

# 2016 SIX RIVERS CONFERENCE TRACK & FIELD MEET at UW-PLATTEVILLE

- When: Monday, May 16, 2016  
3:30 - Coaches Meeting – B52  
4:00 - Field Events begin  
4:30 – Running Events Begin
- Schools: Albany, Belmont, Benton/Scales Mound/Shullsburg, Black Hawk, Cassville, Monticello, Pecatonica-Argyle, Potosi, River Ridge
- Participation Limits: Maximum of 1 relay per school, three athletes per individual event, but no more than 28 total individual entries per school
- Scoring: Eight places will be scored: 10 - 8 - 6 - 5 - 4 - 3 - 2 - 1
- Awards: Medals to first through sixth place finishers in each individual event, first through third place in each relay. Plaques to Team Champions (will be sent to school).
- Meet Info: Winners of each heat in trials will advance to finals along with the next best times to fill nine lanes. Field events will begin with Boys Discus, Girls Shot, Girls High Jump, Boys Pole Vault. Triple Jump and Long Jump will be run cafeteria style with boys and girls competing simultaneously. Pits are open for trial jumps until 5:30pm. In the shot, disc, long jump, and triple jump, athletes will be allowed 3 trial attempts and top nine will advance to finals for three more attempts. Starting heights will be: boys vault - 7'0", girls vault - 5'0", boys high jump - 5'0", girls high jump 4'0". We may make starting height adjustments at coaches meeting if entries suggest.
- Entry Deadline: Directathletics.com will be handling online entries. **Online entries will close on Saturday, May 14<sup>th</sup> at noon.**  
**Replacements are allowed the day of the meet, but no additions!**
- If you don't know the effort, please use your best estimate for seeding purposes. If no effort is entered, athlete will be given no priority for lane assignment.
- Contact: Garth Osterday – meet manager  
Phone: (608) 994-2715 ext 122 M-F 8am-2pm  
608-412-2070 anytime  
[osterdaga@rrsd.k12.wi.us](mailto:osterdaga@rrsd.k12.wi.us)
- Gate Information: There will be a gate fee. Concessions will be available.
- Bathrooms: Portable bathrooms are available in the track and field venue.
- Locker Rooms: Locker rooms and showers are located one flight above the track level in the men and women's general locker room. Please provide your own locks and towels. No items should be left unattended in the locker rooms.

- Track: The meet will take place on UW-Platteville's outdoor track and field facility. The track, which is located directly south of the Williams Fieldhouse, is 9 lanes with a 10mm full pour polyurethane Beynon surface. Quarter inch or smaller pyramid spikes only. **No spikes can be worn inside the Williams Fieldhouse.**
- AccuRace Timing will be providing FAT for the meet. Track events will be posted immediately following races on electronic display board.
- Discus: Discus will be contested on the infield of the track.  
**DUE TO SAFETY CONCERNS IT IS CRITICAL THAT ALL NON-COMPETING ATHLETES AND COACHES STAY OFF THE INFIELD DURING THE DISCUS COMPETITION!!!**
- Long/Triple Jump: The long jump and triple jump runways are located outside of the track along the home stretch (south side of the track). Three sand pits allow both the TJ and LJ to be contested simultaneously in an east or west direction.
- Pole Vault: The pole vault runway is located outside of the track along the back stretch (north side of the track).
- Shot Put: Shot circle is located on the west D end of the infield.
- High Jump: The high jump will be contested on the east D end of the infield.
- Clerk Area: Athletes will check-in at the tent located on the SW corner of the track.
- Coaches Meeting: Please pick up meet information and make scratches on sheets provided in B52 in the Williams Fieldhouse. This meeting will take place at 3:30.
- Jury: Officials, Paul Raley-B/SM/S, Tony Breuer-Albany