

## Memo

**To:** ATHLETIC DIRECTORS AND HEAD TRACK COACHES

**Subject:** MVC/Coulee Track Meet

**Date:** April 3, 2017

Welcome to the 2017 MVC/Coulee Track Meet! We look forward to seeing you on **April 11** at Holmen High School. **The field events will start at 3:30 PM.** Running events will begin at 4:15 PM. Please do not hesitate to call the Activities Office if you have any questions. Thank you!

There are a few important points for this meet:

- You may enter **THREE** athletes per event **except TWO** entries for Pole Vault and **ONE** relay team per relay event. **Please note girls pole vault will run 1<sup>st</sup> this year.**
- The Coaches Meeting will take place at 3:15 PM in the brick storage building at the north end of the track near the start of the 100 M Dash
- Lynx Timing System
- All events are finals (No Trials)
- SCORING: 10-8-6-5-4-3-2-1
- Athletes may use ¼ inch spikes or smaller
- ENTRY FEE: \$170 – both teams
- SCHOOLS ATTENDING: Aquinas, Arcadia, Black River Falls, Central, G-E-T, Holmen, Logan, Onalaska, Onalaska Luther, Sparta, Tomah, Viroqua, West Salem, Westby

### **ONLINE ENTRY FORMS WILL BE OPEN UNTIL NOON ON MONDAY, APRIL 10. GO TO:**

- ✓ Coaches must complete entries through DirectAthletics at [www.directathletics.com](http://www.directathletics.com):
- ✓ **Click on Upcoming Events and find the MVC/Coulee Track Meet on April 11, 2017.**
- ✓ When entering relays, we just need the race (400, 800, etc.) and a seed time. We do not need the athlete names.
  
- **Seeded heat sheets will be posted at <http://www accuracetimeing.com> on Monday, April 10 by 3:00pm.**

Sincerely,

Mark Englerth, Activities Director

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