



West Bend East SUNS

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TO: Athletic Directors and Track Coaches

FROM: Shane Hansen, East Athletic Director

DATE: May 2, 2016

EVENT: West Bend East JV Quad – Tuesday May 10th

Participating Schools:

Entry fee: \$100 per team.

Stadium opens at 3:00 p.m. Coaches meeting will be at 3:30pm in room D90 of the school.

Field events begin at 4:00 pm and running at 4:30pm

ENTRIES: Entries due by Monday May 9, 2016 at 12:00 pm on www.directathletics.com

Entry Limitations: **JV**

1. Unlimited Entries for all individual events.
2. Two (2) relays team per school in each event (One relay will be exhibition)

FIELD EVENTS:

Order of field events:

Pole vault: Boys first, Girls to follow – Starting Height will be determined at coaches meeting.

High Jump – Two pits, simultaneous, Starting Height will be determined at coaches meeting.

Shot Put (Girls first to completion, four (4) throws, no finals)

Discus (Boys first to completion, four (4) throws, no finals)

Long Jump (Girls first to completion, four (4) jumps, no finals, open pit format, 1 hour)

Triple Jump (Boys first to completion, four (4) jumps, no finals, open pit format, 1 hour)

MEET MANAGER: Tom Hoogester can be reached at thoogester@west-bend.k12.wi.us

AWARDS: No Awards given

ORDER OF EVENTS:

3200m Relay
110m High Hurdle Finals
100m Dash Finals
1600m Run
800m Relay
400m Dash
400m Relay
300m Intermediate Hurdles
800m Run
200m Dash Finals
3200m Run
4x100m Throwers Relay
1600m Relay