



UNIVERSITY OF WISCONSIN

# River Falls



## 2018 Falcon Open Meet Information

- Meet Date:** Saturday, March 31, 2018
- Entries:** Please enter your athletes on Direct Athletics by 12:00noon on , March 29th. Unattached athletes must email Coach Danielle Douglas at [danielle.douglas@uwrf.edu](mailto:danielle.douglas@uwrf.edu) or Coach Joseph Chebet at [joseph.chebet@uwrf.edu](mailto:joseph.chebet@uwrf.edu) by 12:00pm on Thursday, March 29th.
- Final Scratches:** Final additions and scratches should be made by 10am on Thursday, March 29<sup>th</sup>. Email Danielle Douglas with changes at [Danielle.douglas@uwrf.edu](mailto:Danielle.douglas@uwrf.edu). Only scratches will be accepted on Saturday.
- Entry Fee:** \$150 per team gender or \$300 per institution / \$15 per unattached entry (*checks made payable to UW – River Falls Track& Field*)
- Timing:** Accurace Timing will be the official timing company
- Facilities:** Smith Stadium at Ramer Field.
- Locker Rooms:** Locker rooms will be available for changing and showers. Do not leave clothing or valuables in the locker room facilities.
- Parking:** Buses and Vans can use the Ramer Stadium parking lot for the Falcon Center.
- Meet Results:** Following each event, results will be posted on the south wall and announced over the public address system. Printed final meet results will be available immediately for coaches only following the meet at the entrance front desk. Results will also be available online at [uwrfsports.com](http://uwrfsports.com) & <http://www accuracetiming.com>
- Training Staff:** UWRF Training staff will be on-site. Please bring own supplies.

**2018 Falcon Open  
Saturday, March 31  
(Rolling schedule)**

**Field Events**

**10:00a.m.**

Men's Pole Vault ( possibly inside)

Women's Javelin (followed by Men's Javelin)

**10:30 am**

Women's Hammer (followed by Men's Hammer )

Men's Discus (followed by Women's Discus)

**11:00 am**

Men's Long Jump (followed by Women's Long Jump)

Women's Triple Jump (followed by Men's Triple Jump)

Women's High Jump (followed by Men's High Jump)

**1:00 p.m.**

Men's Shot (followed by Women's Shot )

Women's Pole Vault –(Outside)

**Running Events**

**11:00am- Women will run first in all running**

Women's Steeple

Men's Steeple

4X100 Relay

1500m

W 110 Hurdle- prelims

M 100m Hurdle-prelims

W 100m- prelims

M 100m- prelims

400m

W 100m-finals

M 100m-finals

W110 Hurdle- finals

M 100m Hurdle-finals

800m

**\*All 200 runners must declare before the start of the 800m**

400m Hurdles

200m

5000m

4X400 Relay

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