

Central College Invitational
Ron and Joyce Schipper Stadium
Pella, IA - 4/5/2014

Results

Women 100 Meter Dash

Name	Yr	School	Finals	
Finals				
1 Megan Lehmkuhl	JR	Clarke	12.93	10
2 Sarah Ney	JR	Simpson	13.08	8
3 Camie Kibbee	JR	Central	13.11	6
4 Taylor Beckman	JR	Central	13.13	5
5 Emmenuela Meneide	SR	William Penn	13.17	4
6 Rachel Muse	FR	Simpson	14.65	3
--- Shaniece Dishmon	JR	William Penn	FS	-0.1

Women 200 Meter Dash

Name	Yr	School	Finals	
Finals				
1 Sarah Ney	JR	Simpson	26.17	10
2 Megan Lehmkuhl	JR	Clarke	26.35	8
3 Lauren Martin	JR	Simpson	26.54	6
4 McKenna Zimmerman	SO	Central	26.69	5
5 Emmenuela Meneide	SR	William Penn	26.84	4
6 Shaniece Dishmon	JR	William Penn	27.06	3
7 Fatimah Omar	FR	William Penn	28.48	2
8 Elizabeth Hemsworth	SO	Faith Baptis	28.70	1
9 Alyssa Phillips	FR	William Penn	28.75	1.2
10 Hannah Moulds	JR	Simpson	29.26	1.9
11 Rachel Muse	FR	Simpson	29.30	1.9
12 Nicole Bahl	FR	Simpson	29.56	2.2
13 Rebecca Jensen	FR	Simpson	30.24	2.2
14 Kayla Rusher	FR	Simpson	31.11	2.2

Women 400 Meter Dash

Name	Yr	School	Finals	
Finals				
1 Abigail Davis	SO	Central	58.46	10
2 Monica Ruiz	SO	Central	1:01.27	8
3 Lauren Martin	JR	Simpson	1:01.56	6
4 Elin Phipps	SO	Central	1:02.64	5
5 Kasey Wiedmaier	FR	Central	1:03.32	4
6 Melanie Nielsen	SO	Central	1:03.77	3
7 Sarah Mueller	JR	Central	1:04.31	2
8 Elizabeth Hemsworth	SO	Faith Baptis	1:05.39	1
9 Fatimah Omar	FR	William Penn	1:06.55	
10 Kylie Bradley	FR	Central	1:06.94	

Women 800 Meter Run

Name	Yr	School	Finals	
Finals				
1 Austyn Their	SO	Clarke	2:23.37	10
2 Tarah Alexander	SO	William Penn	2:23.81	8
3 Jessie Eyerly	SO	Simpson	2:24.13	6
4 Courtney Sawle	JR	Creighton	2:24.45	5

5 Camie Kibbee	JR	Central	2:26.87	4
6 Lindsey Borgomainerio	SR	Simpson	2:28.85	3
7 Emily Peterson	SO	Creighton	2:30.35	2
8 Anna Herber	FR	Clarke	2:31.03	1
9 Larissa Backhaus	FR	Simpson	2:33.11	
10 Jessica Gronke	SO	Simpson	2:33.91	
11 Morgan Koenigs	FR	Central	2:34.54	
12 Jessica Lamb	SO	Simpson	2:36.57	
13 Courtney Klein	SR	Clarke	2:39.58	
14 Elizabeth Hemsworth	SO	Faith Baptis	2:43.92	

Women 1500 Meter Run

Name	Yr	School	Finals	
Finals				
1 Maddie Ivy	FR	Creighton	4:59.69	10
2 Alyssa Eaves	JR	Central	5:04.47	8
3 Molly Bramble	SO	Central	5:05.26	6
4 Emma Nelson	SR	Central	5:09.07	5
5 Lindsey Borgomainerio	SR	Simpson	5:11.75	4
6 Andie Arthofer	FR	Central	5:15.43	3
7 Daphne Baumgartner	SR	Central	5:18.11	2
8 Bree Gaster	SO	Simpson	5:20.47	1
9 Katy Kambhu	SO	Creighton	5:23.41	
10 Deja Lewis	FR	William Penn	5:26.07	
11 Lauren Doocy	JR	Simpson	5:28.04	
12 Erin Boggess	SO	Simpson	5:42.82	
13 Taylor Luczak	SO	Clarke	5:50.81	
14 Shelby King	SR	Simpson	5:54.57	

Women 5000 Meter Run

Name	Yr	School	Finals	
Finals				
1 Mallory Welk	JR	Central	20:24.61	10

Women 100 Meter Hurdles

Name	Yr	School	Prelims	
Preliminaries				
1 Bayley Fleshner	JR	Simpson	15.13q	1.8
2 Krista Bushkofsky	FR	Clarke	15.26q	2.6
3 Meredith Zimmerman	SO	Central	15.49q	1.8
4 McKenna Zimmerman	SO	Central	15.86q	2.6
5 Emma Drees	FR	Central	16.09q	2.6
6 Myra Nichols	JR	Clarke	16.14q	2.6
7 Abby Saladino	SO	Central	16.58q	1.8
8 Allison Smith	SO	Clarke	16.68q	1.8
9 Kaitlyn Gillett	SO	Central	16.73	1.8
10 Nicole Bahl	FR	Simpson	17.68	2.6
11 Rebecca Jensen	FR	Simpson	17.88	1.8
12 Hannah Moulds	JR	Simpson	18.37	2.6
13 Allison Williams	SO	William Penn	18.91	2.6

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Preliminaries ... (Women 100 Meter Hurdles)

Name	Yr	School	Prelims
14 Kayla Rusher	FR	Simpson	19.28 2.6
--- Cassandra Kingery	FR	William Penn	DQ 1.8

Women 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Bayley Fleshner	JR	Simpson	15.34 10
2 Krista Bushkofsky	FR	Clarke	15.54 8
3 Meredith Zimmerman	SO	Central	15.60 6
4 McKenna Zimmerman	SO	Central	15.74 5
5 Emma Drees	FR	Central	16.10 4
6 Myra Nichols	JR	Clarke	16.29 3
7 Allison Smith	SO	Clarke	16.48 2

Women 400 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Samantha Francois	JR	Clarke	1:08.62 10
2 Myra Nichols	JR	Clarke	1:09.04 8
3 Meredith Zimmerman	SO	Central	1:09.88 6
4 Corey Bormann	JR	Clarke	1:10.81 5
5 Sarah Galbraith	SO	Simpson	1:11.32 4
6 Danielle Paquette	FR	Clarke	1:13.88 3
7 Bayley Fleshner	JR	Simpson	1:14.37 2

Women 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Simpson (Iowa)		50.00 10
1) Bayley Fleshner JR	2) Lauren Martin JR	
3) Sarah Ney JR	4) Sarah Galbraith SO	
2 Clarke		50.57 8
1) Samantha Francois JR	2) Krista Bushkofsky FR	
3) Jasmine Reisberg SR	4) Megan Lehmkuhl JR	
3 Clarke	B	x54.21
1) Allison Smith SO	2) Corey Bormann JR	
3) Danielle Paquette FR	4) Darrise Humphries SR	
--- Simpson (Iowa)	B	DQ
1) Nicole Bahl FR	2) Hannah Moulds JR	
3) Rebecca Jensen FR	4) Rachel Muse FR	

Women 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Clarke		4:08.07 10
1) Samantha Francois JR	2) Myra Nichols JR	
3) Austyn Their SO	4) Megan Lehmkuhl JR	

2 Central College	B	4:16.48 8
1) Abigail Davis SO	2) Sarah Mueller JR	
3) Morgan Koenigs FR	4) Daphne Baumgartner SR	
3 Central College	D	X4:17.06
1) Elin Phipps SO	2) Monica Ruiz SO	
3) Molly Bramble SO	4) Emma Nelson SR	
4 Simpson (Iowa)		4:18.58 6
1) Larissa Backhaus FR	2) Lindsey Borgomainerio SR	
3) Jessie Eyerly SO	4) Jessica Gronke SO	
5 Central College	E	X4:21.38
1) Melanie Nielsen SO	2) Emma Drees FR	
3) Andie Arthofer FR	4) Alyssa Eaves JR	
6 William Penn		4:22.40 5
1) Emmenuela Meneide SR	2) Tarah Alexander SO	
3) Sade Myers SR	4) Whitley Schertz JR	
7 Clarke	B	x4:26.17
1) Stephanie Kasiurak SO	2) Anna Herber FR	
3) Danielle Paquette FR	4) Corey Bormann JR	
--- Central College		XDNF
1) Camie Kibbee JR	2) Meredith Zimmerman SO	
3) Kaitlyn Gillett SO	4) Jackie Piper JR	
--- Central College	C	XDNF
1) Taylor Beckman JR	2) Kasey Wiedmaier FR	
3) Kylie Bradley FR	4) Cassidy Gornick FR	

Women High Jump

Starting height = 1.37m

Name	Yr	School	Finals
Finals			
1 Hillary Hotz	JR	Central	1.53m 10
2 Alyssa Phillips	FR	William Penn	1.48m 7
2 Alora Simmons	SO	William Penn	1.48m 7
4 Hannah Moulds	JR	Simpson	1.43m 5
5 Lauren Martin	JR	Simpson	1.38m 4
--- Allison Smith	SO	Clarke	NH

Women Pole Vault

Starting height = 2.45

Name	Yr	School	Finals
Finals			
1 Madison Frehe	SR	Central	2.75m 10
2 April Flood	SO	Clarke	J2.75m 8
3 Whitley Schertz	JR	William Penn	2.45m 6
4 Mary Doherty	SO	Simpson	J2.45m 5
5 Jessica Donar	FR	Clarke	2.30m 4
6 Alyssa Hanson	FR	Simpson	J2.30m 3
--- Morgan Bradford		Unattached	NH

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Women Long Jump**4 jumps, no finals**

Name	Yr	School	Finals
Finals			
1 Taylor Beckman	JR	Central	5.23m 10
2 Emma Drees	FR	Central	4.94m 8
3 Krista Bushkofsky	FR	Clarke	4.90m 6
4 Bayley Fleshner	JR	Simpson	4.86m 5
5 Raveen Rhone	JR	William Penn	4.83m 4
6 Kaitlyn Gillett	SO	Central	4.75m 3
7 Alyssa Phillips	FR	William Penn	4.68m 2
8 Hannah Moulds	JR	Simpson	4.46m 1

Women Triple Jump**4 jumps, no finals**

Name	Yr	School	Finals
Finals			
1 Raveen Rhone	JR	William Penn	10.57m 10
2 McKenna Zimmerman	SO	Central	10.27m 8
3 Taylor Beckman	JR	Central	10.16m 6

Women Shot Put**Minimum Mark - 10m**

Name	Yr	School	Finals
Finals			
1 Jamie Lindstrom	SO	Northern Iowa	13.54m 10
2 Sydney Rabon	JR	Northern Iowa	13.36m 8
3 Meaghan Foster	SO	William Penn	12.94m 6
4 Sarah Pate		Unat-Unattac	X12.19m
5 Brittany Demmer	SR	Clarke	11.21m 5
6 Courtney Hickson	SO	Clarke	11.19m 4
7 April McCarthy	SO	Central	10.99m 3
8 Emma Hoerr	SO	William Penn	10.80m 2
9 Preston Kopp	FR	Clarke	10.20m 1
10 Kristin Lastovka	SO	William Penn	9.91m
11 Katie Broghammer	SO	Clarke	9.41m
12 Briana McRae	FR	William Penn	9.29m
--- Tamara Weltch	SR	William Penn	FOUL

Women Discus Throw**Minimum Mark - 32m**

Name	Yr	School	Finals
Finals			
1 Jamie Lindstrom	SO	Northern Iowa	44.81m 10
2 Chloe Schmidt	SO	Northern Iowa	42.83m 8
3 Sarah Pate		Unat-Unattac	X40.65m
4 Brittany Demmer	SR	Clarke	39.81m 6
5 Emma Hoerr	SO	William Penn	37.53m 5
6 Lorell Stuht	FR	Central	34.54m 4
7 April McCarthy	SO	Central	33.93m 3

8 Katie Broghammer	SO	Clarke	32.72m 2
9 Amanda Schrempf	SO	William Penn	32.04m 1
10 Courtney Hickson	SO	Clarke	31.30m
11 Zoe Carlson	FR	Simpson	30.79m
12 Preston Kopp	FR	Clarke	28.06m
13 Trisha Beckley	JR	Clarke	27.90m
14 Briana McRae	FR	William Penn	19.11m

Women Hammer Throw**Minimum Mark - 35m**

Name	Yr	School	Finals
Finals			
1 Sydney Rabon	JR	Northern Iowa	51.70m 10
2 Jamie Lindstrom	SO	Northern Iowa	46.83m 8
3 Tydel Jones		Unat-Unattac	X46.02m
4 Preston Kopp	FR	Clarke	41.22m 6
5 Lorell Stuht	FR	Central	41.16m 5
6 Meaghan Foster	SO	William Penn	40.75m 4
7 Chloe Schmidt	SO	Northern Iowa	40.63m 3
8 Brittany Demmer	SR	Clarke	39.49m 2
9 Tamara Weltch	SR	William Penn	39.27m 1
10 Kristin Lastovka	SO	William Penn	36.76m
11 April McCarthy	SO	Central	35.99m
12 Courtney Hickson	SO	Clarke	35.81m
13 Trisha Beckley	JR	Clarke	31.51m
14 Katie Broghammer	SO	Clarke	31.32m

Women Javelin Throw**Minimum Mark - 25m**

Name	Yr	School	Finals
Finals			
1 Whitney Pavlat	JR	Central	36.88m 10
2 Bayley Fleshner	JR	Simpson	28.37m 8
3 Emma Drees	FR	Central	26.42m 6
4 Kaitlyn Gillett	SO	Central	26.40m 5
5 Morgan Koenigs	FR	Central	25.88m 4
6 Meredith Zimmerman	SO	Central	24.97m 3
7 Amanda Schrempf	SO	William Penn	24.79m 2
8 April McCarthy	SO	Central	22.37m 1

Men 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Brad Vogel	SR	Simpson	11.05 10
2 Nate Sickerson	SR	Unattached	X11.08 2.1
3 Mitch Wagoner	SR	Central	11.17 8
4 Elnimar Barakat	SO	William Penn	11.25 6
5 Tyler Kenny	JR	Simpson	11.46 5
6 Kenbea Walker	JR	William Penn	11.50 4
7 Ryan Wettengel		Iowa Track Club	11.55 3
8 Mason Zimmerman	JR	Central	11.56 2

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Finals ... (Men 100 Meter Dash)

Name	Yr	School	Finals
9 Stephon Williams	JR	William Penn	11.57 1
10 Jared Grove	SO	Simpson	11.57 2.1
11 Jonathan Ward	FR	William Penn	11.67 1.1
12 Adrean Johnson	FR	Simpson	11.73 2.1
13 John Koelling		Iowa Track Club	11.86 1.4
14 Patrick Shea	FR	Clarke	12.01 1.1
15 Zach Verbeck		Iowa Track Club	12.04 1.4

Men 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Mitch Wagoner	SR	Central	22.54 10
2 Brad Vogel	SR	Simpson	22.70 8
3 Elnimar Barakat	SO	William Penn	22.78 6
4 Taylor Shively	SO	Clarke	22.90 5
5 Nate Sickerson	SR	Unattached	X22.93 3.7
6 Austin Witt	FR	Central	23.12 4
7 Kenbea Walker	JR	William Penn	23.12 3
8 Phillip Jones	SR	Unattached	X23.15 1.7
9 Ryan Wettengel		Iowa Track Club	23.16 2
10 Jared Grove	SO	Simpson	23.24 1
11 Stephon Williams	JR	William Penn	23.27 2.0
12 Tyler Kenny	JR	Simpson	23.27 3.7
13 Matt Pearson	FR	Simpson	23.45 1.7
14 John Koelling		Iowa Track Club	23.64 1.7
15 Kaleb Bozorgzadeh	SR	Iowa Track Club	23.74 1.6
16 Lorren Stahl	SR	Iowa Track Club	23.82 1.1
17 Jonathan Ward	FR	William Penn	24.18 1.6
18 Michael Bahl	SR	Simpson	24.34 1.6
19 Zach Verbeck		Iowa Track Club	24.57 1.1
20 Nate Patefield	FR	Faith Baptis	25.99 1.1

Men 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 Alex Edwards	JR	William Penn	48.81 10
2 Taylor Shively	SO	Clarke	51.25 8
3 Brice Sheeder	JR	Simpson	51.59 6
4 John Koelling		Iowa Track Club	51.92 5
5 Brendan Walters	JR	Clarke	51.97 4
6 Kaleb Bozorgzadeh	SR	Iowa Track Club	52.07 3
7 Kyle Dombeck	SR	Iowa Track Club	52.08 2
8 C.J. Moody	JR	Simpson	52.30 1
9 Nick Borchert		Iowa Track Club	52.42
10 Brandon Young	JR	Central	53.97
11 Phillip Jones	SR	Unattached	X54.01
12 Grady Carson	JR	Central	54.36
13 Cole Ebel	SO	Central	54.88
14 Zach Verbeck		Iowa Track Club	56.51

15 Nate Patefield	FR	Faith Baptis	57.48
16 Kyle England	FR	Faith Baptis	58.65
17 Chris Damsgaard	FR	Faith Baptis	1:00.23

Men 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Leif Jeppson	SR	Simpson	1:58.72 10
2 Brennen Wears	SR	Iowa Track Club	1:58.80 8
3 L.J. Lipscomb	JR	Central	1:59.21 6
4 Miles Kirts	SO	Simpson	1:59.81 5
5 Nick Anderson	JR	Clarke	2:00.99 4
6 Cody Alexander	FR	Simpson	2:01.36 3
7 Blake Washington	SR	William Penn	2:02.39 2
8 Nick Nolte	SO	Simpson	2:02.42 1
9 Anthony Burton	JR	Simpson	2:02.63
10 Mason Zimmerman	JR	Central	2:02.73
11 Clayton Fritz	SR	Central	2:05.94
12 Nick Delaney	FR	Creighton	2:06.71
13 Nick Barnes	JR	Central	2:07.78
14 John Roudabush	JR	William Penn	2:08.02
15 Mitch Green	FR	Simpson	2:08.41
16 David Meyers	JR	Clarke	2:09.35
17 Jordan Burns	JR	Central	2:09.63
18 Alex Bleadorn	SO	Central	2:10.40
19 Andy Allen	SO	Unattached	X2:13.04
20 Zack Molid	JR	Clarke	2:14.67
21 Josh Bellows	SR	Clarke	2:16.99
22 Kyle England	FR	Faith Baptis	2:25.98
23 Chris Damsgaard	FR	Faith Baptis	2:27.83
24 Jacob Estrella	FR	Clarke	2:29.89

Men 1500 Meter Run

Name	Yr	School	Finals
Finals			
1 Drew Jackson	JR	Central	3:55.70 10
2 Eli Horton	JR	Central	3:55.83 8
3 Jamie Vander Veer	JR	Central	3:59.99 6
4 Austin O'Brien	JR	Central	4:01.09 5
5 Drew Prescott	JR	Creighton	4:01.39 4
6 Isaac Steffensmeier	FR	Central	4:02.68 3
7 Garrett Kenyon	SO	Creighton	4:04.12 2
8 Cole Decker	SO	Central	4:07.55 1
9 Jason Thomas	FR	Unattached	X4:10.23
10 Cody Doughan	SR	Central	4:13.71
11 Andy Marshall		Iowa Track Club	4:17.54
12 Kyle Nuehring	SO	Central	4:18.51
13 Blake Willadsen	SO	Simpson	4:18.63
14 Steve Raimondi	JR	Creighton	4:19.80
15 Graham Mahon	SR	Clarke	4:21.40
16 Max Nguyen	SR	Simpson	4:21.55

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Finals ... (Men 1500 Meter Run)

Name	Yr	School	Finals
17 Kevin England	SO	Faith Baptis	4:22.07
18 Chase Gregory	JR	Clarke	4:26.04
19 Matt Wittman	FR	Creighton	4:27.54
20 Nicholas Thomas	JR	William Penn	4:28.25
21 Nick Barnes	JR	Central	4:29.49
22 Chris SIRRIDGE	JR	Central	4:35.72
23 Carlos Lizama	FR	William Penn	4:39.11
24 Josh Bellows	SR	Clarke	4:48.83
25 Karl Weaver	FR	Central	4:54.25

Men 5000 Meter Run

Name	Yr	School	Finals
1 Garrett Kenyon	SO	Creighton	15:29.05 10
2 Matt Piercy	FR	Creighton	15:56.04 8
3 Timothy Shepherd	JR	Central	15:59.08 6
4 Ethan Pellegrino	SO	Simpson	16:22.23 5
5 Evan Jones	FR	Gustavus	16:26.39 4
6 Andrew Mayes	SO	Simpson	16:38.53 3
7 Andy Marshall		Iowa Track Club	16:49.33 2
8 Nathaniel Jones	SO	Simpson	16:54.84 1
9 Kevin England	SO	Faith Baptis	17:22.44
10 Thomas Kolbo	SO	Simpson	17:49.54

Men 110 Meter Hurdles

Name	Yr	School	Prelims
1 Dan Roerman	SO	Central	14.92q 1.7
2 Sam Taylor	JR	William Penn	15.07q 2.1
3 Tyler Ernst	SR	Clarke	15.16q 1.7
4 Jake Forgie	JR	Central	15.93q 2.1
5 Aaron Fuller	SR	Central	16.67q 1.7
6 Isaac Frazier	FR	Simpson	16.71q 2.1
7 Jaemin Powell	SO	Central	17.19q 2.1
8 Markenson Charles	FR	William Penn	17.25q 2.1
--- Conner Freeman	JR	Central	DNF 1.7

Men 110 Meter Hurdles

Name	Yr	School	Finals
1 Dan Roerman	SO	Central	14.90 10
2 Sam Taylor	JR	William Penn	15.00 8
3 Tyler Ernst	SR	Clarke	15.16 6
4 Isaac Frazier	FR	Simpson	16.28 5
5 Jake Forgie	JR	Central	16.51 4
6 Jaemin Powell	SO	Central	17.47 3
7 Markenson Charles	FR	William Penn	17.52 2

Men 400 Meter Hurdles

Name	Yr	School	Finals
1 Paul Cave	JR	Clarke	54.99 10
2 Trevor McKee	FR	Simpson	56.86 8
3 Andy Allen	SO	Unattached	X58.52
4 Dan Roerman	SO	Central	58.63 6
5 Triston Twedt	FR	Simpson	58.89 5
6 Jordan Sump	SR	Central	1:00.54 4
7 Patrick Rotherth	JR	Clarke	1:01.03 3
8 Zach Quick	FR	Central	1:01.71 2
9 Joe Kotz	FR	Central	1:03.32 1
10 John Herber	SO	Clarke	1:03.60

Men 4x100 Meter Relay

Team	Relay	Finals
1 Simpson (Iowa)		43.92 10
1) Brad Vogel SR	2) Matt Pearson FR	
3) Tyler Kenny JR	4) Jared Grove SO	
2 William Penn		44.16 8
1) Sam Taylor JR	2) Stephon Williams JR	
3) Joshua Rankin FR	4) Elnimar Barakat SO	
3 Central College		44.32 6
1) Jordan Sump SR	2) Austin Witt FR	
3) Grady Carson JR	4) Cole Ebel SO	
4 Unattached		X45.42
--- Clarke		DNF
1) Tyler Ernst SR	2) Brendan Walters JR	
3) Kohl Gregory SO	4) Patrick Shea FR	
--- Simpson (Iowa)	B	DQ
1) Andy Becker FR	2) Adrean Johnson FR	
3) Triston Twedt FR	4) Trevor McKee FR	

Men 4x400 Meter Relay

Team	Relay	Finals
1 William Penn		3:21.39 10
1) Alex Edwards JR	2) Cornelius McCastle FR	
3) Stephon Williams JR	4) Nicholas Thomas JR	
2 Simpson (Iowa)		3:26.99 8
1) Brice Sheeder JR	2) Brad Vogel SR	
3) Triston Twedt FR	4) Matt Pearson FR	
3 Iowa Track Club		3:27.24 6
1) Kyle Dombeck SR	2) Kaleb Bozorgzadeh SR	
3) Brennen Wears SR	4) Lorren Stahl SR	
4 Simpson (Iowa)	B	x3:28.35
1) C.J. Moody JR	2) Leif Jeppson SR	
3) Anthony Burton JR	4) Miles Kirts SO	

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Finals ... (Men 4x400 Meter Relay)

Team	Relay	Finals
5 Clarke		3:28.55 5
1) Paul Cave JR	2) Brendan Walters JR	
3) Zack Molid JR	4) Nick Anderson JR	
6 Central College		3:30.95 4
1) Mason Zimmerman JR	2) Mitch Wagoner SR	
3) Joe Kotz FR	4) Cole Ebel SO	
7 Central College	C	x3:31.81
1) Dan Roemeran SO	2) Nick Barnes JR	
3) Brian Zahnle JR	4) Alex Bleardorn SO	
8 Central College	E	x3:35.13
1) L.J. Lipscomb JR	2) Kyle Nuehring SO	
3) Cody Doughan SR	4) Aaron Fuller SR	
9 Central College	B	x3:36.03
1) Drew Jackson JR	2) Grady Carson JR	
3) Jake Forgie JR	4) Zach Quick FR	
10 Simpson (Iowa)	C	x3:36.89
1) Trevor McKee FR	2) Jared Grove SO	
3) Tyler Kenny JR	4) Isaac Frazier FR	
11 Central College	H	x3:39.50
1) Austin O'Brien JR	2) Jordan Burns JR	
3) Timothy Shepherd JR	4) Eli Harper FR	
12 Central College	F	x3:39.57
1) Jordan Sump SR	2) Brandon Young JR	
3) Eli Horton JR	4) Cole Decker SO	
13 Central College	D	x3:41.93
1) Jaemin Powell SO	2) Clayton Fritz SR	
3) Conner Freeman JR	4) Chris Sirridge JR	
14 Central College	G	x3:42.15
1) Austin Witt FR	2) Jamie Vander Veer JR	
3) Isaac Steffensmeier FR	4) Karl Weaver FR	
15 Clarke	B	x3:44.89
1) Patrick Rothert JR	2) Josh Bellows SR	
3) David Meyers JR	4) Chase Gregory JR	
16 Faith Baptist Bible		3:56.54 3
1) Kyle England FR	2) Kevin England SO	
3) Chris Damsgaard FR	4) Nate Patefield FR	
--- Simpson (Iowa)	D	DNF
1) Michael Bahl SR	2) Andy Becker FR	
3) Cody Alexander FR	4) Mitch Green FR	

**Men High Jump
Starting height = 1.73**

Name	Yr	School	Finals
Finals			
1 Cornelius McCastle	FR	William Penn	2.03m 10
2 Logan Mulford	FR	Central	1.88m 8
3 Conner Freeman	JR	Central	J1.88m 6
4 Kohl Gregory	SO	Clarke	J1.88m 5
5 Isaac Frazier	FR	Simpson	1.83m 4

**Men Pole Vault
Starting height = 3m**

Name	Yr	School	Finals
Finals			
1 Nick Lemmon	JR	Central	3.90m 10
2 Mark Schmidt	FR	Clarke	3.75m 8
3 Jonathan Shephard	SO	Clarke	3.60m 6
--- Josh Wooten	FR	William Penn	NH

**Men Long Jump
4 jumps, no finals**

Name	Yr	School	Finals
Finals			
1 Michael Mackin	JR	Central	6.32m 10
2 Brendan Walters	JR	Clarke	6.25m 8
3 Landon Coker	JR	Central	5.87m 6
4 Brian Zahnle	JR	Central	5.84m 5
5 Kohl Gregory	SO	Clarke	5.77m 4
6 Isaac Frazier	FR	Simpson	5.75m 3
7 Austin Witt	FR	Central	5.49m 2

**Men Triple Jump
4 jumps, no finals**

Name	Yr	School	Finals
Finals			
1 Cornelius McCastle	FR	William Penn	13.52m 10
2 Trey Wiedmann	SO	Clarke	13.24m 8
3 Chris Gossett	FR	William Penn	12.96m 6
4 Brian Zahnle	JR	Central	12.49m 5
5 Joshua Rankin	FR	William Penn	12.38m 4
6 Michael Mackin	JR	Central	11.84m 3
7 Jordan Sump	SR	Central	11.41m 2
8 Zach Quick	FR	Central	10.84m 1

**Men Shot Put
Minimum Mark - 10m**

Name	Yr	School	Finals
Finals			
1 Justin Dunn		Unat-Unattac	X14.89m
2 Scott Schilb		Unattached	X14.83m
3 Gunnar Johnson	JR	Central	14.60m 10
4 Kalob Gist	SO	William Penn	14.05m 8
5 Jacob Humpal		Unat-Unattac	X13.10m
6 Josh Tack	JR	Central	12.29m 6
7 Trenton Smothers	FR	Central	11.97m 5
8 Ryan Murray	FR	Clarke	11.80m 4
9 Jonathan Shephard	SO	Clarke	11.79m 3
10 Aaron Seddon	FR	Unattached	X10.60m
11 Colt Brumbaugh	JR	William Penn	10.49m 2
12 Aaron Fuller	SR	Central	J10.49m 1

**Central College Invitational
Ron and Joyce Schipper Stadium
Pella, IA - 4/5/2014**

Results

Men Discus Throw

Minimum Mark - 32m

Name	Yr	School	Finals
Finals			
1 Jordan Williams	6	Unattached	X57.79m
2 Grant Luer		Unattached	X57.77m
3 Chase Madison		Unattached	X54.82m
4 Matt Schiffer	SR	Northern Iowa	52.54m 10
5 Scott Schilb		Unattached	X47.69m
6 Adam McDonnell	SR	Northern Iowa	47.54m 8
7 Derek Seddon	FR	William Penn	45.66m 6
8 Evan Colfack	FR	Northern Iowa	45.62m 5
9 Justin Dunn		Unat-Unattac	X45.13m
10 Jacob Humpal		Unat-Unattac	X41.91m
11 Josh Tack	JR	Central	41.62m 4
12 Ben Miller	FR	Central	40.70m 3
13 Kody Dailey	FR	Central	40.40m 2
14 Kyle Hansen		Unat-Unattac	X40.13m
15 Jake Webb	FR	Central	38.72m 1
16 Chris Davis	SO	Central	38.30m
17 Steven Messerschmidt	SR	Central	37.63m
18 Jordan Sanders	FR	Central	36.42m
19 Gunnar Johnson	JR	Central	33.91m
20 Aaron Seddon	FR	Unattached	X33.70m
21 Jaemin Powell	SO	Central	32.39m
22 Aaron Fuller	SR	Central	31.38m
23 Jonathan Shephard	SO	Clarke	29.93m
24 Ryan Murray	FR	Clarke	28.50m
25 John Sturtz	SO	Clarke	17.49m
--- Jon Power	FR	Central	FOUL

Men Hammer Throw

Minimum Mark - 35m

Name	Yr	School	Finals
Finals			
1 Adam McDonnell	SR	Northern Iowa	57.23m 10
2 Matt Schiffer	SR	Northern Iowa	54.55m 8
3 Steven Messerschmidt	SR	Central	50.61m 6
4 Mike Gutberlet	JR	Unattached	X46.85m
5 Evan Colfack	FR	Northern Iowa	43.59m 5
6 Chris Davis	SO	Central	42.65m 4
7 Derek Seddon	FR	William Penn	38.98m 3
8 Josh Tack	JR	Central	38.79m 2
9 Jordan Sanders	FR	Central	35.52m 1
10 Colt Brumbaugh	JR	William Penn	34.10m
11 Kalob Gist	SO	William Penn	34.08m
12 Ryan Murray	FR	Clarke	33.83m
13 Jake Webb	FR	Central	32.80m
14 John Sturtz	SO	Clarke	31.83m
15 Jon Power	FR	Central	31.79m

16 Aaron Seddon	FR	Unattached	X31.35m
17 Trenton Smothers	FR	Central	28.26m
--- Justin Dunn		Unat-Unattac	XFOUL
--- Ben Krynski	FR	Unattached	XFOUL

Men Javelin Throw

Minimum Mark - 30m

Name	Yr	School	Finals
Finals			
1 Kody Dailey	FR	Central	48.68m 10
2 Levi Ross	SR	Central	45.94m 8
3 Colt Brumbaugh	JR	William Penn	43.07m 6
4 Gunnar Johnson	JR	Central	38.42m 5
5 Chris Davis	SO	Central	38.20m 4
6 Adam Ledvina		Unattached	X35.89m
7 John Sturtz	SO	Clarke	23.68m 3
--- Van Love-Scott	SR	William Penn	ND

Women - Team Rankings - 18 Events Scored

1) Central College	214
2) Clarke	130
3) Simpson (Iowa)	110
4) William Penn	83
5) Northern Iowa	57
6) Creighton	17
7) Faith Baptist Bible	2

Men - Team Rankings - 18 Events Scored

1) Central College	239
2) William Penn	115
3) Simpson (Iowa)	102
4) Clarke	94
5) Northern Iowa	46
6) University of Iowa Track Club	31
7) Creighton	24
8) Gustavus Adolphus	4
9) Faith Baptist Bible	3