# 2017 Schaumburg Saxons "Mike Rebeck" Track and Field Invitational

**Date:** Saturday, April 15<sup>th</sup>

<u>Time</u>: 9:00 a.m. (Field events), 10:00a.m. (Running Events Finals- rolling schedule)

<u>Teams:</u> DeKalb, Glenbard North, Grayslake North, Hononegah, Lane Tech, Rowe & Clarke Science Academy, Schaumburg, South Elgin, St. Ignatius, Streamwood, Taft, and Whitney Young

<u>Awards:</u> Varsity-  $1^{st} - 6^{th}$  Olympic Style Medals  $1^{st}$  place team plaque

JV  $1^{st} - 6^{th}$  Ribbons  $1^{st}$  place team plaque

**Scoring:** Points awarded to 1<sup>st</sup>-8<sup>th</sup> place on all levels. 10-8-6-5-4-3-2-1

Entries: The meet is being F.A.T. timed and scored by AccuRace Timing Services. The link for the meet will be posted on their website under "meet information' at www.accuracetiming.com. You will make your entries at <a href="https://www.directathletics.com">www.directathletics.com</a> the name of the meet is <a href="https://www.directathletics.com">Mike Rebeck Invitational</a>. Entries will close Thursday April 13<sup>th</sup> at 11:59p.m. Heat sheets will be available Friday April 14<sup>th</sup>. This is a JV and Varsity meet; you will be allowed to enter two athletes per level, per event and one relay per level. Results will be posted online www.accuracetiming.com.

#### TIME SCHEDULE

9:00 a.m. High Jump (Varsity first)

Pole Vault (Varsity first)

Long Jump: both levels, one per runway

Triple Jump: following long jump

Shot Put: Varsity First

Discus: JV First

(3 jumps/throws, 8 to finals 3 jumps/throws in finals)

## 10:00 a.m. - Finals

All events: JV then Varsity

4x800m Relay

4x100m Relay

3200m Run

100m High Hurdles

100m Dash

800m Run

4x200m Relay

400m Dash

300m Low Hurdles

1600m Run

200m Dash

4x400m Relay

Results will be available at the conclusion of the meet. If you do not wish to wait they will be posted to the websites listed above.

#### **Meet Day Information**

**Athlete check in:** Field events at the event site.

Weigh-in at the southwest shed by 8:30 a.m.

Running events: Get hip number at the tent in south end zone.

**Starting Heights:** Discussed at the coaches meeting.

**Spectator seating:** Home (west) side stands for running events.

Bleachers for field events will be at the venue.

All spectators for these events must be in the provided bleachers.

**Coaches Meeting:** 8:30 a.m. \*\*All events will be finals. There will be no prelims in the Sprint events.

**Team camps:** In the visitors (east) side stands.

**Concession stand:** Located at the south end of the east bleachers

**Admission:** \$3 for adults and \$2 for students with I.D.

<u>Awards</u>: Will be placed in envelopes and ready for pick up at the conclusion of the meet. Championship plaques will be presented on the track at the conclusion of the meet.

T-Shirts: Limited will be available

#### **Exchange Zones:**

#### 4 x 100

1<sup>st</sup>: Dekalb, Lane Tech 2<sup>nd</sup>: South Elgin, Rowe & Clarke 3<sup>rd</sup>: St. Ignatius, Taft

#### 4 x 200

1<sup>st</sup> & 3<sup>rd</sup>: Streamwood, Whitney Young, Grayslake North, Glenbard North

2<sup>nd</sup>: Schaumburg, Hononegah

### **Field Event Worker Assignments:**

Discus	Shot	LJ	TJ	HJ	PV
South Elgin	DeKalb	Schaumburg	Grayslake North	Hononegah	Lane Tech
Taft	Whitney Young	Glenbard North	Rowe & Clarke	St. Ignatius	Streamwood

**Questions/Weather Concerns:** Contact Kristen Zillmer, Head Coach

224-653-4504 or kzillmer@d211.org Connie Rahn Assistant Athletic Director 847-755-4771 or crahn@d211.org