

**2018 SUBURBAN EAST CONFERENCE
TRACK AND FIELD CHAMPIONSHIPS
DAY 1 – MAY 22, 2018**

TIME	EVENT	
2:15	Coaches meeting (all scratches must be completed by 2:15)	
2:40	National Anthem	
2:45	HORIZONTAL JUMPS BEGIN	
	Girls Long Jump – Prelims followed by finals	
	Boys Triple Jump – Prelims followed by finals	
3:15	ALL OTHER FIELD EVENTS BEGIN	
	Girls Discus Throw – Prelims followed by finals	
	Girls High Jump – Finals	
	Boys Shot Put – Prelims followed by finals	
	Boys Pole Vault – Finals	
3:15	3200 Meters – Girls – Unseeded section finals	
3:30	3200 Meters - Boys – Unseeded section finals	
3:45	100 Meter High Hurdles	5 Heats – Heat winners plus next four best times advance
4:05	110 Meter High Hurdles	See above
4:25	100 Meter Dash – Girls	See above
4:42	100 Meter Dash – Boys	See above
5:00	400 Meter Dash - Girls	See above
5:16	400 Meter Dash – Boys	See above
5:33	300 Meter Low Hurdles	See above
5:50	300 Meter Intermediate Hurdles	See above
6:10	800 Meter Dash – Girls	4 Heats – Advance top 2 in each heat plus next 4 best times
6:25	800 Meter Dash – Boys	See above
6:40	200 Meters – Girls	5 Heats – Advance heat winners plus next 4 best times
6:55	200 Meters – Boys	See above
7:12	3200 Meters – Girls Fast section finals	
7:26	3200 Meters – Boys Fast section finals	

Note: If one wheeler competes in the 100 and/or 200 there will be 6 heats – heat winners and next 3 best times advance and will be a final race for the wheeler

LIVE RESULTS AVAILABLE AT www.wayzataresults.com

TUESDAY LONG JUMP AND TRIPLE JUMP

Flight 1 2:45 – 4:10
Flight 2 4:25 – 5:35
FINALS – 5:50

THURSDAY LONG JUMP & TRIPLE JUMP

Flight 1 12:30 – 1:55
Flight 2 2:10 - 3:20
FINALS 3:35

TUESDAY SHOT AND DISCUS

Flight 1 3:15 – 3:50
Flight 2 4:05 – 4:40
Flight 3 4:55 – 5:30
Flight 4 5:45 – 6:20
FINALS – 6:35

THURSDAY SHOT AND DISCUS

Flight 1 12:30 – 1:05
Flight 2 1:20 – 1:55
Flight 3 2:10 – 2:45
Flight 4 3:00 – 3:35
FINALS – 3:50

2018 SUBURBAN EAST CONFERENCE TRACK AND FIELD CHAMPIONSHIPS
FINALS – MAY 24, 2018
TIME SCHEDULE AND ORDER OF EVENTS

<u>TIME</u>	<u>EVENT</u>
NOON	Coaches meeting
12:20	National Anthem
12:25	Awards - Girls High Jump, Boys Pole Vault, Girls Discus, Boys Shot Put, Girls Long Jump, Boys Triple Jump, 3200 meters, Wheelchair 100 & 200
12:30	ALL FIELD EVENTS BEGIN Boys Long Jump – Prelims and Finals Girls Triple Jump – Prelims and Finals Boys High Jump – Finals Girls Pole Vault – Finals Girls Shot Put – Prelims and Finals Boys Discus - Prelims and Finals
**** Awards will be presented immediately after the completion of each event; any awards missed earlier in the meet will be at 4:35 p.m.	
1:30	4 X 800 Meter Relay – Girls
1:45	4X 800 Meter Relay – Boys
1:55	Awards – 4 X 800 Meter Relays
2:00	100 Meter Hurdles – Girls
2:08	110 Meter Hurdles – Boys
2:12	Awards 100 Meter and 110 Meter Hurdles
2:15	100 Meter Dash – Girls
2:20	100 Meter Dash – Boys
2:24	Awards – 100 Meter Dashes
2:30	4 X 200 Meter Relay – Girls
2:40	4 X 200 Meter Relay – Boys
2:44	Awards 4 X 200 Meter Relay
2:48	1600 Meter run – Girls – 2 sections 1600 Meter run – Boys – 2 sections
3:18	Awards 1600 Meters
3:22	4 X 100 Meter Relay – Girls 4 X 100 Meter Relay – Boys
3:36	Awards 4 X 100 Relays
3:42	400 Meter Dash – Girls 400 Meter Dash – Boys
3:52	Awards – 400 Meter Dashes
3:56	300 Meter Low Hurdles – Girls
4:02	300 Meter Intermediate Hurdles – Boys
4:06	Awards – 300 Meter Hurdles
4:10	800 Meter Run – Girls 800 Meter Run – Boys
4:20	Awards – 800 Meters
4:26	200 Meter Dash – Girls 200 Meter Dash – Boys
4:35	Awards – 200 Meters, any remaining awards, and recovery break
5:00	4 X 400 Meter Relay - Girls
5:10	4 X 400 Meter Relay – Boys
5:20	Awards – 4 X 400 relays
5:30	Awards – TEAM CHAMPIONSHIP

LIVE RESULTS AVAILABLE AT www.wayzataresults.com