



**2015 River Valley
Division II
Track and Field
Regional Meet Information
Tuesday, May 26**



Teams:

- Platteville
- Richland Center
- River Valley
- Mount Horeb
- Dodge/Point
- Lancaster
- Prairie du Chien
- Wisconsin Heights/Barneveld

Officials

Starter: Tom Block
Starter: Bill Massey
Meet Referee: Heidi Serres

Meet Manager:

Kevin Billington
kbillington@rvschools.org
608-588-2554 ext. 261

Parking:

High School Parking Lot. School gets out at 2:55 and kids/buses will be leaving around 3:20. **Please do not have your buses pull in until after 3:20** to avoid traffic back up. Thank you

Tents:

Tents may be set up on the south side of the track behind the home bleachers or on the visitor's sideline near the Long and Triple Jump pits.

Gate Fee:

\$3.00 fee will be charged

Surface:

8 Lane rubberized track (up to 1/4 inch spikes are allowed).
Runways are rubberized.
High jump 60' rubberized square.
Throwing circles concrete.

Facilities:

AccuRace Timing
Rest rooms located in the concession stand
Concessions by the R.V. Boosters.
Please ask athletes to stay off the infield

Staging Area: The clerk will be located at the southwest corner of the track near the starting line

Jury of Appeals:

Starters: Tom Block and Bill Massey
Meet Referee: Heidi Serres
Meet Manager: Kevin Billington
Boys Coach: Rob Serres (Platteville Head Coach)
Girls Coach: Ryanne Bell (Wisconsin Heights Girls Coach)

Awards: First place plaques to both the boys and girls teams

Entries: Twenty-eight total entries per boys' team and twenty-eight total entries per girls' team.
One relay team per school.
Scratches can be made at the coaches meeting, but no replacements are allowed without WIAA approval.

*PTTiming - Submitting On-Line Entries. Please use the following website for directions and username and password to place entries:

http://www.wiaawi.org/Portals/0/PDF/Sports/Track/tf_pttiminginstructions.pdf

****Due 8:00 a.m. on Friday, May 22.****

PTTiming's website address is: www.pttiming.com (This is the only site where entries may be made.)

Athletic Trainer: Josh Bunno – located at the start of the 100m. Ice will be available.

Meet Information:

Start Time Scratch Meeting 3:30 pm
Field Events – 4:00 pm
Running Events – 4:45 pm

Field Events: All events are as WIAA Regional Meet with trial and finals.
***All competitors must check-in to the event prior to the start of the event.
This applies to both flighted and open pit competition.***

Long/Triple Jump Long jump/triple jumpers will have an open pit for 1 hour 15 minutes.
Finals will be done in order from 9th seed to 1st seed.
NO run throughs will be allowed after competition has started

Shot Put/Discus Shot put/discus throwers will compete in flights for all competitors.
Finals will be done in order from 9th seed to 1st seed.

High Jump Starting heights for high jump – 2 heights below 8th place seed
High jumper can hold after every attempt if desired.

Pole Vault Starting heights for pole vault – 2 heights below 8th place seed
Pole Vault can hold after every attempt if desired.

Qualifying:

Trials Trials for running events will be held in the 100m dash, 200m dash, 100m hurdles and 110m hurdles. The first place in each heat plus the next fastest times will be in the finals.
All other running events are finals with places determined by times.

Exchange Zone Judges

800 Meter Relay

Exchange Zone #1

Lancaster and Dodge/Point

Exchange Zone #2

Platteville and Richland Center

400 Meter Relay

Exchange Zone # 1

Prairie du Chein and
Dodge/Point

Exchange Zone #2

Mount Horeb and
Wisconsin Heights

Exchange Zone #3

Platteville and River Valley

Implement Check-in:

All throwing implements must be checked in near the gray shed on the west end of the track

Qualifying:

Trials for running events will be held in the 100m dash, 200m dash, 100m hurdles, and 110m hurdles. The first place in each heat plus the next fastest times will be in the finals. All other running events are finals with places determined by times.

EXPECTED TIMES FOR REGIONAL MEET

4:00 **Field Events Begin** (We will run ahead of schedule when possible.)

Girls Shot Put followed by Boys Shot Put

Boys Discus followed by Girls Discus

Girls Long Jump followed by Boys Long Jump

Boys Triple Jump followed by Girls Triple Jump

Girls High Jump followed by Boys High Jump

Boys Pole Vault followed by Girls Pole Vault

Approximately 1 hour 45 minutes to do field events except high jump and pole vault.

4:45 Wheelchair 400 meter

4:45 Girls 4 x 800 M Relay

5:00 Boys 4 x 800 M Relay

5:15 Girls 100 M Trials

5:20 Boys 100 M Trials

5:25 Girls 100 M High Hurdle Trials

5:35 Boys 110 M High Hurdle Trials

5:45 Girls 200 M Trials

5:50 Boys 200 M Trials

15 minute break

5:55 **National Anthem**

6:00 Wheelchair 800 meter

Finals

6:05 Girls 100 M High Hurdle

6:10 Boys 110 M High Hurdle

6:15 Girls 100 M Dash

6:20 Boys 100 M Dash

7:15 Girls 300 M Hurdles

7:25 Boys 300 M Hurdles

6:25 Girls 1600 M Run

6:35 Boys 1600 M Run

7:35 Girls 800 M Run

7:45 Boys 800 M Run

6:45 Girls 4x200 M Relay

6:50 Boys 4x200 M Relay

7:55 Girls 200 M Dash

8:00 Boys 200 M Dash

6:55 Girls 400 M Dash

7:00 Boys 400 M Dash

8:05 Girls 3200 M Run

8:20 Boys 3200 M Run

7:05 Girls 4x100 M Relay

7:10 Boys 4X100 M Relay

8:35 Girls 4x400 M Relay

8:45 Boys 4x400 M Relay

9:00 Team Scores Announced – Plaques

9:10 Official results can be picked up in High School Office