



2017 Midwest Conference Cross Country Championships

Hosted by Illinois College and The Links at Jacksonville Golf Course

Course: The Links at Jacksonville 319 Holken Brink Drive Jacksonville, IL 62650

The course consists of a 3k loop and a 2k loop. The men will run two 3k loops first, then will finish on the shorter 2k loop. The women will run two 3k loops. The terrain is generally flat with a few rolling hills.

Meet Director:

Jason Haynes – Jason.haynes@ic.edu – (217) 245-3382 (office) – (309) 361-8944 (mobile)

Meet Administrator:

Mike Snyder (Athletic Director) – mike.snyder@ic.edu – (217) 245-3381

Head Official/Starter:

Dan Moy – pm806@aol.com

Race Times:

Men's 8k – 11:00am Women's 6k – 12:00pm

Parking:

Parking will be available in the golf course parking lot. Charter buses can unload in the parking lot, but will be directed to park in the circle drive located at the entrance to The Links.

Course Access:

Friday, October $27^{th} - 3pm - 6pm$ Saturday, October $28^{th} - 9am - 2pm$

Entries:

Use <u>www.Directathletics.com</u>. Initial entries are due Monday, October 23rd at 10pm. Changes to initial rosters can be made until Wednesday, October 25th at 10pm.

Timing services provided by AccuRace Timing – Clark Jillson (608) 778-1727.

Scratches:

Scratches can be made at the coaches meeting on Friday.

Coaches Meeting:

Friday, October 27th at 4pm on the clubhouse veranda (inside if inclement weather). Boxes will be drawn for at that time.

Uniforms:

See MWC Rule 7.09 regarding uniforms.

Clerking:

Runners must report to the starting line 10 minutes before race time to be checked-in.

Entry Fee:

\$110 per conference school. The entry fee reflects the shared cost of the timing company among MWC schools.





Results:

Results will be available immediately following the race. Electronic copies will be available on the Midwest Conference and Illinois College Athletics websites.

Awards:

The awards ceremony will take place near the clubhouse approximately 30 minutes following the women's race. The top 20 runners in each race will receive All-MWC medals, and the winning teams will receive the MWC Championship trophy. Coach of the Year, Newcomer of the Year, and Elite 20 awards will also be presented. In the event of inclement weather, the awards ceremony may be moved to the Bruner Center on Illinois College's campus.

Restroom/Shower Facilities:

Port-a-Potties will be available near the team camp area. Showers and locker rooms are available in the Bruner Center on IC's campus (approximately 4 miles away from the course). Please make arrangements ahead of time with Mike Snyder (Athletic Director) if you intend to use Bruner.

Athletic Training/Emergency Medical Care:

A certified athletic training will be available at the course on Friday from 3-5pm, and on Saturday beginning at 9am. An ambulance will be on-site for the duration of the meet. If you have any other questions regarding athletic training, please contact Terry Geirnaeirt (Head Athletic Trainer).

Hotels and Restaurants:

http://illinoiscollegeathletics.com/documents/2017/8/29/2017 2018 Visiting Team Guide.pdf

Other Contacts:

Alex Keil (Sports Information Director) – <u>alex.keil@ic.edu</u> – (217) 245-3894 (office) Meghan Roman (Asst. Athletic Director) – <u>meghan.roman@ic.edu</u> – (217) 245-3197 Terry Geirnaeirt (Head Athletic Trainer) - <u>tlgeirna@ic.edu</u> – (217) 245-3397 Heather Benning (MWC Executive Director) - <u>benningh@midwestconference.org</u> – (920) 430-0934 Lou Groce (MWC Media Director) - <u>grocel@midwestconference.org</u> – (920) 229-8157



