

**UW-Platteville Final Qualifying Meet**  
**Friday, March 3<sup>rd</sup>, 2017**  
**Williams Fieldhouse**

**Schedule of Events**

**Field Events**

| <b>Time</b> | <b>Event</b>  |
|-------------|---|
| 4:00        | 20 lb Weight Throw – Women<br>35 lb Weight Throw – Men (follows women's WT)<br>Shot Put – Women (follows men's WT)<br>Shot Put – Men (follows Women's SP) |
| 4:00        | High Jump – Women<br>High Jump – Men (follows women's HJ)   |
| 4:00        | Pole Vault – Women<br>Pole Vault – Men (follows women's PV)   |
| 4:00        | Long Jump – Men   |
| 4:00        | Long Jump – Women<br>Triple Jump – Women (follows men's LJ)<br>Triple Jump – Men (follows women's TJ)   |

**Running Events – Events will be run on schedule, we will not be moving ahead**

| <b>Time</b> | <b>Event</b>                   |
|-------------|--------------------------------|
| 5:00        | 60 Meter Hurdle Trials – Women |
| 5:10        | 60 Meter Hurdle Trials – Men   |
| 5:20        | 60 Meter Dash Trials – Women   |
| 5:25        | 60 Meter Dash Trials – Men     |
| 5:35        | Mile Run – Men                 |
| 5:45        | 400 Meter Dash – Women         |
| 5:55        | 400 Meter Dash – Men           |
| 6:05        | 60 Meter Hurdle Finals – Men   |
| 6:10        | 60 Meter Hurdle Finals – Women |
| 6:15        | 60 Meter Dash Finals – Men     |
| 6:20        | 60 Meter Dash Finals – Women   |
| 6:25        | 800 Meter Run – Women          |
| 6:30        | 800 Meter Run – Men            |
| 6:35        | 200 Meter Dash – Women         |
| 6:40        | 200 Meter Dash – Men           |
| 6:50        | 4x400 Meter Relay – Men        |
|             | <b>Break</b>                   |
| 7:30        | 5000 Meter Run – Women         |

**Starting Heights & Progressions**

Men Pole Vault:

4.16, 4.31, 4.46, 4.61, 4.76, 4.91, 4.96

Women Pole Vault:

2.96, 3.11, 3.26, 3.41, 3.56, 3.71, 3.76

Men High Jump:

1.79, 1.84, 1.89, 1.94, 1.99, 2.04, 2.07

Women High Jump:

1.42, 1.47, 1.52, 1.57, 1.62, 1.67, 1.70