

UW Platteville Select
Track and Field Meet
Saturday, January 28st, 2017
Williams Fieldhouse

- Entry Fee: Entry fee is \$200.00 per team (\$400.00 combined men and women).
\$20.00 for those who are running unattached.
Please make check payable to: UW-PLATTEVILLE TRACK AND FIELD.
- Participation: Only college/university teams are eligible to compete. Unattached athletes are eligible only upon receiving permission from UW-Platteville. No high school athletes will be allowed to compete. The following teams are currently scheduled to participate: Beloit College, Central College, Clarke University, Coe College, Dubuque University, Edgewood College, Lawrence University, MSOE, Rockford University, and UW-LaCrosse women.
- Entry Deadline: Directathletics.com will be handling online entries. Online entries will open on **Thursday, January 12th** and close on **Thursday, January 26th at 6 pm.** For questions related to online entries please e-mail Clark at: chvjillson@aol.com
- Performance: All seed marks must be verifiable and must have been achieved at an indoor meet within the last year. All entries without times will be put into the slower heats. Please use metric measurements in all field events. The meet will NOT be scored.
- Facility: The meet will take place in the Williams Fieldhouse at UW-Platteville. The track is 6 lanes (8 lanes on the straight) with a Rekortan surface. Quarter inch spikes are allowed on the running surface. The infield surface is spike proof with ¼ spikes allowed on the surface. **FOOD OR DRINK WILL NOT BE ALLOWED IN THE INDOOR TRACK AREA. ONLY WATER WILL BE ALLOWED.**
Please take spikes off before leaving the lower track and field area.
- Locker Rooms: Locker rooms and showers are located one flight above the track level in the men and women's general locker room. Please provide your own locks and towels. No items should be left unattended in the locker rooms.
- Training Room: The training room is located on the same level as the locker rooms. A certified trainer will be available throughout the entire event.
- Schedule: Running events begin at 11:30 am and will follow a rolling schedule.
- Long/Triple Jump: Preliminary flights with the best nine jumpers advancing to finals. The women's long jump will begin at 11:00 am. Men's long jump will immediately follow the women's. The triple jump will use the same procedure and will follow the long jump. For the triple jump distances from the track surface takeoff boards are 24, 28, 32, 36 and 40 ft.
- High Jump: The men will begin at 11 am and the women will follow. **SPIKES ARE ALLOWED!**
- Pole Vault: Women will begin at 11am and men will follow. Quarter inch spikes allowed.
- Shot/Weight: Circle is plywood. Preliminary flights with the best nine throwers advancing to finals. Women's weight throw will begin at 11am, followed by men's. Upon completion of the weight throw, the shot put will begin starting with the women.
- Coaches Meeting: Coaches are asked to stop by the start/finish line for payment of entry fees, scratches, and rules as soon as possible upon arrival.

Results: Live results will be available at www accuracetimeing.com. Results will also be posted at <http://athletics.uwplatt.edu/sports/track/2016-17/schedule> following the meet. For those at the meet, members of the coaching staffs may pick up results following the meet.

Questions: If you have further questions or concerns, please contact:
Andres Young at (608) 342-1263, email: youngan@uwplatt.edu or
Chris Rotzenberg at (608) 342-1008, email: rotzenbergc@uwplatt.edu

Schedule of Events

Field Events

Time	Event
11:00	20 lb Weight Throw – Women 35 lb Weight Throw – Men Shot Put – Women (follows Men’s Weight Throw) Shot Put – Men
11:00	High Jump – Men High Jump – Women
11:00	Pole Vault – Women Pole Vault – Men
11:00	Long Jump – Women Long Jump – Men Triple Jump – Women (follows Men’s Long Jump) Triple Jump – Men

Running Events – Fast Sections First – Rolling Schedule – If we get ahead we will stay ahead

Time	Event
11:30	DMR – Women DMR – Men 60 Meter Hurdle Trials – Women (11:30 Start time if DMR is not contested) 60 Meter Hurdle Trials – Men 60 Meter Dash Trials – Women 60 Meter Dash Trials – Men 5000 Meter Run – Women 5000 Meter Run – Men 4x200 Meter Relay – Women 4x200 Meter Relay – Men Mile Run – Women Mile Run – Men 400 Meter Dash – Women 400 Meter Dash – Men 60 Meter Hurdle Finals – Men 60 Meter Hurdle Finals – Women 60 Meter Dash Finals – Men 60 Meter Dash Finals – Women 3000 Meter Run (Slow Section) – Women 3000 Meter Run (Slow Section) – Men 800 Meter Run – Women 800 Meter Run – Men 200 Meter Dash – Women 200 Meter Dash – Men 3000 Meter Run – Women 3000 Meter Run – Men 4x400 Meter Relay – Women

4x400 Meter Relay – Men