

Spartan Invite

Friday, February 19, 2016 – Chlapaty Recreation and Wellness Center – **A.Y. McDonald Indoor Track**

SCHEDULE OF EVENTS:

4:00pm Field Events Begin (3:00pm Implement Weigh-In at Equipment Room)

Weight Throw – Men (3 flights/31) followed by Women (3 flights/28)

Shot Put – in second ring Women (2 flights/25) followed by Men (3 flights/27)

Long Jump – Women (2 flights/18) followed by Men (2 flights/25) then Triple Jump Women (1/16) Men (1/15)

THERE WILL BE A HARD LINE FOR LONG JUMP (14-6'/19') AND TRIPLE JUMP (30'/40')

High Jump – Men (24) followed by Women (19)

Pole Vault – Women (27) followed by Men (27)

4:00pm Running Events Begin – WE WILL RUN AHEAD WHEN POSSIBLE

Women's 4x800M Relay (WOMEN ONLY)

4:15pm Women's Distance Medley Relay (1)

4:30pm Men's Distance Medley Relay (1)

4:45pm Women's 55M High Hurdle Prelims (4)

5:00pm Men's 55M High Hurdle Prelims (2)

5:10pm Women's 55M Dash Prelims (6)

5:30pm Men's 55M Dash Prelims (8)

5:55pm Women's Mile Run (3)

6:20pm Men's Mile Run (3)

6:40pm Men's 55M High Hurdle Finals

6:45pm Women's 55M High Hurdle Finals

6:55pm Men's 55M Dash Finals

7:00pm Women's 55M Dash Final

7:05pm Women's 400M Dash (4)

7:20pm Men's 400M Dash (5)

7:40pm Women's 4x200M Relay (1)

7:45pm Men's 4x200M Relay (1)

7:50pm Women's 200M Dash (8)

8:20pm Men's 200M Dash (11)

8:50pm Women's 800M Run (4)

9:05pm Men's 800M Run (7)

9:35pm Women's 3,000M Run (2)

10:05pm Men's 3,000M Run (3)

10:45pm Women's 4x400M Relay (3)

10:59pm Men's 4x400M Relay (3)