

Central College Open
Ron and Joyce Schipper Stadium
Pella, IA - 4/16/2014

Results

Women 100 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1	Abigail Davis	SO Central Coll	12.21q 3.4
2	Lauren Martin	JR Simpson (Iow	12.64q 3.4
3	Monica Ruiz	SO Central Coll	12.72q 3.4
4	Priscillar John	FR North Iowa A	12.76q 3.4
5	Christine Ajinjeru	SR Grinnell	12.89q 3.4
6	Sarah Galbraith	SO Simpson (Iow	13.06q 3.4
7	Allie McBroom	JR Central Coll	13.09q 3.0
8	Shante Hawkins	FR North Iowa A	13.10q 3.4
9	Alexis Hanson	FR Loras	13.11 3.4
10	Brittnee Powers	SO Loras	13.14 3.0
11	Melanie Nielsen	SO Central Coll	13.17 3.4
12	Cassie Hocker	FR Coe	13.20 3.4
13	Dieuwertje Boelen	FR North Iowa A	13.35 3.4
14	Martina Smith	SO North Iowa A	13.54 3.0
15	Jessica Kingston	FR North Iowa A	13.83 3.4
16	Mercedes Kennedy	JR Loras	13.87 3.0
17	Miranda Robert	JR Grinnell	14.12 3.4
18	Kylie Bradley	FR Central Coll	14.19 3.0
19	Emily Ruhser	JR Loras	14.98 3.0

Women 100 Meter Dash

Name	Yr	School	Finals
Finals			
1	Abigail Davis	SO Central Coll	12.14 5.7
2	Lauren Martin	JR Simpson (Iow	12.45 5.7
3	Monica Ruiz	SO Central Coll	12.49 5.7
4	Christine Ajinjeru	SR Grinnell	12.69 5.7
5	Sarah Galbraith	SO Simpson (Iow	12.78 5.7
6	Priscillar John	FR North Iowa A	12.89 5.7
7	Allie McBroom	JR Central Coll	13.01 5.7
8	Shante Hawkins	FR North Iowa A	13.07 5.7

Women 200 Meter Dash

Name	Yr	School	Finals
Finals			
1	Abigail Davis	SO Central Coll	25.50 3.6
2	Monica Ruiz	SO Central Coll	26.44 3.6
3	Christine Ajinjeru	SR Grinnell	26.53 3.6
4	Priscillar John	FR North Iowa A	26.58 3.1
5	Melanie Nielsen	SO Central Coll	26.71 3.1
6	Allie McBroom	JR Central Coll	26.76 3.1
7	Laura Wondra	SR Loras	26.77 3.1
8	Alexis Hanson	FR Loras	26.99 3.6
9	Brittnee Powers	SO Loras	27.08 3.6
10	Meredith Zimmerman	SO Central Coll	27.27 3.1
11	Morgan Koenigs	FR Central Coll	27.35 3.2

12	Emma Drees	FR Central Coll	27.38 3.1
13	Lauren Martin	JR Simpson (Iow	27.41 3.6
14	Kenzie Drahn	SO Coe	27.47 3.2
15	Dieuwertje Boelen	FR North Iowa A	27.61 3.2
16	Sammie Osterberger	FR Coe	27.93 3.1
17	Jessica Kingston	FR North Iowa A	28.17 3.7
18	Kaitlyn Gillett	SO Central Coll	28.34 3.1
19	Abby Saladino	SO Central Coll	28.38 3.2
20	Shante Hawkins	FR North Iowa A	28.67 3.2
21	Rebecca Jensen	FR Simpson (Iow	29.09 3.7
22	Emma Gitomer	SO Coe	29.22 3.2
23	Morgan Meyer	FR North Iowa A	29.70 3.7
24	Kylie Bradley	FR Central Coll	29.75 3.2
25	Miranda Robert	JR Grinnell	29.91 3.7
26	Nicole Bahl	FR Simpson (Iow	30.17 3.2
27	Kayla Rusher	FR Simpson (Iow	31.21 3.7

Women 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	Priscillar John	FR North Iowa A	1:02.06
2	Jessica Kingston	FR North Iowa A	1:03.13
3	Jessie Eyerly	FR Simpson (Iow	1:03.82
4	Larissa Backhaus	FR Simpson (Iow	1:05.91
5	Morgan Meyer	FR North Iowa A	1:10.35

Women 800 Meter Run

Name	Yr	School	Finals
Finals			
1	Hannah Palmeter	FR North Iowa A	2:23.89
2	Lindsey Borgomainerio	SR Simpson (Iow	2:27.04
3	Kellie Wagner	SR Loras	2:27.08
4	Molly Bramble	SO Central Coll	2:27.70
5	Andie Arthofer	FR Central Coll	2:29.77
6	Lindsey Gidel	FR Loras	2:33.73
7	Kalama Towarup	FR North Iowa A	2:35.63
8	Amy Hurd	JR Coe	2:36.74
9	Ashley Wenthold	SO Loras	2:37.37
10	Kristen Granata	FR Coe	2:38.16
11	Nicolle Hewett	FR North Iowa A	2:40.68
12	Emmorie Stokka	FR North Iowa A	2:41.45
13	Martina Smith	SO North Iowa A	2:42.02
14	Amanda Elsen	JR Loras	2:45.13
15	Kendallyn Recker	FR Coe	2:45.74
16	Ashley Miller	SR Loras	2:46.28
17	Stephanie Faught	SO North Iowa A	2:55.15
18	BrandiAnn Daub	FR North Iowa A	3:15.69
19	Sarah Lyles	FR North Iowa A	3:24.33

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Women 1500 Meter Run

Name	Yr	School	Finals
Finals			
1 Elin Phipps	SO	Central Coll	4:59.27
2 Hannah Palmeter	FR	North Iowa A	5:05.67
3 Becky Hilby	JR	Loras	5:09.13
4 Sarah Mueller	JR	Central Coll	5:13.41
5 Kasey Wiedmaier	FR	Central Coll	5:18.57
6 Emmorie Stokka	FR	North Iowa A	5:25.79
7 Lindsay Brunson	SO	North Iowa A	5:28.70
8 Stephanie Faught	SO	North Iowa A	5:41.60
9 Jessica Lamb	FR	Simpson (Iow	5:47.02
10 Mirah Johnson		Simpson (Iow	6:08.77
11 Sarah Lyles	FR	North Iowa A	6:52.31

Women 3000 Meter Run

Name	Yr	School	Finals
Finals			
1 Emma Nelson	SR	Central Coll	11:22.06
2 Beth Heims	FR	Coe	11:23.72
3 Andie Arthofer	FR	Central Coll	11:30.36
4 Molly Bramble	SO	Central Coll	11:30.59
5 Daphne Baumgartner	SR	Central Coll	11:40.87
6 Cassidy Gornick	FR	Central Coll	11:44.67
7 Bree Gaster	SO	Simpson (Iow	11:48.25
8 Mallory Welk	JR	Central Coll	11:57.82

Women 100 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 Bayley Fleshner	JR	Simpson (Iow	14.92q 3.8
2 Meredith Zimmerman	SO	Central Coll	15.44q 2.0
3 Elizabeth Brandenburg	FR	Loras	15.47q 6.2
4 Sammie Osterberger	FR	Coe	16.01q 2.0
5 Emma Drees	FR	Central Coll	16.14q 3.8
6 Adrine Monagi	FR	North Iowa A	16.64q 6.2
7 Abby Saladino	SO	Central Coll	16.80q 6.2
8 Emily Sotelo	JR	Loras	16.98q 3.8
9 Rebecca Jensen	FR	Simpson (Iow	17.20 3.8
10 Audrey Hooks	FR	Loras	17.33 6.2
11 Leta Jaquis	FR	North Iowa A	17.44 2.0
12 Emily Ruhser	JR	Loras	17.70 2.0
13 Nicole Bahl	FR	Simpson (Iow	18.22 3.8
14 Morgan Koenigs	FR	Central Coll	18.62 2.0
15 Kayla Rusher	FR	Simpson (Iow	19.18 6.2

Women 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Bayley Fleshner	JR	Simpson (Iow	15.18 6.9
2 Meredith Zimmerman	SO	Central Coll	15.36 6.9
3 Sammie Osterberger	FR	Coe	15.49 6.9
4 Emma Drees	FR	Central Coll	15.70 6.9
5 Abby Saladino	SO	Central Coll	15.79 6.9
6 Adrine Monagi	FR	North Iowa A	16.59 6.9
7 Emily Sotelo	JR	Loras	16.79 6.9

Women 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Emily Sotelo	JR	Loras	1:09.58
2 Sarah Galbraith	SO	Simpson (Iow	1:13.29
3 Mercedes Kennedy	JR	Loras	1:16.39
4 Leta Jaquis	FR	North Iowa A	1:19.27

Women 3000 Meter Steeplechase

Name	Yr	School	Finals
Finals			
1 Felicia Devine	SO	Coe	13:37.96

Women 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Simpson (Iowa)	A	51.13
1) Larissa Backhaus FR	2) Lauren Martin JR	
3) Sarah Galbraith SO	4) Bayley Fleshner JR	
2 North Iowa Area CC	A	51.77
1) Priscillar John FR	2) Adrine Monagi FR	
3) Dieuwertje Boelen FR	4) Shante Hawkins FR	
3 Simpson (Iowa)	B	57.47
1) Kayla Rusher FR	2) Nicole Bahl FR	
3) Rebecca Jensen FR	4) Hannah Moulds JR	

Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Simpson (Iowa)	A	4:14.39
1) Lauren Martin JR	2) Sarah Ney JR	
3) Larissa Backhaus FR	4) Bayley Fleshner JR	
2 Loras	A	4:14.73
1) Laura Wondra SR	2) Alexis Hanson FR	
3) Emily Sotelo JR	4) Brittnee Powers SO	
3 Coe	B	4:23.90
1) Amy Hurd JR	2) Emma Gitomer SO	
3) Kristen Granata FR	4) Kendallyn Recker FR	

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Finals ... (Women 4x400 Meter Relay)

Team	Relay	Finals
4 North Iowa Area CC	A	4:31.97
1) Hannah Palmeter FR	2) Emmorie Stokka FR	
3) Nicolle Hewett FR	4) Lindsay Brunson SO	

Women High Jump

Starting height = 1.37m

Name	Yr	School	Finals
Finals			
1 Katie Langmeier	SR	Loras	1.65m
2 Hillary Hotz	JR	Central Coll	1.65m
3 Emma Drees	FR	Central Coll	1.52m
4 Adrine Monagi	FR	North Iowa A	1.52m
5 Hannah Moulds	JR	Simpson (Iow)	1.42m

Women Pole Vault

Starting height = 2.45

Name	Yr	School	Finals
Finals			
1 Elizabeth Brandenburg	FR	Loras	3.50m
2 Caileen Seguin	SR	Loras	2.90m
3 Madison Frehe	SR	Central Coll	2.75m
4 Athena Carlson	JR	Grinnell	2.75m
5 Mary Doherty	SO	Simpson (Iow)	2.45m
6 Alyssa Hanson	FR	Simpson (Iow)	2.30m
--- Samantha McConnell	FR	Grinnell	NH
--- Carolyn Peckham	FR	Grinnell	NH
--- Amy Gladis	FR	Loras	NH

Women Long Jump

4 jumps, no finals

Name	Yr	School	Finals
Finals			
1 Rellie Kaputin	FR	North Iowa A	5.28m 5.5
2 Laura Wondra	SR	Loras	4.97m 2.9
3 Hannah Moulds	JR	Simpson (Iow)	4.93m 6.1
4 Eloise Miller	JR	Grinnell	4.91m 5.9
5 Anna Wernimont	SR	Loras	4.69m 3.9
6 Bayley Fleshner	JR	Simpson (Iow)	4.65m 5.1
7 Kaitlyn Gillett	SO	Central Coll	4.64m 7.0
8 Rajanee Michael	FR	North Iowa A	4.31m 4.5
9 Miranda Robert	JR	Grinnell	4.29m 2.9

Women Triple Jump

4 jumps, no finals

Name	Yr	School	Finals
Finals			
1 Kenzie Drahn	SO	Coe	10.85m 4.2
2 Eloise Miller	JR	Grinnell	10.55m 5.5

Women Shot Put

Minimum Mark - 10m

Name	Yr	School	Finals
Finals			
1 LaBrisha Michael	FR	North Iowa A	11.98m
2 Morgan Steere	JR	Loras	11.90m
3 April McCarthy	SO	Central Coll	10.55m
4 Kathryn Thuestad	FR	Loras	10.03m
5 Brilee McWilliams	SO	North Iowa A	9.99m
6 Ali Settanni	SO	Loras	9.14m
7 Meaghan Weiler	FR	North Iowa A	8.57m
8 Sofia Lyskanowski	FR	Loras	8.53m
9 Kaitlyn Gillett	SO	Central Coll	8.29m
10 Jennifer Medina	FR	Loras	6.36m

Women Discus Throw

Minimum Mark - 32m

Name	Yr	School	Finals
Finals			
1 Melissa Alger	SO	Coe	42.75m
2 Kathryn Thuestad	FR	Loras	39.60m
3 Morgan Steere	JR	Loras	35.51m
4 Brilee McWilliams	SO	North Iowa A	32.85m
5 April McCarthy	SO	Central Coll	32.56m
6 Zoe Carlson	FR	Simpson (Iow)	31.82m
7 Alex Bahl	FR	Coe	30.56m
8 Ali Settanni	SO	Loras	30.52m
9 LaBrisha Michael	FR	North Iowa A	30.22m
10 Meaghan Weiler	FR	North Iowa A	30.05m
11 Athena Carlson	JR	Grinnell	30.01m
12 Sofia Lyskanowski	FR	Loras	21.91m

Women Hammer Throw

Minimum Mark - 35m

Name	Yr	School	Finals
Finals			
1 Morgan Steere	JR	Loras	45.02m
2 April McCarthy	SO	Central Coll	38.44m
3 Ali Settanni	SO	Loras	35.00m
4 Brilee McWilliams	SO	North Iowa A	34.97m
5 Kathryn Thuestad	FR	Loras	34.78m
6 Sofia Lyskanowski	FR	Loras	28.58m
7 Jennifer Medina	FR	Loras	26.73m
8 Alex Bahl	FR	Coe	24.68m

Women Javelin Throw

Minimum Mark - 25m

Name	Yr	School	Finals
Finals			
1 Sharon Toako	FR	North Iowa A	41.84m

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Finals ... (Women Javelin Throw)

Name	Yr	School	Finals
2 Ashley Nemechek	FR	Coe	36.48m
3 Whitney Pavlat	JR	Central Coll	34.90m
4 Kathryn Thuestad	FR	Loras	30.09m
5 Kaitlyn Gillett	SO	Central Coll	29.64m
6 Morgan Koenigs	FR	Central Coll	29.11m
7 Cassie Hocker	FR	Coe	27.42m
8 Alex Bahl	FR	Coe	25.19m
9 Ali Settanni	SO	Loras	24.24m
10 Rajanee Michael	FR	North Iowa A	22.80m
11 April McCarthy	SO	Central Coll	22.73m
12 Shelbi Stimpson	SO	Central Coll	22.71m
13 Nicolle Hewett	FR	North Iowa A	22.32m
14 Emma Drees	FR	Central Coll	22.03m

Men 100 Meter Dash

Name	Yr	School	Prelims
Preliminaries			
1 Jacques Edwards	FR	North Iowa A	10.91q 4.8
2 Brad Vogel	SR	Simpson (Iow)	11.00q 1.5
3 Nick Ball	SO	Loras	11.23q 4.8
4 Anton Jones	FR	Coe	11.25q 4.8
5 Cole Ebel	SO	Central Coll	11.28q 2.6
6 Austin Witt	FR	Central Coll	11.31q 5.4
7 Keontae Neely	SO	Loras	11.40q 5.4
8 Ed Hardman	SO	Grinnell	11.48q 1.5
9 Adrean Johnson	FR	Simpson (Iow)	11.52 4.8
10 Zac Gassman	JR	Loras	11.53 2.6
11 Jared Grove	SO	Simpson (Iow)	11.53 1.5
12 Clayton Birkes	FR	Coe	11.58 2.6
13 Brandon Gradoville	FR	Loras	11.59 5.4
14 Colton Silvia	FR	Grinnell	11.78 1.5
15 Austin Roberts	SO	Central Coll	11.89 2.6
16 Johnathan Braun	FR	Grinnell	11.91 1.5
17 Nick Friedmann	FR	Loras	12.02 2.6
18 Graham Houselog	SO	Coe	12.12 4.8
19 Braxton Peats	FR	Simpson (Iow)	12.16 1.5
20 Simba Covington	FR	Coe	12.21 5.4
21 Giscard Philizaire	FR	Coe	12.25 2.6
22 Hung Dao	SR	Loras	12.33 5.4
23 Drew Morelan	JR	Loras	12.45 1.5
24 Luis Hernandez	JR	Grinnell	12.75 4.8

Men 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Brad Vogel	SR	Simpson (Iow)	10.66 5.1
2 Jacques Edwards	FR	North Iowa A	10.85 5.1
3 Austin Witt	FR	Central Coll	11.08 5.1

4 Cole Ebel	SO	Central Coll	11.10 5.1
5 Nick Ball	SO	Loras	11.19 5.1
6 Ed Hardman	SO	Grinnell	11.21 5.1
7 Anton Jones	FR	Coe	11.33 5.1
8 Keontae Neely	SO	Loras	11.46 5.1

Men 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Brad Vogel	SR	Simpson (Iow)	21.85 3.4
2 Dan Roemeran	SO	Central Coll	22.48 3.4
3 Jacques Edwards	FR	North Iowa A	22.51 3.4
4 Nick Ball	SO	Loras	22.59 3.4
5 Zac Gassman	JR	Loras	22.71 3.4
6 Jared Grove	SO	Simpson (Iow)	22.75 3.7
7 Anton Jones	FR	Coe	23.08 3.7
8 Brandon Gradoville	FR	Loras	23.16 3.5
9 Clayton Birkes	FR	Coe	23.35 3.7
10 Matthew Lopez	SO	Loras	23.45 3.5
11 Grady Carson	JR	Central Coll	23.46 3.5
12 Cole Ebel	SO	Central Coll	23.54 3.7
13 Austin Roberts	SO	Central Coll	23.63 3.7
14 Johnathan Braun	FR	Grinnell	23.79 3.7
15 Michael Burnett	SR	Loras	23.88 3.1
16 Adrean Johnson	FR	Simpson (Iow)	23.89 3.5
17 Logan Weers	FR	Central Coll	24.24 3.5
18 Conner Freeman	JR	Central Coll	24.28 3.1
19 Michael Meersman	SR	Loras	24.39 3.1
20 Hung Dao	SR	Loras	25.44 3.1
21 Luis Hernandez	JR	Grinnell	26.58 3.1

Men 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Matt Pearson	FR	Simpson (Iow)	52.48
2 L.J. Lipscomb	JR	Central Coll	53.76
3 Cody Alexander	FR	Simpson (Iow)	54.17
4 Anthony Burton	SR	Simpson (Iow)	54.56
5 Michael Bahl	SR	Simpson (Iow)	56.16
6 Zach Quick	FR	Central Coll	57.94
7 Alex Bleardorn	SO	Central Coll	58.19
8 David Ashaya	FR	Simpson (Iow)	1:02.49

Men 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Alex Blomquist	SO	North Iowa A	2:03.48
2 Beau Freeborn	FR	Coe	2:04.15
3 Sam Whan	SO	Loras	2:04.93
4 Matt Marter	SO	Loras	2:04.96
5 Nick Barnes	JR	Central Coll	2:05.16

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Finals ... (Men 800 Meter Run)

Name	Yr	School	Finals
6 Joshua Randall	SO	Coe	2:05.56
7 Zach Frey	SO	Loras	2:05.91
8 Jon Ameling	SR	Coe	2:05.98
9 Mark Chapman	SR	Loras	2:06.24
10 Brandon Young	JR	Central Coll	2:06.92
11 Scott Patnode	SO	North Iowa A	2:08.10
12 Nick Nolte	SO	Simpson (Iow)	2:08.60
13 Mitch Green	FR	Simpson (Iow)	2:09.25
14 Austin McCool	FR	North Iowa A	2:09.90
15 Clayton Fritz	SR	Central Coll	2:10.10
16 Tanner McClenahan	FR	Coe	2:11.57
17 Josh Kidman	FR	North Iowa A	2:13.30
18 John-Ross Tangi	SO	North Iowa A	2:14.53
19 Alberto Vasquez	SO	Grinnell	2:18.93
20 Jordan Sump	SR	Central Coll	2:20.21
21 Ricky Jeray	FR	North Iowa A	2:24.17

Men 1500 Meter Run

Name	Yr	School	Finals
Finals			
1 Jamie Vander Veer	JR	Central Coll	4:04.29
2 Sam Whan	SO	Loras	4:04.66
3 Isaac Steffensmeier	FR	Central Coll	4:10.49
4 Shea Devine	SR	Coe	4:14.38
5 Brien Nugent	FR	Loras	4:16.93
6 Austin Springsteen	FR	Coe	4:17.66
7 Ryan Sheeran	JR	Loras	4:17.92
8 Miles Kirts	SO	Simpson (Iow)	4:20.92
9 Kyle Nuehring	SO	Central Coll	4:20.98
10 Leif Jeppson	SR	Simpson (Iow)	4:22.16
11 Nathan Kimbrell	FR	Loras	4:23.64
12 Matt Kane	JR	Loras	4:26.79
13 Jaime Zarate	FR	North Iowa A	4:27.92
14 Zach Frey	SO	Loras	4:30.81
15 Max Nguyen	SR	Simpson (Iow)	4:31.17
16 Josh Kidman	FR	North Iowa A	4:36.18
17 Brady Hunt	SO	Loras	4:37.20
18 Ricky Jeray	FR	North Iowa A	4:38.61
19 Josh Bird	FR	Loras	4:43.59
20 Zachary Lindeberg	SO	Simpson (Iow)	4:51.96

Men 3000 Meter Run

Name	Yr	School	Finals
Finals			
1 Drew Jackson	JR	Central Coll	9:07.09
2 Ethan Pellegrino	FR	Simpson (Iow)	9:34.82
3 Blake Willadsen	FR	Simpson (Iow)	9:35.34
4 Bryce Phillips	SR	Simpson (Iow)	9:36.15
5 Andrew Mayes	SO	Simpson (Iow)	9:39.06

6 Charlie Dewar	SR	Coe	9:49.25
7 Thomas Kolbo	SO	Simpson (Iow)	10:14.50
8 Jordan Burns	JR	Central Coll	10:21.61
9 Keenan McLaughlin	SR	Coe	10:38.96
10 Greg Margida	SO	Grinnell	10:59.64

Men 110 Meter Hurdles

Name	Yr	School	Prelims
Preliminaries			
1 Will Hanson	SO	North Iowa A	14.52q 6.2
2 Conner Freeman	JR	Central Coll	15.65q 6.2
3 Isaac Frazier	FR	Simpson (Iow)	15.97q 6.2
4 Logan Weers	FR	Central Coll	16.22q 4.7
5 Jake Brock	SO	Loras	16.50q 4.7
6 Taylor Nelson	FR	North Iowa A	17.14q 4.7
7 Devan Kennedy	SO	Loras	17.45q 6.2
8 Jaemin Powell	SO	Central Coll	20.73q 6.2
--- Dan Roerman	SO	Central Coll	DNF 4.7

Men 110 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Will Hanson	SO	North Iowa A	14.34 5.1
2 Conner Freeman	JR	Central Coll	15.38 5.1
3 Isaac Frazier	FR	Simpson (Iow)	15.79 5.1
4 Logan Weers	FR	Central Coll	15.98 5.1
5 Jake Brock	SO	Loras	16.12 5.1
6 Taylor Nelson	FR	North Iowa A	16.46 5.1
7 Devan Kennedy	SO	Loras	16.77 5.1

Men 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Trevor McKee	FR	Simpson (Iow)	57.50
2 Will Hanson	SO	North Iowa A	58.46
3 Taylor Nelson	FR	North Iowa A	59.08
4 Nick Friedmann	FR	Loras	1:02.62
5 John Gallagher	FR	Grinnell	1:02.94

Men 3000 Meter Steeplechase

Name	Yr	School	Finals
Finals			
1 Timothy Shepherd	JR	Central Coll	10:31.90
2 Cody Doughan	SR	Central Coll	10:38.05
3 Jaime Zarate	FR	North Iowa A	10:50.39

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Results

Men 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Simpson (Iowa)	B	46.38
1) Andy Becker FR	2) Triston Twedt FR	
3) Michael Bahl SR	4) Trevor McKee FR	

Men 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Simpson (Iowa)	A	3:28.07
1) Matt Pearson FR	2) Leif Jeppson SR	
3) Triston Twedt FR	4) Anthony Burton SR	
2 Coe	A	3:28.44
1) Anton Jones FR	2) Erik Franklin FR	
3) Joshua Randall SO	4) Beau Freeborn FR	
3 Central College	A	3:28.67
1) L.J. Lipscomb JR	2) Drew Jackson JR	
3) Jamie Vander Veer JR	4) Nick Barnes JR	
4 Loras	A	3:29.59
1) Kyle Ward JR	2) Nick Ball SO	
3) Zac Gassman JR	4) Brandon Gradoville FR	
5 Grinnell	A	3:32.84
1) Johnathan Braun FR	2) Ed Hardman SO	
3) Colton Silvia FR	4) John Gallagher FR	
6 North Iowa Area CC	A	3:37.09
1) Alex Blomquist SO	2) Veherney Babob FR	
3) Scott Patnode SO	4) Austin McCool FR	
7 Central College	B	3:42.75
1) Isaac Steffensmeier FR	2) Kyle Nuehring SO	
3) Clayton Fritz SR	4) Brandon Young JR	
8 Loras	B	3:47.07
1) Nathan Kimbrell FR	2) Matthew Lopez SO	
3) Drew Morelan JR	4) Nick Friedmann FR	
9 Coe	B	3:48.16
1) Clayton Birkes FR	2) Jon Ameling SR	
3) Tanner McClenahan FR	4) Simba Covington FR	
10 Simpson (Iowa)	C	3:52.62
1) Mitch Green FR	2) Michael Bahl SR	
3) Blake Willadsen FR	4) Max Nguyen SR	
11 Central College	C	3:57.09
1) Alex Bleadorn SO	2) Jordan Burns JR	
3) Timothy Shepherd JR	4) Cody Doughan SR	

Men High Jump

Starting height = 1.73

Name	Yr	School	Finals
Finals			
1 Dylan Toole	FR	Loras	1.98m
2 Ben Kieler	FR	Loras	1.98m

3 Isaac Frazier	FR	Simpson (Iow	1.98m
4 Logan Mulford	FR	Central Coll	1.98m
5 Luke Arrowood	FR	North Iowa A	1.88m
6 Dan Vatch	SO	Loras	1.83m
7 Greg Cox	SO	Loras	1.73m

Men Pole Vault

Starting height = 3m

Name	Yr	School	Finals
Finals			
1 Jake Lindstrom	SR	Grinnell	4.05m
2 Nick Lemmon	JR	Central Coll	4.05m
3 David Rodgers IV	FR	Loras	3.75m
4 Conner Freeman	JR	Central Coll	3.75m
5 Jaemin Powell	SO	Central Coll	3.45m
6 Luis Hernandez	JR	Grinnell	3.30m
--- Mitch Stoltzman	FR	Simpson (Iow	NH
--- Blade Westaby	SR	Loras	NH

Men Long Jump

4 jumps, no finals

Name	Yr	School	Finals
Finals			
1 Keontae Neely	SO	Loras	6.24m 3.9
2 Marcus Hughes	FR	North Iowa A	6.13m 3.9
3 Erik Franklin	FR	Coe	6.12m 2.8
4 Luke Arrowood	FR	North Iowa A	5.98m 4.1
5 Landon Coker	JR	Central Coll	5.94m 5.3
6 Devan Kennedy	SO	Loras	5.83m 3.0
7 Graham Houselog	SO	Coe	5.81m 4.8
8 Zach Quick	FR	Central Coll	5.21m 4.9
9 Drew Morelan	JR	Loras	5.05m 4.3

Men Triple Jump

4 jumps, no finals

Name	Yr	School	Finals
Finals			
1 Erik Franklin	FR	Coe	13.98m 5.6
2 Keontae Neely	SO	Loras	12.68m 2.4
3 Isaac Frazier	FR	Simpson (Iow	12.64m 5.1
4 Colton Silvia	FR	Grinnell	11.80m 5.4
5 Zach Quick	FR	Central Coll	10.85m 3.8

Men Shot Put

Minimum Mark - 10m

Name	Yr	School	Finals
Finals			
1 Steven Messerschmidt	SR	Central Coll	14.93m
2 Alex Deeds	JR	Coe	13.45m
3 Frank Davis	JR	Coe	12.61m
4 Jordan Burkholder	JR	Loras	12.61m

Central College Open
Ron and Joyce Schipper Stadium
Pella, IA - 4/16/2014

Results

Finals ... (Men Shot Put)

	Name	Yr	School	Finals
5	Josh Tack	JR	Central Coll	12.33m
6	Alex Mckee-Crow	SO	Coe	12.25m
7	Adam Ownby	JR	Coe	11.87m
8	Trenton Smothers	FR	Central Coll	11.79m
9	Terrel Jones	FR	Grinnell	10.41m
10	Zach Soer	FR	Loras	10.14m
11	Jon Power	FR	Central Coll	10.08m

Men Discus Throw

Minimum Mark - 32m

	Name	Yr	School	Finals
Finals				
1	Steven Messerschmidt	SR	Central Coll	42.49m
2	Jordan Burkholder	JR	Loras	40.56m
3	Josh Tack	JR	Central Coll	40.37m
4	Ben Miller	FR	Central Coll	39.69m
5	Chris Davis	SO	Central Coll	39.65m
6	Nathan Maiers	JR	Loras	39.59m
7	Kody Dailey	FR	Central Coll	38.43m
8	Alex Deeds	JR	Coe	38.25m
9	Jordan Sanders	FR	Central Coll	37.51m
10	Jake Webb	FR	Central Coll	36.45m
11	Jon Power	FR	Central Coll	35.80m
12	Devan Kennedy	SO	Loras	35.66m
13	Frank Davis	JR	Coe	35.16m
14	Terrel Jones	FR	Grinnell	33.76m
15	Alex Mckee-Crow	SO	Coe	33.35m
16	Adam Ownby	JR	Coe	33.03m
17	Drew Morelan	JR	Loras	30.07m

Men Hammer Throw

Minimum Mark - 35m

	Name	Yr	School	Finals
Finals				
1	Steven Messerschmidt	SR	Central Coll	54.06m
2	Nathan Maiers	JR	Loras	48.54m
3	Jordan Burkholder	JR	Loras	44.15m
4	Josh Tack	JR	Central Coll	43.88m
5	Chris Davis	SO	Central Coll	41.60m
6	Alex Deeds	JR	Coe	38.75m
7	Frank Davis	JR	Coe	37.90m
8	Joe Hetland	JR	Coe	37.16m
9	Zach Soer	FR	Loras	37.03m
10	Jake Webb	FR	Central Coll	33.11m
11	Jon Power	FR	Central Coll	31.33m
12	Jordan Sanders	FR	Central Coll	30.75m
13	Trenton Smothers	FR	Central Coll	29.20m
14	Terrel Jones	FR	Grinnell	25.90m

Men Javelin Throw

Minimum Mark - 30m

	Name	Yr	School	Finals
Finals				
1	Will Hanson	SO	North Iowa A	54.61m
2	Jaemin Powell	SO	Central Coll	46.07m
3	Michael Meersman	SR	Loras	46.05m
4	Brett Mitchelmore	SO	Coe	44.78m
5	Levi Ross	SR	Central Coll	44.21m
6	Evan Rossing	SO	Loras	42.50m
7	Gunnar Johnson	JR	Central Coll	41.65m
8	Jake Brock	SO	Loras	39.56m
9	Chris Davis	SO	Central Coll	38.57m
10	Greg Cox	SO	Loras	37.76m
11	Mitch Green	FR	Simpson (Iow	36.81m
12	Chris Woodington	JR	Grinnell	36.18m
13	Devan Kennedy	SO	Loras	35.27m
14	Marcus Hughes	FR	North Iowa A	31.31m
15	Isaac Frazier	FR	Simpson (Iow	27.18m