

**46<sup>th</sup> Annual Boys’/ 39<sup>th</sup> Annual Girls’**  
**Logan Track and Field Invitational**  
**Tuesday, April 22<sup>nd</sup>, 2014**

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***Competing Schools***

Arcadia      Caledonia      Dover-Eyota      Holmen      La Crescent  
Logan Red      Logan White      St. Charles      Tomah

***General Information***

**Date:** Tuesday, April 22<sup>nd</sup> 2014

**Site:** Swanson Field – Logan High School

**Starting Time:** Field events and running events will begin at **4:00pm**

**Entry Fee:** \$180.00 for Boys and Girls (Combined)

**Coaches Scratch Meeting:** 3:15pm in Room 124 (boys) and 122 (girls) of Logan High School. Take the first hallway to your left upon entering the school.

**Entries:** Two entries per school in each event, one relay team.

**Entries are due on Monday, April 21<sup>st</sup> at Noon**

**Entries will be taken through DirectAthletics at [www.directathletics.com](http://www.directathletics.com)  
Please go to the website in advance and familiarize yourself with it to avoid  
problems**

**PV Forms:** Please bring these forms to the Coaches meeting or directly to the Pole Vault event judge

**Rules:** Same as the WIAA, four total event limitation with no more than three being running events or field events.

**Scoring: 10-8-6-5-4-3-2-1 in all events.** We can only take 6 to finals in the 100/110 hurdles and 100 dash, we will score places 7 and 8 from results in trials

**Lane Assignments:** Lanes will be seeded by time, according to entries submitted. Lanes will be seeded in the following order – 3-4-2-5-1-6 (6 lane track)

**Equipment:** Blocks will be provided. Please bring your own batons. Athletes will be allowed to use spikes no larger than ¼”. Pyramid spikes only, please.

**Miscellaneous:** Athletes are allowed to warm-up in the infield, but the only other people allowed in the infield of the track are contestants in uniform warming up for an upcoming event and meet officials. Meet management reserves the right to reduce the number of “allowed” people in the infield should the area become too congested.

Any ????? - Joe Hackbarth 608-498-7107 or email [jhackbar@lacrosseschools.org](mailto:jhackbar@lacrosseschools.org)

Or Tom Kammer 608-769-2940 or email [tkammer@lacrosseschools.org](mailto:tkammer@lacrosseschools.org)

**\*\*\*PROJECTED TIME SCHEDULE\*\*\***  
**2014 Logan Track & Field Invitational**  
**Order of Events**

- Girls Shot Put first, followed by the Boys. Four throws and no finals
- Boys Discus first, followed by the Girls. Four throws and no finals
- Boys Pole Vault to completion, followed by the Girls.
- The Boys Triple Jump and Girls Long Jump will be run cafeteria style from 4:00 to 5:15pm, with four jumps and no finals. The Boys Long Jump and the Girls Triple Jump will be run cafeteria style from 5:30 to 6:45pm, with four jump and no finals.
- Girls High Jump, followed by the Boys. When a High Jumper misses, they must take their 2<sup>nd</sup> jump at once. (5-Alive Method)

*This listing/number of sections is based on 2013 entry numbers*

Trials: 4:00 to 4:30 ***We will not run ahead of the time schedule***

- 4:00 100M High Hurdles – Girls Trials
- 4:10 110M High Hurdles – Boys Trials
- 4:20 100M Dash – Girls Trials
- 4:25 100m Dash – Boys Trials

Finals begin at 4:45 ***We will not run ahead of the time schedule***

- 4:45 4x800M Relay – Girls (One section on time)
- 4:55 4x800M Relay – Boys (One section on time)
- 5:05 100M High Hurdles – Girls Final
- 5:10 110M High Hurdles – Boys Final
- 5:15 100M Dash – Girls Final
- 5:20 100M Dash – Boys Final
- 5:25 1600M Run – Girls Final (One section on time)
- 5:35 1600M Run – Boys Final (One section on time)
- 5:45 4x200M Relay – Girls (Two sections on time)
- 5:55 4x200M Relay - Boys (One section on time)
- 6:05 400M Dash - Girls (Three sections on time)
- 6:15 400M Dash – Boys (Three sections on time)
- 6:25 4x100M Relay – Girls (Two sections on time)
- 6:35 4x100M Relay – Boys (Two sections on time)
- 6:45 300M Low Hurdles – Girls (Three sections on time)
- 6:55 300M Intermediate Hurdles – Boys (Three sections on time)
- 7:05 800M Run – Girls (Two sections on time)
- 7:15 800M Run – Boys (Two sections on time)
- 7:20 200M Dash – Girls (Three sections on time)
- 7:25 200M Dash – Boys (Four sections on time)
- 7:30 3200M Run – Girls (One section on time)
- 7:45 3200M Run – Boys (One section on time)
- 8:00 4x400M Relay – Girls (Two sections on time)
- 8:10 4x400M Relay – Boys (Two sections on time)