

UW-Platteville Final Qualifying Meet
Friday, March 2nd, 2018
Williams Fieldhouse

- Entry Fee: Entry fee is \$200.00 per team (\$400.00 combined men and women) OR \$20.00 per individual.
Please make check payable to: UW-PLATTEVILLE TRACK AND FIELD.
- Participation: Open to collegiate teams. Unattached athletes are eligible only upon receiving permission from UW-Platteville. No high school athletes will be allowed to compete.
- Entry Deadline: Directathletics.com will be handling online entries. Online entries will open on **Sunday, February 25th** and close on **Wednesday, February 28th at Noon**. For questions related to online entries please e-mail Clark at: chvjillson@aol.com
- Performance: Please Submit official marks for all entries. All entries without official marks will be entered as no mark. Please use metric measurements in all field events.
- Facility: The meet will take place in the Williams Fieldhouse at UW-Platteville. The track is 6 lanes (8 lanes on the straight) with a Rekortan surface. Quarter inch spikes are allowed on the running surface. The infield surface is spike proof with ¼ spikes allowed on the surface. **FOOD OR DRINK WILL NOT BE ALLOWED IN THE INDOOR TRACK AREA. ONLY WATER WILL BE ALLOWED.**
Please take spikes off before leaving the lower track and field area.
- Locker Rooms: Locker rooms and showers are located one flight above the track level in the men and women's general locker room. Please provide your own locks and towels. No items should be left unattended in the locker rooms.
- Training Room: The training room is located on the same level as the locker rooms. A certified trainer will be available throughout the entire event.
- Long/Triple Jump: Preliminary rounds will be contested in flights – 3 attempts will be allowed; top 9 best marks will advance to the final round for 3 additional attempts. Unattached athletes will be advanced to final rounds. The men's long jump will begin at 4pm. Women's long jump will immediately follow the men's. The triple jump will use the same procedure starting with the women at 4pm.
- High Jump: The women will begin at 4pm and the men will follow. **SPIKES ARE ALLOWED!**
- Pole Vault: Men will begin at 4pm and women will follow. Quarter inch spikes allowed.
- Shot/Weight Circle is plywood. Preliminary rounds will be contested in flights – 3 attempts will be allowed; top 9 best marks will advance to the final round for 3 additional attempts. Unattached athletes will be advanced to final rounds. Women's weight throw will begin at 4pm, followed by men's. Upon completion of the men's high jump, the shot put will begin starting with the women.
- Coaches Meeting: Coaches are asked to stop by the start/finish line for payment of entry fees, scratches, and rules as soon as possible upon arrival.
- Questions: If you have further questions or concerns, please call
Andres Young at (608) 342-1263, email: youngan@uwplatt.edu or
Chris Rotzenberg at (608) 342-1008, email: rotzenbergc@uwplatt.edu

Sample Starting Heights & Progressions (from 2017)

Men Pole Vault:

4.16, 4.31, 4.46, 4.61, 4.76, 4.91, 4.96

Women Pole Vault:

2.96, 3.11, 3.26, 3.41, 3.56, 3.71, 3.76

Men High Jump:

1.79, 1.84, 1.89, 1.94, 1.99, 2.04, 2.07

Women High Jump:

1.42, 1.47, 1.52, 1.57, 1.62, 1.67, 1.70

Schedule of Events

Field Events

Time	Event
4:00	20 lb Weight Throw – Men 35 lb Weight Throw – Women (follows Men's WT) Shot Put – Men (follows Women's WT) Shot Put – Women (follows Men's SP)
4:00	High Jump – Women High Jump – Men (follows Women's HJ)
4:00	Pole Vault – Men Pole Vault – Women (follows Men's PV)
4:00	Long Jump – Men Long Jump – Women (follows men's LJ)
4:00	Triple Jump – Women Triple Jump – Men (follows women's TJ)

Running Events

Time	Event
4:30	Distance Medley Relay – Women Distance Medley Relay – Men 60 Meter Hurdle Trials – Women 60 Meter Hurdle Trials – Men 60 Meter Dash Trials – Women 60 Meter Dash Trials – Men 3000 Meter Run – Women 3000 Meter Run – Men Mile Run – Women Mile Run – Men 400 Meter Dash – Women 400 Meter Dash – Men 60 Meter Hurdle Finals – Men 60 Meter Hurdle Finals – Women 60 Meter Dash Finals – Men 60 Meter Dash Finals – Women 800 Meter Run – Women 800 Meter Run – Men 200 Meter Dash – Women 200 Meter Dash – Men 4x400 Meter Relay – Women 4x400 Meter Relay – Men 5000 Meter Run – Women 5000 Meter Run – Men

Advancement to Finals

- Throws and horizontal jumps will advance 9 and ties from trials to finals. Preliminary rounds will be contested in flights – 3 attempts will be allowed; top 9 best marks will advance to the final round for 3 additional attempts.
- 60 meter dash: Heat winners and next fastest times advance to an 8 lane final
- 60 meter hurdles: Heat winners and next fastest times advance to an 8 lane final
- Races and relays 200m and up are run as timed finals in sections.
- Unattached athletes may advance to final round