

VIROQUA XC INVITATIONAL

- Date:** Thursday, September 1, 2016
- Location:** *New venue!!!* Vernon County Fairgrounds
Fairgrounds Road Viroqua, WI 54665
- Parking:** Parking will be available in the Viroqua Community Arena parking lot on Nelson Parkway. Automobiles will not be allowed on Fairgrounds Road. See attachment for parking directions.
- Times:** 3:30 Course opens for inspection
4:30 Boys Race
5:15 Girls Race
- Course:** Boys and Girls: 5000 meters
- Scoring:** There will be one race each for boys and girls. The top 5 finishers of each team will be scored, 6th and 7th runners will be pushers, and all other finishers will be ignored for scoring purposes. Accurace Timing will be used for scoring and timing this year.
- Awards:** All runners on each team are allowed to participate in the meet and compete for medals. Medals will be awarded to the top fifteen finishers in each race and trophies will be awarded to the top boys and girls teams.
- Registration:** Registration must be done online at www.directathletics.com. The deadline for registration is 11:59pm on Tuesday, August 30.
- Results:** Results will be posted on www accuracetiming.com and www.viroquaxc.com.
- Spikes:** Spikes are allowed and must conform to WIAA regulations.
Important Note: The race course crosses pavement several times.
- Extra Info:** Please respect the facilities at the Vernon County Fairgrounds. Portable toilets will be available.
- Teams:** Boscobel, Hillsboro, Holmen, LaCrosse Central, Necedah, New Lisbon, N. Crawford, Sparta, Viroqua, Wauzeka-Steuben
- Questions:** **Scott Benzing (Head Coach):** bensco@viroqua.k12.wi.us
Eric Anderson (Activities Director): anderi@viroqua.k12.wi.us

Parking Directions

Please share with families and spectators!

From the North (HWY 14):

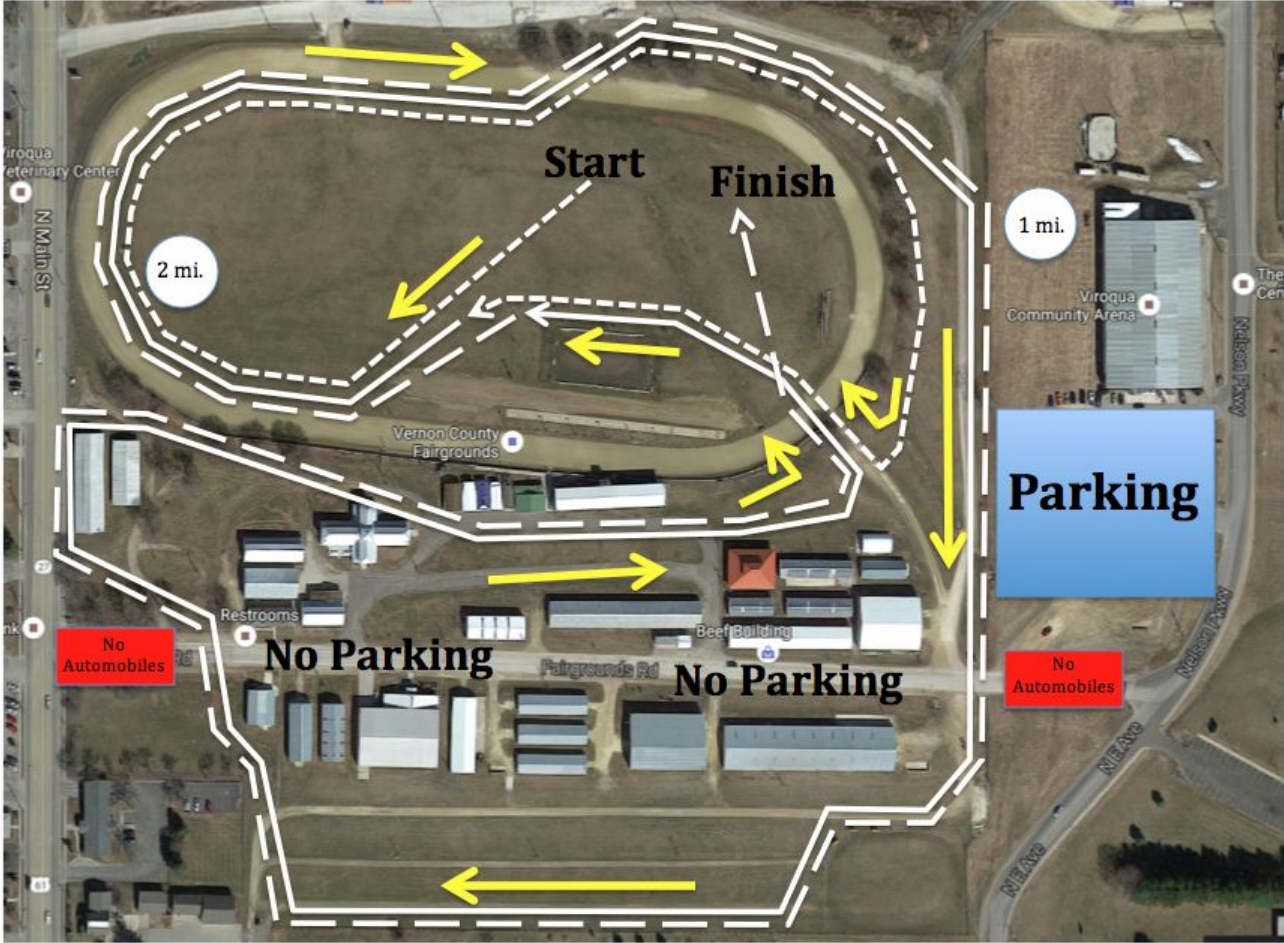
1. Left on Fairlane Drive (Cty BB)
2. Right on Nelson Parkway
3. Parking will be in the Viroqua Community Arena lot

From the South (Main Street, HWY 14):

1. Right on Fairview Drive
2. Left on NE Ave (turns into Nelson Parkway)
3. Parking will be in the Viroqua Community Arena lot



Viroqua 5k Course- Vernon County Fairgrounds



Lap 1 - - - - - Lap 2 ————— Lap 3 - - - - -