



Luther Knight Athletics

1501 Wilson Street
Onalaska, WI 54650
608-783-5435 ext. 1645

Joel Babinec – Athletic Director



TO: **Athletic Directors / Track & Field Coaches**
Alma-Pepin, Blair-Taylor, Cochrane-Fountain City, Eleva-Strum, Independence-Gilmanton, Lincoln, Luther, Melrose-Mindoro, Providence, Whitehall

FROM: **Joel Babinec, AD Luther High School**

RE: **WIAA Division III Track Regional – Monday, May 21**

DATE: **May 11, 2018**

SITE / TIME: Luther High School Track
4:00 pm Coaches' Meeting at press box (scratches only)
4:15 pm Field Events
5:00 pm Running Events

RAIN DATE: Tuesday, May 22

MEET MANAGER: Greg Schibbelhut
608-783-5435 x1102 (school), 608-518-0187 (cell), 608-781-8550 (home)
schigreg@luther.k12.wi.us
Fax: 608-781-7042

OFFICIALS:

Steve Berg	Meet Referee
Karl Bisek	Starter
Ralph Mann	Starter

JURY OF APPEALS: Karl Bisek (Starter), Ralph Mann (Starter), Greg Schibbelhut (Meet Manager), (Alma-Pepin Boys' Coach), (Blair-Taylor Girls' Coach)

ENTRIES: Entry information is available on the WIAA School Center Site.
Entry deadline is 8:00 am on Friday, May 18th (pttiming)
Coaches are reminded to review tournament procedures on pages 52-63 in the WIAA Spring Sports Regulations Handbook.
http://www.wiaawi.org/Portals/0/PDF/Publications/Spring_Sport_Regs/tracktounregs.pdf

SITE INFORMATION: Track - 8 lanes all-weather surface
Long Jump, Triple Jump, Pole Vault runways as well as high jump approach are all-weather surface
Shot Put and Discus pads are concrete
Shot and Discus will be weighed-in at the table by the press box.
Hand-off and runway marks must be made with chalk.
Maximum spike length is ¼" pyramid or Christmas tree. **No pins please!**

RESTRICTED AREAS: No spectators, coaches, or participants will be allowed on the infield, Clerk of Course area, or the flagged-off competition area. Only competing athletes/meet personnel are allowed in these areas.

ATHLETIC TRAINER: Gundersen Health Sports Medicine

- CONCESSIONS:** There will be concessions at the press box as well as a food tent.
- ADMISSION:** \$5.00 Adults / \$3.00 Students
Programs with heat sheets will be sold at admissions and concession (\$1.00)
- BUS:** Busses should drop all athletes off at the south gate (off Wilson Street) and then proceed to the Altra Parking Lot. Parking for busses will be available in the back Altra Parking Lot due south of the track & field facility.
See Diagram



- MISCELLANEOUS:** We ask schools to help by cleaning up their camp area after the meet.
- WHEELCHAIR ATHLETES:** Please contact Greg Schibbelhut immediately if you have any wheelchair athletes.

ORDER OF COMPETITION

4:00 Coaches Meeting

4:15 Start Field Events:

Boys Pole Vault (followed by girls)

Girls High Jump (followed by boys)

Boys Triple Jump (cafeteria style trials 4:15-5:15) Top 9 to Finals at 5:30

Boys Discus trials at 4:15, finals (top 9) to follow.

Girls Long Jump (cafeteria style trials 4:15-5:15) Top 9 to Finals at 5:30

Girls Shot Put trials at 4:15, finals (top 9) to follow.

Girls will Triple Jump and throw discus upon completion of the boys' competition.

Boys will Long Jump and throw Shot Put upon completion of the girls' competition.

5:00 3200 Meter Relay (Girls)

3200 Meter Relay (Boys)

100 Meter Dash Trials (Girls)

100 Meter Dash Trials (Boys)

100 Meter High Hurdles (Girls)

110 Meter High Hurdle Trials (Boys)

200 Meter Dash Trials (Girls)

200 Meter Dash Trials (Boys)

15 Minute Break

100 Meter High Hurdles Finals(Girls)

110 Meter High Hurdles Finals (Boys)

100 Meter Dash Finals (Girls)

100 Meter Dash Finals (Boys)

1600 Meter Run (Girls)

1600 Meter Run (Boys)

4 X 200 Meter Relay (Girls)

4 X 200 Meter Relay (Boys)

400 Meter Dash (Girls)

400 Meter Dash (Boys)

4 X 100 Meter Relay (Girls)

4 X 100 Meter Relay (Boys)

300 Meter Low Hurdles (Girls)

300 Meter Low Hurdles (Boys)

800 Meter Run (Girls)

800 Meter Run (Boys)

200 Meter Dash Finals (Girls)

200 Meter Dash Finals (Boys)

3200 Meter Run (Girls)

3200 Meter Run (Boys)

4 x 400 Meter Relay (Girls)

4 X 400 Meter Relay (Boys)

Presentation of Awards