

Menasha Bay Conference Quad, Tuesday, April 24, 2018

Schools Attending: Green Bay West, Menasha, Shawano Community, West DePere

Start time: 4:00 pm field events, 4:00 running events

ENTRIES CLOSE April 23, 2018 @ 7:00 PM

General Info

- Location:** Calder Stadium, 1065 Racine Rd, Menasha, WI 54952
- Surface:** Track and jumping surfaces are sealflex synthetic rubber. Max ¼ “ spikes may be worn. Shot and Discus impact areas are gravel and grass.
- Trainer Coverage:** Anna Linstedt, Athletic Trainer from Theda Sports Medicine
- Concessions:** There will be concessions. Restrooms are available
- Team Camp:** **ALL TEAM CAMPS SHOULD BE LOCATED OUTSIDE THE TRACK IN THE GRASS AREA BEHIND THE SCOREBOARD**

Meet Info

- **Games Committee:** Field Referee and one head coach from all schools.
- Results will be available on, accuracetime.com after the meet.
- Check-in for all races will be on the southwest corner of the field by the 100 meter starting area. It is the responsibility of each athlete to report for their event by the 2nd call as called by the Clerk of Course. There will be a 15-minute check out rule for field events. Hip numbers will be assigned to runners.
- Tape and/or chalk can be used to mark jumping starts.
- Long jump, **north pit**, cafeteria style, 4:00 to 5:30, four jumps, no finals.
- Triple jump, **south pit** cafeteria style, 4:00 to 5:30, four jumps, no finals.
- Boys Long Jump and Girls Triple Jump first.
- Boys High Jump, Girls Pole Vault first; opening heights will be determined at coaches meeting.
- Discus/Shot Put; Girls Shot and Boys Discus will run first, four throws, no finals. Flighted if necessary

Entry Info

- Unlimited entries for all events.
- All entries need to be placed with [Direct Athletics](http://DirectAthletics.com)
- **Entries are due at 7:00 pm, Monday, April 23.**
- There will be NO changes to entries the day of the meet other than scratches. Make sure to put in as accurate of times and distances as you can for proper heat/flight placement. Remember that there are NO finals for any event!
- **Relays:** Each school will be able to enter an “A” relay team and a “B” relay team if you want. Please send in seed times for each. Only one relay team will count for scoring. You only have to declare four individuals for the relay. Alternates can be chosen at random as long as the athletes chosen do not exceed their entry limit (4 total events, no more than 3 running).
- In individual events any competitor representing his/her school may score points toward the team total, regardless of heat/flight. However, only three competitors from each school will count in the scoring.
- Athletes limited to four events but no more than three running or three field events.

EVENT ORDER:

3:30 PM COACHES MEETING / SCRATCH MEETING (Trainers Room)

4:00 PM FIELD EVENTS

4:00 PM All running events to follow the WIAA order of events. There will be NO trials for running events.

3200-METER RELAY	-GIRLS
3200-METER RELAY	-BOYS
100-METER HURDLES	- GIRLS
110-METER HURDLES	- BOYS
100-METER DASH	- GIRLS
100-METER DASH	- BOYS
1600-METER RUN	- GIRLS
1600-METER RUN	- BOYS
800-METER RELAY	- GIRLS
800-METER RELAY	- BOYS
400-METER DASH	- GIRLS
400-METER DASH	- BOYS
400-METER RELAY	- GIRLS
400-METER RELAY	- BOYS
300-METER HURDLES	- GIRLS
300-METER HURDLES	- BOYS
800-METER RUN	- GIRLS
800-METER RUN	- BOYS
200-METER DASH	- GIRLS
200-METER DASH	- BOYS
3200-METER RUN	- GIRLS
3200-METER RUN	- BOYS
1600-METER RELAY	- GIRLS
1600-METER RELAY	- BOYS

Any questions, feel free to contact me.

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