

Information Packet for the 2021 54th Annual **Platteville Invitational Relays**

Platteville High School Track and Field
710 East Madison St. Platteville, WI 53818

608-342-4020 FAX: 342-4427

Rob Serres: **Platteville Track and Field Coach/Meet Manager 608-342-4020 (#2240)**

Michael Foley: **Activities Director** Jacob Crase: **Principal**

•**WELCOME!!!** It's that Time of Year Again! Platteville High School is pleased to serve as your host for the **54th Annual Platteville Relays** Track and Field Meet.

We are excited to once again host the PLATTEVILLE INVITATIONAL RELAYS! This year we will be hosting the Relays on Saturday, May 22. It should be a fun, relaxing day to compete in and watch a great Track Meet! The Platteville Relays are an All-Relay event. Running Events and Field Events are Relays!

*****PLEASE LOOK OVER CAREFULLY!**

•**WHEN:** The Platteville Relays will be held on: **SATURDAY, May 22nd 2021**

•**WHERE:** Platteville High School Track. Platteville has a 6 Lane track – 8 Lanes on the straightaway. Preferred lane assignments according to seeding will be:

6 Lanes: Lane 3, 4, 2, 5, 1,6 8 Lanes: 4,5,3,6,2,7,1,8

•**TIME:** **Field Events will start at 11:00 AM. Running Events beginning with the Quadrathlon Girls/Boys Hurdles followed by the 4x800 Meter Relays will start at 11:30. There will be a COACHES Meeting at 10:30.**

The Time Schedule is included in this letter.

•**Coaches must have their athletes checked in to their field events by 10:40 am. The Track Meet will start immediately at 11:00 after the singing of the National Anthem.**

•**LANE ASSIGNMENTS:** Seeded lanes and heats will be provided the day of the meet and thru accurate timing.

•**ENTRIES:** Entries should be submitted to: wi.milespilt.com. by Thursday, May 20th , **April 17TH by 9:00 pm. If you have problems or need to reach myself, email: serres@platteville.k12.wi.us or 608-342-4020 ext. 2215.**

•**WIAA RULES:** All athletes will be expected to adhere to all WIAA Rules.

•**COMPETING TEAMS:** Belmont, Benton, Cassville/Potosi, Cuba City, Iowa Grant, Lancaster, Platteville, Platteville B, Prairie duChien, and River Ridge.

•**Field Events** - Enter **two (2)** athletes into each field event. Contestants must check in with the field event judge 15 minutes prior to the start of the event. The Combination of the best throw/jump from each teams two contestants will constitute place winnings. Each Athlete will get 3 jumps or 3 throws, No Finals.

•**Running Events** - Most Events* will be seeded. (***The Quadrathlon is not seeded**)

•**The 200 (2x100 Meter Dash) Meter Shuttle Relay** will have **Two 100 Meter Runners** entered. The first 100 Meter athlete will start at the common Finish line and run back towards the common Start. When that runner crosses the line, their teammate will then race to the Finish. **WHEN ENTERING IN ON MILESPIT YOU WILL ENTER IT UNDER THE “200 METER SHUTTLE RELAY”**

•**The Hurdle Relay** will consist of **two High Hurdlers**. The first hurdler will start at the common Finish line and run back towards the common Start. When that runner crosses the line, their teammate will then race to the Finish. **WHEN ENTERING IN ON DIRECT ATHLETICS YOU WILL ENTER IT UNDER THE “SHUTTLE RELAY”.**

•**The 3200 METER RUN RELAY:** This event will have **2 entries** from each team. Times from the **combined** entries from each team will be added, and places will be awarded. Athletes will be given a place # just like in a Cross Country race. Coaches/Athletes are to return this # to the Head Timer as soon as the athlete finishes for times to be recorded.

**Girls and Boys 3200 may be combined if time and #' warrant.*

•**The Quadrathlon:** This is a NON-SCORED EVENT. Ribbons and Medals will be provided. The Quadrathlon is composed of the following 4 events; Long Jump, Shot Put, 100 Low Hurdles and the 800 Meter run. The Quadrathlon will be randomly seeded. *You **do not** need to send any seed times for the Quadrathlon events.*

•**The “Sausage Relay” is a Throwers 4x100 Meter Relay. It** must consist of Athletes that throw or have thrown the Shot Put or Discus. **This event is non-scored.** It is a fun event for the athletes. Medals are awarded, but please do not “stack” the event simply to win a medal. Some of these kids are athletic and fast, and some of these kids are just the opposite. The “Baton” for this event should be a Sausage. (Bring your own Sausage!) It does not need to fall under WIAA rules, but it may not be longer than 18” in length.

•**COST: \$125.00.** Please bring your check with you or send it to Michael Foley, Platteville High School, 710 East Madison St., Platteville, WI 53818. Questions: Call Michael Foley 608-342-4020. Ext. 1201. -Make checks payable to: **Platteville High School.**

•**SCORING:** Places will be scored 10-8-6-5-4-3-2-1 for 8 places.

•**AWARDS:** Medals will be awarded for 1st, 2nd, and 3rd places in all relays and individual events. Team Trophies awarded for 1st & 2nd place teams.

- EQUIPMENT**: Teams must furnish their own batons, throwing implements, and vault poles. 1/4" spikes are allowed on all surfaces. Starting blocks will be furnished. Teams may bring their own blocks if they wish.
- RESULTS**: Results will be available as soon as possible following the conclusion of the meet. They will be available on line at Accuracetiming.
For a paper copy, please see Coach Serres.
- ADMISSION**: **NO Admission Fee's this year.**
- GAMES COMMITTEE**: The Games Committee will be made up from the following: Head Girls Coaches from: River Ridge, Lancaster and Prairie duChien. Along with the Meet Manager (Rob Serres) and the Head Starter. If you prefer not to be a part of the Games Committee, please let me know as soon as possible.
- WARM UP AREAS**: We ask that Athletes Warm up on the backstretch, curves, or any grassy area adjacent to the track. The inside of the Football Field is reserved for athletes who may be warming up for the next running event. Team Camps will be labeled along the East Track Fence.
- # OF TRIALS**: Shot, Discus, Long Jump, Triple Jump contestants will be allowed 3 **trials**, with the **best effort of the three efforts being used in his/her teams total distance.**
- TIES**: Ties will stay as ties, after all methods of tie breaking are exhausted. In the event of a tie, points will be split between the places involved.
- NONSCORING EVENTS**: **The 400m Throwers (Sausage) Relay, and the Quadrathlon are non-scoring.** Participants will be awarded medals and records will be recorded.
- QUADRATHLON (Non-Scoring)**: The Quadrathlon event consists of: **The Long Jump, Shot Put, 100m low hurdles , and the 800m run.** There is a scoring guide that awards points for performance. Quadrathlon entries will receive **2 throws or jumps** in the field events. Their best throw or jump being recorded. Entries should report to the field events as the event is called for all other competitors in that event and identify themselves as "Quadrathletes." Quadrathletes may not compete in any other events in the relays. Quadrathletes will not be scoring participants for team points but they will receive medals for placing. Scoring for this competition will take place by a Quadrathlon scoring chart which awards points according to the athletes performances (very similar to the Decathlon). In the event of a tie for the final placing, the combined distances of: (1) their best long jump and shot put (2) will be used for the tie breaker.
- ORDER OF FIELD EVENTS**: **Pole Vault, Girls and Boys will jump simultaneously with Girls starting at 6' and Boys coming in at 7'. High Jump will be girls followed by boys. Shot Put and Discus will be run Open Pit Girls and Boys (3 throws) from 11:00-2:00 or whenever all throwers are finished. Long Jump and Triple Jump will be Open Pit Girls and Boys. Pits will be open for 3 hours 11:00-2:00.**

•**TIME SCHEDULE/ORDER OF EVENTS:** Is included in this packet.

***YOU MUST HAVE YOUR POLE VAULT WEIGHT CERTIFICATION SHEET WITH YOU.
WITHOUT THIS SHEET, YOU MAY NOT ENTER THE EVENT.**

•**STARTING HEIGHTS:**

High Jump will begin at 4' for the girls and 5' for boys. Heights will increase at 2" increments. When there are two or less competitors remaining, 1" inch increments will be optional.

Pole Vault = Girls start at 6'0 and Boys at 7'0". Increases by 1'0' until 7'0 for the Girls and 8'0 for the boys. It will then go to 7'6 for girls and 8'6 for boys. 6" increments will be used after these heights are attained.

SHOT PUT and DISCUS- GIRLS/BOYS Open Pit. - 3 throws each, No finals. Five Throwers will throw their 3 throws, before 5 New Throwers are brought in. There will be no warmups between the 5 throwers. If your Athlete needs to leave for a running event, let the official know that so that they are put in one of the first groupings. After the initial throw, it will be marked and measured. Any throw that does not meet or beat that mark will not be measured.

LONG/TRIPLE JUMP- Open Pit Girls and Boys together – 3 jumps each, No finals.

HIGH JUMP- GIRLS FIRST. Followed by Boys. Finals only.
Girls start at 4' and Boys at 5'. Increases by 2".

POLE VAULT- Girls and Boys Start together. Finals only.

Girls start at 6'0 – Go to 7'0" and then 6" increments after that. Boys start at 7'0", then go to 8'0. Increases by 6" after that . **If** all Coaches and Officials agree, we will allow lowering and raising the bar.... if needed to help the event run more efficiently... until 8'0 for Girls and 10'6 for Boys.

•**CHECK OUT TIMES:** There will be a 10 min. ruling for checkout to field events. Please advise your athletes NOT to check out of their field event early. If circumstances apply, we will ask the Field Judges to use discretion in the application of this rule - However, we request that all coaches and athletes help by returning to their events as soon as possible after checking out to their respective running events to keep the events and meet moving. We will also make every effort to allow athletes to move ahead in their respective order to get their jumps in before going to their running events.

•**Bathrooms/Water:** There are Port-o-Potties outside the East Fence of the Track as well as Bathrooms and water filling stations inside the high school.

•**CONCESSIONS:** A concession stand will be available provided by the Platteville Sports Boosters.

COVID SAFETY: All spectators and athletes must wear masks. Athletes may remove their masks when the Starter declares: "On Your Marks" or, in Field Events the

athlete is “On Deck”. Social Distancing of 3-6' is highly recommended.

•QUESTIONS?: If you have any questions or concerns, please call me (Rob Serres) at 342-4020
(ext. 2204) or E-mail: serres@platteville.k12.wi.us FAX # 608-342-4427

It will be Great to see all of you – Thank You for being a part of the Platteville Relays.

It should be a very FUN Meet!

Platteville High School = "Home of the Hillmen"

PLATTEVILLE INVITATIONAL RELAYS

TIME SCHEDULE AND ORDER OF EVENTS

(We plan on running ahead of schedule if possible!!! Inform your Athletes!!!)

10:30 Coaches Meeting – (Scratches) in Press Box

11:00 FIELD EVENTS BEGIN

Shot Put - Open Pit Girls followed by Boys, 3 Throws, No finals.

Long Jump – Open Pit Girls and Boys together, 3 Jumps, No finals

Pole Vault – Girls and Boys Together, Girls start at 6'0 – Boys Start at 7'0

Discus - Open Pit Boys followed by Girls, 3 Throws, No finals.

Triple Jump – Open Pit Girls and Boys together, 3 Jumps, No finals

High Jump - Girls First, Start at 4'0 (Boys at 5'0)

- 11:30** **Girls Quadrathlon 100 low Hurdles**
- 11:35** **Boys Quadrathlon 100 low Hurdles**
- 11:40** **4 x 800 Relay - Girls (1 heat - Waterfall Start)**
- 11:55** **4 x 800 Relay – Boys (1 heat - Waterfall Start)**
- 12:10** **2x100 High Hurdle Shuttle - Girls**
- 12:25** **2x110 High Hurdle Shuttle – Boys**
- 12:40** **2x100 Meter Shuttle Relay - Girls**
- 12:50** **2x100 Meter Shuttle Relay – Boys**
- 1:00** **Distance Medley (2-2-4-8) Relay – Girls**
- 1:20** **Distance Medley (2-2-4-8) Relay – Boys**
- 1:40** **Quadrathlon 800 Girls/Boys Together (1 heat - Waterfall Start)**
- 1:50** **Sprint Medley (1-1-2-4) Relay – Girls**
- 2:05** **Sprint Medley (1-1-2-4) Relay – Boys**
- 2:20** **2x3200 Run Relay - Girls (1 heat - Waterfall Start)**
- 2:40** **2x3200 Run Relay – Boys (1 heat - Waterfall Start)**
- 3:00** **4 x 100 Meter Relay – Girls**
- 3:10** **4 x 100 Meter Relay – Boys**
- 3:20** **4 x 400 Meter Relay – Girls**
- 3:30** **4 x 400 Meter Relay – Boys**
- 3:40** **Throwers 4 x 100 Relay – Girls**
- 3:50** **Throwers 4 x 100 Relay – Boys**
- 4:00** **Results and Awards Presentation**

*The Girls and Boys 3200 Meter Run may be combined if numbers and time warrant.

Platteville Relays

Shuttle Hurdle Information

Attention Coaches:

For the Hurdle Relay, there will be an adjustment for the first runner. The reason for this is to have the same distance to the first hurdle so that the athlete will still have a similar start like a regular event.

For the 110m Hurdle Boys:

The first runner will start by the finish line and run toward the start. However, his start will be a tape line 30 cm in front of the finish line. The typical distance to the first hurdle is 13.72 m and the distance to the finish after the last hurdle is 14.02 m. The first runner will actually run a slightly shorter race than the second runner.

For the 100m Hurdle Girls:

The first runner will start by the finish line at a tape mark which will be 2.5m behind the normal finish line and run toward the normal start. The first runner will actually run 2.5 m more than the second runner.

*For both races, the second runner can start when the first runner breaks the plane of their Start line.

Reminder: NO Frisbees, Footballs, or any other recreational toys allowed inside the fenced off area of the track.

Exchange Zones for Platteville Relays

400 Meter Relays (4x100)

- * All exchange zones are YELLOW to YELLOW
- Lanes all the way.

3200 (4x800) Meter Relays

- * First Runners will be put in lanes.
- * Two Teams in each lane.
- * First Runner may cut at the break line after the first curve,
or Waterfall Start (at Starters discretion.)
- Second - Fourth Runners - Shuffled according to position.

Sprint Medley Relays (100-100-200-400)

- * First Runner will be put in lanes.
- * First and Second Exchanges are YELLOW to YELLOW
- * Fourth Runner may cut in immediately after handoff. (400 runner)
(LIKE A 4X4 EXCHANGE)
- Fourth Runner should stay in a straight line after the handoff to avoid penalty.

Distance Medley Relays (200-200-400-800)

- * First Runners will be put in lanes.
- * First Exchange is YELLOW to YELLOW
- * Third Runner (400 Runner) will run the corner to the common cut line after the first corner and then cut in towards lane 1.
- THIS IS A 3 TURN STAGGER.

1600 Meter Relays (4x400)

- * First Runner lanes all the way. (3 Turn Stagger - Blue)
- * Second Runner will cut to the pole after the first curve at the common cut line.
- Third and Fourth Runners will be shuffled in according to position.
-

3200 Meter Run Relay and 800 Meter Quadrathlon (2 Runners – Times combined)

- Waterfall Starts

2x100 and 2x Hurdle Races

- 1st Runner Starts at Finish Line. When the first runner crosses the regular starting line, the second runner may then start and finish at the regular Finish Line for placing.

Platteville Invitational Girl's Relays Records

<u>Event</u>	<u>School</u>	<u>Athletes</u>	<u>T/D</u>	<u>Year</u>
<u>2 x 100 Meter Shuttle Dash</u>	Cuba City	MyKenzie Vaassen Kaitlyn Kaiser	26.17	2016
<u>2 x 100 M H. Hurdle Shuttle Relay</u>	Cuba City	Weber, Lierman	35.3	2014
<u>4 x 100 Meter Relay</u>	Platteville	Ellefson, Stark, Lomax, Chryst	51.7	1985
	Platteville	Kies, Viney, Digman, Becker	51.7	2000
	Cuba City	Kerkel, Lierman, Kaiser, Weber	51.7	2014
<u>1-1-2-4 Sprint Medley</u>	Platteville	Muzinga, Stecklein, Klein, A.Serres	1:56.6	2012
<u>2-2-4-8 Distance Medley</u>	Platteville	Stecklein, J.Lawinger Donovan, T.Serres	4:17.8	2012
<u>4 x 400 Meter Relay</u>	Richland Center	McBain, Shireman, Wilson, Schutzkus	4:07.6	1981
<u>4 x 800 Meter Relay</u>	Platteville	A.Serres, Lawinger Donovan, T.Serres	9:58.0	2012
<u>2 x 3200 Meter Run Relay</u>	DodgePoint	Michaela Courtney, Katrina Rundhaug	23:14.7	2001
<u>4 x 100 Meter Throwers Relay</u>	Cuba City	Fink, Gigeous, Kopp, Weber	57.0	2011
<u>Long Jump Relay</u>	Cuba City	K. Kaiser, McKenzie Vaassen	33'0"	2016
<u>Triple Jump Relay</u>	Prairie duChien	Dejka, Jelineck	67'3"	1997
<u>High Jump Relay</u>	Monroe	Shreve, Wittenwyler	10'10"	1988
<u>Pole Vault Relay</u>	Lancaster	L.Massey, Roland	19'0"	2004
<u>Shot Put Relay</u>	Cuba City	Mollie Wedige, Camry Fields	73'0"	2015
<u>Discus Relay</u>	Platteville	K. Rankin, T. Rankin	223'1"	2017
<u>Quadrathlon</u>	Boscobel	Tara Steffes	2840 pts.	1996
<u>Jr. High Sp. Med</u>	Platteville	J. White, T.Muzinga, S. Langmeier, M. Rooney	2:05.19	2016
<u>100 Meter Dash</u>	Richland Center	Kim Tiller	12.31	1984
<u>3200 Meter Run</u>	Platteville	Amy Scheuerell	11:42	1998
<u>4x100 Meter Freshmen Relay</u>	Platteville	Goke, Tucker, Johll, Denn	54.7	1996

Platteville Invitational Boy's Relays Records

<u>Event</u>	<u>School</u>	<u>Athletes</u>	<u>T/D</u>	<u>Year</u>
<u>2 x 100 Meter Shuttle Dash</u>	River Valley	Kyle Thomas Nyasanu Jones	22.59	2016
<u>2 x 110 M H. Hurdle Shuttle Relay</u>	Platteville	Matt Bailie Ryan Rako	32.1	2011
<u>4 x 100 Meter Relay</u>	Lena-Winslow	Oakley, Haas, Fox, Sellers	44.0	2012
<u>1-1-2-4 Sprint Medley</u>	Platteville	Niehaus, Schleuter, Kroll, Saunders	1:36.3	2012
<u>2-2-4-8 Distance Medley</u>	Platteville DodgePoint	Martens, Denn, Klawitter, Engelkes Francia, Raess, Schickel, Nelson	3:41.6	1987 2014
<u>4 x 800 Meter Relay</u>	Platteville	B. Engelkes, Frigo Cushman, Udelhofen	8:09.2	1985
<u>4x400 Meter Relay</u>	Lena-Winslow	Oakley, Chenong Fox, Sellers	3:26.2	2012
<u>2 x 3200 Meter Run Relay</u>	Platteville	Vince Momot Dan Iselin	20:12.91	2016
<u>4 x100 Meter Throwers Relay</u>	Platteville	Kueter, Hilmann, Nodolf, Shanley	47.3	1990
<u>Long Jump Relay</u>	River Valley	Kyle Thomas, Nyasanu Jones	42'4.5"	2016
<u>Triple Jump Relay</u>	Lancaster	Hoch, Bausch	83'8.75	2002
<u>High Jump Relay</u>	Platteville	Russ Poller, Jamie Denn	12'8"	1993
<u>Pole Vault Relay</u>	Platteville	Zack Wolf, Jake Schaal	27'6"	2002
<u>Shot Put Relay</u>	Cuba City	Eastlick, Breshnahan	104'4"	1986
<u>Discus Relay</u>	Platteville	Doug Oomens, Jeff Kueter	300'0"	1989
<u>Quadrathlon</u>	DodgePoint	Terry Schaat	3563 pts.	1996
<u>Jr. High Sp. Med</u>	Lena-Winslow	R. Valentine, I. Bruce, S Ormiston, L. Dominquez	1:48.82	2016
<u>100 Meter Dash</u>	Lancaster	Adam Hampton	11.0	2006
	Platteville	Lynn Oyawiri	11.0	2007
<u>3200 Meter Run</u>	Fennimore	Hoffland	9:39.8	1981
<u>4 x100 Fresh. Relay Freshmen Relay</u>	Lancaster	Hampton, Hoch, Knapp, Schmitz	46.9	1999

Platteville Relays Quadrathlon Scoring Chart

Points	100 Hur.		Long Jump		Shot Put		800 Meters	
	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
1000	13.5	12.5	18'0	20'0	40'0	50'0	2:15	2:05
990	13.6	12.6	17'10	19'10	39'6	49'6	2:18	2:08
980	13.7	12.7	17'8	19'8	39'0	49'0	2:20	2:10
970	13.8	12.8	17'6	19'6	38'6	48'6	2:22	2:12
960	13.9	12.9	17'4	19'4	38'0	48'0	2:24	2:14
950	14.0	13.0	17'2	19'2	37'6	47'6	2:26	2:16
940	14.1	13.1	17'0	19'0	37'0	47'0	2:28	2:18
930	14.2	13.2	16'10	18'10	36'6	47'6	2:30	2:20
920	14.3	13.3	16'8	18'8	36'0	46'0	2:32	2:22
910	14.4	13.4	16'6	18'6	35'6	45'6	2:34	2:24
900	14.5	13.5	16'4	18'4	35'0	45'0	2:35	2:25
890	14.6	13.6	16'2	18'2	34'6	44'6	2:36	2:26
880	14.7	13.7	16'0	18'0	34'0	44'0	2:37	2:27
870	14.8	13.8	15'10	17'10	33'6	43'6	2:38	2:28
860	14.9	13.9	15'8	17'8	33'0	43'0	2:39	2:29
850	15.0	14.0	15'6	17'6	32'6	42'6	2:40	2:30
840	15.1	14.1	15'4	17'4	32'0	42'0	2:41	2:31
830	15.2	14.2	15'2	17'2	31'6	41'6	2:42	2:32
820	15.3	14.3	15'0	17'0	31'0	41'0	2:43	2:33
810	15.4	14.4	14'10	16'10	30'6	40'6	2:44	2:34
800	15.5	14.5	14'8	16'8	30'0	40'0	2:45	2:35
790	15.6	14.6	14'6	16'6	29'6	39'6	2:46	2:36
780	15.7	14.7	14'4	16'4	29'0	39'0	2:47	2:37
770	15.8	14.8	14'2	16'2	28'6	38'6	2:48	2:38
760	15.9	14.9	14'0	16'0	28'0	28'0	2:49	2:39
750	16.0	15.0	13'10	15'10	27'6	37'6	2:50	2:40
740	16.1	15.1	13'8	15'8	27'0	37'0	2:51	2:41
730	16.2	15.2	13'6	15'6	26'8	36'8	2:52	2:42
720	16.3	15.3	13'4	15'4	26'4	36'4	2:53	2:43
710	16.4	15.4	13'2	15'2	26'0	36'0	2:54	2:44
700	16.5	15.5	13'0	15'0	25'8	35'8	2:55	2:45
690	16.6	15.6	12'11	14'11	25'4	35'4	2:56	2:46
680	16.7	15.7	12'10	14'10	25'0	35'0	2:57	2:47
670	16.8	15.8	12'9	14'9	24'8	34'8	2:58	2:48
660	16.9	15.9	12'8	14'8	24'4	34'4	2:59	2:49
650	17.0	16.0	12'7	14'7	24'0	34'0	3:00	2:50
640	17.1	16.1	12'6	14'6	23'8	33'8	3:01	2:51
630	17.2	16.2	12'5	14'5	23'4	33'4	3:02	2:52
620	17.3	16.3	12'4	14'4	23'0	33'0	3:03	2:53
610	17.4	16.4	12'3	14'3	22'8	32'8	3:04	2:54
600	17.5	16.5	12'2	14'2	22'4	32'4	3:05	2:55

590	17.6	16.6	12'1	14'1	22'0	32'0	3:06	2:56
580	17.7	16.7	12'0	14'0	21'10	31'10	3:07	2:57
570	17.8	16.8	11'11	13'11	21'8	31'8	3:08	2:58
560	17.9	16.9	11'10	13'10	21'6	31'6	3:09	2:59
550	18.0	17.0	11'9	13'9	21'4	31'4	3:10	3:00
540	18.1	17.1	11'8	13'8	21'2	31'2	3:11	3:01
530	18.2	17.2	11'7	13'7	21'0	31'0	3:12	3:02
520	18.3	17.3	11'6	13'6	20'10	30'10	3:13	3:03
510	18.4	17.4	11'5	13'5	20'8	30'8	3:14	3:04

	100 Hur.	100 Hur.	Long Jump	Long Jump	Shot Put	Shot Put	800 Meters	800 Meters
Points	Girls	Boys	Girls	Boys	Girls	Boys	Girls	Boys
500	18.5	17.5	11'4	13'4	20'6	30'6	3:15	3:05
490	18.6	17.6	11'3	13'3	20'4	30'4	3:16	3:06
480	18.7	17.7	11'2	13'2	20'2	30'2	3:17	3:07
470	18.8	17.8	11'1	13'1	20'0	30'0	3:18	3:08
460	18.9	17.9	11'0	13'0	19'10	29'10	3:19	3:09
450	19.0	18.0	10'11	12'11	19'8	29'8	3:20	3:10
440	19.1	18.1	10'10	12'10	19'6	29'6	3:21	3:11
430	19.2	18.2	10'9	12'9	19'4	29'4	3:22	3:12
420	19.3	18.3	10'8	12'8	19'2	29'2	3:23	3:13
410	19.4	18.4	10'7	12'7	19'0	29'0	3:24	3:14
400	19.5	18.5	10'6	12'6	18'10	28'10	3:25	3:15
390	19.6	18.6	10'5	12'5	18'8	28'8	3:26	3:16
380	19.7	18.7	10'4	12'4	18'6	28'6	3:27	3:17
370	19.8	18.8	10'3	12'3	18'4	28'4	3:28	3:18
360	19.9	18.9	10'2	12'2	18'2	28'2	3:29	3:19
350	20.0	19.0	10'1	12'1	18'0	28'0	3:30	3:20
340	20.1	19.1	10'0	12'0	17'10	27'10	3:31	3:21
330	20.2	19.2	9'11	11'11	17'8	27'8	3:32	3:22
320	20.3	19.3	9'10	11'10	17'6	27'6	3:33	3:23
310	20.4	19.4	9'9	11'9	17'4	27'4	3:34	3:24
300	20.5	19.5	9'8	11'8	17'2	27'2	3:35	3:25
290	20.6	19.6	9'7	11'7	17'0	27'0	3:36	3:26
280	20.7	19.7	9'6	11'6	16'10	26'10	3:37	3:27
270	20.8	19.8	9'5	11'5	16'8	26'8	3:38	3:28
260	20.9	19.9	9'4	11'4	16'6	26'6	3:39	3:29
250	21.0	20.0	9'3	11'3	16'4	26'4	3:40	3:30
240	21.1	20.1	9'2	11'2	16'2	26'2	3:41	3:31
230	21.2	20.2	9'1	11'1	16'0	26'0	3:42	3:32
220	21.3	20.3	9'0	11'0	15'6	25'6	3:43	3:33
210	21.4	20.4	8'11	10'11	15'0	25'0	3:44	3:34
200	21.5	20.5	8'10	10'10	14'6	24'6	3:45	3:35
190	21.6	20.6	8'9	10'9	14'0	24'0	3:46	3:36
180	21.7	20.7	8'8	10'8	13'6	23'6	3:47	3:37
170	21.8	20.8	8'7	10'7	13'0	23'0	3:48	3:38
160	21.9	20.9	8'6	10'6	12'6	22'6	3:49	3:39
150	22.0	21.0	8'5	10'5	12'0	22'0	3:50	3:40
140	22.2	21.2	8'4	10'4	11'6	21'6	3:51	3:41
130	22.4	21.4	8'3	10'3	11'0	21'0	3:52	3:42
120	22.6	21.6	8'2	10'2	10'6	20'6	3:53	3:43
110	22.8	21.8	8'1	10'1	10'0	20'0	3:54	3:44

100	23.0	22.0	8'0	10'0	9'6	19'6	3:55	3:45
90	23.4	22.4	7'11	9'11	9'0	19'0	3:56	3:46
80	23.8	22.8	7'10	9'10	8'6	18'6	3:57	3:47
70	24.0	23.0	7'0	9'0	8'0	18'0	3:58	3:48
60	24.4	23.4	6'0	8'0	7'6	17'6	3:59	3:49
50	24.8	23.8	5'0	7'0	7'0	17'0	4:00	3:50
40	25.0	24.0	4'0	6'0	6'6	16'6	4:15	4:05
30	26.0	25.0	3'0	5'0	6'0	16'0	4:30	4:20
20	27.0	26.0	2'0	4'0	5'6	15'6	4:45	4:35
10	28.0	27.0	1'0	3'0	5'0	15'0	5:00	4:50