

La Crosse Chileda Cross Country Classic At Cedar Creek
(hosted by Luther High School)



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Hello Everyone:

On Monday, Oct. 3rd, 2016 the tenth annual La Crosse Chileda Cross Country Classic will take place at Cedar Creek Golf Course in Onalaska, WI. Please thank Cedar Creek for the use of their course! This year's meet, like last year's, will only involve high school teams. Both genders will run 5K.

FIRST OF ALL, PLEASE EMAIL ME AT liskkevi@luther.k12.wi.us to let me know you received this letter.

ACCURACE TIMING is being used this year. Please submit your rosters through directathletics.com by 11:59 pm Friday, Sept 30th.

Box assignments will be in your packets.

AWARDS: Top Fourteen Medals for individual VARSITY BOYS (5K)
Top Fourteen Medals for individual VARSITY GIRLS (5K)
Individual medals for High School Varsity first, second, and third place high school teams (7 per team)
"The Bethany Cup" Plaque for the high school with the lowest combined boys and girls score.

PLEASE MAKE THE MEET FEE CHECK OUT TO : LUTHER HIGH SCHOOL

(100 for both genders, 60 for single) Our financial people at LHS will make a single check out to Chileda for total amount.

Schedule for 2016: Coaches meet at 4:00 at awards area behind the finish chute. All boys run at 4:35. All girls run at 5:10. Awards happen ASAP after the last race at the end of the chute.

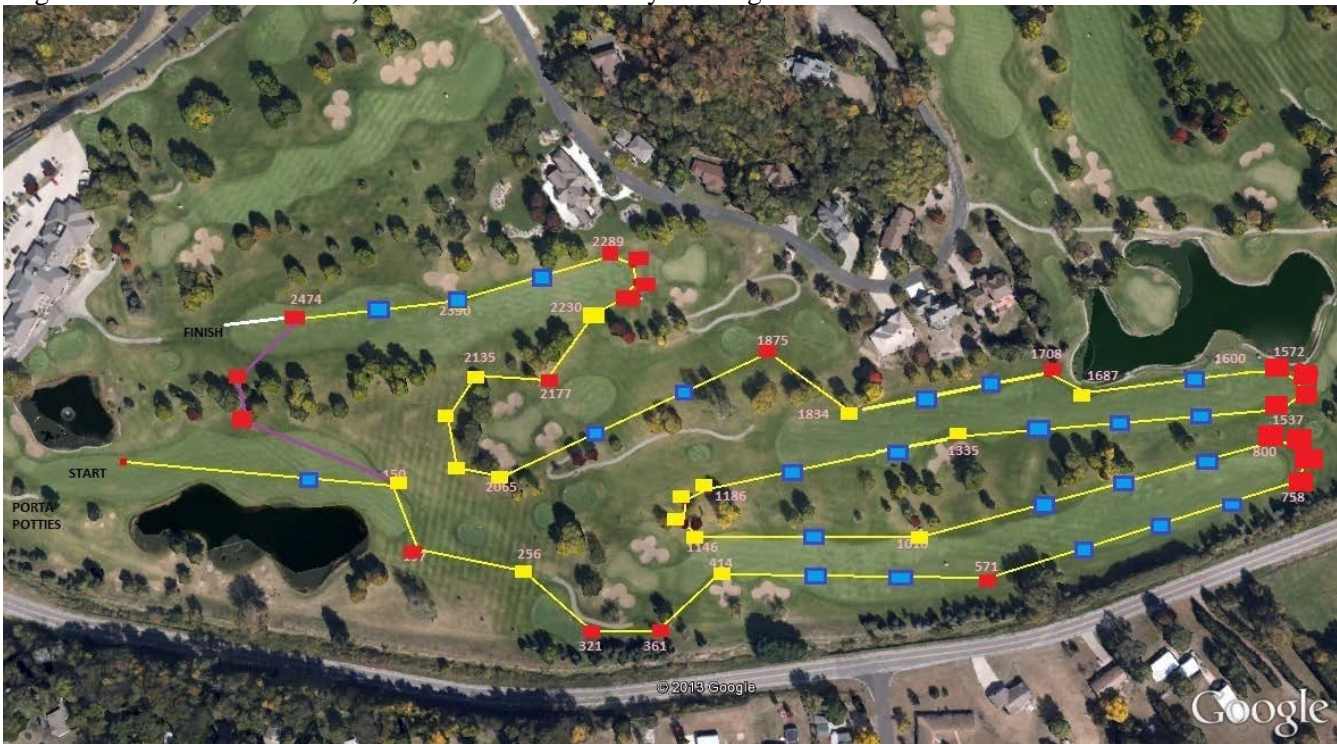
The course will be open for scouting at 3:15 pm. It shouldn't take very long for teams to scout this course. The course is very spectator friendly, very well-marked with flags roughly every 60 to 70 meters, and mainly very flat. There are a very few minor rough spots for footing. To prevent confusion on flags, additional markings/items will be used to ensure everyone goes the right way in the two spots where issues occurred last year..

Please keep your athletes off all greens and tees and make sure nobody wanders into parts of Cedar Creek that are not part of the course. They may run into flying golf balls!

Here is the clothing artwork. Northwest Designs donates **20% of sales to Chileda.**



COURSE MAP: From start: follow the yellow line to the purplish line which loops back to the yellow line (at the yellow flag 150 meters from the start). From there follow the yellow again to the short white line to the finish chute. 2 loops.



5-6 Porta Potties will be located close to the starting boxes and campsite. Please keep the athletes off all tees and greens and out of the clubhouse. Below is a map showing bus drop off, parking, porta potties, awards + coach meeting and campsite.

