

2016 NORTHEAST IOWA CONFERENCE Cross Country Meet

Tuesday, October 11, 2016

TO: Athletic Directors and Cross Country Coaches

DATE: Tuesday, October 11, 2016 –4 PM

LOCATION: <u>Hickory Grove Golf Course</u>

1509 Outer Road Oelwein, IA 50662

Southeast edge of Oelwein off of Highway 150

FACILITIES: There are no dressing facilities available at the golf course. Porta-potty restrooms

will be available at the course.

Please advise your athletes to respect the facilities. We ask that you remind your

runners to stay away from the greens and other playing areas.

Coaches will be asked to pick up their information packets inside the clubhouse.

Runners are asked to not enter the clubhouse. Concessions will be available

outside of the clubhouse.

The course will be painted and marked. Judges will be stationed around the course.

Any athlete cutting will be disqualified.

If you plan on walking/running the course, please have this completed by 3:50 PM.

A course map is included in this correspondence.

Please park buses on the blacktop area only! Workers will show drivers where to

park.

PACKETS: Please report to the scoring table inside the clubhouse. We ask that you make any

changes promptly.

ORDER OF EVENTS:

Please be at the starting line 10 minutes prior to the start of each race.

Time	Level	Distance
4:00	Jr. High Girls' (run any number)	2 Mile
4:15	Jr. High Boys' (run any number)	2 Mile
4:30	Girls' JV (run any number/count five)	5K
5:00	Boys' JV (run any number/count five)	5K
5:30	Girls' Varsity (run seven/count five)	5K
6:00	Boys' Varsity (run seven/count five)	5K
6:40	Awards/results – Right after boys' race	

ENTRY

INFORMATION: Wayzata Results will be running this meet. Follow these steps to enter:

- 1) Go to www.wayzataresults.com
- 2) Click on Online Entries on main menu bar (below the logo)
- 3) Click on Cross Country
- 4) Select your meet
- 5) Create an account. Click the "continue sign-up" button on the login page.
- Please note if you had an account last year you will need to re-register again!
- 6) Create your rosters. Click the male/female roster icons under the "Your Rosters" heading. After you've entered your athletes, click "save changes". Then click the "return to main page" link.
- 7) Sign up for meets. Click the male/female icons to the left of the meets you will be attending. After you've selected which athletes will be attending a meet, click "save changes".

The deadline for entry is Sunday, October 9 at 8:00 PM.

Make sure that junior high, JV, and Varsity entrants are all included.

CONCESSIONS: There will be a concession stand located near the clubhouse.

AWARDS/ RESULTS: Medals will be awarded to the top fifteen runners in the varsity races and a plaque will be awarded to the winning teams.

Certificates will be awarded to the top ten runners in the junior varsity, and junior

high races.

Results will be available shortly after the conclusion of the last race. We will announce team and individual results near the clubhouse area.

If you have any questions, please call the high school at (319) 283-2731.

We look forward to seeing you on Tuesday, October 11, 2015.

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