

River Valley Middle School Track Meet

Thursday, May 5th, 2016

Dear Coach,

This year's River Valley Middle School Track Meet will be held on **Thursday, May 5th**. Outlined below are all of the details for our meet.

Teams

- Boscobel, Ithaca, Lancaster, Lodi, Prairie du Chien, Reedsburg, Riverdale, and River Valley.
- Cost is \$80.00 / school

Entries

- 7th & 8th grade will run and be scored together.
- Maximum of 3 events per athlete (2/1)
- Unlimited entries per event. (except HJ)
- Maximum of 4 athletes in *High Jump*.

Deadline

- **Tuesday, May 3rd at 11:59pm**
- Entries can be made at Direct Athletics at www.directathletics.com

Awards

- Medals for 1st place, 2nd place, and 3rd place.
- 1st Place Girls Team Trophy. 1st Place Boys Team Trophy.

Other

- Officials: Tracy Krueger and Tom McKenna
- Coaches Meeting at **4:00pm** at the Equipment Storage Shed
- 1/4" spikes allowed.
- Concessions will be available.
- Admission Fee: Adults: \$2.00 Students: \$1.00

Order of Events

Field Events – 4:15pm

Discus (girls/boys)
Shot Put (boys/girls)
Long Jump (cafeteria) – 4:15 to 6:30pm
Triple Jump (cafeteria) – 4:15 to 6:30pm
High Jump (cafeteria) – 3'10" start Ht.
Pole Vault (cafeteria) – 5'6" start Ht.

- 3 jumps/throws

Running Events – 4:30pm

100m Hurdles
Sprint Medley (100,100, 200, 400)
100m Dash
1600m Run
4x200 Relay
400m Dash
4x100 Relay
800m Run
200m Dash
4x400m Relay

Questions?

Please contact Tony Cavagnetto at tcavagnetto@charter.net or (608)588-2556.