

Welcome to the
30th Annual Rock Valley Classic
Cross Country Meet
Tuesday, September 13th, 2016
Silverwood Park (new location)
771 Silver Lane, Edgerton WI

We are excited to be using Silverwood County Park (<http://www.silverwoodpark.org/home.html>) to host our meet. The course is 50% wooded trail and 50% grass trail. We hope that you enjoy our new setting and respect it enough to help us leave it cleaner than when we arrived.

There will be six races, from 7th thru 12th grade, boys and girls together in one race for each grade. There will be no score kept, just individual results by grade.

Meeting Schedule (Altered from previous years)

: 4:00 for 9th grade 4:40 for 10th grade 5:20 for 11th grade 6:00 for 12th grade
6:40 for 7th grade 7:00 for 8th grade 7:20 Awards Ceremony

Special Note: 7th and 8th graders will run last to avoid last year's issues with daylight and varsity runners. These races are for 7th and 8th graders only. Please, **do not** bring 6th and 5th graders. Races will run ahead of schedule, as time allows.

Race Distance: Middle School – approx. 2000 meters; High School - 5000 meters

: Medals to top 5 boys and top 5 girls in each race (2nd thru 5th place awarded in chute).

Results: As we have in the past, we will be using Clark Jillson and AccuRace Timing to electronically manage and time the Rock Valley Classic. You will need to enter your athletes into the proper race for their grade and gender. Coaches will need to log on to Direct Athletics (www.directathletics.com) in order to enter their runners in the Rock Valley Classic. Entries must be completed by **8:00 p.m. on Sunday, September 11, 2016.**

Teams that do not pre-register on-line will not be allowed to participate the day of the race, so it is very important that you pass on this information on to the middle school coaches.

Additional, detailed maps will be provided the day of the race.

Fee for the meet will be \$150 per school. Please send prior to meet.

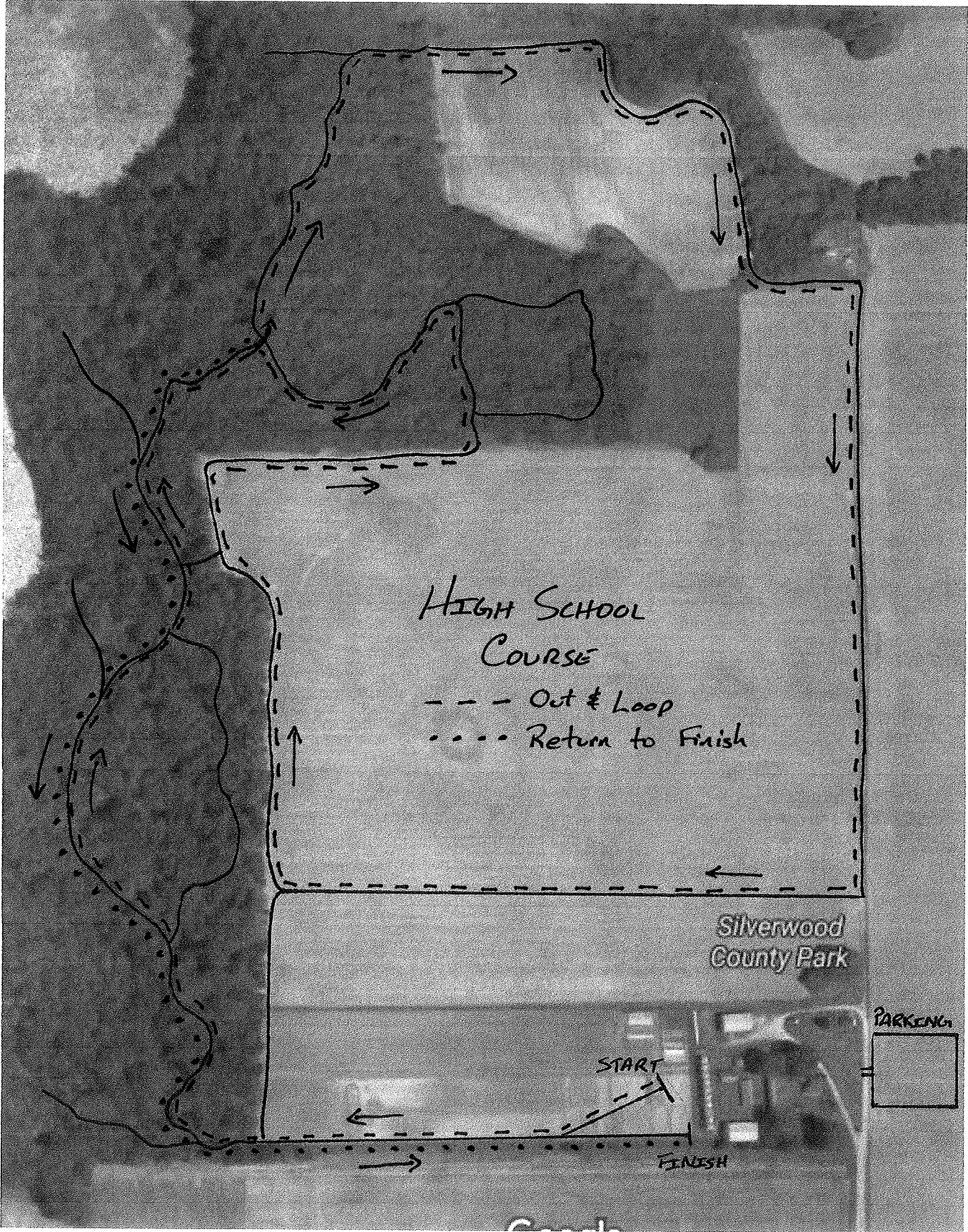
: Team buses may be asked to drop off athletes and park off site (back in town) depending on weather. Parking is limited and will be in a mowed field adjacent to the park.

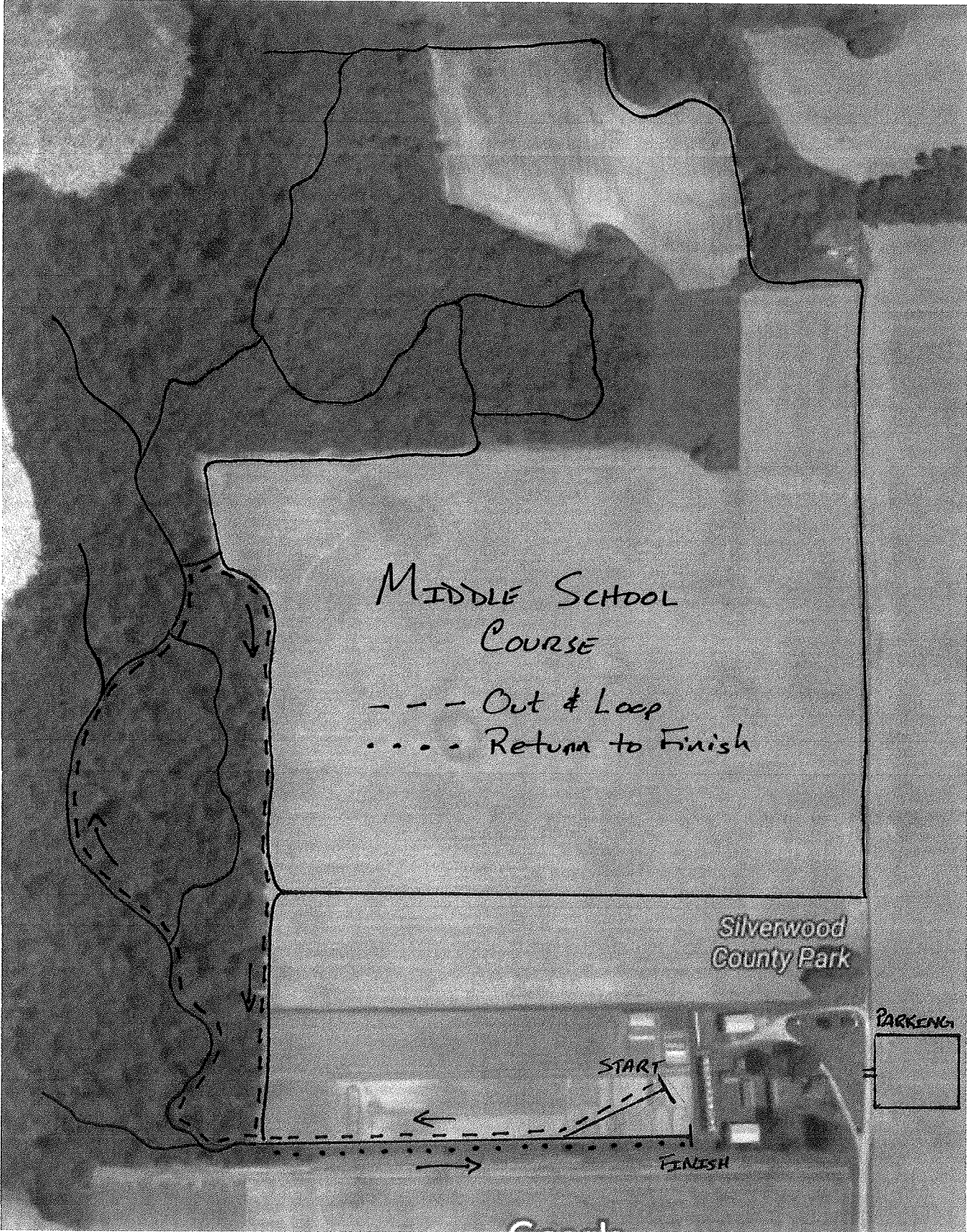
Team tents may be placed in the green spaces throughout the farm.

There will be a concession stand available, selling various items. T-shirts will once again be available for purchase. All proceeds to the EHS Cross Country Boosters.

Please check in and pick up your packet at the finish line when you arrive.

Any questions, contact Adam Gould at (608) 617-1570 or email at adam.gould@edgerton.k12.wi.us





MIDDLE SCHOOL COURSE

- - - Out & Loop
- Return to Finish

Silverwood County Park

PARKING

START

FINISH

Course



Silverwood
County Park

START

FINISH

PARKING

Creek