

35th Annual Spartan Co-Ed Invitational
Kolf Sports Center---UW Oshkosh
Thursday---March 22, 2018
4:00 P.M.

Teams Competing: Ashwaubenon, Catholic Memorial, De Forest, Green Bay East, Kettle Moranie Lutheran, Marinette, Milwaukee North, Oakfield, Oshkosh North, Oshkosh West, Wisconsin Lutheran and Wis. Rapids

Entries: 2 per event with 2 wildcard entries...1 relay per team

Entries done at <https://www.directathletics.com> and they are due by Noon on Wed., 3/21!
Wildcard entries need to be emailed to Clark Jillson, AccuRace Timing Services, at chvjillson@aol.com.

Awards & Scoring: 10-8-6-5-4-3-2-1 (individual & relay)
1st Place Team (Boys & Girls)--Trophy
1st - 3rd Place get medals in each event

Schedule of Events:

3:30 Coaches Meeting (By the scorer's table near the finish line)

4:00 Field Events Begin

High Jump---Girls first to completion

Shot Put--Boys first to completion (trials & finals)
(three attempts, top nine to finals)

Pole Vault---Boys first to completion **NO WILDCARDS IN PV**

4:00-5:30---Boys & Girls Long Jump--Open Pit, four jumps with no finals

5:30-6:00---Open pit for Triple Jump Run Throughs

6:00-7:30---Boys & Girls Triple Jump---Open Pit, four jumps with no finals

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|------------------------------------|--------------------------------|
| 4:15--Girls Sprint Medley | 6:20--800 Meter Relay—Boys |
| 4:30--Boys Sprint Medley | 6:30--400 Meter Dash Girls |
| 4:45--60 Meter Dash Trials-girls | 6:40--400 Meter Dash Boys |
| 4:55--60 Meter Dash Trials-boys | 6:55--Field Event Relay--Girls |
| 5:05--60 Meter Hurdle Trials-girls | 7:00--Field Event Relay--Boys |
| 5:15--60 Meter Hurdle Trials-boys | 7:10--800 Meter Run Girls |
| 5:25--Girls 1600 Meter Run | 7:20--800 Meter Run Boys |
| 5:35--Boys 1600 Meter Run | 7:30--200 Meter Dash Girls |
| 5:50--Boys Hurdle Final | 7:40--200 Meter Dash Boys |
| 5:55--Girls Hurdle Final | 7:55--3200 Meter Run Girls |
| 6:00--Girls Dash Final | 8:10--3200 Meter Run Boys |
| 6:05--Boys Dash Final | 8:25--1600 Meter Relay Girls |
| 6:10--800 Meter Relay--Girls | 8:40—1600 Meter Relay Boys |

THIS IS TENTATIVE We will run ahead if possible.

General Information:

1. Please make sure your athletes understand this is a privilege to have our meet here and they should act accordingly.
2. Kolf is a 200 meter track. The track is a mondo surface.
3. **¼ PYRAMID SPIKES are allowed...athletes MUST stay off the basketball court and team camp area with spikes on!**
4. High Jump approach all on the mondo surface.
5. Blocks will be provided. Please bring own indoor shot and batons.
6. Please furnish block holders and lap counters for distance races.
7. Please don't plan on arriving at Kolf Sports Center until after 3:00 p.m.
8. The sprint medley is a 200-200-400-800.
9. Field event relay: ***For boys and girls*** - All four athletes must be competing in any of the field events. **WIAA Uniform rules will apply for this relay!**
10. The field event relay is a normal team-scoring event with medals to the top 3 teams.
11. A trainer will be available on site.
12. Please remind your athletes to check the track for ongoing races before they cross.
13. Admission will be charged for this event. \$5 for adults and \$3 for school aged children. A concession stand will also be available throughout the event.
14. **Games Committee:** Meet Manager, Both Meet Starters, AW girls head coach, WI Rapids boys head coach

Field Events:

Long Jump--Boys and Girls 4:00-5:30

*open pit

*four jumps with no finals

Triple Jump--Boys and Girls 6:00-7:30

*open pit

*four jumps with no finals

High Jump--Girls first to completion followed by boys

* starting heights will be set at coaches meeting

Shot Put--Boys first to completion (trials & finals)

*three attempts, top nine to finals

Pole Vault--Boys first to completion followed by girls **NO WILDCARDS IN POLE VAULT**

* starting heights will be set at coaches meeting

Any questions please call or e-mail – craig.lieder@oshkosh.k12.wi.us or

Steve Danza – Oshkosh North Boys Track Coach

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