

# Information Packet for the 2018 52nd Annual Platteville Invitational Relays

Platteville High School Track and Field  
710 East Madison St. Platteville, WI 53818  
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Rob Serres: **Platteville Track and Field Coach/Meet Manager**

Michael Foley: **Activities Director**      Tim Engh: **Principal**

•**WELCOME!!!** It's that Time of Year Again! Platteville High School is pleased to serve as your host for the **52nd Annual Platteville Relays** Track and Field Meet.

**We are excited to host another GREAT PLATTEVILLE INVITATIONAL RELAYS!**

**\*\*\*PLEASE LOOK OVER CAREFULLY! WE WILL ONCE AGAIN HAVE A MIDDLE SCHOOL SPRINT MEDLEY.**

- WHEN:** The Platteville Relays will be held on: **THURSDAY, April 19TH 2018**
- WHERE:** Platteville High School Track. Platteville has a 6 Lane track - 8 on the straightaway. Preferred lane assignments according to seeding will be: Lane 3, 4, 2, 5, 1, 6.
- TIME:** Field Events and the Quadrathlon Girls/Boys Hurdles **start at 3:30 PM** followed by the **4x800 Meter Relays. COACHES Meeting at 3:00. Time Schedule included in this letter.**
- Coaches must have their athletes checked in to their field events by 3:10 P.M.**
- LANE ASSIGNMENTS:** Seeded lanes and heats will be provided the day of the meet.
- ENTRIES:** Entries should be submitted to: [www.directathletics.com](http://www.directathletics.com) **Entry Deadline is: Tuesday, April 17TH by 11:59 pm. If you have problems or need to reach myself, email: [serres@platteville.k12.wi.us](mailto:serres@platteville.k12.wi.us) or 608-342-4020 ext. 2215.**

**\*\*\*YOU DO NOT NEED TO ENTER TIMES/DISTANCES FOR YOUR JV ENTRIES. WE WILL PUT JV ENTRIES IN THEIR OWN HEATS.**

- Field Events** - Enter **two (2)** athletes into each field event. Contestants must check in with the field event judge 15 minutes prior to the start of the event. The Combination of the best throws/jump from each teams contestant will constitute place winnings. Each Athlete will get 4 jumps or throws, No Finals.
- Running Events** - All Events\* will be seeded. **(The Quadrathlon is not seeded)**

•**The 200 Meter Shuttle Relay** will have **Two 100 Meter Runners** entered. One 100 Meter athlete will start at the common Finish line and run back towards the common Start. When that runner crosses the line, their teammate will then race to the Finish. **WHEN ENTERING IN ON DIRECT ATHLETICS YOU WILL ENTER IT UNDER THE “4X 50 METER RELAY” YOU NEED TO ENTER 4 NAMES AND THEN ON THE DAY OF THE MEET YOU CAN SCRATCH TWO OF YOUR RUNNERS. BECAUSE IT IS AN ODD EVENT, THE COMPUTER WILL NOT RECOGNIZE AND BE ABLE TO SCORE THE EVENT UNLESS IT IS UNDER THIS NAME PLATE. THANKS, AND SORRY FOR THE CONFUSION.**

•**The Hurdle Relay** will consist of **two High Hurdlers**. The first hurdler will start at the common Finish line and run back towards the common Start. When that runner crosses the line, their teammate will then race to the Finish. **WHEN ENTERING IN ON DIRECT ATHLETICS YOU WILL ENTER IT UNDER THE “4X 50 METER SHUTTLE RELAY” YOU NEED TO ENTER 4 NAMES AND THEN ON THE DAY OF THE MEET YOU CAN SCRATCH TWO OF YOUR RUNNERS. BECAUSE IT IS AN ODD EVENT, THE COMPUTER WILL NOT RECOGNIZE AND BE ABLE TO SCORE THE EVENT UNLESS IT IS UNDER THIS NAME PLATE. THANKS, AND SORRY FOR THE CONFUSION.**

•**The 3200 METER RUN RELAY:** This event will have **2 entries** from each team. Times from the **combined** entries from each team will be added, and places will be awarded. Athletes will be given a place # just like in a Cross Country race. Coaches/Athletes are to return this # to the Head Timer as soon as the athlete finishes for times to be recorded.

\*Girls and Boys 3200 may be combine if time and #' warrant.

•**The Quadrathlon** 100 Hurdles and Quadrathlon 800 Meter runs will be randomly seeded. You **do not** need to send any seed times for the Quadrathlon events.

•**The “Sausage Relay” is a Throwers Relay.** It must consist of Athletes that throw or have thrown the Shot Put or Discus. This event is non-scored. It is a fun event for the athletes. Medals are awarded, but please do not “stack” the event simply to win a medal. Some of these kids are athletic and fast, and some of these kids have a hard time making it to the bus on time. The “Baton” for this event does not need to fall under WIAA rules, but it may not be longer than 18” in length, and it may not be deemed dangerous by the officials -We would prefer Sausages be used.

•**NEW Last year!!!! JR. HIGH SPRINT MEDLEY RELAY.** We will be offering a Sprint Medley Relay (1-1-2-4) for your Jr. High Programs. (Runners need to be between 6<sup>th</sup> and 8<sup>th</sup> Grades). Girls race followed by Boys. Simply enter your 4-6 Runners on Direct Athletics in the proper area. This will be a non-scored event for the meet, but teams will receive Medals for 1<sup>st</sup>-3<sup>rd</sup> Places and records will be recorded. **Please contact your Jr. High Coaches to get names and times for entry.** This should be a fun event for the programs!

•**Relays** – Your entry will serve as your Relay Card. Changes may be made on your entry sheet when you arrive on Thursday, but no reseeding will occur.

\*\*\* **YOU MAY ENTER A JV SQUAD!** All Teams may enter one additional (JV) team in any of the Relay events - **NO CHARGE!** You simply need to enter another team (JV) on the entry form. You do not need to fill all of the events – simply the events that you wish to enter.

The JV teams will **NOT** be scored - JV entries will be timed and distances recorded, but they will **NOT** be eligible for placing or receiving awards, **OR** for garnering point for their respective teams.

•**COST: \$125.00.** Please bring your check with you or send it to Michael Foley, Platteville High School, 710 East Madison St., Platteville, WI 53818. Questions: Call Michael Foley 608-342-4020. Ext. 1201. -Make checks payable to: **Platteville High School.**

•**SCORING:** Places will be scored 10-8-6-5-4-3-2-1 for 8 places.

•**AWARDS:** Medals will be awarded for 1st, 2nd, and 3rd places in all relays and individual events. Team Trophies awarded for 1st & 2nd place teams.

•**EQUIPMENT:** Teams must furnish their own batons, throwing implements, and vault poles. 1/4" spikes are allowed on all surfaces. Starting blocks will be furnished.

•**RESULTS:** Results will be available on run off as soon as possible following the conclusion of the meet. They will be available on line, if you would like a paper copy, please see Coach Serres.

•**ADMISSION:** \$3.00 For Adults and \$2.00 for Students

•**GAMES COMMITTEE:** The Games Committee will be made up from the following: Head Boys Coaches from: Potosi, Lancaster and River Valley. Along with the Meet Manager and the Head Starter. If you prefer not to be a part of the Games Committee, please let me know as soon as possible.

•**WARM UP AREAS:** We ask that Athletes Warm up on the backstretch, curves, or any grassy area adjacent to the track. The inside of the Football Field is reserved for athletes who may be warming up for the next running event. Team Camps may be set up anywhere on the outside of the football field.

•**# OF TRIALS:** Shot, Discus, Long Jump, Triple Jump contestants will be allowed **4 trials**, with the **best effort of the four efforts being used in his/her teams total distance.**

•**TIES:** Ties will stay as ties, after all methods of tie breaking are exhausted. In the event of a tie, points will be split between the places involved.

•**NONSCORING EVENTS:** The **400m Throwers Relay, Jr. High Sprint Medley, JV Teams and the Quadrathlon** are **non-scoring**. Participants will be awarded medals and records will be recorded.

- QUADRATHLON (Non-Scoring):** The Quadrathlon event consists of: **The Long Jump, Shot Put, 100m low hurdles , and the 800m run.** There is a scoring guide that awards points for performance. Quadrathlon entries will receive **2 throws or jumps** in the field events. Their best throw or jump being recorded. Entries should report to the field events as the event is called for all other competitors in that event and identify themselves as "Quadrathletes." Quadrathletes may not compete in any other events in the relays. Quadrathletes will not be scoring participants for team points but they will receive medals for placing. Scoring for this competition will take place by a Quadrathlon scoring chart which awards points according to the athletes performances (very similar to the Decathlon). In the event of a tie for the final placing, the combined distances of: (1) their best long jump and shot put (2) will be used for the tie breaker.
- ORDER OF FIELD EVENTS:** Shot put, and Pole Vault, will be **boys followed by girls.** Discus and High Jump will be **girls followed by boys.** Shot Put and Discus will be run in flights with a 15 min. warm up time between flights. **Long Jump and Triple Jump will be Open Pit Girls and Boys.** Pits will be open for 2 hours.
- TIME SCHEDULE/ORDER OF EVENTS:** Is included in this packet.
- \*YOU MUST HAVE YOUR POLE VAULT WEIGHT CERTIFICATION SHEET WITH YOU, AND IT MUST BE HANDED IN WITH YOUR RELAY CARD. WITHOUT THIS SHEET, YOU MAY NOT ENTER THE EVENT.**
- STARTING HEIGHTS:**

**High Jump** will begin at 3'10" for the girls and 4'10" for boys. Heights will increase at 2" increments. When there are two or less competitors remaining, 1" inch increments will be optional.

**Pole Vault = Girls start at 6'0 and Boys at 7'0".** Increases by 1'0' until 7'0 for the Girls and 8'0 for the boys. It will then go to 7'6 for girls and 8'6 for boys. 6" increments will be used after these heights are attained. **Vaulters may take 3 jumps in a row until there are 5 jumpers left, they then may take 1 in a row.**
- CHECK OUT TIMES:** There will be a 10 min. ruling for checkout to field events. Please advise your athletes NOT to check out of their field event early. If circumstances apply, we will ask the Field Judges to use discretion in the application of this rule - However, we request that all coaches and athletes help by returning to their events as soon as possible after checking out to their respective running events to keep the events and meet moving. We will also make every effort to allow athletes to move ahead in their respective order to get their jumps in before going to their running events.
- CONCESSIONS:** A concession stand will be available provided by the Platteville Sports Boosters.

•**WIAA RULES:** All athletes will be expected to adhere to all WIAA Rules. Uniforms that are of the same type and are school issued will be allowed.

•**COMPETING TEAMS:** Belmont, Benton, Cassville, Cuba City, Darlington, Galena IL, Lancaster, Lena-Winslow IL, Platteville, Potosi, River Valley.

•**QUESTIONS?:** If you have any questions or concerns, please call me (Rob Serres) at 342-4020 (ext. 2204) or E-mail: serres@platteville.k12.wi.us FAX # 608-342-4427

**It will be Great to see you – And it should be a very FUN Meet!**

**Platteville High School = "Home of the Hillmen"**

# PLATTEVILLE INVITATIONAL RELAY

## TIME SCHEDULE AND ORDER OF EVENTS

**\*\*\*(PLAN ON running AHEAD of schedule!!!! - Please Inform your Athletes!!!)\*\***

**3:00 Coaches Meeting – (Scratches) in Press Box**

**3:30 FIELD EVENTS BEGIN**

**Shot Put** - Boys First, 4 Throws, No finals

**Long Jump** – Open Pit Girls and Boys, 4 Jumps, No finals (Open Pit 1.5 hrs.)

**Pole Vault** – Girls/Boys Start together-(Girls at 6'0 – Boys 7'0) May take 3 jumps in a row.

**Discus** - Girls First, 4 Throws, No finals

**Triple Jump** - Open Pit Girls and Boys 4 Jumps, No finals (Open Pit 1.5 hrs.)

**High Jump** - Girls First, Start at 4'0 (Boys at 5'0)

**3:30 Girls Quadrathlon 100 low Hurdles**

**3:35 Boys Quadrathlon 100 low Hurdles**

**3:40 4 x 800 Relay - Girls (1 heat - Waterfall Start)**

**3:55 4 x 800 Relay – Boys (1 heat - Waterfall Start)**

**4:10 200 High Hurdle Shuttle - Girls**

**4:25 220 High Hurdle Shuttle – Boys**

**4:40 2x100 Meter Dash Shuttle – Girls**

**4:50 2x100 Meter Dash Shuttle – Boys**

**5:00 Distance Medley (2-2-4-8) Relay – Girls**

**5:20 Distance Medley (2-2-4-8) Relay – Boys**

**5:40 Quadrathlon 800 Girls/Boys Together (1 heat - Waterfall Start)**

**5:50 Sprint Medley (1-1-2-4) Relay – Girls**

**6:05 Sprint Medley (1-1-2-4) Relay – Boys**

**6:20 JR. HIGH Sprint Medley (1-1-2-4) Relay – Girls**

**6:30 JR. HIGH Sprint Medley (1-1-2-4) Relay – Boys**

**6:40 2x3200 Run Relay - Girls (1 heat - Waterfall Start)**

**7:00 2x3200 Run Relay – Boys (1 heat - Waterfall Start)**

**7:20 4 x 100 Meter Relay – Girls**

**7:30 4 x 100 Meter Relay – Boys**

**7:40 4 x 400 Meter Relay – Girls**

**7:50 4 x 400 Meter Relay – Boys**

**8:00 Throwers 4 x 100 Relay – Girls**

**8:05 Throwers 4 x 100 Relay – Boys**

**8:15 Results and Awards Presentation**

# Platteville Relays

## Shuttle Hurdle and Field Event Information

### **Attention Coaches:**

For the Hurdle Relay, there will be an adjustment for the first runner. The reason for this is to have the same distance to the first hurdle so that the athlete can still have a similar start like a regular event.

### **For the 110m Hurdle Boys:**

The first runner will start by the finish line and run toward the start. However, his start will be a tape line 30 cm in front of the finish line. The typical distance to the first hurdle is 13.72 m and the distance to the finish after the last hurdle is 14.02 m. The first runner will actually run a slightly shorter race than the second runner.

### **For the 100m Hurdle Girls:**

The first runner will start by the finish line at a tape mark which will be 2.5m behind the normal finish line and run toward the normal start. The first runner will actually run 2.5 m more than the second runner.

\*For both races, the second runner can start when the first runner breaks the plane of their Start line.

**SHOT PUT- BOYS FIRST** followed by Girls - 4 throws each, no finals.

(\*Must take 2 throws in a row ) (2 flights for both girls and boys)

**DISCUS - GIRLS FIRST** followed by Boys - 4 throws each, no finals.

(\*Must take 2 throws in a row) (2 flights for both girls and boys)

**HIGH JUMP- GIRLS FIRST.** Followed by Boys. Finals only.

Girls start at 3'10 and Boys at 4'10". Increases by 2".

**LONG/TRIPLE JUMP- Open Pit** Girls and Boys together – 4 jumps each, no finals.

**POLE VAULT- Girls and Boys Start together.** Finals only.

Girls start at 6'0 – Go to 7'0" and then 6" increments after that.

Boys at 7'0"- 8'0. Increases by 6"0' after that Athletes may take all 3 attempts in a row until there are 5 competitors left. At that time they can choose to take the required 1 attempt.. **If** all Coaches and Officials agree, we will allow lowering and raising the bar until 8'6 for Girls and 10'6 for Boys.

**Reminder: NO Frisbees, Footballs, or any other recreational toys allowed inside the fenced off area of the track.**

