



# Wisconsin-Milwaukee Panther TuneUp



Klotsche Center Fieldhouse  
Saturday, February 17, 2018  
(doors open at 8:00 am)

## Field Events - 10:00AM start

|                     |                                     |
|---------------------|-------------------------------------|
| <b>Shot Put</b>     | Men, Women                          |
| <b>Weight Throw</b> | Men, Women (After Shot Put)         |
| <b>Long Jump</b>    | Combined (1 hour Open Pit)          |
| <b>Triple Jump</b>  | Combined (1hr. Open Pit) (After LJ) |
| <b>High Jump</b>    | Women, Men                          |
| <b>Pole Vault</b>   | Women, Men                          |

## Track Events ~2:00 PM start – After Field Events

|                    |
|--------------------|
| Men, then Women    |
| <b>60m</b>         |
| <b>60mH</b>        |
| <b>Mile</b>        |
| <b>400m</b>        |
| <b>800m</b>        |
| <b>200m</b>        |
| <b>3000m</b>       |
| <b>1600m Relay</b> |

**Entry Procedure:** All team entries will be done through Direct Athletics at [www.directathletics.com](http://www.directathletics.com). The meet is open to collegiate athletes and approved unattached athletes. Unattached athletes should email [pcxc@uwm.edu](mailto:pcxc@uwm.edu) or call 414-750-0474 to gain entry into the meet.

**Entry Standards:** There are no entry standards or limits in the running or field events for members of collegiate teams. Entry standards and limits will be discussed individually for unattached athletes.

**Entry Deadline:** Final entries due Thursday, February 15<sup>th</sup>, 2018, 11:00am (Central Time)

**Entry Fee:** An individual fee of \$20.00 per athlete entered or a maximum of \$200.00 per team entry (\$400.00 men's and women's). Payable to: UW-Milwaukee Athletics.

**Track Facility:** The track is a 4-lane 200m Mondo surface. All field event areas are also Mondo. Only **1/4" pyramid spike** elements may be used. The Long Jump/Triple Jump & Pole Vault runways are each over 150' long. Long Jump has a true board at 11 feet from the pit, which is 20 feet long. Triple Jump boards are painted at 28-32-36-40-44 feet from the pit. High Jump approach is 20' wide on each side and 75' deep. The shot and weight circles are wood.

**Seeding:** Heats in all running events will run fast to slow.

**Preferred Lanes:** 60/60H: 2-3-1-4 / 200/400: 3-4-2-1

**Hip Numbers:** All running event check-ins will be located off turn 1 at south end of facility.

**Jumps:** Long & Triple Jump will be run with combined genders and as open pit. Jumpers will be given 30 minutes of general warm-up before the event and then will have no more than 1 hour (60 minutes) to complete all 4 jumps. There will be no finals. Vertical Jumps will be given no more than 30 minutes for warm-ups. Starting heights & progressions for PV & HJ will be determined after entries are received & will be emailed to head coaches on Friday by 12:00pm (noon).

**Throws:** There will be one (1) circle for all throws. Each athlete will be given 4 throws with no finals. All throwing implements will be certified at the weigh-in table between 9-9:30 AM.

**Scoring:** This meet will be scored as a "dual meet." Scoring will be separated into 2 divisions: Division I Schools & Non-Division I Schools. Scoring will follow NCAA Rule 7.1.1: 5,3,2,1 for Individual Events & 5,3 for Relays. Only 2 individual entries per institution shall score. One relay entry per institution shall score.

**Sports Medicine:** UWM's Athletic Training staff will supply ice and emergency medical services. Visiting teams' athletic training staffs are asked to contact Emily Leskowicz ([eleskowicz@yahoo.com](mailto:eleskowicz@yahoo.com) or 262-995-8727) with questions about access to facilities and equipment.

