



Wisconsin-Milwaukee Panther TuneUp

Klotsche Center Fieldhouse

Friday, February 19, 2016

(doors open at 2:30pm)



Field Events - 4:00PM start

Shot Put	Men, Women
Weight Throw	Men, Women (After Shot Put)
Long Jump	Combined (1 hour Open Pit)
Triple Jump	Combined (1hr. Open Pit) (After LJ)
High Jump	Women, Men
Pole Vault	Women, Men

Track Events ~7:00 PM start – After Field Events

Men, then Women

60m
60mH
Mile
400m
800m
200m
3000m
1600m Relay

Entry Procedure: All team entries will be done through Direct Athletics at www.directathletics.com. The meet is open to collegiate athletes and approved unattached athletes. Unattached athletes should email pcxc@uwm.edu or call 414-229-2567 / 414-229-5149 to gain entry into the meet.

Entry Standards: There are no entry standards or limits in the running or field events for members of collegiate teams. Entry standards and limits will be discussed individually for unattached athletes.

Entry Deadline: Final entries due Wednesday, February 17th, 2016, 7:00pm (Central Time)

Entry Fee: An individual fee of \$20.00 per athlete entered or a maximum of \$200.00 per team entry (\$400.00 men's and women's). Payable to: UW-Milwaukee Athletics.

Track Facility: The track is a 4-lane 200m Mondo surface. All field event areas are also Mondo. Only **1/4" pyramid spike** elements may be used. The Long Jump/Triple Jump & Pole Vault runways are each over 150' long. Long Jump is a true board at 11 feet from the pit, which is 20 feet long. Triple Jump boards are painted at 28-32-36-40 feet from the pit. High Jump approach is 20' wide on each side and 75' deep. The shot and weight circles are wood.

Seeding: Heats in all running events will run fast to slow.

Preferred Lanes: 60/60H: 2-3-1-4 / 200/400: 3-4-2-1

Hip Numbers: All running event check-ins will be located off turn 1 at south end of facility.

Jumps: Long & Triple Jump will be run with combined genders and as open pit. Jumpers will be given 30 minutes of general warm-up before the event and then will have no more than 1 hour (60 minutes) to complete all 4 jumps. There will be no finals. Vertical Jumps will be given no more than 30 minutes for warm-ups. Starting heights & progressions for PV & HJ will be determined after entries are received & will be emailed to head coaches.

Throws: There will be one (1) circle for all throws. Each athlete will be given 4 throws with no finals. All throwing implements will be certified at the weigh-in table between 2:45pm and 3:45 pm.

Scoring: This meet will be scored as a "dual meet." Scoring will be separated into 2 divisions: Division I Schools & Non-Division I Schools. Scoring will follow NCAA Rule 7.1.1: 5,3,2,1 for Individual Events & 5,3 for Relays. Only 2 individual entries per institution shall score. One relay entry per institution shall score.

Sports Medicine: UWM's Athletic Training staff will supply ice and emergency medical services. Visiting teams' athletic training staffs are asked to contact Renee Reckelberg (manofsky@uwm.edu or 414-229-0526) with questions about access to facilities and equipment.