



2016 Cross Country
Championships
October 29, 2016
Hosted by Beloit College and the
Beloit Club



Course:

Beloit Club
2327 S Riverside Drive
Beloit, WI 53511

The race stays entirely on the Beloit Club's golf course, with the start/finish area centrally located only five fairways over from the clubhouse. Both the 8k and 6k races follow the same route for the first 3.5 miles.

Meet Administrator:

Kim Zarling, Assistant Director of Athletics-Compliance and Head Softball Coach at Beloit College, zarlingk@beloit.edu, 608-363-2251

Meet Director:

Brian Bliese, Cross Country Coordinator, Head Track & Field Coach at Beloit College, bliese@beloit.edu, 608-363-2235 and 608-751-3243 (cell)

Head Official/Starter:

William Semmens, semmens1@aol.com, 609-201-1906

Race Times:

Men's 8k – 11:00 AM
Women's 6k – 12:00 PM

Parking:

Teams – Bus and van parking will be designated at the Beloit Club's parking lot. Bus parking will be directed by personnel to park behind one another in two long vertical rows, while regular vans and cars will simply stay within the normal painted stalls.

Spectators – All other vehicles should use the regular parking lines provided. An overflow lot located next to the regular lot has been designated for usage.

Access to Course:

Friday, October 28th: 2:30 PM to 5:00 PM
Saturday, October 29th: 9:00 AM to 2:00 PM

Entry Protocol:

Entries will be done at directathletics.com and must include TFRRS identification numbers. Initial entries are due Monday, October 24, at 10:00 PM. Changes to entries are allowed until Wednesday, October 26, at 10:00 PM.

Clark Jillson of AccuRace Timing Services (accuracetime.com) will be providing timing services. Front and side cameras will be used to identify finishers.



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Scratches:

Scratches will be made at the coaches meeting on Friday at the course.

Coaches' Meeting:

Friday, October 28th, 4:00 PM at the Beloit Club's clubhouse. Boxes will be drawn at that time.

Uniforms:

Coaches and teams are expected to follow the MWC Operating Manual – Cross Country.

Clerking:

Runners must report to the starting line 10 minutes before race time to be clerked.

Finish Line Protocol:

Athletes will wear a bib number on the front of the jersey. Video at the finishing chute will capture the front of their jerseys as they cross the line.

No Chip Collection:

There will be no chip collection.

Team Fee:

All teams will split the cost of the timing company fee. Each school needs to bring cash or check (payable to Beloit College Athletics) in the amount of \$110

Results:

Results will be available at the course and also posted on the Midwest Conference and Beloit College athletic websites on the afternoon of the event.

Awards:

The award ceremony will take place at the course 30 minutes after the women's race. The top 20 runners will receive MWC medals and the winning teams will receive the MWC Championship trophies. In case of inclement weather, the awards ceremony will take place on Beloit College's campus in Flood Arena.

Showers:

Showers will not be available at the course. Teams can use the locker rooms at Beloit College's Sport Center (2 miles south of the golf course). Bring your own towels.

Restrooms/Port-a-Potties:

Port-a-Potties will be located near the team camp area, which will be close to the parking lot.



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Athletic Training:

A certified athletic trainer will be on site at the course by 9:00 AM Saturday. An ambulance will also be on-call. Athletic training staff will be located near the finish line. Our head athletic trainer, Andy Weir (wiera@beloit.edu, 608-363-2233), is the point man during the meet. Please contact us if you need extra assistance with your athletes.

Hotels and Restaurant Information:

https://www.beloit.edu/orientation/assets/Directions_Hotels.pdf

Additional Key Contacts:

Midwest Conference Executive Director, Heather Benning (920)229-0934
Beloit Cross Country Coach, David Eckburg (815)519-3793

THE **MIDWEST** CONFERENCE EST. 1957

2016 Cross Country Championships
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Elmwood Avenue

Newark Road

Park Avenue



Men's 8k
starting straightaway (■ ■) +
nearly three main loops (—) +
backdoor finish (□)

Women's 6k
starting straightaway (■ ■) +
two main loops (—) +
finish reverse of starting
straightaway (○)

Riverside Drive



START FINISH



Rock River

