

Dick Washburn Invitational - 3/28/2013

Muscatine High School

Results

Girls 100 Meter Dash Varsity

Meet: 12.19 * 2002 Sarah Riedel - Muscatine

Name	Yr	School	Finals
Finals			
1	Katie Shoultz	Muscatine	13.06 10
2	Jasmyne Jones	CR Washingto	13.28 8
3	Alicia Hardin	IC West	13.44 6
4	Emily Paul	PI Valley	13.52 5
5	Aminah Baloch	CR Prairie	13.55 4
6	Jennifer Kruse	PI Valley	13.82 3
7	Anna Shaw	Bettendorf	13.91 2
8	Kiana Jackson	CR Prairie	14.02 1
9	Olivia Drexler	Bettendorf	14.15
10	Sara Lauer	Hempstead	14.36
11	Raven Jones	Clinton	14.72
12	Haylee Calvin	Clinton	14.79
13	Emily Schwenindinger	Hempstead	15.28

Girls 200 Meter Dash Varsity

Meet: 25.74 * 2011 McKennan Cronbaugh

Name	Yr	School	Finals
Finals			
1	Alicia Hardin	IC West	27.58 10
2	Jasmyne Jones	CR Washingto	27.87 8
3	Jessica Brown	Hempstead	28.70 6
4	Jordan Simon	PI Valley	28.76 5
5	Anna Shaw	Bettendorf	28.92 4
6	Olivia Drexler	Bettendorf	28.97 3
7	Alyssa Simon	PI Valley	29.02 2
8	Ashli O'Shea	CR Prairie	29.14 1
9	Maddie Adams	CR Prairie	29.52
10	Logan Eckhardt	CR Washingto	30.24
11	Raven Jones	Clinton	30.82
12	Caitlin Schroeder	Hempstead	31.78

Girls 400 Meter Dash Varsity

Meet: 1:00.04 * 1996 Kristin Hulbert - Pleasant Valley

Name	Yr	School	Finals
Finals			
1	Tia Saunders	IC West	1:01.36 10
2	Larkin Chapman	Muscatine	1:02.00 8
3	Annie Schaeckenbach	IC West	1:03.35 6
4	Hope Steimel	CR Prairie	1:06.20 5
5	Sarah Witt	CR Washingto	1:06.74 4
6	Mickey Malmgren	PI Valley	1:07.65 3
7	Anne Visser	CR Washingto	1:07.69 2
8	Hannah Welsh	Hempstead	1:11.74 1
9	Mackenzie Hafkemeyer	Hempstead	1:12.91
10	Angela Rauwolf	PI Valley	1:14.01

Girls 800 Meter Run Varsity

Meet: 2:19.06 * 2002 Lynn Dobyns - IC West

Name	Yr	School	Finals
Finals			
1	Mahnee Watts	Bettendorf	2:20.37 10
2	Ashley Knudson	IC West	2:23.27 8
3	Jocelyn Wood	CR Prairie	2:24.03 6
4	Shannon Gorman	CR Washingto	2:24.79 5
5	Ali Oppel	PI Valley	2:25.12 4
6	Pombie Silverman	IC West	2:29.02 3
7	Maddie Reynolds	PI Valley	2:35.47 2
8	Fardis Lindblom	Hempstead	2:38.52 1
9	Becca Brimeyer	Hempstead	2:41.22
10	Madison Stuckenschneider	CR Washingto	2:41.58

Girls 1500 Meter Run Varsity

Meet: 4:51.15 * 3/30/2012 Anna Peer

Name	Yr	School	Finals
Finals			
1	McKenzie Yaneck	PI Valley	4:45.87* 10
2	Ashlynn Yokom	IC West	4:46.63* 8
3	Megan Nickles	Bettendorf	4:51.30 6
4	Kaley Ciluffo	PI Valley	4:58.18 5
5	Anna Peer	Bettendorf	5:05.73 4
6	Reyna Melendez	Muscatine	5:23.57 3
7	Regan France	Muscatine	5:26.29 2
8	Kim Kaster	Clinton	5:26.48 1
9	Emmie Skopec	IC West	5:27.94
10	Sarah Meyers	CR Prairie	5:32.31
11	Holly Wisnousky	CR Prairie	5:37.90
12	Katie Buchheit	Hempstead	5:39.90
13	Shelby Weets	Clinton	5:40.35
14	Kristin Mackenburg	CR Washingto	5:43.19
15	Ashley Klein	Hempstead	5:45.82
16	Morgan Stuckenschneider	CR Washingto	5:46.92

Girls 3000 Meter Run Varsity

Meet: 10:20.00 * 2002 Jenni Fruden - IC West

Name	Yr	School	Finals
Finals			
1	Ashlynn Yokom	IC West	10:27.43 10
2	Shannon Gorman	CR Washingto	10:58.09 8
3	Pombie Silverman	IC West	11:05.38 6
4	Beth Heims	CR Prairie	11:28.94 5
5	Kim Kaster	Clinton	11:31.21 4
6	Brenna German	PI Valley	11:48.55 3
7	Sarah Meyers	CR Prairie	11:53.73 2
8	Kierstyn Feld	PI Valley	12:13.48 1
9	Sam Lahey	Hempstead	12:26.73
10	Kristin Mackenburg	CR Washingto	12:35.50
11	Ellen Welu	Hempstead	12:55.49

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Girls 100 Meter Hurdles Varsity

Meet: 15.59 * 2010 Laura Rodriguez

Name	Yr	School	Finals
Finals			
1 Anne Leners		PI Valley	16.01 10
2 Grace Young		IC West	16.33 8
3 Hailee Montgomery		CR Prairie	16.89 6
4 Bailey Bowman		IC West	17.56 5
5 Kelli DeGeorge		PI Valley	17.60 4
6 Brenna Hafner		Bettendorf	18.98 3
7 Selma Lindblom		Hempstead	19.10 2
8 Isabella Tharp		Hempstead	19.35 1
9 Annette Ocampo		Muscatine	19.59
10 Kirsten Sievert		Muscatine	19.98
11 Keitasha Arnold		CR Washingto	20.01
12 Micaela Finney		Bettendorf	20.41

Girls 400 Meter Hurdles Varsity

Meet: 1:05.47 * 3/30/2012 Anne Leners

Name	Yr	School	Finals
Finals			
1 Anne Leners		PI Valley	1:08.05 10
2 Lauren Bobst		IC West	1:11.13 8
3 Grace Young		IC West	1:12.35 6
4 Laura Kulp		PI Valley	1:12.56 5
5 Katie VanDooren		CR Prairie	1:15.66 4
6 Micaela Finney		Bettendorf	1:18.49 3
7 Kelsey Wenger		CR Prairie	1:18.96 2
8 Isabella Tharp		Hempstead	1:18.98 1
9 Hannah Welsh		Hempstead	1:23.60

Girls 4x100 Meter Relay Varsity

Meet: 50.12 * 2001 Muscatine

Team	Relay	Finals
Finals		
1 Pleasant Valley		52.19 10
1) Kathryn Leidahl	2) Jennifer Kruse	
3) Claire Schwarz	4) Emily Paul	
2 CR Prairie		52.61 8
1) Amanda Pipolo	2) Katie VanDooren	
3) Janae Aune	4) Aminah Baloch	
3 Iowa City West		53.13 6
1) Katherine Mukumbilwa	2) Kiana Wilson	
3) Kristina Bauer	4) Alicia Hardin	
4 Hempstead		55.45 5
1) Sara Lauer	2) Jessica Brown	
3) Emily Kelleher	4) Alyssa Cose	
5 Clinton		58.80 4
1) Haylee Calvin	2) Rebecca Hess	
3) Alex Melvin	4) Raven Jones	

Girls 4x200 Meter Relay Varsity

Meet: 1:47.21 * 3/30/2012 Iowa City West

Team	Relay	Finals
Finals		
1 Pleasant Valley		1:50.80 10
1) Claire Schwarz	2) Kathryn Leidahl	
3) Jordan Simon	4) Alyssa Simon	
2 CR Prairie		1:52.38 8
1) Janae Aune	2) Ashli O'Shea	
3) Kenzie Soeken	4) Aminah Baloch	
3 Hempstead		1:55.83 6
1) Emily Kelleher	2) Sara Lauer	
3) Jessica Brown	4) Mackenzie Keil	
4 Clinton		1:56.66 5
1) Hannah Burken	2) Mckenzie Peterson	
3) Elle Tubbs	4) Erin Wenzel	
5 Muscatine		1:57.19 4
1) Lissa Romagnoli	2) Kjirstin Rein	
3) Leti Lerma	4) Emilee Meyer	
--- Iowa City West		DQ
1) Katherine Mukumbilwa	2) Mackenzie Russell	
3) Haley Roudabush	4) Alyssa McKeone	

Girls 4x400 Meter Relay Varsity

Meet: 4:04.97 * 2001 IC West

Team	Relay	Finals
Finals		
1 Bettendorf		4:15.16 10
1) Mahnee Watts	2) Jenn Campbell	
3) Abby Sears	4) Megan Nickles	
2 Iowa City West		4:15.50 8
1) Olive Carrollhach	2) Akimi Oya	
3) Annie Schaeckenbach	4) Molly Leveille	
3 Clinton		4:21.43 6
1) Elle Tubbs	2) Mckenzie Peterson	
3) Hannah Burken	4) Erin Wenzel	
4 Pleasant Valley		4:26.60 5
1) Mickey Malmgren	2) Loraine Arikat	
3) Chloe Miller	4) Laura Kulp	
5 Muscatine		4:33.16 4
1) Emilee Meyer	2) Kjirstin Rein	
3) Priya Krishnan	4) Emma Kent	
6 Hempstead		4:34.33 3
1) Mackenzie Keil	2) Emily Ehlers	
3) Molly Denlinger	4) Fardis Lindblom	

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Girls 4x800 Meter Relay Varsity

Meet: 9:43.14 * 2011 Bettendorf

Team	Relay	Finals
Finals		
1 Bettendorf		9:38.97* 10
1) Abby Sears	2) Anna Peer	
3) Megan Nickles	4) Mahnee Watts	
2 Pleasant Valley		9:41.71* 8
1) Claire Schwarz	2) Carly Donahue	
3) Ali Oppel	4) Kaley Ciluffo	
3 Iowa City West		10:19.01 6
1) Emmie Skopec	2) Olive Carrollhach	
3) Akimi Oya	4) Ashley Knudson	
4 Hempstead		10:35.56 5
1) Ashley Klein	2) Fardis Lindblom	
3) Ellie Saddler	4) Becca Brimeyer	
5 Muscatine		10:48.21 4
1) Reyna Melendez	2) Kjirstin Rein	
3) Regan France	4) Larkin Chapman	
6 CR Prairie		11:58.07 3
1) MacKenzie Sellnau	2) Katie Costigan	
3) Sebrina Webster	4) Rylie Kane	

Girls 800 Sprint Medley Varsity

Meet: 1:52.38 * 1995 Muscatine

Team	Relay	Finals
Finals		
1 Bettendorf		1:53.32 10
1) Anna Shaw	2) Olivia Drexler	
3) Abby Sears	4) Mahnee Watts	
2 Pleasant Valley		1:55.17 8
1) Kathryn Leidahl	2) Emily Paul	
3) Sam Richard	4) Carly Donahue	
3 Iowa City West		1:56.14 6
1) Kristina Bauer	2) Kiana Wilson	
3) Cali Kinney	4) Tia Saunders	
4 CR Prairie		2:01.48 5
1) Amanda Pipolo	2) Kiana Jackson	
3) Janae Aune	4) Hannah Grimm	
5 CR Washington		2:02.88 4
1) Malaysha Fields	2) Jasmyne Jones	
3) Anne Visser	4) Sarah Witt	
6 Hempstead		2:03.35 3
1) Sara Lauer	2) Katie Weber	
3) Selma Lindblom	4) Ellie Saddler	
--- Muscatine		DQ
1) Lissa Romagnoli	2) Megan Butler	
3) Katie Shultz	4) Larkin Chapman	

Girls Distance Medley Varsity

Meet: 4:16.48 * 3/30/2012 Bettendorf

J Trizzino, K Moore, A Fry, M Nickles

Team	Relay	Finals
Finals		
1 Iowa City West		4:26.29 10
1) Cali Kinney	2) Kiana Wilson	
3) Lizzy Klemme	4) Molly Leveille	
2 Clinton		4:29.36 8
1) Hannah Burken	2) Mckenzie Peterson	
3) Elle Tubbs	4) Erin Wenzel	
3 Pleasant Valley		4:34.84 6
1) Sam Richard	2) Alyssa Conway	
3) Loraine Arikat	4) Maddie Reynolds	
4 CR Prairie		4:48.74 5
1) Hannah Grimm	2) Halle Lueck	
3) Jocelyn Wood	4) Emily Wallace	
--- Hempstead		DQ
1) Emily Kelleher	2) Alyssa Cose	
3) Emily Ehlers	4) Molly Denlinger	

Girls 4x100 Meter Shuttle Hurdle Varsity

Meet: 1:07.94 * 2009 Pleasant Valley

Team	Relay	Finals
Finals		
1 Iowa City West		1:09.41 10
1) Lauren Bobst	2) Kristina Bauer	
3) Bailey Bowman	4) Grace Young	
2 Pleasant Valley		1:09.94 8
1) Kelli DeGeorge	2) Tessa James	
3) Laura Kulp	4) Anne Leners	
3 CR Prairie		1:13.10 6
1) Katie VanDooren	2) Chelsey Montgomery	
3) Kelly Carstens	4) Hailee Montgomery	
4 Hempstead		1:24.37 5
1) Selma Lindblom	2) Isabella Tharp	
3) Katie Weber	4) Cassidy Bierderman	

Girls High Jump Varsity

Meet: 5-05 * 2011 Shaylyn Greenhaw/AG Bradford

Name	Yr	School	Finals
Finals			
1 Kelli DeGeorge		PI Valley	5-02.00 10
2 Leslie Harder		CR Prairie	5-00.00 8
3 Kenzie Soeken		CR Prairie	4-10.00 6
4 Heather Splinter		Hempstead	J4-10.00 4.5
4 Emma Kent		Muscatine	J4-10.00 4.5
6 Logan Eckhardt		CR Washington	4-08.00 3
7 Regan France		Muscatine	4-06.00 2
8 Tracy Bauer		Hempstead	J4-06.00 1
9 Lauren Bobst		IC West	4-04.00

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Finals ... (Girls High Jump Varsity)

Name	Yr	School	Finals
---		Makenzie Mackovich	PI Valley NH

Girls Long Jump Varsity

Meet: 17-08.50 * 1983 Annette Chapman - Muscatine

Name	Yr	School	Finals
Finals			
1		McKenna Cronbaugh	IC West 17-09.50* 10
2		Katie Shoultz	Muscatine 16-04.75 8
3		Aminah Baloch	CR Prairie 14-10.00 6
4		Larkin Chapman	Muscatine 14-08.00 5
5		Chloe Miller	PI Valley 14-06.00 4
6		Jennifer Kruse	PI Valley 14-04.50 3
7		Maddie Baetsle	CR Prairie 13-06.00 2
8		Katherine Mukumbilwa	IC West 12-10.25 1
9		Heather Little	Hempstead 12-01.25

Girls Shot Put Varsity

Meet: 46-11.50 * 2008 Danielle Frere

Name	Yr	School	Finals
Finals			
1		Rachel Griffin	CR Prairie 35-06.00 10
2		Abby Brayton	IC West 35-00.75 8
3		Alex Malloy	CR Prairie 34-08.00 6
4		Maddie McComber	PI Valley 33-11.00 5
5		Maya Danner	Bettendorf 33-01.00 4
6		Erika Hammond	Clinton 32-11.25 3
7		Jamie Wichhart	IC West 32-06.00 2
8		Brianna Andrews	CR Washington 29-05.75 1
9		Sami Kemp	Hempstead 29-04.50
10		Megan Butler	Muscatine 28-09.50
11		Riley Hefel	Hempstead 28-07.50
12		Morgan Stone	PI Valley 27-07.25
13		Alayna Geronzin	Clinton 27-05.25
14		Kayla Schlicting	Bettendorf 27-03.25
15		Aarin Gafeller	Muscatine 26-00.00
16		Charle' Jones	CR Washington 24-10.00

Girls Discus Throw Varsity

Meet: 148-11 * 2007 Taylor Freeman - IC West

Name	Yr	School	Finals
Finals			
1		Chloe Miller	PI Valley 122-06 10
2		Alex Malloy	CR Prairie 109-00 8
3		Abby Brayton	IC West 108-03 6
4		Alayna Geronzin	Clinton 98-03 5
5		Jamie Wichhart	IC West 90-09 4
6		Sami Kemp	Hempstead 81-09 3
7		Morgan Stone	PI Valley 78-03 2
8		Kayla Schlicting	Bettendorf 77-09 1
9		Brianna Andrews	CR Washington 77-05

10	Perisa Levy	CR Washington	77-04
11	Sierra Thurston	Hempstead	75-06
12	Maya Danner	Bettendorf	69-04
13	Bailey Blake	Muscatine	64-11
---	Rachel Griffin	CR Prairie	ND

Girls 100 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1		Amanda Pipolo	CR Prairie 14.24 10
2		Brenna Hafner	Bettendorf 14.39 8
3		Clarisma Irving	Clinton 14.52 6
4		Joanna Kulp	PI Valley 14.55 5
5		Olivia Goeman-Willett	CR Prairie 14.56 4
6		Clare Murcia	Bettendorf 14.72 3
7		Lexie Hartman	Muscatine 14.85 2
8		Lexi Thumann	CR Prairie x14.87
9		Bailen Pulkrab	CR Prairie x14.96
10		Alexis Robinson	Muscatine 14.99 1
11		Carly Grimm	PI Valley 15.04
12		Becca Harden	Muscatine x15.05
13		Isis Devalle	PI Valley x15.05
14		Carly Mitchell	Bettendorf x15.12
15		Shirlya Bacchus	PI Valley x15.14
16		Sarah Frey	CR Prairie x15.25
17		Naomi Shilyansky	IC West 15.25
18		Jadan Meeks	Muscatine x15.37
19		Susanna Thurston	CR Prairie x15.38
20		Stephanie Richland	PI Valley x15.38
21		Kassidy VanHorn	Clinton 15.46
22		Gerilynn Pate	Bettendorf x15.50
23		Kierra Quinn	Muscatine x15.60
24		Ayaka Shiina	CR Washington 15.64
25		Emily Hanssen	Muscatine x15.67
26		Arianna Triplett	CR Washington 15.68
27		Kiara Johnson	CR Washington x15.73
28		Brooklyn Hardison	Clinton x15.91
29		Alli Stolte	Bettendorf x16.16
30		Athena Bruner	Bettendorf x16.16
31		Lucratia Mueller	PI Valley x16.22
32		Magdalena Lopez	Muscatine x16.25
33		Katie Rubins	PI Valley x16.32
34		Sam Martin	Muscatine x16.76
35		Sarah Batteau	Muscatine x17.02
36		Dakota Smith	Muscatine x17.57

Girls 200 Meter Dash Junior Varsity

Name	Yr	School	Finals
Finals			
1		Rachel Shoemaker	Muscatine 29.44 10
2		Kayla Schmell	PI Valley 29.83 8
3		Hailee Montgomery	CR Prairie 30.18 6

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Finals ... (Girls 200 Meter Dash Junior Varsity)

Name	Yr	School	Finals	
4 Clare Murcia		Bettendorf	30.48	5
5 Jenna Nearad		CR Prairie	30.85	4
6 Amani Ali		IC West	31.10	3
7 Abby Sturtzer		PI Valley	31.13	2
8 Jenae Bishop		PI Valley	x31.20	
9 Bailey Ward		CR Prairie	x31.23	
10 Sarah Frey		CR Prairie	x31.25	
11 Kelly Carstens		CR Prairie	x31.55	
12 Rachael Sedgwick		Bettendorf	31.57	1
13 Lexie Hartman		Muscatine	31.98	
14 Naomi Shilyansky		IC West	32.01	
15 Anna Rodriguez		PI Valley	x32.05	
16 Carly Mitchell		Bettendorf	x32.23	
17 Naomi Howze		PI Valley	x32.24	
18 Gerilynn Pate		Bettendorf	x32.44	
19 Alli Stolte		Bettendorf	x32.46	
20 Kelsey Vasquez		Muscatine	x32.58	
21 Emily Hanssen		Muscatine	x32.58	
22 Becca Harden		Muscatine	x32.61	
23 Carly Grimm		PI Valley	x32.64	
24 Ayaka Shiina		CR Washingto	32.83	
25 Jadwin Woodall		Bettendorf	x32.92	
26 SoDa Liam		Clinton	32.92	
27 Miranda Price		PI Valley	x33.08	
28 Cassidy VanHorn		Clinton	33.14	
29 Johannah Treiber		Muscatine	x33.17	
30 Leah Flickinger		CR Prairie	x33.33	
31 Katie Slauson		CR Prairie	x33.46	
32 Naomi Sengiyumva		CR Prairie	x33.58	
33 Sydnee Hampton		Muscatine	x33.59	
34 Arianna Triplett		CR Washingto	33.60	
35 Athena Bruner		Bettendorf	x33.76	
36 Magdalena Lopez		Muscatine	x33.80	
37 Sofia Rangel		Muscatine	x34.08	
38 Brittany Clary		PI Valley	x34.59	
39 Cassidy Bierderman		Hempstead	34.76	
40 Rachel Ness		Muscatine	x35.47	
41 Regan Kilburn		Muscatine	x36.36	
42 Kali Dusenberry		Muscatine	x36.60	
43 Sam Martin		Muscatine	x37.21	
44 Meggie Gear		Muscatine	x37.47	

Girls 400 Meter Dash Junior Varsity

Name	Yr	School	Finals	
Finals				
1 Jenna Nearad		CR Prairie	1:08.52	10
2 Amani Ali		IC West	1:08.70	8
3 Samantha Kistler		Muscatine	1:09.55	6
4 Morgan Stuckenschneider		CR Washingto	1:10.33	5
5 Taylor West		IC West	1:11.08	4

6 Rachael Sedgwick		Bettendorf	1:12.22	3
7 Jadwin Woodall		Bettendorf	1:13.44	2
8 Annabel Graettinger		Muscatine	1:14.18	1
9 Naomi Sengiyumva		CR Prairie	1:16.45	
10 Shawnee Molck		PI Valley	1:19.67	
11 Kate Peer		PI Valley	1:20.53	
12 Ashley Reuter		Hempstead	1:26.35	
13 Aerial Klein		Hempstead	1:29.13	

Girls 800 Meter Run Junior Varsity

Name	Yr	School	Finals	
Finals				
1 Maggie Burke		PI Valley	2:43.26	10
2 Emily Schwake		PI Valley	2:47.45	8
3 Katie Walker		Bettendorf	2:49.49	6
4 Sebrina Webster		CR Prairie	2:53.70	5
5 Megan Kelly		CR Washingto	2:55.63	4
6 Laura Willmann		IC West	3:11.74	3
7 Taylor Brundage		CR Prairie	3:15.56	2
8 Kristina Gruber		Hempstead	3:16.89	1
9 Audrey Evans		IC West	3:16.94	
10 Shae Stampler		Muscatine	3:19.64	
11 Abigail Kacena		CR Washingto	3:23.75	
12 Hannah Sunderman		Bettendorf	3:29.36	

Girls 1500 Meter Run Junior Varsity

Name	Yr	School	Finals	
Finals				
1 Beth Heims		CR Prairie	5:24.98	10
2 Jackie Dowling		IC West	5:30.43	8
3 Maddie Guenzler		PI Valley	5:34.08	6
4 Michelle Wise		IC West	5:38.99	5
5 Katie Costigan		CR Prairie	5:41.40	4
6 Kayla Kruse		PI Valley	5:43.21	3
7 Haley Humphrey		Bettendorf	5:59.67	2
8 Andrea Weires		Hempstead	6:03.96	1
9 Sydney Miller		Bettendorf	6:31.63	
10 Cassidy Conway		Muscatine	6:32.60	
11 Sierra Sheets		CR Washingto	6:33.70	
12 Kathleen Marston		Clinton	6:36.27	
13 Carly Rickey		CR Washingto	6:46.25	
14 Megan Klein		Hempstead	6:51.65	
15 Samantha Striegel		CR Prairie	x6:52.35	

Girls 3000 Meter Run Junior Varsity

Name	Yr	School	Finals	
Finals				
1 Emily Starman		IC West	11:41.00	10
2 Holly Wisnousky		CR Prairie	12:00.34	8
3 Julie Lohman		PI Valley	12:35.65	6
4 Mikayla Wilson		CR Prairie	13:23.85	5
5 Nicole Bowden		Hempstead	13:42.19	4

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Finals ... (Girls 3000 Meter Run Junior Varsity)

Name	Yr	School	Finals
6 Jessica Riojas		Clinton	13:55.54 3
7 Carly Rickey		CR Washingto	13:56.81 2
8 Sarah Benko		Hempstead	15:26.24 1

Girls 100 Meter Hurdles Junior Varsity

Name	Yr	School	Finals
1 Tessa James		PI Valley	17.67 10
2 Carly Donahue		PI Valley	18.15 8
3 Katie Ortiz		Muscatine	18.86 6
4 Rylee Blood		CR Prairie	19.05 5
5 MacKenzie Mehmen		CR Prairie	19.15 4
6 Katie Weber		Hempstead	19.64 3
7 Logan Eckhardt		CR Washingto	20.39 2
8 Joi Johnson		CR Washingto	21.04 1
9 Cassidy Bierderman		Hempstead	21.58
10 Mackenzie Ernst		Clinton	22.45
11 Kara Behr		Clinton	23.49

Girls 400 Meter Hurdles Junior Varsity

Name	Yr	School	Finals
1 Maddie Baetsle		CR Prairie	1:22.24 10
2 Olivia Northrup		CR Prairie	1:23.77 8
3 Alexis Namer		Clinton	1:26.14 6
4 Sami Jo Meyers		Hempstead	1:27.75 5
5 Ellen Welu		Hempstead	1:27.77 4
6 Jill Schmidt		Clinton	1:29.27 3

Girls 4x100 Meter Relay Junior Varsity

Team	Relay	Finals
1 CR Prairie		54.88 10
1) Lexi Thumann	2) Halle Lueck	
3) Kiana Jackson	4) McKenna Mumaw	
2 Iowa City West		56.08 8
1) Mackenzie Russell	2) Haley Roudabush	
3) Maddie Tait	4) Alyssa McKeone	
3 Pleasant Valley		56.43 6
1) Abby Sturtzer	2) Alyssa Conway	
3) Haley Hawbaker	4) Joanna Kulp	
4 Muscatine		58.48 5
1) Taylar Helsley	2) Miranda Kaste	
3) Jadan Meeks	4) Kelsey Vasquez	
5 CR Washington		59.21 4
1) Joi Johnson	2) Kiara Johnson	
3) Ayaka Shiina	4) Ciara Harrison	
6 Hempstead		59.55 3
1) Brie Tauber	2) Hannah Welsh	
3) Caitlin Schroeder	4) Mackenzie Hafkemeyer	

7 Clinton		1:01.24 2
1) Libby Mumm	2) SoDa Liam	
3) Brooklyn Hardison	4) Kara Behr	

Girls 4x200 Meter Relay Junior Varsity

Team	Relay	Finals
1 CR Prairie		2:01.07 10
1) Bailey Ward	2) Maddie Adams	
3) Taylor Volesky	4) McKenna Mumaw	
2 Pleasant Valley		2:01.12 8
1) Kayla Ruff	2) Lydia Flores	
3) Mackenzie Woods	4) Joanna Kulp	
3 Iowa City West		2:03.50 6
1) Maddie Tait	2) Kelsey Beasley	
3) Micayla Nicks	4) Rachel Collins	
4 Hempstead		2:04.91 5
1) Arrissa Hishikawa	2) Megan Obrein	
3) Heather Splinter	4) Brie Tauber	
5 Muscatine		2:09.67 4
1) Kierra Quinn	2) Alexis Robinson	
3) Tammi Anderson	4) Allison Michaels	
--- CR Washington		DNF
1) Ciara Harrison	2) Kiara Johnson	
3) Ayaka Shiina	4) Malaysha Fields	

Girls 4x400 Meter Relay Junior Varsity

Team	Relay	Finals
1 Iowa City West		4:34.13 10
1) McKenzie Mellecker	2) Taylor West	
3) Emilee Benedict	4) Lizzy Klemme	
2 CR Prairie		4:38.83 8
1) Hannah Grimm	2) MacKenzie Sellnau	
3) MacKenzie Mehmen	4) Leslie Harder	
3 Pleasant Valley		4:39.77 6
1) Tessa James	2) Makenzie Mackovich	
3) Mackenzie Woods	4) Alyssa Brown	
4 Bettendorf		4:59.72 5
1) Clare Murcia	2) Brenna Hafner	
3) Rachael Sedgwick	4) Gerilynn Pate	
5 Hempstead		5:03.71 4
1) Sarah Jahnke	2) Caissa Tuley	
3) Amber Freund	4) Sami Jo Meyers	
6 Muscatine		5:05.09 3
1) Maria Haas	2) Tammi Anderson	
3) Annette Ocampo	4) Alexis Robinson	

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Results

Girls 4x800 Meter Relay Junior Varsity

Team	Relay	Finals
Finals		
1 Iowa City West		11:12.20 10
1) Ashai Jordan	2) Chandler Hames	
3) Sofia Mendoza	4) Lauren Charles	
2 Clinton		11:29.58 8
1) Shelby Weets	2) Jill Schmidt	
3) Alexis Namer	4) Summer Bahr	
3 Muscatine		11:39.81 6
1) Staci Eversmeyer	2) Maria Haas	
3) Tammi Anderson	4) Moriah Roeth	
4 CR Washington		11:49.97 5
1) Madison Stuckenschneider	2) Megan Kelly	
3) Anaelle Corbett	4) Abigail Kacena	
5 Hempstead		11:52.83 4
1) Sarah Jahnke	2) Ellie Simon	
3) Caissa Tuley	4) Amber Freund	
6 Bettendorf		12:11.16 3
1) Katie Walker	2) Haley Humphrey	
3) Hannah Sunderman	4) Sydney Miller	
7 Pleasant Valley		12:53.71 2
1) Alyssa Brown	2) Grace Sack	
3) Jacinta Arriaga	4) Alyssa Wagenknecht	

Girls 800 Sprint Medley Junior Varsity

Team	Relay	Finals
Finals		
1 Muscatine		2:04.62 10
1) Taylar Helsley	2) Miranda Kaste	
3) Priya Krishnan	4) Emilee Meyer	
2 CR Prairie		2:04.90 8
1) Olivia Goeman-Willett	2) Lexi Thumann	
3) Halle Lueck	4) Emily Wallace	
3 CR Washington		2:10.20 6
1) Ciara Harrison	2) Keitasha Arnold	
3) Logan Eckhardt	4) Anaelle Corbett	
4 Pleasant Valley		2:10.65 5
1) Aubrey Drake	2) Isis Devalle	
3) Hannah Mathews	4) Abby Kurth	
5 Iowa City West		2:13.14 4
1) Kelsey Beasley	2) Micayla Nicks	
3) Emmy Brady	4) Chandler Hames	
6 Hempstead		2:15.49 3
1) Cassidy Bierderman	2) Caitlin Schroeder	
3) Emily Schwenindinger	4) Sam Lahey	
7 Clinton		2:18.95 2
1) Brooklyn Hardison	2) Clarissma Irving	
3) Haylee Calvin	4) Rebecca Hess	

Girls Distance Medley Junior Varsity

Team	Relay	Finals
Finals		
1 Iowa City West		4:42.37 10
1) Emilee Benedict	2) Rachel Collins	
3) Emmy Brady	4) McKenzie Mellecker	
2 Pleasant Valley		4:55.36 8
1) Jenae Bishop	2) Aubrey Drake	
3) Reghan German	4) Maddie Guenzler	
3 Muscatine		4:59.77 6
1) Taylar Helsley	2) Miranda Kaste	
3) Priya Krishnan	4) Cassidy Conway	
4 CR Washington		5:07.60 5
1) Keitasha Arnold	2) Malaysha Fields	
3) Joi Johnson	4) Sierra Sheets	
5 CR Prairie		5:10.98 4
1) Taylor Volesky	2) Maddie Adams	
3) Maddie Baetsle	4) Kelsey Wenger	
6 Hempstead		5:26.05 3
1) Megan Obrein	2) Katie Weber	
3) Sarah Salas	4) Sami Jo Meyers	

Girls 4x100 Meter Shuttle Hurdle Junior Varsity

Team	Relay	Finals
Finals		
1 Pleasant Valley		1:17.04 10
1) Angela Rauwolf	2) Makenzie Mackovich	
3) Kayla Ruff	4) Haley Hawbaker	
--- Hempstead		DQ
1) Arrissa Hishikawa	2) Tracy Bauer	
3) Alicia McGee	4) Sami Jo Meyers	
--- CR Prairie		DQ
1) McKenna Mumaw	2) Rylee Blood	
3) Kelsey Wenger	4) Kenzie Soeken	

Girls High Jump Junior Varsity

Name	Yr	School	Finals
Finals			
1 Maddie Baetsle		CR Prairie	4-06.00 9
1 Hannah Grimm		CR Prairie	4-06.00 9
3 Libby Mumm		Clinton	4-04.00 6
--- Allison Michaels		Muscatine	NH
--- Mackenzie Ernst		Clinton	NH
--- Katie Rubins		PI Valley	NH
--- Emilee Meyer		Muscatine	NH

Girls Long Jump Junior Varsity

Name	Yr	School	Finals
Finals			
1 Halle Lueck		CR Prairie	14-09.75 10
2 Sam Richard		PI Valley	14-04.50 8

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Results

Finals ... (Girls Long Jump Junior Varsity)

Name	Yr	School	Finals	
3 Lexi Thumann		CR Prairie	13-10.00	6
4 Haley Hawbaker		PI Valley	13-06.75	5
5 Sebrina Webster		CR Prairie	x12-11.75	
6 Alyssa Conway		PI Valley	x12-10.00	
7 Raven Jones		Clinton	12-05.50	4
8 Kelly Carstens		CR Prairie	x12-01.50	
9 Emily Schwenindinger		Hempstead	11-09.00	3
10 MacKenzie Sellnau		CR Prairie	x11-08.00	
11 Jordan Simon		PI Valley	x11-07.00	
12 Lucratia Mueller		PI Valley	x11-00.50	
13 Sarah Jahnke		Hempstead	10-02.75	2
14 Ashley Reuter		Hempstead	x10-02.50	
15 Kristina Gruber		Hempstead	x10-01.00	
16 Alicia McGee		Hempstead	x9-03.50	
17 Megan Klein		Hempstead	x8-01.00	
18 Aerial Klein		Hempstead	x7-07.50	

Girls Shot Put Junior Varsity

Name	Yr	School	Finals	
1 Natalie Rumer		CR Prairie	35-02.25	10
2 Allison Ward		CR Prairie	29-06.00	8
3 Jennifer Schueller		Hempstead	29-01.50	6
4 Zainab Makky		IC West	29-01.00	5
5 Danielle Mahnke		CR Prairie	x28-08.00	
6 Imani Williams		IC West	27-11.50	4
7 Brooke Nemece		CR Prairie	x27-06.50	3
8 Abby Kurth		PI Valley	27-02.50	3
9 Morgan Jones		CR Prairie	x27-01.25	
10 Perisa Levy		CR Washingto	26-07.50	2
11 Ashleigh Gerber		Clinton	26-04.00	1
12 Carly Wagner		IC West	x25-11.00	
13 Adriana Peterson		IC West	x25-10.50	
14 Caitlyn Haller		Muscatine	25-10.25	
15 Hannah McComber		PI Valley	24-11.00	
16 Sierra Thurston		Hempstead	24-02.00	
17 Allie Bierderman		Hempstead	xJ24-02.00	
18 Marisa Peebles		PI Valley	x24-01.00	
19 Megan Askam		Muscatine	23-09.75	
20 Alysa Butt		Clinton	23-07.50	
21 Sinai Colon-Sanchez		IC West	x23-05.50	
22 Miranda Price		PI Valley	x21-10.50	
23 Rowan Haverkamp		IC West	x21-07.50	
24 Jenci Muniz		Muscatine	x20-08.50	
25 Maddie Powers		Hempstead	x20-06.25	
26 Kenyatta Johnson		IC West	x20-05.50	
27 Maddie Schmidt		Bettendorf	20-03.00	
28 Jessica Garcia		PI Valley	x19-09.50	
29 Katie Nason		Muscatine	x19-07.00	
30 Tori Brown		Clinton	x19-06.00	

31 Kenzie Barnes	CR Prairie	x19-01.00
32 Jensen Watson	Muscatine	x18-03.00
33 Samantha Hartman	Clinton	x16-03.00
34 Daphne Moreno	Muscatine	x15-01.00
35 Hannah Griggs	PI Valley	x14-09.00

Girls Discus Throw Junior Varsity

Name	Yr	School	Finals	
1 Natalie Rumer		CR Prairie	92-02	10
2 Aarin Gafeller		Muscatine	81-10	8
3 Allison Ward		CR Prairie	77-09	6
4 Erika Hammond		Clinton	77-01	5
5 Carly Wagner		IC West	71-08	4
6 Riley Hefel		Hempstead	70-10	3
7 Zainab Makky		IC West	70-08	2
8 Maddie McComber		PI Valley	68-08	1
9 Imani Williams		IC West	x67-03	
10 Cassidy VanHorn		Clinton	66-09	
11 Danielle Mahnke		CR Prairie	x65-11	
12 Jennifer Schueller		Hempstead	64-00	
13 Morgan Jones		CR Prairie	x62-03	
14 Alysa Butt		Clinton	x61-08	
15 Brooke Nemece		CR Prairie	x61-04	
16 Jessica Garcia		PI Valley	59-07	
17 Rowan Haverkamp		IC West	x57-03	
18 Maddie Powers		Hempstead	x55-03	
19 Tori Brown		Clinton	x54-10	
20 Megan Askam		Muscatine	54-02	
21 Hannah McComber		PI Valley	x53-09	
22 Miranda Price		PI Valley	x53-01	
23 Allie Bierderman		Hempstead	x51-10	
24 Ashleigh Gerber		Clinton	x50-02	
25 Sinai Colon-Sanchez		IC West	x49-07	
26 Katie Nason		Muscatine	x47-04	
27 Kenyatta Johnson		IC West	x46-04	
28 Samantha Hartman		Clinton	x45-08	
29 Jenci Muniz		Muscatine	x43-01	
30 Charle' Jones		CR Washingto	41-04	
31 Adriana Peterson		IC West	x37-11	
32 Jensen Watson		Muscatine	x36-00	
33 Kenzie Barnes		CR Prairie	x31-02	
34 Maddie Schmidt		Bettendorf	25-00	
35 Daphne Moreno		Muscatine	x23-10	

Women - Varsity - Team Rankings - 19 Events Scored

1) Iowa City West	171
2) Pleasant Valley	161
3) CR Prairie	117
4) Bettendorf	70

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5) Muscatine	54.5
6) Hempstead	47.5
7) CR Washington	43
8) Clinton	36

Women - Junior Varsity - Team Rankings - 19 Events Scored

1) CR Prairie	203
2) Pleasant Valley	128
3) Iowa City West	104
4) Muscatine	68
5) Hempstead	55
6) Clinton	46
7) Bettendorf	38
8) CR Washington	36