

**UW-Platteville/Stevens Point/Eau Claire Triangular  
Track and Field Meet  
Saturday, January 20<sup>th</sup>, 2018  
Williams Fieldhouse**

- Entry Fee: Entry fee is \$200.00 per team (\$400.00 combined men and women).  
**Please make check payable to: UW-PLATTEVILLE TRACK AND FIELD.**
- Participation: Open to invited collegiate teams. Unattached athletes are eligible only upon receiving permission from UW-Platteville. No high school athletes will be allowed to compete.
- Entry Deadline: Direct Athletics will be handling online entries. Online entries will open on **Thursday, January 11<sup>th</sup>** and close on **Thursday, January 18<sup>th</sup> at Noon**. For questions related to online entries please e-mail Andres Young at: [youngan@uwplatt.edu](mailto:youngan@uwplatt.edu)
- Performance: Please submit realistic times for all track entries. All entries without times will be put into the slower heats. Please use metric measurements in all field events.
- Facility: The meet will take place in the Williams Fieldhouse at UW-Platteville. The track is 6 lanes (8 lanes on the straight) with a Rekortan surface. Quarter inch spikes are allowed on the running surface. The infield surface is spike proof with ¼ spikes allowed on the surface. **FOOD OR DRINK WILL NOT BE ALLOWED IN THE INDOOR TRACK AREA. ONLY WATER WILL BE ALLOWED.**  
*Please take spikes off before leaving the lower track and field area.*
- Locker Rooms: Locker rooms and showers are located one flight above the track level in the men and women's general locker room. Please provide your own locks and towels. No items should be left unattended in the locker rooms.
- Training Room: The training room is located on the same level as the locker rooms. A certified trainer will be available throughout the entire event.
- Schedule: Running events begin at 12:30 pm and will follow a rolling schedule.
- Long/Triple Jump: Preliminary flights with the best nine jumpers advancing to finals.
- High Jump: The women will begin at noon and the men will follow. **SPIKES ARE ALLOWED!**
- Pole Vault: Men will begin at noon and women will follow. Quarter inch spikes allowed.
- Shot/Weight Circle is plywood. Preliminary flights with the best nine throwers advancing to finals. Women's weight will begin at noon, followed by men's. Upon completion of the weigh throw, the shot put will begin starting with the women.
- Coaches Meeting: Coaches are asked to stop by the start/finish line for payment of entry fees, scratches, and rules as soon as possible upon arrival.
- Questions: If you have further questions or concerns, please contact .....  
Andres Young at (608) 342-1263, email: [youngan@uwplatt.edu](mailto:youngan@uwplatt.edu) or  
Chris Rotzenberg at (608) 342-1008, email: [rotzenbergc@uwplatt.edu](mailto:rotzenbergc@uwplatt.edu)

## Schedule of Events

### Field Events

<u>Time</u>	<u>Event</u>
12:00	20 lb Weight Throw – Women 35 lb Weight Throw – Men Shot Put – Women (follows Men's Weight Throw) Shot Put – Men
12:00	High Jump – Women High Jump – Men
12:00	Pole Vault – Men Pole Vault – Women
12:00	Long Jump- Men (South Runway) Long Jump – Women
12:00	Triple Jump – Men (West Runway) Triple Jump – Women

### Running Events – Fast Sections First – Rolling Schedule – If we get ahead we will stay ahead

<u>Time</u>	<u>Event</u>
12:30	60 Meter Hurdle Trials – Women 60 Meter Hurdle Trials – Men 60 Meter Dash Trials – Women 60 Meter Dash Trials – Men 5000 Meter Run – Women 5000 Meter Run – Men Mile Run – Women Mile Run – Men 400 Meter Dash – Women 400 Meter Dash – Men 60 Meter Hurdle Finals – Men 60 Meter Hurdle Finals – Women 60 Meter Dash Finals – Men 60 Meter Dash Finals – Women 800 Meter Run – Women 800 Meter Run – Men 200 Meter Dash – Women 200 Meter Dash – Men 3000 Meter Run – Women 3000 Meter Run – Men 4x400 Meter Relay – Women 4x400 Meter Relay – Men