

Riverdale Invitational

Thursday, April 17, 2014
Riverdale High School
Port Byron, IL

March 06, 2014

To: Athletic Directors, Head Boys and Head Girls Track Coaches

From: Scott Hemm, Athletic Director
Ami Henricksen, Head Girls Coach
Gordon Fortney, Head Boys Coach

Greetings and welcome to the Riverdale Invitational. Enclosed you will find the meet information as well as the entry procedures. This year we will again be using a Fully Automatic Timing service to administer the meet. The entry procedure for this service is listed below:

Entry Procedure: On line registration only through *DirectAthletics* at www.directathletics.com.

Entries must be submitted no later than Tuesday, April 15th (8:00pm). Individual events are limited to two participants per school. Relays are limited to one per school.

Each team will be responsible for providing one meet volunteer, to be assigned as needed to assist with the meet.

There are restrooms at the track as well as a concession stand. We ask that your teams set up camp outside of the track area. No one is to set up on the football field.

Admission Fees: \$ 3.00 – Adults \$ 2.00 – Students

If you have any questions, please do not hesitate to call any of us.

Sincerely,

Scott Hemm
Athletic Director
Riverdale High School

Ami Henricksen
Head Girls Track Coach

Gordon Fortney
Head Boys Track Coach

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Scoring: 10-8-6-4-2-1
Team Awards: Trophies for 1st and 2nd place teams (tie-breaker = team place in the 4 x 400 Relay)
Individual Awards: Medals for 1st place, Ribbons for 2nd thru 5th (each event)

Track Rules: Use only masking tape and 3/16" spikes on the track surface
No team camps on the infield, must be set up outside the track
No footballs, Frisbees, electronic devices, etc. in the competition area
Running events start at 4:45pm and will be on a **ROLLING** schedule. Coaches, make sure your athletes prepare accordingly.

Event Conflicts: If an athlete is not at the field event venue when they are called, that attempt will be **PASSED**. If the athlete is still not at the field event venue before the bar is raised (high jump) or their flight has concluded, those missed attempts will be recorded as **SCRATCHES**.

SCHEDULE OF EVENTS:

Rolling Schedule

Field Events

4:15pm High Jump (Boys first, Girls follow)
Shot Put (Boys first, Girls follow) – 2 Rings (simultaneous), 4 throws, No Finals
Discus (Girls first, Boys follow) – 4 throws, No Finals (Top Flight 2nd)
Long Jump (West Pits) (Boys & Girls) – 4 jumps, No Finals (Top Flight 1st)
Triple Jump (West Pits, Follows Long Jump) (Boys & Girls) – 4 jumps, No Finals (Top Flight 1st)

Running Events

Girls will run first unless noted, fast heats will run last.

4:45pm 3200 Meter Run (Boys)
5:00pm 4 x 800 Meter Relay
5:25pm 4 x 100 Meter Relay
5:40pm 3200 Meter Run (Girls)
6:00pm 100 Meter Hurdles (Girls) – Timed Finals
6:10pm 110 Meter Hurdles (Boys) – Timed Finals
6:20pm 100 Meter Dash – Timed Finals
6:35pm 800 Meter Run
6:55pm 4 x 200 Meter Relay
7:05pm 400 Meter Dash
7:20pm 300 Meter Hurdles
7:35pm 1600 Meter Run
8:05pm 200 Meter Dash
8:30pm 4 x 400 Meter Relay