

\$1.00

Welcome to the 2018 Prairie Relays



PRAIRIE DU CHIEN RELAYS **MONDAY, APRIL 16, 2018**

This is the 65th annual running of the Prairie Relays. According to the historian for the Wisconsin Track Coaches Association, it is the second oldest continuous outdoor invitational in the state of Wisconsin. The first Prairie Relays was run on April 26, 1954 in a steady downpour on a muddy one-sixth mile track at the City Ball Park, and featured teams from Dodgeville, Prairie du Chien, Boscobel, Lancaster, and Fennimore. Dodgeville won the inaugural meet, topping Prairie du Chien by seven points. Over the years the meet has grown to as many as fifteen teams, including schools from the LaCrosse area and Iowa. In the mid-1980s, the PdC Girls Invitational was dropped and became part of the Prairie Relays.

This year's Prairie Relays features 14 teams. It will be run on Monday, April 16, 2018, beginning at 4:15 p.m. at the high school's 8-lane rubberized track facility.

This year's field is tremendous, featuring the following teams:

| | | | | |
|-----------------|--------------|-------------|-----------|-------------------|
| Belmont | Boscobel | Dodge/Point | Fennimore | La Crosse Central |
| Lancaster | Onalaska | Platteville | Potosi | Prairie du Chien |
| Richland Center | River Valley | Viroqua | Westby | |

65th Annual Prairie du Chien Relays – April 16, 2018

Welcome to the 65th annual Prairie du Chien Relays. We're hoping for great weather and look forward to hosting a meet with such a high quality group of teams.

The following teams will be participating:

| | | | | |
|-----------------|--------------|-------------|-----------|-------------------|
| Belmont | Boscobel | Dodge/Point | Fennimore | La Crosse Central |
| Lancaster | Onalaska | Platteville | Potosi | Prairie du Chien |
| Richland Center | River Valley | Viroqua | Westby | |

There will be a coaches meeting in the Cafeteria. This will be for any scratches or other information that needs to be addressed. Please have your Pole Vault verification form available as well.

Please be sure that your athletes are using no more than 1/4 inch pyramid spikes.

Scoring will be 10-8-6-5-4-3-2-1 for 8 places.

Awards are medals for the top 3 places in all events and a team plaque for the first place teams.

Each team is allowed 3 athletes per event and one team per relay.

The games committee shall consist of the two WIAA starters, Andy Banasik (PDC) - meet manager, Rob Serres (Platteville) and Dennis McGraw (Dodge/Point). This committee will serve as the final board of appeals.

Participating schools will provide a coach to serve as an exchange zone judge in the relays.

400 Meter Relay

Exchange Zone 1-Lanes 1-4: Onalaska
Lanes 5-8: Westby
Exchange Zone 2-Lanes 1-4: Fennimore
Lanes 5-8: Boscobel
Exchange Zone 3-Lanes 1-4: Lancaster
Lanes 5-8: Potosi

800 Meter Relay

Exchange Zones 1 & 3-Lanes 1-4: LAX Central
Lanes 5-8: Platteville
Exchange Zone 2- Lanes 1-4: Richland Center
Lanes 5-8: River Valley

Sprint Medley (1. yellow/yellow, 2. yellow/yellow, 3. blue/blue/ with cut)

Exchange Zone 1-Lanes 1-4: Platteville
Lanes 5-8: Viroqua
Exchange Zone 2-Lanes 1-4: Fennimore
Lanes 5-8: Boscobel

ORDER OF EVENTS PRAIRIE RELAYS

3:45 Coaches Meeting in the Cafeteria

4:15 Field Events:

- HIGH JUMP (GIRLS / BOYS) – Starting Heights = 4’ Girls, 5’ Boys (4 attempts)
 - POLE VAULT (BOYS / GIRLS) – Starting Heights = 6’ Girls, 8’ Boys – going up 1’, then 6” (4 attempts)
 - LONG JUMP (GIRLS/BOYS) – 4 jumps, no finals
 - TRIPLE JUMP (BOYS/GIRLS) – 4 jumps, no finals
 - SHOT PUT (GIRLS/BOYS) – 4 throws, no finals: **Scratch Lines: Shot: Girls-25’-Boys 35’**
 - DISCUS (BOYS/GIRLS) – 4 throws, no finals : **Scratch Lines: Discus: Girls- 70’-Boys 90’**
- **One and a half hour time limit for each event****

*** All Running Events will be Girls followed by Boys ***

*** **Times are tentative – we will run ahead of schedule if possible** ***

4:15 4 x 800 Meter Relay

4:40 100 Meter High Hurdles - TRIALS

110 Meter High Hurdles – TRIALS

5:05 100 Meter Dash - TRIALS

10 minute break following the boys 100 Meter Dash trials

5:30 100 High Hurdles – FINALS

5:40 110 High Hurdles – FINALS

5:50 100 Meter Dash – FINALS

6:00 1600 Meter Run

6:25 4 x 200 Meter Relay

6:45 400 Meter Dash

7:00 400 Meter Relay

7:15 300 Meter Hurdles

7:30 800 Meter Run

7:45 Sprint Medley Relay (100, 100, 200, 400) *Do not have 200 meter dash, Sprint Medley Relay in lieu of*

8:05 3200 Meter Run

8:40 4 x 400 Meter Relay

At the conclusion of the meet, awards will be handed out at the front of the press box.

*RESULTS WILL BE POSTED AT <http://www accuracetimeing.com/>

PRAIRIE RELAYS RECORDS - GIRLS

| | | | | |
|----------------------------------------|---------------------------------------|-------------------------------------|------------|--------------|
| HIGH JUMP | LORI DICKMAN | PRAIRIE DU CHIEN | 5' 8" | 1983 |
| LONG JUMP | EMILY BETZ | LA CROSSE LOGAN | 18' ½" | 2006 |
| TRIPLE JUMP | CAITLIN REED | VIROQUA | 35' 1" | 2008 |
| DISCUS | JESSE JEWELL | DECORAH | 125' 8.25" | 2004 |
| SHOT PUT | ALISSON MORGAN | NORTH CRAWFORD | 42' 4" | 1992 |
| SOFTBALL THROW | LAURA RODHAM | DUBUQUE WAHLERT | 196' 9" | 1978 |
| PENTATHLON | CAROL PEDRETTI | PRAIRIE DU CHIEN | 2,788 | 1978 |
| 100 M HURDLES | KELLY MILLER | MONROE | 14.4 | 1979 |
| 100 M HURDLES (33") | JESSICA DEVINE | LA CROSSE LOGAN | 14.97 | 2004 |
| 1600 M RUN | TRICIA SERRES | PLATTEVILLE | 4:59.82 | 2011 |
| 800 M RELAY | HALVERSON, O' BRIEN KOZELKA, DUVE | PRAIRIE DU CHIEN | 1:48.5 | 1977 |
| 400 M DASH | DEIDRE DILLMAN | PRAIRIE DU CHIEN | 58.25 | 2008 |
| 800 M RUN | MOLLY HANSON | DODGEVILLE/ MINERAL POINT | 2:14.91 | 2012 |
| 200 M DASH | CATHY KOZELKA KIM TILLER | PRAIRIE DU CHIEN RICHLAND CENTER | 26.3 | 1975 1983 |
| 1600 M RELAY | McBAIN, WILSON SCHUTZKUS, SHIREMAN | RICHLAND CENTER | 4:07.3 | 1981 |
| 3200 M RELAY | SERRES, DONOVAN LAWINGER, SERRES | PLATTEVILLE | 10:05.2 | 2006 |
| 400 M RELAY | KIES, BECKER, DIGMAN, VINEY | PLATTEVILLE | 51.68 | 2000 |
| SPRINT MEDLEY (100-100-200-400) | GAMOKE, KAMPA FELTES, WEAVER | ARCADIA | 1:53.9 | 1977 |
| 200 M HURDLES | KELLY O' BRIEN | PRAIRIE DU CHIEN | 30.9 | 1978 |
| 300 M HURDLES | BRITTNEY HUNDT | LA CROSSE LOGAN | 47.2 | 2006 |
| 100 M DASH | BLAIR RUNDE | PLATTEVILLE | 12.14 | 2004 |
| 3200 M RUN | HANNAH OWENS | Dodge/Point | 11:05.6 | 2014 |
| POLE VAULT | LAURA MASSEY | LANCASTER / POTOSI | 11' 0 | 2004 |
| DISTANCE MEDLEY (1200-400-800-1600) | KOTEK, WHITE, HUINKER, WETTACH | DECORAH | 14:03.3 | 2003 |

PRAIRIE RELAYS RECORDS - BOYS

| | | | | |
|----------------------------------------|----------------------------------------|------------------|-----------|------|
| SHOT PUT | RHETT WEBER | PLATTEVILLE | 56' 7.5" | 2012 |
| DISCUS | DOUG OOMENS | PLATTEVILLE | 166' 9" | 1989 |
| HIGH JUMP | PAUL ANNEAR | RICHLAND CENTER | 6' 10" | 2008 |
| POLE VAULT | BRYCE GALSTAD | WESTBY | 13' 9" | 2014 |
| LONG JUMP | PAUL ANNEAR | RICHLAND CENTER | 22' 9.25" | 2007 |
| TRIPLE JUMP | DREW SIERZANT | LACROSSE CENTRAL | 45' 11" | 2008 |
| 110 HIGH HURDLES | JAMES RUEN | DECORAH | 14.46 | 2004 |
| 300 INT. HURDLES | CHUCK MAHLAM | HOLMEN | 40.0 | 1987 |
| 100 M DASH | LYNN OYAWIRI | PLATTEVILLE | 10.87 | 2007 |
| 400 M DASH | BILLY LEASE | FENNIMORE | 50.43 | 2005 |
| 800 M RUN | JONAH NELSON | DODGE/POINT | 1:59.57 | 2014 |
| 1600 M RUN | TYSON MEHE | DARLINGTON | 4:23.05 | 2014 |
| 3200 M RUN | TYSON MIEHE | DARLINGTON | 9:38.85 | 2013 |
| 4 X 100 RELAY | OYAWIRI, NZEGWU GOFFINETT, MARTIN | PLATTEVILLE | 44.26 | 2007 |
| 4 X 200 RELAY | OYAWIRI, VACLAVIK GOFFINETT, SPEISS | PLATTEVILLE | 1:33.10 | 2008 |
| 4 X 400 RELAY | OTTOW, WOODS FINSTERWALDER, SMITH | LACROSSE CENTRAL | 3:23.99 | 2011 |
| 4 X 800 RELAY | FINSTERWALDER, OTTOW JANDAL, SAXTON | LACROSSE CENTRAL | 7:57.01 | 2011 |
| SPRINT MEDLEY (100-100-200-400) | OLSON, LEUSCHEN COOK, RUSTAD | DECORAH | 1:38.5 | 2006 |
| DISTANCE MEDLEY (1200-400-800-1600) | DYKSTRA, SVESTKA BOCKMAN, FULTON | DECORAH | 11:36.0 | 2002 |