South Winnes	5:21.49 8
3 Stephanie Martin	10	Turkey Valle	5:26.18 6
4 Ashley Funk	09	Central	5:28.13 5
5 Nicole Breitbach	11	Clayton Ridg	5:31.92 4
6 Natalie Moyle	11	North Fayett	5:36.23 3
7 Megan Feldman	09	North Fayett	5:36.24 2
8 Kelly Kuboushek	11	South Winnes	5:38.92 1
9 Hannah Kuehl	10	Central	5:39.76
10 Sarah McMurtry	10	Starmont	5:40.51
11 Miranda Rathe	11	Starmont	5:55.51
12 Kasandra Rosenbum	09	Clayton Ridg	5:55.77
13 MaryAnn Fober	12	Sumner-Frede	6:04.99
14 Claire Egan	09	Sumner-Frede	6:12.89
15 Marissa Lechtenberg	09	Mfl/Marmac	6:31.21
16 Sadie Kuennen	09	West Central	6:34.03
17 Baylie Rupright	11	Kee	6:36.42
18 Alivia Berger	09	Postville	6:56.40
19 Ashley Leiran	09	Postville	7:11.59

Girls 3000 Meter Run

Name	Yr	School	Finals
Finals			
1 Kari Fitzpatrick	11	Edgewood-Col	11:50.73 10
2 Natalie Moyle	11	North Fayett	11:55.24 8
3 Nicole Breitbach	11	Clayton Ridg	11:58.89 6
4 Hannah Kuehl	10	Central	12:30.99 5
5 Alyssa Hefel	10	Clayton Ridg	12:36.47 4
6 Jessica Lechtenberg	11	South Winnes	12:41.99 3
7 Lee Balik	11	South Winnes	12:58.40 2
8 Gabrielle Berns	12	Central	13:01.63 1
9 Miranda Rathe	11	Starmont	13:03.68
10 MaryAnn Fober	12	Sumner-Frede	13:05.00
11 Anni Santala	11	Edgewood-Col	13:36.81
12 Josie Mackey	12	North Fayett	13:42.01
13 Marissa Lechtenberg	09	Mfl/Marmac	14:27.87

Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Lexie Warth	11	South Winnes	16.74 10
2 Taylor Schaefer	11	Clayton Ridg	17.01 8
3 Abby Gifford	10	Central	17.62 6
4 Anjela Buby	11	Postville	17.96 5
5 Natalie Fettkether	10	North Fayett	18.02 4
6 Abby Phillips	12	South Winnes	18.44 3
7 Kayla Schaufenbuel	10	Turkey Valle	18.80 2

8 Ciara Halverson	09	North Fayett	18.82 1
9 Katelyn Wedo	12	Postville	18.83
10 Erica Armstrong	11	Clayton Ridg	19.01
11 Gabbie Mohs	11	Sumner-Frede	19.10
12 Renee Gibney	12	Central	19.32
13 Allison Wehling	09	Sumner-Frede	19.69
14 Chantel Keppler	10	Starmont	19.71
15 Sarah Busta	10	Turkey Valle	21.84
--- Jordyn Burroughs	09	Kee	DNS
--- Emily Duff	09	Starmont	DNS

Girls 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Kiana Stender	11	Central	1:08.15 10
2 Kennidee Devilbiss	12	South Winnes	1:09.71 8
3 Jade Daughton	09	North Fayett	1:11.62 6
4 Kim Rounds	10	North Fayett	1:14.10 5
5 Kirsten Huinker	10	Turkey Valle	1:14.91 4
6 Hanna Hess	09	Edgewood-Col	1:15.30 3
7 Alyssa Barker	09	Central	1:16.75 2
8 Kally Frisch	12	Sumner-Frede	1:18.61 1
9 Mary Michels	09	West Central	1:19.60
10 Chantel Keppler	10	Starmont	1:20.05
11 Kayla Schaufenbuel	10	Turkey Valle	1:20.54
12 Rachel Anderegg	09	Clayton Ridg	1:21.50
13 Cherokee Noggle	09	West Central	1:22.12
14 Kelly Hawkins	10	Clayton Ridg	1:26.32
15 Kaitlen Leiran	09	Postville	1:28.09
16 Morgan Martin	09	South Winnes	1:28.17
--- Miranda Kasemeier	10	Sumner-Frede	DNS

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Starmont	A	52.84 10
1) Sara Baumgartner 11	2) Nicole Baumgartner 11	
3) Jenny Adams 11	4) Katelyn Baumgartner 10	
2 North Fayette	A	53.42 8
1) Leah Reiersen 12	2) Julie Breuer 12	
3) Morgan Huinker 12	4) Allison Shori 11	
3 Clayton Ridge	A	53.92 6
1) Taylor Schaefer 11	2) Erica Armstrong 11	
3) Jaderiel Staebler 09	4) Hope Heitman 11	
4 Mfl/Marmac	A	56.00 5
1) Jasmine Stocker 10	2) Marcy Klein 11	
3) Vanessa Loera 09	4) Chaun'te Drahn 10	
5 Central	A	56.01 4
1) Emily Asche 10	2) Darci Eberhardt 11	
3) Lexi Funk 11	4) Kinsey Juergens 12	

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Finals ... (Girls 4x100 Meter Relay)

Team	Relay	Finals
6 South Winneshiek	A	59.52 3
1) Abby Hageman 09	2) Ashley Budde 09	
3) Savannah Nesvik 11	4) Mahogani Boe 11	
7 Kee	A	59.55 2
1) Erin Rud 10	2) Sierra Schobert 09	
3) Allison Colsch 09	4) Claudia Mathis 09	
8 Sumner-Fredericksburg	A	59.62 1
1) Cassidy Alison 10	2) Tayler Jurgensen 10	
3) Allison Wehling 09	4) Megan Matt 11	
9 Turkey Valley	A	59.70
1) Chloe Reicks 12	2) Delaney Lensing 10	
3) Macie Njus 10	4) Sarah Busta 10	
10 West Central	A	1:00.31
1) Briana Morey 10	2) Ashley Buzynski 10	
3) Jamie Barry 12	4) Erin Lehs 11	
11 Edgewood-Colesburg	A	1:02.84
1) Brylyn Clute 09	2) Chloe Carithers 09	
3) Kyann Braden 09	4) Ainslee Converse 11	
12 Postville	A	1:03.21
1) Linzie Sebastian 11	2) Madysen Wahls 09	
3) Ashley Leiran 09	4) Alivia Berger 09	

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Starmont	A	1:50.82 10
1) Katelyn Baumgartner 10	2) Jenny Adams 11	
3) Nicole Baumgartner 11	4) Cynthia Hamlett 09	
2 North Fayette	A	1:51.66 8
1) Leah Reiersen 12	2) Madison Creery 12	
3) Morgan Huinker 12	4) Allison Shori 11	
3 Central	A	1:56.85 6
1) Emily Asche 10	2) Anna Tuecke 10	
3) Darci Eberhardt 11	4) Kinsey Juergens 12	
4 West Central	A	2:01.81 5
1) Jamie Barry 12	2) Briana Morey 10	
3) Ashley Buzynski 10	4) Erin Lehs 11	
5 Clayton Ridge	A	2:04.52 4
1) Kelly Hawkins 10	2) Taylor Weidner 09	
3) Sydni Wille 11	4) Rachel Anderegg 09	
6 Sumner-Fredericksburg	A	2:05.00 3
1) Cassidy Alison 10	2) Emma Wendal 10	
3) Kylie Hoth 09	4) Chelsea Burrows 09	
7 Mfl/Marmac	A	2:05.51 2
1) Jasmine Stocker 10	2) Vanessa Loera 09	
3) Chaun'te Drahn 10	4) Marcy Klein 11	
8 South Winneshiek	A	2:08.67 1
1) Abby Hageman 09	2) Ashley Budde 09	
3) Savannah Nesvik 11	4) Mahogani Boe 11	

9 Turkey Valley	A	2:13.65
1) Brooke Herold 09	2) Morgen Kuennen 09	
3) Ashley Baumler 10	4) Amy Schmitt 09	
10 Kee	A	2:20.60
1) Baylie Rupright 11	2) Rachel Richards 09	
3) Stephanie Epp 10	4) Marissa Dodd 10	
--- Edgewood-Colesburg	A	DQ
1) Sarah Schifflin 12	2) Anna Cialfi 11	
3) Chloe Carithers 09	4) Paula Gonzalez 11	

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Starmont	A	4:14.24 10
1) Jenny Adams 11	2) Nicole Baumgartner 11	
3) Cynthia Hamlett 09	4) Sara Baumgartner 11	
2 Central	A	4:16.91 8
1) Haley Schroeder 10	2) Emily Asche 10	
3) Kinsey Juergens 12	4) Kiana Stender 11	
3 Turkey Valley	A	4:20.17 6
1) Johanna Blazek 11	2) Kirsten Huinker 10	
3) Sadie Nymeyer 09	4) Shelby Reicks 09	
4 South Winneshiek	A	4:25.80 5
1) Becca hertges 10	2) Brittany Shindelar 11	
3) Kennidee Devilbiss 12	4) Josie Kriener 09	
5 North Fayette	A	4:29.92 4
1) Madison Creery 12	2) Alexa Pleggenkuhle 09	
3) Kim Rounds 10	4) Rebecca Miller 10	
6 Edgewood-Colesburg	A	4:41.60 3
1) Haley Bergan 12	2) Hanna Hess 09	
3) Morgan Fannon 09	4) Kyann Braden 09	
7 Clayton Ridge	A	4:46.81 2
1) Courtney Willenborg 09	2) Nicole Breitbach 11	
3) Kasandra Rosenbum 09	4) Taylor Weidner 09	
8 Sumner-Fredericksburg	A	4:50.21 1
1) Chelsea Burrows 09	2) Kally Frisch 12	
3) Miranda Kasemeier 10	4) Emily O'Brien 09	
9 West Central	A	4:55.69
1) Faith Stickfort 11	2) Cherokee Noggle 09	
3) Mary Scott 11	4) Mary Michels 09	
10 Postville	A	4:56.30
1) Amber Schutte 11	2) Kaitlen Leiran 09	
3) Maya Burke 11	4) Madysen Wahls 09	
11 Kee	A	4:57.93
1) Erin Rud 10	2) Sierra Schobert 09	
3) Allison Colsch 09	4) Claudia Mathis 09	

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Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 Turkey Valley	A	10:15.42 10
1) Stephanie Martin 10	2) Kirsten Huinker 10	
3) Sadie Nymeyer 09	4) Shelby Reicks 09	
2 Edgewood-Colesburg	A	10:23.82 8
1) Haley Bergan 12	2) Hanna Hess 09	
3) Megan Zieser 09	4) Kari Fitzpatrick 11	
3 North Fayette	A	10:25.02 6
1) Regan Wolverton 12	2) Rebecca Miller 10	
3) Megan Feldman 09	4) Kim Rounds 10	
4 Central	A	10:40.54 5
1) Emily Asche 10	2) Carissa Moyna 10	
3) Alyssa Barker 09	4) Ashley Funk 09	
5 South Winneshiek	A	10:51.84 4
1) Rae Ann Klimesh 10	2) Tiana Bullerman 09	
3) Amber Brincks 09	4) Kelly Kuboushek 11	
6 Clayton Ridge	A	11:33.64 3
1) Alyssa Hefel 10	2) Kasandra Rosenbum 09	
3) Courtney Willenborg 09	4) Taylor Weidner 09	
7 Starmont	A	11:49.58 2
1) Michaela Conklin 11	2) Sarah McMurtry 10	
3) Emily Duff 09	4) Allkie Tucker 09	
8 Sumner-Fredericksburg	A	12:06.39 1
1) CreeAnn Pleggenkule 09	2) Amanda Bunce 12	
3) Claire Egan 09	4) Emily O'Brien 09	
9 Kee	A	12:09.73
1) Ellie Heiderschiet 12	2) Baylie Rupright 11	
3) Stephanie Epp 10	4) Jordyn Burroughs 09	

Girls 800 Sprint Medley

Team	Relay	Finals
Finals		
1 North Fayette	A	1:58.61 10
1) Leah Reierson 12	2) Julie Breuer 12	
3) Morgan Huinker 12	4) Regan Wolverton 12	
2 Clayton Ridge	A	1:58.79 8
1) Taylor Schaefer 11	2) Erica Armstrong 11	
3) Hope Heitman 11	4) Jaderiel Staebler 09	
3 Postville	A	2:02.84 6
1) Maya Burke 11	2) Amber Schutte 11	
3) Anjela Buby 11	4) Katelyn Wedo 12	
4 Sumner-Fredericksburg	A	2:03.40 5
1) Cassidy Alison 10	2) Kylie Hoth 09	
3) Miranda Kasemeier 10	4) Becca Pagel 09	
5 Central	A	2:05.45 4
1) Rachel Berg 10	2) Darci Eberhardt 11	
3) Anna Tuecke 10	4) Lexi Funk 11	

6 West Central	A	2:06.62 3
1) Briana Morey 10	2) Ashley Buzynski 10	
3) Jamie Barry 12	4) Erin Lehs 11	
7 Mfl/Marmac	A	2:09.02 2
1) Jasmine Stocker 10	2) Whitney Boots 09	
3) Chaun'te Drahm 10	4) Marcy Klein 11	
8 Edgewood-Colesburg	A	2:10.15 1
1) Paula Gonzalez 11	2) Chloe Carithers 09	
3) Sarah Schiffman 12	4) Ashley Clinton 09	
9 South Winneshiek	A	2:10.70
1) Savannah Nesvik 11	2) Ashley Budde 09	
3) Abby Hageman 09	4) Abby Phillips 12	
10 Kee	A	2:11.71
1) Claudia Mathis 09	2) Allison Colsch 09	
3) Erin Rud 10	4) Sierra Schobert 09	
11 Turkey Valley	A	2:12.62
1) Chloe Reicks 12	2) Macie Njus 10	
3) Brooke Herold 09	4) Sarah Stahley 11	
--- Starmont	A	FS
1) Nicole Baumgartner 11	2) Mica Moeller 12	
3) Katelyn Baumgartner 10	4) Cynthia Hamlett 09	

Girls Distance Medley

Team	Relay	Finals
Finals		
1 Clayton Ridge	A	4:34.41 10
1) Taylor Schaefer 11	2) Erica Armstrong 11	
3) Jaderiel Staebler 09	4) Jasmine Staebler 11	
2 South Winneshiek	A	4:45.85 8
1) Becca Hertges 10	2) Brittany Shindelar 11	
3) Kennidee Devilbiss 12	4) Josie Kriener 09	
3 North Fayette	A	4:49.32 6
1) Julie Breuer 12	2) Rebecca Miller 10	
3) Alexa Pleggenkuhle 09	4) Natalie Moyle 11	
4 Central	A	4:49.36 5
1) Darci Eberhardt 11	2) Alyssa Barker 09	
3) Lexi Funk 11	4) Ashley Funk 09	
5 Starmont	A	5:05.39 4
1) Nicole Baumgartner 11	2) Mica Moeller 12	
3) Katelyn Baumgartner 10	4) Shannon Cross 09	
6 Postville	A	5:07.33 3
1) Maya Burke 11	2) Kaitlen Leiran 09	
3) Amber Schutte 11	4) Madysen Wahls 09	
7 Turkey Valley	A	5:12.87 2
1) Brooke Herold 09	2) Morgen Kuennen 09	
3) Macie Njus 10	4) Sarah Stahley 11	
8 West Central	A	5:18.69 1
1) Faith Stickfort 11	2) Mary Michels 09	
3) Cherokee Noggle 09	4) Sadie Kuennen 09	

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Finals ... (Girls Distance Medley)

Team	Relay	Finals
9 Sumner-Fredericksburg	A	5:36.60
1) Ashley Mayo 09	2) Tayler Jurgensen 10	
3) Megan Matt 11	4) Emily O'Brien 09	
10 Kee	A	5:40.51
1) Stephanie Epp 10	2) Marissa Dodd 10	
3) Allison Colsch 09	4) Rachel Richards 09	
--- Edgewood-Colesburg	A	DQ
1) Brylyn Clute 09	2) Chloe Carithers 09	
3) Ashley Clinton 09	4) Katie Busch 11	

Girls 4x100 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Central	A	1:09.50 10
1) Kiana Stender 11	2) Kinsey Juergens 12	
3) Anna Tuecke 10	4) Abby Gifford 10	
2 South Winneshiek	A	1:12.72 8
1) Amber Brincks 09	2) Kennidee Devilbiss 12	
3) Abby Phillips 12	4) Lexie Warth 11	
3 Postville	A	1:12.75 6
1) Amber Schutte 11	2) Maya Burke 11	
3) Anjela Bubiy 11	4) Katelyn Wedo 12	
4 North Fayette	A	1:14.00 5
1) Jade Daughton 09	2) Jessie a Koch 12	
3) Ciara Halverson 09	4) Natalie Fettkether 10	
5 Sumner-Fredericksburg	A	1:19.21 4
1) Tori Henniges 11	2) Kally Frisch 12	
3) Gabbie Mohs 11	4) Allison Wehling 09	
6 Turkey Valley	A	1:21.67 3
1) Kayla Schaufenbuel 10	2) Macie Njus 10	
3) Morgen Kuennen 09	4) Sarah Busta 10	
--- Edgewood-Colesburg	A	DNF
1) Hanna Hess 09	2) Brylyn Clute 09	
3) Kyann Braden 09	4) Paula Gonzalez 11	
--- Clayton Ridge	A	DQ
1) Sydni Wille 11	2) Rachel Anderegg 09	
3) Kelly Hawkins 10	4) Hailey Peterson 10	

Girls High Jump

Name	Yr	School	Finals
Finals			
--- Amber Brincks	09	South Winnes	NH
--- Abby Phillips	12	South Winnes	NH
--- Kaitlen Leiran	09	Postville	NH
--- Anjela Bubiy	11	Postville	NH
--- Stephanie Martin	10	Turkey Valle	NH
--- Kayla Schaufenbuel	10	Turkey Valle	NH
--- Megan Matt	11	Sumner-Frede	NH
--- Ashley Funk	09	Central	NH

---	Courtney Willenborg	09	Clayton Ridg	NH
---	Anna Tuecke	10	Central	NH
---	Tiffanie Koch	09	North Fayett	NH
---	Kalleigh Fettkether	12	North Fayett	NH
---	Savannah Domeyer	09	Clayton Ridg	NH

Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Abby Gifford	10	Central	16-10.75 10
2 Becca Pagel	09	Sumner-Frede	16-05.50 8
3 Jaderiel Staebler	09	Clayton Ridg	16-04.00 6
4 Johanna Blazek	11	Turkey Valle	15-09.50 5
5 Mary Michels	09	West Central	14-06.00 4
6 Miranda Kasemeier	10	Sumner-Frede	14-01.25 3
7 Katja Graner	11	Central	13-10.50 2
8 Brylyn Clute	09	Edgewood-Col	13-09.00 1
9 Rachel Anderegg	09	Clayton Ridg	13-05.00
10 Hanna Hansel	11	Starmont	13-03.25
11 Jordyn Burroughs	09	Kee	12-04.25
12 Linzie Sebastian	11	Postville	11-06.75

Girls Shot Put

Name	Yr	School	Finals
Finals			
1 Brittany Shindelar	11	South Winnes	34-08.00 10
2 Shelby Steger	12	Edgewood-Col	34-07.50 8
3 Chloe Reicks	12	Turkey Valle	34-07.00 6
4 Emily Creery	10	North Fayett	33-09.50 4.5
4 Delaney Lensing	10	Turkey Valle	33-09.50 4.5
6 Courtney Humpal	12	South Winnes	32-05.50 3
7 Emily Knibble		Starmont	31-00.50 2
8 Snavely Kerrington		Starmont	30-11.50 1
9 Shana Hilgerson	11	Central	30-10.00
10 Cally Mueller	10	North Fayett	30-08.50
11 Georgia Ackley	09	Sumner-Frede	29-09.00
12 Alanda Fishback	12	Postville	29-02.00
13 Cassidy Alison	10	Sumner-Frede	27-10.00
14 Samantha Tschirgi	12	Central	27-07.00
15 Faith Stickfort	11	West Central	27-06.75
16 Bridgette Lubka	11	Postville	26-02.50
17 Madelyn Gruber	09	Kee	25-10.00
18 Brianna Silberschlag	12	Clayton Ridg	J25-10.00
19 Carmen Arce	10	Clayton Ridg	25-01.00
20 Olivia Bailey	10	Edgewood-Col	23-04.50

Girls Discus Throw

Name	Yr	School	Finals
Finals			
1 Chloe Reicks	12	Turkey Valle	114-09 10
2 Emily Creery	10	North Fayett	107-00 8

Upper Iowa Conference Relays

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Finals ... (Girls Discus Throw)

Name	Yr	School	Finals
3 Brittany Shindelar	11	South Winnes	96-01 6
4 Shelby Steger	12	Edgewood-Col	95-07 5
5 Samantha Tschirgi	12	Central	94-11 4
6 Shana Hilgerson	11	Central	94-06 3
7 Alanda Fishback	12	Postville	93-04 2
8 Cally Mueller	10	North Fayette	89-08 1
9 Delaney Lensing	10	Turkey Valle	83-09
10 Georgia Ackley	09	Sumner-Frede	82-06
11 Becca hertges	10	South Winnes	79-11
12 Kelly Hawkins	10	Clayton Ridg	75-10
13 Emily O'Brien	09	Sumner-Frede	75-03
14 Snavely Kerrington		Starmont	73-06
15 Madelyn Gruber	09	Kee	72-02
16 Mary Scott	11	West Central	67-11
17 Bridgette Lubka	11	Postville	67-03
18 Morgan Fleming		Starmont	64-06
19 Olivia Bailey	10	Edgewood-Col	59-07
20 Savannah Domeyer	09	Clayton Ridg	59-00

Boys 100 Meter Dash

Name	Yr	School	Finals
1 Derrick Kuehner	11	North Fayette	11.47 10
2 Kohle Helle	12	Clayton Ridg	11.82 8
3 Jared Schroeder	12	South Winnes	11.83 6
4 Alex Shatek	12	South Winnes	12.01 5
5 Riley Brockway	12	Postville	12.10 4
6 Josh Jacobs	12	Postville	12.21 3
7 Quinn Brennan	12	Kee	12.31 2
8 Corey Broxson	12	Clayton Ridg	12.39 1
9 Marquise Phillips	11	Kee	12.42
10 Jordan Denk	12	Turkey Valle	12.49
11 Cody Hackman	09	Turkey Valle	12.76
12 Noah Schultz	12	Mfl/Marmac	12.80
13 Luke Smith	11	Sumner-Frede	12.81
14 Josh Mackey	11	North Fayette	12.92
15 Trenton Bartlet	12	Sumner-Frede	12.99
16 Dalton Bunn	09	West Central	13.04
17 Hunter Fletcher	09	Starmont	13.06
18 Chris Hettinger	12	Starmont	13.12
19 Moritz Uhlhorn	11	Edgewood-Col	13.28
20 Hunter Moser	12	Edgewood-Col	13.36
21 Edosa Grau	12	Central	13.38
22 Jordan Talbot	12	Mfl/Marmac	13.42
23 Zack Hunt	09	Central	14.90
24 Alexander Hepperle	10	West Central	15.39

Boys 200 Meter Dash

Name	Yr	School	Finals
1 Josh Jacobs	12	Postville	23.38 10
2 Alex Shatek	12	South Winnes	23.44 8
3 Derrick Kuehner	11	North Fayette	23.52 6
4 Jared Schroeder	12	South Winnes	23.70 5
5 Hunter Hoopes	12	North Fayette	23.81 4
6 Trey Roehlk	11	Clayton Ridg	24.01 3
7 Cal Seehase	12	Sumner-Frede	24.20 2
8 Marquise Phillips	11	Kee	24.80 1
9 Joe Wolfe	11	West Central	24.90
10 Dalton Bunn	09	West Central	24.91
11 Chris Hettinger	12	Starmont	25.64
12 Cody Hackman	09	Turkey Valle	25.72
13 Hunter Fletcher	09	Starmont	25.88
14 Luke Smith	11	Sumner-Frede	25.92
15 Nick Meirick	12	Turkey Valle	25.96
16 Jared Gerner	10	Clayton Ridg	26.10
17 Dylan Palmersheim	10	Edgewood-Col	26.11
18 Quinn Brennan	12	Kee	26.30
19 Jordan Talbot	12	Mfl/Marmac	26.32
20 Bryce Mckee	12	Mfl/Marmac	27.88
21 Edosa Grau	12	Central	28.41
22 Moritz Uhlhorn	11	Edgewood-Col	29.01
23 Austin Ellis	09	Central	29.90
--- Drew Reicks	11	Postville	DNS

Boys 400 Meter Dash

Name	Yr	School	Finals
1 David Jellings	11	North Fayette	51.35 10
2 Josh Arens	12	Sumner-Frede	52.74 8
3 Ben Meyer	10	South Winnes	53.19 6
4 Ben Martin	11	North Fayette	53.51 5
5 Josh Jacobs	12	Postville	53.91 4
6 Matt Meyer	11	Mfl/Marmac	54.80 3
7 Jared Gerner	10	Clayton Ridg	55.10 2
8 Nathan Ward	09	South Winnes	55.70 1
9 Sam Annis	12	West Central	56.00
10 Austin Schoulte	11	Mfl/Marmac	56.40
11 Bodie Garnier	09	Sumner-Frede	56.61
12 Matt Manning	12	Kee	56.79
13 Chris Hettinger	12	Starmont	57.60
13 Hunter Fletcher	09	Starmont	57.60
15 Kohle Helle	12	Clayton Ridg	58.40
16 Drew Reinhart	09	Central	59.12
17 Elliott Meyer	09	Edgewood-Col	59.44
18 Triston Mohlis	12	Turkey Valle	59.99
19 Lincoln Fuhs	10	West Central	1:01.00

Upper Iowa Conference Relays
MFL MarMac High School
Monona, IA - 5/8/2014

Results

Finals ... (Boys 400 Meter Dash)

Name	Yr	School	Finals
20 Brandon Conway	11	Kee	1:06.21
21 Elijah Hopp	09	Central	1:06.60
22 Aldo Gonzales	09	Postville	1:09.50
23 Isaiah Drilling	09	Turkey Valle	1:30.98

Boys 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Devin Franzen	12	South Winnes	2:02.91 10
2 Garrett Bohach	12	South Winnes	2:06.42 8
3 Cameron Schult	12	Sumner-Frede	2:08.03 6
4 Jesse Mackey	09	North Fayette	2:09.24 5
5 Derik Lau	10	North Fayette	2:09.52 4
6 Matt Meyer	11	Mfl/Marmac	2:10.97 3
7 Jason Delaney	12	Kee	2:12.20 2
8 Elliott Meyer	09	Edgewood-Col	2:14.01 1
9 Nick Meirick	12	Turkey Valle	2:14.39
10 Tyson Hogan	10	Starmont	2:14.86
11 Emery Farmer	11	Starmont	2:17.88
12 Trevor Moser	10	Central	2:23.17
13 Adam Greener	11	Mfl/Marmac	2:23.38
14 Austin Potter	10	Sumner-Frede	2:31.03
15 Elijah Hopp	09	Central	2:38.31
16 Ethan Koozer	09	Postville	2:48.99
17 Austin Manders	09	Clayton Ridg	3:13.40
18 Jacob Cain	09	Clayton Ridg	3:19.70
--- Ryan Izer	11	Turkey Valle	DNS

Boys 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Danny Halva	10	North Fayette	4:45.01 10
2 Devin Franzen	12	South Winnes	4:45.22 8
3 Garrett Bohach	12	South Winnes	4:51.35 6
4 Devon Monnahan	12	North Fayette	4:51.53 5
5 Conner Shult	10	Sumner-Frede	5:09.04 4
6 Sam Pfeiffer	12	Mfl/Marmac	5:11.26 3
7 Ashton Houg	10	Mfl/Marmac	5:30.27 2
8 Matt Manning	12	Kee	5:32.20 1
9 Ethan Walleser	10	Kee	5:37.84
10 Sam Hilgerson	12	Central	5:38.72
11 Nathan Herold	11	Turkey Valle	5:43.28
12 Mike Jones	10	Edgewood-Col	5:45.82
13 Russell Maternach	10	Starmont	5:48.79
14 Blake Rochleau	09	Central	5:50.50
15 Weslee Gould	09	Starmont	5:57.61
16 Levi Berns	09	Clayton Ridg	6:08.31
17 Dylan Peterson	12	Postville	6:39.00
--- Ryan Izer	11	Turkey Valle	DNS

---	Tyler Bunce	09	Sumner-Frede	DNS
Boys 3200 Meter Run				
Name	Yr	School	Finals	
Finals				
1	Danny Halva	10	North Fayette	10:26.52 10
2	Devon Monnahan	12	North Fayette	10:39.47 8
3	Ryan Izer	11	Turkey Valle	10:45.45 6
4	Nathan Meyer	12	South Winnes	10:49.73 5
5	Nick Putz	10	Edgewood-Col	11:20.30 4
6	Trevor Moser	10	Central	11:37.26 3
7	Sam Hilgerson	12	Central	11:46.08 2
8	Tyler Bunce	09	Sumner-Frede	11:52.02 1
9	Russell Maternach	10	Starmont	12:10.41
10	Mike Jones	10	Edgewood-Col	12:13.07
11	Jason Delaney	12	Kee	12:38.67
12	Brian Ayers	10	Mfl/Marmac	12:44.97
13	Nathan Herold	11	Turkey Valle	12:46.71
14	Kevin Davis	11	South Winnes	13:00.20
15	Tom Powell	09	Starmont	13:14.33
16	Levi Berns	09	Clayton Ridg	14:42.12
---	Ashton Houg	10	Mfl/Marmac	DNS

Boys 110 Meter Hurdles

Name	Yr	School	Finals	
Finals				
1	Cody Mason	12	Mfl/Marmac	15.91 10
2	Chris Brincks	12	South Winnes	15.92 8
3	Ryan Mueller	12	Clayton Ridg	17.20 6
4	Trevor Hurd	10	North Fayette	17.21 5
5	Tristan Keene	12	Postville	17.75 4
6	James Niemann	11	West Central	17.81 3
7	Jace Moore	09	Clayton Ridg	18.31 2
8	Samuel Thomas	09	North Fayette	18.39 1
9	Jess Kime	10	Sumner-Frede	19.40
10	Justin Hackman	11	Turkey Valle	20.02
11	Luis Rivera	10	Sumner-Frede	20.10
12	Dein Gosse	09	West Central	21.40
13	Lane Woltz	09	Starmont	21.90
14	Corbin Gardner	10	Mfl/Marmac	22.65
---	Michael Lueken	10	Edgewood-Col	DNS
---	Josh Heims	11	Edgewood-Col	DNS

Boys 400 Meter Hurdles

Name	Yr	School	Finals	
Finals				
1	David Jellings	11	North Fayette	56.28 10
2	Ben Meyer	10	South Winnes	57.14 8
3	Josh Arens	12	Sumner-Frede	57.62 6
4	Cody Mason	12	Mfl/Marmac	59.34 5
5	James Niemann	11	West Central	1:00.02 4

Upper Iowa Conference Relays
MFL MarMac High School
Monona, IA - 5/8/2014

Results

Finals ... (Boys 400 Meter Hurdles)

Name	Yr	School	Finals
6 Laken Fritz	12	Sumner-Frede	1:01.90 3
7 Austin DeMuth	11	North Fayett	1:02.09 2
8 Derek Ehrhardt	09	Central	1:03.20 1
9 Ryan Mueller	12	Clayton Ridg	1:03.92
10 Mac Faldet	11	South Winnes	1:04.15
11 Bryar Ruff	09	Mfl/Marmac	1:05.63
12 Blake Busta	11	Turkey Valle	1:10.30
13 Dylan Bruess	09	Turkey Valle	1:14.00
--- Ben Lenth	11	Postville	DNS
--- Greg Steva	11	Postville	DNS
--- Michael Lueken	10	Edgewood-Col	DNS
--- Alex Duff	11	Starmont	DNS
--- Emery Farmer	11	Starmont	DNS

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 South Winneshiek	A	45.02 10
1) Jared Schroeder 12	2) Treyton Jacobson 10	
3) Alex Shatek 12	4) Jordan Rommes 11	
2 North Fayette	A	45.49 8
1) Tanner Kuhens 09	2) Ben Martin 11	
3) Hunter Hoopes 12	4) Leif Lujan 12	
3 Clayton Ridge	A	46.09 6
1) Trey Roehlk 11	2) colten Rastetter 11	
3) Corey Broxson 12	4) Kohle Helle 12	
4 Sumner-Fredericksburg	A	47.15 5
1) Bryce Elliott 12	2) Luke Smith 11	
3) Trenton Bartlet 12	4) Kyser Allen 11	
5 Postville	A	47.41 4
1) Tristan Keene 12	2) Ben Lenth 11	
3) Gavin Ruckdashel 10	4) Alex Pfister 12	
6 Mfl/Marmac	A	47.72 3
1) Bryce Burke 10	2) David Bradford 09	
3) Noah Schultz 12	4) Isaac Sauer 11	
7 Turkey Valley	A	48.02 2
1) Cody Hackman 09	2) Jordan Denk 12	
3) Eric Drilling 11	4) Wyatt Blazek 09	
8 Central	A	48.33 1
1) Aaron Hoth 10	2) Drew Reinhart 09	
3) Ted Hilgerson 09	4) Derek Ehrhardt 09	
9 Edgewood-Colesburg	A	51.15
1) Hunter Moser 12	2) Josh Heims 11	
3) Brady Helle 09	4) Dylan Palmersheim 10	
10 Starmont	A	52.88
1) Tyler Boardman 10	2) Christian Bird 09	
3) Jared Meisgeier 10	4) Chase Peterman 09	

11 West Central	A	57.31
1) Joe Kane 09	2) Dein Gosse 09	
3) Alexander Hepperle 10	4) Lincoln Fuhs 10	
12 Kee	A	1:02.10
1) Marshall Johnson 09	2) Danen Cooper 12	
3) Michael Mitchell 09	4) Jacob Walleser 09	

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 North Fayette	A	1:33.65 10
1) Tanner Kuhens 09	2) Jared Bouska 11	
3) Leif Lujan 12	4) Derrick Kuehner 11	
2 South Winneshiek	A	1:34.40 8
1) Jared Schroeder 12	2) Treyton Jacobson 10	
3) Alex Shatek 12	4) Jordan Rommes 11	
3 Clayton Ridge	A	1:37.06 6
1) Trey Roehlk 11	2) colten Rastetter 11	
3) Corey Broxson 12	4) Kohle Helle 12	
4 Sumner-Fredericksburg	A	1:38.52 5
1) Bryce Elliott 12	2) Cal Seehase 12	
3) Cameron Schult 12	4) Keegan Wiedrich 11	
5 Turkey Valley	A	1:38.81 4
1) Jordan Denk 12	2) Eric Drilling 11	
3) Wyatt Blazek 09	4) Cody Hackman 09	
6 Central	A	1:39.60 3
1) Ben Backes 10	2) Hunter Bries 12	
3) Aaron Hoth 10	4) Nathan Fitzgerald 11	
7 Postville	A	1:40.11 2
1) Riley Brockway 12	2) Ben Lenth 11	
3) Greg Steva 11	4) Gavin Ruckdashel 10	
8 West Central	A	1:43.60 1
1) Collin Kane 09	2) Matt Langel 11	
3) Joe Wolfe 11	4) Dalton Bunn 09	
9 Mfl/Marmac	A	1:43.64
1) Seth Heying 10	2) Colby Ferguson 10	
3) Bryce Burke 10	4) Isaac Sauer 11	
10 Starmont	A	1:47.02
1) Tyson Hogan 10	2) Zach Steger 11	
3) Tyler Boardman 10	4) Emery Farmer 11	
11 Kee	A	1:56.39
1) Nick Gavin 12	2) Evan Whalen 09	
3) Miquel Severa 09	4) Brandon Conway 11	

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 South Winneshiek	A	3:32.55 10
1) Mitch Herold 10	2) Ben Meyer 10	
3) Chris Brincks 12	4) Nathan Meyer 12	

Upper Iowa Conference Relays
MFL MarMac High School
Monona, IA - 5/8/2014

Results

Finals ... (Boys 4x400 Meter Relay)

Team	Relay	Finals	
2 North Fayette	A	3:34.11	8
1) Trevor Hurd 10	2) David Jellings 11		
3) Leif Lujan 12	4) Derrick Kuehner 11		
3 Sumner-Fredericksburg	A	3:35.82	6
1) Cal Seehase 12	2) Keegan Wiedrich 11		
3) Cameron Schult 12	4) Josh Arens 12		
4 Postville	A	3:39.50	5
1) Riley Brockway 12	2) Greg Steva 11		
3) Tristan Keene 12	4) Josh Jacobs 12		
5 Mfl/Marmac	A	3:40.96	4
1) Todd Wallaser 11	2) Austin Schoulte 11		
3) Cody Mason 12	4) Sam Pfeiffer 12		
6 Central	A	3:47.98	3
1) Ben Backes 10	2) Torre Curran 12		
3) Peyton Alexie 12	4) Hunter Bries 12		
7 West Central	A	3:52.42	2
1) Collin Kane 09	2) Matt Langel 11		
3) Sam Annis 12	4) James Niemann 11		
8 Clayton Ridge	A	3:52.91	1
1) Trevor Heying 11	2) Joseph Bebbler 09		
3) Easton Cook 10	4) Jared Gerner 10		
9 Starmont	A	3:54.60	
1) Chris Hettinger 12	2) Zach Steger 11		
3) Hunter Fletcher 09	4) Alex Duff 11		
10 Turkey Valley	A	3:57.10	
1) Justin Hackman 11	2) Blake Busta 11		
3) Triston Mohlis 12	4) Steven Landa 12		
11 Kee	A	3:57.82	
1) Quinn Brennan 12	2) Miquel Severa 09		
3) Marquise Phillips 11	4) Matt Manning 12		

Boys 4x800 Meter Relay

Team	Relay	Finals	
1 South Winneshiek	A	8:39.76	10
1) Juan Uribe 10	2) Devin Franzen 12		
3) Garrett Bohach 12	4) Mac Faldet 11		
2 North Fayette	A	8:45.71	8
1) Derik Lau 10	2) Austin DeMuth 11		
3) Dylan Larson 09	4) Jesse Mackey 09		
3 Turkey Valley	A	8:51.80	6
1) Wyatt Blazek 09	2) Ryan Izer 11		
3) Nick Meirick 12	4) Steven Landa 12		
4 Starmont	A	8:55.08	5
1) Zach Steger 11	2) Tyson Hogan 10		
3) Dan Franzen 12	4) Alex Duff 11		
5 Mfl/Marmac	A	9:31.94	4
1) Todd Wallaser 11	2) Matt Meyer 11		
3) Sam Pfeiffer 12	4) Bryce Decker 11		

6 Sumner-Fredericksburg	A	9:45.44	3
1) Cody Schnieder 10	2) Will Hambly 10		
3) Chase Johns 11	4) Austin Potter 10		
7 Postville	A	10:21.01	2
1) Nash Reicks 09	2) Mac Hughes 09		
3) Ethan Koozer 09	4) Dylan Peterson 12		
--- Central	A		DQ
1) Torre Curran 12	2) Ben Backes 10		
3) Ted Hilgerson 09	4) Peyton Alexie 12		

Boys Distance Medley

Team	Relay	Finals	
1 South Winneshiek	A	3:49.99	10
1) Mitch Herold 10	2) Treyton Jacobson 10		
3) Nathan Ward 09	4) Nathan Meyer 12		
2 North Fayette	A	3:53.40	8
1) Tanner Kuhens 09	2) Phil Kleve 11		
3) Mitchell Carlson 12	4) Danny Halva 10		
3 Sumner-Fredericksburg	A	3:55.82	6
1) Bryce Elliott 12	2) Keegan Wiedrich 11		
3) Cal Seehase 12	4) Conner Shult 10		
4 Central	A	3:59.69	5
1) Ben Backes 10	2) Aaron Hoth 10		
3) Hunter Bries 12	4) Torre Curran 12		
5 Mfl/Marmac	A	4:03.55	4
1) Bryce Burke 10	2) Austin Schoulte 11		
3) Noah Schultz 12	4) Todd Wallaser 11		
6 Turkey Valley	A	4:06.00	3
1) Jordan Denk 12	2) Eric Drilling 11		
3) Wyatt Blazek 09	4) Steven Landa 12		
7 Clayton Ridge	A	4:08.71	2
1) Mason Palmer 10	2) Dayton Einck 11		
3) Joseph Bebbler 09	4) Easton Cook 10		
8 West Central	A	4:08.72	1
1) Joe Wolfe 11	2) Dalton Bunn 09		
3) Matt Langel 11	4) Lincoln Fuhs 10		
9 Edgewood-Colesburg	A	4:15.52	
1) Dylan Palmersheim 10	2) Brady Helle 09		
3) Josh Heims 11	4) Nick Putz 10		
10 Starmont	A	4:25.20	
1) Tyler Boardman 10	2) Noah Fedeler 09		
3) Karl Klocke 11	4) David Hayes 10		
11 Postville	A	4:41.77	
1) Drew Reicks 11	2) Francisco De La Rosa 09		
3) Mac Hughes 09	4) Nash Reicks 09		
12 Kee	A	4:53.80	
1) Marshall Johnson 09	2) Jacob Walleser 09		
3) Ethan Walleser 10	4) Evan Whalen 09		

Upper Iowa Conference Relays

MFL MarMac High School

Monona, IA - 5/8/2014

Results

Boys 4x110 Meter Shuttle Hurdle

Team	Relay	Finals
Finals		
1 Mfl/Marmac	A	1:03.55 10
1) David Bradford 09	2) Bryce Burke 10	
3) Austin Schoulte 11	4) Cody Mason 12	
2 North Fayette	A	1:05.77 8
1) Trevor Hurd 10	2) Trevor Weidemann 09	
3) Samuel Thomas 09	4) David Jellings 11	
3 Sumner-Fredericksburg	A	1:05.79 6
1) Josh Arens 12	2) Laken Fritz 12	
3) Jess Kime 10	4) Luis Rivera 10	
4 Central	A	1:08.23 5
1) Nathan Fitzgerald 11	2) Derek Ehrhardt 09	
3) Aaron Hoth 10	4) Hunter Bries 12	
5 Postville	A	1:08.42 4
1) Tristan Keene 12	2) Aaron Swartzendruber 10	
3) Greg Steva 11	4) Alex Pfister 12	
6 South Winneshiek	A	1:10.54 3
1) Mac Faldet 11	2) Treyton Jacobson 10	
3) Chris Brincks 12	4) Luis Uribe 11	
7 Edgewood-Colesburg	A	1:11.67 2
1) Michael Lueken 10	2) Elliott Meyer 09	
3) Hunter Moser 12	4) Josh Heims 11	
8 Turkey Valley	A	1:16.59 1
1) Riley Buchhiet 12	2) Triston Mohlis 12	
3) Justin Hackman 11	4) Blake Busta 11	
9 Starmont	A	1:16.70
1) Emery Farmer 11	2) Noah Fedeler 09	
3) Brett Ingles 09	4) Lane Woltz 09	
--- Clayton Ridge	A	DQ
1) Alex Simon 10	2) Mason Palmer 10	
3) Jace Moore 09	4) Ryan Mueller 12	

Boys High Jump

Name	Yr	School	Finals
Finals			
1 Chris Brincks	12	South Winnes	5-08.00 10
2 Jordan Rommes	11	South Winnes	J5-08.00 8
3 Noah Schultz	12	Mfl/Marmac	5-06.00 6
4 Marquise Phillips	11	Kee	J5-06.00 4.5
4 Joe Wolfe	11	West Central	J5-06.00 4.5
6 Steven Landa	12	Turkey Valle	J5-06.00 3
7 David Bradford	09	Mfl/Marmac	J5-06.00 2
8 Corey Broxson	12	Clayton Ridg	5-04.00 1
9 Jared Bouska	11	North Fayette	J5-04.00
10 Jace Moore	09	Clayton Ridg	J5-04.00
10 Dylan Palmersheim	10	Edgewood-Col	J5-04.00
12 Devon Monnahan	12	North Fayette	5-02.00
--- Bryce Elliott	12	Sumner-Frede	DNS

Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Riley Brockway	12	Postville	21-05.50 10
2 Ben Meyer	10	South Winnes	20-03.50 8
3 Hunter Hoopes	12	North Fayette	20-01.50 6
4 Trey Roehlk	11	Clayton Ridg	19-07.00 5
5 Nathan Ward	09	South Winnes	19-05.00 4
6 Tanner Kuhens	09	North Fayette	19-03.00 3
7 Michael Lueken	10	Edgewood-Col	18-10.00 2
8 Sam Annis	12	West Central	18-04.75 1
9 James Niemann	11	West Central	18-04.00
10 Derek Ehrhardt	09	Central	18-02.00
11 Gavin Ruckdashel	10	Postville	17-10.50
12 Quinn Brennan	12	Kee	17-05.50
13 Isaac Sauer	11	Mfl/Marmac	17-02.75
14 Chase Stubbs	09	Mfl/Marmac	17-01.75
15 Derek Brayton	09	Sumner-Frede	16-09.00
16 Edosa Grau	12	Central	15-10.00
17 Lane Woltz	09	Starmont	15-01.25
18 Hunter Grober	10	Sumner-Frede	14-09.25
19 John Gilson	09	Starmont	13-08.50
20 Sawyer Schmelzer	09	Clayton Ridg	13-06.00

Boys Shot Put

Name	Yr	School	Finals
Finals			
1 Nathan Fitzgerald	11	Central	49-09.25 10
2 Dakota Moore	12	North Fayette	47-11.00 8
3 Ryan Moser	11	Clayton Ridg	46-09.50 6
4 Carson Lensing	10	South Winnes	45-09.50 5
5 Kyser Allen	11	Sumner-Frede	44-02.00 4
6 Alex Pfister	12	Postville	43-03.00 3
7 Riley Buchhiet	12	Turkey Valle	40-09.00 2
8 Mason Schwake	11	Sumner-Frede	39-08.00 1
9 Nashua Lansing	11	North Fayette	39-04.00
10 Jon Lona	12	Starmont	39-01.50
11 Chase Peterman	09	Starmont	37-02.50
12 Chad Moser	11	Edgewood-Col	36-06.00
13 Isaac Greener	11	Mfl/Marmac	36-05.50
14 alex Tielbar	12	Clayton Ridg	35-10.75
15 Gatlin Kehnner	11	Mfl/Marmac	34-04.00
16 Nick Gavin	12	Kee	34-02.00
17 Cole Schmitt	10	South Winnes	33-11.75
18 Eli Gage	09	Kee	32-09.25
19 Jacob Kuhn	10	Turkey Valle	32-03.75
20 Moritz Uhlhorn	11	Edgewood-Col	28-08.50
21 Cole Spain	09	Postville	28-00.50
22 Joe Kane	09	West Central	27-09.00
23 Lane McGreal	09	Central	27-05.50

**Upper Iowa Conference Relays
MFL MarMac High School
Monona, IA - 5/8/2014**

Results

Finals ... (Boys Shot Put)

Name	Yr	School	Finals
24 Alexander Hepperle	10	West Central	22-11.00

7) Central	38
8) Turkey Valley	27
9) West Central	16.5
10) Kee	10.5

Boys Discus Throw

Name	Yr	School	Finals
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Finals

1 Ryan Moser	11	Clayton Ridg	142-05	10
2 Alex Pfister	12	Postville	138-04	8
3 Carson Lensing	10	South Winnes	137-00	6
4 Nathan Fitzgerald	11	Central	134-09	5
5 Dakota Moore	12	North Fayett	133-11	4
6 Nashua Lansing	11	North Fayett	124-10	3
7 Isaac Greener	11	Mfl/Marmac	121-07	2
8 Devon Baumgartner	11	Starmont	113-03	1
9 Gatlin Keehner	11	Mfl/Marmac	110-02	
10 Tyler Boardman	10	Starmont	108-09	
11 Kyser Allen	11	Sumner-Frede	101-10	
12 Riley Buchhiet	12	Turkey Valle	100-05	
13 Eli Gage	09	Kee	100-02	
14 Andrew O'Brien	10	Sumner-Frede	98-03	
15 Mac Hughes	09	Postville	92-11	
16 Drew Reinhart	09	Central	92-02	
17 alex Tielbar	12	Clayton Ridg	90-06	
18 Jacob Kuhn	10	Turkey Valle	87-06	
19 Nick Gavin	12	Kee	87-04	
20 Chad Moser	11	Edgewood-Col	79-06	
21 Moritz Uhlhorn	11	Edgewood-Col	74-06	

Women - Team Rankings - 18 Events Scored

1) Central	126
2) North Fayette	101.5
3) Clayton Ridge	94
4) Turkey Valley	88.5
5) South Winneshiek	83
6) Starmont	58
7) Edgewood-Colesburg	51
8) Sumner-Fredericksburg	36
9) Postville	23
10) MFL/MarMac	19
11) West Central	17
12) Kee	2

Men - Team Rankings - 18 Events Scored

1) South Winneshiek	176
2) North Fayette	169
3) Sumner-Fredericksburg	66
4) Postville	63
5) MFL/MarMac	61
6) Clayton Ridge	59

Upper Iowa Conference Relays
MFL MarMac High School
Monona, IA - 5/8/2014
Results

11) Edgewood-Colesburg	9
12) Starmont	6