

DARLINGTON HIGH SCHOOL

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MITCH AUSTIN, HIGH SCHOOL PRINCIPAL

Thomas Uppena
High School Counselor

Tanner Havens
Activities Director

Redbird Invitational Track Meet Monday, May 6th – 4:00 PM

Schools Participating: Albany, Belmont, Benton/Scales Mound/Shullsburg, Black Hawk, Cassville/Potosi, Cuba City, Darlington, Monroe, Monticello, Pec/Argyle, River Ridge, Southwestern, Tri-State Homeschool

- 1) The regular WIAA events, order of events, and rules for competition will be used.
- 2) Entries will be done online. **You are allowed 28 individual entries and 1 relay per event.** Max of 3 athletes per event. Accuracetime.com will be doing the entries and timing. The website for entries is wi.milesplit.com Directions are on the site. Entries are due by **Sunday, May 05th at 12:00 PM.**
- 3) **Entry fee is \$150 per team, includes both genders.**
- 4) Competitors will use the gates at the **north (scoreboard) end** of the track to report to the Clerk of Course and to get to the throwing areas.
- 5) **Only Competitors and officials are** allowed inside the fence after the meet starts.
- 6) **AWARDS-Medals** will be given to the top three finishers in each event.
- 7) **Trials** will be held in the 100m dash, 100m hurdles, and 110m hurdles.
- 8) The meet will start at **4:00 PM with Field Events and 4:30 with Running Events. Coaches meeting will be in the white shed on the north side of the press box at 3:30 PM**
- 9) **Boys** will go first in the discus and pole vault. **Girls** will go first in the shot put and high jump. The long jump and triple jump will be open pits for the boys and girls from 4:00 to 6:00. The long jumpers use the **east** runway and the triple jumpers use the **west** runway. In the long jump, triple jump, shot put, and discus, nine athletes will go to finals.
- 10) Starting height for the high jump and pole vault will be determined at the coaches meeting.

Questions: Call 608-776-4001(School); or Email: reichlingp@darlington.k12.wi.us
Pat Reichling, Track Coach, Darlington High School

Order of Events

4:00 PM: Boys Discus followed by Girls Discus
Girls Shot Put followed by Boys Shot Put
Boys Pole Vault followed by Girls Pole Vault
Girls High Jump followed by Boys High Jump
Open Pit for Boys and Girls in Long Jump
Open Pit for Boys and Girls in Triple Jump

4:30 PM: 4x800 Meter Relay (Girls)
4x800 Meter Relay (Boys)
100 Meter Dash Prelims (Girls)
100 Meter Dash Prelims (Boys)
100 Meter High Hurdles Prelims(Girls)
110 Meter High Hurdles Prelims(Boys)

Break – 10 minutes

110 Meter High Hurdles Finals (Boys)
100 Meter High Hurdles Finals (Girls)
100 Meter Dash Finals (Girls)
100 Meter Dash Finals (Boys)
1600 Meter Run (Girls)
1600 Meter Run (Boys)
4x200 Meter Relay (Girls)
4x200 Meter Relay (Boys)
400 Meter Dash (Girls)
400 Meter Dash (Boys)
4x100 Meter Relay (Girls)
4x100 Meter Relay (Boys)
300 Meter Low Hurdles (Girls)
300 Meter Intermediate Hurdles (Boys)
800 Meter Run (Girls)
800 Meter Run (Boys)
200 Meter Dash (Girls)
200 Meter Dash (Boys)
3200 Meter Run (Girls)
3200 Meter Run (Boys)
1600 Meter Relay (Girls)
1600 Meter Relay (Boys)